

**ASWD KOF 2017
5KM FUN RUN**

PLACE	ATHLETE NR	NAME	SURNAME	CLUB/SCHOOL	YY	MM	DD	GENDER	TIME
1	109	MACNITA	SAMUELS	KMC	1997	3	15	F	00:15:33.84
2	401	EUSTACE	DANIELS	UNIONDALE HS	1999	2	28	M	00:16:22.40
3	856	KEANU	WELCH	LS HANDHAAF	2005	4	27	M	00:16:38.17
4	919	NOMSA	SAI	KMC	2006	1	16	F	00:16:39.12
5	1013	DENO	BAARTMAN	OUTENIQUA HARRIERS	2002	3	4	M	00:17:12.19
6	280	RENIER	JANSEN	OUTENIQUA HARRIERS	2003	8	18	M	00:17:46.67
7	272	HENDRY	ISAAC	OUTENIQUA HARRIERS	2004	4	29	M	00:17:46.92
8	185	MAXWELL	GERTSE	OUTENIQUA HARRIERS	2003	2	10	M	00:17:51.06
9	1005	EBEN	CONRADIE	CURRO MBAAI	2000	0	0	M	00:17:52.34
10	0	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	00:18:03.91
11	100	SHAHIED	DOUW	KMC	2001	11	9	M	00:18:06.99
12	619	LORENZO	WILTSHIRE	GEORGE HIGH	2003	0	0	M	00:18:11.72
13	513	DEANWILL	MCKELLY	RAINBOW	2004	1	9	M	00:18:16.75
14	1020	AMBER	RAYNERS	BRANDWAG	2001	12	4	F	00:18:24.46
15	397	RAYVEN	SWEMMER	UNIONDALE HS	2001	3	1	M	00:18:29.96
16	914	CAMERON	BOND	KMC	2001	3	5	M	00:18:33.50
17	901	JOSHUA	GOUWS	FRAMESBY HS	2000	11	14	M	00:18:35.46
18	457	BERBETO	JANSEN	NEDBANK	2003	8	18	M	00:18:37.08
19	909	DAMIAN	ADONIC	KMC	2000	7	31	M	00:18:40.39
20	351	FRANCOIS	LOUIS	RAINBOW	2001	11	29	M	00:18:41.22
21	900	JURGEN	BORMAN	FRAMESBY HS	2002	5	24	M	00:18:45.30
22	1021	GARREN	ERASMUS	BRANDWAG	1998	11	7	M	00:19:04.05
23	1011	ELVIS	VAN NIEKERK	OUTENIQUA HARRIERS	2000	7	26	M	00:19:12.99
24	994	VIRGELL-LEE	AFRICA	MATIES	2003	8	21	F	00:19:25.19
25	923	ANTONIC	OELF	KMC	2002	1	19	M	00:19:28.83
26	897	IP	VAN DER MERWE	FRAMESBY HS	2002	6	2	M	00:19:32.40
27	266	EUGENE	NOORMAN	OUTENIQUA HARRIERS	2005	1	11	M	00:19:33.29
28	1012	CHRISTOPHER	WILLIAMS	OUTENIQUA HARRIERS	2002	2	13	M	00:19:41.74
29	1006	ADRIAAN	FOURIE	CURRO MBAAI	2002	8	15	M	00:19:45.60
30	574	JC	FARMER	NEDBANK	2003	5	15	M	00:19:47.91
31	994	VIRGELL-LEE	AFRICA	MATIES	2003	8	21	F	00:19:49.82
32	1022	VINCENT	ENGELBRECHT	BRANDWAG	2001	3	29	M	00:19:53.05
33	916	JASON	WABANIE	KMC	2001	3	20	M	00:19:57.33
34	1014	TIMOTHEUS	MARKGRAAFF	OUTENIQUA HARRIERS	2002	1	8	M	00:20:05.76
35	992	RONELDA	VELEM	MATIES	2000	4	27	F	00:20:08.35
36	528	SHALANDA	BERGMAN	NEDBANK	2003	4	6	F	00:20:10.43
37	525	STEPHANY	PETRO	NEDBANK	2002	3	20	F	00:20:12.24
38	628	SHELVINO	CHIPPS	OUTENIQUA HARRIERS	2005	5	2	M	00:20:17.84
39	216	CHRISTOLENE	GOEIJMAN	ROSEMOOR PS	2006	2	16	F	00:20:18.38
40	989	ETHAN	DU PLESSIS	KMC	2002	8	19	M	00:20:35.07
41	633	APHIWE	BLAAUW	OUTENIQUA HARRIERS	0	0	0	0	00:20:40.82
42	1023	PICASSO	LANGHTREY	NEDBANK	2001	6	27	M	00:20:47.68
43	996	TSEPIISO	LEBOUANA	MATIES	2003	4	1	F	00:20:49.62
44	366	FRANWILL	FRAZENBERG	ST MARY'S PRIM	2005	3	22	M	00:20:51.60
45	261	SHAFIEKA	DU PREEZ	OUTENIQUA HARRIERS	2006	7	11	F	00:20:53.59
46	990	VIRNITA	AFRICA	MATIES	2001	8	27	F	00:21:00.12
47	899	WENAN	SMITH	FRAMESBY HS	2003	10	1	M	00:21:02.17
48	1024	MORNE	VAN DER BERG	BRANDWAG	2004	4	15	M	00:21:04.20
49	936	SINETHEMBO	JACOBS	KMC	2002	2	5	M	00:21:04.26
50	1025	EMIEL	ERASMUS	BRANDWAG	2001	2	19	M	00:21:12.14
51	381	KEAGAN	BENNIE	SUNRIDGE PS	2007	3	23	M	00:21:24.23
52	699	ENRICO	VOSTER	CONVILLE	2004	2	11	M	00:21:27.35
53	256	JARCO	RUITERS	OUTENIQUA HARRIERS	2006	10	18	M	00:21:30.65
54	834	DARRYL	SOLOMONS	NEDBANK	2000	2	7	M	00:21:30.96
55	277	MISHKA	DU PREEZ	OUTENIQUA HARRIERS	2004	8	13	F	00:21:35.40
56	1026	JASON	QUINE	FRAAISIG PS	2006	12	27	M	00:21:37.62
57	850	JACOBUS	VAN STRAATEN	LS HANDHAAF	2005	7	26	M	00:21:40.84
58	97	CHADLIN	KOEN	KMC	2003	10	17	M	00:21:45.12
59	459	JAN	VISAGIE	WABOOMSKRAAL NEDBANK	2005	3	22	M	00:21:45.43
60	617	LETITIA	VAN TONDER	GEORGE HIGH	2000	0	0	F	00:21:48.82
61	104	MOSULI	PLAATJIE	KMC	2000	9	2	M	00:21:57.68
62	88	LUXABISO	NTYOTA	KMC	2007	6	15	M	00:22:00.15
63	274	RICHARD	BREDENKAMP	OUTENIQUA HARRIERS	2004	1	30	M	00:22:00.48
64	1027	GAIRONIESA	SMITH	BRANDWAG	2001	5	7	F	00:22:04.01
65	603	DENILSON	PRINS	ST PAUL'S PS	2006	6	1	M	00:22:06.42

66	258	JASON	GOEIEMAN	OUTENIQUA HARRIERS	2006	10	15	M	00:22:08.81
67	98	MIHLALI	SANDLO	KMC	2003	6	30	M	00:22:11.22
68	884	LARA	DE BLOE	FRAMESBY HS	2001	10	9	F	00:22:11.59
69	219	ROMANO	MANUS	ROSEMOOR PS	2003	4	11	M	00:22:14.04
70	249	UMALIEN	KLEINHANS	OUTENIQUA HARRIERS	2007	12	30	M	00:22:14.68
71	464	DINAYSHA	PAULSEN	WABOOMSKRAAL NEDBANK	2006	10	22	F	00:22:17.19
72	524	ABIGAIL	NELSON	NEDBANK	2003	4	28	F	00:22:17.22
73	995	VERONIQUE	VISAGIE	MATIES	2003	7	15	F	00:22:17.67
74	1028	DENISE	BUYS	WATERKLOOF	2003	7	31	F	00:22:18.65
75	89	AKHANYA	KLAAS	KMC	2006	7	4	M	00:22:22.62
76	973	DEALON	FREDERICKS	FRAAISIG PS	2003	2	26	M	00:22:23.47
77	385	MUZAYNE	ENNES	SUNRIDGE PS	2001	8	10	M	00:22:23.87
78	706	MARSHALL	LOURENS	CONVILLE	2003	1	7	M	00:22:24.25
79	892	JADEN	TERBLANCHE	FRAMESBY HS	2001	3	19	M	00:22:24.94
80	697	ADRIANO	JACOBS	CONVILLE	2004	5	18	M	00:22:27.62
81	999	MICHAID	BOTHA	MATIES	2003	7	23	F	00:22:30.34
82	257	YULIN	ARMOED	OUTENIQUA HARRIERS	2006	7	17	M	00:22:33.34
83	980	VERONIQUE	JAKOBS	MATIES	1995	6	3	F	00:22:34.34
84	78	VINCENT	FIGELAND	WABOOMSKRAAL NEDBANK	2007	4	8	M	00:22:38.58
85	361	SIPHOSETHU	FANTESO	ST MARY'S PRIM	2007	3	10	M	00:22:42.72
86	967	CAMERON	WILDEMAN	FRAAISIG PS	2004	4	8	M	00:22:45.56
87	268	DINO	ABRAMS	OUTENIQUA HARRIERS	2005	8	27	M	00:22:49.41
88	290	JAVANO	MANUAL	ROSEMOOR PS	2001	8	12	M	00:22:52.76
89	251	GLADMAN	GOEIEMAN	OUTENIQUA HARRIERS	2007	9	2	M	00:23:00.52
90	90	AMOS	MOLIZANE	KMC	2006	9	10	M	00:23:03.42
91	705	WAYDEN	ALEXANDER	CONVILLE	2003	5	7	M	00:23:08.02
92	1029	DE WET	WESTRAADT	BRANDWAG	2001	5	9	M	00:23:15.05
93	651	ARONCIYA	KOONTEIE	BFW DRAWWERS	2010	3	30	F	00:23:15.81
94	105	KYLE	LINGERVELD	KMC	2000	9	27	M	00:23:16.27
95	998	KATE-LYN	JJOSEPH	MATIES	2002	12	20	F	00:23:19.25
96	895	KYLE	HEUNIS	FRAMESBY HS	2002	9	20	M	00:23:22.27
97	242	KEENEN	GOLIATH	OUTENIQUA HARRIERS	2008	2	10	M	00:23:29.36
98	1	CHRISTOPHER	BLAAUW	DELLVILLE PARK PRIM	2008	12	24	M	00:23:30.38
99	241	BENITO	SWARTZ	OUTENIQUA HARRIERS	2008	3	17	M	00:23:35.36
100	964	RYAN	VAN REENEN	FRAAISIG PS	2005	5	7	M	00:23:35.95
101	460	AJ	JANSEN	WABOOMSKRAAL-NEDBANK	2009	12	29	M	00:23:42.06
102	915	CRESWIN	RUITERS	KMC	2001	2	4	M	00:23:45.56
103	886	CHANE	PETZER	FRAMESBY HS	1999	8	23	F	00:24:01.69
104	1030	JUMONDRE	NOVEMBER	FRAAISIG PS	2006	2	21	M	00:24:04.86
105	179	LUTHER	BLAAUW	NEDBANK	2003	8	20	M	00:24:04.88
106	622	JEANNO	CUBIE	GEORGE HIGH	2001	0	0	M	00:24:05.07
107	729	JONATHAN	ABRAHAMS	WABOOMSKRAAL NEDBANK	2007	2	10	M	00:24:14.66
108	605	CURLIN	KIEWIETS	ST PAUL'S PS	2005	5	22	M	00:24:17.91
109	1031	DONALD	NEL	LS HANDHAAF	0	0	0	M	00:24:21.19
110	1032	MANUS	MACLEOD	LS HANDHAAF	1993	1	16	M	00:24:21.19
111	1033	DAMON	KRUGER	BRANDWAG	1999	4	13	M	00:24:21.22
112	367	ADINE	MEYER	ST MARY'S PRIM	2006	5	29	M	00:24:21.72
113	853	MARC	VAN BREDA	LS HANDHAAF	2004	3	5	M	00:24:25.96
114	429	ZOEY	LAMONT	NEDBANK	2004	5	5	F	00:24:26.68
115	941	APHELELE	MADOLO	KMC	2005	8	5	M	00:24:32.21
116	730	WILTON	JOHNSON	WABOOMSKRAAL NEDBANK	2007	2	3	M	00:24:35.64
117	563	JADRE-ANN	HUMAN	GEORGE HIGH	2003	6	23	F	00:24:35.64
118	213	MISHKA	PRINS	ROSEMOOR PS	2004	7	27	F	00:24:35.66
119	463	GERALDO	ISAACKS	WABOOMSKRAAL NEDBANK	2006	6	30	M	00:24:35.99
120	846	GERHARD	FERREIRA	LS HANDHAAF	2005	6	27	M	00:24:39.44
121	851	MIHANDRI	VAN STRAATEN	LS HANDHAAF	2008	2	5	F	00:24:39.90
122	292	SANTIAGO	JORDAAN	ROSEMOOR PS	2007	6	3	M	00:24:40.13
123	259	CHRISTOF	MOOLMAN	OUTENIQUA HARRIERS	2006	4	28	M	00:24:40.94
124	63	JENOVAN	RUITERS	OUTENIQUA HARRIERS	2010	4	20	M	00:24:44.54
125	358	KURT	BOTHA	ST MARY'S PRIM	2007	4	17	M	00:24:49.40
126	521	XAVAIRES	TEKANA	NEDBANK RC	2007	4	23	F	00:24:53.04
127	857	WYATTE	JANSEN	LS HANDHAAF	2006	11	1	M	00:24:53.05
128	522	CHARLIE	TEKANA	OUTENIQUA HARRIERS	1976	5	10	M	00:24:53.71
129	982	LLEWELLYN	PIENAAR	ROSEMOOR PS	2005	8	22	M	00:24:57.36
130	684	WILLIAM	STOFFELS	VOLMOED	2000	2	20	M	00:25:04.93
131	856	KEANU	WELCH	LS HANDHAAF	2005	4	27	M	00:25:05.91
132	365	CURLIN	ELBRUGHT	ST MARY'S PRIM	2003	4	11	M	00:25:09.65
133	896	HEIN	SCHNETTER	FRAMESBY HS	2002	8	13	M	00:25:09.66
134	522	CHARLIE	TEKANA	OUTENIQUA HARRIERS	1976	5	10	M	00:25:14.96
135	197	ANTONIO	FARMER	NEDBANK	2000	12	21	M	00:25:18.79

136	849	JANCO	LANDMAN	LS HANDHAAF	2008	10	9	M	00:25:18.80
137	861	KARI	NEL	FRAMESBY HS	2002	2	29	F	00:25:18.80
138	630	CHITTO	SQUIRE	OUTENIQUA HARRIERS	0	0	0	0	00:25:22.68
139	888	MARTIN	BOSCH	FRAMESBY HS	0	10	20	M	00:25:26.57
140	698	CERJIA	AMERICA	CONVILLE	2004	5	30	M	00:25:30.48
141	965	RONALDINO	HUNTER	FRAAISIG PS	2006	4	11	M	00:25:30.48
142	65	MEQUIN	SWARTBOOI	OUTENIQUA HARRIERS	2008	10	23	M	00:25:34.40
143	632	EBRAHIM	BORCHARDS	OUTENIQUA HARRIERS	0	0	0	M	00:25:45.51
144	1035	LEE-ANN	ERASMUS	BRANDWAG	2002	1	8	F	00:25:46.35
145	939	ASANGA	MKWLASE	KMC	2006	12	20	M	00:25:52.10
146	858	BIANCA	BRITS	FRAMESBY HS	2002	8	27	F	00:25:56.12
147	859	KAY-LEIGH	VAN TONDER	FRAMESBY HS	2003	8	30	F	00:25:56.12
148	368	FAIZEL	FLEMMER	ST MARY'S PRIM	2004	2	26	M	00:25:56.12
149	1034	TRICIA	BUYS	0	1968	12	10	F	00:26:26.54
150	462	JERVURGO	MELOUW	WABOOMSKRAAL NEDBANK	0	0	0	M	00:26:30.65
151	359	ASHLEY	SCOTT	ST MARY'S PRIM	2007	12	6	M	00:26:30.65
152	887	JANNO	AGENBY	FRAMESBY HS	2000	2	12	M	00:26:30.65
153	893	CHAD	VAN RENSBURG	FRAMESBY HS	2000	8	15	M	00:26:34.84
154	938	YOMBELA	MABAMGULA	KMC	0	0	0	0	00:26:34.85
155	953	NCIYA	CHULUMARO	KMC	2005	2	6	M	00:26:40.89
156	226	ETHAN	GWANIE	OUTENIQUA HARRIERS	2009	6	12	M	00:26:45.09
157	149	CANDICE	VAN BEULEN	NEDBANK	2000	3	13	F	00:26:45.09
158	379	RAKISHA	STEVENS	SUNRIDGE PS	2008	1	16	F	00:26:45.10
159	192	ROCCO	CALITZ	CURRO MBAY	2006	9	5	M	00:26:51.04
160	710	CHRISTIANO	SECONDS	ST MARY'S PRIM	2006	3	26	M	00:26:55.37
161	1035	LEE-ANN	ERASMUS	BRANDWAG	2002	1	8	F	00:26:56.28
162	360	ASHLIN	SCOTT	ST MARY'S PRIM	2007	12	6	M	00:27:04.70
163	751	MARQUIN	MATTHYS	SUNRIDGE PS	2004	4	6	M	00:27:09.06
164	232	SHAUNIQUE	JACOBS	OUTENIQUA HARRIERS	2009	3	4	F	00:27:13.45
165	646	BEYAUNTE	GOLIATH	VOLMOED	2006	2	11	F	00:27:17.86
166	1037	SUNELL	MANUAL	NEDBANK	2003	12	14	F	00:27:22.26
167	378	DESMONIQUE	JUMAT	SUNRIDGE PS	2008	10	24	F	00:27:22.26
168	792	VOLITHA	OLIVIER	VOLMOED PS	2002	0	0	F	00:27:26.76
169	966	JAYDEN	JACOBS	FRAAISIG PS	2005	5	4	M	00:27:26.76
170	758	MIKHAIL	CORNELIUS	SUNRIDGE PS	2003	7	12	M	00:27:31.28
171	883	SHENE	DELPORT	FRAMESBY HS	1999	4	26	F	00:27:31.28
172	764	JUSTINE	OLIVIER	SUNRIDGE PS	2007	2	5	F	00:27:31.28
173	894	CHARNE	SMITH	FRAMESBY HS	2003	7	27	F	00:27:31.29
174	1038	JONATHAN	KITCHING	D.S.HIGH	2001	3	20	M	00:27:35.87
175	1039	FEBE	BAARTMAN	BRANDWAG	2003	7	7	F	00:27:40.50
176	1040	VERONIQUE	SCHOLTZ	ALBERTYN	2005	12	22	F	00:27:40.50
177	786	TAMMY-LEE	BEUKES	VOLMOED PS	2002	0	0	F	00:27:40.50
178	1047	STEWARD	VAN VUUREN	NEDBANK	2006	8	20	M	00:27:55.97
179	855	CAITLIN	ROHL	LS HANDHAAF	2004	10	8	F	00:28:06.39
180	1042	HAYDEN	BOOYSEN	NEDBANK	2007	12	30	M	00:28:11.09
181	649	SUVEENA	ARRIES	VOLMOED	2004	8	5	F	00:28:15.83
182	606	SUANANE	KLAASTE	ST PAUL'S PS	2007	4	2	F	00:28:15.83
183	248	JADE	PIETERSEN	OUTENIQUA HARRIERS	2007	4	9	M	00:28:20.62
184	847	HEIN	KOTZE	LS HANDHAAF	2006	12	20	M	00:28:21.36
185	285	MAXWELL	BROWN	OUTENIQUA HARRIERS	1998	10	19	M	00:28:26.87
186	604	BRENDONIQUE	MICHAELS	ST PAUL'S PS	2007	2	19	F	00:28:31.70
187	279	DURANDO	AWERIES	OUTENIQUA HARRIERS	2003	7	30	M	00:28:41.31
188	10	DIEGO	APPELS	FRAAISIG PRIM	2007	3	19	M	00:29:03.91
189	272	HENDRY	ISAAC	OUTENIQUA HARRIERS	2004	4	29	M	00:29:15.41
190	783	JAYLIN	RUITERS	VOLMOED PS	2003	0	0	F	00:29:15.74
191	787	MORISHA	CARELSE	VOLMOED PS	2003	0	0	F	00:29:21.02
192	282	LESLEY-ANN	LOUW	OUTENIQUA HARRIERS	2003	4	4	F	00:29:21.33
193	843	ANTONIO	WINDVOGEL	OLYMPIA SCHOOL	2002	1	22	M	00:29:50.13
194	383	RU-CHARN	PETERSEN	SUNRIDGE PS	2005	8	22	M	00:29:55.44
195	734	TEACHWILL	MOWERS	SUNRIDGE PS	2003	11	18	M	00:29:55.69
196	278	BANZA	MICHAELS	OUTENIQUA HARRIERS	2004	10	20	F	00:30:05.68
197	762	JOSHUA	BLAAUW	SUNRIDGE PS	2007	3	23	M	00:30:10.71
198	844	TARRYN	JULIES	NEDBANK	2002	5	21	F	00:30:15.80
199	92	ONA	MKHE	KMC	2005	7	7	M	00:30:21.69
200	943	HLUMELO	PHORE	KMC	2003	12	11	M	00:30:26.80
201	946	LIYABANA	JACOBS	KMC	2008	6	14	M	00:30:26.80
202	91	YONWABISA	MOLO	KMC	2006	5	5	M	00:30:26.82
203	723	LATICHA	SINCLAIR	HORNLEE PRIM	2005	5	22	F	00:30:26.82
204	616	HESTELENE	LOURENS	GEORGE HIGH	2000	0	0	F	00:30:26.82
205	211	GODWIN	HEYNS	NEDBANK	1998	0	0	M	00:30:26.82

206	737	RANDY	MOTHA	SUNRIDGE PS	2006	9	14	M	00:30:32.01
207	372	VIRGINY	WINDWAAI	ST MARY'S PRIM	2006	4	21	F	00:30:37.19
208	842	MATTHEW	BLAAUW	SUNRIDGE PS	2003	9	16	M	00:30:42.43
209	375	JAYDWIN	CLAASEN	SUNRIDGE PS	2006	7	16	M	00:30:42.44
210	944	LELETHU	DICKSON	KMC	2005	3	25	M	00:30:58.40
211	958	JOSLEIGH	IRVING	FRAAISIG PS	2006	3	3	F	00:31:03.68
212	1043	SHENIQUE	LATEGAN	FRAAISIG PS	2007	3	3	F	00:31:11.88
213	891	LENE	SIEBERT	FRAMESBY HS	1999	4	10	F	00:31:17.21
214	889	NICOLE	HILLS	FRAMESBY HS	1999	8	16	F	00:31:17.21
215	890	SHANNON	JACKSON	FRAMESBY HS	1999	7	6	F	00:31:17.21
216	870	BIANCA	EHLERS	FRAMESBY HS	2000	1	7	F	00:31:17.24
217	264	RAYMONDRE	SAMSON	OUTENIQUA HARRIERS	2005	9	21	M	00:31:17.62
218	12	DEVENO	BARNARDO	FRAAISIG PRIM	2007	8	16	M	00:31:23.10
219	860	AMY-LEE	ZEELIE	FRAMESBY HS	2003	9	16	F	00:31:39.06
220	275	SHANE	WEBB	OUTENIQUA HARRIERS	2004	2	4	F	00:31:44.57
221	864	KRISTEN	VILJOEN	FRAMESBY HS	2001	12	3	F	00:31:50.49
222	867	KARLA	SCHEFFER	FRAMESBY HS	2002	7	5	F	00:31:56.04
223	918	JASON	VAN DER WALT	KMC	2000	7	24	M	00:31:56.04
224	972	JAYWIN	JACOBS	FRAAISIG PS	2005	5	4	M	00:31:56.04
225	239	ASHTON	GROOTBOOM	OUTENIQUA HARRIERS	2008	3	29	M	00:32:01.68
226	907	JADEN	INNES	KMC	2000	6	4	F	00:32:01.68
227	276	ELEANOR	BOOYSEN	OUTENIQUA HARRIERS	2004	4	13	F	00:32:01.68
228	1044	SHONNIQUE	SOLOMONS	NEDBANK	2007	9	10	F	00:32:07.37
229	778	VANESHREE	PETERSEN	SUNRIDGE PS	2008	11	4	F	00:32:13.37
230	788	JAMIE-LEE	MCKOMMERING	VOLMOED PS	2002	0	0	F	00:32:19.07
231	1045	CHANTELLE	BARNARD	NEDBANK	2006	2	15	F	00:32:19.25
232	267	RYAN-LEE	VALLENTYN	OUTENIQUA HARRIERS	2005	9	14	M	00:32:25.03
233	263	SHAUNDRE	WEBB	OUTENIQUA HARRIERS	2005	8	20	M	00:32:33.40
234	240	SUELEMAN	VAN HEERDEN	OUTENIQUA HARRIERS	2008	7	14	M	00:32:34.18
235	243	AHMIEN	SMITH	OUTENIQUA HARRIERS	2008	2	23	M	00:32:41.92
236	255	SHEVONNE	GENTLE	OUTENIQUA HARRIERS	2007	10	27	F	00:32:42.20
237	725	JAYSON	MANEWIL	WABOOMSKRAAL NEDBANK	2010	7	6	M	00:32:49.47
238	753	RUZANE	STROEBEL	SUNRIDGE PS	2005	8	27	M	00:33:47.86
239	79	CHADE	MARKGRAAFF	OUTENIQUA HARRIERS	2006	7	20	F	00:33:53.73
240	987	ALISHA	TITUS	VOLMOED	2001	0	0	F	00:34:01.28
241	1046	ZANELE	MSLANE	NEDBANK	2003	8	22	F	00:34:32.71
242	957	JAMIE-LEE	MAY	FRAAISIG PS	2005	11	5	0	00:34:32.99
243	956	MOSHELELE	ALEXANDER	FRAAISIG PS	2006	10	12	F	00:34:38.94
244	8	SHINICA	JACOBS	FRAAISIG	2006	11	7	F	00:34:38.94
245	789	PETULA	MOOS	VOLMOED PS	2003	0	0	F	00:34:44.96
246	426	SHANELLE	SOLOMONS	ST MARY'S PRIM	2003	6	4	F	00:34:44.96
247	854	FERDE	BOTHA	LS HANDHAAF	2008	6	26	M	00:34:50.99
248	852	LEANDER	VAN STADEN	LS HANDHAAF	2005	11	10	M	00:34:50.99
249	1048	SHANE	SOLOMONS	NEDBANK	2007	9	10	F	00:34:57.05
250	863	SONIKA	NEL	FRAMESBY HS	2000	2	16	F	00:35:04.86
251	885	NICOLE	HAMILTON	FRAMESBY HS	2000	11	15	F	00:35:05.11
252	866	SIMONE	DE BOER	FRAMESBY HS	2001	11	15	F	00:35:05.38
253	862	JANI	GULDENHPENNIN	FRAMESBY HS	2000	5	1	F	00:35:13.77
254	1000	INA	BOTES	FRAMESBY HS	2002	21	11	F	00:35:14.04
255	872	LIZE-ME	OTTO	FRAMESBY HS	2001	11	12	F	00:35:30.94
256	871	MARELIZE	SMITH	FRAMESBY HS	2000	9	4	F	00:35:31.27
257	1008	SHERIDENE	BRINK	OUTENIQUA HARRIERS	2009	3	9	F	00:35:37.51
258	922	ATHENKOSI	DIDISHE	KMC	0	0	0	0	00:35:58.07
259	1048	SHANE	SOLOMONS	NEDBANK	2007	9	10	F	00:36:27.62
260	678	JAYLIN	GOLIATH	VOLMOED	2008	6	6	M	00:36:33.99
261	591	MELISSA	LOUW	OUTENIQUA HARRIERS	1999	2	27	F	00:37:44.56
262	949	ALLISON	GOOSEN	KMC	0	0	0	0	00:38:02.84
263	996	TSEPISO	LEBOUANA	MATIES	2003	4	1	F	00:38:28.34
264	614	JAMIE-LEE	JANSEN	GEORGE HIGH	2000	0	0	F	00:38:28.61
265	629	CHIKURU	SQUIRE	OUTENIQUA HARRIERS	0	0	0	0	00:39:12.98
266	253	HILLINY	WITBOOI	OUTENIQUA HARRIERS	2007	5	26	F	00:39:19.47
267	262	ROEKAYDA	ADAMS	OUTENIQUA HARRIERS	2006	3	9	F	00:39:25.94
268	21	LOUW-ANNE	LOURENS	GEORGE HS	2002	9	11	F	00:39:25.95
269	1015	JO-ANN	ARRIES	OUTENIQUA HARRIERS	2002	10	11	F	00:39:25.95
270	970	CHANTE	KLEINBOOI	OUTENIQUA HARRIERS	2003	0	0	0	00:39:36.20
271	270	CHANIK	HILANI	OUTENIQUA HARRIERS	2005	8	16	F	00:39:42.74
272	245	SHERONIQUE	NOORDMAN	OUTENIQUA HARRIERS	2008	7	15	F	00:39:42.75
273	1009	KEYSHA	SWARTZ	OUTENIQUA HARRIERS	2008	7	11	F	00:39:43.27
274	254	LEATICIA	GOLIATH	OUTENIQUA HARRIERS	2007	8	28	F	00:39:49.88
275	210	PHOEBE	CAIRNCROSS	OUTENIQUA HARRIERS	2008	2	10	F	00:39:58.28

276	968	STEPHANIE	STRYDOM	OUTENIQUA HARRIERS	2007	5	22	F	00:40:04.96
277	969	ELMODINE	ADAMS	OUTENIQUA HARRIERS	2007	8	19	F	00:40:15.46
278	1010	NEZEEN	ADAMS	OUTENIQUA HARRIERS	2009	11	19	F	00:40:15.89
279	1007	RUWAYDA	GROOTBOOM	OUTENIQUA HARRIERS	2008	4	26	F	00:40:42.75
280	635	LU-CRECIA	VAN GREUNEN	OUTENIQUA HARRIERS	0	0	0	F	DNF