

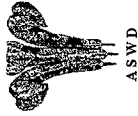
Bekker
✓ Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 1a (Final)
S000m W

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
54	22:45.59		0	1	Armond	Nel	Matties	768

ms



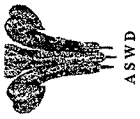
Bekker
✓ Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 1b (Final)
S000m W

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
62	26:05.61		0	1	Inge	Kotze	Matties	928
158	27:11.07		0	2	Anel	Oosthuizen	OHS	908

ms



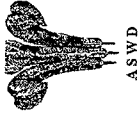
Bekker
 Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 2 (Final) **100m H**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
9	15.80		0	1	Denielle	Strauss	Bloem	762
136	17.14		0	2	Michaela	Davids	UWC	704

Rm



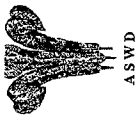
Bekker
 Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 3 (Final) **HT**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
154	50.10		0	1	Annermie	Smith	OHS	907
103	41.41		0	2	Sunett	Voigt	OHS	836

Rm



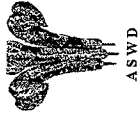
Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 4 (Final) **110m H**

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 5 (Final) **400m H**

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
63	14.80		0	1	Louw	Smit	Matties	795
26	16.56		0	2	Rohan	Du Toit	EP	680
114	18.87		0	3	Christiaan	Willemse	SWDM	572

Handwritten initials: Pm

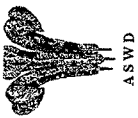


Bekker Sport

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
57	50.24		0	1	Cornel	Fredericks	Matties	901
30	53.12		0	2	Taariq	Solomons	WCSS	781
59	53.18		0	3	Francois	Relief	Matties	779
144	54.91		0	4	Adriaan	Schoonwinkel	Dream	723
142	58.51		0	5	Cheslyn	Gardiner	York	628
8	1:02.14		0	6	Brandon	Koen	Bloem	551

Handwritten initials: Pm



Bekker Sport

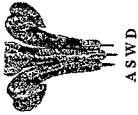
Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 5b (Final)

RECORDS
SA Senior None

400m H

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
53	1:03.17		0	1	Alix	Moreillon	Matties	815

ms



Bekker Sport

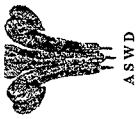
Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 7 (Final)

RECORDS
SA Senior None

LJ

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
23	6.34	1	+3.1	1	Janice	Josephs	Matties	950
134	5.87		+3.3	2	Kathleen	Sampson	UWC	903
128	5.78		+3.7	3	Kelly	Kingwill	UJ	886
132	5.40		+3.1	4	Celeste	Rietels	UWC	781
157	5.37		+2.0	5	Birdie	Carstens	Matties	773
143	4.95		+2.3	6	Michaela	Chevalier	York	654

ms

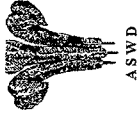


Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Men 20Years
 Event no 8 (Final) **HJ**

RECORDS
 SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
127	2.11	1	0	1	Willem	Voigt	Tuk	865
160	2.08	1	0	2	Keagan	Fourie	Dream	831
47	1.85		0	3	Johan	Van Zyl	LGim	588
120	1.85		0	4	PH	Thiart	SWDM	391

Handwritten signature

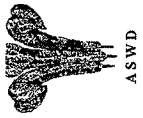


Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Women 20Years
 Event no 9 (Final) **SP**

RECORDS
 SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
48	12.25		0	1	Johleen	Booyesen	LGim	843
103	10.52		0	2	Sunett	Voigt	OHS	771
41	9.30		0	3	Carina	Booyesen	LGim	714
96	8.60		0	4	Corlia	Swart	Odh	679
39	7.98		0	5	Antonna	Mering	LGim	613
119	6.49		0	6	Jacoleen	Coetzee	SWDM	560

Handwritten signature



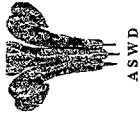
Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 10 (Final) **JT**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
45	31.91		0	1	Janke	Van Rensburg	LGim	621

Handwritten initials: RND



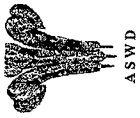
Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Boys 13Years
Event no 11 (Final) **100m**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
0	14.00	1	0	1	Curtley	Fillies		557
145	14.89	1	0	2	Jacques	Viviers	Odn N	485
141	15.05	1	0	3	Wilko	Du Preez	Wesb	474
140	16.52	1	0	4	Christoffel	Vermeulen	Wesb	379

Handwritten initials: RND



Bekker
 Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Boys 15Years
Event no 12 (Final) **100 m**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
17	11.96		0	1	Timothy	Prince	Coast	712
117	13.02		0	2	Gene	Willense	SWDM	591

Handwritten initials



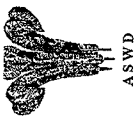
Bekker
 Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Girls 15Years
Event no 13 (Final) **100 m**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
50	13.53		0	1	Sune	Nel	LGim	729
101	14.21		0	2	Candice	Ludick	OHS	673

Handwritten initials



Bekker
✓ Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 14 (Final) **800m**

RECORDS
SA Senior None

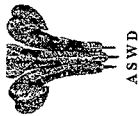
Lopie 1 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
69	1:52.17		0	1	Sampson	Ngoepe	Maties	777
73	1:52.45		0	2	Tlou	Seleba	Maties	771
68	1:56.02		0	3	Rick	Hambritgde	Maties	701
38	1:59.47		0	4	Jurgen	Burger	LDV	644
16	2:00.67		0	5	Mario	Van Wyngaardt	Brid	625

Lopie 2 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
156	2:02.80		0	6	Mark	Malowitz	CPUT	595
163	2:02.93		0	7	J	VD Merwe		593
109	2:05.14		0	8	Francois	Jurries	RAC	563
79	2:08.18		0	9	Christopher	Nqumntle	NRC	525
	2:10.47		0	10	Merlin	Klaaste	BWSS	498

ms



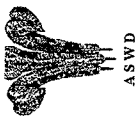
Bekker
✓ Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 15 (Final) **DT**

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
34	55.88		0	1	Daniel	Maree	Oak	918
112	40.36		0	2	Andries	Marais	SWDM	691
1	30.92		0	3	Hardus	Coetzee	LGim	537
113	30.14		0	4	Chris	Willemsse	SWDM	523

ms



Bekker
✓ Sport

Meeting Yellow Pages Summer Series I

Track De Jager Stadium

Date 2010/12/13

Event Women 20Years

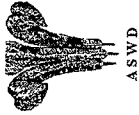
Event no 16 (Final) **800m**

RECORDS

SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
129	2:12.56		0	1	Mandie	Brandt	UJ	816
65	2:13.27		0	2	Mapaseka	Makhanya	Mattes	809
166	2:20.37		0	3	Danielle	Coetzee	Fram	752
164	2:32.13		0	4	Zandri	Ras	NMMU	678
	2:36.18		0	5	C	Coetzee		657

ms



Bekker
✓ Sport

Meeting Yellow Pages Summer Series I

Track De Jager Stadium

Date 2010/12/13

Event Men 20Years

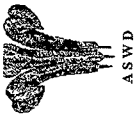
Event no 17 (Final) **3000m**

RECORDS

SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
88	8:34.97		0	1	Jacques	Pretorius	Potch	791
85	8:35.32		0	2	Adriaan	Geldenhuis	Potch	790
86	8:35.75		0	3	Dean	Brummer	Potch	790
87	8:36.48		0	4	Edwin	Molepho	Potch	788

ms



Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Women 35Years
 Event no 19 (Final) **100m**

Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Men 20Years
 Event no 20 (Final) **JT**

RECORDS
 SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
118	15.05	1	0	1	Guste	Willemse	SWDM	602
121	15.97	1	0	2	Toy	Ungerer	SWDM	550
119	17.61	1	0	3	Jacoleen	Coetzee	SWDM	473

Handwritten mark

Lopie 1 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
161	66.99		0	1	Corne	Barnardo	Dream	786
102	66.08		0	2	Stephen	Klue	OHS	770
51	48.92		0	3	Willem	Freysen	LGim	495
46	47.35		0	4	Jean	Bekker	LGim	471
185	41.13		0	5	Brunner	Marais	.	371
162	18.88		0	6	Corbin	Cronje	.	0

Lopie 2 of 2 (Disabled)

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
	11.10		0	7	Daniel DISA	Saayman DISA	KKSG	0
	6.74		0	8	Kenton DISA	Swart DISA	KKSG	0
	5.94		0	9	Isak DISA	Gerlicke DISA	KKSG	0

Handwritten mark

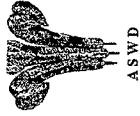


Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Men 20Years
 Event no 21 (Final) **LJ**

RECORDS
 SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
135	7.60		+ 0.3	1	Keenan	Watson	LWC	916
127	6.90		+ 0.3	2	Willems	Voigt	Tuk	660
	6.72		+ 2.6	3	Anver	Caraise		590
1	5.52		+ 1.8	4	Hardus	Coetzee	LGim	158

Rm

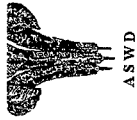


Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Women 20Years
 Event no 22 (Final) **HJ**

RECORDS
 SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
3	1.65		0	1	Marzet	Pleterse	Prin	787
100	1.65		0	2	Alisha	Small	OHS	787
123	1.53		0	3	Weima	Stormont	SWDM	636
104	1.53		0	4	Nikela	Du Toit	Point	636
105	1.45		0	5	Ester-Marie	Jacobs	Prin	533

Rm



Result VORM



RECORDS 21.00

SA Senior

Final

Meeting: Yellow Pages Summer Series I

Track: De Jager Stadium

Date: 13/12/2010

Event: Men - 20 Gewigstoot 7,26 kg

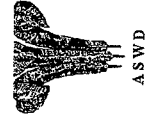
Event no: 23

SP

(Disabled)

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
182	4.76		0	1	Daniel DISA	Saayman DISA	KKSG	157
	3.98		0	2	Gordon	Luiters	KKSG	88
	3.39		0	3	Kenton DISA	Swart DISA	KKSG	29

RW



Result VORM



RECORDS 64.00

SA Senior

Final

Meeting: Yellow Pages Summer Series I

Track: De Jager Stadium

Date: 13/12/2010

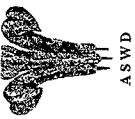
Event: Women - 20 Diskusgooi 1 kg

Event no: 24

DT

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
40	33.19		0	1	Bianca	Marais	LGim	721
41	33.00		0	2	Carina	Booyesen	LGim	718
96	32.04		0	3	Cortia	Swart	Odn	703
49	26.23		0	4	Marce	Marais	LGim	605
39	20.06		0	5	Antonna	Meiring	LGim	480
115	15.14		0	6	Corrie	Coetzee	SWDM	358

RW



Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 25 (Final)

RECORDS
SA Senior None

DT

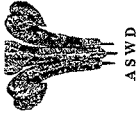
Lopie 1 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
139	12.36		0	1	Stacey	Gardiner	UWC	780
125	12.37		0	2	Cherese	Jones	Tuk	779
72	12.48		0	3	Thandi	Vlakazi	Mattes	766
130	12.61		0	4	Bernice	Roman	UWC	753

Lopie 2 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
10	13.26		0	5	Izanne	V Niekerk	Bloem	692
	13.52		0	6	Sune	Nel	LGim	671
15	13.67		0	7	Minjon	V Tonder	Bloem	659

Rw



Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 26 (Final)

RECORDS
SA Senior None

100m

Lopie 1 of 3

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
60	10.92		0	2	Garth	Arenz	Mattes	777
18	11.01		0	4	Bradley	Brits	EP	762
147	11.07		0	5	Patrick	Vosloo	Dream	752
131	11.16		0	7	Brent	Stevens	UWC	739

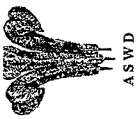
Lopie 2 of 3

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
33	11.17		0	8	Rudi	De Ru	Germ	737
70	11.19		0	9	Sibusiso	Shishi	Mattes	734
19	11.36		0	11	Che	Harnise	EP	709
148	11.46		0	12	Sherman	Willeman		696

Lopie 3 of 3

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
28	10.75		0	1	Sergio	Mullins	EP	807
67	10.98		0	3	Ofenise	Magawane	Mattes	767
75	11.09		0	6	Woodrow	Wilson	Mattes	749
61	11.22		0	10	Heinrich	Fortuin	Mattes	730

Rw



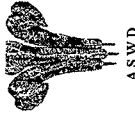
Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 27 (Final)
1 mile

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
74	4:03.90		0	1	Tshemano	Setone	Mabies	759
58	4:06.72		0	2	Folavia	Schohle	Mabies	743
69	4:11.56		0	3	Sampson	Ngoepe	Mabies	718
82	4:14.30		0	4	Ettienne	Plaatjies	NRC	705

ms



Bekker Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Men 20Years
Event no 28 (Final)
400m

RECORDS
SA Senior None

Lopie 1 of 3

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
111	49.69		0	2	Jaden	Flagg	Stran	780
97	49.71		0	3	Donrich	V Schaikwyk	Odn	779
32	51.78		0	6	Yaron	Venter	EP	722
116	52.55		0	7	Frans	Kalp	SWDM	703
35	52.80		0	8	Bennie	Prinsloo	KOV	697

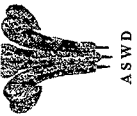
Lopie 2 of 3

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
64	49.76		0	4	Lumardt	Groenewald	Mabies	778
151	53.62		0	10	Reid	De Vos	Witt	678
76	56.74		0	12	Mauritz	Viljoen	MPL	613
43	58.59		0	13	Christo	Niemand	LGim	579

Lopie 3 of 3

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
137	49.14		0	1	Rodwell	Ndlovu	UWC	797
188	50.15		0	5	Marc	Bender	Mabies	766
142	52.79		0	9	Cheslyn	Gardiner	York	697
122	54.79		0	11	Tozi	Morolo	SWDM	652

ms



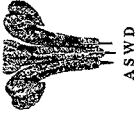
Bekker
✓Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Women 20Years
Event no 30 (Final) 400m

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
22	55.82		0	1	Eugenie	Wicksell	Tuk	841
29	57.50		0	2	Stephanie	Wicksell	Tuk	805
24	57.55		0	3	Lize	Steyn	EP	804
53	58.68		0	4	Alix	Moreillon	Maties	783

Rnr



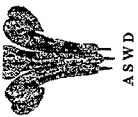
Bekker
✓Sport

Meeting Yellow Pages Summer Series I
Track De Jager Stadium
Date 2010/12/13
Event Boys 13Years
Event no 31 (Final) 1200m

RECORDS
SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
141	4:12.88		0	1	Wilko	Du Preez	Wesb	499
140	4:12.89		0	2	Christoffel	Vermeulen	Wesb	499

Rnr



Bekker
✓ Sport

Meeting Yellow Pages Summer Series I

Track De Jager Stadium

Date 2010/12/13

Event Girls 13Years

Event no 32

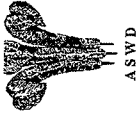
(Final) 1200 m

RECORDS

SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
110	4:06.74		0	1	Monique	Stuurman	RAC	640
107	4:27.64		0	2	Clarisha	Pieterse	RAC	573

RMS



Bekker
✓ Sport

Meeting Yellow Pages Summer Series I

Track De Jager Stadium

Date 2010/12/13

Event Women 20Years

Event no 33

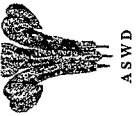
(Final) 1500 m

RECORDS

SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
190	4:27.55		0	1	Ivette	Van Blerk	NRC	821
65	4:32.33		0	2	Mapaseka	Makhanya	Maties	797
129	4:32.91		0	3	Mandie	Brandt	UJ	794
5	4:39.79		0	4	Nolene	Conrad	UWC	763
189	4:44.33		0	5	Christine	Kalmer	NRC	745

RMS



Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Girls 15Years
 Event no 35 (Final) **zoom**

RECORDS
 SA Senior None

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
50	28.00		0	1	Sune	Nel	LGim	748
101	29.07		0	2	Cardice	Ludick	OHS	710

Rnr



Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Women 20Years
 Event no 36 (Final) **zoom**

RECORDS
 SA Senior None

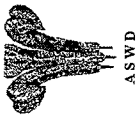
Lopie 1 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
130	25.45		0	2	Bernice	Roman	UWC	778
29	25.84		0	5	Stephanie	Wicksell	Tuk	761
133	27.15		0	7	Colleen	May	UWC	709
15	27.56		0	8	Mitjion	V Tonder	Bloem	695

Lopie 2 of 2

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
139	25.13		0	1	Stacey	Gardiner	UWC	793
124	25.72		0	3	Arlene	Gower	Tuk	766
72	25.80		0	4	Thandi	Vlakazi	Matties	762
31	26.18		0	6	Tasquane	Hufkie	EP	746

Rnr



Meeting Yellow Pages Summer Series I
 Track De Jager Stadium
 Date 2010/12/13
 Event Men 20Years
 Event no 37 (Final) **zoom**

RECORDS
 SA Senior None

Lopie 1 of 4

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
61	21.97	0	0	3	Heinrich	Fortuin	Maties	792
63	22.59	0	0	8	Louw	Smit	Maties	747
19	23.08	0	0	12	Che	Harmse	EP	715
32	23.52	0	0	14	Yaron	Venter	EP	689

Lopie 2 of 4

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
70	21.77	0	0	1	Sibusiso	Shishi	Maties	808
60	21.84	0	0	2	Garth	Arenz	Maties	802
131	22.51	0	0	7	Brent	Sievens	UWC	752
151	23.71	0	0	15	Reid	De Vos	Witt	678

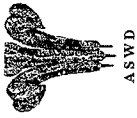
Lopie 3 of 4

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
147	22.06	0	0	4	Patrick	Vosloo	Dream	785
159	22.26	0	0	6	Isaak	Van Wyk	Tuk	770
33	22.59	0	0	9	Rudi	De Ru	Germ	747
21	23.86	0	0	16	Etiinne	Kriel	EP	669

Lopie 4 of 4

No	Result	Rec	Wind	Pos	Name	Surname	Team	Table
75	22.09	0	0	5	Woodrow	Wilson	Maties	783
27	22.84	0	0	10	Ruwaldo	Jegels	EP	730
148	23.02	0	0	11	Sherman	Willeman	.	719
64	23.14	0	0	13	Lumardt	Groenewald	Maties	711

RMJ



Best performances (Male)

20 Best performances

Alle male athletes

All ages

All events used

All ages used

Only one event (best) per athlete was used.

Alle spanne ingesluit

	Name	Surname	Age	Team	Event	Result	Table
1	Daniel	Maree	M-20	Oak	DT	55.88	918
2	Keenan	Watson	M-20	UWC	LJ	7.60	916
3	Cornel	Fredericks	M-20	Matties	400mH	50.24	901
4	Willems	Voigt	M-20	Tuk	HJ	2.11	865
5	Keagan	Fourie	M-20	Dream	HJ	2.08	831
6	Sibusiso	Shishi	M-20	Matties	200m	21.77	808
7	Sergio	Mullins	M-20	EP	100m	10.75	807
8	Garth	Arenz	M-20	Matties	200m	21.84	802
9	Rodwell	Ndlovu	M-20	UWC	400m	49.14	797
10	Louw	Smit	M-20	Matties	110mH	14.80	795
11	Heinrich	Fortuin	M-20	Matties	200m	21.97	792
12	Jacques	Pretorius	M-20	Potch	3000m	8:34.97	791
13	Adriaan	Geldenhuys	M-20	Potch	3000m	8:35.32	790
14	Dean	Brummer	M-20	Potch	3000m	8:35.75	790
15	Edwin	Molepho	M-20	Potch	3000m	8:36.48	788
16	Cornie	Barnardo	M-20	Dream	JT	66.99	786
17	Patrick	Vosloo	M-20	Dream	200m	22.06	785
18	Woodrow	Wilson	M-20	Matties	200m	22.09	783
19	Taatiq	Solomons	M-20	WCSS	400mH	53.12	781
20	Jaden	Flagg	M-20	Stran	400m	49.69	780

Rw



Best performances (female)

20 Best performances

Alle female athletes

All ages

All events used

All ages used

Only one event (best) per athlete was used.

Alle spanne ingesluit

	Name	Surname	Age	Team	Event	Result	Table
1	Janice	Josephs	W-20	Matties	LJ	6.34	950
2	Inge	Koitze	W-20	Matties	5000mW	26.05.61	928
3	Anel	Oosthuizen	W-20	OHS	5000mW	27:11.07	908
4	Annetjie	Smith	W-20	OHS	HT	50.10	907
5	Kathleen	Sampson	W-20	UWC	LJ	5.87	903
6	Kelly	Kingwill	W-20	UJ	LJ	5.78	886
7	Johleen	Booyesen	W-20	LGIm	SP	12.25	843
8	Eugenie	Wicksell	W-20	Tuk	400m	55.82	841
9	Sunett	Voigt	W-20	OHS	HT	41.41	836
10	Ivette	Van Blerk	W-20	NRC	1500m	4:27.55	821
11	Mandje	Brandt	W-20	UJ	800m	2:12.56	816
12	Alix	Moreillon	W-20	Matties	400mH	1:03.17	815
13	Mapaseka	Makhanya	W-20	Matties	800m	2:13.27	809
14	Stephanie	Wicksell	W-20	Tuk	400m	57.50	805
15	Lize	Steyn	W-20	EP	400m	57.55	804
16	Mapaseka	Makhanya	W-20	Matties	1500m	4:32.33	797
17	Mandje	Brandt	W-20	UJ	1500m	4:32.91	794
18	Stacey	Gardiner	W-20	UWC	200m	25.13	793
19	Marzet	Pieterse	W-20	Prin	HJ	1.65	787
19	Alisha	Small	W-20	OHS	HJ	1.65	787

Rw