

**Result Event 3b - Hammer Throw Boys 16Years (Final)**

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|---------|------|--------|-----|
| 1 | KAI | PRATT | OAK | 40.08 | |

Result Event 11 - High Jump Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|------|---------|------|--------|------|-----|
| 1 | Luca | Lobese | WHS | 1.65 | 0 | |
| 1 | Leo | Glennie | WHS | 1.65 | 0 | |

Result Event 13 - Shot Put Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------|---------|------|--------|-----|
| 1 | Ethon | Joseph | EAMS | 10.74 | |

Result Event 14 - Discus Throw Boys 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-----------|---------|------|--------|-----|
| 1 | REINHARDT | VILJOEN | OAK | 43.04 | |
| 2 | CONNOR | DE BEER | OAK | 30.44 | |

Result Event 15 - Long Jump Girls 14Years (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|--------|---------|------|--------|------|-----|
| 1 | Alisha | Titus | FCA | 4.27 | 0 | |

Result Event 24 - Shot Put Boys 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-----------|---------|------|--------|-----|
| 1 | REINHARDT | VILJOEN | OAK | 13.87 | |
| 2 | Lardo | Jacobs | York | 13.67 | |
| 3 | CONNOR | DE BEER | OAK | 13.29 | |

Result Event 25 - Javelin Throw Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|--------------|------|--------|-----|
| 1 | Jana | Koegelenberg | EAMS | 13.48 | |

Result Event 26 - Javelin Throw Girls 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|---------|------|--------|-----|
| 1 | Lene | Niemann | EAMS | 8.00 | |



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**Result Event 27 - Long Jump Boys 18Years (Final)**

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|-------------|---------|------|--------|------|-----|
| 1 | Waythin-Lee | Campher | FCA | 6.54 | 0 | |
| 2 | RUBEN | NEL | OAK | 6.13 | 0 | |
| 3 | Mavern | Meyer | WHS | 5.98 | 0 | |
| 4 | Ru-Zano | Stander | WHS | 5.82 | 0 | |

Result Event 28b - Discus Throw Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------|---------|------|--------|-----|
| 1 | Ethon | Joseph | EAMS | 34.87 | |

Result Event 35 - 400m Hurdles Boys 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|--------|-------------|------|---------|-----|
| 1 | DURAAN | JV RENSBURG | OAK | 56.83 | |
| 2 | Keano | Qwili | PHS | 1:00.84 | |
| 3 | WAYNE | GANNIWA | OAK | 1:03.00 | |

Result Event 37b - Shot Put Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|------------|------|--------|-----|
| 1 | Elri | van Rooyen | WHS | 7.47 | |

Result Event 38 - Shot Put Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|------------|------|--------|-----|
| 1 | Elri | van Rooyen | WHS | 7.47 | |

Result Event 40 - Discus Throw Girls 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|----------|---------|------|--------|-----|
| 1 | Clarette | Bowring | EAMS | 18.16 | |
| 2 | Lene | Niemann | EAMS | 14.28 | |

Result Event 43 - 800m Boys 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|-----------|--------|---------|-----|
| 1 | Luciano | Slawers | CoastL | 2:15.26 | |
| 2 | Kanya | Matika | PHS | 2:15.57 | |
| 3 | Beaunathan | Eksteen | CoastL | 2:16.96 | |
| 4 | JC | Schoeman | Curro | 2:26.42 | |
| 5 | Janlu | Westraadt | WHS | 2:30.34 | |

Result Event 44 - 800m Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------|----------|------|---------|-----|
| 1 | Megan | Hyde | GWH | 2:31.19 | |
| 2 | Hope | Williams | PHS | 2:50.34 | |



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**Result Event 45 - 800m Boys 16Years (Final)**

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|------|---------|-----|
| 1 | Nicolas | Vrey | NBRC | 2:05.00 | |
| 2 | Linden | Bosman | PHS | 2:08.94 | |
| 3 | MYBURGH | EKSTEEN | OAK | 2:15.50 | |
| 4 | Luca | Lobese | WHS | 2:24.44 | |
| 5 | Jay-Dee | Damons | PHS | 2:30.59 | |

Result Event 46 - 800m Girls 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|---------|------|---------|-----|
| 1 | Morisha | Galandt | PHS | 2:52.41 | |
| 2 | Sue-Astrid | Loff | PHS | 3:01.49 | |

Result Event 47 - Javelin Throw Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|------------|------|--------|-----|
| 1 | NICO | GELDENHUYS | OAK | 38.53 | |

Result Event 49 - Long Jump Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|-------|--------------|------|--------|------|-----|
| 1 | Kayla | Bothma | WHS | 4.09 | 0 | |
| 2 | Jana | Koegelenberg | EAMS | 3.86 | 0 | |

Result Event 52a - 800m Women 20Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|---------|------|---------|-----|
| 1 | J | Snyders | HD | 2:28.59 | |

Result Event 53 - 800m Boys 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|----------|--------|---------|-----|
| 1 | Luciano | Stuurman | CoastL | 2:08.04 | |
| 2 | Keano | Qwili | PHS | 2:11.00 | |
| 3 | Lazro | Louw | PHS | 2:26.47 | |

Result Event 54b - 800m Men (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|--------|---------|-----|
| 1 | Max-Lee | Pedro | CoastL | 2:02.54 | |

Result Event 55 - 100m Girls 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|------|--------|-----|
| 1 | LYNNE | WALTERS | OHS | 13.03 | |
| 2 | Micayla | Pillay | FCA | 13.78 | |
| 3 | Nayla | Jansen | PHS | 14.00 | |
| 4 | Carelse | Cassidy | PHS | 14.21 | |
| 5 | Brooks | Sheryl | FCA | 14.34 | |



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**Result Event 56 - 100m Boys 14Years (Final)**

Heat 1 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|-----------|------|--------|-----|
| 2 | David | Steyn | GWH | 12.14 | |
| 3 | Fabian | Lewies | FCA | 12.59 | |
| 5 | Izekiel | Solomons | FCA | 13.42 | |
| 7 | Henry | Februarie | PHS | 14.29 | |

Heat 2 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|-----------|------|--------|-----|
| 1 | Dwayne | Kammies | FCA | 11.82 | |
| 4 | Brayden | Luiters | PHS | 12.97 | |
| 6 | Gerhan | Pretorius | EAMS | 14.09 | |

Result Event 57 - 100m Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|----------|--------------|------|--------|-----|
| 1 | Zunayha | Jansen | PHS | 14.24 | |
| 2 | Jana | Moukarzel | WHS | 14.28 | |
| 3 | Maralize | Jacobs | PHS | 14.66 | |
| 3 | Maralize | Jacobs | PHS | 14.66 | |
| 4 | Jana | Koegelenberg | EAMS | 15.22 | |
| 5 | Kayla | Bothma | WHS | 15.56 | |

Result Event 59 - Shot Put Girls 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|----------|---------|------|--------|-----|
| 1 | Clarette | Bowring | EAMS | 6.79 | |
| 2 | Lene | Niemann | EAMS | 4.90 | |

Result Event 61 - Long Jump Boys 14Years (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|-------|---------|------|--------|------|-----|
| 1 | David | Steyn | GWH | 5.96 | 0 | |

Result Event 62 - High Jump Boys 18Years (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|-------|---------|------|--------|------|-----|
| 1 | Dylan | Swart | York | 1.80 | 0 | |
| 2 | LIAM | LIGHTLY | OAK | 1.65 | 0 | |

Result Event 63 - 100m Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|---------|------|--------|-----|
| 1 | Leo | Glennie | WHS | 12.60 | |



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**Result Event 66 - 100m Boys 18Years (Final)**

Heat 1 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------------|----------|------|--------|-----|
| 2 | RUBEN | NEL | OAK | 11.44 | |
| 5 | Waythin-Lee | Campher | FCA | 11.81 | |
| 9 | REINHARDT | VILJOEN | OAK | 12.60 | |
| 10 | Monray | Stoffels | FCA | 13.04 | |

Heat 2 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|----------|------|--------|-----|
| 1 | John | Slabbert | FCA | 10.94 | |
| 3 | Mavern | Meyer | WHS | 11.69 | |
| 4 | Keano | Wesso | PHS | 11.78 | |
| 6 | Ru-Zano | Stander | WHS | 11.82 | |
| 7 | Luther | Louw | FCA | 11.91 | |
| 8 | Shagon | Lourens | PHS | 12.28 | |

Result Event 68 - 100m Men (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-----------|---------|------|--------|-----|
| 1 | Reinhardt | Wessels | FCA | 14.03 | |

Result Event 70 - 400m Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|---------|--------|---------|-----|
| 1 | MYBURGH | EKSTEEN | OAK | 56.76 | |
| 2 | Westraandt | Janlu | WHS | 1:03.53 | |
| 3 | Henrique | Cupido | CoastL | 1:04.12 | |
| 4 | Julio | Malgas | WHS | 1:07.75 | |

Result Event 71 - 400m Girls 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|--------|---------|------|---------|-----|
| 1 | Demeka | Julie | WHS | 1:26.03 | |

Result Event 72a - 400m Women 20Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|---------|------|---------|-----|
| 1 | J | Snyders | HD | 1:06.28 | |

Result Event 73 - 400m Boys 18Years (Final)

Heat 1 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|--------|-------------|------|--------|-----|
| 2 | DURAAN | JV RENSBURG | OAK | 52.34 | |

Heat 2 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------|---------|------|--------|-----|
| 1 | WAYNE | GANNIWA | OAK | 52.16 | |

Result Event 74 - 400m Men 20Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------|---------|------|---------|-----|
| 1 | Jolin | Afrika | NBRC | 1:00.34 | |

Result Event 79 - 400m Men (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|--------|---------|------|--------|-----|
| 1 | Stefan | van Wyk | 32Gi | 51.09 | |



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**Result Event 80 - 1500m Girls 14Years (Final)**

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|--------|---------|-----|
| 1 | Raylene | Esau | CoastL | 6:21.15 | |
| 2 | Georgia | Kamfer | PHS | 7:11.60 | |
| 3 | Tatum | Herwels | PHS | 7:27.40 | |

Result Event 82 - 1500m Boys 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|------------|--------|---------|-----|
| 1 | Dian | Barkhuizen | NBRC | 4:51.69 | |
| 2 | Kanya | Matika | PHS | 4:53.97 | |
| 3 | Lukholethu | Njokweni | CoastL | 5:15.99 | |
| 4 | Jordan-Lee | Bernardus | CoastL | 5:21.90 | |
| 5 | Tayron | Taylor | CoastL | 5:26.57 | |

Result Event 83 - 1500m Boys 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|----------|----------|--------|---------|-----|
| 1 | Lluwylen | Du Toit | NBRC | 4:14.82 | |
| 2 | Danville | Willemse | CoastL | 4:44.09 | |
| 3 | Linden | Bosman | PHS | 4:44.87 | |
| 4 | Jay-Dee | Damons | PHS | 5:34.30 | |

Result Event 84 - 1500m Girls 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|---------|------|---------|-----|
| 1 | Sue-Astrid | Loff | PHS | 6:13.78 | |
| 2 | Morisha | Galandt | PHS | 6:17.78 | |

Result Event 86 - 1500m Boys 18Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|----------|--------|---------|-----|
| 1 | Gerswin | Fielies | CoastL | 4:34.00 | |
| 2 | Lazro | Louw | PHS | 4:38.62 | |
| 3 | Luciano | Stuurman | CoastL | 4:47.47 | |
| 4 | Ismael | Miggels | PHS | 5:18.52 | |

Result Event 87a - Javelin Throw Women 20Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|---------|------|--------|-----|
| 1 | A | Snyders | HD | 37.05 | |

Result Event 88 - High Jump Boys 14Years (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|-------|---------|------|--------|------|-----|
| 1 | David | Steyn | GWH | 1.75 | 0 | |

Result Event 89a - Shot Put Men 20Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|------|--------|-----|
| 1 | Chernan | Joseph | EAMS | 13.61 | |



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**Result Event 91b - 1500m Men (Final)**

| Pos | Name | Surname | Team | Result | Rec |
|-----|----------|---------------|--------|---------|-----|
| 1 | Selwyn | Matthews | NEW | 4:12.50 | |
| 2 | Mario | Van Schalkwyk | CoastL | 4:12.85 | |
| 3 | Ramano | Slinger | RIV | 4:16.56 | |
| 4 | Francios | Mcassa | NBRC | 4:17.07 | |
| 5 | Max-Lee | Pedro | CoastL | 4:34.41 | |
| 6 | Leon | Adams | CoastL | 4:41.16 | |
| 7 | Mervin | Steenkamp | CoastL | 4:52.88 | |

Result Event 92 - 100m Hurdles Boys 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|---------|-------|--------|-----|
| 1 | Pretorious | Gerhan | Curro | 12.90 | |

Result Event 96a - Discus Throw Men 20Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|------|--------|-----|
| 1 | Chernan | Joseph | EAMS | 45.19 | |

Result Event 97b - Long Jump Women (Final)

| Pos | Name | Surname | Team | Result | Wind | Rec |
|-----|------|---------|------|--------|------|-----|
| 1 | Jana | Boshoff | NEW | 3.61 | 0 | |
| 1 | Jana | Boshoff | NEW | 3.61 | 0 | |

Result Event 101 - 200m Girls 14Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|------|--------|-----|
| 1 | LYNNE | WALTERS | OHS | 28.82 | |
| 2 | Katelyn | Laurens | FCA | 29.72 | |
| 3 | Nayla | Jansen | PHS | 30.66 | |
| 4 | Alisha | Titus | FCA | 32.32 | |

Result Event 102 - 200m Boys 14Years (Final)

Heat 1 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|--------|---------|------|--------|-----|
| 2 | Fabian | Lewies | FCA | 26.31 | |

Heat 2 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|--------|---------|------|--------|-----|
| 1 | Dwayne | Kammies | FCA | 25.45 | |

Result Event 103 - 200m Girls 16Years (Final)

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|-----------|------|--------|-----|
| 1 | Hope | Williams | PHS | 30.28 | |
| 2 | Zunayha | Jansen | PHS | 30.63 | |
| 3 | Jana | Moukarzel | WHS | 30.84 | |

Result Event 104 - 200m Boys 16Years (Final)

Heat 1 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|---------|------|--------|-----|
| 1 | MYBURGH | EKSTEEN | OAK | 25.91 | |

Heat 2 of 2

| Pos | Name | Surname | Team | Result | Rec |
|-----|------------|---------|------|--------|-----|
| 2 | Westraandt | Janlu | WHS | 29.22 | |

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Result Event 105 - 200m Girls 18Years (Final)**

| Pos | Name | Surname | Team | Result | Rec |
|-----|------|-----------|------|--------|-----|
| 1 | Erin | September | WHS | 32.28 | |

Result Event 106 - 200m Boys 18Years (Final)

Heat 1 of 3

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------------|---------|------|--------|-----|
| 2 | RUBEN | NEL | OAK | 23.03 | |
| 4 | Waythin-Lee | Campher | FCA | 23.93 | |
| 5 | Luther | Louw | FCA | 24.00 | |
| 7 | Shagon | Lourens | PHS | 26.22 | |

Heat 2 of 3

| Pos | Name | Surname | Team | Result | Rec |
|-----|---------|-------------|------|--------|-----|
| 3 | DURAAN | JV RENSBURG | OAK | 23.60 | |
| 6 | Ru-Zano | Stander | WHS | 24.22 | |
| 8 | Monray | Stoffels | FCA | 26.88 | |

Heat 3 of 3

| Pos | Name | Surname | Team | Result | Rec |
|-----|-------|---------|------|--------|-----|
| 1 | WAYNE | GANNIWA | OAK | 23.03 | |