

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14August 2021 OLYMPIA SOS

RACE – 1 (Boys/Girls 8 Yrs) 1Km

(Qualify Standard – 4:10:00)

Boys

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Hannes v Broekhuizen	14 /06/13	Milkwood		3:44:15
2	Riaan-Louis Pieterse	28/11/14	Outeniqua A		3:50:12
3	Logan Oktober	25/04/13	Rainbow AC	738	3:50:65
4	Kearan Prins	22/10/13	Langeberg AC	P482	3:56:67
5	Caleb Coetzee	28/09 /13	Nedbank AC		4:03:30
6	Herman v Broekhuizen	14 /06/13	Milkwood		5:01:40
7					
8					

Girls

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Jenique Pietersen	26/08/13	Nedbank RC		4:29:37
2					
3					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE – 2 (Boys /Girls 10Yrs) 2km

(Qualify Standard – G 07:10 /B 7:10)

Boys

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Tristan Meyer	24/01/11	Nedbank AC	1463	7:06:22
2	Luciano Mango	12/05 /11	Nedbank AC		7:20:06
3	William –D Mathee	26/08/11	Nedbank AC	P1385	7:37:61
4	Lihan Lategan	18/07/11	Hartenbos D	953	7:47:44

5	Alex Fouche	28/03/11	Bertie Barnard		8:01:15
6	Jason Nel	11/11/11	Bertie Barnard		8:05:54
7	Hanlo Barkhuizen	18/01/11	Nedbank AC	1457	8:10:50
8					
9					
10					
11					
12					
13					

Girls

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Jesnique Du Plessis	06/12/11	Nedbank AC		8:07:73
2	Wilzandre Witbooi	16/03/11	Nedbank AC		8:35:41
3	Cameron Francis	17/04/11	Coastline AC	804	8:43:60
4	Nika Kirsten	05/09/11	Nedbank AC	1462	8:55:66
5	Michelani Fourie	25 /11/11	Hartenbos D		9:35:58
6					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE -2 (Boys / Girls 9Yrs) 2Km

(Qualify Standard – G 8:20 /B 7:46)

Boys

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Carmeran Mc Evan	19/07/12	Outeniqua AC		8:15:34
2	Xaviero Tekana	03/06/12	Nedbank AC	1437	8:28:84
3	Neil Cawood	01/01/12	Nedbank AC		9:13:87
4					
5					
6					

Girls

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Jordan-Lee Prins	10/02/12	CoastlineAC	790	8:49:52
2	Katrien van Wyk	18/05/12	Bertie Barnard		9:50:52
3	Jo-Marie Block	21/06/12	Nedbank AC		10:24:16

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE – 3 (Boys /Girls 11 Yrs) 3km (Qualify Standard – G 11:58 /B 11:00)

Boys

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Christiano Weyers	18/08/10	Nedbank AC		11:23:80
	Johndre Jordaan	25/03/10	Nedbank AC		11:24:85
2	Timothy Sebyboe	17/06/11	Coastline AC	803	11:57:40
3	Joshua van Heerden	05/05/10	Nedbank AC		12:12:95
4	Johannes Brink	22/04/10	Outeniqua H		12:13:69
5					

Girls

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Luanè Jv Rensburg	18/04/10	Bertie Barnard		12:42:82
2	Davidene Isaacs	31/08/10	Nedbank AC		13:11:95
3	Lu- Crecha v Greunen	11/04/10	Nedbank AC		13:31:17
4	Shakira Jasen	07/09/10	Wabooms kraal		16:45:96
5	Sumay van Wyk	26/05/10	Nedbank AC		DNF

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 3- WOMEN 30 + 4 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Esrie Loock Bezuidenh	20/07/82	Outeniqua H (38)		17:06:47
2	Sharon Losper	30/09/64	Nedbank AC (56)		19:12:19
3	Carla Nothanagel	17/07/84	32 GI (36)	421	19:17:46
4	Chantel Barkhuizen	17/02/80	Hartenbos D (41)		20:04:35
5	Talita Behrens	11/05/71	Yorh High		20:27:93
6	Magda Opperman	07/07/58	Cape Multi (62)	879	21:45:87
7	Jeanine Snyders	09/01/78	Hartenbos D (43)		22:53:55
8	Avril Davids	05/04/73	Nedbank AC (48)	1371	26:35:31
9					
10					
11					
12					
13					
14					
15					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE – 3 (Boys 16 & 17 Yrs) 6km Qualify Standard – B16 20:35

B17 20:15)

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Tyron-Lee Andries	19/05/04	Langenhoven G	1698	19:47:10
2	Dee-von Marais	21/12/04	Rainbow AC		20:18:35
3	Bonga Mlunguza	25/03/05	Thembaletu WC		20:33:97
4	Gerhwin Fielies	05/06/04	Coastline AC		20:41:31
5	Jemaine Keffers	08/10/04	Outeniqua H	274	20:48:07
6	Luciano Stuurman	08/07/04	Coastline		21:13;50
7	Lazro Louw	23/09/05	Coastline Ac		21:23:21

8	Henry Isaacs	29/04/04	Nedbank		21:56:90
9	Divan Ressouw	02/09/04	Nedbank AC	1381	22:15:28
10	Daniel Button	11 /02/05	Plett AC		22:44:01
11	William –D. v Wyk	31/03/04	Coastline Ac		23:26:63
12	Steven Pawson	20/12/05	Nedbank AC	1403	26:02:62
13					
14					
15					
16					
17					
18					
19					
20					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 3 - MEN 60 + 6km

Qualify Standard – M60+ 30:00

1					
2					
3					
4					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE – 3 (Girls 19 Yrs) 6 km

Qualify Standard – G19 27:00

Place	Name /Surname	DOB	Club /School	ASA No	Time
1					
2					
3					
4					
5					
6					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

Race 3- **(Boys 19 Yrs) 8 km**

Qualify Standard – B19 25:30:

	Name /Surname	DOB	Club /School	ASA No	Time
1	Durando Aweries	30/07/03	Nedbank AC	1427	27:42:48
2	Deno Baartman	03/04/02	Nedbank AC		30;20:65
3					
4					
5					
6					
7					
8					
9					
10					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

Race 4- **(Women Open) 8km**

Qualify Standard – SW

	Name /Surname	DOB	Club /School	ASA No	Time
1	Anelisiwe Nlunguza	19/11/99	Thembaletu WC		34:02:85
2	Nadine Malan	17/01/99	Plett Ac		34:03:45

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE – 4 **(Open Men) 4 km**

Qualify Standard – M23 13:00

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Mario v Schalkwyk	10/02/00	Langeberg AC		11:51:99
2	Selwin Matthews	21/08/98	Nedbank RC		13:06:06
3	Zevian Le Roux	27/02/01	Coastline AC		13:07:53
4	Leon Adams	01/02/94	Coastline AC	788	13:48:21
5	Romano Windvogel	25/07/01	Coastline AC		14:38:74

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

Race 4-(**Open Men**) 10 km

Qualify Standard – SM 33:36

	Name /Surname	DOB	Club /School	ASA No	Time
1	Donavan Jantjies	07/01/96	Nedbank AC	1803	32:45:55
2	Eldewagen van Tonder	24/08/96	Thembalethu WC		33:44:95

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

Race 4- (**Girls 17 Yrs**) 4 km

Qualify Standard – G17 14:55

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Jandri Snyders	02/03/04	Hartenbos D	1001	15:11:39
2	Mia Hugget	12/10/04	Coastline AC	1690	17:28:74
3	Cari van Eeden	13/03/04	Langenhovrn G	1691	19:49:38
4					
5					
6					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

Race 4 -(**Men 30 -59 Yrs**) 8km

1	Mervin Steenkamp	25/06/88	Coastline AC		27:25:13
2	Walter Lutsch	06/09/76	Outeniqua H	249	31:28:52
3	Noof Van Vuuren	02/10/82	Nedbank	1412	31:52:99
4	Charlie Tekana	10/05/76	Nedbank	1443	35:00:38
5	Jerome Ferland	06/11/98	Nedbank		35:23:32
6	Whayn Windwaai	10/09/78	Nedbank	1175	35:47:72
7	Malan Du Preez	10/01/69	Outeniqua H		36:14:66

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 5 - (Boys 12) 3km

Qualify Standard –B 12 10:50

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Arnold Tieties	24/03/09	Rainbow	729	10:18:15
2	Jack Du Plessis	16/11/09			10:42:18
3	Alrich Rademeyer	26/10/09	Ls Bertie Barnard		11:28:74
4	Anvill Pietersen	06/08/09	Nedbank		11:59:13
5	Ruben Marais	10/06/09	Cape Multi Sport		12:14:76
6	Brian Plaatjies	06/04/09	Nedbank		12:19:93
7	Aj Jansen	29/12/09	Nedbank		12:26:46
8					
9					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 5 - (Girls 12 yrs) 3 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Caitlyn Cawood	04/06/09	Nedbank AC		10:49:17
2	Ann Bester	21/09/09	Coastline Ac		11:34:30
3	Annabelle Mc Evan	09/02/09	Outeniqua H	259	11:37:57
4	Lila Koen	17/01/09	LS Outenique		13:08:29
5	Legacia Jacobs	01/06/09	Nedbank		14:14:53
6					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 5 -(Girls 13 Yrs) 3 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Tonya Schoeman	02/07/08	Nedbank AC	1187	12:06:75
2	Addison Gillespie	30/04/08	Bertie Barnard		12:26:95
3	Etvvisly Jooste	23/12/08	Coastline AC		12:54:37
4	Jaydine Block	20/10/08	Nedbank AC		14:14:53
5	Elisma van wyk	11/03/08	Nedbank AC	1410	DNS
6					
7					
8					
9					
10					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 6 - (Boys 15 yrs) 4 km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Beyon Prins	09/01/06	Coastline AC	1684	12:47:57
2	Tyrese Kennedy	11/01/06	Coastline AC		13:55:51
3	Jesse Van Heerden	21/09/06	Nedbank	1240	14:40:75
4	Jaco Gertse	26/06/06	Nedbank	1451	15:08:01
5	Linden Bosman	24/12/06	HS Pacaltsdorp		15:51:37
6	Mikail Viljoen	12/12/06			18:11:99
7					
8					
9					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 6 - (Girls 15 yrs) 4 km

Qualify Standard – SM 33:36

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Shafieka Du Preez	11/07/06	Nedbank		16:55:15
2	Emma Lutsch	19/05/06	Outenique H/S	66	17:29:63
3					
4					

ASWD CROSS COUNTRY LEAGUE 23RESULTS – 14 August 2021 OLYMPIA SOS

RACE 6- (Girls 16 yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Janke Potgieter	11/01/05	Coastline AC	1801	18:29:41
2					
3					
4					
5					

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 6 -(Boys 13yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Willmark Daniel	30/06/08	Coastline AC		13:30:99
2	Dian Barkhuizen	29/06/08	Nedbank	1456	14:06:81
3	Ashton Grootboom	29/03/08	Nedbank		14:21:69
4	Keenan Goliath	10/02/08	Nedbank		14:43:50
5	Mequin Swartbooi	23/10/08	Nedbank		14:45:09
6	Cuan Wildeman	03/02/08	Rainbow Ac		14:48:58
7	Hayrem Meiring	02/01/08	Rainbow Ac		15:13:32
8	Neziah Fourie		Hartenbos D		15:39:30
9	Quintus Lutsch	28/10/08	Outeniqua Har		16:38:66
10	Tyron Le Roux		Nedbank		16:39:11
11	Jayden Erasmus	25/12/08	Nedbank		18:06:89

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 6 - (Boys 14yrs) 4km

1	Danwille Willemse	01/07/07	Coastline AC		13:10:18
2	Zaylin Ruiters	10/30/07	Nedbank AC		13:35:43
3	Voughan Grobbelaar	25/01/07	Nedbank AC		13:52:58
4	Rainart Beherns	16/05/07	York High		14:26:43
5	Ruan Ressouw	06/06/07	Nedbank AC		15:15:88
6	Rhuwaan Remas	23/04/07	St Mary's		15:48:32
7	Andreas Engelbrecht	01/05/07	Coastline Ac	1890	17:27:45
8	Maruis De Vlam	11/11/07	Coastline AC	799	16:50:02
9	Jaswin Blaauw	25/02/07	Waboomskraal		19:17:84

ASWD CROSS COUNTRY LEAGUE 3 RESULTS – 14 August 2021 OLYMPIA SOS

RACE 6 - (Girls 14yrs) 4km

Place	Name /Surname	DOB	Club /School	ASA No	Time
1	Marilie Duvenage	30/04/07	Outeniqua Harrie	P108	15:15:89
2	Chanelle Bester	12/01/07	Coastline		16:07:03
3	Esti Hugget	03/03/07	Coastline		17:08:17
4	Hilliny Witbooi	25/06/07	Nedbank		17:19:64
5	Xavairea Tekana	23/04/07	Nedbank	1436	17:52:07
6	Dane' Lubbe	25/02/07	Hartenbos Drawe	977	19:18:42
7	Helen Reuter	29/10/07	York High		22:58:28
8					
9					