

2015 ASA Senior & Combined Events Championships - 2015/04/17 to 2015/04/18
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Coetzenburg
Results

Event 1 Boys Outdoor Pentathlon Sub-Youth

Name	Age	Team	Finals
1 317 Liam Pietersen	15	Wpa-I	3008
2 606 Neil Scott	15	Ampu	3003
3 677 Sandile Matjeni	14	Cga	2491
4 679 Koketso Seane	14	Cga	2491
5 680 Matome Shabangu	15	Cga	2345
6 255 Stefan Hoffmeister	15	Wpa	2339
7 299 Ezzart De Villiers	15	Wpa-I	2144
8 322 Riyo Serfontein	15	Wpa-I	2142
9 303 Mieqa-Eel Fredericks	15	Wpa-I	1561
10 327 Brandon Williams	15	Wpa-I	1040

Event 1 Outdoor Pentathlon: #1 Boys 100 Meter Hurdles Sub-Youth

Name	Age	Team	Finals
Heat 1 Wind: -3.4			
1 255 Stefan Hoffmeister	15	Wpa	14.45 1
2 606 Neil Scott	15	Ampu	15.36 1
3 322 Riyo Serfontein	15	Wpa-I	16.44 1
4 679 Koketso Seane	14	Cga	17.57 1
5 303 Mieqa-Eel Fredericks	15	Wpa-I	19.01 1
6 327 Brandon Williams	15	Wpa-I	20.83 1
Heat 2 Wind: -3.5			
1 317 Liam Pietersen	15	Wpa-I	14.66 2
2 680 Matome Shabangu	15	Cga	15.91 2
3 677 Sandile Matjeni	14	Cga	16.47 2
4 299 Ezzart De Villiers	15	Wpa-I	16.57 2

Event 2 Men 10000 Meter Run Senior

SA Senior: 27:29.94 R 1999 Hendrick Ramaala, Port Elizabeth

IAAF WC: 27:45.00 Q 2015

Name	Age	Team	Finals
Heat 1			
1 535 Stephen Mokoka	30	Agn	28:15.56
2 164 Nzima Sibusiso	29	Cga	28:49.99
3 531 Precious Mashele	25	Agn	29:06.38
4 551 Kgosi Tsosane	29	Agn	29:26.65
5 658 Xolisani Zamkele	29	Atra	30:01.26
6 170 Xolisa Tyali	27	Cga	30:02.12

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7	716 Philani Buthelezi	26	Kzna	30:38.16
8	134 Dorocious Makhobalo	27	Cga	30:42.48
9	270 Nkosinathi Sotyantya	22	Wpa	30:44.49
10	641 Khaya Buthele	23	Atra	31:05.21
11	453 Samuel Matsepe	32	Afs	31:06.38
12	122 Prince Jali	26	Cga	31:10.15
13	539 Collen Mulaudzi	24	Agn	31:13.11
14	665 Adam Lipschitz	21	Kzna-I	31:14.63
15	169 Thato Tsotetsi	20	Cga	32:23.71
16	613 Mathews Leeto	25	Anwn	32:42.95
17	130 Tshepo Majwafi	20	Cga	33:36.89
18	151 Zithulele Ntanzu	20	Cga	34:08.52
---	376 Elroy Gelant	29	Acnw	DNF

Event 3 Outdoor Pentathlon: #3 Boys High Jump Sub-Youth

	Name	Age	Team	Finals
Flight 1				
1	317 Liam Pietersen	15	Wpa-I	1.73m
2	606 Neil Scott	15	Ampu	1.70m
3	255 Stefan Hoffmeister	15	Wpa	1.55m
4	677 Sandile Matjeni	14	Cga	1.50m
4	679 Koketso Seane	14	Cga	1.50m
4	322 Riyo Serfontein	15	Wpa-I	1.50m
7	299 Ezzart De Villiers	15	Wpa-I	1.40m
8	303 Mieqa-Eel Fredericks	15	Wpa-I	1.35m
---	327 Brandon Williams	15	Wpa-I	NH
---	680 Matome Shabangu	15	Cga	NH

Event 4 Men Shot Put Standing EAD

	Name	Age	Team	Finals
Flight 1				
1	688 Anthony Butler		Sasapd	10.97m
2	693 Fred Furstenburg		Sasapd	10.55m
3	700 Dewald Pretorius		Sasapd	9.76m
4	694 Juanre Jenkinson		Sasapd	9.72m

Event 5 Men Javelin Throw Senior

SA Senior: 88.75m R 1998 Marius Corbett, Kuala Lumpur

IAAF WC: 82.00m Q

	Name	Age	Team	Finals
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Flight 1

1	274 Rocco Van Rooyen	23	Wpa	77.96m
2	521 Chad Herman	23	Agn	73.14m
3	524 Tobie Holtzhauzen	28	Agn	70.56m
4	553 Phil-Mar Van Rensburg	26	Agn	70.35m
5	258 Stephen Klue	21	Wpa	68.63m
6	386 Leon Laubser	19	Acnw	64.65m
7	377 Jayson Henning	25	Acnw	62.03m
8	367 LJ Basson	20	Acnw	60.79m
9	385 Pieter Kriel	20	Acnw	57.73m
10	55 Dewaldt Cooke	20	Bola-I	56.01m

Event 6 Women Heptathlon Senior

IAAF WC: 6075 Q 2015

	Name	Age	Team	Finals
1	501 June Roelofse	23	Agn	4809
2	16 Helene Peens	21	Bola	4393
3	193 Jolanda Loubser	27	Epa-I	3495
4	360 Nadine Van Der Westhuizen	27	Acnw	3204

Event 6 Women Pole Vault Senior

SA Senior: 4.42m R 2000 Elmarie Gerryts, Wesel

IAAF WC: 4.50m Q 2015

	Name	Age	Team	Finals
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Flight 1

1	507 Marileze Vos	20	Agn	3.60m
2	245 Carla Werth	18	Wpa	3.50m
3	203 Dominique Mann	30	Kzna	3.40m
4	710 Kulthom Gaidien	21	Bola-I	3.30m

Flight 1 ... (Event 6 Women Pole Vault Senior)

	Name	Age	Team	Finals
4	14 Christy Nell	17	Bola	3.30m
6	18 Jodie Sedras	21	Bola	3.00m
---	21 Kaitlyn Sparks	18	Bola	NH
---	490 Deone Joubert	27	Agn	NH

Event 7 Women Hammer Throw Senior

SA Senior: 59.37m R 2002 Elmarie Knoetzen, Bloemfontein

IAAF WC: 70.00m Q 2015

	Name	Age	Team	Finals
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Flight 1

1	479 Margo Chene Coetzee	21	Agn	52.64m
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2	341 Letitia Janse Van Vuuren	19	Acnw	50.72m
3	337 Stefanie Greyling	19	Acnw	49.82m
4	423 Nadia Meiring	18	Afs	45.09m
5	229 Marilize Coetzee	39	Wpa	44.54m
6	225 Tanya Treurnicht	31	Saps	38.72m
7	282 Chandré Fredericks	22	Wpa-I	29.20m

Event 7 Women Heptathlon Junior

SA Junior: 5868 J

	Name	Age	Team	Finals
1	5 Nienka Du Toit	18	Bola	4775
2	233 Carla Johnson	18	Wpa	4724
3	351 Anri Salim	19	Acnw	3570
4	671 Sherica Van Graan	18	Cga	3300
5	717 Michelle Koch	18	Acnw	2768

Event 8 Girls Heptathlon Youth

	Name	Age	Team	Finals
1	504 Cindy Van Bers	16	Agn	4160
2	477 Megan Bogner	17	Agn	4042
3	84 Marne Kriederman	17	Cga	3789
4	481 Mahlatsi Dombeni	16	Agn	3745

Event 8 Men Long Jump EAD

	Name	Age	Team	Finals	Wind
Flight 1					
1	695 Hilton Langenhoven		Sasapd	6.64m	4.7
2	687 Dyan Buis		Sasapd	6.07m	3.2
3	697 Denswill Maans		Sasapd	5.33m	-0.1

Event 9 Boys Decathlon Youth

	Name	Age	Team	Finals
1	30 Everhardus Loubser	17	Bola	6002
2	257 Nurdeen Joshua	17	Wpa	5080
3	310 Daniel Marais	16	Wpa-I	4854
4	319 Johua Rhode	16	Wpa-I	4841
5	436 Grove Coetzee	17	Afs	4075

Event 9 Heptathlon: #1 Women 100 Meter Hurdles Senior

	Name	Age	Team	Finals
Heat 1 Wind: -3.6				
1	335 Bianca Erwee	25	Acnw	15.75
2	501 June Roelofse	23	Agn	16.26

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Heat 1 Wind: -3.6 ... (Event 9 Heptathlon: #1 Women 100 Meter Hurdles Senior)

Name	Age	Team	Finals
3 16 Helene Peens	21	Bola	18.07
4 193 Jolanda Loubser	27	Epa-I	18.10
5 360 Nadine Van Der Westhuizen	27	Acnw	20.59

Event 10 Men Decathlon Junior

SA Senior: 7380 R 2010 Gert Swanepoel, Potchefstroom

SA Junior: 7380 J 2010 Gert Swanepoel, Potchefstroom

Name	Age	Team	Finals
1 25 Wynand Du Toit	18	Bola	6208
2 176 Chris Wepener	18	Cga	5854
3 266 Keagan Peters	19	Wpa	5690
4 268 Dillon Solomons	19	Wpa	5475

Event 10 Heptathlon: #1 Women 100 Meter Hurdles Junior

Name Age Team Finals

Heat 1 Wind: -4.0

1 5 Nienka Du Toit	18	Bola	14.76
2 233 Carla Johnson	18	Wpa	15.17
3 671 Sherica Van Graan	18	Cga	18.31
4 506 Jurisa Van Wyk	18	Agn	18.71
5 351 Anri Salim	19	Acnw	19.32
6 717 Michelle Koch	18	Acnw	21.11

Event 11 Men Decathlon Senior

SA Senior: 8343 R 2013 Willem Coertzen, Moscow

IAAF WC: 8075 Q 2015

Name	Age	Team	Finals
1 405 Gert Swanepoel	24	Acnw	6818
2 410 Lee Van Den Berg	21	Acnw	6763
3 441 Nardus Greyling	24	Afs	6635
4 467 JC Van Biljon	20	Afs	5841
5 579 Duncan McGladdery	21	Agn-I	5690
6 366 Brandon Barnard	22	Acnw	5670
7 629 Mihan Roos	37	Aswd	4720

Event 11 Heptathlon: #1 Girls 100 Meter Hurdles Youth

Name Age Team Finals

Heat 1 Wind: -2.4

1 481 Mahlatsi Dombeni	16	Agn	16.66
2 477 Megan Bogner	17	Agn	17.23
3 84 Marne Kriederman	17	Cga	17.93

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4	504 Cindy Van Bers	16	Agn	18.50	
5	284 Antonina Hendricks	17	Wpa-I	18.73	
Event 12 Decathlon: #1 Boys 100 Meter Sprint Youth					
	Name	Age	Team	Finals	
Heat 1	Wind: -1.6				
1	263 Zinedine Meiring	17	Wpa	11.81	1
2	30 Everhardus Loubser	17	Bola	12.06	1
Heat 2	Wind: NWI				
1	257 Nurdeen Joshua	17	Wpa	12.59	2
2	319 Johua Rhode	16	Wpa-I	12.61	2
3	310 Daniel Marais	16	Wpa-I	12.62	2
4	312 Mikhal Nash	16	Wpa-I	12.64	2
Heat 2	Wind: NWI ...	(Event 12 Decathlon: #1 Boys 100 Meter Sprint Youth)			
	Name	Age	Team	Finals	
5	306 Ricardo Human	17	Wpa-I	13.03	2
6	436 Grove Coetzee	17	Afs	13.13	2
Event 13 Decathlon: #1 Men 100 Meter Sprint Junior					
	Name	Age	Team	Finals	
Heat 1	Wind: -3.7				
1	25 Wynand Du Toit	18	Bola	11.21	
2	266 Keagan Peters	19	Wpa	11.49	
3	311 Tebuo Mzimase	19	Wpa-I	11.56	
4	265 Sherman Parrish	18	Wpa	11.57	
5	268 Dillon Solomons	19	Wpa	11.80	
6	176 Chris Wepener	18	Cga	12.31	
Event 14 Decathlon: #1 Men 100 Meter Sprint Senior					
	Name	Age	Team	Finals	
Heat 1	Wind: -4.0				
1	366 Brandon Barnard	22	Acnw	11.44	1
2	579 Duncan McGladdery	21	Agn-I	11.89	1
3	405 Gert Swanepoel	24	Acnw	12.01	1
Heat 2	Wind: -3.3				
1	441 Nardus Greyling	24	Afs	11.37	2
2	410 Lee Van Den Berg	21	Acnw	11.71	2
3	467 JC Van Biljon	20	Afs	11.96	2
4	629 Mihan Roos	37	Aswd	13.03	2
Event 15 Women 5000 Meter Run Senior					
	SA Senior: 14:44.05 R 1995	Elana Meyer, Hechtel			
	IAAF WC: 15:20.00 Q 2015				

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Heat	Name	Age	Team	Results	Finals
1	96 Lebo Phalula	32	Cga		16:19.72
2	73 Nolene Conrad	30	Cga		16:24.24
3	601 Glenrose Xaba	21	Ampu		16:42.72
4	87 Mpho Mabuza	36	Cga		16:52.41
5	240 Bulelwa Simae	38	Wpa		17:13.68
6	88 Maria Magoshing	23	Cga		17:27.28
7	100 Ashleigh Schnetler	24	Cga		17:28.05
8	105 Michelle Strydom	21	Cga		17:54.31
9	344 Palesa Madoa	24	Acnw		17:59.95
10	636 Vuyiseka Nkumenge	20	Atra		18:16.80
11	630 Lusanda Bomvana	24	Atra		18:21.27
12	640 Zikhona Sonamzi	20	Atra		18:54.51
13	631 Nontle Diko	20	Atra		19:00.64

Event 16 Heptathlon: #2 Girls High Jump Youth

Flight	Name	Age	Team	Results	Finals
1	481 Mahlatsi Dombeni	16	Agn		1.66m
2	84 Marne Kriederman	17	Cga		1.60m
3	504 Cindy Van Bers	16	Agn		1.54m
4	477 Megan Bogner	17	Agn		1.45m
5	284 Antonina Hendricks	17	Wpa-I		1.39m

Event 17 Heptathlon: #2 Women High Jump Junior

Flight	Name	Age	Team	Results	Finals
1	351 Anri Salim	19	Acnw		1.72m
2	233 Carla Johnson	18	Wpa		1.66m
3	5 Nienka Du Toit	18	Bola		1.63m
4	671 Sherica Van Graan	18	Cga		1.45m
4	717 Michelle Koch	18	Acnw		1.45m

Event 18 Heptathlon: #2 Women High Jump Senior

Flight	Name	Age	Team	Results	Finals
1	501 June Roelofse	23	Agn		1.75m
2	16 Helene Peens	21	Bola		1.60m
3	193 Jolanda Loubser	27	Epa-I		1.36m

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4 360 Nadine Van Der Westhuizen 27 Acnw 1.33m

Event 19 Men 400 Meter Hurdles Senior

SA Senior: 47.66 R 2011 LJ van Zyl, Ostrava

IAAF WC: 49.50 Q

Heat	Name	Age	Team	Heats	
Heat 1 Heats					
1	509 PC Beneke	25	Agn	52.72 Q	1
2	518 Le Roux Hamman	23	Agn	53.03 Q	1
3	583 Tshegfatso Mothopa	20	Agn-I	53.27 Q	1
4	259 Niel Le Roux	25	Wpa	53.48 q	1
5	474 Adriaan Wessels	21	Afs	54.46	1

Heat 2 Heats

1	554 LJ Van Zyl	30	Agn	51.72 Q	2
2	520 Lindsay Hanekom	22	Agn	52.38 Q	2
3	124 Larry Lombard	19	Cga	52.54 Q	2
4	588 Bernard Pretorius	22	Agn-I	52.58 q	2
5	402 Lloyd Qhoba	22	Acnw	55.34	2
6	326 Wesley Timmy	21	Wpa-I	1:00.34	2

Event 21 Outdoor Pentathlon: #2 Boys Shot Put Sub-Youth

Flight	Name	Age	Team	Finals
Flight 1				
1	606 Neil Scott	15	Ampu	12.71m
2	327 Brandon Williams	15	Wpa-I	10.77m
3	317 Liam Pietersen	15	Wpa-I	10.74m
4	679 Koketso Seane	14	Cga	10.35m
5	255 Stefan Hoffmeister	15	Wpa	10.20m
6	322 Riyo Serfontein	15	Wpa-I	9.67m
7	680 Matome Shabangu	15	Cga	9.52m
8	299 Ezzart De Villiers	15	Wpa-I	9.39m
9	677 Sandile Matjeni	14	Cga	8.19m
10	303 Mieqa-Eel Fredericks	15	Wpa-I	7.74m

Event 22 Decathlon: #2 Boys Long Jump Youth

Flight	Name	Age	Team	Finals	Wind
Flight 1					
1	310 Daniel Marais	16	Wpa-I	6.20m	3.0
2	319 Johua Rhode	16	Wpa-I	6.14m	3.6
3	263 Zinedine Meiring	17	Wpa	6.08m	2.0

Flight 1 ... (Event 22 Decathlon: #2 Boys Long Jump Youth)

Name	Age	Team	Finals	Wind
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4	257 Nurdeen Joshua	17	Wpa	5.75m	2.4
5	30 Everhardus Loubser	17	Bola	5.68m	3.4
6	436 Grove Coetzee	17	Afs	5.02m	2.4
6	306 Ricardo Human	17	Wpa-I	5.02m	1.3

Event 23 Decathlon: #2 Men Long Jump Junior

SA Junior: 8.19m J 2010 Luvo Manyonga, Bottrop

Name	Age	Team	Finals	Wind	
Flight 1					
1	25 Wynand Du Toit	18	Bola	6.70m	2.5
2	268 Dillon Solomons	19	Wpa	6.67m	2.3
3	266 Keagan Peters	19	Wpa	6.60m	1.3
4	176 Chris Wepener	18	Cga	6.30m	3.9
5	311 Tebuo Mzimase	19	Wpa-I	6.24m	2.9

Event 24 Decathlon: #2 Men Long Jump Senior

Name	Age	Team	Finals	Wind	
Flight 1					
1	441 Nardus Greyling	24	Afs	6.91m	4.9
2	410 Lee Van Den Berg	21	Acnw	6.68m	2.7
3	405 Gert Swanepoel	24	Acnw	6.49m	2.9
4	366 Brandon Barnard	22	Acnw	6.21m	4.8
5	579 Duncan McGladdery	21	Agn-I	5.99m	3.2
6	467 JC Van Biljon	20	Afs	5.87m	NWI
7	629 Mihan Roos	37	Aswd	5.39m	2.3

Event 25 Women 100 Meter Sprint Senior

SA Senior: 11.06 R 1990 Evette de Klerk, Germiston

IAAF WC: 11.33 Q 2015

Name	Age	Team	Heats	
Heat 1 Heats Wind: -2.1				
1	568 Welme Van Zyl	27	Agn-I	12.41 Q 1
2	45 Nabeela Parker	21	Bola-I	12.42 Q 1
3	567 Julette Speek	23	Agn-I	12.60 q 1
4	289 Simone Morris	24	Wpa-I	13.21 1
5	Tshepang Khumalo	25	Anwn	13.54 1
6	42 Christelle Knoetze	24	Bola-I	13.69 1
Heat 2 Heats Wind: -2.5				
1	242 Tamzin Thomas	18	Wpa	11.83 Q 2
2	565 Adri Schoeman	45	Agn-I	12.09 Q 2
3	7 Luca Hartman	17	Bola	12.50 q 2
4	279 Stephanie Amos	20	Wpa-I	13.36 2
Heat 3 Heats Wind: -2.4				
1	339 Melissa Hewitt	24	Acnw	12.25 Q 3
2	17 Samantha Pretorius	25	Bola	12.45 Q 3

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3	9 Illse Hayes	30	Bola	12.56	q	3
4	76 Leana Du Toit	29	Cga	12.81	q	3
5	244 Janke Van Wyk	18	Wpa	12.88		3
6	283 Aneesha Haupt	19	Wpa-I	13.71		3
Heat 4 Heats Wind: NWI						
1	561 Cherese Jones	30	Agn-I	12.16	Q	4
2	430 Bevin Smith	24	Afs	12.43	Q	4
3	291 Tarryn Solomon	19	Wpa-I	12.91		4

Heat 4 Heats Wind: NWI ... (Event 25 Women 100 Meter Sprint Senior)

	Name	Age	Team	Heats		
4	560 Claudine Jansen Van Rensburg	26	Agn-I	13.00		4
5	204 Samukelisiwe Mthembu	18	Kzna	13.19		4
Heat 5 Heats Wind: -2.9						
1	489 Carina Horn	26	Agn	11.50	Q	5
2	609 Tsholofelo Thipe	29	Anwn	11.89	Q	5
3	557 Simone Du Plooy	19	Agn-I	12.34	q	5
4	573 Stacey Welsch	21	Agn-I	12.53	q	5
5	227 Alice Adeolu	19	Wpa	12.87		5
6	358 Yolandie Van Aswegen	33	Acnw	13.01		5

Event 26 Men 100 Meter Sprint Senior

SA Senior: 10.06 R

Johan Rossouw & Simon Magakwe, Johannesburg

IAAF WC: 10.16 Q 2015

	Name	Age	Team	Heats		
Heat 1 Heats Wind: -1.3						
1	546 Akani Simbine	22	Agn	10.64	Q	1
2	271 Brent Stevens	25	Wpa	10.94	Q	1
3	577 Llewellyn Kruger	21	Agn-I	10.95	Q	1
4	596 Walter Ungerer	20	Agn-I	11.20	q	1
4	378 Quinton Hitge	22	Acnw	11.20	q	1
6	54 Cody Cloete	20	Bola-I	11.53		1
7	304 Ightishaam Haupt	22	Wpa-I	11.78		1
Heat 2 Heats Wind: -2.3						
1	175 Quincy Voster	20	Cga	11.11	Q	2
2	412 Chedrick Van Wyk	20	Acnw	11.16	Q	2
3	177 St John Whindus	24	Cga	11.29	Q	2
4	300 Jonathan Dreyer	34	Wpa-I	11.60		2
5	50 Garth Bloemfontein	22	Bola-I	11.68		2

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6	53 Anthony Clark	22	Bola-I	11.89	2
7	220 Katlego Magwai	21	Lima	11.97	2
Heat 3	Heats Wind: -4.9				
1	615 Lebogang Moeng	26	Anwn	10.90 Q	3
2	580 Keenen Michau	20	Agn-I	10.96 Q	3
3	591 Lebakeng Sesele	25	Agn-I	11.09 Q	3
4	217 Zamani Khumalo	28	Kzna-I	11.47	3
5	190 Sergio Mullins	35	Epa	11.83	3
6	156 Phineas Ramokgatla	18	Cga	11.93	3
Heat 4	Heats Wind: -3.0				
1	382 Hendrik Khumalo	21	Acnw	11.01 Q	4
2	223 France Ntene	27	Lima	11.03 Q	4
3	595 Mehdi Suleman	31	Agn-I	11.19 Q	4
3	448 Thomas Jonda	25	Afs	11.19 Q	4
5	208 Ntokozo Magubane	20	Kzna	11.28 q	4
6	296 Kurt Cameron	22	Wpa-I	11.54	4
Heat 5	Heats Wind: NWI				
1	466 Gideon Trotter	23	Afs	10.97 Q	5
2	543 Thando Roto	20	Agn	11.07 Q	5
3	314 Ethan Nobel	17	Wpa-I	11.23 Q	5
4	594 Dewald Steyn	22	Agn-I	11.29 q	5
5	133 Prince Makgato	23	Cga	11.35 q	5
6	475 Peter Mukuena	24	Afs-I	11.39	5
Heat 6	Heats Wind: -3.4				
1	253 Roscoe Engel	26	Wpa	10.83 Q	6
Heat 6	Heats Wind: -3.4 ... (Event 26 Men 100 Meter Sprint Senior)				
	Name	Age	Team	Heats	
2	575 Emile Erasmus	23	Agn-I	10.92 Q	6
3	597 Isak Van Wyk	17	Agn-I	11.36 Q	6
Event 27	Women 800 Meter Run Senior				
	SA Senior: 1:55.45 R 2009		Caster Semenya, Berlin		
	IAAF WC: 2:01.00 Q 2015				
	Name	Age	Team	Heats	
Heat 1	Heats				
1	433 Rizani Van Aswegen	23	Afs	2:12.40 Q	1
2	498 Anuscha Nice	24	Agn	2:12.67 Q	1
3	201 Kelly Fletcher	21	Kzna	2:12.73 Q	1
4	89 Thato Makhafola	21	Cga	2:13.62	1

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5	496 Happiness Mkhize	23	Agn	2:16.44	1
6	638 Athenkosi Sentiwe	18	Atra	2:46.41	1
Heat 2 Heats					
1	97 Lebogang Phalula	32	Cga	2:09.03 Q	2
2	353 Caster Semenya	24	Acnw	2:09.08 Q	2
3	1 Mandie Brandt	33	Bola	2:09.19 Q	2
4	343 Gena Lofstrand	20	Acnw	2:12.05 q	2
5	104 Celia Stramrood	17	Cga	2:12.76 q	2

Event 28 Men 800 Meter Run Senior

SA Senior: 1:42.69 R 1999 Hezekiel Sepeng, Brussels

IAAF WC: 1:46.00 Q

	Name	Age	Team	Heats	
Heat 1 Heats					
1	272 Darren Stevens	19	Wpa	1:55.19 Q	1
2	211 Linda Mhlongo	23	Kzna	1:55.29 Q	1
3	139 Thabang Matiwane	20	Cga	1:55.61 Q	1
4	113 Solomon Botholo	21	Cga	1:56.22	1
5	651 Thabile Mkhupheni	17	Atra	2:04.03	1
Heat 2 Heats					
1	438 Treasure Derison	23	Afs	1:52.50 Q	2
2	125 Yster Louw	18	Cga	1:52.75 Q	2
3	589 Koketso Ramasita	23	Agn-I	1:54.96 Q	2
4	461 Bennie Prinsloo	20	Afs	1:55.45 q	2
5	408 Morena Tsotetsi	24	Acnw	1:58.85	2
6	581 Thapelo Modishana	22	Agn-I	1:59.26	2
7	650 Tshayeki Mdidi	20	Atra	2:07.83	2
Heat 3 Heats					
1	409 Henco Uys	23	Acnw	1:52.26 Q	3
2	724 Duran Faro	21	Wpa	1:52.36 Q	3
3	616 Kabelo Mohlosi	22	Anwn	1:52.51 Q	3
4	111 Henk Beukes	25	Cga	1:52.91 q	3
5	400 Emile Pieterse	22	Acnw	1:52.93 q	3
6	212 Thabo Mkhwanazi	19	Kzna	1:56.20	3
7	297 Ashwyn Classens	29	Wpa-I	1:57.70	3
Heat 4 Heats					
1	399 Andre Olivier	26	Acnw	1:51.35 Q	4
2	605 William Mothosola	25	Ampu	1:51.73 Q	4
3	676 Thato Massamini	19	Cga	1:52.45 Q	4

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4	120 Heinrich Herbst	18	Cga	1:53.14	q	4
5	158 Andrew John Roodt	25	Cga	1:54.96	q	4

Heat 4 Heats ... (Event 28 Men 800 Meter Run Senior)

	Name	Age	Team	Heats		
Heat 5 Heats	6 325 Dylan Stevenson	20	Wpa-I	1:56.94		4

1	458 Hannes Naude	25	Afs	1:50.81	Q	5
2	626 Jacob Rozani	27	Anwn	1:50.90	Q	5
3	602 Tian Basson	22	Ampu	1:51.33	Q	5
Heat 6 Heats	4 161 Tlou Seloba	30	Cga	1:51.61	q	5

1	584 Theodore Nothling	22	Agn-I	1:55.19	Q	6
2	470 Rynardt Van Rensburg	23	Afs	1:55.35	Q	6
3	374 Pieter Conradie	21	Acnw	1:55.46	Q	6
4	603 Gronighan Grobler	18	Ampu	1:55.81		6
5	178 Dougan Wright	22	Cga	1:56.03		6

Event 29 Women 400 Meter Run Senior

SA Senior: 50.05 R 2000 Heide Seyerling, Sydney
IAAF WC: 52.00 Q 2015

	Name	Age	Team	Heats		
Heat 1 Heats	1 486 Jeanelle Griesel	18	Agn	55.44	Q	1
	2 243 Sonja Van Der Merwe	23	Wpa	56.48	Q	1
	3 44 Anrune Liebenberg	23	Bola-I	58.00		1
	4 379 Danel Holton	21	Acnw	58.42		1
Heat 2 Heats	5 94 Rita Obisi	27	Cga	1:00.79		1

1	15 Justine Palframan	22	Bola	55.04	Q	2
2	608 Rorisang Ramonnye	25	Anwn	55.05	Q	2
3	200 Zoe Engler	23	Kzna	55.40	q	2
4	347 Suretha Muller	23	Acnw	57.62	q	2
Heat 3 Heats	5 361 Anel Van Wyk	21	Acnw	59.19		2

1	562 Soandri Meyer	27	Agn-I	55.90	Q	3
2	566 Janet Seeliger	20	Agn-I	57.40	Q	3
3	287 Simone Kapp	20	Wpa-I	58.65		3
4	684 Anika Pretorius		Sasapd	1:02.29		3

Event 30 Women 400 Meter Sprint EAD

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Name	Age	Team	Results	Finals
Heat 1				
1 684 Anika Pretorius		Sasapd		1:02.29

Event 31 Outdoor Pentathlon: #4 Boys Long Jump Sub-Youth

Name	Age	Team	Finals	Wind
Flight 1				
1 680 Matome Shabangu	15	Cga	6.15m	3.9
2 324 Jesse Solomons	15	Wpa-I	5.62m	NWI
2 322 Riyo Serfontein	15	Wpa-I	5.62m	NWI
4 679 Koketso Seane	14	Cga	5.51m	NWI
5 255 Stefan Hoffmeister	15	Wpa	5.50m	NWI
6 677 Sandile Matjeni	14	Cga	5.49m	NWI
7 317 Liam Pietersen	15	Wpa-I	5.41m	NWI
8 606 Neil Scott	15	Ampu	5.36m	NWI
9 299 Ezzart De Villiers	15	Wpa-I	5.17m	NWI
10 303 Mieqa-Eel Fredericks	15	Wpa-I	4.93m	NWI

Flight 1 .. (Event 31 Outdoor Pentathlon: #4 Boys Long Jump Sub-Youth)

Name	Age	Team	Finals	Wind
11 327 Brandon Williams	15	Wpa-I	4.53m	NWI

Event 32 Girls Outdoor Pentathlon Sub-Youth

Name	Age	Team	Finals
1 10 Rogail Joseph	15	Bola	2962
2 669 Prudence Kgadima	15	Cga	2914
3 11 Leandre Ketch	15	Bola	2841
4 70 Ancker Botha	15	Cga	2716
5 292 Carla Stevens	14	Wpa-I	2382
6 599 Monique Language	15	Ampu	2371
7 670 Itumaleng Raskhanye	15	Cga	2360
8 278 Donough Ameerah	14	Wpa-I	2162
9 79 Clarinda Heystack	15	Cga	1971
10 285 Lesley Jonas	15	Wpa-I	1701
11 286 Nawaal Joshua	14	Wpa-I	1319

Event 32 Men 400 Meter Run Senior

SA Senior: 44.59 R 1999 Arnaud Malherbe & Henderik Moganyetsi, Roodepoort & Yokohama
 IAAF WC: 45.50 Q

Name	Age	Team	Heats
Heat 1 Heats			
1 719 Luxolo Adams	25	Epa-I	47.67 Q 1
2 516 Ranti Dikgale	28	Agn	47.93 Q 1
3 180 Quinton Norris	23	Cga-I	48.80 Q 1

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Heat 2 Heats	4	155 Ivan Prinsloo	18	Cga	51.03	Q	1
	1	264 Rodwell Ndlovu	24	Wpa	47.62	Q	2
	2	523 Ashley Hlungwani	24	Agn	47.86	Q	2
	3	587 Tapelo Phora	24	Agn-I	48.30	Q	2
	4	471 Braam Van Tubbergh	23	Afs	49.39	Q	2
	5	712 Trevor Maltolose	23	Cga	50.82	q	2
Heat 3 Heats	6	623 Koketso Pule	22	Anwn	51.02		2
	1	534 Ofentse Mogawane	33	Agn	48.01	Q	3
	2	544 Jon Seeliger	20	Agn	48.06	Q	3
	3	393 Lesedi Mokgobinyane	22	Acnw	48.18	Q	3
	4	60 Jaden Flagg	21	Bola-I	48.59	Q	3
	5	51 Jannie Briers-Louw	22	Bola-I	48.64	q	3
	6	62 Diwan Kamoetie	20	Bola-I	50.69	q	3
Heat 4 Heats	7	140 Xolani Mbudula	21	Cga	50.77	q	3
	1	256 Jeremia Jelwana	19	Wpa-I	48.26	Q	4
	2	222 Oscar Mavundla	23	Lima	48.91	Q	4
	3	207 Andrew Barnes	27	Kzna	50.12	Q	4
	4	63 Benje Momberg	17	Bola-I	50.60	Q	4
	5	302 Duncun Frans	21	Wpa-I	51.54		4
Heat 5 Heats	6	147 Thabo Motloug	21	Cga	52.08		4
	1	469 Wayde Van Niekerk	23	Afs	47.73	Q	5
	2	196 Berend Koekemoer	20	Epa-I	47.87	Q	5
	3	578 Christian Lubbe	21	Agn-I	49.36	Q	5
	4	713 Mihle Nukwe	23	Cga	50.46	Q	5
	5	650 Tshayeki Mdidi	20	Atra	50.96		5
Heat 5 Heats ... (Event 32 Men 400 Meter Run Senior)							
		Name		Age		Team	Heats
	6	126 Thabang Mabena	21	Cga	51.49		5
Event 33 Men Javelin Throw Standing EAD							
		Name		Age		Team	Finals
Flight 1							
	1	707 Jan Van Staden		Sasapd	45.49m		
	2	702 Casper Schutte		Sasapd	41.51m		

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Results

3 698 Visser Maarten Sasapd 29.56m

Event 34 Decathlon: #3 Boys Shot Put Youth

	Name	Age	Team	Finals
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Flight 1

1	436 Grove Coetzee	17	Afs	12.78m
2	30 Everhardus Loubser	17	Bola	11.60m
3	257 Nurdeen Joshua	17	Wpa	10.09m
4	319 Johua Rhode	16	Wpa-I	9.34m
5	306 Ricardo Human	17	Wpa-I	9.13m
6	310 Daniel Marais	16	Wpa-I	8.75m

Event 35 Decathlon: #3 Men Shot Put Junior

SA Junior: 20.50m J 1997 Janus Robberts, Naboomspruit

	Name	Age	Team	Finals
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Flight 1

1	176 Chris Wepener	18	Cga	12.19m
2	266 Keagan Peters	19	Wpa	10.49m
3	25 Wynand Du Toit	18	Bola	10.01m
4	268 Dillon Solomons	19	Wpa	9.89m
5	311 Tebuo Mzimase	19	Wpa-I	8.21m

Event 36 Decathlon: #3 Men Shot Put Senior

	Name	Age	Team	Finals
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Flight 1

1	579 Duncan McGladdery	21	Agn-I	12.69m
2	441 Nardus Greyling	24	Afs	12.57m
3	366 Brandon Barnard	22	Acnw	12.50m
4	405 Gert Swanepoel	24	Acnw	12.02m
5	410 Lee Van Den Berg	21	Acnw	11.68m
6	629 Mihan Roos	37	Aswd	10.79m
7	467 JC Van Biljon	20	Afs	10.06m

Event 37 Men 100 Meter Sprint EAD

	Name	Age	Team	Finals
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Heat 1 Wind: -2.5

1	705 Fanie Van Der Merwe		Sasapd	11.98
2	706 Ruhan Van Rooyen		Sasapd	12.80
3	704 Vukile Skoti		Sasapd	13.01
4	701 JP Rust		Sasapd	13.18

Event 38 Women 100 Meter Sprint EAD

	Name	Age	Team	Finals
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Heat 1 Wind: -3.7

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Results

1 682 Elna Durr Sasapd 15.06

Event 39 Women 200 Meter Sprint Senior

SA Senior: 22.06 R 1989 Evette de Klerk, Pietersburg

IAAF WC: 23.20 Q 2015

Name	Age	Team	Heats	
Heat 1 Heats Wind: -2.4				
1 339 Melissa Hewitt	24	Acnw	24.61 Q	1
2 430 Bevin Smith	24	Afs	24.95 Q	1
3 557 Simone Du Plooy	19	Agn-I	25.05	1
4 76 Leana Du Toit	29	Cga	25.69	1
5 42 Christelle Knoetze	24	Bola-I	26.20	1
Heat 2 Heats Wind: -2.0				
1 15 Justine Palframan	22	Bola	23.61 Q	2
2 565 Adri Schoeman	45	Agn-I	24.25 Q	2
3 242 Tamzin Thomas	18	Wpa	24.41 q	2
4 8 Robyn Haupt	19	Bola	24.56 q	2
5 47 Rese Smit	19	Bola-I	24.82	2
6 291 Tarryn Solomon	19	Wpa-I	26.68	2
Heat 3 Heats Wind: -3.7				
1 499 Margaret Olwoch	24	Agn	24.67 Q	3
2 568 Welme Van Zyl	27	Agn-I	25.30 Q	3
3 567 Julette Speek	23	Agn-I	25.53	3
4 227 Alice Adeolu	19	Wpa	26.11	3
5 358 Yolandie Van Aswegen	33	Acnw	26.65	3

Event 40 Men Long Jump Senior

SA Senior: 8.50m R 2009 Khotso Mokoena, Madrid

IAAF WC: 8.10m Q

Name	Age	Team	Finals	Wind
Flight 1				
1 159 Ruswahl Samaai	24	Cga	8.38m Q	1.4
2 510 Duwayne Boer	20	Agn	7.80m	4.6
3 392 Koketso Mogapi	23	Acnw	7.71m	0.1
4 115 Dylon Cotter	24	Cga	7.70m	3.2
5 119 Jason Farao	19	Cga	7.48m	2.2
6 542 Fredriech Pretorius	20	Agn	7.30m	4.8
8 226 Gladstone Shabangu	30	Saps	7.14m	5.3
9 384 Christo Krause	21	Acnw	6.83m	2.6
9 262 Ryan Meiring	20	Wpa	6.83m	1.6
11 Regan Julius	25	Bola-I	6.79m	2.7
12 65 Gregory Pietersen	22	Bola-I	6.75m	2.7
13 Kyle Green	25	Bola-I	6.69m	4.3

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14	722 Ingvar Van Rooyen	20	Bola-I	6.61m	4.2
7	Asif Suliman	20	Sasapd	7.27m	2.6

Event 41 Men 200 Meter Sprint Senior

SA Senior: 20.11 R 2002 Morne Nagel, Germiston

IAAF WC: 20.50 Q 2015

Heat	Name	Age	Team	Heats	
Heat 1	Heats			Wind: -1.3	
1	596 Walter Ungerer	20	Agn-I	21.87	Q 1
2	597 Isak Van Wyk	17	Agn-I	21.93	Q 1
3	594 Dewald Steyn	22	Agn-I	22.03	Q 1
4	222 Oscar Mavundla	23	Lima	22.44	q 1
5	300 Jonathan Dreyer	34	Wpa-I	22.75	q 1

Heat 2 Heats Wind: -4.2 ... (Event 41 Men 200 Meter Sprint Senior)

Heat	Name	Age	Team	Heats	
Heat 2	Heats			Wind: -4.2	
1	466 Gideon Trotter	23	Afs	21.42	Q 2
2	247 Kyle Appel	17	Wpa	21.45	Q 2
3	223 France Ntene	27	Lima	21.79	Q 2
4	448 Thomas Jonda	25	Afs	21.83	q 2
5	591 Lebakeng Sesele	25	Agn-I	22.18	q 2

Heat 3 Heats Wind: -3.7

1	296 Kurt Cameron	22	Wpa-I	23.46	Q 3
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Heat 4 Heats Wind: -5.1

1	253 Roscoe Engel	26	Wpa	21.92	Q 4
2	177 St John Whindus	24	Cga	22.19	Q 4
3	314 Ethan Nobel	17	Wpa-I	22.37	Q 4
4	586 Anele Nzwanzwa	19	Agn-I	22.81	q 4
5	220 Katlego Magwai	21	Lima	23.19	q 4
6	618 Lebogang Motswenyane	20	Anwn	23.32	4
7	54 Cody Cloete	20	Bola-I	23.36	4

Heat 5 Heats Wind: -2.6

1	382 Hendrik Khumalo	21	Acnw	22.13	Q 5
2	590 Eckhard Rossouw	19	Agn-I	22.14	Q 5
3	307 Yusuf Ismail	21	Wpa-I	22.26	Q 5

Heat 6 Heats Wind: -3.4

1	615 Lebogang Moeng	26	Anwn	21.16	Q 6
2	189 Anaso Jobodwana	23	Epa	21.48	Q 6
3	575 Emile Erasmus	23	Agn-I	22.07	Q 6

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4	62 Diwan Kamoetie	20	Bola-I	22.20	q	6
5	475 Peter Mukuena	24	Afs-I	22.29	q	6

Event 42 Men Hammer Throw Senior

SA Senior: 80.63m R 2005 Chris Harmse, Durban

IAAF WC: 76.00m Q

	Name	Age	Team	Finals
Flight 1				
1	443 Chris Harmse	42	Afs	71.98m
2	29 Johan Kruger	25	Bola	63.39m
3	452 Tshepang Makhete	19	Afs	60.79m
4	110 Kristiaan Bekker	35	Cga	58.97m
5	166 Donovan Stebbing	23	Cga	57.71m
6	375 Alan Cumming	19	Acnw	56.55m
7	457 Juan Muller	20	Afs	56.21m
8	173 Vincent Van Rensburg	25	Cga	55.85m
9	447 Dean Janse Van Rensburg	26	Afs	49.29m
10	440 Faan Greyling	20	Afs	44.43m

Event 43 Men Pole Vault Senior

SA Senior: 6.03m R 1995 Okkert Brits, Cologne

IAAF WC: 5.65m Q

	Name	Age	Team	Finals
Flight 1				
1	35 Cheyne Rohme	24	Bola	5.20m
1	673 Eben Beukes	25	Cga	5.20m
3	547 Heinrich Smit	28	Agn	5.10m
4	24 Juan De Swardt	21	Bola	4.90m
5	512 Migael Celliers	22	Agn	4.70m

Flight 1 ... (Event 43 Men Pole Vault Senior)

	Name	Age	Team	Finals
5	542 Fredriech Pretorius	20	Agn	4.70m
7	37 Lucas Van Der Watt	25	Bola	4.50m
7	459 Willie Naude	16	Afs	4.50m
9	36 Ekhardt Van Der Watt	25	Bola	4.30m
9	49 Hennie Beukes	19	Bola-I	4.30m
---	52 Wilhelm Bronn	19	Bola-I	NH

Event 44 Outdoor Pentathlon: #5 Boys 1000 Meter Run Sub-Youth

	Name	Age	Team	Finals
Heat 1				
1	677 Sandile Matjeni	14	Cga	2:53.23

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2	317 Liam Pietersen	15	Wpa-I	2:53.62
3	606 Neil Scott	15	Ampu	2:54.28
4	679 Koketso Seane	14	Cga	2:55.64
5	680 Matome Shabangu	15	Cga	2:56.70
6	299 Ezzart De Villiers	15	Wpa-I	3:22.31
7	303 Mieqa-Eel Fredericks	15	Wpa-I	3:47.11
8	322 Riyo Serfontein	15	Wpa-I	3:59.05
9	255 Stefan Hoffmeister	15	Wpa	4:01.65
10	327 Brandon Williams	15	Wpa-I	4:31.63

Event 45 Heptathlon: #3 Girls Shot Put Youth

Name	Age	Team	Finals
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Flight 1

1	84 Marne Kriederman	17	Cga	10.48m
2	504 Cindy Van Bers	16	Agn	9.64m
3	284 Antonina Hendricks	17	Wpa-I	9.61m
4	477 Megan Bogner	17	Agn	9.30m
5	481 Mahlatsi Dombeni	16	Agn	8.93m

Event 46 Heptathlon: #3 Women Shot Put Junior

Name	Age	Team	Finals
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Flight 1

1	5 Nienka Du Toit	18	Bola	11.00m
2	233 Carla Johnson	18	Wpa	8.64m
3	351 Anri Salim	19	Acnw	8.28m
4	671 Sherica Van Graan	18	Cga	7.15m
5	717 Michelle Koch	18	Acnw	6.89m

Event 47 Heptathlon: #3 Women Shot Put Senior

Name	Age	Team	Finals
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Flight 1

1	16 Helene Peens	21	Bola	10.28m
2	501 June Roelofse	23	Agn	9.81m
3	360 Nadine Van Der Westhuizen	27	Acnw	8.37m
4	193 Jolanda Loubser	27	Epa-I	8.16m

Event 48 Women 1500 Meter Run Senior

SA Senior: 4:01.81 R 1984 Zola Budd, Port Elizabeth

IAAF WC: 4:06.50 Q 2015

Name	Age	Team	Heats
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Heat 1 Heats

1	353 Caster Semenya	24	Acnw	4:37.85 Q
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2	102 Mamphielo Sibanda	22	Cga	4:38.21	Q	1
Heat 1 Heats ... (Event 48 Women 1500 Meter Run Senior)						
	Name	Age	Team	Heats		
3	92 Lorraine Novela	24	Cga	4:38.23	Q	1
4	293 Anel Terblanche	28	Wpa-I	4:41.13	Q	1
5	290 Anneline Roffey	34	Wpa-I	4:42.99		1
6	108 Nicole Van Der Merwe	17	Cga	4:44.53		1
7	240 Bulelwa Simae	38	Wpa	4:48.46		1
8	237 Pamela Moyikwa	19	Wpa	4:51.99		1
9	43 Zani Kruger	19	Bola-I	5:07.04		1
10	636 Vuyiseka Nkumenge	20	Atra	5:11.91		1
11	635 Uyanda Mehlo	18	Atra	5:20.29		1
Heat 2 Heats						
1	96 Lebo Phalula	32	Cga	4:28.58	Q	2
2	97 Lebogang Phalula	32	Cga	4:29.85	Q	2
3	109 Simonay Weitsz	16	Cga	4:30.42	Q	2
4	558 Lizerie Ferreira	19	Agn-I	4:30.62	Q	2
5	6 Thineke Fourie	24	Bola	4:31.23	q	2
6	672 Carina Viljoen	18	Cga	4:34.24	q	2
7	215 Lisha Van Onselen	18	Kzna-I	4:41.92	q	2
8	281 Leanda Du Bruyn	21	Wpa-I	4:42.28	q	2
9	640 Zikhona Sonamzi	20	Atra	5:25.35		2
Event 49 Decathlon: #4 Boys High Jump Youth						
	Name	Age	Team	Finals		
Flight 1						
1	30 Everhardus Loubser	17	Bola	1.67m		
2	310 Daniel Marais	16	Wpa-I	1.58m		
3	319 Johua Rhode	16	Wpa-I	1.55m		
4	257 Nurdeen Joshua	17	Wpa	1.52m		
5	436 Grove Coetzee	17	Afs	1.49m		
6	306 Ricardo Human	17	Wpa-I	1.46m		
Event 50 Decathlon: #4 Men High Jump Junior						
	Name	Age	Team	Finals		
Flight 1						
1	176 Chris Wepener	18	Cga	1.90m		
2	268 Dillon Solomons	19	Wpa	1.84m		
3	25 Wynand Du Toit	18	Bola	1.81m		

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4	266 Keagan Peters	19	Wpa	1.72m
4	311 Tebuo Mzimase	19	Wpa-I	1.72m

Event 51 Decathlon: #4 Men High Jump Senior

Name		Age	Team	Finals
Flight 1				
1	410 Lee Van Den Berg	21	Acnw	1.96m
2	405 Gert Swanepoel	24	Acnw	1.90m
3	467 JC Van Biljon	20	Afs	1.87m
4	579 Duncan McGladdery	21	Agn-I	1.81m
5	366 Brandon Barnard	22	Acnw	1.75m
6	441 Nardus Greyling	24	Afs	1.72m
7	629 Mihan Roos	37	Aswd	1.57m

Event 52 Men 1500 Meter Run Senior

SA Senior: 3:31.93 R 2013 Johan Cronje, Reiti

IAAF WC: 3:36.20 Q

Name		Age	Team	Heats	
Heat 1 Heats					
1	114 Marko Bucurizza	27	Cga	3:50.76 Q	1
2	369 Armin Botha	23	Acnw	3:50.90 Q	1
3	167 Clinton Swanepoel	26	Cga	3:52.30 Q	1
4	251 Bruce-Lynn Damons	19	Wpa	3:54.15 q	1
5	153 William Potgieter	18	Cga	3:56.59	1
6	214 Nkosinathi Sibiyi	21	Kzna	4:00.66	1
7	657 Thusile Nobanda	20	Atra	4:01.10	1
8	647 Sakhumzi Matiso	21	Atra	4:04.12	1
9	613 Mathews Leeto	25	Anwn	4:26.57	1
Heat 2 Heats					
1	396 Jerry Motsau	25	Acnw	3:52.55 Q	2
2	162 Folavia Seohle	25	Cga	3:52.61 Q	2
3	394 Rantso Mokopane	21	Acnw	3:55.03 Q	2
4	131 Henry Makane	22	Cga	3:55.15 q	2
5	113 Solomon Botlholo	21	Cga	3:55.51	2
6	61 Llewellyn Groeneveld	20	Bola-I	3:56.49	2
7	645 Yanga Malusi	18	Atra	4:04.52	2
8	651 Thabile Mkhupheni	17	Atra	4:09.95	2
9	654 Mongezi Ngobe	18	Atra	4:10.75	2
Heat 3 Heats					

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1	121 Dumisani Hlaselo	26 Cga	3:54.81 Q	3
2	437 Johan Cronje	33 Afs	3:54.90 Q	3
3	192 Amos Nyongo	29 Epa	3:54.99 Q	3
4	137 Samuel Mathabata	22 Cga	3:55.05 q	3
5	574 Jonathan Bredenkamp	22 Agn-I	3:55.71	3
6	315 Emiele Paulsen	21 Wpa-I	3:57.70	3
7	644 Zuko Khuphiso	20 Atra	4:07.50	3
8	646 Ndilisa Mangcipu	23 Atra	4:22.52	3

Event 53 Women 100 Meter Sprint Senior

SA Senior: 11.06 R 1990 Evette de Klerk, Germiston

IAAF WC: 11.33 Q 2015

Heat	Name	Age	Team	Semis	
Heat 1 Semi-Finals Wind: -3.0					
1	489 Carina Horn	26	Agn	11.45 Q	1
2	339 Melissa Hewitt	24	Acnw	12.00 Q	1
3	573 Stacey Welsch	21	Agn-I	12.23 Q	1
4	568 Welme Van Zyl	27	Agn-I	12.29 q	1
5	45 Nabeela Parker	21	Bola-I	12.34	1
6	76 Leana Du Toit	29	Cga	12.42	1
7	430 Bevin Smith	24	Afs	12.43	1
8	7 Luca Hartman	17	Bola	12.81	1

Heat 2 Semi-Finals Wind: -4.7

1	609 Tsholofelo Thipe	29	Anwn	12.11 Q	2
2	242 Tamzin Thomas	18	Wpa	12.18 Q	2
3	561 Cherese Jones	30	Agn-I	12.24 Q	2
4	17 Samantha Pretorius	25	Bola	12.31 q	2
5	9 Illse Hayes	30	Bola	12.36	2
6	565 Adri Schoeman	45	Agn-I	12.38	2

Heat 2 Semi-Finals Wind: -4.7 ... (Event 53 Women 100 Meter Sprint Senior)

Heat	Name	Age	Team	Semis	
7	557 Simone Du Plooy	19	Agn-I	12.56	2
8	567 Julette Speek	23	Agn-I	12.81	2

Event 54 Women Long Jump Senior

SA Senior: 6.93m R 2007 Karin Mey, Bad Langensalza

IAAF WC: 6.70m Q 2015

Flight	Name	Age	Team	Finals	Wind
1	500 Linque Prinsloo	24	Agn	6.55m	5.4

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2	494 Carla Marais	28	Agn	6.53m	2.3
3	72 Zinzi Chabangu	19	Cga	6.32m	4.2
4	78 Kayla Gilbert	22	Cga	6.29m	2.7
5	17 Samantha Pretorius	25	Bola	6.24m	3.2
6	71 Maryke Brits	21	Cga	6.20m	2.9
7	93 Patience Ntshingila	26	Cga	6.12m	2.2
8	555 Tamryn Cupido	21	Agn-I	5.88m	3.4
9	41 Birdie Carstens	23	Bola-I	5.63m	1.8
10	238 Samantha Ross	20	Wpa	5.57m	3.2
11	349 Cindy Naude	24	Acnw	5.10m	1.5
---	600 Nicholeen Mcclaren	25	Ampu	FOUL	

Event 55 Men 100 Meter Sprint Senior

SA Senior: 10.06 R

Johan Rossouw & Simon Magakwe, Johannesburg

IAAF WC: 10.16 Q 2015

Heat	Name	Age	Team	Semis	
Heat 1 Semi-Finals Wind: -1.9					
1	546 Akani Simbine	22	Agn	10.20 Q	1
2	175 Quincy Voster	20	Cga	10.65 Q	1
3	575 Emile Erasmus	23	Agn-I	10.69 q	1
4	577 Llewellyn Kruger	21	Agn-I	10.75	1
5	412 Chedrick Van Wyk	20	Acnw	10.99	1
6	177 St John Whindus	24	Cga	11.11	1
7	597 Isak Van Wyk	17	Agn-I	11.17	1
Heat 2 Semi-Finals Wind: -1.6					
1	253 Roscoe Engel	26	Wpa	10.44 Q	2
2	543 Thando Roto	20	Agn	10.69 Q	2
3	271 Brent Stevens	25	Wpa	10.71 q	2
4	382 Hendrik Khumalo	21	Acnw	10.88	2
5	314 Ethan Nobel	17	Wpa-I	10.93	2
6	591 Lebakeng Sesele	25	Agn-I	10.94	2
7	378 Quinton Hitge	22	Acnw	11.01	2
8	594 Dewald Steyn	22	Agn-I	11.10	2
Heat 3 Semi-Finals Wind: NWI					
1	466 Gideon Trotter	23	Afs	10.66 Q	3
2	580 Keenen Michau	20	Agn-I	10.70 Q	3
3	596 Walter Ungerer	20	Agn-I	10.88	3
4	223 France Ntene	27	Lima	10.93	3
5	448 Thomas Jonda	25	Afs	11.06	3
6	208 Ntokozo Magubane	20	Kzna	11.14	3

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7	595 Mehdi Suleman	31	Agn-I	11.16	3
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Event 56 Men Discus Throw EAD

	Name	Age	Team	Finals
Flight 1				
1	703 Lean Simon		Sasapd	42.20m
2	699 Kerwin Noemdo		Sasapd	41.77m
3	693 Fred Furstenburg		Sasapd	33.79m
4	688 Anthony Butler		Sasapd	20.55m

Event 57 Heptathlon: #4 Girls 200 Meter Sprint Youth

	Name	Age	Team	Finals
Heat 1 Wind: -2.7				
1	504 Cindy Van Bers	16	Agn	26.86
2	477 Megan Bogner	17	Agn	27.99
3	284 Antonina Hendricks	17	Wpa-I	28.09
4	481 Mahlatsi Dombeni	16	Agn	29.21
5	84 Marne Kriederman	17	Cga	30.20

Event 58 Men Shot Put Senior

SA Senior: 21.97m R 2001 Janus Robberts, Eugene

IAAF WC: 20.45m Q

	Name	Age	Team	Finals
Flight 1				
1	514 Orazio Cremona	26	Agn	20.49m Q
2	117 Jaco Engelbrecht	28	Cga	20.45m Q
3	517 Nico Grobler	27	Agn	17.51m
4	513 Ruan Combrink	20	Agn	17.49m
5	549 Tumelo Thage	25	Agn	17.42m
6	28 Brynn-Peter Kemp	24	Bola	17.29m
7	112 Johnny Botha	22	Cga	16.95m
8	397 Raun Murray	24	Acnw	16.44m
9	473 Ryno Van Winkel	25	Afs	16.14m
10	411 Constand Van Rooyen	22	Acnw	15.36m

Event 59 Heptathlon: #4 Women 200 Meter Sprint Junior

	Name	Age	Team	Finals
Heat 1 Wind: -1.5				
1	5 Nienka Du Toit	18	Bola	25.7h
2	233 Carla Johnson	18	Wpa	25.9h
3	717 Michelle Koch	18	Acnw	27.6h
4	351 Anri Salim	19	Acnw	28.2h

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5 671 Sherica Van Graan 18 Cga 28.9h

Event 60 Heptathlon: #4 Women 200 Meter Sprint Senior

Name	Age	Team	Finals
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Heat 1 Wind: -2.3

1 501 June Roelofse 23 Agn 26.69

2 360 Nadine Van Der Westhuizen 27 Acnw 27.22

3 16 Helene Peens 21 Bola 27.27

4 193 Jolanda Loubser 27 Epa-I 27.94

Event 61 Women 200 Meter Sprint EAD

Name	Age	Team	Finals
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Heat 1 Wind: -2.4

1 684 Anika Pretorius Sasapd 27.30

2 682 Elna Durr Sasapd 30.23

Event 62 Men 200 Meter Sprint EAD

Name	Age	Team	Finals
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Heat 1 Wind: -3.4

1 695 Hilton Langenhoven Sasapd 23.70

2 705 Fanie Van Der Merwe Sasapd 23.86

3 689 Kena Cloete Sasapd 25.05

4 704 Vukile Skoti Sasapd 26.70

Event 64 Men 400 Meter Run Senior

SA Senior: 44.59 R 1999 Arnaud Malherbe & Henderik Moganyetsi, Roodepoort & Yokohama

IAAF WC: 45.50 Q

Name	Age	Team	Semis
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Heat 1 Semi-Finals

1 469 Wayde Van Niekerk 23 Afs 46.36 Q 1

2 534 Ofentse Mogawane 33 Agn 46.60 Q 1

3 544 Jon Seeliger 20 Agn 47.05 q 1

4 207 Andrew Barnes 27 Kzna 48.39 1

5 60 Jaden Flagg 21 Bola-I 48.68 1

6 222 Oscar Mavundla 23 Lima 48.87 1

7 51 Jannie Briers-Louw 22 Bola-I 49.35 1

8 62 Diwan Kamoetie 20 Bola-I 50.71 1

Heat 2 Semi-Finals

1 516 Ranti Dikgale 28 Agn 47.08 Q 2

2 719 Luxolo Adams 25 Epa-I 47.17 Q 2

3 578 Christian Lubbe 21 Agn-I 47.75 q 2

4 393 Lesedi Mokgobinyane 22 Acnw 47.80 2

5 256 Jeremia Jelwana 19 Wpa-I 48.09 2

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6	471 Braam Van Tubbergh	23	Afs	48.55	2
7	155 Ivan Prinsloo	18	Cga	49.93	2
Heat 3 Semi-Finals					
1	264 Rodwell Ndlovu	24	Wpa	46.72 Q	3
2	196 Berend Koekemoer	20	Epa-I	47.27 Q	3
3	523 Ashley Hlungwani	24	Agn	47.79	3
4	587 Tapelo Phora	24	Agn-I	47.82	3
5	180 Quinton Norris	23	Cga-I	48.05	3
6	63 Benje Momberg	17	Bola-I	50.62	3
7	712 Trevor Maltolose	23	Cga	51.49	3
8	713 Mihle Nukwe	23	Cga	52.73	3
Event 65 Decathlon: #5 Boys 400 Meter Sprint Youth					
	Name	Age	Team		Finals
Heat 1					
1	30 Everhardus Loubser	17	Bola	54.68	1
2	436 Grove Coetzee	17	Afs	1:00.29	1
3	306 Ricardo Human	17	Wpa-I	1:00.77	1
Heat 2					
1	257 Nurdeen Joshua	17	Wpa	53.16	2
2	310 Daniel Marais	16	Wpa-I	55.57	2
3	319 Johua Rhode	16	Wpa-I	57.27	2
Event 66 Decathlon: #5 Men 400 Meter Sprint Junior					
	Name	Age	Team		Finals
Heat 1					
1	25 Wynand Du Toit	18	Bola	49.87	
2	311 Tebuo Mzimase	19	Wpa-I	52.99	
Heat 1 ... (Event 66 Decathlon: #5 Men 400 Meter Sprint Junior)					
	Name	Age	Team		Finals
3	266 Keagan Peters	19	Wpa	53.34	
4	268 Dillon Solomons	19	Wpa	54.99	
5	176 Chris Wepener	18	Cga	55.99	
Event 67 Decathlon: #5 Men 400 Meter Sprint Senior					
	Name	Age	Team		Finals
Heat 1					
1	405 Gert Swanepoel	24	Acnw	50.42	1
2	441 Nardus Greyling	24	Afs	51.28	1
3	579 Duncan McGladdery	21	Agn-I	53.48	1
Heat 2					

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1	410 Lee Van Den Berg	21	Acnw	51.54	2
2	467 JC Van Biljon	20	Afs	51.58	2
3	366 Brandon Barnard	22	Acnw	53.67	2
4	629 Mihan Roos	37	Aswd	55.88	2

Event 68 Women 20000 Meter Race Walk Senior

SA Senior:1:36:43.50 R 2005 Nicolene Cronje, Germiston

IAAF WC:1:36:00.00 Q 2015

	Name	Age	Team	Finals
Heat 1				
1	95 Anel Oosthuizen	20	Cga	1:38:03.00
2	503 Corli Swart	24	Agn	1:42:07.00
3	205 Zeldia Schultz	23	Kzna	1:48:29.00
4	81 Michelle Hopkins	27	Cga	1:53:17.00
5	101 Rose Shabalala	22	Cga	1:57:46.00
6	91 Nthatsi Mokhele	22	Cga	2:01:16.00
---	723 Inge Kotze	23	Bola-I	DQ
---	492 Chanice Klink	20	Agn	DQ

Event 69 Men 20000 Meter Race Walk Senior

SA Senior:1:22:21.00 R 1996 Chris Britz, Eissenhutzenstadt

IAAF WC:1:25:00.00 Q

	Name	Age	Team	Finals
Heat 1				
1	725 Lebogang Shange	25	Cga	1:23:00.00 Q
2	548 Wayne Snyman	30	Agn	1:23:42.00 Q
3	435 Mthembi Chauque	22	Afs	1:31:31.00
4	252 Pierre De Villiers	30	Wpa	1:32:18.00
5	533 Mthunzi Mnisi	27	Agn	1:32:31.00
6	210 Sizwe Mdebele	21	Kzna	1:35:07.00
7	213 Lindokuhle Ntombela	22	Kzna	1:36:28.00
8	540 Mark Mundell	32	Agn	1:36:57.00
9	135 Moeketsi Mamarara	21	Cga	1:37:14.00
10	250 Gideon Cillie	38	Wpa	1:39:40.00
11	528 Thando Lumkwana	27	Agn	1:41:10.00
12	248 Stefano Aracena	33	Wpa	1:42:02.00
13	127 Mduduzi Mabvundla	21	Cga	1:42:36.00
14	152 Ntoane Ntoane	20	Cga	1:45:32.00
15	714 Danny Boy Schemo	20	Cga	1:47:06.00
16	318 Envor Rhodas	23	Wpa-I	1:48:48.00

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---	181 George Seldon	24	Cga-I	DNF
---	209 Aaron Mahlangu	24	Kzna	DQ

Event 71 Men 400 Meter Sprint EAD

Name	Age	Team	Finals
Heat 1			
1 691 Charl Du Toit		Sasapd	52.45
2 689 Kena Cloete		Sasapd	55.33
3 692 Divan Engelbrecht		Sasapd	1:04.00

Event 72 Men 800 Meter Run Senior

SA Senior: 1:42.69 R 1999 Hezekiel Sepeng, Brussels
IAAF WC: 1:46.00 Q

Name	Age	Team	Semis
Heat 1 Semi-Finals			
1 589 Koketso Ramasita	23	Agn-I	1:49.08 Q 1
2 409 Henco Uys	23	Acnw	1:49.22 Q 1
3 724 Duran Faro	21	Wpa	1:49.30 q 1
4 616 Kabelo Mohlosi	22	Anwn	1:49.70 q 1
5 111 Henk Beukes	25	Cga	1:50.89 1
6 125 Yster Louw	18	Cga	1:51.17 1
7 438 Treasure Derison	23	Afs	1:51.54 1
8 400 Emile Pieterse	22	Acnw	1:54.80 1
Heat 2 Semi-Finals			
1 399 Andre Olivier	26	Acnw	1:49.50 Q 2
2 374 Pieter Conradie	21	Acnw	1:49.98 Q 2
3 605 William Mothosola	25	Ampu	1:50.29 2
4 211 Linda Mhlongo	23	Kzna	1:50.89 2
5 272 Darren Stevens	19	Wpa	1:51.04 2
6 161 Tlou Seloba	30	Cga	1:51.19 2
7 676 Thato Massamini	19	Cga	1:52.44 2
8 120 Heinrich Herbst	18	Cga	1:52.50 2
Heat 3 Semi-Finals			
1 470 Rynardt Van Rensburg	23	Afs	1:46.72 Q 3
2 626 Jacob Rozani	27	Anwn	1:48.54 Q 3
3 602 Tian Basson	22	Ampu	1:49.78 3
4 584 Theodore Nothling	22	Agn-I	1:49.89 3
5 158 Andrew John Roodt	25	Cga	1:51.39 3
6 458 Hannes Naude	25	Afs	1:53.66 3

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7 139 Thabang Matiwane 20 Cga 1:54.22 3

Event 73 Decathlon: #6 Men 110 Meter Hurdles Senior

Name	Age	Team	Finals
Heat 1 Wind: 0.2			
1 410 Lee Van Den Berg	21	Acnw	15.08
2 441 Nardus Greyling	24	Afs	15.81
3 405 Gert Swanepoel	24	Acnw	16.01
4 467 JC Van Biljon	20	Afs	16.41
5 366 Brandon Barnard	22	Acnw	16.57
6 579 Duncan McGladdery	21	Agn-I	16.86
7 629 Mihan Roos	37	Aswd	21.67

Event 74 Decathlon: #6 Men 110 Meter Hurdles Junior

Name	Age	Team	Finals
Heat 1 Wind: -0.2			
1 25 Wynand Du Toit	18	Bola	15.88
2 266 Keagan Peters	19	Wpa	15.95
3 268 Dillon Solomons	19	Wpa	16.03

Name	Age	Team	Finals
Heat 1 Wind: -0.2 ... (Event 74 Decathlon: #6 Men 110 Meter Hurdles Junior)			
4 176 Chris Wepener	18	Cga	16.10

Event 75 Decathlon: #6 Boys 110 Meter Hurdles Youth

Name	Age	Team	Finals
Heat 1 Wind: +0.0			
1 310 Daniel Marais	16	Wpa-I	16.21 1
2 257 Nurdeen Joshua	17	Wpa	17.20 1

Name	Age	Team	Finals
Heat 2 Wind: 1.4			
1 30 Everhardus Loubser	17	Bola	15.21 2
2 319 Johua Rhode	16	Wpa-I	15.64 2
3 306 Ricardo Human	17	Wpa-I	16.83 2
4 436 Grove Coetzee	17	Afs	17.97 2

Event 76 Outdoor Pentathlon: #1 Girls 90 Meter Hurdles Sub-Youth

Name	Age	Team	Finals
Heat 1 Wind: -0.6			
1 669 Prudence Kgadima	15	Cga	14.04 1
2 599 Monique Language	15	Ampu	16.29 1
3 278 Donough Ameerah	14	Wpa-I	16.37 1
4 670 Itumaleng Raskhanye	15	Cga	18.09 1
5 286 Nawaal Joshua	14	Wpa-I	18.37 1

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Heat 2 Wind: 0.4

1	10 Rogail Joseph	15	Bola	13.89	2
2	11 Leandre Ketch	15	Bola	14.50	2
3	70 Ancker Botha	15	Cga	15.68	2
4	79 Clarinda Heystack	15	Cga	16.34	2
5	292 Carla Stevens	14	Wpa-I	16.66	2
6	285 Lesley Jonas	15	Wpa-I	17.80	2

Event 77 Women 10000 Meter Run Senior

SA Senior: 30:52.51 R 1994 Elana Meyer, London

IAAF WC: 32:00.00 Q 2015

	Name	Age	Team	Finals
Heat 1				
1	73 Nolene Conrad	30	Cga	34:26.63
2	601 Glenrose Xaba	21	Ampu	34:59.20
3	87 Mpho Mabuza	36	Cga	35:19.51
4	199 Jenet Dlamini	21	Kzna	35:44.79
5	92 Lorraine Novela	24	Cga	36:03.44
6	13 Ebeth Marais	20	Bola	36:03.85
7	630 Lusanda Bomvana	24	Atra	37:23.34
8	505 Marli Van Staden	22	Agn	37:25.43
9	241 Ashleigh Simonis	17	Wpa	37:51.93
10	485 Vuyohazi Gebe	24	Agn	38:14.66
11	198 Silindile Chili	21	Kzna	38:44.21
12	183 Natalie Ross	25	Epa	39:02.83
13	431 Maryna Swanepoel	29	Afs	39:14.50
14	75 Nonhlanhla Dlamini	19	Cga	39:14.79
15	80 Precious Hlaka	23	Cga	40:36.18
16	422 Kebileng Mahloko	20	Afs	43:04.44
17	432 Nthathi Tshabalala	21	Afs	44:25.60
18	631 Nontle Diko	20	Atra	44:27.77
---	276 Amy Abrahams	21	Wpa-I	DNF

Heat 1 ... (Event 77 Women 10000 Meter Run Senior)

	Name	Age	Team	Finals
---	202 Lindokuhle Gabela	29	Kzna	DNF
---	491 Patience Khumalo	27	Agn	DNF
---	239 Tanya Scott	25	Wpa	DNF

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--- 354 Maria Shai 28 Acnw DNF

Event 78 Heptathlon: #5 Girls Long Jump Youth

Name	Age	Team	Finals	Wind
Flight 1				
1 481 Mahlatsi Dombeni	16	Agn	5.31m	0.7
2 504 Cindy Van Bers	16	Agn	5.21m	0.4
3 477 Megan Bogner	17	Agn	5.04m	0.3
4 84 Marne Kriederman	17	Cga	4.50m	-0.4
--- 284 Antonina Hendricks	17	Wpa-I	FOUL	

Event 79 Heptathlon: #5 Women Long Jump Junior

Name	Age	Team	Finals	Wind
Flight 1				
1 233 Carla Johnson	18	Wpa	5.78m	0.8
2 5 Nienka Du Toit	18	Bola	5.44m	0.1
3 717 Michelle Koch	18	Acnw	4.90m	0.4
4 351 Anri Salim	19	Acnw	4.80m	2.0
5 671 Sherica Van Graan	18	Cga	4.43m	0.6

Event 80 Heptathlon: #5 Women Long Jump Senior

Name	Age	Team	Finals	Wind
Flight 1				
1 501 June Roelofse	23	Agn	5.85m	1.4
2 16 Helene Peens	21	Bola	5.67m	0.1
3 193 Jolanda Loubser	27	Epa-I	4.83m	0.9
4 360 Nadine Van Der Westhuizen	27	Acnw	4.23m	1.9

Event 81 Women Javelin Throw Senior

SA Senior: 69.35m R 2012 Sunette Viljoen, New York

IAAF WC: 61.00m Q 2015

Name	Age	Team	Finals
Flight 1			
1 363 Sunette Viljoen	32	Acnw	64.14m Q
2 627 Jo-Ané Van Dyk	18	Aswd	49.83m
3 364 Megan Wilke	20	Acnw	47.87m
4 342 Janike Kotze	22	Acnw	47.28m
5 228 Zandri Bailey	21	Wpa	45.45m
6 330 Gezelle Bernard	24	Acnw	44.54m
7 277 Jolandri Alberts	22	Wpa-I	37.19m

Event 82 Outdoor Pentathlon: #3 Girls High Jump Sub-Youth

Name	Age	Team	Finals
Flight 1			
1 11 Leandre Ketch	15	Bola	1.52m
1 10 Rogail Joseph	15	Bola	1.52m
3 669 Prudence Kgadima	15	Cga	1.49m
4 70 Ancker Botha	15	Cga	1.46m

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5	599 Monique Language	15	Ampu	1.43m
6	79 Clarinda Heystack	15	Cga	1.40m
7	278 Donough Ameerah	14	Wpa-I	1.34m

Flight 1 ... (Event 82 Outdoor Pentathlon: #3 Girls High Jump Sub-Youth)

	Name	Age	Team	Finals
8	670 Itumaleng Raskhanye	15	Cga	1.25m
8	285 Lesley Jonas	15	Wpa-I	1.25m
8	292 Carla Stevens	14	Wpa-I	1.25m
11	286 Nawaal Joshua	14	Wpa-I	1.22m

Event 83 Decathlon: #7 Boys Discus Throw Youth

	Name	Age	Team	Finals
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Flight 1

1	30 Everhardus Loubser	17	Bola	37.04m
2	436 Grove Coetzee	17	Afs	30.22m
3	257 Nurdeen Joshua	17	Wpa	29.79m
4	306 Ricardo Human	17	Wpa-I	28.35m
5	319 Johua Rhode	16	Wpa-I	27.77m
6	310 Daniel Marais	16	Wpa-I	26.64m

Event 84 Decathlon: #7 Men Discus Throw Junior

SA Senior: 63.94m R 2008 Victor Hogan, Pretoria

SA Junior: 63.94m J 2008 Victor Hogan, Pretoria

	Name	Age	Team	Finals
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Flight 1

1	176 Chris Wepener	18	Cga	39.43m
2	25 Wynand Du Toit	18	Bola	31.70m
3	268 Dillon Solomons	19	Wpa	28.35m
4	266 Keagan Peters	19	Wpa	26.69m

Event 85 Decathlon: #7 Men Discus Throw Senior

	Name	Age	Team	Finals
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Flight 1

1	441 Nardus Greyling	24	Afs	37.90m
2	405 Gert Swanepoel	24	Acnw	37.42m
3	467 JC Van Biljon	20	Afs	33.73m
4	410 Lee Van Den Berg	21	Acnw	30.13m
5	629 Mihan Roos	37	Aswd	29.97m
6	579 Duncan McGladdery	21	Agn-I	29.53m
7	366 Brandon Barnard	22	Acnw	24.04m

Event 86 Women Javelin Throw Seated EAD

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Name	Age	Team	Finals
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Flight 1

1	685 Zanele Situ	Sasapd	16.44m
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Event 86 Men Shot Put Seated EAD

Name	Age	Team	Finals
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Flight 1

1	696 Michael Louwrens	Sasapd	10.53m
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Event 87 Men 110 Meter Hurdles Senior

SA Senior: 13.24 R 2012 Lehann Fourie, Bruxelles

IAAF WC: 13.47 Q

Name	Age	Team	Heats
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Heat 1 Heats Wind: -0.6

1	246 Antonio Alkana	25 Wpa	13.70 Q	1
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2	526 Tshepo Lefete	23 Agn	14.22 Q	1
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3	542 Fredriech Pretorius	20 Agn	14.61 Q	1
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Heat 1 Heats Wind: -0.6 ... (Event 87 Men 110 Meter Hurdles Senior)

Name	Age	Team	Heats
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4	197 Bongo Mankayi	20 Epa-I	14.91 q	1
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5	585 Tshepo Nyathi	21 Agn-I	14.97 q	1
---	-------------------	----------	---------	---

Heat 2 Heats Wind: -0.8

1	515 Ruan De Vries	29 Agn	13.77 Q	2
---	-------------------	--------	---------	---

2	538 Kobus Moolman	24 Agn	14.38 Q	2
---	-------------------	--------	---------	---

3	519 Muntingh Hamman	25 Agn	14.47 Q	2
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4	321 André September	22 Wpa-I	15.73	2
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Event 88 Women 100 Meter Hurdles Senior

SA Senior: 12.94 R 1998 Corien Botha, Salamanca

IAAF WC: 13.00 Q 2015

Name	Age	Team	Heats
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Heat 1 Heats Wind: -0.4

1	78 Kayla Gilbert	22 Cga	14.20 Q	1
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2	194 Cayla Seddon	18 Epa-I	14.36 Q	1
---	------------------	----------	---------	---

3	572 Talita Vorster	21 Agn-I	15.01 Q	1
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4	67 Helga-Wendy Bensusan	21 Cga	15.07 q	1
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5	421 Lizzy Kriel	21 Afs	25.14 q	1
---	-----------------	--------	---------	---

Heat 2 Heats Wind: -0.1

1	487 Claudia Heunis	26 Agn	13.61 Q	2
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2	244 Janke Van Wyk	18 Wpa	14.62 Q	2
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3	484 Carina Etsebeth	25 Agn	14.68 Q	2
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Event 90 Men 200 Meter Sprint Senior

SA Senior: 20.11 R 2002 Morne Nagel, Germiston

IAAF WC: 20.50 Q 2015

Name	Age	Team	Semis
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Heat 1 Semi-Finals Wind: 0.3

1	253 Roscoe Engel	26 Wpa	20.85 Q	1
2	590 Eckhard Rossouw	19 Agn-I	21.32 Q	1
3	222 Oscar Mavundla	23 Lima	21.60	1
4	596 Walter Ungerer	20 Agn-I	21.62	1
5	307 Yusuf Ismail	21 Wpa-I	21.84	1
6	314 Ethan Nobel	17 Wpa-I	21.89	1
7	597 Isak Van Wyk	17 Agn-I	21.95	1
8	300 Jonathan Dreyer	34 Wpa-I	22.76	1

Heat 2 Semi-Finals Wind: -0.2

1	189 Anaso Jobodwana	23 Epa	21.05 Q	2
2	448 Thomas Jonda	25 Afs	21.52 Q	2
3	466 Gideon Trotter	23 Afs	21.55 q	2
4	382 Hendrik Khumalo	21 Acnw	21.62	2
5	177 St John Whindus	24 Cga	21.77	2
6	475 Peter Mukuena	24 Afs-I	22.28	2
7	586 Anele Nzwanzwa	19 Agn-I	22.55	2

Heat 3 Semi-Finals Wind: +0.0

1	615 Lebogang Moeng	26 Anwn	20.94 Q	3
2	247 Kyle Appel	17 Wpa	21.02 Q	3
3	223 France Ntene	27 Lima	21.59 q	3
4	594 Dewald Steyn	22 Agn-I	21.72	3
5	591 Lebakeng Sesele	25 Agn-I	21.89	3
6	62 Diwan Kamoetie	20 Bola-I	22.00	3
7	220 Katlego Magwai	21 Lima	22.83	3
8	296 Kurt Cameron	22 Wpa-I	23.09	3

Event 91 Men 3000 Meter Steeplechase Senior

SA Senior: 8:11.50 R 2011 Ruben Ramolefi, Daegu

IAAF WC: 8:28.00 Q

Heat	Name	Age	Team	Finals
1	144 Tumisang Monnatlala	20	Cga	8:33.02 1
2	146 Tumelo Motlagale	29	Cga	8:37.33 1
3	675 Ikageng Gaorekwe	18	Cga	8:37.51 1
4	370 Lucas Bothobutle	24	Acnw	8:59.30 1
5	715 Ruben Ramolefi	37	Cga	9:08.76 1

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6	593 Tumisang Siyabonga	20	Agn-I	9:26.77	1
7	674 Creel Chavalala	19	Cga	9:28.70	1
8	129 Kotopetsa Mahlangu	25	Cga	9:34.03	1
9	611 Obed Kopong	27	Anwn	9:38.55	1
10	620 Katlego Nthathe	23	Anwn	9:53.08	1
11	617 Ofentse Mokotelakwena	21	Anwn	9:54.78	1
Heat 2					
1	387 Dikotsi Lekopa	27	Acnw	8:32.17	2
2	309 Merlin Klaaste	23	Wpa-I	9:03.18	2
3	536 Simon Mokonyama	23	Agn	9:04.16	2
4	456 Khothatso Mokone	26	Afs	9:11.65	2
5	628 Lloyd Bosman	27	Aswd	9:20.59	2
6	323 Siboniso Soldaka	25	Wpa-I	9:29.52	2
7	463 Sprinkaan Smons	25	Afs	9:35.62	2
8	678 Palacious Mukwevho	22	Cga	10:01.39	2
9	646 Ndilisa Mangcipu	23	Atra	10:40.60	2

Event 92 Women 3000 Meter Steeplechase Senior

SA Senior: 9:54.19 R 2011 Tebogo Masehla, Ordegem

IAAF WC: 9:44.00 Q 2015

	Name	Age	Team	Finals
Heat 1				
1	476 Thembi Baloyi	26	Agn	10:28.33
2	666 Jeanette Bokadi	19	Cga	10:40.40
3	429 Cherise Sims	22	Afs	11:01.24
4	100 Ashleigh Schnetler	24	Cga	11:14.82
5	40 Sharlan Boer	17	Bola-I	12:17.92
6	280 Ileana Dreyer	19	Wpa-I	12:22.46
7	38 Vernoschka Abrahams	18	Bola-I	12:22.94
8	634 Asive Mazaleni	19	Atra	14:19.89

Event 93 Decathlon: #8 Boys Pole Vault Youth

	Name	Age	Team	Finals
Flight 1				
1	30 Everhardus Loubser	17	Bola	4.20m
2	257 Nurdeen Joshua	17	Wpa	2.90m
3	310 Daniel Marais	16	Wpa-I	2.60m
4	319 Johua Rhode	16	Wpa-I	2.20m
---	436 Grove Coetzee	17	Afs	NH

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Event 94 Decathlon: #8 Men Pole Vault Junior

SA Junior: 5.50m J 2010 Cheyne Rahme, Germiston

Name	Age	Team	Finals
Flight 1			
1 25 Wynand Du Toit	18	Bola	3.00m

Flight 1 ... (Event 94 Decathlon: #8 Men Pole Vault Junior)

Name	Age	Team	Finals
2 176 Chris Wepener	18	Cga	2.90m
3 266 Keagan Peters	19	Wpa	2.80m
4 268 Dillon Solomons	19	Wpa	2.50m

Event 95 Decathlon: #8 Men Pole Vault Senior

Name	Age	Team	Finals
Flight 1			
1 410 Lee Van Den Berg	21	Acnw	4.20m
2 405 Gert Swanepoel	24	Acnw	4.10m
3 441 Nardus Greyling	24	Afs	4.00m
4 467 JC Van Biljon	20	Afs	3.60m
4 366 Brandon Barnard	22	Acnw	3.60m
6 629 Mihan Roos	37	Aswd	3.30m
7 579 Duncan McGladdery	21	Agn-I	3.10m

Event 96 Women Discus Throw Senior

SA Senior: 64.87m R 2007 Elizna Naude, Stellenbosch

IAAF WC: 61.00m Q 2015

Name	Age	Team	Finals
Flight 1			
1 334 Geraldene Duvenhage	20	Acnw	53.00m
2 184 Ischke Senekal	22	Epa	49.54m
3 668 Leandrie Geel	18	Cga	46.44m
4 20 Angeline Smit	17	Bola	42.49m
5 3 Chane Coetzee	17	Bola	42.32m
6 225 Tanya Treurnicht	31	Saps	35.81m
7 232 Caioly Gabriel	19	Wpa	29.91m

Event 97 Women Triple Jump Senior

SA Senior: 13.89m R 2012 Patience Ntshingila, Potchefstroom

IAAF WC: 14.20m Q 2015

Name	Age	Team	Finals	Wind
Flight 1				
1 93 Patience Ntshingila	26	Cga	13.32m	1.0
2 556 Matsie Dikotla	28	Agn-I	13.18m	0.9
3 72 Zinzi Chabangu	19	Cga	13.14m	-0.8
4 480 Michelle Cornelius	26	Agn	12.33m	2.1

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5	570 Taylia Visagie	19	Agn-I	12.20m	2.0
6	493 Manti Kunutu	18	Agn	12.13m	0.5
7	478 Bennita Botha	21	Agn	11.96m	0.5
8	67 Helga-Wendy Bensusan	21	Cga	11.93m	2.0
9	230 Nicole Dirk	23	Wpa	11.61m	1.0
10	418 Marelise Campher	21	Afs	11.39m	1.6
11	483 Stephanie Esonguwune	18	Agn	11.03m	0.2

Event 98 Heptathlon: #6 Girls Javelin Throw Youth

Name	Age	Team	Finals
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Flight 1

1	477 Megan Bogner	17	Agn	29.26m
2	504 Cindy Van Bers	16	Agn	27.07m
3	84 Marne Kriederman	17	Cga	26.23m
4	481 Mahlatsi Dombeni	16	Agn	23.96m

Event 99 Heptathlon: #6 Women Javelin Throw Junior

Name	Age	Team	Finals
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Flight 1

1	5 Nienka Du Toit	18	Bola	34.33m
2	233 Carla Johnson	18	Wpa	27.24m
3	671 Sherica Van Graan	18	Cga	21.01m
4	351 Anri Salim	19	Acnw	20.70m
5	717 Michelle Koch	18	Acnw	12.20m

Event 100 Heptathlon: #6 Women Javelin Throw Senior

Name	Age	Team	Finals
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Flight 1

1	16 Helene Peens	21	Bola	29.59m
2	501 June Roelofse	23	Agn	29.42m
3	360 Nadine Van Der Westhuizen	27	Acnw	25.36m
4	193 Jolanda Loubser	27	Epa-I	19.97m

Event 101 Women 800 Meter Run Senior

SA Senior: 1:55.45 R 2009 Caster Semenya, Berlin

IAAF WC: 2:01.00 Q 2015

Name	Age	Team	Finals
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Heat 1 Finals

1	353 Caster Semenya	24	Acnw	2:05.05
2	97 Lebogang Phalula	32	Cga	2:05.89
3	1 Mandie Brandt	33	Bola	2:06.30
4	498 Anuscha Nice	24	Agn	2:06.92
5	201 Kelly Fletcher	21	Kzna	2:08.75

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6	104 Celia Stramrood	17	Cga	2:09.21
7	433 Rizani Van Aswegen	23	Afs	2:10.45
8	343 Gena Lofstrand	20	Acnw	2:12.46

Event 102 Men 800 Meter Run Senior

SA Senior: 1:42.69 R 1999 Hezekiel Sepeng, Brussels

IAAF WC: 1:46.00 Q

	Name	Age	Team	Finals
Heat 1 Finals				
1	399 Andre Olivier	26	Acnw	1:46.02
2	470 Rynardt Van Rensburg	23	Afs	1:46.97
3	626 Jacob Rozani	27	Anwn	1:47.37
4	724 Duran Faro	21	Wpa	1:48.38
5	409 Henco Uys	23	Acnw	1:49.07
6	374 Pieter Conradie	21	Acnw	1:50.34
7	616 Kabelo Mohlosi	22	Anwn	1:51.10
---	589 Koketso Ramasita	23	Agn-I	DNF

Event 103 Outdoor Pentathlon: #2 Girls Shot Put Sub-Youth

	Name	Age	Team	Finals
Flight 1				
1	599 Monique Language	15	Ampu	13.14m
2	70 Ancker Botha	15	Cga	13.02m
3	11 Leandre Ketch	15	Bola	10.70m
4	292 Carla Stevens	14	Wpa-I	8.30m
5	669 Prudence Kgadima	15	Cga	8.13m
6	79 Clarinda Heystack	15	Cga	7.91m
7	278 Donough Ameerah	14	Wpa-I	7.38m

Flight 1 ... (Event 103 Outdoor Pentathlon: #2 Girls Shot Put Sub-Youth)

	Name	Age	Team	Finals
8	286 Nawaal Joshua	14	Wpa-I	7.08m
9	670 Itumaleng Raskhanye	15	Cga	6.87m
10	10 Rogail Joseph	15	Bola	6.61m
11	285 Lesley Jonas	15	Wpa-I	6.11m

Event 104 Women High Jump Senior

SA Senior: 2.06m R 2003 Hestrie Cloete, Saint-Denis

IAAF WC: 1.94m Q 2015

	Name	Age	Team	Finals
Flight 1				
1	333 Julia Du Plessis	19	Acnw	1.80m
2	235 Geraldine King	18	Wpa	1.75m

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2	335 Bianca Erwee	25	Acnw	1.75m
4	488 Marlize Higgens	19	Agn	1.70m
4	206 Brittany Uys	19	Kzna	1.70m
4	427 Mcayla Mienie	18	Afs	1.70m
4	563 Mieke Pretorius	17	Agn-I	1.70m
8	179 Berne Susanna Krugell	28	Cga-I	1.65m
9	182 Morita Botha	23	Epa	1.60m
9	2 Karla Bronn	19	Bola	1.60m
9	48 Remina Stephan	23	Bola-I	1.60m

Event 105 Men 400 Meter Hurdles Senior

SA Senior: 47.66 R 2011 LJ van Zyl, Ostrava
IAAF WC: 49.50 Q

	Name	Age	Team	Finals
Heat 1 Finals				
1	554 LJ Van Zyl	30	Agn	49.29 Q
2	518 Le Roux Hamman	23	Agn	50.16
3	509 PC Beneke	25	Agn	50.17
4	520 Lindsay Hanekom	22	Agn	50.92
5	588 Bernard Pretorius	22	Agn-I	51.80
6	124 Larry Lombard	19	Cga	51.88
7	583 Tshhegfatso Mothopa	20	Agn-I	52.45
8	259 Niel Le Roux	25	Wpa	53.63

Event 106 Women 400 Meter Hurdles Senior

SA Senior: 53.74 R 1986 Myrtle Bothma, Johannesburg
IAAF WC: 56.20 Q 2015

	Name	Age	Team	Finals
Heat 1				
1	497 Wenda Nel	27	Agn	55.27 Q
2	482 Anneri Ebersohn	25	Agn	57.79
3	19 Jean-Marie Senekal	23	Bola	58.58
4	12 Gezelle Magerman	18	Bola	59.40
5	236 Rozelle Meier	19	Wpa	1:00.64
6	571 Bianca Visser	21	Agn-I	1:02.08
7	74 Tracy-Leigh Cullis	21	Cga	1:06.08
8	103 Zanele Sikalala	20	Cga	1:11.04

Event 107 Women 100 Meter Sprint Senior

SA Senior: 11.06 R 1990 Evette de Klerk, Germiston
IAAF WC: 11.33 Q 2015

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Heat	Name	Age	Team	Finals
1	489 Carina Horn	26	Agn	11.40
2	609 Tsholofelo Thipe	29	Anwn	11.81
3	242 Tamzin Thomas	18	Wpa	11.83
4	339 Melissa Hewitt	24	Acnw	11.92
5	561 Cherese Jones	30	Agn-I	11.94
6	17 Samantha Pretorius	25	Bola	11.99
7	568 Welme Van Zyl	27	Agn-I	12.15
8	573 Stacey Welsch	21	Agn-I	12.28

Event 108 Men 100 Meter Sprint Senior

SA Senior: 10.06 R

Johan Rossouw & Simon Magakwe, Johannesburg

IAAF WC: 10.16 Q 2015

Heat	Name	Age	Team	Finals
1	546 Akani Simbine	22	Agn	10.25
2	253 Roscoe Engel	26	Wpa	10.43
3	575 Emile Erasmus	23	Agn-I	10.66
4	175 Quincy Voster	20	Cga	10.70
4	580 Keenen Michau	20	Agn-I	10.70
6	466 Gideon Trotter	23	Afs	10.71
7	271 Brent Stevens	25	Wpa	10.75

Event 109 Outdoor Pentathlon: #4 Girls Long Jump Sub-Youth

Flight	Name	Age	Team	Finals	Wind
1	670 Itumaleng Raskhanye	15	Cga	5.00m	2.1
1	11 Leandre Ketch	15	Bola	5.00m	1.0
1	669 Prudence Kgadima	15	Cga	5.00m	0.9
4	10 Rogail Joseph	15	Bola	4.99m	1.6
5	285 Lesley Jonas	15	Wpa-I	4.58m	2.4
6	278 Donough Ameerah	14	Wpa-I	4.53m	-0.4
7	70 Ancker Botha	15	Cga	4.52m	1.9
8	292 Carla Stevens	14	Wpa-I	4.51m	2.4
9	599 Monique Language	15	Ampu	4.34m	1.1
10	79 Clarinda Heystack	15	Cga	4.29m	1.3
11	286 Nawaal Joshua	14	Wpa-I	3.08m	1.9

Event 110 Men Discus Throw Senior

SA Senior: 70.32m R 2002

Frantz Kruger, Salon de Provence

IAAF WC: 65.00m Q

Flight	Name	Age	Team	Finals
1				

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1	27 Victor Hogan	25	Bola	62.86m
2	552 Russel Tucker	25	Agn	62.18m
3	28 Brynn-Peter Kemp	24	Bola	56.23m
4	172 Dewalt Van Heerden	24	Cga	55.88m
5	397 Raun Murray	24	Acnw	55.76m
6	160 Johan Scholts	19	Cga	55.00m
7	249 Wynand Carstens	23	Wpa	48.68m
8	473 Ryno Van Winkel	25	Afs	47.93m

Flight 1 ... (Event 110 Men Discus Throw Senior)

	Name	Age	Team	Finals
9	576 Charl Grobler	23	Agn-I	47.65m
10	411 Constand Van Rooyen	22	Acnw	46.13m

Event 111 Men 110 Meter Hurdles Senior

SA Senior: 13.24 R 2012 Lehann Fourie, Bruxelles

IAAF WC: 13.47 Q

	Name	Age	Team	Finals
Heat 1 Finals	Wind: 0.4			
1	246 Antonio Alkana	25	Wpa	13.54
2	515 Ruan De Vries	29	Agn	13.83
3	526 Tshepo Lefete	23	Agn	13.93
4	538 Kobus Moolman	24	Agn	14.28
5	519 Muntingh Hamman	25	Agn	14.33
6	542 Fredriech Pretorius	20	Agn	14.65
7	585 Tshepo Nyathi	21	Agn-I	14.88
8	197 Bongo Mankayi	20	Epa-I	15.11

Event 112 Women 100 Meter Hurdles Senior

SA Senior: 12.94 R 1998 Corien Botha, Salamanca

IAAF WC: 13.00 Q 2015

	Name	Age	Team	Finals
Heat 1 Finals	Wind: 0.9			
1	487 Claudia Heunis	26	Agn	13.36
2	78 Kayla Gilbert	22	Cga	13.91
3	421 Lizzy Kriel	21	Afs	14.16
4	194 Cayla Seddon	18	Epa-I	14.36
5	244 Janke Van Wyk	18	Wpa	14.48
6	484 Carina Etsebeth	25	Agn	14.58
7	67 Helga-Wendy Bensusan	21	Cga	14.97
8	572 Talita Vorster	21	Agn-I	15.14

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Event 113 Decathlon: #9 Boys Javelin Throw Youth

Name	Age	Team	Finals
Flight 1			
1 436 Grove Coetzee	17	Afs	48.90m
2 30 Everhardus Loubser	17	Bola	39.70m
3 319 Johua Rhode	16	Wpa-I	38.88m
4 310 Daniel Marais	16	Wpa-I	34.12m
5 257 Nurdeen Joshua	17	Wpa	32.51m

Event 114 Decathlon: #9 Men Javelin Throw Junior

SA Junior: 83.07m J 2006 Robert Oosthuizen, Beijing

Name	Age	Team	Finals
Flight 1			
1 176 Chris Wepener	18	Cga	49.95m
2 266 Keagan Peters	19	Wpa	43.46m
3 25 Wynand Du Toit	18	Bola	42.90m
4 268 Dillon Solomons	19	Wpa	40.74m

Event 115 Decathlon: #9 Men Javelin Throw Senior

Name	Age	Team	Finals
Flight 1			
1 405 Gert Swanepoel	24	Acnw	52.44m
2 410 Lee Van Den Berg	21	Acnw	51.03m

Flight 1 ... (Event 115 Decathlon: #9 Men Javelin Throw Senior)

Name	Age	Team	Finals
3 579 Duncan McGladdery	21	Agn-I	50.07m
4 441 Nardus Greyling	24	Afs	45.89m
5 467 JC Van Biljon	20	Afs	42.58m
6 366 Brandon Barnard	22	Acnw	40.49m
7 629 Mihan Roos	37	Aswd	40.35m

Event 116 Women 400 Meter Run Senior

SA Senior: 50.05 R 2000 Heide Seyerling, Sydney

IAAF WC: 52.00 Q 2015

Name	Age	Team	Finals
Heat 1 Finals			
1 15 Justine Palframan	22	Bola	52.49
2 608 Rorisang Ramonnye	25	Anwn	53.36
3 486 Jeanelle Griesel	18	Agn	53.38
4 200 Zoe Engler	23	Kzna	53.42
5 562 Soandri Meyer	27	Agn-I	54.14
6 243 Sonja Van Der Merwe	23	Wpa	54.31

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7 566 Janet Seeliger 20 Agn-I 55.70

8 347 Suretha Muller 23 Acnw 58.33

Event 117 Men 400 Meter Run Senior

SA Senior: 44.59 R 1999

Arnaud Malherbe & Henderik Moganyetsi, Roodepoort & Yokohama

IAAF WC: 45.50 Q

Heat	Name	Age	Team	Finals
1	469 Wayde Van Niekerk	23	Afs	44.91 Q
2	544 Jon Seeliger	20	Agn	45.85
3	196 Berend Koekemoer	20	Epa-I	46.01
4	719 Luxolo Adams	25	Epa-I	46.38
5	534 Ofentse Mogawane	33	Agn	46.46
6	264 Rodwell Ndlovu	24	Wpa	46.53
7	516 Ranti Dikgale	28	Agn	46.67
8	578 Christian Lubbe	21	Agn-I	47.19

Event 118 Women 1500 Meter Run Senior

SA Senior: 4:01.81 R 1984

Zola Budd, Port Elizabeth

IAAF WC: 4:06.50 Q 2015

Heat	Name	Age	Team	Finals
1	96 Lebo Phalula	32	Cga	4:14.43
2	97 Lebogang Phalula	32	Cga	4:17.33
3	6 Thineke Fourie	24	Bola	4:21.43
4	109 Simonay Weitsz	16	Cga	4:25.58
5	102 Mamphielo Sibanda	22	Cga	4:26.22
6	92 Lorraine Novela	24	Cga	4:26.38
7	558 Lizerie Ferreira	19	Agn-I	4:29.10
8	353 Caster Semenya	24	Acnw	4:29.60
9	672 Carina Viljoen	18	Cga	4:37.12
10	281 Leanda Du Bruyn	21	Wpa-I	4:37.34
11	293 Anel Terblanche	28	Wpa-I	4:38.19
12	215 Lisha Van Onselen	18	Kzna-I	4:40.49

Event 119 Men 1500 Meter Run Senior

SA Senior: 3:31.93 R 2013

Johan Cronje, Reiti

IAAF WC: 3:36.20 Q

Heat	Name	Age	Team	Finals
1	437 Johan Cronje	33	Afs	3:37.93
2	121 Dumisani Hlaselo	26	Cga	3:38.38

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3	396 Jerry Motsau	25	Acnw	3:39.26
4	192 Amos Nyongo	29	Epa	3:40.69
5	162 Folavia Seohle	25	Cga	3:41.73
6	137 Samuel Mathabata	22	Cga	3:42.76
7	369 Armin Botha	23	Acnw	3:45.82
8	114 Marko Bucurizza	27	Cga	3:46.35
9	394 Rantso Mokopane	21	Acnw	3:47.20
10	251 Bruce-Lynn Damons	19	Wpa	3:47.38
11	131 Henry Makane	22	Cga	3:50.62
12	167 Clinton Swanepoel	26	Cga	3:51.70

Event 120 Men Triple Jump Senior

SA Senior: 17.25m R 2005

Khotso Mokoena, Durban

IAAF WC: 16.90m Q

	Name	Age	Team	Finals	Wind
Flight 1					
1	142 Kgotso Mokoena	30	Cga	16.63m	1.5
2	267 Jayson Sewenyana	33	Wpa	15.92m	0.3
3	33 Kwezi Mtoba	19	Bola	15.47m	0.7
4	508 Reneilwe Aphane	25	Agn	15.29m	0.2
5	407 Tumelo Thagane	31	Acnw	15.25m	0.5
6	722 Ingvar Van Rooyen	20	Bola-I	14.25m	-0.9
---	662 Roger Haitengi	25	Namibia	16.37m	-0.1
---	157 Apelele Ramseni	24	Cga	DNF	NWI

Event 121 Heptathlon: #7 Girls 800 Meter Run Youth

Name

Age Team

Finals

	Name	Age	Team	Finals
Heat 1				
1	504 Cindy Van Bers	16	Agn	2:22.67
2	477 Megan Bogner	17	Agn	2:25.08
3	84 Marne Kriederman	17	Cga	2:29.86
4	481 Mahlatsi Dombeni	16	Agn	3:07.64

Event 122 Men High Jump Senior

SA Senior: 2.38m R 2005

Jacques Freitag, Oudtshoorn

IAAF WC: 2.28m Q

	Name	Age	Team	Finals
Flight 1				
1	527 Mpho Links	19	Agn	2.23m
2	26 Keegan Fourie	24	Bola	2.15m
2	537 Chris Moleya	18	Agn	2.15m
4	384 Christo Krause	21	Acnw	2.10m
5	187 Garth Ellis	23	Epa	2.05m

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5	294 Shane Blows	23	Wpa-I	2.05m
5	22 Damian Boshoff	25	Bola	2.05m
5	34 Luvo Nkewu	24	Bola	2.05m
5	401 Sarel Prinsloo	22	Acnw	2.05m
5	465 Jva Steytler	23	Afs	2.05m

Flight 1 ... (Event 122 Men High Jump Senior)

	Name	Age	Team	Finals
11	31 Marcel Maree	19	Bola	1.95m
11	262 Ryan Meiring	20	Wpa	1.95m
---	663 Kabelo Kgosiemang	25	Botswana	2.20m

Event 123 Heptathlon: #7 Women 800 Meter Run Junior

	Name	Age	Team	Finals
Heat 1				
1	671 Sherica Van Graan	18	Cga	2:31.90
2	233 Carla Johnson	18	Wpa	2:32.19
3	351 Anri Salim	19	Acnw	2:45.80
4	5 Nienka Du Toit	18	Bola	2:47.44
5	717 Michelle Koch	18	Acnw	3:03.21

Event 124 Heptathlon: #7 Women 800 Meter Run Senior

	Name	Age	Team	Finals
Heat 1				
1	16 Helene Peens	21	Bola	2:27.93
2	193 Jolanda Loubser	27	Epa-I	2:29.55
3	501 June Roelofse	23	Agn	2:30.64
4	360 Nadine Van Der Westhuizen	27	Acnw	2:34.13

Event 125 Outdoor Pentathlon: #5 Girls 800 Meter Run Sub-Youth

	Name	Age	Team	Finals
Heat 1				
1	670 Itumaleng Raskhanye	15	Cga	2:20.18
2	292 Carla Stevens	14	Wpa-I	2:26.54
3	10 Rogail Joseph	15	Bola	2:32.08
4	669 Prudence Kgadima	15	Cga	2:40.01
5	278 Donough Ameerah	14	Wpa-I	2:51.39
6	70 Ancker Botha	15	Cga	2:53.47
7	11 Leandre Ketch	15	Bola	3:00.19
8	285 Lesley Jonas	15	Wpa-I	3:07.96
9	286 Nawaal Joshua	14	Wpa-I	3:14.78

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10	599 Monique Language	15	Ampu	3:16.90
11	79 Clarinda Heystack	15	Cga	3:17.85

Event 126 Women 200 Meter Sprint Senior

SA Senior: 22.06 R 1989 Evette de Klerk, Pietersburg

IAAF WC: 23.20 Q 2015

Heat	Name	Age	Team	Finals
1	15 Justine Palframan	22	Bola	23.26
2	339 Melissa Hewitt	24	Acnw	24.03
3	499 Margaret Olwoch	24	Agn	24.15
4	242 Tamzin Thomas	18	Wpa	24.36
5	568 Welme Van Zyl	27	Agn-I	24.45
6	565 Adri Schoeman	45	Agn-I	24.48
7	8 Robyn Haupt	19	Bola	24.59
8	430 Bevin Smith	24	Afs	24.86

Event 127 Men 200 Meter Sprint Senior

SA Senior: 20.11 R 2002 Morne Nagel, Germiston

IAAF WC: 20.50 Q 2015

Heat	Name	Age	Team	Finals
1	189 Anaso Jobodwana	23	Epa	20.35 Q
2	253 Roscoe Engel	26	Wpa	20.70
3	615 Lebogang Moeng	26	Anwn	20.72
4	247 Kyle Appel	17	Wpa	20.90
5	466 Gideon Trotter	23	Afs	21.04
6	590 Eckhard Rossouw	19	Agn-I	21.18
7	448 Thomas Jonda	25	Afs	21.26
8	223 France Ntene	27	Lima	21.40

Event 128 Women Shot Put Senior

SA Senior: 17.88m R 2002 Drienkie van Wyk, Germiston

IAAF WC: 17.75m Q 2015

Flight	Name	Age	Team	Finals
1	184 Ischke Senekal	22	Epa	15.51m
2	334 Geraldene Duvenhage	20	Acnw	15.47m
3	502 Sonia Smuts	24	Agn	15.22m
4	426 Cecile Meyer	21	Afs	13.58m
5	86 Elizabeth Loots	19	Cga	13.26m
6	225 Tanya Treurnicht	31	Saps	13.07m

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7	20 Angeline Smit	17 Bola	13.00m
8	232 Caioly Gabriel	19 Wpa	10.03m

Event 129 Decathlon: #10 Boys 1500 Meter Run Youth

	Name	Age	Team	Finals
Heat 1				
1	257 Nurdeen Joshua	17	Wpa	4:36.06
2	30 Everhardus Loubser	17	Bola	4:54.79
3	310 Daniel Marais	16	Wpa-I	5:06.21
4	319 Johua Rhode	16	Wpa-I	5:09.78
5	436 Grove Coetzee	17	Afs	6:06.78

Event 130 Decathlon: #10 Men 1500 Meter Run Junior

	Name	Age	Team	Finals
Heat 1				
1	25 Wynand Du Toit	18	Bola	4:49.27
2	266 Keagan Peters	19	Wpa	5:04.48
3	268 Dillon Solomons	19	Wpa	5:19.42
4	176 Chris Wepener	18	Cga	5:25.24

Event 131 Decathlon: #10 Men 1500 Meter Run Senior

	Name	Age	Team	Finals
Heat 1				
1	405 Gert Swanepoel	24	Acnw	4:30.21
2	629 Mihan Roos	37	Aswd	4:38.60
3	410 Lee Van Den Berg	21	Acnw	4:47.82
4	441 Nardus Greyling	24	Afs	4:55.85
5	467 JC Van Biljon	20	Afs	5:12.56
6	579 Duncan McGladdery	21	Agn-I	5:25.20
7	366 Brandon Barnard	22	Acnw	5:25.60

Event 132 Women 4x100 Meter Relay Senior

SA Senior: 43.25 R 2000

Team South African, Pietersburg

W Hartman, D Moropane, S Holtshauzen, H Seyerling

	Team	Relay	Finals
Heat 1			
1	Agn-I	B	45.96
	1) 573 Stacey Welsch 21	2) 565 Adri Schoeman 45	3) 557 Simone Du Plooy 19 4) 561 Chereese Jones 30
2	Agn	A	46.26
	1) 484 Carina Etsebeth 25	2) 499 Margaret Olwoch 24	3) 487 Claudia Heunis 26 4) 489 Carina Horn 26
3	Agn-I	A	46.35
	1) 560 Claudine Jansen Van Rensburg 26	2) 567 Juliette Speek 23	3) 562 Soandri Meyer 27 4) 568 Welme Van Zyl 27
4	Bola	A	46.41

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1) 7 Luca Hartman 17 2) 8 Robyn Haupt 19 3) 12 Gezelle Magerman 18 4) 9 Illse Hayes 30

5 Wpa A 47.52
 1) 244 Janke Van Wyk 18 2) 243 Sonja Van Der Merwe 23 3) 227 Alice Adeolu 19) 242 Tamzin Thomas 18

6 Cga A 47.88
 1) 76 Leana Du Toit 29 2) 72 Zinzi Chabangu 19 3) 67 Helga-Wendy Bensusan 21) 93 Patience Ntshingila 26

Event 133 Men 4x100 Meter Relay Senior

SA Senior: 38.47 R 2001

SA National Team, Edmonton

M Nagel, C du Plessis, LR Newton, M Quinn

Team	Relay	Finals
Heat 1		
1 Wpa	A	39.66
1) 246 Antonio Alkana 25	2) 247 Kyle Appel 17	3) 253 Roscoe Engel 26
4) 271 Brent Stevens 25		
2 Agn-I	B	40.54
1) 590 Eckhard Rossouw 19	2) 577 Llewellyn Kruger 21	3) 580 Keenen Michau 20
4) 575 Emile Erasmus 23		
3 Wpa-I	A	41.47
1) 307 Yusuf Ismail 21	2) 296 Kurt Cameron 22	3) 314 Ethan Nobel 17
4) 300 Jonathan Dreyer 34		
4 Agn-I	A	41.53
1) 596 Walter Ungerer 20	2) 594 Dewald Steyn 22	3) 597 Isak Van Wyk 17
4) 591 Lebakeng Sesele 25		
5 Anwn	A	44.15
1) 615 Lebogang Moeng 26	2) 618 Lebogang Motswenyane 20	3) 619 Molefe Nokwane 21) 623 Koketso Pule 22
6 Cga	A	44.34
1) 177 St John Whindus 24	2) 133 Prince Makgato 23	3) 154 Cuan Powell 18
4) 156 Phineas Ramokgatla 18		

Event 134 Men 5000 Meter Run Senior

SA Senior: 13:14.16 R 1995

Shadrack Hoff, Gateshead

IAAF WC: 13:23.00 Q

Name	Age	Team	Finals
Heat 1			
1 535 Stephen Mokoka	30	Agn	13:11.44 R
2 541 Gladwin Mzazi	27	Agn	13:40.97
3 164 Nzima Sibusiso	29	Cga	13:41.91
4 453 Samuel Matsepe	32	Afs	13:43.00
5 143 Thato Molatedi	24	Cga	14:23.97
6 273 Anthony Timoteus	20	Wpa	14:24.93
7 144 Tumisang Monnatlala	20	Cga	14:27.22
8 149 Duncan Mulaudzi	23	Cga	14:34.73
9 191 Zolani Ngqaqa	26	Epa	14:34.81
9 146 Tumelo Motlagale	29	Cga	14:34.81
11 261 Nkosinathi Madyo	27	Wpa	14:37.12
12 611 Obed Kopong	27	Anwn	14:48.14
13 188 Melikhaya Frans	25	Epa	14:57.87

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14	642 Mfumaneko Fadane	23	Atra	15:06.96
15	370 Lucas Bothobutle	24	Acnw	15:09.90

Heat 1 ... (Event 134 Men 5000 Meter Run Senior)

	Name	Age	Team	Finals
16	641 Khaya Buthele	23	Atra	15:11.44
17	645 Yanga Malusi	18	Atra	15:12.26
18	654 Mongezi Ngobe	18	Atra	15:22.84
19	169 Thato Tsotetsi	20	Cga	15:27.86
20	168 Njabulo Tshabalala	20	Cga	15:31.48
21	612 Goodwill Leburu	25	Anwn	15:47.79
22	624 Sartiel Pule	34	Anwn	15:54.61

Event 135 Women 4x400 Meter Relay Senior

SA Senior: 3:30.12 R 2004

Team South Africa, Brazzaville

S Febbraio, A Schoeman, H Seyerling, E Whitstock

Team	Relay	Finals
Heat 1		
1 Agn	A	3:35.57
1) 498 Anuscha Nice 24	2) 482 Anneri Ebersohn 25	3) 486 Jeanelle Griesel 18
4) 497 Wenda Nel 27		
2 Bola	A	3:40.12
1) 19 Jean-Marie Senekal 23	2) 12 Gezelle Magerman 18	3) 8 Robyn Haupt 19
4) 15 Justine Palframan 22		
3 Wpa	A	3:44.83
1) 236 Rozelle Meier 19	2) 237 Pamela Moyikwa 19	3) 227 Alice Adeolu 19
4) 243 Sonja Van Der Merwe 23		
4 Cga	A	3:46.04
1) 94 Rita Obisi 27	2) 89 Thato Makhafola 21	3) 97 Lebogang Phalula 32
4) 670 Itumaleng Raskhanye 15		

Event 136 Men 4x400 Meter Relay Senior

SA Senior: 2:59.21 R 2011

SA National Team, Daegu

O Pistorius, W de Beer, S Victor, O Magawane

Team	Relay	Finals
Heat 1		
1 Agn	A	3:10.11
1) 509 PC Beneke 25	2) 518 Le Roux Hamman 23	3) 534 Ofentse Mogawane 33
4) 554 LJ Van Zyl 30		
2 Agn-I	A	3:13.55
1) 587 Tapelo Phora 24	2) 589 Koketso Ramasita 23	3) 583 Tshagfatso Mothopa 20
4) 578 Christian Lubbe 21		
3 Afs	A	3:16.12
1) 438 Treasure Derison 23	2) 461 Bennie Prinsloo 20	3) 458 Hannes Naude 25
4) 471 Braam Van Tubbergh 23		
4 Cga	A	3:18.81
1) 124 Larry Lombard 19	2) 713 Mihle Nukwe 23	3) 155 Ivan Prinsloo 18
4) 712 Trevor Maltolose 23		
5 Cga	B	3:19.22
1) 161 Tlou Seloba 30	2) 111 Henk Beukes 25	3) 676 Thato Massamini 19
4) 126 Thabang Mabena 21		
6 Atra	A	3:32.17
1) 647 Sakhumzi Matiso 21	2) 708 Nyhawunyhaw Mgcini 24	3) 651 Thabile Mkhupheni 174)
650 Tshayeki Mdidi 20		