

ASWD & KMC 5km & 10km 10 Kilometre Run**Overall Finish List****July 08, 2015****Timed by Athletics SWD**

Place	Name	Club	ChipNo	M/F	Age	Time	KM
1	Dullan Solomons	Nedbank SWD	1380	M	16	34:23	10km
2	Godwin Heyns	Nedbank SWD	1921	M	17	34:25	10km
3	Daniel Viljoen	Hoerskool Randburg	2131	M	16	35:24	10km
4	Aviwe Kinana	KMC	683	M	16	35:38	10km
5	Jesse Patrick	TEMP	2091	M	20	36:01	10km
6	Ruan Jonck	Kovsies	2143	M	19	37:23	10km
7	Zola Pieterse	TEMP	2059	F	49	37:38	10km
8	JP van Rensburg	Outeniqua Harriers	7001	M	16	37:58	10km
9	Elton Botha	KMC	597	M	22	38:06	10km
10	Louis Plaatjies	Sedgefield Striders	525	M	40	40:05	10km
11	Eugene van der Merwe	Celtic Harriers	3166	M	35	41:02	10km
12	Rowan Nicholls	UCT	3116	M	23	41:36	10km
13	Eddie Mouton	Nedbank SWD	1222	M	41	41:39	10km
14	Marrida Leen	Mossel Bay Harriers	411	F	17	41:45	10km
15	Japie Swanepoel	West Coast	3176	M	49	41:48	10km
16	Anthony Moos	NBMC SWD	819	M	40	42:06	10km
17	Clairiece Slingers	Maties	2067	F	17	42:30	10km
18	Hanlie Jordaan	UWC	3184	F	25	43:07	10km
19	Robert de Reuck	NBMC SWD	834	M	58	43:18	10km
20	Iain Peddle	TEMP	3271	M	34	43:21	10km
21	Sharlan Boer	Maties	2084	F	17	43:42	10km
22	Louis Hugo	Madibaz	2033	M	15	43:50	10km
23	Ileana Dreyer	Maties	2087	F	18	44:10	10km
24	Paul Kelly	TEMP	3239	M	51	44:48	10km
25	Laura Peddle	TEMP	2021	F	32	45:07	10km
26	Chantel Simpson	TEMP	2072	F	45	45:31	10km
27	Johan van der Berg	Outeniqua Harriers	170	M	32	45:47	10km
28	Vernoeschka Abrahams	Maties	2105	F	18	46:18	10km
29	Virnit Africa	Maties	2109	F	15	46:18	10km
30	Jan du Toit	Hartenbos Drawwers	1035	M	65	46:18	10km
31	Norman Ontong	Nedbank WPA	2044	M	52	46:47	10km
32	David Jenkins	Fish Hoek AC	2150	M	48	47:10	10km
33	Herman van der Merwe	Krugersdorp Road Runners	3093	M	62	47:17	10km
34	Zithulele(Phili Nqayi	KMC	689	M	48	48:02	10km
35	Aldu Duminy	TEMP	2060	M	20	48:32	10km
36	Peter Jakoby	KMC	585	M	66	48:36	10km
37	Chine Geldenhuis	Outeniqua Harriers	7002	F	16	48:38	10km
38	Chantelle de Bruin	Nedbank SWD	1210	F	44	50:06	10km
39	Schalk Smit	Strand AC	2165	M	48	50:44	10km
40	Justine Sharpels	KMC	593	F	41	51:41	10km
41	Paul Norris	TEMP	2047	M	16	52:55	10km
42	Daniel Raubenheimer	Nedbank SWD	1122	M	48	53:05	10km
43	Theresa Swart	Swartland	2037	F	46	53:11	10km
44	Wouter Jordaan	TEMP	2032	M	58	53:23	10km

45	Angelique Smit	Strand AC	2166	F	37	55:01	10km
46	Ronel Jooste	Irene	2155	F	36	55:28	10km
47	Klaas Kannemeyer	Nedbank SWD	1335	M	52	55:54	10km
48	Mariet Horn	KMC	733	F	61	57:13	10km
49	Kriste Alberts	Outeniqua Harriers	287	F	15	57:16	10km
50	Stephan van der Nest	Nedbank SWD	1940	M	33	57:56	10km
51	Alexander Hugo	Brackenfell	2123	M	46	58:55	10km
52	Johan Pretorius	Outeniqua Harriers	43	M	58	58:55	10km
53	Petro Nel	Kimberley Pirates	2029	F	53	59:05	10km
54	Ferdi Nel	Kimberley Pirates	2027	M	52	59:05	10km
55	Johan Kruger	TEMP	2099	M	49	1:02:53	10km
56	Helena Kruger	TEMP	2116	F	47	1:02:55	10km
57	Crystal Ritchie	TEMP	2098	F	49	1:03:00	10km
58	Dolf Groenewald	Paarl	3083	M	37	1:03:01	10km
59	Maurice Wicomb	Oudtshoorn	773	M	68	1:04:20	10km
60	Sinead Hattingh	WP Carbineers	2011	F	20	1:05:36	10km
61	David Morgan-Smith	KMC	711	M	78	1:11:15	10km
62	Jane Mouton	NBMC SWD	805	F	64	1:13:32	10km
63	Gerhard Fourie	Hartenbos Drawwers	3254	M	53	1:17:09	10km
64	Madre Koegelenberg	Eskom	2138	F	35	1:19:41	10km