



HARTENBOS DRAWWERS



BIED AAN
HARTENBOS 15km
6de April 2024 07h00

ONLINE ENTRIES (R10.00 online fee is ad allready)

Distance	Fun Run, 15km	Cost	Fun Run = R40.00 (ASA License not necessary)
Cost	15km = R100.00(Licensed Athletes)	Cost	15km = R145.00 (Unlicensed Athletes)
Where	www.aswd.co.za	Closing Date	2 April 2024 at 23h00

E-MAIL AND WHATTSUP ENTRIES

Distance	Fun Run & 15km	Cost	Fun Run = R40.00 (ASA License not necessary)
Cost	15km = R90.00(Licensed Athletes)	Cost	15km = R135.00 (Unlicensed Athletes)
Where	hartenbosdrawwers1@gmail.com	Closing Date	2 April 2024 at 23h00

LATE ENTRIES FORM 3 APRIL 2024 TILL 5 APRIL 2024 at 17H30 (15h00 till 17h30 AT VENUE)

Where	Klipheuwel Kleinbrak	Cost	Fun run = R30 (ASA License not necessary)
Cost	15km = R110.00(Licensed Athletes)	Cost	15km = R155.00 (Unlicensed Athletes)

NO ENTRIES ON RACE DAY - ONLY COLLECTION OF TEMP LICENSE NUMBERS

GENERAL INFORMATION

Start	15km starts at 07h00 at Klipheuwel Kleinbrak Fun run starts at 07h15 at Klipbrakheuwel Kleinbrak	Finish	Both events will finish at Klipheuwel Kleinbrak,
Waterpoints	Waterpoints will be on the 3km, 6km, 9km, 12km and at the finish line.	Medals	15km : All finishers within 2h00 Fun Run : All finishers within 1h00
Information	Ferdie Nel: 083 294 2640 Gidoen Adriaanse 082 222 7171	Petro Nel: 072 259 6759	Louise Vorster: 083 291 6859

BANKING DETAILS

Only EFT Payments	HARTENBOS DRAWWERS	NO CASH to be paid into the bank account
Standard Bank	Branch: 50414 Savings Account	Acc Nr. 385414803

Route info



This 15km will be a very good pratice run before Two Oceans



The Race is held under the rules of ASA and ASWD



HARTENBOS DRAWWERS



HARTENBOS 15km 6 Apr 2023
ENTRY FORM

NO ENTRIES ON RACE DAY

NO CASH TO BE PAID INTO BANK ACCOUNT - ONLY EFT

Pre-Entry 15KM	Licensed Athletes	Online	R100	Manual Entry 15KM	Licensed Athletes	HTB Club	R90
	Licensed Athletes	E-Mail	R100		Licensed Athletes	E-Mail	R100
	Unlicensed Athletes	Online	R145		Unlicensed Athletes	HTB Club	R135
	Unlicensed Athletes	E-Mail	R145		Unlicensed Athletes	E-Mail	R145
Pre-Entry FUN RUN	No License needed	Online	R40	Manual FUN RUN	No License needed	HTB Club	R30
		E-Mail	R40				

Online entries close on 2 April 24 at 12h00,

Email entries close on 2 April 24 at 12h00

Late entries on 2 April 24	Between 15h00 till 17h30	15 KM	Licensed Athletes	R110		FUN RUN	R30
			Unlicensed Athletes	R155			

ADMIN USE ONLY

Temp Number	ASWD temp					Tag No					Fees paid		Yes	No
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Tick appropriate box

Surname														
First Name														
ID Number														
Date of birth														
	Y	Y	Y	Y	M	M	D	D		Age			Male	Female
Cell Number														

EMERGENCY CONTACT

Emergency Contact	
Contact number	
Club name	

2024 License No														

ASA Province	ACG		AGN		ANW		AVT		KNA	
	ACNW		AGW		ANWC		BORA		LIMA	
	AFS		AMP		ASWD		EPA		WPA	

INDEMNITY / DISCLAIMER

By entering this event, I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of the physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre - and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe; I will immediately discontinue further participation in the activity.

Sign

Date

MINOR RELEASE

And I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

Printed name of participant (parent/guardian in case minor) :

SIGNED (signed by a parent/legal guardian if the participant is under age of 18

Date

INFORMATION

ENTRY FORM

Entry forms will be available at :

- 1) Hartenbos Drawwers Clubhouse in Diaz

WHERE TO ENTER

ONLINE ENTRIES : www.aswd.co.za. Online entries close on 2 April 24 at 23h00
MANUAL ENTRIES : Hartenbos Drawwers Clubhouse in Diaz
Manual entries close on 2 April 24 at 19h00
EMAIL ENTRIES : Mail entry form and proof of payment to hartenbosdrawwers1@gmail.com
LATE ENTRIES : 5 April 24 from 15h00 till 17h30 at Klip heuwel Kleinbrak

BANK DETAILS

Hartenbos Drawwers
Standard Bank (Savings Account)
Account number 385414803

NO CASH TO BE PAID INTO ACCOUNT

Branch code: 051001
Reference: Name/Surname/15km

Entry form and proof of payment must be mailed to hartenbosdrawwers1@gmail.com

Collection of Temp numbers at Klip Heuwel Kleinbrak
5 April 24 form 15h00 and 17h30 and on 6 Apr 24 between 06h00 and 06h30

Prize giving at 09h30 on the 6 Apr 24

Time limit on 15km is 2h00

1st 500 entries will be excepted on the 15km

15km start at 07h00 at Klip heuwel Kleinbrak

Fun run start at 07h15 at Klip heuwel Kleinbrak

Waterpoints will be on the 3km, 6km, 9km, 10km and at the finish line.

CONTACT PERSONS

Petro Nel 072 259 6759
Ferdie Nel 083 294 2640

hartenbosdrawwers1@gmail.com

Gidoen Adriaanse 0 822 227 171
Louise Vorster 0 832 916 859

PLACE	Men/Women OPEN	Men/Women JUNIOR	Men/Women 40 – 49	Men/Women 50 - 59	Men/Women 60 – 69	Men/Women 70 - 79	Men/Women 80+	Men/Women Walk	Men/Women HTB DRAW
1	R400	R100	R100	R100	R100	R100	R100	R100	R100
2	R300								
3	R200								





RULES AND REGULATIONS



HARTENBOS DRAWWERS

Rules used: Held under the rules of ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The Race Referee's decision is final. The Race Organizer reserve the right to accept/reject any entry received.

Minimum age on race day is 14 years for the 15km

Age:

The minimum age for the fun run is 7 years, however entrants younger than 7 years can participate in the fun run if accompanied by a guardian who is 16 years or older.

Seconding:

No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).

Safety:

All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.

Age Categories:

Participants will be eligible for prizes in the OPEN category and the Age category for which they have entered provided the relevant age category tags or Junior tags are displayed, visible and above license number front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/white background) (ASA rule 22.9)

Prize Giving:

Prize giving will be held at the venue at 09h30 for the 15km event or 15min after the cut off time

Proof of age:

Athletes must give proof of age at the request of the Race Referee.
(SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)

Foreigners:

No Foreigners are allowed to enter for this event.

Entries:

Online can be done at www.aswd.co.za Entry forms will be available at Hartenbos Drawwers Club and at all clubs.