

ASWD CROSS COUNTRY LEAGUE 1 RESULTS – 22 MAY 2021 OLYMPIA SOS

RACE – 1 (Boys/Girls 8 Yrs) 1Km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Hannes v Broekhuizen	14 /06/13	Milkwood		4:37:55
2	Caleb Coetzee	28/09 /13	Nedbank AC		4:38:21
3	Nikolas O' Kennedy	28/02 13	Outeniqua A	219	5:06:06
4	Migael van Zyl	25/06/13	Bertie Barnard		5:07:79
5	Herman v Broekhuizen	14 /06/13	Milkwood		5:11:31
6	Obumyoli Lesle	28:11:13	Thembaletu wc		5:35:24
7	Soyama Phikela	28:01:13	Thembaletu wc		6:49:80

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RACE – 2 (Boys /Girls 10Yrs) 2km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Luciano Mango	12/05 /11	Nedbank AC		7:19:23
2	Tristan Meyer	24/01/11	Nedbank AC	1463	7:37:23
3	WD Mattee	26/08/11	Nedbank AC		7:43:29
4	Heinwill Paulsen	11/11/11	Coastline AC	805	8:01:71
5	Alex Fouchè	28/03/11	Bertie Barnard		8:04:99
6	Jesnique Du Plessis	06/12/11	Nedbank AC		8:16:40
7	Hanlo Barkhuizen	18/01/11	Nedbank AC	1457	8:35:87
8	Nika Kirsten	05/09/11	Nedbank AC	1462	8:40:11
9	Jason Nel	11/11/11	Bertie Barnard		8:50:88
10	Wilzandre Witbooi	16/03/11	Nedbank AC		8:58:06
11	Cameran Francrs	17/04/11	Coastline AC	804	9:03:54
12	Derik van Zyl	10/11/11	Bertie Barnard		9:12:32
13	Iva O' Kennedy	31/07/11	Outeniqua H	P220	9:30:60
14	Jay-Dee de Jager	27/09/11	Bertie Barnard		10:06:05
15	Shannyn Wiesel	25/04/11	Thembaletu WC		10:30:12
16	RJ van Broekhuizen	23/09/11	Milkwood		10:55;69
17	Minquiwo Ngandala	24/09/11	Thembaletu WC		10:56:34

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RACE – 2 (Boys & Girls -9Yrs) 2 KM

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Xaviero Tekana	03/06/12	Nedbank AC	1437	8:15:82
2	Sean Veale	8/04/12			8:25:21
3	Carmeran Mc Evan	19/07/12	Outeniqua AC		8:47:04
4	Jordan-Lee Prins	10/02/12	CoastlineAC	790	9:05:91
5	Neil Cawood	01/01/12	Nedbank AC		9:07:33
6	Adreyon Opperman	24/01/12	Nedbank AC	1444	9:10:91
7	Stefan Ferreira	19/04/12	L/S Plett		9:31:68
8	Cara Krumm	10/08/12	Bertie Barnard		9:31:68
9	Jo-Marie Block	21/06/12	Nedbank AC		10:08:07
10	Katrien van Wyk	18/05/12	Bertie Barnard		16:32:86

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RACE – 3 (Boys /Girls 11 Yrs) 3km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Christiano Weyers	18/08/10	Nedbank AC		11:24:44
2	Joshua van Heerden	05/05/10	Nedbank AC		11:53:79
3	Malherbe Jonker	03/08/10	Hartenbos Draf		11:54:65
4	Johndre Jordaan	25/03/10	Nedbank AC		12:04:54
5	Jenovan Ruiters	20/04/10	Nedbank AC		12:05:20
6	Johannes Brink	22/04/10	Outeniqua		12:07:45
7	Timothy Sebyboe	17/06/11	Coastline AC	803	12:35:23
8	Sumay van Wyk	26/05/10	Nedbank AC	1408	12:35:84
9	Luanè Jv Rensburg	18/04/10	Bertie Barnard		12:41:54
10	Jervurgo Melouw	06/07/10	Nedbank AC		13:27:07
11	Lu- Crecha v Greunen	11/04/10	Nedbank AC		14:25:37
12	Davidene Isaacs	31/08/10	Nedbank AC		14:26:15
13	Laynesha Jantjies	11/05/10	Nedbank AC		16:15:79
14	Shaun Hendricks	26/09/10	Nedbank AC		16:29:05
15	Sharika Jansen	07/09/10	Nedbank AC		17:37:96

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RACE – 3 Women 30 + 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Esrie Loock Bezuidenh	20/07/82	Outeniqua H (38)		16:30:32
2	Stephanie Marais	22/10/86	(34)		17:00:02
3	Nerida Lubbe	31/01/76	Hartebbos D (45)	1084	17:37:18
4	Marilize van Zyl	15/08/77	Langeberg (43)		17:41:75
5	Sharon Losper	30/09/64	Nedbank AC (56)		18:59:10
6	Carla Nothanagel	17/07/84	32 GI (36)	421	19:19:17
7	Chantel Barkhuizen	17/02/80	Hartenbos D (41)		19:57:43
8	Magda Opperman	07/07/58	Cape Multi (62)	879	21:36:21
9	Rika Spang	04/10/60	Nedbank AC (60)	1262	23:37:46
10	Henrika Zimmerman	20/12/56	Nedbank AC (64)	1194	24:11:21
11	Avril Davids	05/04/73	Nedbank AC (48)	1371	25:29:81
12	Norma Jegels	15/09/70	Nedbank AC (50)	P1228	30:00:69

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RACE – 3 (Boys 16 & 17 Yrs) 6km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Tyron-Lee Andries	19/05/04	Langenhoven G	1698	19:27:08
2	Ashwill Phillips	15/12/03	Thembaletu WC		19:56:06
3	Dee-von Marais	21/12/04	Rainbow AC		20:12:64
4	Luciano Stuurman	08/07/04	Coastline		20:34:80
5	Gershwin Fielies	05/06/04	Coastline AC		20:52:46
6	Bonga Mlunguza	25/03/05	Thembaletu WC		21:07:60
7	Markus Viljoen	24/01/04	Nedbank AC	P1211	21:10:97
8	Simphiwe Pienaar	16/10/04	Coastline Ac		21:28:64
9	William v Tonder		Langenhoven G	1697	21:35:20
10	Jemaine Keffers	08/10/04	Outeniqua H	274	21:40:80
11	Raymondre Samson	21:09:05	Nedbank AC		22:37:48
12	Divan Ressouw	02/09/04	Nedbank AC	1381	22:51:25
13	Lazro Louw	23/09/05	Coastline Ac		22:32:09
14	Brenwill Pieterse	19/12/04	Coastline Ac		23:34:52
15	Elzandre Own	07/12/04	Tydelik		23:51:64

16	Herchell Solomans	04/05/04	Coastline Ac		23:56:00
17	Ruan Coetzee	19:12:05	H/S Outeniqua		23:57:74
18	Steven	20/12/05	Nedbank AC	1403	23:59:08
19	Anele Mfengu	21/09/04	Themba lethu WC		25:20:03
20	Daniel Button		Plet AC		DNF

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RACE – 3 MEN 60 + 6 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Patrick Rawlins	24/06/57	Outeniqua H	57	26:27:09
2	Andre Benardo	05/08/56	Nedbank AC	1349	31:07:38
3	Eugene Neil	03/12/55	Nedbank AC	1182	31:13:51

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RACE – 3 (Girls 19 Yrs) 6 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Abigail Nelsen	28/04/03	Nedbank AC		25:06:96
2	Shalanda Bernardo	26/04/93	Nedbank AC	1401	27:08:32
3	Louw Ann Lourens	11/09/02	Nedbank AC	1508	32:06:24
4	Michelle van Heerden	15/11/01	KMC	576	18:16:45
					(4 KM)

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RACE – 3 (Boys 19 Yrs) 8 km

	Name /Surname	DOB	Club /School	ASA No	Time
1	Luther Blaauw	20/08/03	Nedbank AC	1514	26:35:24
2	Renier Jansen	15/08/03	Nedbank AC	1145	26:42:61

3	Durando Aweries	30/07/03	Nedbank AC	1427	26:43:28
4	Deno Baartman	03/04/02	Nedbank AC		28:32:32
5	Timothy September	``	Rainbow AC		29:26:08
6	Keanan De Bruyn	13/09/02	Coastline AC		30:01:62
7	Bradley Botha	14/01/93	Coastline AC		30:46:86

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RACE – 3 (Women Open) 8km

	Name /Surname	DOB	Club /School	ASA No	Time
1	Nadine Malan	12/91/99	Plett AC	1675	33:04:79
2	Anelisiwe Nlunguza	19/11/99	Thembaletu WC		34:32:97
3	Liesel van Wyk	04/08/98	Nedbank AC	1380	48:27:04

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RACE – 4 (Open Men) 4 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Ruben Dlepu	31/07/97	Outeniqua H	145	12:44:16
2	Leon Adams	01/02/94	Coastline AC	788	13:56:63
3	Zevian Le Roux	27/02/01	Coastline AC		14:06:89
4	Jason Swemmer	31/07/92	Plett AC	1637	14:18:40
5	Ramano Windvogel	25/07/01	Coastline AC		14:29:10
6	Aphiwe Nqweniso	05/04/89	Thembaletu WC		15:08:29

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RACE – 4 (Open Men) 10 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Donavan Jantjies	07/01/96	Nedbank AC	1803	33:10:86
2	Eldewagen van Tonder	24/08/96	Thembaletu WC		34:45:66
3	Sibonelo Human		KMC		35:44:83
4	Mosui Plaatjie	02/09/00	KMC		43:20:81

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RACE – 4 (Girls 17 Yrs) 4 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Jandri Snyders		Hartenbos D	1001	15:12:56
2	Leandria Mango	13/05/05	Nedbank AC		18:01:34
3	Mia Hugget		Langenhovrn G	1690	18:57:61
4	Cari van Eeden		Langenhovrn G	1691	19:23:57
5	Mishka Du Preez	13/08/04	Nedbank AC		19:25:00
6	Emma Du Preez	24/04/04	H/S Outeniqua		19:57:78

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RACE – 4 (Men 30 -59 Yrs)- 8 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Melvin Steenkamp	25/06/88	Coastline	789	28:10:80
2	Andrew Mc Ervan	13/02/74	Outeniqua H	269	26:58:96
3	Willard Tussa	12/02/82	Nedbank AC	1257	29:00:48
4	Nool van Vuuren	10.02/82	Nedbank AC	1412	32:43:02
5	Joey Klaasen	30/06/70	Sedgefield S		32:44:36
6	Theo Ressouw	21/12/71	Nedbank AC	2300	34:02:11
7	Nico Krihha	14/01/83	Plett AC		34:25:14
8	xxxxxx	10/09/78	Nedbank AC	1175	34:46:42
9	Gavin Jantjies	97/11/75	Sedgefield S	375	35:11:22
10	Otto Benrews	22/08/70	York H		35:21:30
11	Charlie Tekana	10/05/76	Nedbank AC	1443	37:33:79
12	Samuel Windvoegel	05/04/63	Outeniqua H	237	39:09:58
13	Hendrk Prins	22/03/74	Nedbank AC	P1193	44:34:21
14	Gary Button	06/05/72	Plett		44:34:93

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RACE – 5 (Boys 12) 3km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Jac du Plessis	16/11/09	Outeniqua H	38	10:54:72
2	Jadin Wight	20/07/09	Plett Primary		11:29:44
3	Lukholecha Njokweni	15/02/09	Coastline AC	802	11:50:83
4	Alrich Rademeyer	26:10:09	Bertie Barnard		11:59:39
5	AJ Jansen	02/12/09	Nedbank AC		12:26:12
6	T. Asekhop	17/01/09	Thembaletu WC		12:47:19
7	Theluvian Roman	18/11/09	Plett AC		13:28:72

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RACE – 5 (Girls 12 yrs) 3 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Caitlyn Cawood	04/06/09	Nedbank AC		11:06:97
2	Annabelle Mc Evan	09/02/09	Outeniqua H	259	12:08:57
3	Shanique Opperman	14:05/09	Nedbank AC	1447	12:49:61
4	Legacia Jacobs	01/06/09	Nedbank AC		13:38:86
5	Cecelia Williams	24/08/09	Nedbank AC		14:36:65
6	Shenique Behrews	17/11/09	L/S Outeniqua		16:05:39

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RACE – 5 (Girls 13 Yrs) 3 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Ane Bester	01/09/08	Wesbank L/S		11:53:88
2	Alexis Opperman	18/01/08	Nedbank AC	1435	12:18:86
3	Etvivis Jooste	23/12/08	Coastline AC		12:27:98
4	Tonya Schoeman	02/07/08	Nedbank AC	1187	12:29:23
5	Elisma van wyk	11/03/08	Nedbank AC	1410	13:00:57

6	Addison Gillespie	30/04/08	Bertie Barnard		13:38:86
7	Keysha Swartz	11/07/08	Nedbank AC		14:06:67
8	Marne v d Westhuizen	28/11/08	L/S George Suid		14:07:25
9	Maija Badenhorst	11/08/08	L/S Outeniqua		14:07:91
10	Sheronique Noordman	15/07/08	Nedbank AC		14:48:21
11	Jadene Block	20/10/08	Nedbank AC		16:23:05
12	Phoebe Carncross	10/02/08	Nedbank AC		16:43:13

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RACE – 5 (Boys 15 yrs) 4 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Beyon Prins	09/01/06	Coastline AC	1684	12:32:52
2	Ethan Ewerts	29/07/06	Nedbank AC	1434	13:35:70
3	Jesse van Heerden	21/06/06	Nedbank AC	1240	15:16:38
4	Jaco Gertse	26/06/06	Nedbank AC	1451	15:24:27
5	Linden Bosman	04/12/06	Nedbank AC		16:02:37
6	Tyrese Fennedy	11/01/06	Coastline AC		16:23:95
7	Danvil Jacobs	24/07/06	York H		16:25:42
8	Daniel Jacobs	24/07/06	York H		16:31:89
9	Aiden Serfontein		Langenhoven G		16:35:76
10	Mikael Viljoen	12/12/06			17:08:85
11	Garry Isaacs	16/04/06	Nedbank AC		18:31:97
12	Jarco Ruiters	18/10/06	Nedbank AC		16:48:03

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RACE – 5 (Girls 15 yrs) 4 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Emma Lutsch	19/05/06	H/S Outeniqua		17:27:02
2	Elisma Heyser		Langenhven G	1689	17:27:81
3	Amè Pretorius		Langenhven G	1688	17:34:78
4	Hope Williams	30/05/06	Coastline AC		18:24:92
5	Shafieka Du Preez	11/09/06	Nedbank AC		19:54:34
6	Anke Stevens	23/03/06	H/S Outeniqua		20:33:42

7	Yedidah Theron	02/03/06	H/S Outeniqua		21:39:17
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RACE – 5 (Girls 16 yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Emma Vd Westhuizen	23/06/05	Langenhoven G	1215	18:29:96
2	Jancke Potgieter	11/01/05	Langenhoven G	1216	19:17:05
3	Christlin Ferreira	01/06/05	H/S Outeniqua		22:21:49

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RACE – 6 (Boys 13yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Ashton Grootboom	29/03/08	Nedbank RC		14:56:79
2	Cuan Wildeman	03/02/08	Rainbow AC		15:00:32
3	Duane Filander	24/09/08	Coastline AC		15:03:35
4	Dian Barkhuizen	29/06/08	Nedbank RC	1456	15:06:40
5	Mequin Swartbooi	23/10/08	Nedbank RC		15:47:55
6	Leeman Goliath	10/02/08	Nedbank RC		15:48:29
7	Jayden Erasmus	25/12/08	Nedbank RC		16:07:88
8	Neziah Fourie	04/02/08	Hartenbos D		16:25:67
9	Jonathan Behrews	24/11/08	L/S Outeniqua		17:20:31
10	Shaundry Jeftha	09/02/08	Plett AC		17:22:64
11	Ruben Ferreria	25/08/08	L/S Plett		17:59:57
12	Liam Sulyam	14/03/08	Plett Primary		18:53:19
13	Sueleman V Heerden	14/07/08	Nedbank AC		31:21:13

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RACE – 6 (Boys 14yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Danwille Willemse	01/07/07	Coastline AC		13:08:93
2	Voughan Grobbelaar	25/01/07	Nedbank AC		13:59:22
3	Zaylynn Ruiters	10/30/07	Nedbank AC		14:00:23
4	Anwill Bosman	16/05/07	Coastline AC		14:47:51
5	Ruan Rossouw	06/06/07	Nedbank Ac	1269	15:17:39
6	Rainart Behrews	16/05/07	York High		15:52:19
7	Kurt Botha	17/04/07	Nedbank AC	1142	16:00:56
8	Maruis De Vlam	11/11/07	Coastline AC	799	16:59:31
9	Luwellyn Plaatjies	02/04/07	Rainbow AC		17:08:54
10	Joswin Blaauw	12/04/07	Nedbank AC		18:48:14

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RACE – 6 (Girls 14yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Nolene Pieterse	16/05/07	Nedbank AC	P1148	16:06:81
2	Chanelle Bester	12/01/07	Langenhoven G	1686	16:15:04
3	Xavairea Tekana	23/04/07	Nedbank AC	1435	16:21:02
4	Esti Hugget		Langenhoven G	1687	16:24:01
5	Marilie Duvenage	30/04/07	H/S Outeniqua		16:38:58
6	Samantha Bellew	01/12/06	Nedbank AC	P1375	19:01:45
7	Dane' Lubbe		Hartenbos D	977	19:46:51
8	Hilliny Witbooi	26/05/07	Nedbank AC		20:54:85
9	Helen Reuter	29/0/07	York High		21:20:47
10	Chantel Francis	10/05/07	Coastline AC	800	22:07:09
12	Eyona Sam	16/03/07	Thembaletu WC		22:23:47
13	Khwatshana Aqharma	15/02/07	Thembaletu WC		25:46:78