

ASSIZE CERTIFICATE

MEETING

Meeting: _____ Date of Meeting: _____

Item no: _____ Time of Item: _____

City: _____

ATHLETE

Athlete: _____

Province / Country: _____ Registration No: _____

Men: ¹ Women: ¹ Age group: _____

IMPLEMENT

DISCUS

Rule 189.1 - .2

Name of Implement: _____

Weight: _____ gr

Outside diameter of metal rim: _____ mm

Diameter of metal plate or flat centre area: _____ mm

Thickness of metal plate or flat centre area: _____ mm

Thickness of rim (6mm from edge): _____ mm

ASSIZER

Registration no.

DATE