

**RACE 3 : Girls 11 (2007) and Boys 11 (2007) & Boys 17 (2001) and Boys 16 (2002) &
GIRLS 19 (1999, 2000) & Women (30yrs – 90+ yrs) & BOYS 19 (1999, 2000) & Men 60+ yrs**

POS	ATHLETE NR	NAME	SURNAME	CLUB/ SCHOOL	YY	MM	DD	GENDER	TIME
1	358	KURT	BOTHA	ST MARY'S PRIM	2007	4	2	M	10:52
2	470	VAUGHAN	GROBBELAAR	VOORWAARTS PRIM	2006	11	2	M	11:13
3	580	ZAYLYNN	RUITERS	RAINBOW	2007	10	2	M	11:22
4	559	JOWAYNE	BUSCH	PANORAMA HESSEQUA	2007	12	29	M	11:45
5	80	SAMMOLEE	JACOBS	HESSEQUA	2004	2	30	M	11:53
6	581	SHARIEF	OOSTHUIZEN	PANORAMA PS	2007	1	30	M	12:00
7	582	MIQUEL	BARNARDO	NEDBANK	2007	1	2	M	12:01
8	586	LIAN	OTTO	HARTENBOS DRAWWERS	2007	6	2	M	12:01
9	585	THINUS	ERASMUS	NEDBANK	2007	6	2	M	12:07
10	253	HILLINY	WITBOOI	HEIDEDAL PS	2007	5	29	F	12:09
11	555	NOLENE	PIETERSEN	PANORAMA PS	2007	5	2	F	12:11
12	249	UMALIEN	KLEINHANS	OUTENIQUA HARRIERS	2007	12	2	M	12:26
13		#N/A	#N/A	#N/A	#N/A	#N/A	###	#N/A	12:28
14	521	XAVAIREA	TEKANA	NEDBANK RC	2007	4	2	F	12:30
15	250	JULIANO	SOLOMONS	OUTENIQUA HARRIERS	2007	1	29	M	12:31
16	584	MATHWILL	HUMAN	HEIDEDAL PS	2007	5	2	M	12:35
17	730	WILTON	JOHNSON	WABOOMSKRAAL NEDBANK	2007	2	2	M	13:16
18	589	LUCIANO	VAN WYK	VOORWAARTS PS	2007	8	2	M	13:27
19	1177	RUALLE	LOFF	OH	2007	0	30	M	13:27
20	321	JOZE	MAY	OH	2007	9	29	M	13:31
21	254	LEATICIA	GOLIATH	HEIDEDAL PS	2007	8	2	F	13:32
22	651	JAN JOHAN	PFUFF	VOLSCHENK PS	2007	3	29	M	13:32
23	1178	DONELLE	JANSEN	MOSSELBAY HARRIERS	2007	6	13	M	13:40
24	322	KEAGAN	PRINS	VOLSCHENK	2007	4	2	M	14:16
25	324	HENRIQUE	CUPIDO	VOORWAARTS PRIM	2007	12	29	M	14:19
26	404	SANEL	ENGELBRECHT	VOLSCHENK	2007	9	30	F	14:28
27	1023	BRENDAN	KASANYA	SEDGEFIELD STRIDERS	2007	10	###	M	14:32
28	1024	PREVIN	JANTJIES	SEDGEFIELD STRIDERS	2007	5	30	M	14:36
29	323	RASHEAN	STANDER	OH	2007	3	30	M	15:03
30	328	JOSWIN	BLAAUW	WABOOMSKRAAL NEDBANK	2007	4	29	M	15:04
31	326	NICHAELA	PLAATJIES	WABOOMSKRAAL NEDBANK	2007	9	2	F	15:06
32	327	GRANWILL	KLAAS	OH	2007	7	2	M	15:47
33	329	XAVIER	KOERIES	OH	2007	2	2	M	16:20
34	333	TASHNEY	SWARTS	OH	2007	10	2	F	16:21
35	330	HEIDI	MUIR	VOLSCHENK PS	2007	11	29	F	16:21
36	332	GRANT	OLIPHANT	OH	2007	10	2	M	16:32
37	334	ALEXIS	AYFORD	OH	2007	9	###	F	16:47
38	450	ANALIE	HEYNS	LANGEBERG	1971	9	###	F	17:28
39	517	CHANTELL	BARKHUIZEN	HARTENBOS DRAWWERS	1980	2	13	F	19:34
40	111	ZEVIAN	LE ROUX	GERRIT DU PLESSIS	2001	2	2	M	20:47
41	350	DEOLIN	SAMPSON	RAINBOW	2001	9	13	M	21:06
42	347	RUBEN	GEDULD	RAINBOW	2002	2	30	M	21:14
43	348	DENO	BAARTMAN	RAINBOW	2002	3	13	M	21:35
44	622	JEANNO	CUBIE	GEORGE HIGH	2001	0	29	M	21:42
45	188	CHRISTOPHER	WILLIAMS	NEDBANK	2002	2	13	M	21:46
46	1041	SHARON	LOSPER	NEDBANK	1964	9	30	F	21:53
47	1029	CAMRYN	STEYN	MOSSELBAY HARRIERS	2001	8	1	M	22:10
48	233	MAXI-LEE	PEDRO	GERRIT DU PLESSIS	2001	6	2	M	22:45
49	351	FRANCOIS	LOUIS	RAINBOW	2001	11	7	M	22:48
50	1034	TRISTON	STEYN	MOSSELBAY HARRIERS	2001	8	2	M	22:59
51	31	ANVILLE	PRESENTS	GERRIT DU PLESSIS HS	2001	6	###	M	23:08
52	397	RAYVEN	SWEMMER	UNIONDALE HS	2001	3	30	M	23:20
53	1033	ROMANO	WINDVOGEL	HESSEQUA	2001	7	30	M	23:27

54	70	LLEWELLYN	VILJOEN	HARTENBOS DRAWWERS	2002	4	2	M	23:43
55	398	RICARDO	LINDOOR	UNIONDALE HS	2001	6	30	M	23:45
56	190	TIMOTHEUS	MARKGRAAFF	NEDBANK	2002	1	2	M	24,46
57	620	BREYTON	RUST	GEORGE HIGH	2002	0	###	M	24,56
58	993	SIPHOSETHU	MPILA	NEDBANK RC	2001	2	30	M	25,01
59	1030	YONGAMA	NGAVU	NEDBANK RC	2002	10	2	M	25,03
60	252	FAGAN	POCKPAS	GERRIT DU PLESSIS	2001	9	7	M	25,07
61	1179	MARCELINO	JACOBS	CAPE MULTI SPORT	2001	0	2	M	25,10
62	149	CANDICE	VAN BEULEN	NEDBANK	2000	3	13	F	25,45
63	33	JULIAN	CLAASEN	GERRIT DU PLESSIS HS	2001	8	29	M	25,50
64	552	BRITNEY-ANN	MEYER	NEDBANK	2000	10	###	F	26,49
65	355	SIDWELL	OKTOBER	RAINBOW AC	1958	4	30	M	26,57
66	654	PATRICK	RAWLINS	OUTENIQUA HARRIERS	1957	6	2	M	27,34
67	288	JADRIAN	GOEDA	HAARLEM	2000	7	29	M	27,42
68	284	CHRISTIAAN	LINGERVELD	NEDBANK	1999	1	13	M	28,19
69	151	WAYDEN	KOMBELA	GERRIT DU PLESSIS	2000	2	2	M	28,47
70	617	LETITIA	VAN TONDER	GEORGE HIGH	2000	0	2	F	29,01
71	401	EUSTACE	DANIELS	UNIONDALE HS	1999	2	7	M	29,45
72	671	CLAUDIO	ABRAHAMS	HAARLEM	1999	10	13	M	30,36
73	1180	SHANNON	ISAACS	HAARLEM	2001	8	30	M	30,42
74	672	TREVOR	VAN RENSBURG	SEDGEFIELD STRIDERS	1952	8	2	M	31,42
75	290	JAVANO	MANUAL	NEDBANK	2001	8	29	M	31,57
76	673	DENOVIN	GEDULD	OUTENIQUA HARRIERS	1999	11	13	M	32,15
77	675	EBEN	CONRADIE	HARTENBOS DRAWWERS	2000	12	13	M	36,55
78	1181	NAZEEM	BORCHIEDS	HS UNIONDALE	2000	8	2	M	38,10
79	1182	SHANE	ALEXANDER	HAARLEM	1999	8	30	M	
80	211	GODWIN	HEYNS	NEDBANK		0	0	2	M
81	677	ALLENTHINO	KLEYNHANS	NEDBANK	1998	4	###	M	
82	669	SELWYN	MATTHEWS	NEDBANK	1998	8	30	M	
83	679	ELDOWAYNE	VAN TONDER		0	1996	8	13	M
84	285	MAXWELL	BROWN	NEDBANK		1998	10	2	M
85	615	JAZMIN	BAILEY	GEORGE HIGH		2000	0	29	F
86	680	ZENONICIA	BOOISE		0	2001	5	2	F

RACE 4 : Girls 17 (2001) & Senior (Open) Men & Senior (Open) Women & Men 30 – 59 yrs

POS	ATHLETE NR	NAME	SURNAME	CLUB/ SCHOOL	YY	MM	DD	GENDER	TIME
1	593	WOUTER	FRAZENBERG	OUTENIQUA HARRIERS	1977	8	2	M	13,10
2	594	JULIUS	KORKEE	NEDBANK	1984	10	29	M	13,30
3	4	ELRICK	SPIERS	COASTLINE AC	1963	8	13	M	14,19
4	6	SAMUEL	WINDVOGEL	OUTENIQUA HARRIERS	1963	4	30	M	14,45
5	991	LOUIS	PLAATJIES	SEDGEFIELD STRIDERS	1975	3	2	M	15,53
6	5	FREDDIE	BOOYSEN	KMC	1970	6	7	M	19,17
7	286	DONOVAN	JANTJIES	NEDBANK	1996	7	13	M	20,44
8	1068	AWONKE	KENANE	KMC	1998	3	###	M	29,41
9	1183	MICHAEL	THOAS	MOSSELBAY HARRIERS		0	0	2	M
10	595	ELTON	BOTHA	KMC	1993	1	13	M	34,44
11	1184	JACOB	KARELSE	MOSSELBAY HARRIERS	1958	9	29	M	34,46

RACE 5 : Girls 12 (2006) and Boys 12 (2006) & Girls 13 (2005)

POS	ATHLETE NR	NAME	SURNAME	CLUB/ SCHOOL	YY	MM	DD	GENDER	TIME
1	9	BEON	PRINS	PANORAMA HESSEQUA	2006	7	###	M	11,08
2	10	BRADCIO	BREDENKAMP	NEDBANK	2006	11	###	M	11,10
3	256	JARCO	RUITERS	HEIDEDAL PS	2006	10	29	M	11,13
4	11	MARC-COLLIN	SWARTS	PARKDENE PS	2006	5	2	M	11,19
5	12	JORDAN	CUBIE	COASTLINE AC	2006	5	29	M	11,48

RACE 6 : Boys 14 (2004) and Girls 14 (2004) & Boys 13 (2005) & Girls 15 (2003) and Girls 16 (2002) & Boys

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POS	ATHLETE NR	NAME	SURNAME	CLUB/ SCHOOL	YY	MM	DD	GENDER	TIME
1	272	HENDRY	ISAAC	NEDBANK	2004	4	29	M	13,29
2	273	GEMALY	MICHAELS	NEDBANK	2004	10	2	M	14,15
3	178	RAYMONDO	HARRIS	OUTENIQUA HARRIERS	2004	6	30	M	14,20
4	513	DEANWILL	OKTOBER	RAINBOW	2004	1	13	M	14,23
5	263	SHAUNDRE	WEBB	HEIDEDAL PS	2005	8	30	M	14,36
6	264	RAYMONDRE	SAMSON	HEIDEDAL PS	2005	9	30	M	14,45
7	724	MICHIEL	HEYNS	VOLSCHENK PS	2004	10	2	M	14,55
8	266	EUGENE	NOORMAN	HEIDEDAL PS	2005	1	7	M	14,55
9	366	FRANWILL	FRAZENBERG	ST MARY'S PRIM	2005	3	7	M	14,59
10	377	JABEZ	LAWENS	OUTENIQUA HARRIERS	2004	1	29	M	15,03
11	267	RYAN-LEE	VALLENTYN	HEIDEDAL PS	2005	9	30	M	15,10
12	308	GERSHWIN	FIELIES	PANORAMA HESSEQUA	2004	6	2	M	15,11
13	265	SHADIAN	BOTHA	HEIDEDAL PS	2005	5	30	M	15,12
14	723	AMERON	KONA	GERRIT DU PLESSIS	2004	6	###	M	15,38
15	68	HJ	NELL	HARTENBOS DRAWWERS	2005	1	29	M	15,38
16	832	DEMUS	DE REUCK	PARKDENE PS	2003	10	13	M	15,39
17	379	LUCIANO	STUURMAN		2004	7	2	M	15,56
18	380	BYRON	JACOBS	PARKDENE PS	2005	11	1	M	16,04
19	459	JAN	VISAGIE	WABOOMSKRAAL NEDBANK	2005	3	29	M	16,06
20	1190	FRANKLIN	SAAYMAN	PANORAMA PS	2004	11	7	M	16,10
21	413	SAMMOLINO	JACOBS	VOORWAARTS PRIM	2007	8	30	M	16,18
22	129	ALJEANDRO	MAFUTU	KPSSU	2005	3	###	M	16,22
23	1191	JOHN-REAGAN	ARNOLDUS	OKER PS	2004	6	29	M	16,25
24	274	RICHARD	BREDENKAMP	NEDBANK	2004	1	30	M	16,26
25	382	JEROME	KIEWIET	PANORAMA	2005	7	29	M	16,35
26	309	SHANNON	PIETERSE	PANORAMA HESSEQUA	2004	7	30	F	16,35
27	300	JOHANDRE	ADAMS	PANORAMA HESSEQUA	2005	6	29	M	17,05
28	368	FAIZEL	FLEMMER	ST MARY'S PRIM	2004	2	7	M	17,06
29	389	WAYDEN	MARAIS	PARKDENE PS	2004	4	2	M	17,07
30	386	BYRON	PIETERSEN	PARKDENE PS	2005	12	1	M	17,09
31	391	JUNAUD	LOUW	PANORAMA	2005	8	29	M	17,20
32	393	LESLEY-ANN	SPOGTER	NEDBANK	2003	9	2	F	17,24
33	447	SHAUN	UITHALER	COASTLINE AC	2005	8	30	M	17,26
34	410	CLYDE	PRINS	VOLSCHENK PS	2005	5	13	M	17,27
35	443	LEVINO	GOLIATH	PARKDENE PS	2005	2	2	M	17,30
36	1195	ERNEST	MAKOLOKA	IMEKHAYA PS	2005	8	13	M	17,46
37	474	BENEDICT	LAVERLOT	GERRIT DU PLESSIS	2004	6	###	M	17,47
38	173	MICHAYLA	PIETERSE	PANORAMA HESSEQUA	2004	3	2	F	17,48
39	446	BILLYARD	BOESAK	PARKDENE PS	2004	3	###	M	17,49
40	213	MISHKA	PRINS	NEDBANK	2004	7	2	F	17,51
41	1196	ZANDRE	ARENDSE	MOSSELBAY HARRIERS	2003	1	2	M	18,10
42	1197	AVUYISLE	WILLIAMS	IMEKHAYA PS	2005	6	###	M	18,11
43	337	NIGEL	LE GRANGE	OH	2005	8	2	M	18,23
44	277	MISHKA	DU PREEZ	NEDBANK	2004	8	2	F	19,44
45	833	BENEDICT	DU PLESSIS	PARKDENE PS	2004	7	###	M	20,05
46	434	URSULA	VAN BEULEN	OUTENIQUA HARRIERS	2004	10	2	F	20,22
47	477	NOLEEN	RUDOLF	PANORAMA	2004	2	2	F	20,59
48		#N/A	#N/A	#N/A	#N/A	#N/A	###	#N/A	

RACE 7: BOYS & Girls 15 (2003) and Girls 16 (2002)

POS	ATHLETE NR	NAME	SURNAME	CLUB/ SCHOOL	YY	MM	DD	GENDER	TIME
1	280	RENIER	JANSEN	NEDBANK	2003	8	30	M	13,26
2	179	LUTHER	BLAAUW	NEDBANK	2003	8	2	M	13,45
3	722	JAYDEN	STUURMAN	HEIDEDAL PS	2003	9	29	M	14,04
4	279	DURANDO	AWERIES	NEDBANK	2003	7	13	M	14,14
5	457	BERBETO	JANSEN	NEDBANK	2003	8	###	M	14,16
6	310	JAIDEN	VAN REENEN	PANORAMA HESSEQUA	2003	12	29	M	14,22
7	721	LAWRENZO	ADA	GERRIT DU PLESSIS	2003	4	2	M	14,26
8	1133	LUDWE	MATIKINCA	NEDBANK	2003	1	2	M	14,53
9	619	LORENZO	WILTSHIRE	GEORGE HIGH	2003	0	2	M	15,15
10	375	JACOBUS (JACQUES)	FOURIE	HARTENBOS DRAWWERS	2003	1	29	M	15,23
11	311	DIHAGON	JAFTHA	PANORAMA HESSEQUA	2003	5	13	M	15,35
12	804	GRADWILL	SCHEEPERS	GEORGE HIGH	2003	7	2	M	15,36
13	376	MATTHYS (STEEFAAN)	FOURIE	HARTENBOS DRAWWERS	2003	1	2	M	15,44
14	525	STEPHANY	PETRO	NEDBANK	2002	3	30	F	16,45
15	381	ADRAAEN	MOOLMAN	PANORAMA	2003	9	###	M	16,59
16	563	JADRE-ANN	HUMAN	GEORGE HIGH	2003	6	29	F	17,18
17	445	SHALDON	JANSEN	0	2002	7	30	M	17,20
18	21	LOUW-ANNE	LOURENS	GEORGE HS	2002	9	2	F	17,59
19	528	SHALANDA	BARNARDO	NEDBANK	2003	4	30	F	18,40
20	466	CARA	BERGH	OUTENIQUA HARRIERS	2003	4	13	F	18,40
21	1146	JARON	JANTJIES	SEDGEFIELD STRIDERS	2003	2	29	M	21,27
22	1192	LINTON	DAVIDS	HAARLEM	2002	11	2	M	21,30
23	25	SUNET	VOLLENHOVEN	GERRIT DU PLESSIS	2002	8	30	F	22,45
24	467	SEROLINE	FIELIES	PANORAMA	2003	10	30	F	23,17
25	1193	AHIVE	GUZU	IMEKHAYA PS	2003	8	###	M	23,35
26	1194	RANDALL	CORNELIUS	HAARLEM	2003	3	30	M	23,45
27	150	NOLENE	ROSSOUW	MELKHOUTFONTEIN	2002	10	2	F	