

Mossel Bay Harriers

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	294	33626	Paulus	Allart	07:08:34	Ages 40 - 49	58	Male	287	Silver
2009	866	17266	Setwyn	Losper	07:55:35	Ages 40 - 49	196	Male	843	Bill Rowan
2009	1411	42541	Martin	Rulphse	08:25:46	Ages 40 - 49	375	Male	1368	Bill Rowan
2009	1690	6164	Rudi	Bergoër	08:37:59	Ages 30 - 39	776	Male	1615	Bill Rowan
2009	3164	56837	Gurome	Gelderbloem	09:28:55	Ages 30 - 39	1296	Male	2902	Bronze
2009	3469	21441	Jacob	Karelse	09:38:30	Ages 50 - 59	275	Male	3154	Bronze
2009	4209	41130	Dumisani	Nyandeni	09:57:18	Ages 30 - 39	1611	Male	3784	Bronze
2009	4521	53144	Johnny	Dhlamini	10:07:03	Ages 40 - 49	1291	Male	4041	Bronze
2009	4835	11041	John	Saayman	10:16:26	Ages 40 - 49	1375	Male	4282	Bronze
2009	5242	40517	Jacques	Hofsta	10:26:14	Ages 20 - 29	656	Male	4614	Bronze
2009	5938	40514	Peter	Berry	10:40:53	Ages 30 - 39	2091	Male	5175	Bronze
2009	6339	36122	Christa	Smit	10:48:21	Ages 40 - 49	338	Female	851	Bronze
2009	7366	46524	Micheal	Tobias	11:06:36	Ages 40 - 49	2066	Male	6270	Vic Claphan
2009	7988	57274	Romé	Phillipson	11:25:03	Ages 20 - 29	124	Female	1253	Vic Claphan
2009	8091	53150	Maryke	Sass	11:26:32	Ages 30 - 39	475	Female	1280	Vic Claphan
2009	9796	20859	Paul	Van tonder	11:55:21	Ages 30 - 39	2950	Male	8079	Vic Claphan

Kryssa Marathon Club

Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
611	33511	Wendell	Mccallum	07:33:27	Ages 30 - 39	334	Male	595	Bill Rowan
797	30093	Marlon	Mortlock	07:50:47	Ages 30 - 39	424	Male	776	Bill Rowan
1205	38969	Alfred	Nise	08:16:33	Ages 40 - 49	302	Male	1171	Bill Rowan
1206	53160	Lisl	Grobler	08:16:33	Ages 30 - 39	25	Female	35	Bill Rowan
1507	45191	Heinrich	Filander	08:30:28	Ages 30 - 39	713	Male	1451	Bill Rowan
2306	24726	Mark	Nicholson	08:55:30	Ages 40 - 49	638	Male	2162	Bill Rowan
2419	43957	Mark	Shortreed	08:58:00	Ages 20 - 29	380	Male	2265	Bill Rowan
3015	15258	Herman	Botha	09:24:44	Ages 40 - 49	846	Male	2782	Bronze
3017	52544	Ad	Cole	09:24:45	Ages 40 - 49	78	Female	234	Bronze
4052	27576	Eugene	Julyan	09:53:44	Ages 20 - 29	553	Male	3646	Bronze
4053	51046	Jeremy	Tittles	09:53:45	Ages 30 - 39	1568	Male	3647	Bronze
5081	41802	Matthew	Edmunds	10:22:58	Ages 30 - 39	1857	Male	4482	Bronze
5452	12122	Scan	Martin	10:30:43	Ages 30 - 39	1968	Male	4788	Bronze
8356	27527	Hein	Stander	11:33:19	Ages 20 - 29	871	Male	7004	Vic Claphan
9187	27903	Nokwenzanie	Mangali	11:47:23	Ages 30 - 39	571	Female	1581	Vic Claphan
9190	28358		Le Crange	11:47:26	Ages 40 - 49	646	Female	1584	Vic Claphan
9380	40267	Moses	Gericke	11:50:10	Ages 50 - 59	1133	Male	7760	Vic Claphan
9541	52447	Leoni	Brown	11:51:19	Ages 40 - 49	2686	Male	7881	Vic Claphan

Langeberg

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	842	32093	Dewald	Kleinhans	07:54:08	Ages 20 - 29	161	Male	819	Bill Rowan
2009	2227	32730	Phillippus	Du Toit	08:53:51	Ages 40 - 49	616	Male	2090	Bill Rowan
2009	2532	51697	Lima	Eksteen	09:01:27	Ages 40 - 49	48	Female	166	Bronze
2009	5612	42004	Jaco	Wolfaardt	10:34:33	Ages 30 - 39	2010	Male	4917	Bronze
2009	5613	57373	Werner	Kriel	10:34:33	Ages 30 - 39	2011	Male	4918	Bronze

Nedbank Running Club

Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
1053	48921	Fana	Mxolisi	08:05:52	Ages 40 - 49	249	Male	1024	Bill Rowan
2355	31229	Eddie	Mouton	08:56:37	Ages 30 - 39	1024	Male	2207	Bill Rowan
2496	5240	Johanna	Claassen	08:59:06	Ages 40 - 49	44	Female	160	Bill Rowan
2737	40483	Sipiwe	Mtunzi	09:12:22	Ages 30 - 39	1160	Male	2548	Bronze
3234	10716	Elzet	Oosthuizen	09:30:57	Ages 30 - 39	139	Female	277	Bronze
3441	52580	Frederick	Nel	09:37:50	Ages 40 - 49	964	Male	3132	Bronze
3442	40872	Lelane	Van der merwe	09:37:51	Ages 30 - 39	153	Female	310	Bronze
3470	48131	Clarence	Smart	09:38:30	Ages 30 - 39	1387	Male	3155	Bronze
3733	32780	Bobby	Oliphant	09:46:00	Ages 50 - 59	305	Male	3378	Bronze
4073	1466	At	Schoeman	09:54:18	Ages 50 - 59	350	Male	3665	Bronze
5537	14987	Marali	Oien	10:32:45	Ages 30 - 39	273	Female	681	Bronze
6016	45561	Erica	Maree	10:42:39	Ages 40 - 49	311	Female	780	Bronze
6410	45562	Mariette	De Haan	10:49:12	Ages 50 - 59	79	Female	861	Bronze
6411	45566	Kathleen	Kirton	10:49:12	Ages 30 - 39	344	Female	862	Bronze
6435	4442	Aletta	Van niekerk	10:49:36	Ages 40 - 49	348	Female	868	Bronze
6685	26726	Derick	Bruce	10:52:03	Ages 40 - 49	1890	Male	5762	Bronze
8124	57228	Natasha	Le Roux	11:27:22	Ages 30 - 39	479	Female	1292	Vic Claphan
8125	57230	Pieter	Le Roux	11:27:22	Ages 30 - 39	2608	Male	6833	Vic Claphan

Rainbow AC

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	1172	11231	Sidwell	Oktober	08:13:44	Ages 50 - 59	48	Male	1139	Bill Rowan
2009	1500	38127	Madimetsa	Tema	08:30:07	Ages 30 - 39	709	Male	1445	Bill Rowan
2009	1847	14337	Nothan	Muller	08:43:20	Ages 30 - 39	845	Male	1758	Bill Rowan
2009	1905	43597	Jim	Makofane	08:45:03	Ages 50 - 59	110	Male	1807	Bill Rowan
2009	2062	23223	Martin	Gouws	08:50:05	Ages 30 - 39	924	Male	1946	Bill Rowan
2009	2293	45018	Jabulane	Ndlovu	08:55:14	Ages 30 - 39	1004	Male	2152	Bill Rowan
2009	2614	54219	Mandla	Ngomane	09:06:05	Ages 40 - 49	746	Male	2439	Bronze
2009	3207	57190	Kgadi	Ramofshela	09:30:10	Ages 40 - 49	894	Male	2938	Bronze
2009	3208	27954	Moeketsana	Molefe	09:30:10	Ages 30 - 39	1310	Male	2939	Bronze
2009	3854	51730	Portia	Joja	09:48:54	Ages 30 - 39	174	Female	376	Bronze
2009	4079	37777	Simon	Madiba	09:54:27	Ages 40 - 49	1152	Male	3671	Bronze
2009	4370	13454	Mandla	Mbatha	09:59:53	Ages 40 - 49	1252	Male	3928	Bronze
2009	4797	4351	Elliot	Qwabe	10:15:39	Ages 50 - 59	449	Male	4256	Bronze
2009	5502	14362	Johan	Bensch	10:31:54	Ages 50 - 59	541	Male	4828	Bronze
2009	5928	50559	Freddy	Poopedi	10:40:42	Ages 30 - 39	2087	Male	5168	Bronze
2009	6985	34348	Pat	Motshweneng	10:55:58	Ages 30 - 39	2354	Male	5986	Bronze
2009	7004	30312	Tebogo	Tsotetsi	10:56:00	Ages 30 - 39	391	Female	1003	Bronze
2009	7176	37988	Dimakatso	Bodibe	10:58:53	Ages 20 - 29	108	Female	1042	Bronze
2009	7260	41298	Thipane	Madiseng	11:02:18	Ages 40 - 49	436	Female	1067	Vic Claphan
2009	7436	20394	Zirk	Loubser	11:09:14	Ages 40 - 49	2079	Male	6315	Vic Claphan
2009	8662	20905	France	Malathela	11:39:06	Ages 40 - 49	2449	Male	7231	Vic Claphan
2009	8807	5390	Motlogelwa	Khoele	11:41:33	Ages 60 +	169	Male	7329	Vic Claphan
2009	8970	47500	Ernst	Van den berg	11:44:22	Ages 40 - 49	2530	Male	7449	Vic Claphan
2009	9109	53310	Godfrey	Makgatholela	11:46:14	Ages 30 - 39	2803	Male	7545	Vic Claphan
2009	9126	24224	Marni	Oosthuizen	11:46:34	Ages 30 - 39	569	Female	1568	Vic Claphan
2009	9690	53716	Collins	Moabelo	11:53:28	Ages 50 - 59	1192	Male	7995	Vic Claphan

Ovenique Harriers

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	1350	12668	Alison	Jordaan	08:22:08	Ages 40 - 49	8	Female	41	Bill Rowan
2009	1397	46936	Jacques	Mouton	08:25:20	Ages 30 - 39	676	Male	1354	Bill Rowan
2009	2509	17181	Gareth	Griffiths	08:59:32	Ages 50 - 59	155	Male	2346	Bill Rowan
2009	2987	52140	Aubrey	Brinkhuis	09:23:38	Ages 30 - 39	1235	Male	2760	Bronze
2009	3377	40789	Israel	Jacobs	09:35:42	Ages 40 - 49	943	Male	3077	Bronze
2009	4027	42166	Suzaan	Kruger	09:53:19	Ages 20 - 29	46	Female	402	Bronze
2009	4618	31530	Moses	Frans	10:10:31	Ages 40 - 49	1318	Male	4118	Bronze
2009	4834	11489	Andre	Barnardo	10:16:26	Ages 50 - 59	455	Male	4281	Bronze
2009	5250	7857	Hermanus	Stoffberg	10:26:29	Ages 50 - 59	507	Male	4621	Bronze
2009	5514	42032	Phillip	Gallant	10:32:09	Ages 30 - 39	1979	Male	4838	Bronze
2009	5825	48596	Jimmy	Robertson	10:39:02	Ages 20 - 29	707	Male	5082	Bronze
2009	6018	45669	Dawie	Schoeman	10:42:40	Ages 30 - 39	2113	Male	5238	Bronze
2009	6234	50763	George	Cherry	10:46:59	Ages 50 - 59	645	Male	5408	Bronze
2009	7196	27851	Benjamin	Swartbooi	10:59:20	Ages 40 - 49	2028	Male	6148	Bronze
2009	7491	40824	Mariaan	Griffiths	11:11:38	Ages 40 - 49	471	Female	1138	Vic Claphan
2009	8678	14303	Johann	Reinhardt	11:39:31	Ages 60 +	161	Male	7242	Vic Claphan
2009	8712	34536	Frikkie	Ellis	11:40:04	Ages 40 - 49	2462	Male	7268	Vic Claphan
2009	9627	27848	Salman	James	11:52:27	Ages 40 - 49	2706	Male	7943	Vic Claphan

Sedgefield Striders

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	2305	46728	Svelka	Sharp	08:55:30	Ages 30 - 39	82	Female	144	Bill Rowan
2009	8947	27827	Dave	Edge	11:43:53	Ages 60 +	176	Male	7434	Vic Claphan

Hartenbos Drawers

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	4023	7919	Kleintjie	Van schalkwyk	09:53:18	Ages 40 - 49	146	Female	401	Bronze
2009	4837	11366	Una	Saayman	10:16:27	Ages 40 - 49	214	Female	555	Bronze
2009	5283	8623	Ronelle	Marais	10:27:13	Ages 40 - 49	251	Female	637	Bronze
2009	8089	30835	Magda	Botma	11:26:32	Ages 40 - 49	523	Female	1279	Vic Claphan
2009	8190	46522	Cyril	Sheen	11:29:15	Ages 50 - 59	936	Male	6879	Vic Claphan
2009	8932	32199	Amanda	Hobbs	11:43:32	Ages 50 - 59	181	Female	1510	Vic Claphan
2009	8933	50876	Adele	Ungerer	11:43:32	Ages 50 - 59	182	Female	1511	Vic Claphan
2009	8993	42061	Dirk	Joubert	11:44:36	Ages 50 - 59	1062	Male	7463	Vic Claphan
2009	9127	7806	Des	Harris	11:46:36	Ages 50 - 59	1084	Male	7559	Vic Claphan
2009	9254	52791	Kevin	Hobbs	11:48:25	Ages 50 - 59	1107	Male	7659	Vic Claphan
2009	9739	39070	Danie	Pienaar	11:54:27	Ages 40 - 49	2745	Male	8033	Vic Claphan

Oudtshoorn AAC

Year	Pos	Race No	First Name	Last Name	Gun Time	Category	Cat Pos	Gender	Gen Pos	Medal
2009	5225	43984	Isabella	Van der berg	10:26:02	Ages 30 - 39	251	Female	625	Bronze
2009	6796	55261	Herman	Myburgh	10:53:10	Ages 40 - 49	1920	Male	5837	Bronze
2009	7168	44094	Liesl	Jonker	10:58:44	Ages 30 - 39	400	Female	1040	Bronze
2009	7195	43961	Ina	Maree	10:59:20	Ages 40 - 49	425	Female	1048	Bronze
2009	7285	42901	Alroy	Jordan	11:03:50	Ages 30 - 39	2434	Male	6210	Vic Claphan
2009	9693	39529	Hein	Jonker	11:53:35	Ages 30 - 39	2926	Male	7998	Vic Claphan