



## KWAGGA TOP 10 ATLETIEKBYEENKOMS HOËRSKOLE PROGRAM



**SATERDAG: 21 OKTOBER 2023**

**Opening: 08:20**

NR	TYD	ITEM		ITEM GEBORG DEUR	REKORD	ATLEET	SKOOL	JAAR
1	08:30	S16	GS (5kg) (A)	<b>Zian du Plessis</b>	17,69m	Francois Spamer	Brandwag	2019
2	08:30	S14	SG (600g)	<b>Henro Horn</b>	50,35m	Jacques vd Berg	Individueel	2019
3	08:30	D14	DG (1kg)	<b>Dwarsweg Strandoord</b>	34,23m	Alison Chalmers	Paarl Girls' High	2022
4	08:30	D15	GS (3kg) (B)	<b>Kwagga Trust</b>	14,12m	Cornelia Destroo	La Rochelle	2022
5	08:30	D17	VS (B)	<b>Gene Herselman</b>	5,21m	Miclynn Africa	La Rochelle	2022
6	08:30	S17	VS (A)	<b>CP Vorster</b>	6,85m	Zain van Staden	Stellenberg	2022
7	08:30	S14	HS (A)	<b>Henro Horn</b>	1,80m	Schalk vd Merwe	Nico Malan	2022
8	08:30	D14	300mH - 76,2cm	<b>Meesters</b>	47,13	Kylie Basson	La Rochelle	2022
9	08:40	D15	300mH - 76,2cm	<b>Meesters</b>	46,47	Amy Kotze	Witteberg	2022
10	08:50	S14	300mH - 76,2cm	<b>Meesters</b>	39,10	Clemond Nel	Paarl Gim	2019
11	09:05	D16	400mH - 76,2cm	<b>Meesters</b>	1:06,83	A Heerink v Breda	Paarl Girls' High	2019
12	09:15	D17	400mH - 76,2cm	<b>Meesters</b>	1:06,10	Zanri Black	Framesby	2022
13	09:30	S15	300mH - 84cm	<b>Meesters</b>	39.56	Jayden Daniels Jaython Wyngaardt	Individueel Paul Roos	2019 2019
14	09:30	S15	GS (4kg) (A)	<b>Kwagga Trust</b>	20,23m	Zian du Plessis	Outeniqua	2022
15	09:30	D17	SG (500g)	<b>Kwagga Trust</b>	39,49m	Nikki Schonken	La Rochelle	2019
16	09:30	S17	DG (1,5kg)	<b>Kwagga Trust</b>	55,65m	Juan Marais	Charlie Hofmeyr	2022
17	09:30	S15	VS (A)	<b>Kwagga Trust</b>	6,69m	Owen Peters	Witteberg	2022
18	09:30	D15	VS (B)	<b>Kwagga Trust</b>	5,34m	Adrienne Gallop	La Rochelle	2019
19	09:30	D14	HS (A)	<b>Henro Horn</b>	1,65m	Anja Smit	Paarl Gim	2022
20	09:45	S16	400mH - 84cm	<b>Meesters</b>	56,53	Simeon Oosthuizen	Oakdale	2019
21	10:00	S17	400mH - 84cm	<b>Meesters</b>	54,79	Clemend Nel	Paarl Gim	2022
22	10:15	D14	1500m	<b>Jheerluk Koffiehuis &amp; Deli</b>	5:10,41	Ané Bester	Langenhoven Gim	2022
23	10:20	S14	1500m	<b>Carmen Jacobs Ellis</b>	4:31,94	Christiano Brown	Brandwag	2022
24	10:30	D15	1500m	<b>Kwagga Trust</b>	4:52,10	Chenique Sass	Drostdy	2019
25	10:40	D14	SG (500g)	<b>Kwagga Trust</b>	45,33m	Kayla Reyneke	HS Bellville	2019
26	10:40	S16	DG (1,5kg)	<b>Henro Horn</b>	53,90m	Phillip Kleynhans	Oakdale	2019
27	10:40	S17	DS (A)	<b>Kwagga Trust</b>	15,53m	Francesco May	Swartland	2019

28	10:40	S16	DS (B)	<b>Kwagga Trust</b>	13,16m	Ronaldino Jonkers	Swartland	2019
29	10:40	D15	HS (A)	<b>Henro Horn</b>	1,60m	Julia Smuts	Paarl Girls' High	2022
30	10:40	D17	GS (3kg) (B)	<b>Kwagga Trust</b>	13,26m	Janke Oosthuizen	La Rochelle	2019
31	10:40	S15	1500m	<b>Jheerluk Koffiehuis &amp; Deli</b>	4:16,92	Thinus Erasmus	Outeniqua	2022
32	10:45	D16	1500m	<b>Kwagga Trust</b>	5:04,00	Virgil-lee Africa	Drostdy	2019
33	10:50	S16	1500m	<b>Fit Kwagga</b>	4:20,94	Leetin Syfers	Drostdy	2022
34	11:00	D17	1500m	<b>Hoërskool Outeniqua VRL</b>	5:03,88	Cay-Leigh Carolissen	Stellenbosch	2022
35	11:10	S17	1500m	<b>Kwagga Trust</b>	4:05,80	Shane Joshua Adams	Paarl Gim	2022
36	11:20	D14	100m	<b>Jheerluk Koffiehuis &amp; Deli</b>	12,60	Shonique Rothman	Stellenbosch	2022
37	11:30	S14	100m	<b>Dwarsweg Strandoord</b>	11,28	Nathan-Lee Gordan	Oakdale	2022
38	11:40	D15	100m	<b>Jheerluk Koffiehuis &amp; Deli</b>	12,68	Tyla Hinks	Rhenish	2022
39	11:50	S15	100m	<b>WP Bosch</b>	10,80	Jeerhano Jagers	Paarl Gim	2022
40	11:50	S14	GS (4kg) (A)	<b>Rauch Gertenbach Prokureurs</b>	17,53m	Walter v Rensburg	Outeniqua	2022
41	11:50	D16	DG (1kg)	<b>Kwagga Trust</b>	38,80m	Uanita Engelbrecht	Paarl Gim	2022
42	11:50	S16	SG (700g)	<b>Henro Horn</b>	63,09m	Hennie du Plessis	Oakdale	2019
43	11:50	D16	DS (B)	<b>Kwagga Trust</b>	9,60m	Sarah Botha	Paarl Girls' High	2022
44	11:50	S15	HS (A)	<b>Henro Horn</b>	1,86m	Jacques Rossouw	HJS Paarl	2019
45	11:50	S16	VS (A)	<b>Henro Horn</b>	6,95m	M Seekoei	Daniël Pienaar	2022
46	12:00	D16	100m	<b>Dwarsweg Strandoord</b>	12,08	Elke vd Westhuizen	La Rochelle	2019
47	12:10	S16	100m	<b>Dwarsweg Strandoord</b>	10,56	Reece Burger	HJS Paarl	2019
48	12:20	D17	100m	<b>Kwagga Netbal</b>	12,00	Angie Pietersen	La Rochelle	2022
49	12:30	S17	100m	<b>Jheerluk Koffiehuis &amp; Deli</b>	10,93	Cashton Michaels	Outeniqua	2019
50	12:40	D14	400m	<b>Jo-Ane Paulsen</b>	60,94	Elisma van Wyk	Paarl Gim	2022
51	12:50	S14	400m	<b>Bertha du Plessis</b>	52,88	Jacques Pienaar	Sentraal (Bloem)	2019
52	13:00	D15	400m	<b>Kwagga Trust</b>	59,50	Zenade October	Individueel	2019

NR	TYD	ITEM		ITEM GEBORG DEUR	REKORD	ATLEET	SKOOL	JAAR
53	13:00	D17	DS (A)	<b>Martell Stronach</b>	10,32m	Abigail Figland	Punt	2019
54	13:00	D15	SG (500g)	<b>Kwagga Trust</b>	45,91m	Leoze Lottering	Witteberg	2022
55	13:00	S15	DG (1kg)	<b>Kwagga Trust</b>	54,92m	Righart Stander	Oakdale	2019
56	13:00	D16	GS (3kg) (B)	<b>Kwagga Trust</b>	13,52m	Uanita Engelbrecht	Paarl Gim	2022
57	13:00	S16	HS (A)	<b>Henro Horn</b>	1,95m	Ricky Martin	Langenhoven Gim	2019
58	13:00	D16	VS (B)	<b>Kwagga Trust</b>	5,02m	Gillian Hector	Outeniqua	2022
59	13:10	S15	400m	<b>Daniël Venter</b>	51,94	Jayden Neethling	HJS Paarl	2019
60	13:20	D16	400m	<b>Isabelle Venter</b>	59,70	Barbara de Kock	Paarl Girls' High	2022
61	13:30	S16	400m	<b>Henro Horn</b>	50, 80	Brian Katoo	Nico Malan	2022
62	13:40	D17	400m	<b>Kwagga Trust</b>	59, 97	Zanri Black	Framesby	2022
63	13:50	S17	400m	<b>CES Eastern Cape</b>	49,75	Adriaan Swart	Paarl Gim	2019
64	14:05	D14	90mH - 76,2	<b>Meesters</b>	13,60	Kylie Basson	La Rochelle	2022
65	14:10	S15	DS (A)	<b>Kwagga Trust</b>	13,77m	Owen Peters	Witteberg	2022
66	14:10	D15	DS (B)	<b>Kwagga Trust</b>	11,01m	Amy Kotze	Witteberg	2022
67	14:10	S17	SG (700g)	<b>Kwagga Trust</b>	53,70m	Jacques vd Berg	Paarl Gim	2022
68	14:10	D17	DG (1kg)	<b>Kwagga Trust</b>	36,34m	Janke Oosthuizen	La Rochelle	2019
69	14:10	D17	HS (A)	<b>Henro Horn</b>	1,65m 1,65m	Carla du Plessis Miclynn Africa	Glenwood La Rochelle	2019 2022
70	14:10	D14	GS (3kg) (B)	<b>Jo-Ane Paulsen</b>	13,74m	Uanita Engelbrecht	Individueel	2019
71	14:15	D15	90mH - 76,2	<b>Meesters</b>	13,68	Jane de Winnaar	Paarl Gim	2022
72	14:25	S14	100mH - 76,2	<b>Meesters</b>	13,10	Clement Nel	Paarl Gim	2019
73	14:35	D16	100mH - 76,2	<b>Meesters</b>	14,62	Lana Oberholzer	Bloemhof	2022
74	14:45	D17	100mH - 76,2	<b>Meesters</b>	14,56	Miré Reinstorf	Outeniqua	2019
75	14:55	S15	100mH - 84	<b>Meesters</b>	13,72	Antonio Bruiners	Outeniqua	2019
76	15:10	S16	110mH - 84	<b>Henro Horn</b>	14,43	Aiden Jacobs	HJS Paarl	2022
77	15:20	S17	110mH - 91,4	<b>Meesters</b>	14,70	Wynne-Vaaltyn Jordan	Strand	2022
78	15:20	S15	SG (600g)	<b>Kwagga Trust</b>	63,10m	Erik Viljoen	HJS Paarl	2019
79	15:20	D15	DG (1kg)	<b>Kwagga Trust</b>	36,44m	Cornelia Destroo	La Rochelle	2022
80	15:20	S17	GS (5kg) (A)	<b>Kwagga Trust</b>	16,05m	Alexander vd Walt	HJS Paarl	2022
81	15:20	D14	VS (B)	<b>Jo-Ane Paulsen</b>	5,11m	Anja Smit	Paarl Gim	2022
82	15:20	S14	VS (A)	<b>Dr. Mark Wiseman</b>	5,99m	David Steyn	Glenwood	2022
83	15:20	D16	HS (A)	<b>Redline Components</b>	1,65m	Lisa Ahrens	Paarl Girls' High	2022
84	15:35	D14	800m	<b>Bully Busters - Amor van Loggerenberg</b>	2:26,47	Daniela Viljoen	Bloemhof	2022
85	15:40	S14	800m	<b>Jo-Ane Paulsen</b>	2:12,07	Gerhard Becker	Outeniqua	2022

86	15:45	D15	800m	<b>Die Rouxs</b>	2:22,79	Zenade October	Individueel	2019
87	15:50	S15	800m	<b>Kwagga Trust</b>	2:06,75	Clinton Britz	Strand	2022
88	15:55	D16	800m	<b>Kwagga Trust</b>	2:27,06	Virgil-lee Africa	Drostdy	2019
89	16:00	S16	800m	<b>Henro Horn</b>	2:02,93	Luther Blaauw	George High	2019
90	16:05	D17	800m	<b>Kwagga Trust</b>	2:30,85	Katinka Louw	La Rochelle	2019
91	16:10	S17	800m	<b>Kwagga Trust</b>	1:58,31	Shane Joshua Adams	Paarl Gim	2022
92	16:10	S17	HS (A)	<b>Henro Horn</b>	1,85m	Dylan Swart	York	2022
93	16:20	D16	SG (500g)	<b>Surene Lombaard</b>	46,53m	Dené Edwards	Outeniqua	2022
94	16:20	S14	DG (1kg)	<b>Rauch Gertenbach Prokureurs</b>	53,06m	Xander de Bruyn	Drostdy	2019
95	16:20	D14	200m	<b>Dwarsweg Strandoord</b>	26,13	Zynzhia Brown	Paarl Girls' High	2019
96	16:30	S14	200m	<b>Dwarsweg Strandoord</b>	22,87	Julian Levendal	Outeniqua	2019
97	16:40	D15	200m	<b>Dwarsweg Strandoord</b>	26,40	Mia Wilson	La Rochelle	2022
98	16:50	S15	200m	<b>Dwarsweg Strandoord</b>	22,60	Damon Brentlee	HJS Paarl	2022
99	17:00	D16	200m	<b>Dwarsweg Strandoord</b>	25,20	Barbara de Kock	Paarl Girls' High	2022
100	17:10	S16	200m	<b>Henro Horn</b>	21,95	Reece Burger	HJS Paarl	2019
101	17:20	D17	200m	<b>Lutcon Services</b>	25,20	Angie Pietersen	La Rochelle	2022
102	17:30	S17	200m	<b>Dwarsweg Strandoord</b>	21,87	Adrian Swarts	Paarl Gim	2019

**Prysuitdeling: 18:00**



## SPAR KWAGGA TOP 10 ATLETIEKBYEENKOMS HOËRSKOLE PROGRAM



VRYDAG: 20 OKTOBER 2023

### HAMERGOOI

NR	TYD	ITEM		ITEMS GEBORG DEUR	REKORD	ATLEET	SKOOL	JAAR
103	11:30	D14	HG (3kg)	<b>Jo-Ane Paulsen</b>	43,00m	Madison O'Connell	Outeniqua	2022
104	11:30	D15	HG (3kg)	<b>Kwagga Trust</b>	50,09m	Mieke Coetzee	Outeniqua	2022
105	15:40	S14	HG (4kg)	<b>Bully Busters - Amor van Loggerenberg</b>	47,30m	Henco Swanepoel	Punt	2022
106	15:40	S15	HG (4kg)	<b>Marius Swanepoel</b>	53,18m	Kai Pratt	Oakdale	2022
107	16:30	D16	HG (3kg)	<b>Kwagga Trust</b>	46,18m	Chanelle Britz	Outeniqua	2022
108	16:30	D17	HG (3kg)	<b>Kwagga Trust</b>	40,78m	S Heymans-Venter	De Kuilen	2019
109	17:20	S16	HG (5kg)	<b>Hanno du Plessis</b>	63,10	Carel vd Merwe	De Kuilen	2019
110	17:20	S17	HG (5kg)	<b>Hanno du Plessis</b>	60,22	Tiaan Erskine	Framesby	2019

### PAALSPRING

NR	TYD	ITEM		ITEM GEBORG DEUR	REKORD	ATLEET	SKOOL	JAAR
111	09:00	D14	PS	<b>Gentle Dental Studio</b>	3,00m	Jeannie Myburgh	Bloemhof	2022
112	09:00	D15	PS	<b>Boland Paalspring Akademie</b>	3,70m	Sydney Rothman	Paarl Girls' High	2022
113	11:00	S14	PS	<b>Boland Paalspring Akademie</b>	3,30m	Kaleb Nel	Paarl Gim	2022
114	11:00	S15	PS	<b>Boland Paalspring Akademie</b>	3,90m	Jaden vd Linde	Paarl Gim	2022
115	14:30	D16	PS	<b>Boland Paalspring Akademie</b>	2,90m	Jaymee Cooper	Paarl Gim	2022
116	14:30	D17	PS	<b>Boland Paalspring Akademie</b>	3,70m	Miré Reinstorf	Outeniqua	2019

117	16:30	S16	PS	<b>Boland Paalspring Akademie</b>	3,90m	Lee Rothman	Boland ps akademie	2022
118	16:30	S17	PS	<b>Boland Paalspring Akademie</b>	4,73m	Nikolai v Huyssteen	Paarl Gim	2019