


ASWD CC LEAGUE 4 -OLYMPIA			Top 3 per age category			
17-Jun-23			No of Athletes :			300
	ATHLETE	CLUB/ SCHOOL	AGE	DOB	M/F	TIME
Girls 8 yrs (2015..)						1 km
1	Talitha Wiese	Outeniqua	8	3/30/2015	F	00:04:09:96
2	Mia Burger	Curro M/Bay	8	28/05/2015	f	00:04:29:53
3	Anell Jordaan	L/S Volschenk	8	20/08/2015	F	00:04:41:56
Boys 8 yrs (2015..)						1 km
1	Usain Boesak	Nedbank/Heidedal	8	9/6/2015	M	00:03:42:37
2	Saint-Laurian Jansen	Nedbank/Heidedal	8	17/7/2015	M	00:03:45:15
3	John-Lee September	Nedbank/Heidedal	8	1/9/2015	M	00:03:45:81
Girls 9 yrs (2014)						2 km
1	Achumile Beuzana	Nedbank/Heidedal	9	5/11/2014	F	00:09:08:56
2	Kristin van Heerden (986)	Hartenbos Drawwers	9	4/24/2014	F	00:09:16:33
3	Mila Laategan	Hartenbos Drawwers	9	31/01/2014	F	00:09:24:78
Boys 9 yrs (2014)						2 km
1	Eugene Saayman	Coastline AC	9	12/7/2014	M	00:07:45:23
2	Christiaan Kapank	Nedbank/Heidedal	9	19/8/2014	M	00:07:54:37
3	Judah Spies	Outeniqua Harriers	9	20/08/2014	M	00:07:59:41
Girls 10 yrs (2013)						2 km
1	Alrie Eloff	L/S Wesbank	10	28/05/2013	F	00:08:04:18
2	Jaydene Jacobs	Waboonskraal	10	13/07/2013	F	00:08:10:92
3	Willene Lingerveld	Nedbank	10	2/7/2013	F	00:08:15:95
Boys 10yrs (2013)						2 km
1	Wanro Haasbroek	Glenwood House	10	19/01/2013	M	00:07:48:34
2	Clayton Frances	Coastline AC	10	13/09/2013	M	00:08:04:55
3	Kearan Prins	Oker Prim	10	22/10/2013	M	00:08:19:45
Girls 11 yrs (2012)						3 km
1	Laurika Jacobs	Coastline AC	11	2/23/2012	F	00:11:52:20
2	Charlien Beukman	LS Sedgfield	11	26/06/2012	F	00:12:30:70
3	Jordan Prins	Coastline AC	11	10/2/2012	F	00:12:32:14
Boys 11 yrs (2012)						3 km
1	Pierre Spies	Outeniqua Harriers	11	8/1/2012	M	00:11:06:64
2	Emanuel Jacobs	Nedbank/ ahaeidedal	11		M	00:11:07:52
3	Presten Saayman (1937)	Coastline AC	11	11/9/2012	M	00:11:19:19
Girls 12 yrs (2011)						3 km
1	Lee -Ann Van Rooyen	Bayethe	12	11/11/2011	F	00:11:30:70
2	Ovuyonke Ngemntu	Nedbank/Heidedal	12	5/11/2011	F	00:11:58:54
3	Cameron Frances (822)	Coastline AC	12	17/04/2011	F	00:12:04:01
Boys 12 yrs (2011)						3 km
1	Lee-Olin September	Melkhoufontein PS	12	3/3/2011	M	00:10:17:67
2	Junior Mogqula	Mzoxolo PS	12	19/4/11	M	00:10:26:14
3	Luciano Mongo	Nedbank/Heidedal	12	12/5/2011	M	00:10:29:69
Girls 13 yrs (2010)						3 km
1	Duné Haasbroek	Glenwood House	13	7/1/2010	F	00:11:02:64
2	Melanesia Lehman	Coastline AC	13	1/6/2010	F	00:11:45:87
3	Hendalene Fredericks	Concordia PS	13	16/07/2010	F	00:12:13:59
Boys 13 yrs (2010)						4 km
1	Christiano Weyers	Nedbank/Heidedal	13	8/18/2010	M	00:14:26:14
2	Leightthan Lucas	B/Wes Prim	13	8/10/2010	M	00:14:31:39
3	Marvin Jantjies	Concordia PS	13	3/20/2010	M	00:14:33:64
Girls 14 yrs (2009)						4 km
1	Annabelle McEwan (259)	Glenwood House	14	2/5/2009	F	00:15:18:60
2	Lizandri Koen (1282)	Nedbank	14	17/01/2009	F	00:17:19:09
3	Nina Cloete	Langenhoven	14	4/8/2009	F	00:18:31:06

Boys 14 yrs (2009)							4 km
1	Colin Karelse	B/Wes Sek		14	9/4/2009	M	00:13:10:37
2	Jacobus Du Plessis	Outeniqua H/S		14	16/11/2009	M	00:13:31:05
3	Clayton Riddles	Gerrit Du Plessis Sek		14	4/25/2009	M	00:13:40:90
Girls 15 yrs (2008)							4 km
1	Junesco Micheals	Melkhoutfontein PS		15	4/16/2008	F	00:16:03:38
2	Chelsea Saayman	Coastline AC		15	10/21/2008	F	00:16:30:83
3	Jamie-Lee Bester	Framesby		15	5/9/2008	F	00:16:54:24
Boys 15 yrs (2008)							4 km
1	Cuan Wildeman (786)	Rainbow AC		15	3/2/2008	M	00:13:44:38
2	Willmark Daniels	Coastline AC		15	6/30/2008	M	00:13:44:70
3	Dian Barkhuizen (1451)	Nedbank RC		15	29/06/2008	M	00:13:51:91
Girls 16 yrs (2007)							4 km
1	Marilie Duvenhage	Outeniqua HS		16	4/30/2007	F	00:16:28:47
2	Chanelle Bester	Langenhoven Gim		16	1/12/2007	F	00:16:34:58
3	Febe Michaels	Oker PS		16	9/7/2007	F	00:17:08:84
Boys 16 yrs (2007)							6 km
1	Dallian Oerson	Framesby		16	2/1/2007	M	00:20:13:82
2	Jordan-Lee Pietersen	Coastline AC		16	7/30/2007	M	00:20:17:48
3	Jaco van Wyk	B /Wes sek		16	16/08/2007	M	00:20:29:61
Girls 17 yrs (2006)							4 km
1	Clairese Moses	Coastline AC / G dup		17	5/11/2006	F	00:15:49:43
2	Shafieka Du Preez	Nedbank Running Club		17	7/11/2006	F	00:16:51:68
3	Mieke Jv Rensburg	Outeniqua H		17	13/12/2006	F	00:16:54:16
Boys 17 yrs (2006)							6 km
1	Valentino Loggenberg	Rainbow AC (1824)		17	4/12/2006	M	00:20:12:30
2	Atenkosi Miggels	Rainbow AC		17	12/7/2006	M	00:21:19:79
3	Linden Bosman (1482)	Nedbank RC		17	4/12/2006	M	00:21:33:10
Junior Women 18 and 19 yrs (2005 & 2004)							6 km
1	Jandri Snyders (1001)	Hartenbos Drawwers		19	3/2/2004	F	00:24:32:68
2	Leandria Mongo	Nedbank Running Club		19	5/13/2005	F	00:26:23:76
3	Ame Pretorius	Langenhoven Gim		19	21/11/2005	F	00:26:36:34
Junior Men 18 and 19 yrs (2005 & 2004)							8 km
1	Rico vd Horst	Nedbank		19	13/05/2004	M	00:26:04:73
2	Keano Qwili	Pacaltsdorp High Sch		19	23/08/2005	M	00:26:34:53
3	Tyron-Lee Andries	Langenhoven Gim		19	18/03/2004	M	00:27:02:31
Senior Women 20 - 34yrs (2003 & 1989)							4 km
1	Nadine Malon	Plett Athletics Club		24	1/17/1999	F	00:17:02:73
2	Louw-Anne Lourens	Nedbank Running Club		21	9/11/2002	F	00:19:59:00
3							
Senior (Open) Men 20 -34 (2003 - 1989)							4 km
1	Lloyd Bosman (1359)	Nedbank RC		35	25/02/1988	M	00:11:38:95
2	Selwyn Matthews (1259)	Nedbank RC		25	21/08/1989	M	00:11:48:06
3	Max-Lee Pedro (812)	Coastline AC		22	2/6/2001	M	00:13:36:54
Senior (Open) Men 20 -34 (2003 - 1989)							10 km
1	Francois Maquassa	Nedbank RC		27	2/7/1995	M	00:31:05:25
2	Donovan Jantjies (1505)	Nedbank RC		26	9/1/1996	M	00:32:56:49
3	Mario v Schalkwyk(821)	Coastline AC		23	10/2/2000	M	00:33:19:17
Women 35 -49 (1988 - 1974)							4 km
1	Anja Louw	Privaat		40	2/4/1983	F	00:17:50:20
2	Zani Smith			39	22/12/1983	F	00:17:52:42
3	Helena Jv Rensburg	Hartenbos Drawwers		40	7/6/1983	F	00:17:57:31
Men 35 -49 (1988 - 1974)							8 km
1	Gershwin Jones	Coastline AC		36	5/1/1987	M	00:26:55:10
2	Sam Marx	Hartenbos Drawwers		42	11/30/1981	M	00:28:17:33
3	Andre Jakobus	SWD Masters		43	27/06/1980	M	00:32:04:26

Women 50 - 60 + yrs (1973 & 1963 ...)							4 km
1	Seanette Botha	Nedbank		54	21/11/1969	F	00:19:36:83
2	Sharon Losper	Nedbank		58	30/09/1964	F	00:20:02:83
3	Delmarie Henning	Hartenbos Drawers		62	8/7/1961	F	00:22:44:14
Men 50 - 60 + yrs (1973 & 1963 ...)							6 km
1	Dirk Kotze (1846)	SWD Masters		62	4/4/1961	M	00:26:00:53
2	Elrick Spiers (809)	Coastline AC		60	12/5/1963	M	00:26:15:34
3	Sidwell Oktober	Rainbow AC		65	12/4/1958	M	00:27:47:56

Clubs with 3 medals or more

Coastline AC	15
Nedbank	14
Nedbank/Heidedal	9
Hartenbos Drawers	6
Rainbow AC	4
Langenhoven Gim	4
HS Outeniqua	3
Glenwood House	3

ASWD CC LEAGUE 4 - OLYMPIA				RESULTS		RACE 1	
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 8 yrs (2015..)							1 km
1	Talitha Wiese	Outeniqua	5	8	3/30/2015	F	00:04:09:96
2	Mia Burger	Curro M/Bay	9	8	28/05/2015	f	00:04:29:53
3	Anell Jordaan	L/S Volschenk	11	8	20/08/2015	F	00:04:41:56
4	Natolie Jansen	Nedbank/ Heidedal	13	8	2/11/2015	F	00:04:47:75
5	Tammy-Lee Esau	Nedbank	14	8	24/09/2015	F	00:04:52:88
6	Coba Jv Rensburg	Hartenbos drawwers	16	8	27/01/2015	F	00:05:17:59
7	Kaylene Chipps	Nedbank/Heidedal	17	8	2/8/2015	F	00:05:43:67
Boys 8 yrs (2015..)							1 km
1	Usain Boesak	Nedbank/Heidedal	1	8	9/6/2015	M	00:03:42:37
2	Saint-Laurian Jansen	Nedbank/Heidedal	2	8	17/7/2015	M	00:03:45:15
3	John-Lee September	Nedbank/Heidedal	3	8	1/9/2015	M	00:03:45:81
4	Rudolf Smith	Laerskool Wesbank	4	8	6/11/2015	M	00:03:46:32
5	Lealifano Diedericks	Waboonskraal	6	8	21/05/2015	M	00:04:23:35
6	Geraldo Danisa	Nedbank	7	8	20/07/2015	M	00:04:25:28
7	Fourie Le Clus (997)	Hartenbos Drawwers	8	6	3/1/2017	M	00:04:28:88
8	Ulrich V. Hirtum (1071)	Hartenbos Drawwers	10	8	31/08/2015	M	00:04:30:02
9	Pieter Marx (958)	Hartenbos Drawwers	12	8	23/09/2015	M	00:04:42:52
10	Ben v.d Berg	Glenwood House	15	7	26/04/2016	M	00:05:08:50

ASWD CC LEAGUE 4 - OLYMPIA				RESULTS			RACE 2
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 9 yrs (2014)							2 km
1	Achumile Beuzana	Nedbank/Heidedal	27	9	5/11/2014	F	00:09:08:56
2	Kristin van Heerden (986)	Hartenbos Drawwers	29	9	4/24/2014	F	00:09:16:33
3	Mila Laategan	Hartenbos Drawwers	32	9	31/01/2014	F	00:09:24:78
4	Lila Olivier	LS Bertie Barnard	35	9	11/2/2014	F	00:09:58:29
5	Mienke Lamprecht	LS Wesbank	36	9	2/8/2014	F	00:10:02:14
6	Zoe Burger	Curro M/Bay	41	9	28/03/2014	F	00:10:49:50
7	Annabel Du Plessis (998)	Hartenbos Drawwers	42	9	28/07/2014	F	00:10:57:19
8	Aesha Baardman	Waboomskraal	43	9	17/04/2014	F	00:11:56:79
9	Slisipho Jwili	Waboomskraal	44	9	19/12/2014	F	00:12:05:02
10	Karliën v an Wyk	LS Wesbank	45	9	21/11/2014	F	00:13:01:16
11	Chuma Beuzana	Nedbank/Heidedal	48	9	5/11/2014	F	00:13:40:47
Boys 9 yrs (2014)							2 km
1	Eugene Saayman	Coastline AC	1	9	12/7/2014	M	00:07:45:23
2	Christiaan Kapank	Nedbank/Heidedal	3	9	19/8/2014	M	00:07:54:37
3	Judah Spies	Outeniqua Harriers	4	9	20/08/2014	M	00:07:59:41
4	JC Le Clus (996)	Hartenbos Drawwers	8	9	9/16/2014	M	00:08:13:54
5	Negusy Appels	Concordia PS	20	9	11/2/2014	M	00:08:38:93
6	Rea Jacque September	Oker Prim	21	9	14/01/2015	M	00:08:46:67
7	Uvernon Maneville	Nedbank/Heidedal	25	9	19/9/2014	M	00:08:57:47
8	Angelo Jones	Voorwaarts Prim	26	9	28/12/2014	M	00:09:05:18
9	Lehandro Manho	Melkhoutfontein PS	32	9	5/8/2014	M	00:09:24:78
10	Ixak Louw	LS Volschenk	38	9	3/7/2014	M	00:10:10:99
11	Iviano Block	Waboomskraal	40	9	19/06/2014	M	00:10:15:29
12	Sean Hawskey	Curro M/Bay	46	9	5/11/2014	M	00:13:25:04
13	Reuben Zeilinger	Curro Mossel Bay	47	9	9/6/2014	M	00:13:28:25
Girls 10 yrs (2013)							2 km
1	Alrie Eloff	L/S Wesbank	5	10	28/05/2013	F	00:08:04:18
2	Jaydene Jacobs	Waboomskraal	7	10	13/07/2013	F	00:08:10:92
3	Willene Lingerveld	Nedbank	9	10	2/7/2013	F	00:08:15:95
4	Jesswunique Mongo	Nedbank	18	10	13/09/2013	F	00:08:35:47
5	Keyla Douglas	Glenwood House	23	10	21/10/2013	F	00:08:48:22
6	Romeshia Gouws	Nedbank	28	10	1/9/2013	F	00:09:15:83
7	Mila van den Berg	Glenwood House	30	10	2/15/2013	F	00:09:16:85
8	Licka Jordaan	LS Volschenk	33	10	16/04/2013	F	00:09:29:09
9	Whitney Plaatjies	Nedbank/Heidedal	34	10	18/2/2013	F	00:09:30:50
10	Mieke Kriel	Hartenbos Drawwers	37	10	28/06/2013	F	00:10:05:73
11	Lheane Du Plessis		39	10	22/05/2013	F	00:10:13:06

Boys 10 yrs (2013)							2 km
1	Wanro Haasbroek	Glenwood House	2	10	19/01/2013	M	00:07:48:34
2	Clayton Frances	Coastline AC	6	10	13/09/2013	M	00:08:04:55
3	Kearan Prins	Oker Prim	11	10	22/10/2013	M	00:08:19:45
4	Jenquin Slawers	Voorwaarts PS	12	10	1/12/2013	M	00:08:22:32
5	Caleb Matthews	Coastline AC	13	10	7/5/1905	M	00:08:25:69
6	Connor Ogden	Glenwood House	14	10	1/14/2013	M	00:08:28:30
7	Alexander v wyk	Nedbank	15	10	5/2/2013	M	00:08:29:28
8	lasheed Muller	Nedbank	16	10	23/1/2013	M	00:08:31:36
9	Tristan Grootboom	Nedbank/Heidedal	17	10	12/25/2013	M	00:08:32:78
10	Ruben Marx	Hartenbos Drawwers	22	10	5/14/2013	M	00:08:48:03
11	Marlon Nathan	Waboonskraal	24	10	29/04/2013	M	00:08:52:91


Athletes no: 2,4,& 5 ran 200m longer (prize money were adjusted ,not time)

ASWD CC LEAGUE 4 - OLYMPIA				RESULTS			RACE 3
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 11 yrs (2012)							3 km
1	Laurika Jacobs	Coastline AC	7	11	2/23/2012	F	00:11:52:20
2	Charlien Beukman	LS Sedgefield	10	11	26/06/2012	F	00:12:30:70
3	Jordan Prins	Coastline AC	12	11	10/2/2012	F	00:12:32:14
4	Leandre Gelderbloem	St. Blaize PS	13	11	11/14/2012	F	00:13:03:22
5	Iza Lourens	Ls wesbank	14	11	27/09/2012	F	00:13:14:89
6	Veruska Chipps	Nedbank/Heidedal	15	11	6/27/2012	F	00:13:42:60
7	Angenay Micheals	Melkhoutfontein PS	16	11	8/14/2012	F	00:14:02:26
8	Andria Hendricks	Nedbank/Heidedal	19	11	7/29/2012	F	00:14:08:57
Boys 11 yrs (2012)							3 km
1	Pierre Spies	Outeniqua Harriers	1	11	8/1/2012	M	00:11:06:64
2	Emanuel Jacobs	Nedbank/Heidedal	2	11		M	00:11:07:52
3	Presten Saayman (1937)	Coastline AC	3	11	11/9/2012	M	00:11:19:19
4	Athenkosi Mteto	Mzoxolo PS	4	11	5/11/2012	M	00:11:31:08
5	Sias Poggenpoel	Hartenbos Drawwers	5	11	23/1/2012	M	00:11:32:78
6	Cameron McEwan	Outeniqua Harriers	6	11	7/19/2012	M	00:11:37:19
7	Jaheem Appels	Concordia PS	8	11	3/27/2012	M	00:12:13:44
8	Llewegan Kani	Nedbank/Heidedal	9	11	7/30/2012	M	00:12:29:12
9	Pieter Schoeman	Curro M/Bay	11	11	12/3/2012	M	00:12:31:30
10	Maquin -Lee Pieterse	Panorama Prim	17	11	17/6/2012	M	00:14:03:68
11	Lestlin Joseph	Melkhoutfontein PS	18	11	9/26/2012	M	00:14:07:71
Boys 16 yrs (2007)							6 km
1	Dallian Oerson	Framesby	25	16	2/1/2007	M	00:20:13:82
2	Jordan-Lee Pietersen	Coastline AC	26	16	7/30/2007	M	00:20:17:48
3	Jaco van Wyk	B /Wes sek	27	16	16/08/2007	M	00:20:29:61
4	Thinus Erasmus (1130)	Nedbank	28	16	6/20/2007	M	00:20:39:25
5	Rainart Behrens (1192)	Nedbank	29	16	16/05/2007	M	00:20:41:47
6	Marco Erasmus (91)	Outeniqua HS	30	16	12/18/2007	M	00:20:47:83
7	Taliano (817)	Coastline AC	31	16	18/07/2007	M	00:21:04:17
8	Neil Kruger	Framesby	34	16	29/12/2007	M	00:21:40:76
9	Dylan Wannenberg	Framesby	37	16	26/02/2007	M	00:23:01:37
10	Murius De Vlum	G du Plessis	42	16	11/11/2007	M	00:25:01:19
11	Thulani Benjamin	B /Wes sek	43	16	14/05/2007	M	00:25:21:65
12	Ginger Osmers (176)	Outeniqua HS	44	16	14/07/2007	M	00:25:25:11
13	Henrique Cupido (814)	Coastline AC	45	16	12/10/2007	M	00:25:49:77
14	Pieter Els	Framesby	54	16	03/05/2007L	M	00:27:10:83
15	Lucouw Oosthuizen	Framesby	64	16	10/8/2007	M	00:31:03:30


Boys 17 yrs (2006)							6 km
1	Valentino Loggenberg	Rainbow AC (1824)	24	17	4/12/2006	M	00:20:12:30
2	Atenkosi Miggels	Rainbow AC	32	17	12/7/2006	M	00:21:19:79
3	Linden Bosman (1482)	Nedbank	33	17	4/12/2006	M	00:21:33:10
4	Dimitri Kosla	B /Wes sek	35	17	26/02/2006	M	00:21:50:26
5	Tiaan Peens	Framesby	38	17	1/2/2006	M	00:23:52:11
6	Dewaal Marx (993)	Hartenbos Drawwers	41	17	13/06/06	M	00:24:36:80
7	Mondray v Heerden	Framesby	52	17	30/12/2006	M	00:27:02:08
8	JD Bigge	Framesby	63	17	19/04/2006	M	00:29:40:98
9	Prestelle Olifant	B /Wes sek	66	17	12/6/2006	M	00:31:38:57
Junior Women 18 and 19 yrs (2005 & 2004)							6 km
1	Jandri Snyders (1001)	Hartenbos Drawwers	40	19	3/2/2004	F	00:24:32:68
2	Leandria Mongo	Nedbank Running Club	49	19	5/13/2005	F	00:26:23:76
3	Ame Pretorius	Langenhoven Gim	51	19	21/11/2005	F	00:26:36:34
4	Elizma Hayser	Langenhoven Gim	56	19	23/05/2005	F	00:28:05:88
5	Sue Astrid Loff	Pacaltsdorp High	60	19	28/03/2005	F	00:29:05:70
Senior Women 20 - 34yrs (2003 & 1989)							4 km
1	Nadine Malon	Plett Athletics Club	20	24	1/17/1999	F	00:17:02:73
2	Louw-Anne Lourens	Nedbank Running Club	22	21	9/11/2002	F	00:19:59:00
Junior Men 18 and 19 yrs (2005 & 2004)							8 km
1	Rico vd Horst	Nedbank	47	19	13/05/2004	M	00:26:04:73
2	Keano Qwili	Pacaltsdorp High Sch	50	19	23/08/2005	M	00:26:34:53
3	Tyron-Lee Andries	Langenhoven Gim	53	19	18/03/2004	M	00:27:02:31
4	Luciano Stuurman(P80041)	Coastline AC	57	19	7/8/2004	M	00:28:24:03
5	Dee Von Marais	Rainbow AC	58	19	21/12/2004	M	00:28:37:37
6	William van Tonder	Langenhoven Gim	59	19	18/08/2005	M	00:28:40:43
7	Jacques Koopman	Bastiaanse Sek	61	19	29/08/2005	M	00:29:35:09
8	Charlton Brande	Coastline AC	62	19	17/10/2005	M	00:29:35:28
9	Marco Sprong	Framesby	65	19	9/6/2005	M	00:31:19:41
10	Clyde Prins	Coastline AC	69	19	5/30/2005	M	00:33:07:21
11	Jeanre Oelofse	Framesby	71	19	19/03/2005	M	00:35:19:14
Men 50 - 60 + yrs (1973 & 1963 ...)							6 km
1	Dirk Kotze (1846)	SWD Masters	46	62	4/4/1961	M	00:26:00:53
2	Elrick Spiers (809)	Coastline AC	48	60	12/5/1963	M	00:26:15:34
3	Sidwell Oktober	Rainbow AC	55	65	12/4/1958	M	00:27:47:56
4	Louis Botha (1365)	Nedbank RC	67	62	26/11/1961	M	00:31:42:27
5	Eugene Nel (1182)	Nedbank SWD	68	67	12/3/1955	M	00:32:47:40
6	Jakob Payler (780)	Rainbow AC	70	60	2/9/1962	M	00:34:18:97
7	Bernardo Fredericks	Nedbank RC (1316) 10km	72	36	2/6/1986	M	00:43:13:90
Women 50 - 60 + yrs (1973 & 1963 ...)							4 km
1	Seanette Botha	Nedbank	21	54	21/11/1969	F	00:19:36:83
2	Sharon Losper	Nedbank	23	58	30/09/1964	F	00:20:02:83
2	Delmarie Henning	Hartenbos Drawers	36	62	8/7/1961	F	00:22:44:14
3	Talitha Behrens	Nedbank	37	52	11/5/1971	F	00:23:01:37

ASWD CC LEAGUE 4- OLYMPIA				RESULTS			RACE 4
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 16yrs (2007)							4 km
1	Marilie Duvenhage	Outeniqua HS	5	16	4/30/2007	F	00:16:28:47
2	Chanelle Bester	Langenhoven Gim	6	16	1/12/2007	F	00:16:34:58
3	Febe Michaels	Oker PS	9	16	9/7/2007	F	00:17:08:84
4	Ilke Wolmarans	Framesby	10	16	19/08/2007	F	00:17:09:66
5	Esmari Oberhauzer	Framesby	14	16	5/10/2007	F	00:18:03:78
6	Mieke De Vries	Framesby	15	16	7/11/2007	F	00:18:10:49
7	Hilliny Witbooi	Rainbow AC	16	16	26/5/2007	F	00:18:20:74
8	Isabella Vorster	HS Langenhoven	17	16	10/30/2007	F	00:18:33:24
9	Ciarah Santos	Framesby	18	16	18/07/2007	F	00:18:50:31
10	Tanya Boshoff	Framesby	20	16	28/06/2007	F	00:19:10:55
11	Françoise Bertie	Outeniqua H/s	22	16	4/8/2007	F	00:19:24:25
12	Karla v Rooyen	Framesby	25	16	8/9/2007	F	00:21:25:77
13	Chloey Vermaak	Framesby	26	16	9/4/2007	F	00:21:40:02
14	Jodi-Ann Scholtz	Oker Prim	29	16	14/06/2007	F	00:22:44:95
15	Kylie Vermaak	Framesby	31	16	9/4/2007	F	00:24:31:27
Girls 17 yrs (2006)							4 km
1	Clairese Moses	Coastline AC / G dup	4	17	5/11/2006	F	00:15:49:43
2	Shafieka Du Preez	Nedbank Running Club	7	17	7/11/2006	F	00:16:51:68
3	Mieke Jv Rensburg	Outeniqua H	8	17	13/12/2006	F	00:16:54:16
4	Zane Jubber	Framesby	21	17	18/12/2006	F	00:19:11:68
5	Jana Strydom	Nedbank/ Glenwood	24	17	9/29/2006	F	00:21:21:81
6	Jasmine Barker	Framesby	28	17	14/01/2006	F	00:22:39:45
7	Mari-Louise Strydom	Framesby	32	17	22/12/2006	F	00:25:53:60
8	Edwina Swartz	Oker PS	34	17	5/29/2006	F	00:27:25:94
9	Courtney Tait	Framesby	35	17	22/03/2006	F	00:27:29:64
Senior (Open) Men 20 -34 (2003 - 1989)							4 km
1	Lloyd Bosman (1359)	Nedbank RC	1	35	25/02/1988	M	00:11:38:95
2	Selwyn Matthews (1259)	Nedbank RC	2	25	21/08/1989	M	00:11:48:06
3	Max-Lee Pedro (812)	Coastline AC	3	22	2/6/2001	M	00:13:36:54
Senior (Open) Men 20 -34 (2003 - 1989)							10 km
1	Francois Maquassa	Nedbank RC	37	27	2/7/1995	M	00:31:05:25
2	Donovan Jantjies (1505)	Nedbank RC	41	26	9/1/1996	M	00:32:56:49
3	Mario v Schalkwyk(821)	Coastline AC	42	23	10/2/2000	M	00:33:19:17
4	Renier Jansen	Nedbank Running Club	44	20	8/18/2003	M	00:35:13:17
5	Durando Aweries	Nedbank Running Club	45	20	7/30/2003	M	00:35:34:02
6	Sherman Joseph (781)	Rainbow AC	46	21	8/1/2002	M	00:35:36:66
7	Wayne April (1395)	Nedbank RC	47	20	10/1/2003	M	00:36:41:82
8	Manddla Tom	Plett Athletic	49	51	17/09/1971	M	00:39:17:34

Women 35 -49 (1988 - 1974)							4 km
1	Anja Louw	Privaat	11	40	2/4/1983	F	00:17:50:20
2	Zani Smith		12	39	22/12/1983	F	00:17:52:42
3	Helena Jv Rensburg	Hartenbos Drawwers	13	40	7/6/1983	F	00:17:57:31
4	Carla Nothnagel(1707)	32 GI SWD	19	38	17/07/1984	F	00:19:01:96
5	San -Mari Beukman	Sedgefield (Privaat)	23	40	20/02/1983	F	00:20:43:56
6	Jeanine Snyders (1062)	Hartenbos Drawwers	27	45	1/9/1978	F	00:22:39:45
7	Marieta Marx (956)	Hartenbos Drawwers	30	39	4/12/1984	F	00:22:46:84
Men 35 -49 (1988 - 1974)							8 km
1	Gershwin Jones	Coastline AC	33	36	5/1/1987	M	00:26:55:10
2	Sam Marx	Hartenbos Drawwers	36	42	11/30/1981	M	00:28:17:33
3	Andre Jakobus	SWD Masters	38	43	27/06/1980	M	00:32:04:26
4	Andrew Mc Ewan	Outeniqua Harriers	39	49	13/02/1974	M	00:32:15:91
5	Thanduxolo	Bayethe Multi Sport	40	39	18/04/1986	M	00:32:39:83
6	Thinus Oelofse	Outeniqua Harriers	43	42	5/5/1981	M	00:34:54:89
7	Phiiipus Wildeman	Rainbow AC	48	49	6/12/1974	M	00:37:55:92

ASWD CC LEAGUE 4 - OLYMPIA				RESULTS			RACE 5
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 12 yrs (2011)							3 km
1	Lee -Ann Van Rooyen	Bayethe	11	12	11/11/2011	F	00:11:30:70
2	Ovuyonke Ngemntu	Nedbank/Heidedal	14	12	5/11/2011	F	00:11:58:54
3	Cameron Frances (822)	Coastline AC	15	12	17/04/2011	F	00:12:04:01
4	Azelia Volschenk	L/S Bertie Barnard	22	12	15/05/2011	F	00:12:32:64
5	Caitlin Daughlas	Glenwood House	35	12	2/8/2011	F	00:14:55:15
Boys 12 yrs (2011)							3 km
1	Lee-Olin September	Melkhoutfontein PS	1	12	3/3/2011	M	00:10:17:67
2	Junior Mogqula	Mzoxolo PS	2	12	19/4/11	M	00:10:26:14
3	Luciano Mongo	Nedbank/Heidedal	3	12	12/5/2011	M	00:10:29:69
4	Jason Page	Nedbank/Heidedal	4	12	7/2/2011	M	00:10:38:09
5	Gershwin Reens	Waboomskraal	5	12	7/1/2011	M	00:10:53:53
6	Malcolme Booysen	Nedbank/Heidedal	7	12	24/11/2011	M	00:11:16:99
7	Stiaan van Wyk	Laerskool Wesbank	8	12	5/29/2011	M	00:11:25:41
8	Chavandr� Fielies	Melkhoutfontein PS	9	12	2/13/2011	M	00:11:26:57
9	Lihan Lategan (1009)	Hartenbos Drawwers	10	12	18/07/2011	M	00:11:28:48
10	Willem Daniel Matthe	Bertie Bardard	13	12	26/08/2011	M	00:11:52:50
11	Jay dee Frances	Coastline AC	16	12	26/08/2011	M	00:12:06:31
12	Lee-Roy Jakobus	Panorama PS	17	12	4/3/2011	M	00:12:11:02
13	Hanlo Barkhuizen (1320)	Nedbank RC	18	12	18/01/2011	M	00:12:13:07
14	Naido Noordman	Waboomskraal	21	12	31/03/2011	M	00:12:28:37
15	Chrisjan Louw	L/S Volschenk	23	12	25/04/2011	M	00:12:36:93
16	Diagho Bewee	Concordia PS	28	12	5/6/2011	M	00:13:08:33
17	Keagan Pedro	Waboomskraal	33	12	14/03/2011	M	00:14:30:81
18	Zivan De Klerk (998)	Hartenbos Drawwers	34	12	15/8/2011	M	00:14:32:69
Girls 13 yrs (2010)							3 km
1	Dun� Haasbroek	Glenwood House	6	13	7/1/2010	F	00:11:02:64
2	Melanesia Lehman	Coastline AC	12	13	1/6/2010	F	00:11:45:87
3	Hendalene Fredericks	Concordia PS	19	13	16/07/2010	F	00:12:13:59
4	Jubilea Danisa	Nedbank	20	13	13/8/2010	F	00:12:14:26
5	Lameesh Visser	Nedbank/Heidedal	25	13	11/5/2010	F	00:12:40:32
6	Luan� JV Rensburg	Bertie Bardard	26	13	4/18/2010	F	00:12:57:13
7	Ronay Micheals	Pacaltsdorp High Sch	27	13		F	00:13:02:91
8	Lu-Crecha v Greunen	Nedbank	28	13	11/4/2010	F	00:13:08:33
9	Brudene Stoffels	Pacaltsdorp High Sch	29	13	29/07/2010	F	00:13:18:32
10	Lekeenya Bruintjies	Nedbank	30	13	24/9/2010	F	00:13:30:11
11	Rihana Chipps	Nedbank/Heidedal	31	13	1/3/2010	F	00:13:54:66
12	Leona Mpongoshe	Concordia PS	32	13	8/19/2010	F	00:14:18:74

ASWD CC LEAGUE 4- OLYMPIA				RESULTS			RACE 6
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 14 yrs (2009)							4 km
1	Annabelle McEwan (259)	Glenwood House	20	14	2/5/2009	F	00:15:18:60
2	Lizandri Koen (1282)	Nedbank	28	14	17/01/2009	F	00:17:19:09
3	Nina Cloete	Langenhoven	30	14	4/8/2009	F	00:18:31:06
4	Liane v/d Merwe	Framesby	31	14	4/8/2009	F	00:19:45:98
5	Lize Retief	Framesby	33	14	29/09/2009	F	00:19:55:75
6	Therese Otto	Framesby	34	14	10/1/2009	F	00:19:56:25
7	Kate Gough	Framesby	37	14	17/02/2009	F	00:22:04:96
8	Elizabeth Notting	Framesby	41	14	16/10/2009	F	00:29:17:15
9	Zano Mtyandeni	Bayethe	42	14	9/9/2009	F	00:29:20:02
Boys 13 yrs (2010)							4 km
1	Christiano Weyers	Nedbank/Heidedal	7	13	8/18/2010	M	00:14:26:14
2	Leightthan Lucas	B/Wes Prim	9	13	8/10/2010	M	00:14:31:39
3	Marvin Jantjies	Concordia PS	10	13	3/20/2010	M	00:14:33:64
4	Eathan Keyser	Grootbrak	13	13	14/08/2010	M	00:14:55:58
5	Johndré Jordaan	Nedbank/Heidedal	14	13	3/25/2010	M	00:14:58:24
6	Jacques Berry	L/S Wesbank	18	13	5/9/2010	M	00:15:16:23
7	Jaden Jansen	Rainbow AC	19	13	19/04/2010	M	00:15:16:74
8	Jervurgo Mekwu	Waboomskraal	22	13	6/7/2010	M	00:16:07:49
9	Cullan Du Plessis	L/S Wesbank	24	13	28/01/2010	M	00:16:16:08
10	Andrew Possel	Grootbrak Rivier	29	13	18/08/2010	M	00:17:19:09
11	Allart Ivy (989)	Hartenbos Drawwers	36	13	24/11/2010	M	00:21:57:39
Boys 14 yrs (2009)							4 km
1	Colin Karelse	B/Wes Sek	1	14	9/4/2009	M	00:13:10:37
2	Jacobus Du Plessis	Outeniqua H/S	2	14	16/11/2009	M	00:13:31:05
3	Clayton Riddles	Gerrit Du Plessis Sek	3	14	4/25/2009	M	00:13:40:90
4	Johan Schoeman	Curro Mossel bay	4	14	23/11/2009	M	00:14:07:48
5	Ashley Damon	St Blaize	5	14	1/3/2009	M	00:14:22:87
6	Stefan Boshoff	Framesby	8	14	9/6/2009	M	00:14:26:62
7	Wilfred Hilani	Nedbank/Heidedal	9	14	10/11/2009	M	00:14:31:39
8	Jes Santos	Framesby	11	14	19/04/2009	M	00:14:40:58
9	Shamieel du Preez	Melkhoutfontein PS	12	14	1/20/2009	M	00:14:40:86
10	Shadine Maans	Bastiaanse sek	15	14	27/11/2009	M	00:14:59:34
11	Khanyiso Pietersen	Nedbank	16	14	5/6/2009	M	00:15:06:42
12	Cleushey Jansen	Framesby	17	14	22/03/2009	M	00:15:09:02
13	Caden Jones	Bastiaanse sek	21	14	11/9/2009	M	00:15:31:02
14	Antris Ivy (988)	Hartenbos Drawwers	23	14	6/4/2009	M	00:16:13:29
15	Orlando Botha	Pacalsdorp High Sch	25	14	13/01/2009	M	00:16:56:29
16	Jayson Bondt	Concordia PS	26	14	11/7/2009	M	00:17:03:02
17	Kiaan Schoeman	Framesby	27	14	19/01/2009	M	00:17:06:53
18	Emile van Tonder	Framesby	32	14	2/10/2009	M	00:19:50:69
19	Wian Grobbelaar	Framesby	35	14	22/09/2009	M	00:21:40:87

ASWD CC LEAGUE 4 - OLYMPIA				RESULTS			RACE 7
17-Jun-23							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 15 yrs (2008)							4 km
1	Junesco Micheals	Melkhoutfontein PS	22	15	4/16/2008	F	00:16:03:38
2	Chelsea Saayman	Coastline AC	27	15	10/21/2008	F	00:16:30:83
3	Jamie-Lee Bester	Framesby	29	15	5/9/2008	F	00:16:54:24
4	Raylene Tayler	Coastline AC	32	15	2/10/2008	F	00:17:36:75
5	Mari Pretorius	Langenhoven Gim	33	15	12/4/2008	F	00:18:00:77
6	Carli Maritz	Framesby	35	15	21/12/2008a	F	00:18:22:53
7	Addison Gillespie	Outeniqua HS	36	15	4/30/2008	F	00:18:28:55
8	Annree van Zyl	Framesby	37	15	13/01/2008	F	00:18:37:69
Boys 15 yrs (2008)							4 km
1	Cuan Wildeman (786)	Rainbow AC	1	15	3/2/2008	M	00:13:44:38
2	Willmark Daniels	Coastline AC	2	15	6/30/2008	M	00:13:44:70
3	Dian Barkhuizen (1451)	Nedbank RC	3	15	29/06/2008	M	00:13:51:91
4	Khanya Matika	Pacaltsdorp High Sch	4	15	15/12/2008	M	00:13:55:88
5	Hayrem	Rainbow AC	5	15	2/1/2008	M	00:14:08:47
6	Luciano Squire	Pacaltsdorp High Sch	6	15	5/12/2008	M	00:14:15:78
7	Aiden Neethling	Oker PS	7	15	12/7/2008	M	00:14:20:05
8	Keenan Goliath (1838)	Rainbow AC	8	15	10/2/2008	M	00:14:22:26
9	Mequin Swartbooi	Nedbank RC (P1982)	9	15	23/10/2008	M	00:14:28:67
10	Jenorich Visser	Nedbank/Heidedal	10	15	26/07/2008	M	00:14:33:46
11	Sanwabise Ndyawe	Baythe Multisport	11	15	6/30/1905	M	00:14:40:48
12	Zaandre Kruger	B/Wes sek	12	15	6/11/2008	M	00:15:03:81
13	Jaco Strydom	Framesby	13	15	20/05/2008	M	00:15:14:20
14	John Jantjies	Pacaltsdorp High Sch	14	15	5/12/2008	M	00:15:28:07
15	Christopher Blaauw	Rainbow AC	15	15	24/12/2008	M	00:15:30:29
16	Tristan v Wyk	Framesby	16	15	4/11/2008	M	00:15:33:73
17	Guerra Ntuli	Framesby	17	15	6/6/2008	M	00:15:36:99
18	Jordan Bernardus	Coastline AC	18	15	31/05/2008	M	00:15:39:78
19	Jonathan Booyesen	Nedbank (1416)	19	15	24/11/2008	M	00:15:47:40
20	Ruben Bouwer	Framesby	20	15	25/08/2008	M	00:15:56:46
21	Luka Blessings	Framesby	21	15	13/06/2008	M	00:15:59:22
22	Kyle Barker	Framesby	23	15	7/7/2008	M	00:16:06:44
23	Milani Mbana	Melkhoutfontein PS	24	15	11/12/2008	M	00:16:20:40
24	Kehano Fry	Pacaltsdorp High Sch	25	15	22/06/2008	M	00:16:23:72
25	Tayron Taylor (1935)	Coastline AC	26	15	20/02/2008	M	00:16:24:86
26	Francois Smit	Framesby	28	15	28/02/08	M	00:16:36:14
27	Stefan De Bruin	Framesby	30	15	10/2/2008	M	00:17:01:02
28	Luhann Sprong	Framesby	31	15	22/02/2008	M	00:17:22:51
29	Ethan Coutts	Framesby	3400	15	27/02/2008	M	00:17:36:75