



Team report for Arlington Athletics Club (AAC)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Keisha	Buys	G	13	80 - 200m	31.27	2
	Kicia	Louw	G	15	51 - 100m	13.92	2
	Stephlin	Booyesen	G	15	24 - 800m	2:45.30	3
	Stephlin	Booyesen	G	15	68 - 1500m	6:01.15	1
	Keisha	Buys	G	13	5 - LJ	3.75	1
	Kicia	Louw	G	15	5 - LJ	3.86	2
	Catherina	Prins	G	15	5 - LJ	3.43	3
	Llewellyn	Minnies	M	20	46 - 100m	11.44	1
	Llewellyn	Minnies	M	20	13 - 400m	58.12	1

Medals (excluding relays) - Gold: 4 Silver: 3 Bronze: 2



Team report for Athlete Management (EAMS)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Deacon	Cooper	B	15	73 - HT	34.14	2
	Deacon	Cooper	B	13	55 - DT	26.47	1
	Tonya	Schoeman	G	13	62 - 1500m	5:22.91	1
	Tonya	Schoeman	G	13	24 - 800m	2:39.49	2

Medals (excluding relays) - Gold: 2 Silver: 2 Bronze: 0



Team report for Curro Mosselbay (CMB)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 0



Team report for George High (GH)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 0



Team report for Glenwood House - A (GWH)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Nico	Vrey	B	13	63 - 1500m	5:11.89	2
	Gisele	Young	G	15	37 - 300mH	47.95	2
	Gisele	Young	G	15	82 - 200m	28.11	2
	De Beer	Iny	G	15	51 - 100m	14.06	3
	Lara	Vrey	G	16	51 - 100m	14.04	1

Medals (excluding relays) - Gold: 1 Silver: 3 Bronze: 1



Team report for Hartenbos (HB)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 0



Team report for Heidedal (HD)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Grootboom	Ashton	B	15	2 - 1500mW	11:35.19	2
	Ashton	Grootboom	B	13	63 - 1500m	5:23.13	3
	Ashton	Grootboom	B	13	79 - 200m	28.34	2
	Keenan	Goliath	B	13	79 - 200m	29.22	3
	Keenan	Goliath	B	13	12 - LJ	4.29	2
	Raymondre	Samson	B	15	12 - 5000mW	31.09	1
	Shafieka	Du Preez	G	13	62 - 1500m	5:26.39	2
	Hilliney	Witbooi	G	13	80 - 200m	29.62	1
	Tekana	Xavairea	G	15	2 - 1500mW	11:34.91	1
	Swartz	Keysha	G	15	2 - 1500mW	11:48.88	3
	Keysha	Swartz	G	13	62 - 1500m	5:44.08	3
	Leandria	Mango	G	15	24 - 800m	2:35.51	2
	Shafieka	Du Preez	G	13	80 - 200m	32.97	3
	Leandria	Mango	G	15	68 - 1500m	5:43.16	2

Medals (excluding relays) - Gold: 3 Silver: 6 Bronze: 5



Team report for Hoërskool PUNT 1 (P1)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	ARONNE	ERASMUS	B	18	78 - 110mH	15.03	1
	GIRARD	SEPTEMBER	B	18	78 - 110mH	15.43	2
	STEMBISO	DHLAMINI	B	18	46 - 100m	11.02	1
	MARIO	SWANEPOEL	B	15	73 - HT	39.12	1
	DYLAN	BOSHOFF	B	15	44 - SP	14.29	1
	LIAM	KANNEMEYER	B	18	46 - 100m	11.28	2
	LUCKY	TSHAWWE	B	15	50 - 100m	11.79	3
	BRENDAN	SCHUTTE	B	18	13 - 400m	53.94	1
	STEMBISO	DHLAMINI	B	18	84 - 200m	23.97	0
	SP	FIVAZ	B	15	44 - SP	13.07	2
	ARONNE	ERASMUS	B	18	84 - 200m	24.39	0
	LEE ROY	MULLER	B	15	81 - 200m	25.51	0
	DYLAN	BOSHOFF	B	15	55 - DT	40.31	1
	LIAM	KANNEMEYER	B	18	84 - 200m	24.85	0
	HJ	NELL	B	15	26 - 800m	2:09.89	2
	LUCKY	TSHAWWE	B	15	38 - 300mH	45.82	1
	HERMAN	KNOETZE	B	16	26 - 800m	2:13.47	1
	REINHARDT	NELL	B	15	12 - LJ	5.47	1
	JB	FIVAZ	B	15	73 - HT	23.29	3
	JB	FIVAZ	B	15	55 - DT	32.67	2
	GIRARD	SEPTEMBER	B	18	61 - TJ	11.71	1
	LUCKY	TSHAWWE	B	15	12 - LJ	5.22	2
	Roos	Adeline	B	15	44 - SP	8.78	3
	JB	FIVAZ	B	15	64 - JT	43.81	1
	SP	FIVAZ	B	15	64 - JT	43.81	1
	ANDRE	HATTINGH	B	15	44 - SP	8.09	4
	ANDRE	HATTINGH	B	15	64 - JT	16.55	3
	TYRON	VILJOEN	B	15	64 - JT	23.14	2
	ANIKA	BEUKES	G	15	51 - 100m	12.62	1
	SHANE	SNYDERS	G	18	11 - HT	27.78	1
	ANIKA	BEUKES	G	15	82 - 200m	27.41	1
	ANIKA	SNYDERS	G	15	41 - JT	35.11	1
	JANDRI	SNYDERS	G	15	24 - 800m	2:29.25	1
	ANIGAIL	FIGLAND	G	18	6 - TJ	10.95	1
	JONIQUE	ERASMUS	G	18	29 - LJ	4.88	1
	CARMEL	TREURNICHT	G	18	6 - TJ	9.72	2
	ANIGAIL	FIGLAND	G	18	29 - LJ	4.70	2
	COURTNEY	WILLIAMS	G	18	29 - LJ	4.30	3
	SAMEER	MATTHEWS	M	20	84 - 200m	22.91	1
	SAMEER	MATTHEWS	M	20	46 - 100m	12.02	3



Team report for Hoërskool PUNT 1 (P1) Page 2

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 20 Silver: 9 Bronze: 6



Team report for Imiza Yethu (IZY)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Singuru	Kwanga	B	15	81 - 200m	25.99	0
	O	Magawu	B	15	15 - 400m	1:01.03	2
	Matiwane	Vuyolwethu	G	15	14 - 400m	1:19.31	2
	Matiwane	Vuyolwethu	G	15	51 - 100m	15.70	5
	Makwena	Thabisa	G	15	14 - 400m	1:19.99	3
	Mbanbezeli	Nikita	G	15	51 - 100m	16.65	6

Medals (excluding relays) - Gold: 0 Silver: 2 Bronze: 1



Team report for Individual (IND)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Jan Jurie	Human	B	18	16 - JT	58.60	1

Medals (excluding relays) - Gold: 1 Silver: 0 Bronze: 0



Team report for Nedbank (NB)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
1618	Foaad	Hassan	B	15	75 - 1500m	4:37.16	1
2370	MARKUS	VILJOEN	B	15	26 - 800m	2:08.47	1
1113	VAUGHANN	GROBBELAAR	B	13	26 - 800m	2:26.33	3

Medals (excluding relays) - Gold: 2 Silver: 0 Bronze: 1



Team report for New/Late Entrie (NLE)

Events with no results were ommited.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Nel	Ruben	B	13	79 - 200m	25.18	1
	Slabbert	John	B	15	50 - 100m	11.40	1
	Fillies	Gurswin	B	18	9 - 5000m	16:51.40	4
	Jafta	Enzo	B	18	78 - 110mH	16.43	3
	Grobbelaar	Vaughan	B	13	63 - 1500m	4:59.14	1
	Campher	Wayten-Lee	B	15	50 - 100m	11.75	2
	Prins	Beyon	B	13	26 - 800m	2:16.50	1
	Jodian	Hendricks	B	15	75 - 1500m	4:42.25	2
	Pedro	Maxlee	B	18	13 - 400m	55.15	2
	Muller	Leeroy	B	15	15 - 400m	57.21	1
	Nel	Ruben	B	13	50 - 100m	12.88	1
	Nel	Ruben	B	13	26 - 800m	2:22.09	2
	Nel	Ruben	B	13	12 - LJ	5.04	1
	Jafta	Enzo	B	18	40 - 400mH	1:03.01	1
	Afrika	Lyle	B	13	50 - 100m	13.40	2
	Pedro	Maxlee	B	18	26 - 800m	2:08.49	1
	Van Schalkwyk	Mario	B	18	26 - 800m	2:13.56	2
	Qhogi	Vuyolwethu	B	18	13 - 400m	1:06.83	3
	Makaza	Sbusiso	B	15	15 - 400m	1:08.95	3
	Fivaz	SP	B	15	55 - DT	30.44	3
	Jama	Yamkela	B	15	15 - 400m	1:10.92	4
	De Vlam	Marius	B	13	26 - 800m	3:12.57	5
	Matthee	Ricardi	B	15	12 - LJ	4.05	3
	Du Plessis	Carla	G	18	21 - HJ	1.79	1
	Jooste	Evistly	G	13	24 - 800m	2:43.34	4
	Lizaan	Brand	G	13	41 - JT	24.90	1
	De Beer	Iny	G	15	82 - 200m	28.71	3
	Jamy-Lee	Laban	G	16	51 - 100m	14.56	2
	Odendaal	Melissa	G	15	14 - 400m	1:16.47	1
	De Beer	Iny	G	15	86 - TJ	9.66	1
	Mei	Dorne	G	15	51 - 100m	15.27	4
	Jafta	Chante	G	15	24 - 800m	3:13.58	4
	Van Wyk	Andrenecia	G	15	24 - 800m	3:14.46	5
	Lizaan	Brand	G	13	32 - HJ	1.25	1
	Lizaan	Brand	G	13	5 - LJ	3.46	2
	Louw	Luther	M	20	84 - 200m	23.19	2
	Van Schalwyk	Mario	M	20	9 - 5000m	17:20.28	3
	Adams	Leon	M	25	9 - 5000m	16:44.87	3
	Notywala	Babalo	M	25	84 - 200m	23.85	1
	Notywala	Babalo	M	20	46 - 100m	11.72	2



Team report for New/Late Entry (NLE) Page 2

No	Name	Surname	Gen	Age	Event	Result	Plc
	Jantjies	Lochner	M	25	46 - 100m	11.56	1
	Naude	Alan	M	50	9 - 5000m	25:10.61	6
	Isaacs	Duncan	M	50	40 - 400mH	1:26.16	1
	Bianca	La Grange	W	20	47 - 100m	13.31	1

Medals (excluding relays) - Gold: 18 Silver: 10 Bronze: 8



Team report for Oakdale (OD)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Meyer	Jorik	B	15	26 - 800m	2:12.04	3

Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 1



Team report for Outeniqua (ON)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 0



Team report for Pacaltsdorp (PACS)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	AMILLE	NOORDMAN	B	18	46 - 100m	11.75	3
	TYRESE	KENNEDY	B	13	63 - 1500m	5:25.59	4
	BERNITO	WALTERS	B	15	81 - 200m	26.53	0
	Wagnar	Chavandre	B	18	84 - 200m	32.21	0
	TYRESE	KENNEDY	B	13	26 - 800m	3:10.45	4
	Erasmus	Aronne	M	25	46 - 100m	11.91	2
	September	Girard	M	25	46 - 100m	12.22	3
	Wagman	Chavandre	M	25	46 - 100m	13.63	4

Medals (excluding relays) - Gold: 0 Silver: 1 Bronze: 2



Team report for Rainbow AC (RBAC)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Deanwill	Oktober	B	15	75 - 1500m	4:43.97	3

Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 1



Team report for SAPS (SAPS)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 0



Team report for Sedgefield (SF)

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
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Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 0