

Place	Athlete,Birthdate	Team	Perf	Points	Medal	Records
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Results of all Finals and Heats

Ordered by Program Sequence

Performance Scores: ASA_2016 table, Electronic Time, Height above sea=200

Item 1 07:00 Final Men U18 (Youth) 10km Walk

1	MNYAMANE,Bheki, 358	AGN	0:48:48.53	9	G
2	NDLAZI,Nhlanhla, 367	AGN	0:49:11.36	7	S
3	NYIVANA,Alex, 668	CGA	0:49:41.61	6	B
4	LEGOALE,Koketso, 636	CGA	0:51:56.10	5	
5	VAN ROOYEN,Keano, 889	WPA	0:52:36.98	4	
6	VAN AARDE,Petrus, 171	ACNW	0:52:51.48	3	
7	MOKOENA,Thuto, 656	CGA	0:52:54.64	2	
8	WALTERS,Tiaano, 118	BOLA	0:53:07.66	1	
9	XABAKASHE,Tsepho, 121	BOLA	0:53:50.10	0	
10	GERTZE,Ethan, 903	WPAI	0:53:51.43	0	
0	AWERIES,Durando, 500	ASWD	Disq	0	
0	MAJIET,Nashville, 906	WPAI	Disq	0	
0	MOKOENA,Jonas, 657	CGA	DNS	0	
0	GUMEDE,Siyanda, 769	KZNA	DNS	0	

Item 4 08:00 Round 1 of 1 Men U18 (Youth) TripleJump

1	OLIVIER,WeirÉ, 553	AVT	14.38		+0.0
2	ZEID,Gabriel, 692	CGA	14.00		+0.7
3	SHOBA,Sanele, 383	AGN	13.94		+0.8
4	MARAIS,Ethan, 877	WPA	13.84		+1.5
5	PIETERSE,Eric, 555	AVT	13.64		-0.1
6	NKUNA,Thapelo, 453	AMPU	13.57		+0.4
7	TEMBANI,Azola, 390	AGN	13.53		+0.6
8	SELEBI,Michael, 928	CGA	13.30		+1.2
9	MAY,Francesco, 927	BOLA	13.23		+1.5
10	MONDLANE,Junior, 442	AMPU	13.09		+0.5
11	RANTAO,Oratile, 674	CGA	12.90		+0.9
11	CHARLIES,Elgin, 64	BOLA	12.90		+1.0
13	KAHLA,Buhlebenkos, 564	BORA	12.69		+0.0
13	SIGUDU,Sihle, 460	AMPU	12.69		+0.7
15	HOLTSHAUSEN,Tristan, 872	WPA	12.21		+0.4
0	XULU,Siyabulela, 793	KZNA	DNS		

Item 5 08:30 Final Men U20 (Junior) 10000m

1	NOSE,Cwenga, 533	ATRA	30:32.62	9	G
2	FLINK,Carlo, 867	WPA	31:13.38	7	S
3	SESEDI,Andries, 681	CGA	31:14.56	6	B
4	CHABANGU,Thabo, 623	CGA	31:27.00	5	
5	STANDFLIET,Mark, 110	BOLA	31:35.55	4	
6	BULWANE,Moses, 151	ACNW	31:36.50	3	
7	SEITEI,Donald, 789	KZNA	32:02.79	2	
8	KHAMBULE,Thulisang, 773	KZNA	32:45.43	1	
9	MALEPE,Evans, 642	CGA	33:10.32	0	
10	OERSON,Gavin, 93	BOLA	35:06.53	0	
0	SPONDO,Fernando, 885	WPA	DNS	0	
0	MATHE,Mzwandile, 781	KZNA	DNS	0	

Item 6 09:00 Final Women U18 (Youth) Polevault

1	REINSTORF,Mire, 497	ASWD	3.60	9	G
2	TALLIE,Tonet, 47	BOLA	3.40	7	S
3	DE BEER,Lenike, 177	AFS	3.30	6	B
4	SWANEPOEL,Jana, 851	WPA	2.90	5	
5	JONKER,June, 545	AVT	2.80	4	
6	MINNIE,Lize-ann, 494	ASWD	2.40	3	
0	PIENAAR,Elaine, 190	AFS	DNS	0	

Item 8 09:15 Heat 1 of 2 Women U18 (Youth) 800m

1	HOBLOSHE,Aviwe, 517	ATRA	2:15.02		
2	AUCAMP,Johne, 232	AGN	2:15.07		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
3	VISSER, Michelle, 306	AGN	2:15.08			
4	SWART, Charne, 295	AGN	2:15.10			
5	SEHLABI, Hlokonelo, 286	AGN	2:15.19			
6	DU PLESSIS, Chanell, 249	AGN	2:15.24			
7	CONRADIE, Elne, 487	ASWD	2:21.09			
8	CROUS, Britney, 700	EPA	3:55.31			

Item 8 09:15 Heat 2 of 2 Women U18 (Youth) 800m

1	VILJOEN, Anneken, 55	BOLA	2:13.66			
2	BOTHA, Kayla, 238	AGN	2:14.23			
3	WITJENBURG, Sandra, 620	CGA	2:15.29			
4	BOTHA, Shannon, 574	CGA	2:15.33			
5	SNYMAN, Deneke, 607	CGA	2:17.55			
6	SEHOHLE, Zanele, 421	AMPU	2:22.31			
0	VISSER, Sanmarie, 824	NWCA	DNS			

Item 9 09:30 Round 1 of 1 Women U18 (Youth) Discus

1kg

1	ROETS, Dane, 604	CGA	44.01			
2	UMBERTI, Bodine, 297	AGN	43.74			
3	DE NECKER, Juanita, 538	AVT	42.12			
4	JANSE VAN RENSBURG, Belinda, 256	AGN	40.69			
5	DE KLERK, Miné, 178	AFS	40.00			
6	VISSER, Sanmarie, 824	NWCA	39.93			
7	SCHULENBURG, Elcheri, 470	ANWN	39.48			
8	PONT, Illandre, 281	AGN	38.37			
9	MOSTERT, Desere, 467	ANWN	38.04			
10	GELDENHYS, Ruzel, 581	CGA	37.19			
11	RAATHS, Marguerite, 468	ANWN	36.80			
12	VON WIELLIGH, Inge, 57	BOLA	35.46			
13	VISAGIE, Saskia, 424	AMPU	35.32			
14	WILSENACH, Lydia, 425	AMPU	35.31			
15	ELS, Teneal, 12	BOLA	35.22			
16	OOSTHUIZEN, Janke, 33	BOLA	34.90			
17	IMMELMAN, Lindie, 255	AGN	34.22			
18	VAN HEERDEN, Marzanne, 196	AFS	34.07			
19	BROWN, Colleen, 698	EPA	33.77			
20	VAN DER LINDE, Rinelda, 922	LIMA	32.85			
21	NIEMANN, Danel, 797	LIMA	28.11			
22	WARNER, Monique, 721	EPA	28.01			
0	GLOBLER, Christelle, 582	CGA	DNR			
0	MALAN, Lienneke, 272	AGN	DNR			

Item 11 09:30 Heat 1 of 3 Men U18 (Youth) 800m

1	MAHLANGU (T61), Nthando, 349	AGN	1:53.47			
2	HADEBE, Khethelo, 771	KZNA	1:56.02			
3	DINGILE, Happy, 627	CGA	1:56.09			
4	HENDRICKS, Manedo, 871	WPA	1:57.44			
5	SELEMELA, Oratile, 483	ANWN	1:58.19			
6	ZWANE, Banele, 693	CGA	1:58.81			
7	MABASO, Kamogelo, 640	CGA	1:59.31			
8	VERWEY, Valentino, 743	EPA	1:59.53			

Item 11 09:30 Heat 2 of 3 Men U18 (Youth) 800m

1	SOKHELA, Zola, 790	KZNA	1:56.49			
2	DU PLESSIS, Edmund, 323	AGN	1:56.64			
3	MOTLOBA, Kamogelo, 481	ANWN	1:58.02			
4	JANTJIES, Gawain, 79	BOLA	1:58.39			
5	FARO, Duvan, 902	WPAI	2:00.30			
6	BADENHORST, Hendrik, 747	GWA	2:01.96			
0	MOKONE, Thabang, 783	KZNA	DNR			
0	BLAAUW, Rochen, 859	WPA	DNF			

Item 11 09:30 Heat 3 of 3 Men U18 (Youth) 800m

1	MADONSELA, Karabo, 348	AGN	1:54.89			
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Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
2	BLIGNAUT, Juvan, 312	AGN	1:55.68			
3	CHOBAN, Abednico, 315	AGN	1:55.83			
4	RAUTENBACH, Aldo, 103	BOLA	1:55.89			
5	MBOXWANA, Gift, 210	AFS	1:56.02			
6	DOMINGO, Keanu, 728	EPA	1:56.17			
7	LEDUMA, Kagiso, 639	CGA	2:00.83			

Item 12 09:45 Round 1 of 1 Men U20 (Junior) High Jump

1	POOLE, Breyton, 100	BOLA	1.95			
2	METTLER, Wilbur, 441	AMPU	1.95			
2	SHABANGU, Matome, 382	AGN	1.95			
2	MORGAN, Blake, 501	ASWD	1.95			
5	GAYISA, Maswangayi, 630	CGA	1.95			
5	MOGODIRI, Omphile, 655	CGA	1.95			
5	MASHISHI, Katlego, 352	AGN	1.95			
8	PLAAITJIES, Cullen, 99	BOLA	1.95			
9	FOURIE, Enrique, 328	AGN	1.90			
10	LOTTERING, Mauritz, 637	CGA	1.90			
10	MAKHUMELA, Thabelo, 208	AFS	1.90			
12	CROUS, Jason, 727	EPA	1.90			
13	FEBRUARY, Reeve, 502	ASWD	1.85			
13	VALLY, Usaamah, 791	KZNA	1.85			
0	BASSICK, Emelio, 60	BOLA	DNS			
0	PLATT, Keenan, 375	AGN	DNS			
0	ROGERS, Jamie, 105	BOLA	NM			

Item 14 10:00 Heat 1 of 3 Men U20 (Junior) 800m

1	MWAGU, Tshogofatso, 366	AGN	1:52.99			
2	NDIMANDE, Ntuthuko, 663	CGA	1:53.36			
3	BOERS, Jaytee, 426	AMPU	1:54.26			
4	KHOZA, Amos, 340	AGN	1:54.62			
5	MCABELO, Prince, 652	CGA	1:55.20			
6	MKETO, Emihle, 567	BORA	1:55.34			
7	VAN WYK, Carlin, 173	ACNW	1:55.35			
8	DUIKER, Conwil, 72	BOLA	1:56.10			
9	VORSTER, Morgan, 890	WPA	1:59.03			
10	JALI, Ibanathi, 732	EPA	2:03.73			

Item 14 10:00 Heat 2 of 3 Men U20 (Junior) 800m

1	JONKER, Gert, 633	CGA	1:52.83			
2	REITZMA, Reinard, 167	ACNW	1:53.16			
3	MOLUTSI, Mohlouwa Koos, 784	KZNA	1:53.25			
4	SILWANE, Lucas, 683	CGA	1:53.34			
5	SELEPE, Thabang, 457	AMPU	1:53.71			
6	NDLOVU, Nhloso, 214	AFS	1:53.72			
7	KRUGER, Abrie, 162	ACNW	1:56.51			
8	BLIGNAUT, Martin, 313	AGN	1:56.80			
9	DURIER, Ryan, 901	WPAI	1:57.05			
10	MATIKINCA, Ludwe, 511	ASWD	2:01.41			

Item 14 10:00 Heat 3 of 3 Men U20 (Junior) 800m

1	SWART, Christopher, 389	AGN	1:54.50			
2	MOLOTSI, Omphile, 362	AGN	1:54.62			
3	NHLAPO, Sibusiso, 370	AGN	1:55.27			
4	DE SCALLY, Nicholas, 766	KZNA	1:55.61			
5	FAKUDE, Donell, 326	AGN	1:57.38			
6	KERILENG, Gomolemo, 159	ACNW	1:58.57			
7	MDALA, Thapelo, 527	ATRA	1:59.59			
8	WILLEMSE, Tewis, 817	LIMA	2:01.51			
0	CARDOZA, Brendon, 899	WPAI	DNS			
0	SHAI, Retshedisitswe, 219	AFS	DNS			

Item 15 10:15 Heat 1 of 4 Women U18 (Youth) 100m

1	MALINGA, Nosipho, 929	AGN	12.31			+0.1
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Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
2	NEL, Rhode, 415	AMPU	12.40			
3	ISAACS, Catlin, 17	BOLA	12.47			
4	WILLIAMS, Merlyn-lee, 58	BOLA	12.75			
5	BOTHA, Jane, 535	AVT	12.83			
6	STOLZ, Jenna, 609	CGA	12.91			
7	ROTHMAN, Amiel, 469	ANWN	13.10			
Item 15 10:15 Heat 2 of 4 Women U18 (Youth) 100m				+0.7		
1	FOURIE, Annemé, 182	AFS	12.30			
2	VAN STADEN, Miandi, 144	ACNW	12.36			
3	MABUSA, Andile, 268	AGN	12.41			
4	PIETERS, Neo-leigh, 418	AMPU	12.44			
5	CRONJE, Tashlene, 230	AFSI	12.82			
6	DU PLESSIS, Stefani, 830	WPA	12.92			
7	MLANGENI, Langelihle, 546	AVT	12.96			
Item 15 10:15 Heat 3 of 4 Women U18 (Youth) 100m				+0.9		
1	JONKER, Mariska, 259	AGN	12.26			
2	BROWN, Chinique, 794	LIMA	12.28			
3	RAMUKHUBATHI, Rudzani, 283	AGN	12.36			
4	JOSHUA, Melanie, 839	WPA	12.62			
5	MOTAUNG, Seithati, 403	AGNI	12.63			
6	FOUCHE, Jinesse, 746	GWA	12.77			
0	HAMBIDGE, Genevieve, 408	AMPU	DNS			
Item 15 10:15 Heat 4 of 4 Women U18 (Youth) 100m				+0.6		
1	EILERD, Charlize, 250	AGN	12.12			
2	VAN WYK, Odette, 302	AGN	12.23			
3	DE WET, Simone, 577	CGA	12.63			
4	MAKOLA, Refilwe, 411	AMPU	12.71			
5	HILL, Lawon, 834	WPA	12.81			
6	HLABOLWA, Karabo, 695	CGAI	12.85			
Item 17 10:35 Heat 1 of 5 Men U18 (Youth) 100m				+1.3		
1	GRAY, Samuel, 332	AGN	10.91			
2	MABUNDA, Mbhoni, 347	AGN	11.04			
3	MONDLANE, Junior, 442	AMPU	11.13			
4	NKOSI, Wandile, 787	KZNA	11.18			
5	NKAMBULE, Kwanele, 451	AMPU	11.19			
6	WHITE, Ethan, 119	BOLA	21.05			
0	AFRICA, Jared James, 59	BOLA	DNS			
0	CLOETE, Keenan, 930	AFS	DNS			
Item 17 10:35 Heat 2 of 5 Men U18 (Youth) 100m				+0.0		
1	NDLOVU, Vuyu, 447	AMPU	10.81			
2	TLHAPI, Olebogeng, 687	CGA	10.84			
3	MOLEYANE, Lucky, 212	AFS	10.90			
4	MVUYO, Moss, 662	CGA	11.03			
5	BURGER, Reece, 63	BOLA	11.06			
6	POTGIETER, Louwrens, 454	AMPU	11.22			
7	NDLOVU, Ndabezinhle, 786	KZNA	11.24			
8	FORTUIN, Matheus, 503	ASWD	11.44			
Item 17 10:35 Heat 3 of 5 Men U18 (Youth) 100m				+1.6		
1	GALANT, Cohan, 504	ASWD	10.76			
2	MOSTERT, Hugo, 91	BOLA	10.92			
3	BARNARD, Mondray, 723	EPA	11.16			
4	MICHAELS, Caston, 513	ASWD	11.17			
5	MOTSWAISO, Orapeleng, 482	ANWN	11.31			
6	VOSLOO, Jacobus, 815	LIMA	11.46			
0	JEWASKIEWITZ, Zanru, 803	LIMA	DNS			
Item 17 10:35 Heat 4 of 5 Men U18 (Youth) 100m				+1.2		
1	POTGIETER, Eckhardt, 376	AGN	10.54			
2	HLOHLO, Thabang, 334	AGN	10.77			
3	JOSIAS, Jesse, 874	WPA	10.90			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
4	PIETERSEN, Celino, 96	BOLA	11.04			
5	MATAU, Dario, 477	ANWN	11.09			
6	OLIFANT, Bradley, 94	BOLA	11.26			
7	VENTER, Jaco, 404	AGNI	11.28			
0	TSHOKODIBANE, Tsholofelo, 221	AFS	DNS			
Item 17 10:35 Heat 5 of 5 Men U18 (Youth) 100m				+0.6		
1	RICHARDSON, Benji, 456	AMPU	10.87			
2	ZINN, Kyle, 893	WPA	10.89			
3	REBOTILE, Mohale, 675	CGA	10.92			
4	JORDAAN, Dylan, 476	ANWN	11.01			
5	MENZIES, Keegan, 805	LIMA	11.05			
6	ROSE, Jody, 909	WPAI	11.30			
7	MAKHANYA, Ntsikelelo, 777	KZNA	11.35			
0	JACOBS, Zandre, 78	BOLA	Disq: False Start			
Item 18 11:00 Heat 1 of 4 Women U20 (Junior) 100m				+2.5		
1	MOFOMME, Michelle, 276	AGN	12.30			
2	DE JAGER, Marcelle, 795	LIMA	12.33			
3	KUBEKA, Phindile, 263	AGN	12.34			
4	LEGODI, Karabo, 264	AGN	12.40			
5	MATHONSI, Akhona, 761	KZNA	12.67			
6	MOLOI, Segopotso, 595	CGA	12.76			
Item 18 11:00 Heat 2 of 4 Women U20 (Junior) 100m				+0.8		
1	VAN DER WALT, Zeney, 300	AGN	12.02			
2	XEYI, Rose, 309	AGN	12.15			
3	PASHA, Remoneilwe, 280	AGN	12.26			
4	HANEKOM, Natalie, 254	AGN	12.30			
5	NGEMA, Snethemba, 764	KZNA	12.70			
0	JEWASKIEWITZ, Zenobea, 132	ACNW	DNS			
Item 18 11:00 Heat 3 of 4 Women U20 (Junior) 100m				+1.7		
1	WAIT, Saskia, 720	EPA	12.32			
2	JANSEN VAN RENSBURG, Shere, 544	AVT	12.36			
3	MONGWE, Nikiwe, 596	CGA	12.37			
4	VOSLOO, Leonette, 799	LIMA	12.50			
5	KLAAS, Zinam, 841	WPA	12.53			
6	HUMAN, Danelle, 489	ASWD	12.80			
Item 18 11:00 Heat 4 of 4 Women U20 (Junior) 100m				+1.9		
1	VAN DER MERWE, Nicola, 471	ANWN	11.95			
2	MURRAY, Toinette, 137	ACNW	12.30			
3	JOHNSON, Lara, 20	BOLA	12.40			
4	LUDICK, Gabriella, 26	BOLA	12.52			
5	KGADIMA, Prudence, 585	CGA	12.58			
0	BYMAN, Laure, 829	WPA	DNS			
0	PATERSON, Morgan, 189	AFS	DNS			
Item 22 11:20 Heat 1 of 5 Men U20 (Junior) 100m				+0.8		
1	GASA, Philelani, 203	AFS	10.70			
2	DAVIDS, Luke, 863	WPA	10.87			
3	MOJE, Phemelo, 478	ANWN	10.92			
4	MAKARINGE, Lunga, 439	AMPU	11.23			
5	HARMSE, Harmse, 802	LIMA	11.32			
6	JOHNSON, Jordan, 632	CGA	11.37			
7	KOK, Jordan, 161	ACNW	11.37			
Item 22 11:20 Heat 2 of 5 Men U20 (Junior) 100m				+0.2		
1	NGOVENI, Sammy, 369	AGN	10.97			
2	VAN WYK, Edwin, 394	AGN	11.03			
3	DE KLERK, Jonathan, 626	CGA	11.08			
4	HLONGWANE, Mosuwe, 205	AFS	11.14			
5	MPINGA, Nkosana, 445	AMPU	13.59			
0	FARMER, Javier, 73	BOLA	DNS			
0	LEMAO, Tshenolo, 346	AGN	DNS			
Item 22 11:20 Heat 3 of 5 Men U20 (Junior) 100m				+0.9		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	DEAN, Tristan, 321	AGN	10.91			
2	MIKAAL, Mohamed, 356	AGN	10.96			
3	VAN STADEN, Sherwin, 742	EPA	11.06			
4	CLOETE, Zandre, 801	LIMA	11.17			
5	WALSH, Liam, 175	ACNW	11.21			
6	NEL, Kobus, 448	AMPU	11.24			
7	JACOBS, Altus, 475	ANWN	11.84			
Item 22 11:20 Heat 4 of 5 Men U20 (Junior) 100m				+1.1		
1	MIYA, Sifiso, 357	AGN	10.83			
2	MEKHISE, Ditiro, 479	ANWN	11.01			
3	BRUINJIES, Stuart, 62	BOLA	11.11			
4	MPANZA, Olwethu, 444	AMPU	11.21			
5	MANGOALE, Kabelo, 644	CGA	11.34			
6	MABOTSA, Thato, 804	LIMA	11.69			
7	PRETORIUS, Coenraad, 811	LIMA	12.04			
Item 22 11:20 Heat 5 of 5 Men U20 (Junior) 100m				+3.0		
1	GAINES, Mark, 768	KZNA	10.57			
2	MASWAGANYI, Phathutshedzo, 353	AGN	10.70			
3	BULUMKO, Ntuthu, 726	EPA	10.91			
4	VAN DER MERWE, Stefan, 172	ACNW	11.01			
5	DOUWIE, Adricus, 473	ANWN	11.11			
6	TOLBADI, Sanele, 688	CGA	11.25			
7	SIZANI, Aluncedo, 571	BORA	11.94			
Item 23 11:30 Round 1 of 2 Men U18 (Youth) HighJump						
1	OLWAGE, Karel, 554	AVT	1.90			
2	NZOME, Tanaka, 374	AGN	1.90			
3	MONTSUMI, Reece, 880	WPA	1.85			
3	MUKIAPINI, Gratias, 881	WPA	1.85			
3	WENHOLD, Edric, 560	AVT	1.85			
6	STRYDOM, Victor, 684	CGA	1.85			
6	SIFUNDA, Bandile, 459	AMPU	1.85			
8	VAN DEN HEEVER, Daniel, 484	ANWN	1.80			
0	BRITZ, Andre, 150	ACNW	DNS			
0	SELOANE, Junior, 380	AGN	NM			
Item 23 11:30 Round 2 of 2 Men U18 (Youth) HighJump						
1	VENTER, Nathan, 466	AMPU	1.93			
2	LOUWRENS, Justin, 638	CGA	1.90			
3	RULSE, Khalim, 378	AGN	1.85			
4	VAN ROOYEN, Anre, 741	EPA	1.80			
5	SELEBI, Michael, 928	CGA	1.80			
5	BLIGNAUT, Jan, 149	ACNW	1.80			
0	MONTSUMI, Reece Nathan, 90	BOLA	DNS			
0	RETIEF, Andre, 104	BOLA	DNS			
0	WILKEN, Keanu, 399	AGN	DNS			
Item 24 11:40 Heat 1 of 2 Men U20 (Junior) 400m Hurdles					91.4cm	
1	SOKHWAKANA, Zazini, 387	AGN	0:52.81			
2	PIETERSEN, Liam, 97	BOLA	0:52.88			
3	DU PREEZ, Marthinus, 154	ACNW	0:54.12			
4	MAYO, Adam, 355	AGN	0:54.64			
5	SEANE, Koketso, 677	CGA	0:55.81			
6	WILLIAMS, Rozario, 691	CGA	0:57.18			
7	MONENSI, Bokang, 552	AVT	0:59.85			
0	GORA, Lindokuhle, 697	CGAI	DNS			
Item 24 11:40 Heat 2 of 2 Men U20 (Junior) 400m Hurdles					91.4cm	
1	DU PLESSIS, Gerdus, 324	AGN	0:54.17			
2	NGOBENI, Khongelo, 368	AGN	0:54.50			
3	LABUSHAGNE, Ruan, 82	BOLA	0:54.61			
4	TANGO, Aiden, 887	WPA	0:55.70			
5	KENNEDY, Adriaan, 80	BOLA	0:56.26			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
6	MOUMAKWE, Modise, 443	AMPU	0:57.36			
7	MFUNISELWA, Sonwabise, 528	ATRA	0:57.58			
Item 25 11:55 Heat 1 of 2 Men U18 (Youth) 400m Hurdles					84cm	
1	CUSTODIO, Luciano, 65	BOLA	0:54.44			
2	DAVIES, Dylan, 696	CGAI	0:54.95			
3	GELDENHUYS, Wilco, 429	AMPU	0:55.22			
4	MONYAI, Lebone, 480	ANWN	0:55.49			
5	WEYER, Jan-hendrik, 816	LIMA	0:55.54			
6	MAKHUBELA, Julious, 526	ATRA	0:59.09			
0	DOURIES, Jayden, 71	BOLA	DNS			
0	RETIEF, Andre, 104	BOLA	DNS			
Item 25 11:55 Heat 2 of 2 Men U18 (Youth) 400m Hurdles					84cm	
1	ERASMUS, Andre, 325	AGN	0:54.79			
2	RAMATHE, Kgotso, 556	AVT	0:54.81			
3	MULLER, Gerhardt, 365	AGN	0:54.84			
4	PETERSEN, Nelash, 883	WPA	0:57.40			
5	VAN DER MERWE, Lian, 222	AFS	0:57.85			
6	SMITH, Damian, 739	EPA	0:57.90			
0	VENTER, Christiaan, 396	AGN	DNS			
Item 26 12:10 Heat 1 of 2 Women U20 (Junior) 400m Hurdles					76.2cm	
1	MORAKE, Gontse, 597	CGA	0:59.76			
2	JOSEPH, Rogail, 838	WPA	1:01.33			
3	VAN SCHALKWYK, Janke, 53	BOLA	1:01.98			
4	KOTZE, Charmarie, 260	AGN	1:02.66			
5	DU PREEZ, Alida, 796	LIMA	1:06.82			
Item 26 12:10 Heat 2 of 2 Women U20 (Junior) 400m Hurdles					76.2cm	
1	LOOTS, Marzaan, 266	AGN	1:01.32			
2	HATTINGH, Carla, 583	CGA	1:01.43			
3	SYLVESTER, Elitha, 852	WPA	1:02.92			
4	MAHER, Tatum, 28	BOLA	1:04.05			
Item 27 12:25 Heat 1 of 2 Women U18 (Youth) 400m Hurdles					76.2cm	
0	MOOLMAN, Tanielle, 708	EPA	NT			
0	VAN DER LINDE, Marga-rita, 854	WPA	NT			
0	DU TOIT, Brenda, 820	NWCA	NT			
0	ROUX, Chenelle, 420	AMPU	NT			
0	BEZUIDENHOUT, Chazel, 235	AGN	NT			
Item 27 12:25 Heat 2 of 2 Women U18 (Youth) 400m Hurdles					76.2cm	
0	GEUSTYN, Rochelle, 13	BOLA	NT			
0	HEERINK VAN BREDA, Alex, 14	BOLA	NT			
0	CLAASSEN, Sue-mari, 176	AFS	NT			
0	REVELAS, Lia, 798	LIMA	DNSA			
Item 29 14:00 Final Women U20 (Junior) Polevault						
1	JANSE V RENSBURG, Nicole, 19	BOLA	3.70	9	G	
2	MOOLMAN, Erica, 31	BOLA	3.60	7	S	
3	VILJOEN, Anje, 56	BOLA	3.50	6	B	
Item 30 14:00 Semi Final 1 of 2 Women U18 (Youth) 100m					+1.3	
1	VAN STADEN, Miandi, 144	ACNW	11.92			
2	EILERD, Charlize, 250	AGN	12.06			
3	BROWN, Chinique, 794	LIMA	12.15			
4	FOURIE, Annemé, 182	AFS	12.20			
5	ISAACS, Catlin, 17	BOLA	12.28			
6	MABUSA, Andile, 268	AGN	12.29			
7	PIETERS, Neo-leigh, 418	AMPU	12.33			
8	MOTAUNG, Seithati, 403	AGNI	12.73			
Item 30 14:00 Semi Final 2 of 2 Women U18 (Youth) 100m					+0.9	
1	MALINGA, Nosipho, 929	AGN	11.96			
2	VAN WYK, Odette, 302	AGN	12.14			
3	JONKER, Mariska, 259	AGN	12.27			
4	NEL, Rhode, 415	AMPU	12.30			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
4	RAMUKHUBATHI, Rudzani, 283	AGN	12.30			
6	DE WET, Simone, 577	CGA	12.59			
7	JOSHUA, Melanie, 839	WPA	12.71			
8	MAKOLA, Refilwe, 411	AMPU	12.74			
Item 32 14:10 Semi Final 1 of 3 Men U18 (Youth) 100m				+3.4		
1	POTGIETER, Eckhardt, 376	AGN	10.49			
2	JOSIAS, Jesse, 874	WPA	10.65			
3	MOLEYANE, Lucky, 212	AFS	10.65			
4	MABUNDA, Mbhoni, 347	AGN	10.75			
5	RICHARDSON, Benji, 456	AMPU	10.79			
6	MENZIES, Keegan, 805	LIMA	10.98			
7	PIETERSEN, Celino, 96	BOLA	11.04			
0	NKAMBULE, Kwanele, 451	AMPU	DNSA			
Item 32 14:10 Semi Final 2 of 3 Men U18 (Youth) 100m				+2.1		
1	GALANT, Cohan, 504	ASWD	10.57			
2	MVUYO, Moss, 662	CGA	10.70			
3	GRAY, Samuel, 332	AGN	10.87			
4	ZINN, Kyle, 893	WPA	10.89			
5	MATAU, Dario, 477	ANWN	10.94			
6	REBOTILE, Mohale, 675	CGA	10.96			
7	NKOSI, Wandile, 787	KZNA	10.99			
8	MONDLANE, Junior, 442	AMPU	11.01			
Item 32 14:10 Semi Final 3 of 3 Men U18 (Youth) 100m				+2.4		
1	HLOHLO, Thabang, 334	AGN	10.45			
2	NDLOVU, Vuyu, 447	AMPU	10.77			
3	TLHAPI, Olebogeng, 687	CGA	10.78			
4	MOSTERT, Hugo, 91	BOLA	10.92			
5	BURGER, Reece, 63	BOLA	10.92			
6	JORDAAN, Dylan, 476	ANWN	11.04			
7	MICHAELS, Caston, 513	ASWD	11.09			
8	BARNARD, Mondray, 723	EPA	11.33			
Item 33 14:20 Semi Final 1 of 2 Women U20 (Junior) 100m				+1.4		
1	VAN DER MERWE, Nicola, 471	ANWN	12.10			
2	HANEKOM, Natalie, 254	AGN	12.20			
3	PASHA, Remoneilwe, 280	AGN	12.20			
4	MOFOMME, Michelle, 276	AGN	12.21			
5	MURRAY, Toinette, 137	ACNW	12.33			
6	JANSEN VAN RENSBURG, Shere, 544	AVT	12.42			
7	MONGWE, Nikiwe, 596	CGA	12.55			
8	VOSLOO, Leonette, 799	LIMA	12.58			
Item 33 14:20 Semi Final 2 of 2 Women U20 (Junior) 100m				-0.4		
1	XEYI, Rose, 309	AGN	11.80			
2	VAN DER WALT, Zeney, 300	AGN	12.15			
3	JOHNSON, Lara, 20	BOLA	12.35			
4	WAIT, Saskia, 720	EPA	12.35			
5	DE JAGER, Marcelle, 795	LIMA	12.36			
6	LEGODI, Karabo, 264	AGN	12.42			
7	KUBEKA, Phindile, 263	AGN	12.49			
8	LUDICK, Gabriella, 26	BOLA	12.52			
Item 34 14:30 Semi Final 1 of 3 Men U20 (Junior) 100m				+0.3		
1	GAINES, Mark, 768	KZNA	10.68			
2	DEAN, Tristan, 321	AGN	10.91			
3	MOJE, Phemelo, 478	ANWN	10.94			
4	BRUINJIES, Stuart, 62	BOLA	11.04			
5	DE KLERK, Jonathan, 626	CGA	11.21			
6	DOUWIE, Adricus, 473	ANWN	11.31			
7	TOLBADI, Sanele, 688	CGA	11.59			
0	MIKAAL, Mohamed, 356	AGN	Disq: False Start			
Item 34 14:30 Semi Final 2 of 3 Men U20 (Junior) 100m				+0.8		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	GASA, Philelani, 203	AFS	10.66			
2	VAN STADEN, Sherwin, 742	EPA	10.75			
3	NGOVENI, Sammy, 369	AGN	10.92			
4	HLONGWANE, Mosuwe, 205	AFS	11.00			
5	MAKARINGE, Lunga, 439	AMPU	11.01			
6	BULUMKO, Ntuthu, 726	EPA	11.07			
7	VAN DER MERWE, Stefan, 172	ACNW	11.25			
0	NEL, Kobus, 448	AMPU	DNS			

Item 34 14:30 Semi Final 3 of 3 Men U20 (Junior) 100m +1.6

1	MASWAGANYI, Phathutshedzo, 353	AGN	10.45			
2	DAVIDS, Luke, 863	WPA	10.52			
3	MIYA, Sifiso, 357	AGN	10.56			
4	MEKHISE, Ditiro, 479	ANWN	10.96			
5	VAN WYK, Edwin, 394	AGN	10.99			
6	WALSH, Liam, 175	ACNW	11.09			
7	MPANZA, Olwethu, 444	AMPU	11.15			
8	CLOETE, Zandre, 801	LIMA	11.23			

Item 35 14:45 Final Men U20 (Junior) 3000m SteepleChase

1	MOREMI, Olebogeng, 164	ACNW	09:12.59	9	G	
2	FORESTER, Matthew, 327	AGN	09:12.96	7	S	
3	MARIBE, Tshiamo, 778	KZNA	09:16.93	6	B	
4	BALOYI, Ndzalo, 310	AGN	09:30.95	5		
5	STEWART, Oliver, 886	WPA	09:37.99	4		
6	MAZALENI, Siyabolelo, 649	CGA	09:43.00	3		
7	TSHABALALA, Nhlakanipho, 170	ACNW	09:44.70	2		
8	KOEKEMOER, Travis, 343	AGN	09:46.20	1		
9	SKITI, Louyiso, 108	BOLA	09:46.97	0		
10	MHKWANAZI, Banele, 654	CGA	09:51.19	0		
11	MOTLOUNG, Katleho, 659	CGA	09:52.88	0		
12	XIMBA, Lindokuhle, 792	KZNA	09:53.94	0		
13	NGAMTINI, Siyambonga, 523	ATRA	10:24.44	0		
0	SEOPASENGWE, Nicholas, 680	CGA	DNS	0		
0	MKHWANZI, Bongelani, 782	KZNA	DNS	0		

Item 36 15:05 Final Men U18 (Youth) 2000m SteepleChase

1	NTUNTWANA, Tshupo, 667	CGA	05:59.14	9	G	
2	MOKHOTU, Siyabonga, 360	AGN	06:02.89	7	S	
3	MAZWI, Asanda, 650	CGA	06:10.27	6	B	
4	SETSHOHO, Thato, 381	AGN	06:12.62	5		
5	MASHILO, Karabo, 779	KZNA	06:28.39	4		
6	MOUTON, Jean, 660	CGA	06:29.47	3		
7	MARAIS, Jannes, 86	BOLA	06:32.65	2		
8	SAULS, Romano, 107	BOLA	06:39.64	1		
9	MACI, Mbaso, 876	WPA	06:39.66	0		
10	DIEDERICKS, Nolan Johan, 70	BOLA	06:51.02	0		
11	CALITZ, Ruan, 152	ACNW	06:52.20	0		
12	MANQINDI, Ngcali, 643	CGA	06:58.31	0		
0	YEDWA, Thato, 400	AGN	DNS	0		
0	FUTHAMA, Tshupo, 329	AGN	DNS	0		
0	JANSEN, Renier, 505	ASWD	DNS	0		

Item 37 15:20 Final Women U18 (Youth) 2000m SteepleChase

1	BELL, Kristy, 234	AGN	06:47.17	9	G	
2	AFRICA, Virgil-lee, 1	BOLA	07:05.61	7	S	
3	KRUGER, Chanelle, 261	AGN	07:12.52	6	B	
4	OOSTHUIZEN, Anri, 600	CGA	07:14.44	5		
5	CURLEWIS, Leshan, 245	AGN	07:21.00	4		
6	SNYMAN, Lienke, 192	AFS	07:23.33	3		
7	KRUGER, Izelle, 262	AGN	07:36.94	2		
8	ERASMUS, ChanÉ, 181	AFS	07:43.58	1		
9	DE BEER, Nerize, 247	AGN	07:46.86	0		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
10	BEZUIDENHOUT, Macaela, 572	CGA	07:51.13	0		
11	KUMILE, Kenaleane, 587	CGA	08:04.67	0		
12	SCHMIDT, Kelly, 713	EPA	08:14.60	0		
13	MHLANGA, Karabo, 594	CGA	08:30.29	0		
0	VAN TONDER, Kay-leigh, 718	EPA	DNS	0		

Item 39 15:30 Round 1 of 2 Women U18 (Youth) HighJump

1	VISSER, Jeane, 147	ACNW	1.60		
2	WHITTINGTON, Nicole, 619	CGA	1.60		
2	BOTHA, Hannah, 8	BOLA	1.60		
4	SWAYDE, Lessing, 612	CGA	1.60		
4	VAN DEIJL, Liza, 853	WPA	1.60		
4	MAKAMBA, Zihle, 270	AGN	1.60		
0	OLIVIER, Carmien, 495	ASWD	DNS		
0	WENTZEL, Samantha, 722	EPA	NM		

Item 39 15:30 Round 2 of 2 Women U18 (Youth) HighJump

1	FOUCHE, Karmen, 128	ACNW	1.60		
2	HORN, Micaela, 16	BOLA	1.60		
2	COETZEE, Caelin, 242	AGN	1.60		
4	EICH, Alara, 580	CGA	1.60		
5	DU PLESSIS, Carla, 488	ASWD	1.55		
6	PRETORUIS, Benitha, 35	BOLA	1.55		
6	UMEH, Favour, 548	AVT	1.55		
0	ERASMUS, Bianca, 540	AVT	DNS		

Item 41 15:35 Final Women U20 (Junior) 3000m SteepleChase

1	MAKGOGA, Lethabo, 588	CGA	10:48.75	9	G
2	BOSMAN, Casey, 573	CGA	10:54.76	7	S
3	STICKELS, Isabel, 292	AGN	11:10.59	6	B
4	SWANEPOEL, Megan, 43	BOLA	11:39.81	5	
5	AFRICA, Virnita, 2	BOLA	12:15.09	4	
6	MAGIDIGIDI, Tandazwa, 519	ATRA	12:29.56	3	
7	SCHLEHMEYER, Caitelyn, 848	WPA	12:36.53	2	
8	LUND, Robin, 843	WPA	13:21.80	1	
0	SCHLEMEYER, Caitlin, 37	BOLA	DNS	0	

Item 43 16:00 Final Women U18 (Youth) 5km Walk

1	SWANEPOEL, Marissa, 294	AGN	26:45.88	9	G
2	NDLOVU, Olwethu, 277	AGN	28:00.55	7	S
3	KHUMALO, Candy-girl, 758	KZNA	29:12.74	6	B
4	RAMAKGOAKGOA, Katlego, 282	AGN	29:54.61	5	
5	KHOLA, Keitumetse, 586	CGA	30:23.64	4	
6	BESTER, Cara, 4	BOLA	30:26.59	3	
7	HEYMANS, Aluschka, 186	AFS	31:19.27	2	
8	DAMON, Carren, 896	WPAI	31:43.73	1	
9	PIETERSE, Leone, 34	BOLA	32:34.21	0	
10	GERTZE, Alvida, 832	WPA	33:29.65	0	
11	ANDREWS, Migshaan, 895	WPAI	36:59.42	0	
0	MATSHABA, Malebogo, 592	CGA	Disq	0	

Item 44 16:45 Final Men U20 (Junior) 400m Hurdles

1	SOKHWAKANA, Zazini, 387	AGN	0:50.72	9	G	91.4cm
2	DU PLESSIS, Gerdus, 324	AGN	0:52.19	7	S	
3	PIETERSEN, Liam, 97	BOLA	0:52.23	6	B	
4	MAYO, Adam, 355	AGN	0:53.44	5		
5	DU PREEZ, Marthinus, 154	ACNW	0:54.41	4		
6	LABUSHAGNE, Ruan, 82	BOLA	0:54.57	3		
7	NGOBENI, Khongelo, 368	AGN	0:54.64	2		
8	TANGO, Aiden, 887	WPA	0:54.69	1		

Item 45 16:55 Final Men U18 (Youth) 400m Hurdles

1	CUSTODIO, Luciano, 65	BOLA	0:52.84	9	G	84cm
2	DAVIES, Dylan, 696	CGAI	0:53.85	7	S	
3	ERASMUS, Andre, 325	AGN	0:54.14	6	B	

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
4	RAMATHE, Kgotso, 556	AVT	0:54.54	5		
5	MULLER, Gerhardt, 365	AGN	0:55.37	4		
6	MONYAI, Lebone, 480	ANWN	0:55.95	3		
7	WEYER, Jan-hendrik, 816	LIMA	0:56.77	2		
0	GELDENHUYS, Wilco, 429	AMPU	Disq: False Start 0			
Item 46 17:05 Final Women U20 (Junior) 400m Hurdles						76.2cm
1	JOSEPH, Rogail, 838	WPA	0:57.73	9	G	
2	LOOTS, Marzaan, 266	AGN	0:59.96	7	S	
3	MORAKE, Gontse, 597	CGA	0:59.98	6	B	
4	HATTINGH, Carla, 583	CGA	1:02.05	5		
5	VAN SCHALKWYK, Janke, 53	BOLA	1:02.28	4		
6	MAHER, Tatum, 28	BOLA	1:02.73	3		
7	KOTZE, Charmarie, 260	AGN	1:03.19	2		
8	SYLVESTER, Elitha, 852	WPA	1:03.68	1		
Item 47 17:15 Final Women U18 (Youth) 400m Hurdles						76.2cm
1	DU TOIT, Brenda, 820	NWCA	1:01.19	9	G	
2	HEERINK VAN BREDA, Alex, 14	BOLA	1:01.32	7	S	
3	VAN DER LINDE, Marga-rita, 854	WPA	1:01.72	6	B	
4	ROUX, Chenelle, 420	AMPU	1:02.08	5		
5	BEZUIDENHOUT, Chazel, 235	AGN	1:02.64	4		
6	CLAASSEN, Sue-mari, 176	AFS	1:03.43	3		
7	GEUSTYN, Rochelle, 13	BOLA	1:06.38	2		
8	MOOLMAN, Tanielle, 708	EPA	1:09.90	1		
Item 48 17:25 Final Women U18 (Youth) 100m						-1.1
2	EILERD, Charlize, 250	AGN	12.22	7	S	
4	MALINGA, Nosipho, 929	AGN	12.34	5		
5	VAN WYK, Odette, 302	AGN	12.36	4		
7	JONKER, Mariska, 259	AGN	12.49	2		
8	ISAACS, Catlin, 17	BOLA	12.53	1		
1	VAN STADEN, Miandi, 144	ACNW	11.98	9	G	
3	FOURIE, Annemé, 182	AFS	12.29	6	B	
6	BROWN, Chinique, 794	LIMA	12.47	3		
Item 49 17:30 Final Men U18 (Youth) 100m						-2.3
1	HLOHLO, Thabang, 334	AGN	10.65	9	G	
2	POTGIETER, Eckhardt, 376	AGN	10.69	7	S	
3	JOSIAS, Jesse, 874	WPA	10.72	6	B	
4	GALANT, Cohan, 504	ASWD	10.90	5		
5	MABUNDA, Mbhoni, 347	AGN	10.92	4		
6	NDLOVU, Vuyu, 447	AMPU	11.02	3		
7	MOLEYANE, Lucky, 212	AFS	11.06	2		
0	MVUYO, Moss, 662	CGA	Disq: False Start 0			
Item 51 17:35 Final Women U20 (Junior) 100m						-1.6
1	XEYI, Rose, 309	AGN	11.91	9	G	
2	PASHA, Remoneilwe, 280	AGN	12.17	7	S	
3	VAN DER MERWE, Nicola, 471	ANWN	12.21	6	B	
4	VAN DER WALT, Zeney, 300	AGN	12.28	5		
5	MOFOMME, Michelle, 276	AGN	12.39	4		
6	HANEKOM, Natalie, 254	AGN	12.44	3		
7	JOHNSON, Lara, 20	BOLA	12.48	2		
8	MURRAY, Toinette, 137	ACNW	12.49	1		
Item 52 17:40 Final Men U20 (Junior) 100m						-1.6
1	DAVIDS, Luke, 863	WPA	10.42	9	G	
2	MASWAGANYI, Phathutshedzo, 353	AGN	10.53	7	S	
3	MIYA, Sifiso, 357	AGN	10.60	6	B	
4	GAINES, Mark, 768	KZNA	10.68	5		
5	NGOVENI, Sammy, 369	AGN	10.86	4		
6	GASA, Philelani, 203	AFS	10.92	3		
8	DEAN, Tristan, 321	AGN	11.03	1		
7	VAN STADEN, Sherwin, 742	EPA	11.00	2		
Item 53 17:50 Final Women U18 (Youth) 800m						

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	BOTHA, Kayla, 238	AGN	2:11.36	9	G	
2	HOBLOSHE, Aviwe, 517	ATRA	2:11.66	7	S	
3	WITJENBURG, Sandra, 620	CGA	2:11.76	6	B	
4	VILJOEN, Anneken, 55	BOLA	2:12.11	5		
5	SWART, Charne, 295	AGN	2:13.62	4		
6	AUCAMP, John, 232	AGN	2:13.94	3		
7	BOTHA, Shannon, 574	CGA	2:14.20	2		
8	SEHLABI, Hlokonelo, 286	AGN	2:14.60	1		
9	VISSER, Michelle, 306	AGN	2:14.82	0		
10	DU PLESSIS, Chanell, 249	AGN	2:15.49	0		

Item 54 18:00 Final Men U18 (Youth) 800m

1	DU PLESSIS, Edmund, 323	AGN	1:51.91	9	G	
2	SOKHELA, Zola, 790	KZNA	1:52.36	7	S	
3	MADONSELA, Karabo, 348	AGN	1:52.75	6	B	
4	CHOB, Abednico, 315	AGN	1:53.17	5		
5	BLIGNAUT, Juvan, 312	AGN	1:54.20	4		
6	HADEBE, Khethelo, 771	KZNA	1:55.19	3		
7	MBOXWANA, Gift, 210	AFS	1:57.51	2		
8	DINGILE, Happy, 627	CGA	2:01.51	1		
0	DOMINGO, Keanu, 728	EPA	DNS	0		
0	RAUTENBACH, Aldo, 103	BOLA	DNF	0		

Item 55 18:10 Final Women U20 (Junior) 800m

1	BOON, Rhode, 125	ACNW	2:10.75	9	G	
2	LOUW, Nicole, 24	BOLA	2:10.84	7	S	
3	VAN DER MERWE, Jana, 298	AGN	2:10.85	6	B	
4	DE WITT, Luzaan, 754	KZNA	2:12.14	5		
5	DUBE, Fina, 579	CGA	2:12.80	4		
6	JANSE VAN RENSBURG, Janie, 257	AGN	2:13.05	3		
7	DE BEER, Jeanne, 248	AGN	2:17.35	2		
8	COSSA, Themb, 406	AMPU	2:25.16	1		
9	SENOSI, Keletso, 287	AGN	2:27.07	0		
0	MPHATI, Lilitha, 710	EPA	DNF	0		

Item 56 18:20 Final Men U20 (Junior) 800m

1	MWAGU, Tshogofatso, 366	AGN	1:49.87	9	G	
2	SWART, Christopher, 389	AGN	1:50.05	7	S	
3	NDIMANDE, Ntuthuko, 663	CGA	1:51.66	6	B	
4	MOLOTSI, Omphile, 362	AGN	1:52.32	5		
5	MOLUTSI, Mohlouwa Koos, 784	KZNA	1:53.35	4		
6	NDLOVU, Nhloso, 214	AFS	1:53.73	3		
7	JONKER, Gert, 633	CGA	1:54.67	2		
8	SILWANE, Lucas, 683	CGA	2:03.34	1		
0	REITZMA, Reinard, 167	ACNW	Disq: Pushing & Obstruction			
0	SELEPE, Thabang, 457	AMPU	DNF	0		

Item 57 07:00 Final Women U20 (Junior) 10km Walk

1	VAN RENSBURG, Nolene, 498	ASWD	0:54:49.89	9	G	
2	ERASMUS, Meanri, 127	ACNW	0:55:14.08	7	S	
3	VAN ZYL, Stephanie, 857	WPA	1:05:21.13	6	B	
4	MAPHOSA, Elvirah, 590	CGA	1:06:39.71	5		
0	MEYER, Kristin, 30	BOLA	Disq	0		

Item 59 08:00 Round 1 of 1 Women U18 (Youth) Shotput

					3kg	
1	ROETS, Dane, 604	CGA	17.04			
2	DE NECKER, Juanita, 538	AVT	15.31			
3	DE KLERK, Miné, 178	AFS	14.69			
4	VAN HEERDEN, Marzanne, 196	AFS	14.06			
5	GRUNDLING, Alana, 701	EPA	13.55			
6	GELDENHYS, Ruzel, 581	CGA	13.47			
6	BAM, Buhle, 233	AGN	13.47			
8	VAN DER LINDE, Rinelda, 922	LIMA	13.39			
9	RITCHIE, Britny, 285	AGN	13.33			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
10	GOUWS, Su-marie, 183	AFS	13.32			
11	UMBERTI, Bodine, 297	AGN	13.05			
12	MOSTERT, Desere, 467	ANWN	12.78			
13	BROWN, Colleen, 698	EPA	12.72			
14	DE NYSSCHEN, Heike, 179	AFS	12.59			
15	NIEMANN, Danel, 797	LIMA	12.45			
16	RAATHS, Marguerite, 468	ANWN	12.44			
17	LOMBARD, Tiane, 706	EPA	12.08			
18	VISAGIE, Saskia, 424	AMPU	11.87			
19	VAN DER WESTHUIZEN, Jessica, 472	ANWN	11.66			
20	WARNER, Monique, 721	EPA	11.06			
21	GILBERT, Jemone, 129	ACNW	11.01			
22	JORDAAN, Zoë, 837	WPA	10.99			
23	KAMBIKAMBI, Karabo, 133	ACNW	10.06			
0	VAN DYK, Ruandi, 143	ACNW	DNS			

Item 60 08:00 Round 1 of 1 Women U18 (Youth) LongJump

1	MASHABA, Nolwazi, 412	AMPU	5.77		+0.0	
2	NOLTE, Danielle, 278	AGN	5.63		+0.3	
3	FOUCHE, Karmen, 128	ACNW	5.53		-0.2	
4	SHABANGU, Banele, 288	AGN	5.41		+0.0	
5	GERBER, Joane, 253	AGN	5.38		+0.2	
6	MAKAMBA, Zihle, 270	AGN	5.36		+0.0	
7	GROENEWALD, Cora, 185	AFS	5.34		+0.3	
8	DU TOIT, Brenda, 820	NWCA	5.14		+0.3	
9	BOSHOF, Ané, 5	BOLA	5.10		+0.4	
10	RADEMAN, Inezka, 602	CGA	5.05		+0.4	
11	VAN GREUNEN, Marna, 613	CGA	5.04		+0.1	
12	SYLVESTER, Azrea, 46	BOLA	4.90		+0.3	
13	MALAN, Greta, 29	BOLA	4.79		+0.3	
14	MEYER, Snead, 593	CGA	4.68		+0.2	
0	DU PLESSIS, Carla, 488	ASWD	NM			

Item 61 08:30 Final Men U20 (Junior) Discus

1	PRINSLOO, Francois, 101	BOLA	53.16	9		1.75kg G
2	VISSER, Jan Johannes, 117	BOLA	50.71	7		S
3	VAN NIEKERK, Chris, 559	AVT	49.06	6		B
4	KRUGER, Hannes, 207	AFS	47.60	5		
5	BEAUZEC, Morne, 724	EPA	47.13	4		
6	VISSER, Hermanus, 828	NWCA	45.71	3		
7	LEKHULENI, Xolani, 433	AMPU	45.03	2		
8	LOMBARD, Aaron, 525	ATRA	43.50	1		
9	DE LACEY LACEY, Jonathan, 153	ACNW	43.45	0		
10	VAN NIEUWENHUIZEN, Nico, 225	AFS	42.19	0		
11	COETZER, Danie, 427	AMPU	41.92	0		
0	PENNELS, Corne, 670	CGA	DNR	0		
0	WILLIAMS, Ryan, 120	BOLA	DNR	0		

Item 62 08:30 Heat 1 of 2 Women U18 (Youth) 400m

1	NAUDE, Amy, 763	KZNA	0:57.70			
2	VAN HEERDEN, Lene, 614	CGA	0:57.80			
3	VAN GREUNEN, Marna, 613	CGA	0:57.96			
4	LUDICK, Tatum, 25	BOLA	0:57.99			
5	CLAASSEN, Sue-mari, 176	AFS	0:58.72			
6	HAYES, Heila, 821	NWCA	1:04.26			

Item 62 08:30 Heat 2 of 2 Women U18 (Youth) 400m

1	STRIJDOM, Angelique, 293	AGN	0:57.43			
2	GROENEWALD, Tallita, 543	AVT	0:58.91			
3	ROUX, Chenelle, 420	AMPU	0:59.17			
4	MOOLMAN, Clarise, 709	EPA	0:59.18			
5	SEHOHLE, Zanele, 421	AMPU	0:59.53			
6	FERREIRA, Marizaan, 745	GWA	1:00.04			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
7	MOLABA, Oratile, 413	AMPU	1:00.77			
Item 63 08:50 Heat 1 of 3 Men U18 (Youth) 400m						
1	NKHAHLE, Rappie, 372	AGN	0:49.67			
2	VIERRA, Luke, 744	EPA	0:50.92			
3	LENTORO, Moshe, 434	AMPU	0:51.37			
4	CALEB, Welkom, 898	WPAI	0:51.40			
5	ISMAEL, Tauriq, 904	WPAI	0:53.07			
6	LEHLOENYA, Phoka, 923	ATRA	0:54.70			
0	MAHLANGU (T61), Nthando, 349	AGN	DNS			
Item 63 08:50 Heat 2 of 3 Men U18 (Youth) 400m						
1	PILLAY, Lyhte, 672	CGA	0:47.59			
2	JUDS, Jack, 634	CGA	0:49.80			
3	MADONSELA, Karabo, 348	AGN	0:49.83			
4	ERASMUS, Andre, 325	AGN	0:50.12			
5	SOCHOP, Keanan, 910	WPAI	0:51.45			
6	STOPFORTH, Michael, 814	LIMA	0:52.00			
7	FIKIZOLO, Lumko, 522	ATRA	0:55.31			
0	DINGILE, Happy, 627	CGA	DNS			
Item 63 08:50 Heat 3 of 3 Men U18 (Youth) 400m						
1	SWART, Adrian John, 111	BOLA	0:49.05			
2	NORTJIE, Antonie, 373	AGN	0:49.09			
3	JORDAN, Ryan, 733	EPA	0:49.31			
4	MABASO, Fanelesibonge, 775	KZNA	0:50.36			
5	BOTHA, Shaheed, 198	AFS	0:50.94			
6	MOTLOBA, Kamogelo, 481	ANWN	0:51.82			
7	GEYSER, Emile, 75	BOLA	0:52.07			
8	XHOTYENI, Mhlahi, 534	ATRA	0:55.80			
Item 64 09:00 Final Women U20 (Junior) Javelin 600g						
1	COMRBINK, Savannah, 244	AGN	50.85	9		G
2	VAN SCHALKWYK, Jana, 52	BOLA	50.68	7		S
3	SNYMAN, Gestelle, 290	AGN	45.12	6		B
4	SMIT, Ansune, 42	BOLA	43.38	5		
5	JANSE VAN RENSBURG, Danae, 258	AGN	39.48	4		
Item 65 09:00 Final Men U18 (Youth) Polevault						
1	RADEMEYER, Kyle, 102	BOLA	5.30	9		G SA
2	VAN HUYSTEEN, Nikolai, 115	BOLA	5.00	7		S
3	PRETORIUS, Arend, 216	AFS	4.60	6		B
4	FOURIE, Sj, 202	AFS	4.25	5		
0	SCHOEMAN, Ayden, 738	EPA	DNS	0		
0	DU PLESSIS, Henrico, 200	AFS	DNS	0		
Item 66 09:10 Heat 1 of 3 Women U20 (Junior) 400m						
1	VAN DER WALT, Zeney, 300	AGN	0:56.13			
2	VERCUIEL, Juli, 54	BOLA	0:57.38			
3	DUBE, Fina, 579	CGA	0:58.01			
4	DE KLERK, Xante, 575	CGA	0:58.86			
5	BOON, Rhode, 125	ACNW	0:59.50			
Item 66 09:10 Heat 2 of 3 Women U20 (Junior) 400m						
1	VILJOEN, Marli, 305	AGN	0:56.48			
2	HATTINGH, Carla, 583	CGA	0:57.00			
3	VAN SCHALKWYK, Janke, 53	BOLA	0:57.10			
4	VAN NIEKERK, Sancha, 301	AGN	0:58.70			
0	MARAIS, Charne, 136	ACNW	DNS			
0	ANASTACIA, Adams, 894	WPAI	DNS			
Item 66 09:10 Heat 3 of 3 Women U20 (Junior) 400m						
1	AHRENS, Kirsten, 752	KZNA	0:56.02			
2	VELDTMAN, Lethabo, 304	AGN	0:57.83			
3	JACOBS, Chere, 702	EPA	0:59.29			
4	FAULHA, Nicole, 755	KZNA	0:59.61			
5	MARKUS, Clivia, 822	NWCA	1:04.51			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
6	TITUS, Verenia, 715	EPA	1:07.86			
Item 67 09:30 Heat 1 of 5 Men U20 (Junior) 400m						
1	WEBER, Jayson, 891	WPA	0:48.15			
2	MASEKO, Nhlanhla, 440	AMPU	0:48.20			
3	MATALA, Frans, 648	CGA	0:48.62			
4	SEGATHLE, Rorisang, 402	AGNI	0:49.21			
5	SNYMAN, Nico, 813	LIMA	0:50.29			
6	KERILENG, Gomolemo, 159	ACNW	0:52.09			
Item 67 09:30 Heat 2 of 5 Men U20 (Junior) 400m						
1	SOKHWAKANA, Zazini, 387	AGN	0:49.79			
2	DANIELS, Gordon, 861	WPA	0:49.85			
3	MOKGAHLANE, Keletso, 807	LIMA	0:50.09			
4	MGOQI, Leonard, 529	ATRA	0:50.21			
5	MACHETE, Katlego, 436	AMPU	0:50.78			
6	DE KOKER, Dewald, 68	BOLA	0:51.16			
Item 67 09:30 Heat 3 of 5 Men U20 (Junior) 400m						
1	SEETE, David, 678	CGA	0:48.20			
2	DE JONGH, Ruan, 319	AGN	0:48.36			
3	VAN WYK, Romeo, 751	GWA	0:48.55			
4	TAYLOR, Adrian, 112	BOLA	0:50.10			
5	NHLAPO, Sibusiso, 370	AGN	0:50.32			
6	HLONGWANE, Mosuwe, 205	AFS	0:50.55			
0	MAHTATHI, Simbulele, 905	WPAI	DNS			
Item 67 09:30 Heat 4 of 5 Men U20 (Junior) 400m						
1	JONKER, Gert, 633	CGA	0:48.82			
2	PRINSLOO, Jd, 673	CGA	0:49.00			
3	GOUWS, Joshua, 331	AGN	0:49.07			
4	STADLER, Johan, 168	ACNW	0:49.80			
5	RAMOTHWALA, Kgotshatso, 812	LIMA	0:50.90			
6	BANTWENI, Tshidiso, 148	ACNW	0:52.48			
7	VALENTINE, Maliek, 912	WPAI	0:52.71			
Item 67 09:30 Heat 5 of 5 Men U20 (Junior) 400m						
1	PHASHA, Thato, 215	AFS	0:49.38			
2	VAN WYK, Stephan, 515	ASWD	0:49.59			
3	MKETO, Emihle, 567	BORA	0:50.00			
4	KHOZA, Amos, 340	AGN	0:50.59			
5	FOURIE, Stefan, 156	ACNW	0:51.40			
0	VAN WYK, Carlin, 173	ACNW	DNS			
0	TITUS, Elrich, 911	WPAI	DNS			
Item 68 09:30 Round 1 of 1 Men U18 (Youth) LongJump						
1	TITO, Jason, 114	BOLA	7.04			+0.1
2	RAMOKGOPA, Lethlogonolo, 377	AGN	7.01			+1.6
3	NESS, Liam, 664	CGA	6.89			+0.0
3	MUWAYI, Banele, 446	AMPU	6.89			+0.6
5	MOLOTO, Lesedi, 658	CGA	6.86			+0.1
6	NKUNA, Thapelo, 453	AMPU	6.84			+0.5
7	WYNGAARD, Abdud-daiyaan, 892	WPA	6.72			+0.0
8	SHOBA, Sanele, 383	AGN	6.69			+2.0
9	THAESA, Thebogo, 462	AMPU	6.68			+0.4
10	TEMBANI, Azola, 390	AGN	6.60			+0.8
11	MENZIES, Keegan, 805	LIMA	6.53			+0.5
12	ZEID, Gabriel, 692	CGA	6.52			+0.0
13	XULU, Siyabulela, 793	KZNA	6.48			+0.9
14	SELEBI, Michael, 928	CGA	6.43			+0.3
15	KAHLA, Buhlebenkos, 564	BORA	6.36			+0.4
16	VAN DEN HEEVER, Daniel, 484	ANWN	6.11			+0.1
17	ROACH, Aidan, 737	EPA	5.95			+0.2
0	MARAIS, Ethan, 877	WPA	NM			
Item 69 09:55 Heat 1 of 3 Men U20 (Junior) 110m Hurdles				+0.3 99.5cm		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	SCHOEMAN, Michael, 379	AGN	13.79			
2	VAN DER WALT, Stephanus, 391	AGN	14.27			
3	JANSE VAN VUUREN, Dian, 336	AGN	14.57			
4	VOSLOO, Wicus, 229	AFS	14.80			
5	GRUNEWALD, Jarrod, 870	WPA	15.39			
6	SIBEKO, Siyabonga, 458	AMPU	15.40			
7	PIETERS, Juan-louw, 166	ACNW	16.09			

Item 69 09:55 Heat 2 of 3 Men U20 (Junior) 110m Hurdles -0.2 99.5cm

1	DE LANGE, Ruan, 320	AGN	14.32			
2	JOHNSON, Jordan, 632	CGA	14.47			
3	VENTER, Jerry, 174	ACNW	14.54			
4	VAN WYK, Edwin, 394	AGN	14.77			
5	RYAN, Ashton, 884	WPA	15.03			
6	LARUFFA, Ryan, 509	ASWD	16.54			
0	RELEBOHILEE, Molete, 217	AFS	DNS			

Item 69 09:55 Heat 3 of 3 Men U20 (Junior) 110m Hurdles +0.2 99.5cm

1	OCTOBER, Jason Matthew, 92	BOLA	14.34			
2	WILLIAMS, Rozario, 691	CGA	14.41			
3	MACKENZIE, Ronaldo, 85	BOLA	14.84			
4	DIWAN, Brits, 628	CGA	14.99			
5	FERNANDEZ, Arenzo, 865	WPA	15.21			
6	VAN STER, Hubeid, 913	WPAI	15.81			
7	LOSPER, Damian, 435	AMPU	17.77			

Item 70 10:00 Final Women U18 (Youth) Discus 1kg

1	ROETS, Dane, 604	CGA	46.18	9	G	
2	DE NECKER, Juanita, 538	AVT	44.05	7	S	
3	UMBERTI, Bodine, 297	AGN	43.18	6	B	
4	DE KLERK, Miné, 178	AFS	41.80	5		
5	RAATHS, Marguerite, 468	ANWN	41.31	4		
6	JANSE VAN RENSBURG, Belinda, 256	AGN	41.28	3		
7	PONT, Illandre, 281	AGN	40.68	2		
8	MOSTERT, Desere, 467	ANWN	39.96	1		
9	VON WIELLIGH, Inge, 57	BOLA	38.07	0		
10	SCHULENBURG, Elcheri, 470	ANWN	37.81	0		
11	GELDENHYS, Ruzel, 581	CGA	35.43	0		
12	VISSER, Sanmarie, 824	NWCA	34.59	0		

Item 71 10:00 Final Men U18 (Youth) HighJump

1	NZOME, Tanaka, 374	AGN	2.05	9	G	
2	WENHOLD, Edric, 560	AVT	2.05	7	S	
3	VENTER, Nathan, 466	AMPU	2.00	6	B	
4	OLWAGE, Karel, 554	AVT	2.00	5		
5	MONTSUMI, Reece, 880	WPA	1.95	4		
6	MUKIAPINI, Gratias, 881	WPA	1.90	3		
7	STRYDOM, Victor, 684	CGA	1.85	2		
8	LOUWRENS, Justin, 638	CGA	1.85	1		
8	SIFUNDA, Bandile, 459	AMPU	1.85	1		
8	RULSE, Khalim, 378	AGN	1.85	1		
11	VAN ROOYEN, Anre, 741	EPA	1.80	0		
11	SELEBI, Michael, 928	CGA	1.80	0		

Item 72 10:10 Heat 1 of 3 Men U18 (Youth) 110m Hurdles +1.7 91.4cm

1	STRAUSS, Reynardt, 388	AGN	13.71			
2	BARNARD, Mondray, 723	EPA	14.28			
3	NKWASHU, Wyne, 806	LIMA	14.66			
4	POTGIETER, Leon, 810	LIMA	14.91			
0	JACOBS, Denmar, 77	BOLA	Disq: False Start			
0	WEYER, Jan-hendrik, 816	LIMA	DNS			
0	MAHLANGU, Samukelo, 438	AMPU	DNS			
0	BOTHA, Adam, 231	AFSI	DNS			

Item 72 10:10 Heat 2 of 3 Men U18 (Youth) 110m Hurdles +0.2 91.4cm

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	COETZEE, Dylan, 316	AGN	13.89			
2	KEYSER, Emel, 160	ACNW	14.23			
3	GROBLER, Gerhard, 551	AVT	14.56			
4	VAN DER MERWE, Lian, 222	AFS	14.71			
5	RAMASHILABELE, Tsholofelo, 455	AMPU	14.91			
6	NEVHTALU, Rofhiwa, 808	LIMA	15.10			
7	KUBHEKA, Sphiwe, 432	AMPU	15.69			
Item 72 10:10 Heat 3 of 3 Men U18 (Youth) 110m Hurdles					-0.6	91.4cm
1	BANGUE, Jorim, 311	AGN	14.23			
2	SWART, Nardus, 169	ACNW	14.47			
3	CAMERON, Simon, 825	NWCA	14.61			
4	HLENGINE, Lungile, 631	CGA	14.69			
5	MAGUTLE, Thabiso, 437	AMPU	14.86			
6	MONYAI, Lebone, 480	ANWN	15.18			
7	PETERSEN, Nelash, 883	WPA	15.26			
Item 73 10:25 Heat 1 of 2 Women U20 (Junior) 100m Hurdles					+0.0	84cm
1	VAN DER MERWE, Antoinette, 299	AGN	13.81			
2	OLCKERS, Charne-lee, 279	AGN	14.95			
3	STEYN, Jessica, 547	AVT	15.48			
4	DU PREEZ, Annika, 925	AGNI	15.56			
5	VAN NIEKERK, Angelique, 616	CGA	15.78			
6	KRUGER, Zeanne, 22	BOLA	15.92			
Item 73 10:25 Heat 2 of 2 Women U20 (Junior) 100m Hurdles					+1.1	84cm
1	JOSEPH, Rogail, 838	WPA	14.20			
2	SYLVESTER, Elitha, 852	WPA	14.66			
3	LAZARUS, Gabrielle, 924	WPA	14.87			
4	MAHER, Tatum, 28	BOLA	15.30			
0	VAN JAARVELD, Liane, 615	CGA	DNS			
Item 74 10:40 Heat 1 of 3 Women U18 (Youth) 100m Hurdles					+1.1	76.2cm
1	VAN DEN BERGH, Kayla, 140	ACNW	13.72			
2	COMPAAN, Mila, 243	AGN	14.09			
3	VAN ZYL, Diana, 617	CGA	14.17			
4	VENTER, Ane, 146	ACNW	14.54			
5	MLANGENI, Langelihle, 546	AVT	15.93			
0	GROENEWALD, Sane, 184	AFS	DNS			
Item 74 10:40 Heat 2 of 3 Women U18 (Youth) 100m Hurdles					+1.0	76.2cm
1	FOURIE, Marione, 541	AVT	13.76			
2	DE WET, Simone, 577	CGA	13.86			
3	BEZUIDENHOUT, Chazel, 235	AGN	14.46			
4	REVELAS, Lia, 798	LIMA	15.15			
5	NAIDU, Lebara, 846	WPA	15.58			
6	KELSEY, Nicole, 705	EPA	17.45			
Item 74 10:40 Heat 3 of 3 Women U18 (Youth) 100m Hurdles					-0.8	76.2cm
1	STARBUCK, Megan, 608	CGA	14.10			
2	EILERD, Charlize, 250	AGN	14.26			
3	VAN DER LINDE, Marga-rita, 854	WPA	14.29			
4	DU TOIT, Brenda, 820	NWCA	14.52			
5	PIETERS, Neo-leigh, 418	AMPU	14.87			
0	STRYDOM, Ane, 139	ACNW	DNS			
Item 75 11:00 Final Women U18 (Youth) 3000m						
1	GAIT-SMITH, Gabrielle, 252	AGN	09:40.80	9		G
2	JORDAAN, Alme, 21	BOLA	09:48.67	7		S
3	MESHAM, Alexa, 845	WPA	09:50.34	6		B
4	DIXON, Chante, 578	CGA	10:04.06	5		
5	PARKES, Michelle, 417	AMPU	10:07.27	4		
6	MABUSA, Nonhlanhla, 269	AGN	10:23.74	3		
7	PETRO, Stephany, 496	ASWD	10:35.40	2		
8	KOLELA, Berdien, 492	ASWD	10:37.88	1		
9	DE MEYER, Chane, 576	CGA	10:44.30	0		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
10	MENZIWA, Emihle, 917	ATRA	11:10.85	0		
11	KUMILE, Kenaleane, 587	CGA	11:14.81	0		
12	BANISI, Nandi, 915	ATRA	11:32.98	0		
13	KEKELANA, Nosive, 518	ATRA	11:36.07	0		
14	MOFI, Vuyiswa, 521	ATRA	11:50.11	0		
0	MASIMINI, Simamkele, 916	ATRA	DNS	0		
0	MJWARA, Slindile, 762	KZNA	DNS	0		
0	MADLALA, Smangaliso, 759	KZNA	DNS	0		
Item 76 11:00 Final Men U20 (Junior) Javelin						800g
1	DEYSEL, Deveoux, 322	AGN	68.86	9	G	
2	ESTERHUIZEN, Jano, 474	ANWN	67.53	7	S	
3	JOUBERT, Matthew, 772	KZNA	65.96	6	B	
4	SMIT, Juan, 109	BOLA	60.88	5		
5	KLEINHANS, Jacques, 341	AGN	60.57	4		
6	SMIT, Ruan, 386	AGN	58.27	3		
0	VAN DER BANK, Aubrey, 464	AMPU	DNR	0		
Item 78 11:00 Round 1 of 1 Women U20 (Junior) Long Jump						
1	VAN WYK, Karissa, 423	AMPU	5.72			+2.3
2	LAZARUS, Gabrielle, 924	WPA	5.69			+2.1
3	DE JAGER, Marcelle, 795	LIMA	5.52			+1.2
4	BASSON, Mieke, 3	BOLA	5.48			-1.0
4	XEYI, Rose, 309	AGN	5.48			+0.3
6	SOLARIN, Esther, 291	AGN	5.47			+0.1
7	BOTHA, Kyra, 239	AGN	5.36			+0.6
8	DUNCAN, Lene, 831	WPA	5.35			+0.3
8	DONOUGH, Ameerah, 897	WPAL	5.35			+1.3
10	LOUWRENS, Suneel, 135	ACNW	5.33			+0.5
11	MAKONI, Bethal, 271	AGN	5.31			+0.0
12	RABE, Madri, 601	CGA	5.20			+0.6
13	STEYN, Jessica, 547	AVT	5.12			+0.3
14	JACOBS, Liane, 18	BOLA	5.09			+1.4
15	KRUGER, Zeanne, 22	BOLA	5.07			+0.5
16	VAN NIEKERK, Angelique, 616	CGA	5.06			+1.4
0	VAN DER MERWE, Marrelie, 716	EPA	DNS			
Item 79 11:20 Final Men U18 (Youth) 3000m						
1	VAN NIEKERK, Wian, 392	AGN	08:27.58	9	G	
2	BOWER, Jason, 549	AVT	08:28.98	7	S	
3	MASONDO, Sanele, 780	KZNA	08:31.75	6	B	
4	NTUNTWANA, Tshepo, 667	CGA	08:34.70	5		
5	MAJA, Kabelo, 351	AGN	08:36.09	4		
6	VISSER, Melvin, 516	ASWD	08:38.48	3		
7	MONYEBODI, Kgadi, 363	AGN	08:38.67	2		
8	THOMBELA, Simphiwe, 686	CGA	08:51.63	1		
9	MAYEPHU, Bongo, 354	AGN	08:51.96	0		
10	AYYOUB, Elyas, 858	WPA	08:52.00	0		
11	JOOSTE, Sherwin, 873	WPA	08:53.76	0		
12	NTOLOANE, Fusi, 666	CGA	08:56.35	0		
13	GORDON, Tyrone, 869	WPA	09:11.16	0		
14	KHUMALO, Sbonelo, 774	KZNA	09:17.83	0		
15	MAZWI, Inako, 918	ATRA	09:33.30	0		
16	NGOZI, Athabile, 532	ATRA	09:37.39	0		
17	LAMINI, Gilermo, 508	ASWD	09:39.59	0		
0	NYAWO, Philana, 735	EPA	DNS	0		
0	MACI, Mbaso, 876	WPA	DNF	0		
Item 80 11:30 Round 1 of 1 Women U18 (Youth) Hammer						3kg
1	MAKHETHE, Phthisang, 187	AFS	60.67			
2	PRETORIUS, Elaine, 191	AFS	55.04			
3	COETZER, Dane, 699	EPA	52.00			
4	VAN HEERDEN, Marzanne, 196	AFS	51.18			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
5	ELS, ChamÉl, 180	AFS		50.16		
6	BRUWER, Karla, 9	BOLA		45.92		
7	HOFFMAN, Melissa, 835	WPA		45.22		
8	BOTHA, Claudine, 536	AVT		44.26		
9	SWART, Anél, 45	BOLA		44.24		
10	HUMPHRIES, Racheal, 584	CGA		44.06		
11	GOUWS, Su-marie, 183	AFS		43.64		
12	JORDAAN, Ancois, 490	ASWD		41.30		
13	BOTHA, Jonell, 485	ASWD		39.32		
14	DEYZEL, Carike, 539	AVT		39.15		
15	ESTERHUYSEN, Chandre, 251	AGN		37.58		
16	GILBERT, Jemone, 129	ACNW		35.07		
17	COETZEE, Hester, 819	NWCA		30.97		
0	VAN VREDEN, Carina, 197	AFS		DNS		
0	BOTHA, Marli, 7	BOLA		NM		
0	PRINS, Anja, 36	BOLA		NM		

Item 81 11:40 Final Women U20 (Junior) 3000m

1	OELOFSE, Vicky, 188	AFS	09:51.69	9	G	
2	ROELFSE, Lyndi, 603	CGA	09:56.50	7	S	
3	BOSMAN, Casey, 573	CGA	09:57.11	6	B	
4	SHANGE, Yandiswa, 39	BOLA	10:01.67	5		
5	NKUNA, Welma, 599	CGA	10:28.87	4		
6	SWANEPOEL, Megan, 43	BOLA	10:59.63	3		
7	GIBBS, Kia, 833	WPA	11:03.83	2		
8	LYONS, Mya, 27	BOLA	11:48.88	1		
0	LUND, Robin, 843	WPA	DNS	0		

Item 82 12:00 Heat 1 of 3 Women U18 (Youth) 200m**+1.9**

1	VAN DER WESTHUIZEN, Elke, 51	BOLA	24.66			
2	STARBUCK, Megan, 608	CGA	25.22			
3	VAN HEERDEN, Lene, 614	CGA	25.35			
4	COMPAAAN, Mila, 243	AGN	25.64			
5	ISAACS, Catlin, 17	BOLA	25.96			
6	DU PLESSIS, Stefani, 830	WPA	26.16			

Item 82 12:00 Heat 2 of 3 Women U18 (Youth) 200m**+0.6**

1	VAN STADEN, Miandi, 144	ACNW	24.81			
2	VAN WYK, Odette, 302	AGN	25.35			
3	SHABANGU, Banele, 288	AGN	25.61			
4	MAKOLA, Refilwe, 411	AMPU	26.20			
5	CRONJE, Tashlene, 230	AFSI	26.42			
0	NEL, Rhode, 415	AMPU	DNS			

Item 82 12:00 Heat 3 of 3 Women U18 (Youth) 200m**-0.7**

1	BROWN, Chinique, 794	LIMA	24.79			
2	FOURIE, Annemé, 182	AFS	25.02			
3	BLIGNAUT, Janie, 237	AGN	25.33			
4	VLOK, Kyla, 307	AGN	25.88			
5	BOTHA, Jane, 535	AVT	26.05			
6	FOUCHE, Jinesse, 746	GWA	26.46			
7	MLANGENI, Langelihle, 546	AVT	27.15			

Item 83 12:20 Heat 1 of 4 Men U18 (Youth) 200m**+2.8**

1	DAMBILE, Sinesipho, 318	AGN	21.04			
2	BURGER, Reece, 63	BOLA	22.30			
3	NKOSI, Garshwin, 452	AMPU	22.39			
4	JACOBS, Zandre, 78	BOLA	22.43			
5	TLHAPI, Olebogeng, 687	CGA	22.61			
6	MOTSWAISO, Orapeleng, 482	ANWN	22.95			
7	DAVIDS, Ebrahim, 862	WPA	23.32			

Item 83 12:20 Heat 2 of 4 Men U18 (Youth) 200m**+0.0**

1	JOHNSON, Elviano, 337	AGN	21.28			
2	JOSIAS, Jesse, 874	WPA	22.15			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
3	MABUNDA, Mbhoni, 347	AGN	22.28			
4	POTGIETER, Louwrens, 454	AMPU	22.78			
5	BUKHALI, Sandile, 622	CGA	23.12			
6	XHOTYENI, Mihlali, 534	ATRA	23.46			
7	FIKIZOLO, Lumko, 522	ATRA	23.67			
Item 83 12:20 Heat 3 of 4 Men U18 (Youth) 200m				+1.4		
1	POTGIETER, Eckhardt, 376	AGN	21.25			
2	MVUYO, Moss, 662	CGA	22.08			
3	MOSTERT, Hugo, 91	BOLA	22.24			
4	MATAU, Dario, 477	ANWN	22.25			
5	GRAY, Samuel, 332	AGN	22.31			
6	CHAKAIPA, Tamuka, 624	CGA	23.57			
0	GALANT, Cohan, 504	ASWD	DNS			
Item 83 12:20 Heat 4 of 4 Men U18 (Youth) 200m				+0.1		
1	CLOETE, Keenan, 930	AFS	21.43			
2	SWART, Adrian John, 111	BOLA	21.46			
3	ZINN, Kyle, 893	WPA	21.83			
4	NDLOVU, Vuyu, 447	AMPU	22.19			
5	JORDAAN, Dylan, 476	ANWN	22.25			
6	NKAMBULE, Kwanele, 451	AMPU	22.27			
7	FORTUIN, Matheus, 503	ASWD	22.34			
Item 84 12:40 Heat 1 of 3 Women U20 (Junior) 200m				+3.8		
1	BURGESS, Suzie, 241	AGN	24.88			
2	HANEKOM, Natalie, 254	AGN	24.90			
3	JOHNSON, Lara, 20	BOLA	25.05			
4	JANSEN VAN RENSBURG, Shere, 544	AVT	25.17			
5	VOSLOO, Leonette, 799	LIMA	25.37			
6	MOLOI, Segopotso, 595	CGA	25.72			
6	NGEMA, Snethemba, 764	KZNA	25.72			
Item 84 12:40 Heat 2 of 3 Women U20 (Junior) 200m				+2.0		
1	MOFOMME, Michelle, 276	AGN	24.73			
2	WAIT, Saskia, 720	EPA	24.94			
3	MONGWE, Nikiwe, 596	CGA	25.08			
4	LUDICK, Gabriella, 26	BOLA	25.43			
5	VAN HEERDEN, Courtney, 856	WPA	25.73			
6	DE KLERK, Xante, 575	CGA	26.32			
0	MURRAY, Toinette, 137	ACNW	DNS			
Item 84 12:40 Heat 3 of 3 Women U20 (Junior) 200m				+2.0		
1	VAN DER MERWE, Antoinette, 299	AGN	23.94			
2	VAN DER MERWE, Nicola, 471	ANWN	24.35			
3	BOMPASS, Jessica, 753	KZNA	24.40			
4	VREY, Jenni, 618	CGA	25.91			
5	JOSIAS, Cadi, 491	ASWD	26.55			
0	KLAAS, Zinam, 841	WPA	DNS			
Item 85 13:00 Heat 1 of 4 Men U20 (Junior) 200m				+2.0		
1	DAVIDS, Luke, 863	WPA	21.59			
2	VON STADE, Zander, 398	AGN	21.64			
3	MOJE, Phemelo, 478	ANWN	21.82			
4	MEKHISE, Ditiro, 479	ANWN	21.83			
5	HLONGWANE, Mosuwe, 205	AFS	21.91			
6	BULUMKO, Ntuthu, 726	EPA	22.23			
7	JACOBS, Altus, 475	ANWN	23.68			
0	VAN DER MERWE, Stefan, 172	ACNW	DNS			
Item 85 13:00 Heat 2 of 4 Men U20 (Junior) 200m				+0.2		
1	WEBER, Jayson, 891	WPA	21.84			
2	MGOQI, Leonard, 529	ATRA	21.92			
3	JOUBERT, Matthew, 338	AGN	22.14			
4	MOKGAHLANE, Keletso, 807	LIMA	22.47			
5	MORNE, Hattingh, 785	KZNA	22.51			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
6	HARMSE, Harmse, 802	LIMA	22.81			
7	SNYMAN, Nico, 813	LIMA	22.82			
Item 85 13:00 Heat 3 of 4 Men U20 (Junior) 200m				+3.2		
1	WALSH, Liam, 175	ACNW	22.26			
2	VAN WYK, Romeo, 751	GWA	22.29			
3	MANGOALE, Kabelo, 644	CGA	22.33			
4	CLOETE, Zandre, 801	LIMA	22.73			
0	MATALA, Frans, 648	CGA	Disq: False Start			
0	PHASHA, Thato, 215	AFS	Disq: False Start			
0	MPINGA, Nkosana, 445	AMPU	DNS			
Item 85 13:00 Heat 4 of 4 Men U20 (Junior) 200m				-0.1		
1	MASWAGANYI, Phathutshedzo, 353	AGN	21.66			
2	MOHOERE, Gratitude, 211	AFS	21.85			
3	GASA, Philelani, 203	AFS	22.17			
4	DU PREEZ, Marthinus, 154	ACNW	22.34			
5	MACHETE, Katlego, 436	AMPU	22.65			
6	SIZANI, Aluncedo, 571	BORA	22.67			
7	BALOYI, Ndzalama, 800	LIMA	23.76			
Item 86 15:00 Final Women U18 (Youth) Javelin					500g	
1	DE NYSSCHEN, Heike, 179	AFS	51.33	9	G	
2	VAN ZYL, Chene, 303	AGN	49.73	7	S	
3	VAN DER MERWE, Hane, 49	BOLA	47.76	6	B	
4	LINDEQUE, Nicole, 410	AMPU	41.30	5		
5	JANSE VAN RENSBURG, Nicolien, 409	AMPU	39.47	4		
6	MULDER, Chandu, 598	CGA	39.33	3		
7	HEUER, Anouk, 15	BOLA	38.47	2		
8	VAN DER WESTHUIZEN, Jessica, 472	ANWN	38.44	1		
9	SCHONKEN, Nikki, 38	BOLA	38.03	0		
10	WESSEL, Gailin, 308	AGN	37.74	0		
11	GRUNDLING, Alana, 701	EPA	36.67	0		
12	JONCK, Demi, 703	EPA	36.25	0		
13	GELDENHYS, Ruzel, 581	CGA	33.61	0		
Item 87 15:00 Round 1 of 1 Men U20 (Junior) LongJump						
1	GAINES, Mark, 768	KZNA	7.13			+0.7
2	HANI, Nikithemba, 563	BORA	7.09			-0.6
3	MASWAGANYI, Phathutshedzo, 353	AGN	7.08			+2.6
3	GEBENGANA, Lumka, 157	ACNW	7.08			+1.0
5	MIYA, Sifiso, 357	AGN	7.05			+0.2
6	GAUCHE, Luke, 330	AGN	6.96			-0.1
7	RYAN, Ashton, 884	WPA	6.88			-0.8
8	DIWAN, Brits, 628	CGA	6.87			+0.8
9	LE ROUX, Christie, 345	AGN	6.82			+1.4
10	TOLBADI, Sanele, 688	CGA	6.71			+0.6
11	KOK, Jordan, 161	ACNW	6.67			-0.6
12	NJABULO, Temilton, 450	AMPU	6.62			+0.5
13	SHABANGU, Matome, 382	AGN	6.59			+0.0
14	KUBAYI, Sibusiso, 431	AMPU	6.54			+1.8
15	MOSS, Siyamthanda, 530	ATRA	6.48			+0.8
16	PARKER, Tashriq, 908	WPAI	6.48			-0.2
17	DAVIDS, Carvin, 428	AMPU	6.40			-0.5
18	WALSH, Liam, 175	ACNW	6.33			-0.2
19	MABASO, Mlungisi, 776	KZNA	5.85			+1.7
20	MDLELA, Oageng, 653	CGA	5.56			-0.1
0	SATEKGE, Karabo, 676	CGA	Disq: Refused Instruction from ITO			
Item 88 15:00 Final Women U18 (Youth) HighJump						
1	VISSER, Jeane, 147	ACNW	1.78	9	G	
2	FOUCHE, Karmen, 128	ACNW	1.75	7	S	
3	EICH, Alara, 580	CGA	1.63	6	B	
3	WHITTINGTON, Nicole, 619	CGA	1.63	6	B	

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
5	BOTHA, Hannah, 8	BOLA	1.63	4		
6	COETZEE, Caelin, 242	AGN	1.63	3		
7	SWAYDE, Lessing, 612	CGA	1.60	2		
8	MAKAMBA, Zihle, 270	AGN	1.60	1		
9	HORN, Micaela, 16	BOLA	1.60	0		
10	PRETORUIS, Benitha, 35	BOLA	1.55	0		
11	UMEH, Favour, 548	AVT	1.55	0		
0	DU PLESSIS, Carla, 488	ASWD	DNR	0		
0	VAN DEIJL, Liza, 853	WPA	NM	0		
Item 89 15:00 Final Men U18 (Youth) Discus						1.5kg
1	SWANEPOEL, Wynand, 220	AFS	61.77	9	G	
2	OOSTHUIZEN, Juan, 669	CGA	58.82	7	S	
3	KOTZEE, Markus, 344	AGN	55.05	6	B	
4	MARAI, Dian, 209	AFS	54.16	5		
5	KRUGER, Douw, 430	AMPU	51.82	4		
6	KLEINHANS, Phillip, 507	ASWD	51.09	3		
7	NELSON, Niel, 882	WPA	50.73	2		
8	VAN ZYL, Tian, 395	AGN	48.85	1		
9	COERTZEN, Willem, 550	AVT	45.43	0		
10	VENTER, Nicko, 690	CGA	44.66	0		
11	HATTINGH, Jan-adriaan, 158	ACNW	44.37	0		
12	JOUBERT, Francois, 875	WPA	43.21	0		
13	SPAMER, Francois, 740	EPA	39.99	0		
14	MOKOENA, Azania, 361	AGN	36.25	0		
Item 97 16:30 Final Women U18 (Youth) Triple Jump						
1	MASHABA, Nolwazi, 412	AMPU	12.69	9	G	+3.0
2	NOLTE, Danielle, 278	AGN	11.90	7	S	+1.0
3	VENTER, Ane, 146	ACNW	11.81	6	B	+0.7
4	GERBARDT, Shikira, 542	AVT	11.37	5		+0.0
5	SENNE, Oreneile, 605	CGA	10.60	4		+1.0
6	JAMES, Nakai, 914	AMPU	10.58	3		+0.5
7	SWART, Jessica, 611	CGA	10.51	2		+0.5
8	NORTJE, Kristen, 416	AMPU	10.36	1		+0.2
9	SMITH, Dominique, 422	AMPU	10.24	0		+1.0
10	WILSENACH, Lydia, 425	AMPU	10.19	0		+0.1
11	LOUW, Lenice, 23	BOLA	10.17	0		+2.3
11	MAAKE, Tshegofatso, 267	AGN	10.17	0		+0.4
0	SOLAAN, Bonique, 714	EPA	DNS	0		
Item 99 17:00 Final Women U20 (Junior) Discus						1kg
1	UYS, Collette, 193	AFS	45.97	9	G	
2	COETZEE, Cara, 11	BOLA	45.29	7	S	
3	CHANNON, Georgia, 10	BOLA	43.27	6	B	
4	STRYDOM, Meike, 610	CGA	42.57	5		
5	THERON, Nicola, 296	AGN	41.56	4		
6	VAN VUUREN, Ilke, 719	EPA	40.54	3		
7	BLIGNAUT, Lize, 124	ACNW	40.45	2		
8	HARRIS, Kayla, 756	KZNA	38.31	1		
9	VAN DER WESTHUIZEN, Claudia, 855	WPA	37.64	0		
10	CHURCH, Caitlin, 537	AVT	34.17	0		
0	JACOBS, Saffron, 131	ACNW	NM	0		
Item 100 17:00 Final Men U18 (Youth) Javelin						700g
1	BOTHA, Regardt, 314	AGN	69.02	9	G	
2	VAN DER LINDEN, Armant, 689	CGA	68.60	7	S	
3	HUMAN, Ruan, 335	AGN	67.81	6	B	
4	VAN DER MERWE, Zander, 465	AMPU	62.11	5		
5	MOUTON, Conrad, 364	AGN	60.86	4		
6	LIEBENBERG, Willie, 84	BOLA	59.65	3		
7	VLOK, Riaan, 227	AFS	58.18	2		
8	VOLJERS, Steyn, 397	AGN	57.74	1		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
9	DU TOIT, Jan, 201	AFS	57.14	0		
10	SWANEPOEL, Armand, 461	AMPU	54.95	0		
0	VAN DER MERWE, Jw, 223	AFS	DNS	0		
0	DODO, Testimony, 767	KZNA	DNS	0		
Item 101 17:00 Semi Final 1 of 3 Men U20 (Junior) 400m						
1	WEBER, Jayson, 891	WPA	0:47.63			
2	MATALA, Frans, 648	CGA	0:47.79			
3	PRINSLOO, Jd, 673	CGA	0:48.75			
4	PHASHA, Thato, 215	AFS	0:49.00			
5	MKETO, Emihle, 567	BORA	0:49.30			
6	DANIELS, Gordon, 861	WPA	0:50.11			
7	MACHETE, Katlego, 436	AMPU	0:50.46			
8	SNYMAN, Nico, 813	LIMA	0:50.57			
Item 101 17:00 Semi Final 2 of 3 Men U20 (Junior) 400m						
1	SEETE, David, 678	CGA	0:47.37			
2	SOKHWAKANA, Zazini, 387	AGN	0:47.98			
3	VAN WYK, Romeo, 751	GWA	0:48.03			
4	GOUWS, Joshua, 331	AGN	0:48.40			
5	STADLER, Johan, 168	ACNW	0:49.20			
6	MOKGAHLANE, Keletso, 807	LIMA	0:50.13			
7	KHOZA, Amos, 340	AGN	0:50.21			
0	HLONGWANE, Mosuwe, 205	AFS	Disq: False Start			
Item 101 17:00 Semi Final 3 of 3 Men U20 (Junior) 400m						
1	DE JONGH, Ruan, 319	AGN	0:47.59			
2	MASEKO, Nhlanhla, 440	AMPU	0:47.86			
3	JONKER, Gert, 633	CGA	0:48.39			
4	VAN WYK, Stephan, 515	ASWD	0:49.06			
5	SEGATHLE, Rorisang, 402	AGNI	0:49.07			
6	MGOQI, Leonard, 529	ATRA	0:49.75			
7	TAYLOR, Adrian, 112	BOLA	0:50.03			
8	NHLAPO, Sibusiso, 370	AGN	0:50.06			
Item 102 17:15 Final Men U20 (Junior) 5000m						
1	VAN NIEKERK, Rikus, 393	AGN	14:50.59	9	G	
2	NOSE, Cwenga, 533	ATRA	14:51.34	7	S	
3	NTOE, Phemelo, 665	CGA	14:53.73	6	B	
4	MARIBE, Tshiamo, 778	KZNA	14:57.84	5		
5	BEUKES, Caleb, 621	CGA	15:03.92	4		
6	FLINK, Carlo, 867	WPA	15:11.96	3		
7	ROOI, Reagen, 106	BOLA	15:15.94	2		
8	BULWANE, Moses, 151	ACNW	15:20.82	1		
9	NGAMTINI, Siyambonga, 523	ATRA	15:32.85	0		
10	NAZO, Avela, 531	ATRA	15:38.15	0		
11	KAPTEIN, Waldo, 506	ASWD	15:40.83	0		
12	DA SILVA AZEVEDO, Alexandro, 900	WPAI	15:52.67	0		
13	MTSHWENI, Sikhanyiso, 661	CGA	15:56.82	0		
14	NONGCANTSI, Kwazi, 920	ATRA	16:02.70	0		
15	RAMOLAMU, Mokheseng, 921	ATRA	16:11.87	0		
16	SIKOSANA, Tumelo, 385	AGN	16:16.00	0		
17	MASHEGO, Success, 647	CGA	16:22.93	0		
0	MOTLOUNG, Katleho, 659	CGA	DNS	0		
0	METU, Busisani, 907	WPAI	DNS	0		
0	HENDRICKS, Deanlee, 76	BOLA	DNS	0		
0	MICHEALS, Lance, 89	BOLA	DNS	0		
0	MALEPE, Evans, 642	CGA	DNF	0		
Item 103 17:45 Final Women U20 (Junior) TripleJump						
1	MORAKE, Gontse, 597	CGA	12.92	9	G	-0.6
2	LOUWRENS, Suneel, 135	ACNW	12.10	7	S	+0.0
3	KETCH, Leandre, 840	WPA	11.99	6	B	+0.3
4	LESO, Elisette, 265	AGN	11.99	5		+0.4

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
5	VAN NIEKERK, Angelique, 616	CGA	11.90	4	-0.1	
6	VAN WYK, Karissa, 423	AMPU	11.83	3	+0.1	
7	DONOUGH, Ameerah, 897	WPAI	11.25	2	-0.1	
0	JACOBS, Liane, 18	BOLA	DNS	0		
0	MONROE, Robyn-lee, 707	EPA	NM	0		
0	RABE, Madri, 601	CGA	NM	0		
0	BALOI, Sesana, 405	AMPU	NM	0		
0	BEZUIDENHOUT, Bianca, 236	AGN	NM	0		
Item 104 17:45 Final Men U20 (Junior) 110m Hurdles					+0.4	99.5cm
1	SCHOEMAN, Michael, 379	AGN	13.54	9	G	
2	OCTOBER, Jason Matthew, 92	BOLA	14.13	7	S	
5	VAN DER WALT, Stephanus, 391	AGN	14.58	4		
6	JOHNSON, Jordan, 632	CGA	14.81	3		
7	JANSE VAN VUUREN, Dian, 336	AGN	14.86	2		
8	DE LANGE, Ruan, 320	AGN	22.35	1		
3	VENTER, Jerry, 174	ACNW	14.14	6	B	
4	WILLIAMS, Rozario, 691	CGA	14.19	5		
Item 105 17:55 Final Men U18 (Youth) 110m Hurdles					+0.1	91.4cm
1	STRAUSS, Reynardt, 388	AGN	13.58	9	G	
2	COETZEE, Dylan, 316	AGN	13.72	7	S	
3	BANGUE, Jorim, 311	AGN	13.83	6	B	
4	KEYSER, Emel, 160	ACNW	14.21	5		
5	SWART, Nardus, 169	ACNW	14.40	4		
6	GROBLER, Gerhard, 551	AVT	14.44	3		
7	BARNARD, Mondray, 723	EPA	15.60	2		
8	CAMERON, Simon, 825	NWCA	20.06	1		
Item 106 18:05 Final Women U20 (Junior) 100m Hurdles					-1.5	84cm
1	VAN DER MERWE, Antoinette, 299	AGN	13.91	9	G	
2	JOSEPH, Rogail, 838	WPA	14.07	7	S	
3	SYLVESTER, Elitha, 852	WPA	14.83	6	B	
4	LAZARUS, Gabrielle, 924	WPA	15.03	5		
5	MAHER, Tatum, 28	BOLA	15.34	4		
6	OLCKERS, Charne-lee, 279	AGN	15.36	3		
7	STEYN, Jessica, 547	AVT	15.93	2		
8	DU PREEZ, Annika, 925	AGNI	15.94	1		
Item 107 18:15 Final Women U18 (Youth) 100m Hurdles					-1.4	76.2cm
1	VAN DEN BERGH, Kayla, 140	ACNW	13.56	9	G	
2	FOURIE, Marione, 541	AVT	13.91	7	S	
3	DE WET, Simone, 577	CGA	13.97	6	B	
4	STARBUCK, Megan, 608	CGA	13.99	5		
5	EILERD, Charlize, 250	AGN	14.22	4		
6	COMPAAAN, Mila, 243	AGN	14.25	3		
7	VAN DER LINDE, Marga-rita, 854	WPA	14.40	2		
8	VAN ZYL, Diana, 617	CGA	14.51	1		
Item 108 07:00 Final Men U20 (Junior) 10km Walk						
1	FARMER, Antonio, 155	ACNW	0:47:40.17	9	G	
2	MERKUUR, Wentsley, 878	WPA	0:47:51.33	7	S	
3	LUVLO, Siyabonga, 682	CGA	0:49:36.24	6	B	
4	NHLAPO, Vincent, 371	AGN	0:55:20.98	5		
5	MBULANA, Lebogang, 651	CGA	0:56:52.02	4		
0	KLINK, Tariq, 81	BOLA	Disq	0		
0	HEYMANS, Jacques, 333	AGN	Disq	0		
0	GUMEDE, Lucky Sandile, 770	KZNA	Disq	0		
0	NTOMBELA, Sphiwe, 788	KZNA	Disq	0		
Item 109 08:00 Final Men U18 (Youth) Hammer						5kg
1	FABE, Graydon, 864	WPA	64.04	9	G	
2	VAN DER MERWE, Carel, 888	WPA	63.81	7	S	
3	DE WIT, Joruhan, 69	BOLA	62.22	6	B	
4	ERKSINE, Tiaan, 730	EPA	58.45	5		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
5	JULIES, Nicholas, 206	AFS	53.72	4		
6	MELLET, Marnitz, 512	ASWD	50.97	3		
7	RICHTER, Barry, 218	AFS	49.37	2		
8	PITOUT, Saul, 98	BOLA	49.19	1		
9	VENTER, Nicko, 690	CGA	37.24	0		
0	VORSTMAN, Pieter-juan, 228	AFS	DNR	0		
Item 110 08:00 Final Women U20 (Junior) Shotput					4kg	
1	STRYDOM, Meike, 610	CGA	15.29	9	G	
2	JANSE VAN RENSBURG, Danae, 258	AGN	13.08	7	S	
3	THERON, Nicola, 296	AGN	12.76	6	B	
4	UYS, Collette, 193	AFS	12.18	5		
5	BOTHA, Elme, 486	ASWD	11.99	4		
6	HARRIS, Kayla, 756	KZNA	11.61	3		
7	BOSHOFF, Skye, 6	BOLA	11.30	2		
8	CHURCH, Caitlin, 537	AVT	11.16	1		
Item 112 08:30 Final Men U18 (Youth) TripleJump						
1	OLIVIER, WelrÉ, 553	AVT	15.09	9	G	+1.9
2	PIETERSE, Eric, 555	AVT	14.40	7	S	+0.5
3	ZEID, Gabriel, 692	CGA	14.26	6	B	+0.2
4	MARAI, Ethan, 877	WPA	14.24	5		+1.2
5	SHOBA, Sanele, 383	AGN	14.12	4		+1.0
6	TEMBANI, Azola, 390	AGN	14.04	3		+0.0
7	MAY, Francesco, 927	BOLA	13.75	2		-0.2
8	CHARLIES, Elgin, 64	BOLA	13.73	1		+0.3
9	MONDLANE, Junior, 442	AMPU	13.42	0		-0.4
10	SELEBI, Michael, 928	CGA	13.26	0		-0.4
10	NKUNA, Thapelo, 453	AMPU	13.26	0		-1.6
12	RANTAO, Oratile, 674	CGA	12.91	0		-0.4
Item 113 08:45 Semi Final 1 of 2 Men U18 (Youth) 200m					-1.0	
1	DAMBILE, Sinesipho, 318	AGN	21.07			
2	JOHNSON, Elviano, 337	AGN	22.15			
3	MVUYO, Moss, 662	CGA	22.21			
4	MABUNDA, Mbhoni, 347	AGN	22.22			
5	ZINN, Kyle, 893	WPA	22.29			
6	BURGER, Reece, 63	BOLA	22.63			
7	NDLOVU, Vuyu, 447	AMPU	22.73			
8	JORDAAN, Dylan, 476	ANWN	22.86			
Item 113 08:45 Semi Final 2 of 2 Men U18 (Youth) 200m					-0.8	
1	POTGIETER, Eckhardt, 376	AGN	21.54			
2	CLOETE, Keenan, 930	AFS	21.57			
3	JOSIAS, Jesse, 874	WPA	22.05			
4	NKOSI, Garshwin, 452	AMPU	22.34			
5	MOSTERT, Hugo, 91	BOLA	22.39			
6	NKAMBULE, Kwanele, 451	AMPU	22.65			
7	MATAU, Dario, 477	ANWN	22.89			
8	SWART, Adrian John, 111	BOLA	23.20			
Item 115 09:15 Semi Final 1 of 2 Men U20 (Junior) 200m					+0.7	
1	DAVIDS, Luke, 863	WPA	21.05			
2	MOHOERE, Gratitude, 211	AFS	21.78			
3	WEBER, Jayson, 891	WPA	21.88			
4	GASA, Philelani, 203	AFS	21.89			
5	MEKHISE, Ditiro, 479	ANWN	22.03			
6	MOJE, Phemelo, 478	ANWN	22.10			
7	BULUMKO, Ntuthu, 726	EPA	22.64			
0	VAN WYK, Romeo, 751	GWA	DNS			
Item 115 09:15 Semi Final 2 of 2 Men U20 (Junior) 200m					-0.8	
1	MASWAGANYI, Phathutshedzo, 353	AGN	21.70			
2	VON STADE, Zander, 398	AGN	21.90			
3	MGOQI, Leonard, 529	ATRA	22.11			

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
4	HLONGWANE, Mosuwe, 205	AFS	22.16			
4	JOUBERT, Matthew, 338	AGN	22.16			
6	WALSH, Liam, 175	ACNW	22.56			
7	MANGOALE, Kabelo, 644	CGA	22.71			
8	DU PREEZ, Marthinus, 154	ACNW	22.84			
Item 116 09:30 Final Men U20 (Junior) Polevault						
1	VAN WYK, Valco, 116	BOLA	5.20	9	G	
0	VAN DER SCHYF, Claude, 514	ASWD	NM	0		
Item 118 09:50 Heat 1 of 2 Men U18 (Youth) 1500m						
1	SOKHELA, Zola, 790	KZNA	04:00.85			
2	CHOBAN, Abednico, 315	AGN	04:01.14			
3	BOWER, Jason, 549	AVT	04:01.90			
4	SWANEPOEL, Rynard, 685	CGA	04:01.91			
5	ZWANE, Banele, 693	CGA	04:02.79			
6	KHOZA, Siphesihle, 339	AGN	04:03.82			
7	DE BRUIN, Juandre, 625	CGA	04:05.87			
8	SELEMELA, Oratile, 483	ANWN	04:06.45			
9	NTOLOANE, Fusi, 666	CGA	04:11.02			
10	VERWEY, Valentino, 743	EPA	04:13.75			
Item 118 09:50 Heat 2 of 2 Men U18 (Youth) 1500m						
1	MASONDO, Sanele, 780	KZNA	04:00.83			
2	VAN NIEKERK, Wian, 392	AGN	04:06.78			
3	KHUMALO, Sbonelo, 774	KZNA	04:06.94			
4	BLIGNAUT, Juvan, 312	AGN	04:06.95			
5	VISSER, Melvin, 516	ASWD	04:07.22			
6	MAZWI, Asanda, 650	CGA	04:09.80			
7	MAYEPHU, Bongo, 354	AGN	04:12.23			
8	MASHABA, Mzwakhe, 646	CGA	04:13.65			
9	BLAAUW, Rochen, 859	WPA	04:13.92			
10	MAZWI, Inako, 918	ATRA	04:16.91			
Item 119 10:00 Final Women U20 (Junior) HighJump						
1	SNYMAN, Kristi, 850	WPA	1.78	9	G	
2	MINNAAR, Jeanne, 275	AGN	1.70	7	S	
3	NGOZO, Michelle, 138	ACNW	1.70	6	B	
4	SLOT, Fleur, 41	BOLA	1.65	5		
5	HUMAN, Nica, 130	ACNW	1.60	4		
6	KETCH, Leandre, 840	WPA	1.60	3		
7	VAN DER MERWE, Arné, 194	AFS	1.60	2		
0	BRITS, Carmen, 240	AGN	DNR	0		
Item 120 10:00 Final Women U18 (Youth) Hammer						
1	MAKHETHE, Phthisang, 187	AFS	65.07	9	G	3kg
2	COETZER, Dane, 699	EPA	57.71	7	S	
3	PRETORIUS, Elaine, 191	AFS	52.25	6	B	
4	VAN HEERDEN, Marzanne, 196	AFS	52.21	5		
5	ELS, ChamÉl, 180	AFS	49.32	4		
6	BRUWER, Karla, 9	BOLA	46.48	3		
7	BOTHA, Jonell, 485	ASWD	46.29	2		
8	BOTHA, Claudine, 536	AVT	45.50	1		
9	PRINS, Anja, 36	BOLA	45.45	0		
10	HUMPHRIES, Racheal, 584	CGA	45.43	0		
11	GOUWS, Su-marie, 183	AFS	44.81	0		
12	HOFFMAN, Melissa, 835	WPA	44.54	0		
13	SWART, Anél, 45	BOLA	42.67	0		
14	JORDAAN, Ancois, 490	ASWD	41.19	0		
Item 121 10:00 Final Men U20 (Junior) Shotput						
1	VAN NIEKERK, Chris, 559	AVT	17.72	9	G	6kg
2	KRUGER, Hannes, 207	AFS	17.39	7	S	
3	COETZEE, Michael, 317	AGN	16.16	6	B	
4	TERBLANCHE, Tony, 558	AVT	15.71	5		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
5	DE LACEY LACEY, Jonathan, 153	ACNW	15.70	4		
6	LOMBARD, Aaron, 525	ATRA	15.55	3		
7	PRINSLOO, Francois, 101	BOLA	14.84	2		
8	COETZER, Danie, 427	AMPU	13.71	1		
9	VISSER, Jan Johannes, 117	BOLA	13.54	0		
10	BEAUZEC, Morne, 724	EPA	13.45	0		
0	TILL, Edwin, 463	AMPU	DNR	0		

Item 122 10:00 Final Men U20 (Junior) TripleJump

1	FARO, Tristan, 74	BOLA	15.28	9	G	+1.0
2	MIYA, Sifiso, 357	AGN	15.19	7	S	+0.6
3	MASEEMA, Tebogo, 645	CGA	15.06	6	B	-0.2
4	MAILULA, Thabo, 350	AGN	14.47	5		+0.5
5	FISCHER, Jesse, 866	WPA	14.25	4		+0.0
6	DAVIDS, Lleyton, 66	BOLA	14.24	3		+0.4
7	BULUMKO, Ntuthu, 726	EPA	14.09	2		-0.9
8	PIETERSE, Rynan, 671	CGA	13.82	1		+0.5
9	MDLELA, Oageng, 653	CGA	13.59	0		-1.8
10	NGWASHENG, Sammy, 809	LIMA	13.41	0		+1.3
0	MOJAKI, Ipeleng, 359	AGN	NM	0		

Item 124 10:30 Heat 1 of 2 Men U20 (Junior) 1500m

1	FORESTER, Matthew, 327	AGN	04:01.15			
2	MOLOTSI, Omphile, 362	AGN	04:01.21			
3	SILWANE, Lucas, 683	CGA	04:01.24			
4	VAN NIEKERK, Rikus, 393	AGN	04:01.25			
5	FORTUIN, Ruschin, 868	WPA	04:01.30			
6	MADITO, Amogelang, 641	CGA	04:04.83			
7	KHUMALO, Bhekizulu, 635	CGA	04:05.04			
8	MOREMI, Olebogeng, 164	ACNW	04:08.95			
9	RAMOLAMU, Mokheseng, 921	ATRA	04:09.89			
10	NAZO, Avela, 531	ATRA	04:09.94			
11	KAPTEIN, Waldo, 506	ASWD	04:10.39			
0	MAZALENI, Siyabolelo, 649	CGA	DNS			

Item 124 10:30 Heat 2 of 2 Men U20 (Junior) 1500m

1	MUNNIK, Luan, 165	ACNW	03:57.41			
2	SWART, Christopher, 389	AGN	03:58.39			
3	MOLUTSI, Mhloouwa Koos, 784	KZNA	03:58.47			
4	NDIMANDE, Ntuthuko, 663	CGA	03:58.50			
5	MILLARD, Stephen, 879	WPA	03:58.64			
6	NDLOVU, Nhloso, 214	AFS	03:58.79			
7	SIKOSANA, Tumelo, 385	AGN	04:00.93			
8	STEWART, Oliver, 886	WPA	04:02.68			
9	MDALA, Thapelo, 527	ATRA	04:04.92			
10	DE SCALLY, Nicholas, 766	KZNA	04:05.76			
11	NONGCANTSI, Kwazi, 920	ATRA	04:07.98			
12	NHUVANGA, Rivaldo, 449	AMPU	04:08.57			
13	NTOE, Phemelo, 665	CGA	04:09.88			
0	ENGELBRECHT, Marig, 629	CGA	DNS			

Item 125 10:30 Final Women U20 (Junior) LongJump

1	DE JAGER, Marcelle, 795	LIMA	5.90	9	G	-1.3
2	VAN WYK, Karissa, 423	AMPU	5.83	7	S	+1.6
3	BASSON, Mieke, 3	BOLA	5.66	6	B	+1.2
4	SOLARIN, Esther, 291	AGN	5.56	5		-0.6
5	LAZARUS, Gabrielle, 924	WPA	5.54	4		+0.2
6	MAKONI, Bethal, 271	AGN	5.51	3		+0.2
7	BOTHA, Kyra, 239	AGN	5.50	2		+0.0
8	DUNCAN, Lene, 831	WPA	5.34	1		+0.7
9	XEYI, Rose, 309	AGN	5.14	0		-0.7
10	RABE, Madri, 601	CGA	5.13	0		-0.3
11	DONOUGH, Ameerah, 897	WPAI	5.05	0		+0.3

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
0	LOUWRENS, Suneel, 135	ACNW	NM	0		
Item 126 10:50 Final Women U18 (Youth) 400m						
1	NAUDE, Amy, 763	KZNA	0:55.14	9	G	
2	VAN HEERDEN, Lene, 614	CGA	0:56.17	7	S	
3	STRIJDOM, Angelique, 293	AGN	0:56.81	6	B	
4	CLAASSEN, Sue-mari, 176	AFS	0:57.77	5		
5	VAN GREUNEN, Marna, 613	CGA	0:58.32	4		
6	LUDICK, Tatum, 25	BOLA	0:58.56	3		
7	GROENEWALD, Tallita, 543	AVT	0:58.82	2		
8	ROUX, Chenelle, 420	AMPU	0:59.12	1		
Item 127 11:00 Final Men U18 (Youth) 400m						
1	PILLAY, Lyhte, 672	CGA	0:46.52	9	G	
2	NORTJIE, Antonie, 373	AGN	0:47.05	7	S	
3	SWART, Adrian John, 111	BOLA	0:47.23	6	B	
4	NKHAHLE, Rappie, 372	AGN	0:48.30	5		
5	JORDAN, Ryan, 733	EPA	0:48.40	4		
6	MADONSELA, Karabo, 348	AGN	0:48.59	3		
7	JUDS, Jack, 634	CGA	0:49.63	2		
8	VIERRA, Luke, 744	EPA	0:50.63	1		
Item 128 11:10 Final Women U20 (Junior) 400m						
1	VAN DER WALT, Zeney, 300	AGN	0:53.74	9	G	
2	VILJOEN, Marli, 305	AGN	0:54.89	7	S	
3	AHRENS, Kirsten, 752	KZNA	0:55.15	6	B	
4	HATTINGH, Carla, 583	CGA	0:56.01	5		
5	VELDTMAN, Lethabo, 304	AGN	0:56.95	4		
6	VAN SCHALKWYK, Janke, 53	BOLA	0:57.11	3		
7	DUBE, Fina, 579	CGA	0:57.46	2		
0	VERCUIEL, Juli, 54	BOLA	DNF	0		
Item 129 11:20 Final Men U20 (Junior) 400m						
1	MATALA, Frans, 648	CGA	0:47.06	9	G	
2	MASEKO, Nhlanhla, 440	AMPU	0:47.10	7	S	
3	SEETE, David, 678	CGA	0:47.27	6	B	
4	SOKHWAKANA, Zazini, 387	AGN	0:47.40	5		
5	DE JONGH, Ruan, 319	AGN	0:47.59	4		
6	WEBER, Jayson, 891	WPA	0:47.67	3		
7	VAN WYK, Romeo, 751	GWA	0:47.88	2		
8	JONKER, Gert, 633	CGA	0:48.36	1		
Item 130 15:00 Final Men U20 (Junior) HighJump						
1	POOLE, Breyton, 100	BOLA	2.16	9	G	
2	SHABANGU, Matome, 382	AGN	2.07	7	S	
3	GAYISA, Maswangayi, 630	CGA	2.07	6	B	
4	METTLER, Wilbur, 441	AMPU	2.04	5		
5	MORGAN, Blake, 501	ASWD	1.98	4		
6	MOGODIRI, Omphile, 655	CGA	1.98	3		
7	MAKHUMELA, Thabelo, 208	AFS	1.95	2		
8	FOURIE, Enrique, 328	AGN	1.95	1		
9	PLAAITJIES, Cullen, 99	BOLA	1.85	0		
10	LOTTERING, Mauritz, 637	CGA	1.85	0		
11	CROUS, Jason, 727	EPA	1.85	0		
0	MASHISHI, Katlego, 352	AGN	NM	0		
Item 131 15:00 Final Women U18 (Youth) LongJump						
1	MASHABA, Nolwazi, 412	AMPU	6.03	9	G	+2.6
2	GERBER, Joane, 253	AGN	5.92	7	S	+2.9
3	FOUCHE, Karmen, 128	ACNW	5.85	6	B	+2.1
4	NOLTE, Danielle, 278	AGN	5.80	5		+0.1
5	GROENEWALD, Cora, 185	AFS	5.54	4		+3.5
6	DU TOIT, Brenda, 820	NWCA	5.46	3		+2.8
7	MAKAMBA, Zihle, 270	AGN	5.43	2		+1.7
8	RADEMAN, Inezka, 602	CGA	5.37	1		+0.3

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
9	SYLVESTER, Azrea, 46	BOLA	5.29	0		+3.1
10	VAN GREUNEN, Marna, 613	CGA	5.13	0		+2.3
11	BOSHOFF, Ané, 5	BOLA	5.00	0		+2.1
12	SHABANGU, Banele, 288	AGN	4.74	0		+3.6
Item 132 15:00 Final Women U20 (Junior) Hammer					4kg	
1	VAN DER WALT, Tharina, 195	AFS	50.13	9	G	
2	SMIT, Kayla, 849	WPA	49.10	7	S	
3	BOSHOFF, Skye, 6	BOLA	47.93	6	B	
4	BOTHA, Elme, 486	ASWD	46.04	5		
5	OELOFSE, Tiane, 711	EPA	41.52	4		
6	KAPP, Kaylin, 704	EPA	41.13	3		
7	MCMORRAN, Lauren, 844	WPA	40.72	2		
8	BOTHA, Jana, 926	ASWDI	34.59	1		
9	SCHREUDER, Ilse, 823	NWCA	32.91	0		
10	OLIVIER, Jana, 712	EPA	32.73	0		
Item 133 15:00 Final Men U18 (Youth) Shotput					5kg	
1	KRUGER, Douw, 430	AMPU	19.99	9	G	
2	KOTZEE, Markus, 344	AGN	18.94	7	S	
3	SWANEPOEL, Wynand, 220	AFS	18.17	6	B	
4	OOSTHUIZEN, Juan, 669	CGA	17.81	5		
5	COERTZEN, Willem, 550	AVT	17.57	4		
6	VAN ZYL, Tian, 395	AGN	17.40	3		
7	KLEINHANS, Phillip, 507	ASWD	17.35	2		
8	SPAMER, Francois, 740	EPA	17.08	1		
9	LE ROUX, Coetzee, 83	BOLA	16.51	0		
10	JOUBERT, Francois, 875	WPA	15.94	0		
11	VENTER, Nicko, 690	CGA	15.49	0		
12	HATTINGH, Jan-adriaan, 158	ACNW	15.44	0		
13	NELSON, Niel, 882	WPA	14.77	0		
Item 134 15:00 Final Men U18 (Youth) LongJump						
1	TITO, Jason, 114	BOLA	7.23	9	G	-2.0
2	RAMOKGOPA, Lethlogonolo, 377	AGN	7.08	7	S	-1.7
3	THAESA, Thebogo, 462	AMPU	6.99	6	B	-0.7
4	NKUNA, Thapelo, 453	AMPU	6.81	5		-2.6
5	MUWAYI, Banele, 446	AMPU	6.63	4		-1.9
6	WYNGAARD, Abdud-daiyaan, 892	WPA	6.60	3		-1.4
7	MOLOTO, Lesedi, 658	CGA	6.58	2		-2.4
8	NESS, Liam, 664	CGA	6.54	1		-1.8
9	ZEID, Gabriel, 692	CGA	6.42	0		-1.9
10	MENZIES, Keegan, 805	LIMA	6.32	0		+1.8
11	SHOBA, Sanele, 383	AGN	6.20	0		-1.8
12	TEMBANI, Azola, 390	AGN	6.17	0		-0.1
Item 135 15:00 Final Women U18 (Youth) 200m					-0.4	
1	VAN STADEN, Miandi, 144	ACNW	24.45	9	G	
2	VAN DER WESTHUIZEN, Elke, 51	BOLA	24.82	7	S	
3	STARBUCK, Megan, 608	CGA	24.88	6	B	
4	BROWN, Chinique, 794	LIMA	24.92	5		
5	FOURIE, Annemé, 182	AFS	25.04	4		
6	VAN HEERDEN, Lene, 614	CGA	25.37	3		
7	BLIGNAUT, Janie, 237	AGN	25.38	2		
8	VAN WYK, Odette, 302	AGN	25.42	1		
Item 136 15:10 Final Men U18 (Youth) 200m					-2.2	
1	DAMBILE, Sinesipho, 318	AGN	20.68	9	G	
2	JOHNSON, Elviano, 337	AGN	21.49	7	S	
3	JOSIAS, Jesse, 874	WPA	21.57	6	B	
4	POTGIETER, Eckhardt, 376	AGN	21.58	5		
5	CLOETE, Keenan, 930	AFS	21.67	4		
6	ZINN, Kyle, 893	WPA	22.13	3		
7	MABUNDA, Mbhoni, 347	AGN	22.14	2		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
8	MVUYO, Moss, 662	CGA	22.42	1		
Item 137 15:20 Final Women U20 (Junior) 200m				-2.8		
1	VAN DER MERWE, Antoinette, 299	AGN	24.39	9	G	
2	VAN DER MERWE, Nicola, 471	ANWN	24.95	7	S	
3	BOMPASS, Jessica, 753	KZNA	24.99	6	B	
4	MOFOMME, Michelle, 276	AGN	25.02	5		
5	HANEKOM, Natalie, 254	AGN	25.36	4		
6	BURGESS, Suzie, 241	AGN	25.39	3		
7	WAIT, Saskia, 720	EPA	25.40	2		
8	JOHNSON, Lara, 20	BOLA	25.62	1		
Item 138 15:30 Final Men U20 (Junior) 200m				-2.2		
1	MASWAGANYI, Phathutshedzo, 353	AGN	21.09	9	G	
2	DAVIDS, Luke, 863	WPA	21.35	7	S	
3	MOHOERE, Gratitude, 211	AFS	21.85	6	B	
4	VON STADE, Zander, 398	AGN	22.23	5		
5	GASA, Philelani, 203	AFS	22.29	4		
6	MEKHISE, Ditiro, 479	ANWN	22.36	3		
7	MGOQI, Leonard, 529	ATRA	22.45	2		
0	WEBER, Jayson, 891	WPA	DNS	0		
Item 139 15:40 Final Women U18 (Youth) 1500m						
1	GAIT-SMITH, Gabrielle, 252	AGN	04:30.78	9	G	
2	MABUSA, Nonhlanhla, 269	AGN	04:31.47	7	S	
3	VILJOEN, Anneken, 55	BOLA	04:32.41	6	B	
4	MESHAM, Alexa, 845	WPA	04:32.81	5		
5	JORDAAN, Alme, 21	BOLA	04:33.36	4		
6	DIXON, Chante, 578	CGA	04:39.55	3		
7	PARKES, Michelle, 417	AMPU	04:42.45	2		
8	VAN DER WESTHUIZEN, Cimon, 50	BOLA	04:43.20	1		
9	HOBLOSHE, Aviwe, 517	ATRA	04:45.62	0		
10	BOTHA, Shannon, 574	CGA	04:48.23	0		
11	COPELAND, Sarah, 694	CGAI	04:51.87	0		
12	JOOSTE, Tamica, 836	WPA	05:04.51	0		
13	MANYONI, Bongekile, 760	KZNA	05:10.06	0		
14	KEKELANA, Nosive, 518	ATRA	05:13.88	0		
15	MENZIWA, Emihle, 917	ATRA	05:29.15	0		
Item 140 15:50 Final Men U18 (Youth) 1500m						
1	SWANEPOEL, Rynard, 685	CGA	03:55.55	9	G	
2	SOKHELA, Zola, 790	KZNA	03:56.15	7	S	
3	MASONDO, Sanele, 780	KZNA	03:56.36	6	B	
4	BLIGNAUT, Juvan, 312	AGN	03:56.67	5		
5	CHOBAN, Abednico, 315	AGN	03:56.97	4		
6	VAN NIEKERK, Wian, 392	AGN	03:57.44	3		
7	KHOZA, Siphesihle, 339	AGN	04:00.39	2		
8	BOWER, Jason, 549	AVT	04:03.09	1		
9	KHUMALO, Sbonelo, 774	KZNA	04:07.40	0		
10	SELEMELA, Oratile, 483	ANWN	04:08.98	0		
11	DE BRUIN, Juandre, 625	CGA	04:09.37	0		
12	ZWANE, Banele, 693	CGA	04:17.89	0		
Item 141 16:00 Final Women U20 (Junior) 1500m						
1	LOUW, Nicole, 24	BOLA	04:30.79	9	G	
2	SHANGE, Yandiswa, 39	BOLA	04:32.09	7	S	
3	ROELFSE, Lyndi, 603	CGA	04:32.31	6	B	
4	OELOFSE, Vicky, 188	AFS	04:34.86	5		
5	SENOSI, Keletso, 287	AGN	04:51.59	4		
6	NQAMASHE, Athemba, 847	WPA	04:56.44	3		
7	COSSA, Thembi, 406	AMPU	05:04.81	2		
0	MASHAMAITE, Dipuo, 591	CGA	DNS	0		
0	MOTAU, Wendy, 414	AMPU	DNS	0		
Item 142 16:10 Final Men U20 (Junior) 1500m						

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	MUNNIK, Luan, 165	ACNW	03:57.00	9	G	
2	SWART, Christopher, 389	AGN	03:57.42	7	S	
3	NDIMANDE, Ntuthuko, 663	CGA	03:57.99	6	B	
4	FORESTER, Matthew, 327	AGN	03:58.15	5		
5	MOLUTSI, Mohlouwa Koos, 784	KZNA	03:58.29	4		
6	MOLOTSI, Omphile, 362	AGN	03:59.89	3		
7	FORTUIN, Ruschin, 868	WPA	04:00.62	2		
8	NDLOVU, Nhloso, 214	AFS	04:01.25	1		
9	SIKOSANA, Tumelo, 385	AGN	04:01.47	0		
10	SILWANE, Lucas, 683	CGA	04:01.54	0		
11	MILLARD, Stephen, 879	WPA	04:02.23	0		
12	VAN NIEKERK, Rikus, 393	AGN	04:04.48	0		

Item 143 16:20 Final Women U18 (Youth) 4X100m Relay

1	RELAY TEAM, ACNW, VENTER, Ane / VAN DEN BERGH, Kayla / FOUCHE, Karmen / VAN STADEN, Miandi	ACNW	0:48.43	9	G
2	RELAY TEAM, AGN A, JONKER, Mariska / EILERD, Charlize / VAN WYK, Odette / MALINGA, Nosipho / BEZUIDENHOUT, Chazel / BOTHA, Kayla / SWART, Charne / STRIJDOM, Angelique	AGN	0:48.43	7	S
3	RELAY TEAM, BOLA, HEERINK VAN BREDA, Alex / VILJOEN, Anneken / LUDICK, Tatum / VAN DER WESTHUIZEN, Elke / HEERINK VAN BREDA, Alex / ISAACS, Cattin / WILLIAMS, Merlyn-lee / VAN DER WES	BOLA	0:48.55	6	B
4	RELAY TEAM, AGN B, BLIGNAUT, Janie / MABUSA, Nonhlanhla / SHABANGU, Banele / RAMUKHUBATHI, Rudzani	AGN	0:48.94	5	
5	RELAY TEAM, CGA, DE WET, Simone / STARBUCK, Megan / VAN ZYL, Diana / STOLZ, Jenna	CGA	0:48.98	4	
6	RELAY TEAM, AMPU, PIETERS, Neo-leigh / NEL, Rhode / MAKOLA, Refilwe / MASHABA, Nolwazi	AMPU	0:49.47	3	
7	RELAY TEAM, AVT, FOURIE, Marione / MLANGENI, Langelihle / GROENEWALD, Tallita / BOTHA, Jane	AVT	0:50.27	2	
8	RELAY TEAM, WPA, VAN DER LINDE, Marga-rita / JOSHUA, Melanie / DU PLESSIS, Stefani / HILL, Lawon	WPA	0:51.00	1	

Item 144 16:30 Final Results Men U18 (Youth) 4X100m Relay

1	RELAY TEAM, AGN A, HLOHLO, Thabang / POTGIETER, Eckhardt / JOHNSON, Elviano / DAMBILE, Sinesipho / MADONSELA, Karabo / DU PLESSIS, Edmund / NKHAHLE, Rappie / NORTJIE, Antonie	AGN	0:41.38	9	G
2	RELAY TEAM, WPA, ZINN, Kyle / DAVIDS, Ebrahim / JOSIAS, Jesse / WYNGAARD, Abdud-daiyaan	WPA	0:42.18	7	S
3	RELAY TEAM, BOLA, DOURIES, Jayden / GEYSER, Emile / CUSTODIO, Luciano / SWART, Adrian John / BURGER, Reece / JACOBS, Zandre / PIETERSEN, Celino / MOSTERT, Hugo	BOLA	0:42.40	6	B
4	RELAY TEAM, CGA, MVUYO, Moss / REBOTILE, Mohale / CHAKAIPA, Tamuka / TLHAPI, Olebogeng / JUDS, Jack / LEDUMA, Kagiso / ZEID, Gabriel / PILLAY, Lyhte	CGA	0:42.52	5	
5	RELAY TEAM, AMPU, MONDLANE, Junior / NDLOVU, Vuyu / NKAMBULE, Kwanele / RICHARDSON, Benji	AMPU	0:42.54	4	
6	RELAY TEAM, ANWN, MONYAI, Lebone / MATAU, Dario / MOTSWAISO, Orapeleng / JORDAAN, Dylan	ANWN	0:43.65	3	
7	RELAY TEAM, AGN B, STRAUSS, Reynardt / MABUNDA, Mbhoni / RAMOKGOPA, Lethlogonolo / GRAY, Samuel / MULLER, Gerhardt / CHOBA, Abednico / SHOBA, Sanele / ERASMUS, Andre	AGN	0:44.35	2	
8	RELAY TEAM, LIMA, VOSLOO, Jacobus / POTGIETER, Leon / STOPFORTH, Michael / MENZIES, Keegan	LIMA	0:44.40	1	
9	RELAY TEAM, AFS, BOTHA, Shaheed / CLOETE, Keenan / MBOXWANA, Gift / MOLEYANE, Lucky	AFS	0:46.26	0	

Item 144 16:30 Final 1 of 2 Men U18 (Youth) 4X100m Relay

1	RELAY TEAM, AGN A, HLOHLO, Thabang / POTGIETER, Eckhardt / JOHNSON, Elviano / DAMBILE, Sinesipho / MADONSELA, Karabo / DU PLESSIS, Edmund / NKHAHLE, Rappie / NORTJIE, Antonie	AGN	0:41.38		
2	RELAY TEAM, WPA, ZINN, Kyle / DAVIDS, Ebrahim / JOSIAS, Jesse / WYNGAARD, Abdud-daiyaan	WPA	0:42.18		
3	RELAY TEAM, CGA, MVUYO, Moss / REBOTILE, Mohale / CHAKAIPA, Tamuka / TLHAPI, Olebogeng / JUDS, Jack / LEDUMA, Kagiso / ZEID, Gabriel / PILLAY, Lyhte	CGA	0:42.52		
4	RELAY TEAM, ANWN, MONYAI, Lebone / MATAU, Dario / MOTSWAISO, Orapeleng / JORDAAN, Dylan	ANWN	0:43.65		
5	RELAY TEAM, AFS, BOTHA, Shaheed / CLOETE, Keenan / MBOXWANA, Gift / MOLEYANE, Lucky	AFS	0:46.26		

Item 144 16:30 Final 2 of 2 Men U18 (Youth) 4X100m Relay

1	RELAY TEAM, AGN A, HLOHLO, Thabang / POTGIETER, Eckhardt / JOHNSON, Elviano / DAMBILE, Sinesipho / MADONSELA, Karabo / DU PLESSIS, Edmund / NKHAHLE, Rappie / NORTJIE, Antonie	AGN	0:41.38		
2	RELAY TEAM, WPA, ZINN, Kyle / DAVIDS, Ebrahim / JOSIAS, Jesse / WYNGAARD, Abdud-daiyaan	WPA	0:42.18		
3	RELAY TEAM, CGA, MVUYO, Moss / REBOTILE, Mohale / CHAKAIPA, Tamuka / TLHAPI, Olebogeng / JUDS, Jack / LEDUMA, Kagiso / ZEID, Gabriel / PILLAY, Lyhte	CGA	0:42.52		
4	RELAY TEAM, ANWN, MONYAI, Lebone / MATAU, Dario / MOTSWAISO, Orapeleng / JORDAAN, Dylan	ANWN	0:43.65		
5	RELAY TEAM, AFS, BOTHA, Shaheed / CLOETE, Keenan / MBOXWANA, Gift / MOLEYANE, Lucky	AFS	0:46.26		

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
1	RELAY TEAM, BOLA,	BOLA	0:42.40			
	DOURIES, Jayden / GEYSER, Emile / CUSTODIO, Luciano / SWART, Adrian John / BURGER, Reece / JACOBS, Zandre / PIETERSEN, Celino / MOSTERT, Hugo					
2	RELAY TEAM, AMPU,	AMPU	0:42.54			
	MONDLANE, Junior / NDLOVU, Vuyu / NKAMBULE, Kwanele / RICHARDSON, Benji					
3	RELAY TEAM, AGN B,	AGN	0:44.35			
	STRAUSS, Reynardt / MABUNDA, Mbhoni / RAMOKGOPA, Lethlogonolo / GRAY, Samuel / MULLER, Gerhard / CHOBA, Abednico / SHOBA, Sanele / ERASMUS, Andre					
4	RELAY TEAM, LIMA,	LIMA	0:44.40			
	VOSLOO, Jacobus / POTGIETER, Leon / STOPFORTH, Michael / MENZIES, Keegan					

Item 145 16:40 Final Women U20 (Junior) 4X100m Relay

1	RELAY TEAM, AGN A,	AGN	0:47.77	9	G	
	VILJOEN, Marli / LOOTS, Marzaan / VELDTMAN, Lethabo / VAN DER WALT, Zeney / PASHA, Remoneilwe / VAN DER MERWE, Antoinette / MOFOMME, Michelle / XEYI, Rose					
2	RELAY TEAM, BOLA,	BOLA	0:48.46	7	S	
	VAN SCHALKWYK, Janke / MAHER, Tatum / LOUW, Nicole / VERCUIEL, Juli / JACOBS, Liane / BASSON, Mieke / LUDICK, Gabriella / JOHNSON, Lara					
3	RELAY TEAM, WPA,	WPA	0:48.49	6	B	
	LAZARUS, Gabrielle / JOSEPH, Rogail / KETCH, Leandre / VAN HEERDEN, Courtney					
4	RELAY TEAM, AGN B,	AGN	0:48.88	5		
	VAN NIEKERK, Sancha / SENOSI, Keletso / BURGESS, Suzie / HANEKOM, Natalie / LEGODI, Karabo / HANEKOM, Natalie / OLCKERS, Charne-lee / KUBEKA, Phindile					
5	RELAY TEAM, CGA,	CGA	0:49.46	4		
	MOLOI, Segopotso / MONGWE, Nikiwe / VAN JAARSVELD, Liane / KGADIMA, Prudence / DE KLERK, Xante / MORAKE, Gontse / DUBE, Fina / HATTINGH, Carla					
0	RELAY TEAM, KZNA,	KZNA	DNS	0		
	FAULHA, Nicole / AHRENS, Kirsten / NGEMA, Sneathemba / BOMPASS, Jessica					

Item 146 16:45 Final Women U18 (Youth) Shotput

						3kg	
1	ROETS, Dane, 604	CGA	17.69	9	G		SA
2	DE KLERK, Miné, 178	AFS	17.05	7	S		
3	DE NECKER, Juanita, 538	AVT	16.10	6	B		
4	UMBERTI, Bodine, 297	AGN	14.75	5			
5	RITCHIE, Britnny, 285	AGN	14.50	4			
6	VAN HEERDEN, Marzanne, 196	AFS	14.38	3			
7	GRUNDLING, Alana, 701	EPA	13.95	2			
8	VAN DER LINDE, Rinelda, 922	LIMA	13.76	1			
9	BAM, Buhle, 233	AGN	13.56	0			
10	GELDENHYS, Ruzel, 581	CGA	13.54	0			
11	GOUWS, Su-marie, 183	AFS	13.50	0			
12	MOSTERT, Desere, 467	ANWN	12.63	0			

Item 147 16:45 Final Men U20 (Junior) Hammer

						6kg	
1	KOBOKOANE, Botshello Cedric, 342	AGN	65.07	9	G		
2	BOTHMA, Damien Mornay, 61	BOLA	64.62	7	S		
3	HAVINGA, James, 204	AFS	63.14	6	B		
4	LE ROUX, Christiaan, 748	GWA	60.03	5			
5	BEER, Ruwaldo, 725	EPA	57.55	4			
6	DU PLESSIS, Paul, 729	EPA	57.53	3			
7	VAN DER WALT, Jt, 224	AFS	54.04	2			
8	VISSER, Hermanus, 828	NWCA	50.61	1			
9	OLIVIER, Jaunu, 95	BOLA	49.67	0			
10	NORTJE, Ivan, 734	EPA	47.11	0			
11	VAN NIEUWENHUIZEN, Nico, 225	AFS	41.31	0			
0	VAN RENSBERG, Gilbert, 226	AFS	DNS	0			

Item 148 16:45 Final Men U20 (Junior) LongJump

1	GAINES, Mark, 768	KZNA	7.38	9	G	+2.0
2	GAUCHE, Luke, 330	AGN	7.33	7	S	+2.1
3	MASWAGANYI, Phathutshedzo, 353	AGN	7.28	6	B	+2.1
4	GEBENGANA, Lumka, 157	ACNW	7.14	5		+1.6
5	HANI, Nikithemba, 563	BORA	7.05	4		+1.3
6	DIWAN, Brits, 628	CGA	7.04	3		+3.1
7	NJABULO, Temilton, 450	AMPU	6.96	2		+3.2
8	KOK, Jordan, 161	ACNW	6.83	1		+2.9
9	MIYA, Sifiso, 357	AGN	6.79	0		+2.1
10	SATEKGE, Karabo, 676	CGA	6.69	0		+3.0
11	TOLBADI, Sanele, 688	CGA	6.49	0		+2.6

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
12	RYAN, Ashton, 884	WPA	6.38	0		+1.6
0	LE ROUX, Christie, 345	AGN	DNS	0		
Item 149 16:50 Final Men U20 (Junior) 4X100m Relay						
1	RELAY TEAM, AGN A,	AGN	0:41.87	9		G
GOUWS, Joshua / NHLAPO, Sibusiso / DE JONGH, Ruan / SOKHWAKANA, Zazini / NGOVENI, Sammy / MIYA, Sifiso / MIKAAL, Mohamed / MASWAGANYI, Phathutshedzo						
2	RELAY TEAM, AGN B,	AGN	0:41.94	7		S
MWAGU, Tshogofatso / MAYO, Adam / KHOZA, Amos / DU PLESSIS, Gerdus / VAN WYK, Edwin / DEAN, Tristan / VON STADE, Zander / SCHOEMAN, Michael						
3	RELAY TEAM, BOLA,	BOLA	0:42.14	6		B
PIETERSEN, Liam / DE KOKER, Dewald / LABUSHAGNE, Ruan / TAYLOR, Adrian / OCTOBER, Jason Matthew / BRUINJIES, Stuart / VAN WYK, Valco / FARO, Tristan						
4	RELAY TEAM, WPA,	WPA	0:42.45	5		
FERNANDEZ, Arenzo / RYAN, Ashton / DAVIDS, Luke / FISCHER, Jesse						
5	RELAY TEAM, AFS,	AFS	0:42.55	4		
HLONGWANE, Mosuwe / MOHOERE, Gratitude / PHASHA, Thato / GASA, Philelani						
6	RELAY TEAM, CGA,	CGA	0:43.68	3		
BUKHALI, Sandile / DE KLERK, Jonathan / JOHNSON, Jordan / MANGOALE, Kabelo / JONKER, Gert / MATALA, Frans / PRINSLOO, Jd / SEETE, David						
7	RELAY TEAM, LIMA,	LIMA	0:43.95	2		
SNYMAN, Nico / WILLEMSE, Tewis / RAMOTHWALA, Kgotshatso / MOKGAHLANE, Keletso / BALOYI, Ndzalama / HARMSE, Harmse / NGWASHENG, Sammy / CLOETE, Zandre						
Item 150 17:00 Final Women U20 (Junior) 5000m						
1	NKUNA, Welma, 599	CGA	17:47.52	9		G
2	MASHAMAITE, Dipuo, 591	CGA	17:50.77	7		S
3	SISANDA, Dumisa, 289	AGN	18:01.71	6		B
4	MAKGOGA, Lethabo, 588	CGA	18:20.93	5		
5	CURLEWIS, Leshan, 245	AGN	18:25.02	4		
6	RAYNERS, Amber, 284	AGN	18:41.95	3		
7	GIBBS, Kia, 833	WPA	19:21.16	2		
8	GUTWANA, Nosisi, 919	ATRA	19:55.17	1		
9	SITHOLE, Diana, 606	CGA	21:10.79	0		
10	GROBLER, Natfileen, 407	AMPU	21:31.34	0		
0	SKYLER, Mia, 40	BOLA	DNS	0		
0	VAN ASWEGEN, Maja, 48	BOLA	DNS	0		
0	JILEKA, Aphelele, 757	KZNA	DNS	0		
0	MANAGALA, Katlego, 589	CGA	DNF	0		
0	ZULU, Sbhongakonke, 765	KZNA	DNF	0		
Item 151 17:30 Final Women U18 (Youth) 4X400m Relay						
1	RELAY TEAM, BOLA,	BOLA	03:49.32	9		G
HEERINK VAN BREDA, Alex / VILJOEN, Anneken / LUDICK, Tatum / VAN DER WESTHUIZEN, Elke / HEERINK VAN BREDA, Alex / ISAACS, Cattin / WILLIAMS, Merlyn-lee / VAN DER WES						
2	RELAY TEAM, AGN A,	AGN	03:51.88	7		S
JONKER, Mariska / EILERD, Charlize / VAN WYK, Odette / MALINGA, Nosipho / BEZUIDENHOUT, Chazel / BOTHA, Kayla / SWART, Charne / STRIJDOM, Angelique						
3	RELAY TEAM, CGA,	CGA	04:04.43	6		B
DE WET, Simone / STARBUCK, Megan / VAN ZYL, Diana / STOLZ, Jenna						
Item 152 17:45 Final Men U18 (Youth) 4X400m Relay						
1	RELAY TEAM, AGN A,	AGN	03:14.25	9		G
HLOHLO, Thabang / POTGIETER, Eckhardt / JOHNSON, Elviano / DAMBILE, Sinesipho / MADONSELA, Karabo / DU PLESSIS, Edmund / NKHAHLE, Rappie / NORTJIE, Antonie						
2	RELAY TEAM, BOLA,	BOLA	03:14.83	7		S
DOURIES, Jayden / GEYSER, Emile / CUSTODIO, Luciano / SWART, Adrian John / BURGER, Reece / JACOBS, Zandre / PIETERSEN, Celino / MOSTERT, Hugo						
3	RELAY TEAM, CGA,	CGA	03:19.67	6		B
MVUYO, Moss / REBOTILE, Mohale / CHAKAIPA, Tamuka / TLHAPI, Olebogeng / JUDS, Jack / LEDUMA, Kagiso / ZEID, Gabriel / PILLAY, Lythe						
4	RELAY TEAM, EPA,	EPA	03:23.10	5		
VIERRA, Luke / VERWEY, Valentino / SMITH, Damian / JORDAN, Ryan						
0	RELAY TEAM, AGN B,	AGN	DNS	0		
STRAUSS, Reynardt / MABUNDA, Mbhoni / RAMOKGOPA, Lethlogonolo / GRAY, Samuel / MULLER, Gerhardt / CHOBA, Abednico / SHOBA, Sanele / ERASMUS, Andre						
Item 153 18:00 Final Women U20 (Junior) 4X400m Relay						
1	RELAY TEAM, AGN A,	AGN	03:45.87	9		G
VILJOEN, Mari / LOOTS, Marzaan / VELDTMAN, Lethabo / VAN DER WALT, Zeney / PASHA, Remoneilwe / VAN DER MERWE, Antoinette / MOFOMME, Michelle / XEYI, Rose						
2	RELAY TEAM, CGA,	CGA	03:49.35	7		S
MOLOI, Segopotso / MONGWE, Nikiwe / VAN JAARVELD, Liane / KGADIMA, Prudence / DE KLERK, Xante / MORAKE, Gontse / DUBE, Fina / HATTINGH, Carla						
3	RELAY TEAM, BOLA,	BOLA	03:52.13	6		B
VAN SCHALKWYK, Janke / MAHER, Tatum / LOUW, Nicole / VERCUIEL, Juli / JACOBS, Liane / BASSON, Mieke / LUDICK, Gabriella / JOHNSON, Lara						

Place	Athlete, Birthdate	Team	Perf	Points	Medal	Records
4	RELAY TEAM, AGN B, VAN NIEKERK, Sancha / SENOSI, Keletso / BURGESS, Suzie / HANEKOM, Natalie / LEGODI, Karabo / HANEKOM, Natalie / OLCKERS, Charne-lee / KUBEKA, Phindile	AGN	03:54.97	5		
Item 154 18:15 Final Men U20 (Junior) 4X400m Relay						
1	RELAY TEAM, CGA, BUKHALI, Sandile / DE KLERK, Jonathan / JOHNSON, Jordan / MANGOALE, Kabelo / JONKER, Gert / MATALA, Frans / PRINSLOO, Jd / SEETE, David	CGA	03:14.07	9	G	
2	RELAY TEAM, AGN A, GOUWS, Joshua / NHLAPO, Sibusiso / DE JONGH, Ruan / SOKHWAKANA, Zazini / NGOVENI, Sammy / MIYA, Sifiso / MIKAAL, Mohamed / MASWAGANYI, Phathutshedzo	AGN	03:17.00	7	S	
3	RELAY TEAM, BOLA, PIETERSEN, Liam / DE KOKER, Dewald / LABUSHAGNE, Ruan / TAYLOR, Adrian / OCTOBER, Jason Matthew / BRUINJIES, Stuart / VAN WYK, Valco / FARO, Tristan	BOLA	03:20.95	6	B	
4	RELAY TEAM, LIMA, SNYMAN, Nico / WILLEMSE, Tewis / RAMOTHWALA, Kgotshatso / MOKGAHLANE, Keletso / BALOYI, Ndzalama / HARMSE, Harmse / NGWASHENG, Sammy / CLOETE, Zandre	LIMA	03:23.33	5		
5	RELAY TEAM, ACNW, BANTWENI, Tshidiso / KERILENG, Gomolemo / FOURIE, Stefan / VAN WYK, Carlin	ACNW	03:26.36	4		
0	RELAY TEAM, AMPU, MACHETE, Katlego / SELEPE, Thabang / MASEKO, Nhlanhla / SIBEKO, Siyabonga	AMPU	DNS	0		
0	RELAY TEAM, AGN B, MWAGU, Tshegofatso / MAYO, Adam / KHOZA, Amos / DU PLESSIS, Gerdus / VAN WYK, Edwin / DEAN, Tristan / VON STADE, Zander / SCHOEMAN, Michael	AGN	DNS	0		