

Results of all Finals and Heats

Ordered by Item types

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1400

Place	Athlete,Number	Team	Perf	Score	Points	Medal	Wind	Records
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Item 72 17:45 Final Girls U16 100m
0.9

1	KONDE, FAITH, 1187, 2009/05/19	BOL	11.98	958	8	G		
2	NDUBUEZE, OLUCHI ABELWE, 1350, 2009/01/15	CGA	12.02	951	7	S		
3	VAN DER MERWE, DENE, 557, 2010/09/29	AGN	12.04	948	6	B		
4	REED, SARAH, 1636, 2009/03/10	KZNA	12.07	943	5			
5	VAN ZYL, LIZÉ, 71, 2009/10/13	ACNW	12.22	918	4			
6	JORDAAN, JUANÉ, 1100, 2010/04/16	AVT	12.23	916	3			
7	KOOPMAN, TAYGEN, 1755, 2009/10/28	WPA	12.24	915	2			
8	ORJI, ISOBEL, 218, 02/12/2010	AFS	12.51	872	1			

Item 12 08:50 Heat 1 of 5 Girls U16 100m
1.6

1	REED, SARAH, 1636, 2009/03/10	KZNA	12.23	916				
2	BOTMA, CHENADE, 825, 2010/03/23	AMPU	12.39	890				
3	MAAKE, MOKGADI, 466, 2010/02/07	AGN	12.50	873				
4	KOTZE, KATELYN, 839, 2009/12/24	AMPU	12.81	830				
5	MANDERS, JAYDEAN, 934, 2010/04/26	ANWN	12.81	830				
6	NJEBO, SIPHESIHLE, 1356, 2010/08/03	CGA	13.00	805				
7	SNYMAN, MONIQUE, 991, 2009-01-20	ASWD	14.41	651				

Item 12 08:50 Heat 2 of 5 Girls U16 100m
-0.4

1	KONDE, FAITH, 1187, 2009/05/19	BOL	12.17	926				
2	FOURIE, KATE-LYNN, 13, 2009/08/25	ACNW	12.55	866				
3	MDAKA, IMITHA, 1336, 2009/10/15	CGA	12.65	851				
4	NIEHAUS, CHANÉ HAYLEY, 1355, 2010/02/03	CGA	12.81	830				
5	KLEYNHANS, IGNA, 984, 2009-10-01	ASWD	12.99	806				
6	NJAPHA, PHILASANDE, 1633, 2009/12/30	KZNA	13.32	765				
7	STEYN, MEGAN, 1702, 2009/11/07	LIMA	14.05	686				

Item 12 08:50 Heat 3 of 5 Girls U16 100m
1.1

1	MAKHANYA, FUNDISWA, 471, 2010/02/09	AGN	12.46	880				
2	KRIEL, EDUNETTE, 1694, 2009/10/15	LIMA	12.69	846				
3	PIENAAR, LEZANKE, 48, 2010/04/12	ACNW	12.77	835				
4	DIPPENAAR, DIANE, 421, 2009/05/06	AGN	12.83	827				
5	BOTHA, ANGELIQUE, 923, 2009/01/20	ANWN	12.98	807				
6	MAKHABA, ZANELE, 1035, 2010/07/27	ATRA	14.32	660				
7	VAN DER WESTHUYZEN, EMMA-LEE, 1705, 2010/07/21	LIMA	15.16	586				

Item 12 08:50 Heat 4 of 5 Girls U16 100m
1.5

1	KOOPMAN, TAYGEN, 1755, 2009/10/28	WPA	12.01	953				
2	VAN DER MERWE, DENE, 557, 2010/09/29	AGN	12.08	941				
3	JORDAAN, JUANÉ, 1100, 2010/04/16	AVT	12.12	935				
4	NDUBUEZE, OLUCHI ABELWE, 1350, 2009/01/15	CGA	12.15	930				
5	OKOYE, PARIS, 1365, 2009/03/20	CGA	12.59	860				
6	SMITH, SUZELLE, 56, 2009/02/13	ACNW	12.78	834				
7	JESILE, ASIPHESONA, 1545, 2010/04/20	EPA	13.38	758				
8	DU PREEZ, KAYLA, 1540, 2009/02/27	EPA	13.87	705				

Item 12 08:50 Heat 5 of 5 Girls U16 100m
0.6

1	ORJI, ISOBEL, 218, 02/12/2010	AFS	12.22	918				
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2	VAN ZYL, LIZÉ, 71, 2009/10/13	ACNW 12.29	906
3	PRETORIUS, ANE, 516, 2009/05/25	AGN 12.51	872
4	HILIZA, TUMELO, 1848, 2010/04/20	LIMA 12.81	830
5	BREFO, ANGELA, 826, 2010/01/15	AMPU 12.84	825
6	XABA, SIYANDA, 860, 2009/02/26	AMPU 13.13	788

Item 35 12:30 Semi Final 1 of 3 Girls U16 100m 0.6

1	REED, SARAH, 1636, 2009/03/10	KZNA 12.15	930
2	KOOPMAN, TAYGEN, 1755, 2009/10/28	WPA 12.21	920
3	ORJI, ISOBEL, 218, 02/12/2010	AFS 12.36	895
4	FOURIE, KATE-LYNN, 13, 2009/08/25	ACNW 12.47	878
5	PRETORIUS, ANE, 516, 2009/05/25	AGN 12.48	876
6	BREFO, ANGELA, 826, 2010/01/15	AMPU 12.88	820
7	HILIZA, TUMELO, 1848, 2010/04/20	LIMA 12.92	815
8	KOTZE, KATELYN, 839, 2009/12/24	AMPU 12.99	806

Item 35 12:30 Semi Final 2 of 3 Girls U16 100m 0.5

1	KONDE, FAITH, 1187, 2009/05/19	BOL 12.08	941
2	VAN DER MERWE, DENE, 557, 2010/09/29	AGN 12.14	931
3	VAN ZYL, LIZÉ, 71, 2009/10/13	ACNW 12.30	905
4	MAAKE, MOKGADI, 466, 2010/02/07	AGN 12.59	860
5	MDAKA, IMITHA, 1336, 2009/10/15	CGA 12.66	850
6	MANDERS, JAYDEAN, 934, 2010/04/26	ANWN 12.82	828
7	NIEHAUS, CHANÉ HAYLEY, 1355, 2010/02/03	CGA 12.86	822
8	DIPPENAAR, DIANE, 421, 2009/05/06	AGN 12.89	818

Item 35 12:30 Semi Final 3 of 3 Girls U16 100m 0.3

1	NDUBUEZE, OLUCHI ABELWE, 1350, 2009/01/15	CGA 12.09	940
2	JORDAAN, JUANÉ, 1100, 2010/04/16	AVT 12.17	926
3	BOTMA, CHENADE, 825, 2010/03/23	AMPU 12.40	889
4	OKOYE, PARIS, 1365, 2009/03/20	CGA 12.63	854
5	KRIEL, EDUNETTE, 1694, 2009/10/15	LIMA 12.64	852
6	MAKHANYA, FUNDISWA, 471, 2010/02/09	AGN 12.69	846
7	SMITH, SUZELLE, 56, 2009/02/13	ACNW 12.77	835
8	PIENAAR, LEZANKE, 48, 2010/04/12	ACNW 12.81	830

Item 73 17:50 Final Boys U16 100m 0.4

1	AFRICA, MICAH, 1215, 2009/06/24	BOL 10.73	910	8	G	ASA1624
2	MANALENG, KGOPUTSO, 1860, / /	CGA 11.02	844	7	S	
3	MZIZA, AMOGELANG, 722, 2006/03/23	AGN 11.06	836	6	B	
4	MAHLANGU, ETHAN, 674, 2009/05/02	AGN 11.15	818	5		
5	AREND, UBAY, 1775, 2009/02/10	WPA 11.22	804	4		
6	EHIRIM, CHIBUNNA, 1428, 2010/07/06	CGA 11.23	802	3		
7	JANSE VAN RENSBURG, HEINRICH, 294, 19/02/2009	AFS 11.25	798	2		
8	NERO, SIMPHIWE, 127, 2009/08/16	ACNW 11.33	783	1		

Item 13 09:05 Heat 1 of 6 Boys U16 100m -0.0

1	MOJAPELO, KWENA, 704, 2006/03/23	AGN 11.04	840
2	MANALENG, KGOPUTSO, 1860, / /	CGA 11.18	812
3	SEEMELA, TSILE, 766, 2009/02/12	AGN 11.35	780
4	PILA, MALESELA, 1501, 2009/01/27	CGA 11.44	763
5	NKOSI, WANDILE, 908, 2009/08/13	AMPU 11.59	738
6	ESTERHUIZEN, GRANT, 871, 2009/05/07	AMPU 11.77	708
7	VAN WYK, RAYMARCO, 1834, 2009/06/13	NWC 11.87	692

Item 13 09:05 Heat 2 of 6 Boys U16 100m 0.3



1	AFRICA, MICAH, 1215, 2009/06/24	BOL 10.96	857
2	EHIRIM, CHIBUNNA, 1428, 2010/07/06	CGA 11.20	808
3	OSUIGWE, UGOCHUKWU, 1497, 2009/09/29	CGA 11.61	735
4	HOLOMO, LEHAKWE, 1050, 2010/03/24	ATRA 11.66	726
5	DIBAKOANE, VICTOR, 867, 2009/03/11	AMPU 11.74	713
6	VAN HEERDEN, ARNAND, 1742, 2009/10/08	LIMA 11.96	678

Item 13 09:05 Heat 3 of 6 Boys U16 100m 0.5

1	KAMMIES, DUWAYNE, 1009, 2009-09-16	ASWD 11.13	822
2	LOTTER, KIAN, 1726, 2009/09/29	LIMA 11.30	789
3	SWARTZ, CHARL, 1017, 2009-01-27	ASWD 11.39	772
4	SEKHWELA, JUNIOR, 767, 2009/01/17	AGN 11.52	750
5	JAFTHA, NATE, 1820, 2010/09/24	NWC 11.60	736
6	GQALENI, IMINATHI, 1049, 2009/02/23	ATRA 12.15	651

Item 13 09:05 Heat 4 of 6 Boys U16 100m 0.3

1	MZIZA, AMOGELANG, 722, 2006/03/23	AGN 11.14	820
2	AREND, UBAY, 1775, 2009/02/10	WPA 11.18	812
3	LEKGETHO, TIELELO, 667, 2009/06/13	AGN 11.29	790
4	ABRAHAMS, NEO, 1641, 2009/01/22	KZNA 11.44	763
5	RADEMEYER, SETH, 1600, 2010/05/03	EPA 11.55	745
6	MASHEGO, LESEGO, 892, 2010/02/26	AMPU 11.86	693
7	SIKUKAZI, KWANDE MLIBO, 1076, 2009/05/23	ATRA 12.85	558

Item 13 09:05 Heat 5 of 6 Boys U16 100m 0.8

1	NERO, SIMPHIWE, 127, 2009/08/16	ACNW 11.17	814
2	MAHLANGU, ETHAN, 674, 2009/05/02	AGN 11.20	808
3	JANSE VAN RENSBURG, HEINRICH, 294, 19/02/2009	AFS 11.25	798
4	MNISI, KABELO, 700, 2010/04/01	AGN 11.39	772
5	MKHUPHENI, SPHIWE, 1063, 2010/04/19	ATRA 11.67	725
6	SLABBERT, LUAN, 917, 2009/05/15	AMPU 11.89	689
7	JANSE VAN VUUREN, JANO, 1581, 2009/08/18	EPA 12.04	667

Item 13 09:05 Heat 6 of 6 Boys U16 100m 0.6

1	SIMPSON, JADEN, 1509, 2009/02/05	CGA 11.46	760
2	KRUGER, RUBEN, 1444, 2010/05/15	CGA 11.51	751
3	RHODES, COBYN, 1601, 2009/07/02	EPA 11.67	725
4	MITCHELL, DARIANO, 817, 2009/03/25	AGW 11.79	705
5	NEWTON, OJO, 907, 2009/05/01	AMPU 11.80	703
6	OOSTHUIZEN, SIAS, 1734, 2009/06/11	LIMA 11.80	703
7	MSANE, LWANDLE, 901, 2009/01/23	AMPU 12.12	655

Item 36 12:40 Semi Final 1 of 3 Boys U16 100m -0.3

1	AFRICA, MICAH, 1215, 2009/06/24	BOL 10.83	886
2	MANALENG, KGOPUTSO, 1860, / /	CGA 11.03	842
3	AREND, UBAY, 1775, 2009/02/10	WPA 11.15	818
4	MNISI, KABELO, 700, 2010/04/01	AGN 11.32	785
5	SEEMELA, TSILE, 766, 2009/02/12	AGN 11.34	781
6	LOTTER, KIAN, 1726, 2009/09/29	LIMA 11.39	772
7	NKOSI, WANDILE, 908, 2009/08/13	AMPU 11.50	753
8	RHODES, COBYN, 1601, 2009/07/02	EPA 11.68	723

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Item 36 12:40 Semi Final 2 of 3 Boys U16 100m 0.7

1	NERO, SIMPHIWE, 127, 2009/08/16	ACNW 11.26	796
2	MAHLANGU, ETHAN, 674, 2009/05/02	AGN 11.28	792



3	LEKGETHO, TIELELO, 667, 2009/06/13	AGN 11.33	783
4	SWARTZ, CHARL, 1017, 2009-01-27	ASWD 11.37	776
5	RADEMEYER, SETH, 1600, 2010/05/03	EPA 11.58	740
6	ABRAHAMS, NEO, 1641, 2009/01/22	KZNA 11.58	740
7	OSUIGWE, UGOCHUKWU, 1497, 2009/09/29	CGA 11.62	733

Item 36 12:40 Semi Final 3 of 3 Boys U16 100m 1.0

1	MZIZA, AMOGELANG, 722, 2006/03/23	AGN 11.02	844
2	EHIRIM, CHIBUNNA, 1428, 2010/07/06	CGA 11.06	836
3	JANSE VAN RENSBURG, HEINRICH, 294, 19/02/2009	AFS 11.11	826
4	SIMPSON, JADEN, 1509, 2009/02/05	CGA 11.18	812
5	PILA, MALESELA, 1501, 2009/01/27	CGA 11.30	789
6	KRUGER, RUBEN, 1444, 2010/05/15	CGA 11.43	765
7	SEKHWELA, JUNIOR, 767, 2009/01/17	AGN 11.63	731

Item 74 17:55 Final Women U18 100m 0.1

1	VERMAAK, HANNAH HOPE, 1393, 2007/10/05	CGA 11.81	958	8	G
2	BURGER, RUMé, 177, 07/02/2008	AFS 11.85	950	7	S
3	ROCHA, SELENA, 524, 2007/05/09	AGN 11.97	930	6	B
4	VAN OUDTSHOORN, KAYLIE, 1391, 2007/03/30	CGA 11.97	930	5	
5	CILLIERS, ZOë, 827, 2008/09/05	AMPU 12.08	911	4	
6	BOTES, ZENIQUE, 386, 2007/05/18	AGN 12.21	890	3	
7	DAVIS, CHRYSTABEL, 410, 2008/12/05	AGN 12.23	887	2	

Item 14 09:20 Heat 1 of 4 Women U18 100m 1.3

1	STREET, CHELSEA, 1555, 2007/04/13	EPA 12.25	884
2	VAN STADEN, MICHE, 1772, 2008/07/25	WPA 12.33	872
3	MAKASI, LOLWETHU, 1325, 2007/07/07	CGA 12.41	860
4	ESTEVEZ, MELISSA, 835, 2008/05/23	AMPU 12.43	857
5	MAREE, KYLA (KYLEA - MAE), 34, 2007/07/26	ACNW 12.53	842
6	ALBERTS, BROOKLYN, 378, 2008/11/19	AGN 12.72	817
7	VAN WYK, ANIKA, 253, 10/03/2008	AFS 12.82	804

Item 14 09:20 Heat 2 of 4 Women U18 100m 0.7

1	VERMAAK, HANNAH HOPE, 1393, 2007/10/05	CGA 11.92	938
2	ROCHA, SELENA, 524, 2007/05/09	AGN 11.95	933
3	BOTES, ZENIQUE, 386, 2007/05/18	AGN 12.12	905
4	TIVANE, SONIA, 856, 2008/04/22	AMPU 12.58	836
5	NORMAN, ASHLYNN, 1361, 2008/12/28	CGA 12.58	836
6	BESTER, MIKAYLA, 1684, 2008/10/02	LIMA 12.80	806
7	DINTOE, KHUMO, 1689, 2007/08/08	LIMA 13.23	753
8	MOSTERD, LIYA, 1829, 2007/01/24	NWC 13.66	705

Item 14 09:20 Heat 3 of 4 Women U18 100m 0.0

1	BURGER, RUMé, 177, 07/02/2008	AFS 12.00	925
2	VAN OUDTSHOORN, KAYLIE, 1391, 2007/03/30	CGA 12.14	901
3	CILLIERS, ZOë, 827, 2008/09/05	AMPU 12.23	887
4	VAN ROOYEN, KATHLEEN, 569, 2008/02/16	AGN 12.46	852
5	SMOOK, ZELMARIE, 235, 14/11/2007	AFS 12.55	840
6	FOUCHE, KEIRA, 1304, 2007/05/01	CGA 12.58	836
7	MOTLATLE, AMOGELANG, 491, 2008/12/01	AGN 12.78	809
8	BILLING, AMONE, 975, 2007-11-05	ASWD 12.83	802

Item 14 09:20 Heat 4 of 4 Women U18 100m -0.2



1	DAVIS, CHRYSTABEL, 410, 2008/12/05	AGN 12.12	905
2	MGQIBELA, BUHLE, 486, 2007/01/09	AGN 12.35	869
3	MIENIE, MIEKE, 1697, 2007/09/15	LIMA 12.44	855
4	VAN DER WESTHUYZEN, ELLENE, 1706, 2007/01/11	LIMA 12.55	840
5	LOURENS, SIMONè, 842, 2008/07/08	AMPU 12.94	788
6	BRIEL, ANRI, 1685, 2008/01/19	LIMA 13.39	734
7	TINTO, LISAKHANYA, 1042, 2008/07/18	ATRA 13.40	733
8	MKENTANE, ONWABA IKO, 1039, 2008/03/20	ATRA 14.82	596

Item 37 12:50 Semi Final 1 of 2 Women U18 100m 1.6

1	VERMAAK, HANNAH HOPE, 1393, 2007/10/05	CGA 11.88	945
2	BOTES, ZENIQUE, 386, 2007/05/18	AGN 12.03	920
3	DAVIS, CHRYSTABEL, 410, 2008/12/05	AGN 12.05	916
4	STREET, CHELSEA, 1555, 2007/04/13	EPA 12.16	898
5	VAN STADEN, MICHE, 1772, 2008/07/25	WPA 12.31	875
6	ESTEVEES, MELISSA, 835, 2008/05/23	AMPU 12.35	869
7	MIENIE, MIEKE, 1697, 2007/09/15	LIMA 12.54	841

Item 37 12:50 Semi Final 2 of 2 Women U18 100m -0.1

1	BURGER, RUMé, 177, 07/02/2008	AFS 11.90	941
2	ROCHA, SELENA, 524, 2007/05/09	AGN 11.91	940
3	VAN OUDTSHOORN, KAYLIE, 1391, 2007/03/30	CGA 12.02	921
4	CILLIERS, ZOë, 827, 2008/09/05	AMPU 12.09	910
5	MGQIBELA, BUHLE, 486, 2007/01/09	AGN 12.29	878
6	MAKASI, LOLWETHU, 1325, 2007/07/07	CGA 12.37	866
7	VAN ROOYEN, KATHLEEN, 569, 2008/02/16	AGN 12.44	855
8	MAREE, KYLA (KYLA - MAE), 34, 2007/07/26	ACNW 12.51	845

Item 75 18:00 Final Men U18 100m 0.7

1	JACK, NAEEM, 1789, 2007/07/31	WPA 10.36	960	8	G
2	MANAVHELA, MUKONA, 1459, 2008/09/19	CGA 10.37	956	7	S
3	FERREIRA, MARKO, 1578, 2007/01/11	EPA 10.47	925	6	B
4	NONDABULA, OFENTSE, 1493, 2007/02/07	CGA 10.55	905	5	
5	HLONGWANE, ZATHU, 642, 2007/01/28	AGN 10.57	900	4	
6	OLIVIER, ANDRE, 742, 2007/01/12	AGN 10.60	893	3	
7	MALOMA, LETHABO, 681, 2007/04/18	AGN 10.63	886	2	
8	VAN DER WESTHUYZEN, JACO, 1741, 2008/09/21	LIMA 10.75	858	1	

Item 15 09:35 Heat 1 of 6 Men U18 100m 0.1

1	MALOMA, LETHABO, 681, 2007/04/18	AGN 10.73	862
2	TSHELANE, TSHELANE, 969, 2007/09/28	ANWN 10.84	840
3	MWAMBA, MANDLA, 1483, 2007/08/17	CGA 10.98	810
4	NKOSI, MPILWENTSHA, 909, 2007/01/31	AMPU 11.08	792
5	REDDY, TEEVIR, 1672, 2007/10/09	KZNA 11.24	761
6	LAGERDIEN, AASIF, 1586, 2008/01/25	EPA 11.46	723
7	LENTSHA, MPH0, 1053, 2007/12/08	ATRA 11.94	648

Item 15 09:35 Heat 2 of 6 Men U18 100m 0.6

1	FERREIRA, MARKO, 1578, 2007/01/11	EPA 10.49	920
2	NONDABULA, OFENTSE, 1493, 2007/02/07	CGA 10.59	895
3	MADONSELA, WEZILE, 886, 2007/02/18	AMPU 10.96	814
4	PARKIES, NQABAYOMZI, 1839, / /	AGN 11.03	801



5	KOENA, OARABILE, 108, 2007/06/03	ACNW 11.18	772
6	MOKHOBHO, JUNIOR, 323, 11/01/2007	AFS 11.35	742
7	NEMAKONDE, MULWENI, 960, 2007/05/09	ANWN 11.40	733

Item 15 09:35 Heat 3 of 6 Men U18 100m 1.0

1	MANAVHELA, MUKONA, 1459, 2008/09/19	CGA 10.49	920
2	PHAMOTSE, KEFILWE, 910, 2007/05/25	AMPU 10.66	880
3	JOUBERT, MARTIN, 1133, 2007/07/25	AVT 10.95	816
4	DANHAUSER, DANIEL, 1643, 2007/06/20	KZNA 11.01	805
5	LAUSBERG, DIVAN, 1588, 2007/06/20	EPA 11.03	801
6	MASANGU, TYRAN, 114, 2007/04/30	ACNW 11.15	778

Item 15 09:35 Heat 4 of 6 Men U18 100m 0.3

1	JACK, NAEEM, 1789, 2007/07/31	WPA 10.58	897
2	STEVENS, CAYLIB, 819, 2007/03/15	AGW 10.98	810
3	MARKS, MJ, 1592, 2007/04/19	EPA 10.99	809
4	DAMON, BRENTLEE, 1226, 2007/07/15	BOL 11.11	786
5	JAMES, THABISO, 293, 05/02/2007	AFS 11.42	730

Item 15 09:35 Heat 5 of 6 Men U18 100m 0.1

1	HLONGWANE, ZATHU, 642, 2007/01/28	AGN 10.81	846
2	SCHEEPERS, DYLAN, 1506, 2007/04/10	CGA 10.83	842
3	DLUNGE, INAM, 620, 2007/04/25	AGN 10.86	835
4	CHIZINGA, ANDREAS, 1416, 2007/01/31	CGA 11.10	788
5	SCHOEMAN, XANDER, 763, 2007/08/06	AGN 11.13	782
6	KEYSER, JAMILIO, 1823, 2007/03/17	NWC 11.48	720
7	STRAUSS, AYRON, 1833, 2008/01/24	NWC 11.85	662

Item 15 09:35 Heat 6 of 6 Men U18 100m 0.0

1	OLIVIER, ANDRE, 742, 2007/01/12	AGN 10.69	872
2	VAN DER WESTHUYZEN, JACO, 1741, 2008/09/21	LIMA 10.74	860
3	ELAND, ROBYN-LEE, 813, 2007/04/26	AGW 10.75	858
4	MADLALA, ESETHU, 673, 2008/03/16	AGN 10.99	809
5	MURRAY, SHANE, 719, 2007/03/05	AGN 11.24	761
6	TSHEBISO, THABANG, 149, 2008/08/17	ACNW 11.32	748
7	SILELE, LUTHO, 1077, 2007/03/09	ATRA 11.53	712

Item 38 13:00 Semi Final 1 of 3 Men U18 100m 0.2

1	FERREIRA, MARKO, 1578, 2007/01/11	EPA 10.49	920
2	OLIVIER, ANDRE, 742, 2007/01/12	AGN 10.69	872
3	MALOMA, LETHABO, 681, 2007/04/18	AGN 10.70	870
4	MADLALA, ESETHU, 673, 2008/03/16	AGN 10.84	840
5	TSHELANE, TSHELANE, 969, 2007/09/28	ANWN 10.84	840
6	MARKS, MJ, 1592, 2007/04/19	EPA 11.06	796
7	CHIZINGA, ANDREAS, 1416, 2007/01/31	CGA 11.08	792
8	DLUNGE, INAM, 620, 2007/04/25	AGN 40.42	0

Item 38 13:00 Semi Final 2 of 3 Men U18 100m 0.7

1	MANAVHELA, MUKONA, 1459, 2008/09/19	CGA 10.52	912
2	VAN DER WESTHUYZEN, JACO, 1741, 2008/09/21	LIMA 10.70	870
3	SCHEEPERS, DYLAN, 1506, 2007/04/10	CGA 10.81	846
4	JOUBERT, MARTIN, 1133, 2007/07/25	AVT 10.81	846
5	MWAMBA, MANDLA, 1483, 2007/08/17	CGA 10.89	828
6	DANHAUSER, DANIEL, 1643, 2007/06/20	KZNA 11.01	805
7	NKOSI, MPILWENTSHA, 909, 2007/01/31	AMPU 11.31	750

Item 38 13:00 Semi Final 3 of 3 Men U18 100m 0.5



1	JACK, NAEEM, 1789, 2007/07/31	WPA 10.39	950
2	NONDABULA, OFENTSE, 1493, 2007/02/07	CGA 10.49	920
3	HLONGWANE, ZATHU, 642, 2007/01/28	AGN 10.50	917
4	PARKIES, NQABAYOMZI, 1839, / /	AGN 10.92	822
5	MADONSELA, WEZILE, 886, 2007/02/18	AMPU 11.04	800
6	STEVENS, CAYLIB, 819, 2007/03/15	AGW 11.12	784
7	LAUSBERG, DIVAN, 1588, 2007/06/20	EPA 11.14	780

Item 76 18:05 Final Women U20 100m 0.9

1	JINGQI, VIWE, 22, 2005/02/17	ACNW 11.34	1000	8	G
2	BOTJE, KAILI, 1290, 2006/08/30	CGA 11.66	954	7	S
3	WANSBURY, CHARNÉ, 260, 11/03/2005	AFS 11.71	945	6	B
4	NAANE, ATANG, 496, 2006/03/30	AGN 11.83	925	5	
5	SMIDT, CHARDONE, 1111, 2006/03/15	AVT 11.87	918	4	
6	GERTENBACH, NATASHA, 194, 10/06/2005	AFS 12.05	889	3	
7	VAN NIEKERK, TENINKE, 857, 2006/07/04	AMPU 12.20	866	2	
8	MATSHITSE, REAOBAKA, 481, 2006/02/10	AGN 12.37	840	1	

Item 16 09:50 Heat 1 of 3 Women U20 100m 0.4

1	WANSBURY, CHARNÉ, 260, 11/03/2005	AFS 11.83	925
2	MATSHITSE, REAOBAKA, 481, 2006/02/10	AGN 12.27	855
3	FAGBEMI, AMEENAT, 1303, 2006/04/18	CGA 12.31	848
4	VILANKULU, ALUWANI, 258, 10/02/2006	AFS 12.33	845
5	WANNENBURG, ELSIE, 79, 2005/09/02	ACNW 12.45	829
6	KARRIEM, NABOEWYAH, 1760, 2006/05/19	WPA 12.48	825
7	PRETORIUS, KLARA, 1699, 2006/06/28	LIMA 12.52	820

Item 16 09:50 Heat 2 of 3 Women U20 100m -0.1

1	JINGQI, VIWE, 22, 2005/02/17	ACNW 11.60	966
2	SMIDT, CHARDONE, 1111, 2006/03/15	AVT 11.89	915
3	NAANE, ATANG, 496, 2006/03/30	AGN 11.95	905
4	GERTENBACH, NATASHA, 194, 10/06/2005	AFS 12.02	893
5	KIRSTEN, BRENDA, 837, 2006/12/27	AMPU 12.38	838
6	LUBOWA, PRECIOUS SANELISIWE, 1034, 2006/03/15	ATRA 13.22	733

Item 16 09:50 Heat 3 of 3 Women U20 100m -1.0

1	BOTJE, KAILI, 1290, 2006/08/30	CGA 11.70	947
2	VAN NIEKERK, TENINKE, 857, 2006/07/04	AMPU 12.09	883
3	PETERSEN, ANGIE (IND), 1195, 2005/10/21	BOL 12.32	847
4	VAN DEN BERG, MENIKE, 552, 2006/07/10	AGN 12.39	837
5	OORMEYER, ALYSSA, 1550, 2006/11/27	EPA 12.70	796
6	MARIMO, SHAUNA, 1271, 2006/03/17	BORA 12.84	777
7	LETSOALO, MAITE, 1695, 2006/12/14	LIMA 13.36	717
8	CLOETE, RIONA, 1816, 2005/05/21	NWC 13.49	703

Item 77 18:10 Final Men U20 100m 0.4

1	WALAZA, BAYANDA, 803, 2006/02/09	AGN 10.13	985	8	G
2	MODIBE, NEO, 1472, 2005/09/07	CGA 10.20	960	7	S
3	TYANTINI, TSHEPO, 150, 2005/02/26	ACNW 10.22	953	6	B
4	NKOANA, BRADLEY, 128, 2005/01/27	ACNW 10.28	934	5	
5	BEZUIDENHOUDT, WERNER, 589, 2006/11/15	AGN 10.41	900	4	
6	SHABANGU, BOKAMOSO, 411, 2005/01/26	AGN 10.49	880	3	
7	LETEBELE, KARABO, 303, 09/12/2006	AFS 10.52	873	2	
8	MASIKANE, TEMOSO, 949, 2006/04/26	ANWN 10.67	840	1	

Item 17 10:05 Heat 1 of 6 Men U20 100m 0.0



1	LUCAS, SHELDON, 1449, 2005/07/25	CGA 10.71	832
2	DLADLA, BONGILE, 941, 2005/11/19	ANWN 10.84	806
3	PIENAAR, FRANCO, 963, 2006/02/28	ANWN 10.88	798
4	MAKHAZA, SIBONGAKONKE, 1651, 2006/11/16	KZNA 10.90	794
5	SWARTS, RENALDINHO, 1258, 2006/06/29	BOL 10.97	780
6	KHANYILE, SIYA, 1649, 2006/05/11	KZNA 11.03	769
7	DU PLESSIS, ETHAN, 1048, 2005/01/04	ATRA 11.09	758

Item 17 10:05 Heat 2 of 6 Men U20 100m 0.2

1	VAN DER WALT, ARMAND, 791, 2005/01/04	AGN 10.58	860
2	NHLAPO, NKOSINATHI, 1491, 2006/05/08	CGA 10.85	804
3	DYASI, LEHLOHONOLO, 1427, 2005/09/29	CGA 10.88	798
4	MABUZA, MJ, 884, 2006/07/31	AMPU 10.88	798
5	JANSEN, GREGAN, 1822, 2006/10/31	NWC 10.98	778
6	MDANYANA, SIVIWE, 1593, 2006/08/01	EPA 11.00	774
7	MOSTERD, GHAYSTEN, 1828, 2005/03/20	NWC 11.02	770
8	NAWDISH, REECE, 1597, 2006/11/04	EPA 25.00	0

Item 17 10:05 Heat 3 of 6 Men U20 100m 1.4

1	ANDREWS, ROMEO, 1774, 2005/02/03	WPA 10.49	880
2	LETEBELE, KARABO, 303, 09/12/2006	AFS 10.51	875
3	BEZUIDENHOUDT, WERNER, 589, 2006/11/15	AGN 10.62	852
4	ANDO MTYANDO, AYATHANDO, 1273, 2006/08/06	BORA 10.79	816
5	GROENEWALD, CURLINN, 1007, 2006-05- 19	ASWD 10.87	800
6	DE NEIJS, RYLY, 1711, 2006/07/12	LIMA 11.27	726
7	MHONO, LIKHONA, 1849, 2005/03/05	EPA 11.37	710
8	TOLMIE, DEJEAN, 1810, 2005/03/16	WPA 11.63	669

Item 17 10:05 Heat 4 of 6 Men U20 100m 0.3

1	WALAZA, BAYANDA, 803, 2006/02/09	AGN 10.25	943
2	SHABANGU, BOKAMOSO, 411, 2005/01/26	AGN 10.54	868
3	GROSSKOPF, ROLANDT, 638, 2006/02/08	AGN 10.65	845
4	VENTER, TITUS, 801, 2006/02/18	AGN 10.91	792
5	SHINGENYANA, SAGWADI, 1737, 2006/02/28	LIMA 11.14	750
6	NCHABELENG, TSHEPO, 1732, 2006/03/01	LIMA 11.18	742
7	DAMMAN, SHUADE, 1046, 2005/08/08	ATRA 11.93	624

Item 17 10:05 Heat 5 of 6 Men U20 100m 1.2

1	MODIBE, NEO, 1472, 2005/09/07	CGA 10.37	910
2	NKOANA, BRADLEY, 128, 2005/01/27	ACNW 10.46	887
3	MASIKANE, TEMOSO, 949, 2006/04/26	ANWN 10.50	877
4	IGBO, MOSES, 292, 23/12/2006	AFS 10.91	792
5	MHONI, MARCHANT, 1827, 2006/09/12	NWC 11.22	735
6	MOKOENA, THAPELO, 1657, 2005/06/21	KZNA 11.44	698

Item 17 10:05 Heat 6 of 6 Men U20 100m 0.2

1	TYANTINI, TSHEPO, 150, 2005/02/26	ACNW 10.41	900
2	MERE, TLOTLO, 1850, / /	AGN 10.49	880
3	MALULEKE, GORDON, 682, 2005/04/27	AGN 10.58	860
4	ADAMS, KEENAN, 1567, 2005/04/28	EPA 10.71	832
5	SMITH, RYAN, 1511, 2006/03/10	CGA 10.80	814
6	MASINGA, PROSPER, 115, 2005/01/05	ACNW 10.91	792



7	BINDA, NEO, 266, 04/04/2006	AFS 10.94	786
8	BALOYI, AMU, 1708, 2006/01/28	LIMA 11.33	716
9	QUVANE, SFUNDO, 1670, 2006/01/29	KZNA 11.38	708

Item 42 13:20 Semi Final 1 of 3 Men U20 100m -0.3

1	WALAZA, BAYANDA, 803, 2006/02/09	AGN 10.24	946
2	BEZUIDENHOUDT, WERNER, 589, 2006/11/15	AGN 10.50	877
3	MASIKANE, TEMOSO, 949, 2006/04/26	ANWN 10.51	875
4	ANDREWS, ROMEO, 1774, 2005/02/03	WPA 10.54	868
5	GROSSKOPF, ROLANDT, 638, 2006/02/08	AGN 10.56	864
6	ADAMS, KEENAN, 1567, 2005/04/28	EPA 10.63	850
7	MAKHAZA, SIBONGAKONKE, 1651, 2006/11/16	KZNA 10.88	798
8	PIENAAR, FRANCO, 963, 2006/02/28	ANWN 10.91	792

Item 42 13:20 Semi Final 2 of 3 Men U20 100m -0.6

1	MODIBE, NEO, 1472, 2005/09/07	CGA 10.50	877
2	LETEBELE, KARABO, 303, 09/12/2006	AFS 10.59	858
3	LUCAS, SHELDON, 1449, 2005/07/25	CGA 10.68	838
4	ANDO MTYANDO, AYATHANDO, 1273, 2006/08/06	BORA 10.77	820
5	DYASI, LEHLOHONOLO, 1427, 2005/09/29	CGA 10.83	808
6	MABUZA, MJ, 884, 2006/07/31	AMPU 10.91	792

Item 42 13:20 Semi Final 3 of 3 Men U20 100m 1.6

1	TYANTINI, TSHEPO, 150, 2005/02/26	ACNW 10.38	907
2	NKOANA, BRADLEY, 128, 2005/01/27	ACNW 10.39	905
3	SHABANGU, BOKAMOSO, 411, 2005/01/26	AGN 10.49	880
4	VAN DER WALT, ARMAND, 791, 2005/01/04	AGN 10.54	868
5	SMITH, RYAN, 1511, 2006/03/10	CGA 10.71	832
6	DLADLA, BONGILE, 941, 2005/11/19	ANWN 10.75	824
7	NHLAPO, NKOSINATHI, 1491, 2006/05/08	CGA 10.78	818
8	GROENEWALD, CURLINN, 1007, 2006-05-19	ASWD 11.04	767

Item 78 18:15 Final Women U23 100m 0.6

1	LA GRANGE, KAYLA, 1320, 2004/07/27	CGA 11.69	0	8	G
2	NOLTE, DANIELLE, 508, 2002/01/11	AGN 11.71	0	7	S
3	MARIAS, GABRIELLA, 213, 18/11/2003	AFS 11.77	0	6	B
4	LE ROUX, KAYLEE, 1323, 2004/07/12	CGA 11.87	0	5	
5	OOSTHUIZEN, SYDNEY, 45, 2004/12/31	ACNW 11.99	0	4	
6	ROTHMAN, AMIEL, 52, 2002/05/25	ACNW 12.13	0	3	
7	GEORGE, ANNESTAYSHA, 430, 2004/01/14	AGN 12.21	0	2	
8	NEL, RHODE, 503, 2003/12/02	AGN 28.01	0	1	

Item 19 10:30 Heat 1 of 2 Women U23 100m -0.3

1	NOLTE, DANIELLE, 508, 2002/01/11	AGN 11.83	0
2	NEL, RHODE, 503, 2003/12/02	AGN 11.87	0
3	ROTHMAN, AMIEL, 52, 2002/05/25	ACNW 12.09	0
4	NDLELA, MELODY, 1630, 2003/02/10	KZNA 12.25	0
5	NKWINIKA, NEO FAIRHOPE, 1360, 2002/11/18	CGA 12.29	0
6	SCHOONBEE, BIANCA, 1552, 2003/10/06	EPA 12.49	0
7	EDWARDS, CHANé, 1300, 2004/12/31	CGA 12.56	0
8	MBOMBO, ALIYAH, 1757, 2004/10/01	WPA 12.68	0

Item 19 10:30 Heat 2 of 2 Women U23 100m 1.1



1	MARIAS, GABRIELLA, 213, 18/11/2003	AFS 11.73	0
2	LA GRANGE, KAYLA, 1320, 2004/07/27	CGA 11.73	0
3	LE ROUX, KAYLEE, 1323, 2004/07/12	CGA 11.86	0
4	GEORGE, ANNESTAYSHA, 430, 2004/01/14	AGN 12.02	0
5	OOSTHUIZEN, SYDNEY, 45, 2004/12/31	ACNW 12.13	0
6	VLOK, KAYLA, 77, 2003/01/09	ACNW 12.31	0
7	RHODE (WPIND), CHELSEA ANN, 1763, 2002/02/12	WPA 12.40	0
8	KEYS, ALECIA, 1754, 2002/06/10	WPA 12.50	0

Item 79 18:20 Final Men U23 100m 0.1

1	RICHARDSON, BENJAMIN, 137, 2003/12/19	ACNW 10.14	0	8	G
2	KARRIEM, ABDURAGHMAAN, 1794, 2004/09/25	WPA 10.22	0	7	S
3	XOTYENI, MIHLALI, 163, 2003/04/14	ACNW 10.35	0	6	B
4	SWART, ADRIAN, 145, 2002/05/28	ACNW 10.42	0	5	
5	SAMUELS, UBAYD, 1805, 2002/07/28	WPA 10.43	0	4	
6	MOLEYANE, LUCKY, 121, 2003/02/07	ACNW 10.43	0	3	
7	MOSS, MVUYO, 1478, 2002/03/12	CGA 10.45	0	2	
8	JOSIAS, JESSE, 1793, 2002/03/27	WPA 10.46	0	1	

Item 18 10:20 Heat 1 of 3 Men U23 100m 1.3

1	RICHARDSON, BENJAMIN, 137, 2003/12/19	ACNW 10.21	0
2	JOSIAS, JESSE, 1793, 2002/03/27	WPA 10.46	0
3	CROSSMAN, JARRYD, 273, 05/06/2004	AFS 10.50	0
4	BRAND, CHRISTOPHER LUKE, 592, 2003/03/18	AGN 10.53	0
5	TSHIYOMBO, JAMES, 1520, 2004/12/25	CGA 10.65	0
6	SAMUELS (WPIND), AADAM, 1806, 2004/06/02	WPA 10.83	0
7	KRUGER, LUKE, 1724, 2003/12/12	LIMA 11.02	0

Item 18 10:20 Heat 2 of 3 Men U23 100m 1.2

1	MOSS, MVUYO, 1478, 2002/03/12	CGA 10.41	0
2	MOLEYANE, LUCKY, 121, 2003/02/07	ACNW 10.60	0
3	VAN ROOIJEN, MATTHEW, 1524, 2004/01/08	CGA 10.66	0
4	CHWANE, KAGISHO, 272, 13/02/2002	AFS 10.67	0
5	TSOTSETSI, KAMOHELO, 1841, / /	CGA 10.68	0
6	NETSHIOMBO, TSHILIDZI, 732, 2003/05/09	AGN 10.69	0

Item 18 10:20 Heat 3 of 3 Men U23 100m -0.2

1	KARRIEM, ABDURAGHMAAN, 1794, 2004/09/25	WPA 10.30	0
2	XOTYENI, MIHLALI, 163, 2003/04/14	ACNW 10.40	0
3	SAMUELS, UBAYD, 1805, 2002/07/28	WPA 10.49	0
4	SWART, ADRIAN, 145, 2002/05/28	ACNW 10.49	0
5	MATJILA, LERATO, 1840, / /	AGN 10.79	0
6	NORMAN, CONNOR, 341, 07/05/2004	AFS 10.86	0
7	DICHAKANE, CHOARO, 275, 21/06/2004	AFS 11.13	0

Item 225 15:40 Final Girls U16 200m 1.8

1	KONDE, FAITH, 1187, 2009/05/19	BOL 24.51	970	8	G
2	GUNTER, ISABELLA, 435, 2009/02/06	AGN 24.69	956	7	S
3	PRETORIUS, ANE, 516, 2009/05/25	AGN 24.71	954	6	B
4	KOOPMAN, TAYGEN, 1755, 2009/10/28	WPA 24.77	949	5	
5	NDUBUEZE, OLUCHI ABELWE, 1350, 2009/01/15	CGA 24.79	948	4	
6	CORNELIUS, ASHLEY, 1171, 2009/02/24	BOL 24.95	935	3	



7	KAYSER, CHARNE, 1185, 2009/05/29	BOL 24.99	932	2
8	MAAKE, MOKGADI, 466, 2010/02/07	AGN 25.41	902	1

Item 114 12:50 Heat 1 of 4 Girls U16 200m 0.3

1	VAN DER WESTHUYZEN, EMMA-LEE, 1705, 2010/07/21	LIMA 25.12	922	
2	VAN DER MERWE, DENE, 557, 2010/09/29	AGN 25.27	912	
3	STICKLING, MILANA, 1207, 2009/03/11	BOL 25.41	902	
4	LOGGENBERG, NINA, 463, 2009/01/09	AGN 25.61	888	
5	OKOYE, PARIS, 1365, 2009/03/20	CGA 25.77	877	
6	JANSEN VAN RENSBURG, ELOUISE, 1099, 2010/03/22	AVT 26.96	804	
7	MAKHABA, ZANELE, 1035, 2010/07/27	ATRA 30.05	656	

Item 114 12:50 Heat 2 of 4 Girls U16 200m 1.0

1	KOOPMAN, TAYGEN, 1755, 2009/10/28	WPA 24.84	944	
2	PRETORIUS, ANE, 516, 2009/05/25	AGN 24.85	943	
3	REED, SARAH, 1636, 2009/03/10	KZNA 25.02	930	
4	KAYSER, CHARNE, 1185, 2009/05/29	BOL 25.26	912	
5	BOTMA, CHENADE, 825, 2010/03/23	AMPU 25.52	894	
6	SMITH, SUZELLE, 56, 2009/02/13	ACNW 26.42	836	
7	HILIZA, TUMELO, 1848, 2010/04/20	LIMA 26.45	834	
8	MDAKA, IMITHA, 1336, 2009/10/15	CGA 26.63	823	

Item 114 12:50 Heat 3 of 4 Girls U16 200m -0.2

1	KONDE, FAITH, 1187, 2009/05/19	BOL 25.04	928	
2	MAAKE, MOKGADI, 466, 2010/02/07	AGN 25.41	902	
3	JORDAAN, JUANé, 1100, 2010/04/16	AVT 25.44	900	
4	MAKHANYA, FUNDISWA, 471, 2010/02/09	AGN 26.27	845	
5	NJEBO, SIPHESIHLE, 1356, 2010/08/03	CGA 27.07	798	
6	BOATENG, CASSANDRA, 1027, 2009/04/30	ATRA 27.13	795	
7	VAN DER WALT, DEONNE, 248, 24/02/2009	AFS 27.33	784	
8	STEYN, MEGAN, 1702, 2009/11/07	LIMA 29.04	700	

Item 114 12:50 Heat 4 of 4 Girls U16 200m 1.9

1	GUNTER, ISABELLA, 435, 2009/02/06	AGN 24.90	939	
2	NDUBUEZE, OLUCHI ABELWE, 1350, 2009/01/15	CGA 24.98	933	
3	CORNELIUS, ASHLEY, 1171, 2009/02/24	BOL 25.07	926	
4	ORJI, ISOBEL, 218, 02/12/2010	AFS 25.79	876	
5	VILJOEN, LALU-JE, 75, 2010/03/23	ACNW 26.27	845	
6	GROENEWALD, MIKAYLIN, 198, 02/08/2010	AFS 26.82	812	
7	ROOS, DANELLE, 1700, 2010/01/14	LIMA 26.92	806	
8	CHIPPS, RIHANA, 979, 2010-01-03	ASWD 27.98	750	

Item 177 09:50 Semi Final 1 of 2 Girls U16 200m -1.8

1	NDUBUEZE, OLUCHI ABELWE, 1350, 2009/01/15	CGA 25.13	922	
2	KOOPMAN, TAYGEN, 1755, 2009/10/28	WPA 25.17	919	
3	KAYSER, CHARNE, 1185, 2009/05/29	BOL 25.46	898	
4	VAN DER MERWE, DENE, 557, 2010/09/29	AGN 25.48	897	
5	VAN DER WESTHUYZEN, EMMA-LEE, 1705, 2010/07/21	LIMA 25.57	891	
6	REED, SARAH, 1636, 2009/03/10	KZNA 25.58	890	
7	OKOYE, PARIS, 1365, 2009/03/20	CGA 26.20	849	

Item 177 09:50 Semi Final 2 of 2 Girls U16 200m 0.2

1	GUNTER, ISABELLA, 435, 2009/02/06	AGN 24.62	961	
2	KONDE, FAITH, 1187, 2009/05/19	BOL 24.72	953	



3	PRETORIUS, ANE, 516, 2009/05/25	AGN 24.89	940
4	CORNELIUS, ASHLEY, 1171, 2009/02/24	BOL 25.02	930
5	MAAKE, MOKGADI, 466, 2010/02/07	AGN 25.34	907
6	BOTMA, CHENADE, 825, 2010/03/23	AMPU 25.44	900
7	LOGGENBERG, NINA, 463, 2009/01/09	AGN 25.77	877

Item 226 15:50 Final Boys U16 200m -0.1

1	MOJAPELO, KWENA, 704, 2006/03/23	AGN 22.01	865	8	G
2	GRIESEL, ALEXANDER, 635, 2009/02/12	AGN 22.10	856	7	S
3	MAHLANGU, ETHAN, 674, 2009/05/02	AGN 22.30	837	6	B
4	KAMMIES, DUWAYNE, 1009, 2009-09-16	ASWD 22.34	833	5	
5	AREND, UBAY, 1775, 2009/02/10	WPA 22.37	831	4	
6	SWARTZ, CHARL, 1017, 2009-01-27	ASWD 22.48	821	3	
7	VAN HEERDEN, LLEWELLYN, 794, 2009/05/22	AGN 22.76	797	2	
8	LEKGETHO, TIELELO, 667, 2009/06/13	AGN 22.95	781	1	

Item 118 13:00 Heat 1 of 4 Boys U16 200m 2.3

1	SHANZI, MICHAEL, 769, 2010/03/31	AGN 22.79	795
2	LOTTER, KIAN, 1726, 2009/09/29	LIMA 22.81	793
3	KRUGER, RUBEN, 1444, 2010/05/15	CGA 23.05	773
4	DIBAKOANE, VICTOR, 867, 2009/03/11	AMPU 23.10	770
5	HOLOMO, LEHAKWE, 1050, 2010/03/24	ATRA 23.64	728
6	NERO, SIMPHIWE, 127, 2009/08/16	ACNW 23.75	720
7	KLAASEN, MAXWELL, 1824, 2009/06/21	NWC 24.06	699
8	VAN HEERDEN, ARNAND, 1742, 2009/10/08	LIMA 24.38	677

Item 118 13:00 Heat 2 of 4 Boys U16 200m 0.0

1	MOJAPELO, KWENA, 704, 2006/03/23	AGN 22.47	822
2	SIMPSON, JADEN, 1509, 2009/02/05	CGA 22.73	800
3	ABRAHAMS, NEO, 1641, 2009/01/22	KZNA 22.80	794
4	JAFTHA, NATE, 1820, 2010/09/24	NWC 22.91	785
5	LEKGETHO, TIELELO, 667, 2009/06/13	AGN 23.02	776
6	RADEMEYER, SETH, 1600, 2010/05/03	EPA 23.15	766
7	SIKUKAZI, KWANDE MLIBO, 1076, 2009/05/23	ATRA 27.10	523

Item 118 13:00 Heat 3 of 4 Boys U16 200m -0.4

1	KAMMIES, DUWAYNE, 1009, 2009-09-16	ASWD 22.47	822
2	GRIESEL, ALEXANDER, 635, 2009/02/12	AGN 22.48	821
3	SWARTZ, CHARL, 1017, 2009-01-27	ASWD 22.63	808
4	EHIRIM, CHIBUNNA, 1428, 2010/07/06	CGA 22.65	806
5	SEEMELA, TSILE, 766, 2009/02/12	AGN 23.03	775
6	VAN WYK, RAYMARCO, 1834, 2009/06/13	NWC 23.73	722
7	MOHAPI, KATLEHO, 321, 29/03/2009	AFS 24.09	697
8	MKHUPHENI, SPHIWE, 1063, 2010/04/19	ATRA 24.80	650

Item 118 13:00 Heat 4 of 4 Boys U16 200m 0.0

1	AREND, UBAY, 1775, 2009/02/10	WPA 22.54	816
2	VAN HEERDEN, LLEWELLYN, 794, 2009/05/22	AGN 22.66	806
3	MAHLANGU, ETHAN, 674, 2009/05/02	AGN 22.66	806
4	PILA, MALESELA, 1501, 2009/01/27	CGA 23.00	777
5	JANSE VAN RENSBURG, HEINRICH, 294, 19/02/2009	AFS 23.02	776
6	NKOSI, WANDILE, 908, 2009/08/13	AMPU 23.07	772
7	MITCHELL, DARIANO, 817, 2009/03/25	AGW 23.94	707
8	GQALENI, IMINATHI, 1049, 2009/02/23	ATRA 25.37	616

Item 178 10:00 Semi Final 1 of 2 Boys U16 200m -0.1



1	AREND, UBAY, 1775, 2009/02/10	WPA 22.35	833
2	KAMMIES, DUWAYNE, 1009, 2009-09-16	ASWD 22.50	820
3	SWARTZ, CHARL, 1017, 2009-01-27	ASWD 22.66	806
4	LEKGETHO, TIELELO, 667, 2009/06/13	AGN 22.82	792
5	EHIRIM, CHIBUNNA, 1428, 2010/07/06	CGA 22.87	788
6	SHANZI, MICHAEL, 769, 2010/03/31	AGN 22.90	785
7	SIMPSON, JADEN, 1509, 2009/02/05	CGA 23.01	776
8	KRUGER, RUBEN, 1444, 2010/05/15	CGA 23.20	762

Item 178 10:00 Semi Final 2 of 2 Boys U16 200m 0.9

1	MOJAPELO, KWENA, 704, 2006/03/23	AGN 22.23	844
2	GRIESEL, ALEXANDER, 635, 2009/02/12	AGN 22.51	819
3	MAHLANGU, ETHAN, 674, 2009/05/02	AGN 22.65	806
4	VAN HEERDEN, LLEWELLYN, 794, 2009/05/22	AGN 22.80	794
5	ABRAHAMS, NEO, 1641, 2009/01/22	KZNA 22.94	782
6	LOTTER, KIAN, 1726, 2009/09/29	LIMA 23.04	774
7	PILA, MALESELA, 1501, 2009/01/27	CGA 23.12	768
8	JAFTHA, NATE, 1820, 2010/09/24	NWC 23.32	753

Item 227 16:00 Final Women U18 200m 1.4

1	VAN OUDTSHOORN, KAYLIE, 1391, 2007/03/30	CGA 24.07	976	8	G
2	BASSON, KYLIE, 1163, 2008/02/01	BOL 24.12	972	7	S
3	VAN DER MERWE, ZANTE, 558, 2007/01/24	AGN 24.26	960	6	B
4	VERMAAK, HANNAH HOPE, 1393, 2007/10/05	CGA 24.61	933	5	
5	CILLIERS, ZOë, 827, 2008/09/05	AMPU 24.91	910	4	
6	BOTES, ZENIQUE, 386, 2007/05/18	AGN 25.11	896	3	
7	VAN DYK, JENNA, 68, 2007/09/21	ACNW 25.33	881	2	
8	DU PLOOY, LUANNE, 1298, 2008/09/04	CGA 25.48	871	1	

Item 119 13:15 Heat 1 of 4 Women U18 200m -0.4

1	BURGER, RUMé, 177, 07/02/2008	AFS 24.22	964
2	BOTES, ZENIQUE, 386, 2007/05/18	AGN 25.38	878
3	FOUCHE, KEIRA, 1304, 2007/05/01	CGA 25.71	856
4	MAREE, KYLA (KYLEA - MAE), 34, 2007/07/26	ACNW 25.81	849
5	SIBANYONI, KHANYA, 853, 2007/11/20	AMPU 25.82	848
6	MIENIE, MIEKE, 1697, 2007/09/15	LIMA 25.86	846
7	VERWEY, AMONé, 256, 07/03/2007	AFS 26.21	824

Item 119 13:15 Heat 2 of 4 Women U18 200m 1.2

1	VERMAAK, HANNAH HOPE, 1393, 2007/10/05	CGA 24.64	931
2	VAN STADEN, MICHE, 1772, 2008/07/25	WPA 25.00	904
3	CILLIERS, ZOë, 827, 2008/09/05	AMPU 25.38	878
4	PRETORIUS, LISA, 517, 2008/05/19	AGN 25.46	872
5	PIENAAR, BUHLE, 514, 2008/08/09	AGN 26.02	836
6	MGQIBELA, BUHLE, 486, 2007/01/09	AGN 26.11	830
7	TINTO, LISAKHANYA, 1042, 2008/07/18	ATRA 29.05	680

Item 119 13:15 Heat 3 of 4 Women U18 200m 2.0

1	VAN DER MERWE, ZANTE, 558, 2007/01/24	AGN 24.68	928
2	VAN DYK, JENNA, 68, 2007/09/21	ACNW 24.87	913
3	MAKASI, LOLWETHU, 1325, 2007/07/07	CGA 25.01	903
4	VAN DER WESTHUYZEN, ELLENE, 1706, 2007/01/11	LIMA 25.33	881
5	TIVANE, SONIA, 856, 2008/04/22	AMPU 25.95	840



6	ALBERTS, BROOKLYN, 378, 2008/11/19	AGN 26.15	828
7	MOTSHWANE, MOHAU, 40, 2007/04/25	ACNW 26.49	808
8	MOSTERD, LIYA, 1829, 2007/01/24	NWC 28.24	717

Item 119 13:15 Heat 4 of 4 Women U18 200m 2.6

1	VAN OUDTSHOORN, KAYLIE, 1391, 2007/03/30	CGA 24.10	974
2	BASSON, KYLIE, 1163, 2008/02/01	BOL 24.34	954
3	DU PLOOY, LUANNE, 1298, 2008/09/04	CGA 25.26	886
4	FOURIE, ASTRID, 1091, 2008/04/02	AVT 25.64	860
5	VAN WYK, ANIKA, 253, 10/03/2008	AFS 26.00	837
6	HINKS, TYLA, 1544, 2007/08/22	EPA 27.05	777
7	MKENTANE, ONWABA IKO, 1039, 2008/03/20	ATRA 32.09	562

Item 179 10:10 Semi Final 1 of 2 Women U18 200m -0.2

1	VAN OUDTSHOORN, KAYLIE, 1391, 2007/03/30	CGA 24.37	952
2	VERMAAK, HANNAH HOPE, 1393, 2007/10/05	CGA 24.37	952
3	VAN DER MERWE, ZANTE, 558, 2007/01/24	AGN 24.66	929
4	DU PLOOY, LUANNE, 1298, 2008/09/04	CGA 25.09	897
5	MAKASI, LOLWETHU, 1325, 2007/07/07	CGA 25.23	888
6	FOUCHE, KEIRA, 1304, 2007/05/01	CGA 25.49	870
7	VAN DER WESTHUYZEN, ELLENE, 1706, 2007/01/11	LIMA 25.53	868
8	MAREE, KYLA (KYLA - MAE), 34, 2007/07/26	ACNW 25.80	850

Item 179 10:10 Semi Final 2 of 2 Women U18 200m 0.4

1	BASSON, KYLIE, 1163, 2008/02/01	BOL 24.48	943
2	BURGER, RUMé, 177, 07/02/2008	AFS 24.58	935
3	CILLIERS, ZOë, 827, 2008/09/05	AMPU 24.90	911
4	VAN DYK, JENNA, 68, 2007/09/21	ACNW 25.01	903
5	BOTES, ZENIQUE, 386, 2007/05/18	AGN 25.13	895
6	VAN STADEN, MICHE, 1772, 2008/07/25	WPA 25.23	888
7	FOURIE, ASTRID, 1091, 2008/04/02	AVT 25.68	858
8	PRETORIUS, LISA, 517, 2008/05/19	AGN 25.77	852

Item 228 16:10 Final Men U18 200m -0.2

1	MANAVHELA, MUKONA, 1459, 2008/09/19	CGA 20.85	950	8	G
2	FERREIRA, MARKO, 1578, 2007/01/11	EPA 21.09	918	7	S
3	OLIVIER, ANDRE, 742, 2007/01/12	AGN 21.12	915	6	B
4	VAN DER WESTHUYZEN, JACO, 1741, 2008/09/21	LIMA 21.19	907	5	
5	PHAMOTSE, KEFILWE, 910, 2007/05/25	AMPU 21.47	878	4	
6	OOSTHUIZEN, JOSHUA, 346, 04/02/2007	AFS 21.48	877	3	
7	ELAND, ROBYN-LEE, 813, 2007/04/26	AGW 21.48	877	2	
8	HLONGWANE, ZATHU, 642, 2007/01/28	AGN 22.24	806	1	

Item 120 13:30 Heat 1 of 6 Men U18 200m 0.5

1	DAMON, BRENTLEE, 1226, 2007/07/15	BOL 21.60	865
2	MOTLOUNG, ADAM, 716, 2008/05/19	AGN 21.91	835
3	CHIZINGA, ANDREAS, 1416, 2007/01/31	CGA 22.33	798
4	DANHAUSER, DANIEL, 1643, 2007/06/20	KZNA 22.43	790
5	SILELE, LUTHO, 1077, 2007/03/09	ATRA 23.19	730
6	STRAUSS, AYRON, 1833, 2008/01/24	NWC 23.96	676

Item 120 13:30 Heat 2 of 6 Men U18 200m 1.3

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

1	MANAVHELA, MUKONA, 1459, 2008/09/19	CGA 21.13	914
2	COETZEE, JAEGER, 1224, 2008/07/12	BOL 22.16	813
3	MADLALA, ESETHU, 673, 2008/03/16	AGN 22.48	785
4	KEYSER, JAMILIO, 1823, 2007/03/17	NWC 23.00	744
5	ELLIS, MJ, 1715, 2007/08/13	LIMA 23.12	735
6	LENTSHA, MPH0, 1053, 2007/12/08	ATRA 24.02	672

Item 120 13:30 Heat 3 of 6 Men U18 200m 0.6

1	OOSTHUIZEN, JOSHUA, 346, 04/02/2007	AFS 21.39	886
2	HLONGWANE, ZATHU, 642, 2007/01/28	AGN 21.76	850
3	MWAMBA, MANDLA, 1483, 2007/08/17	CGA 22.01	826
4	MALINGA, NIYANDA, 890, 2008/01/12	AMPU 22.60	776
5	MAHLANGU, SIMPHIWE, 888, 2007/01/06	AMPU 22.89	752
6	CLOETE, LOYISO, 1817, 2007/04/01	NWC 23.22	727
7	MODISANA, TSHEPISO, 1064, 2007/01/02	ATRA 24.07	668

Item 120 13:30 Heat 4 of 6 Men U18 200m 0.9

1	PHAMOTSE, KEFILWE, 910, 2007/05/25	AMPU 21.60	865
2	LAUSBERG, DIVAN, 1588, 2007/06/20	EPA 22.46	787
3	REDDY, TEEVIR, 1672, 2007/10/09	KZNA 22.87	754
4	LUNAM, KWEZI, 1059, 2007/07/28	ATRA 23.47	709

Item 120 13:30 Heat 5 of 6 Men U18 200m 0.3

1	OLIVIER, ANDRE, 742, 2007/01/12	AGN 21.16	911
2	ELAND, ROBYN-LEE, 813, 2007/04/26	AGW 21.45	880
3	SCHEEPERS, DYLAN, 1506, 2007/04/10	CGA 21.85	841
4	TSHELANE, TSHELANE, 969, 2007/09/28	ANWN 22.05	822
5	CHILOANE, LEHLOGONOLO, 866, 2007/04/17	AMPU 22.22	807
6	TSHEBISO, THABANG, 149, 2008/08/17	ACNW 22.87	754
7	NOKERI, PHILLIP, 1733, 2007/02/17	LIMA 23.09	737

Item 120 13:30 Heat 6 of 6 Men U18 200m -0.4

1	FERREIRA, MARKO, 1578, 2007/01/11	EPA 21.55	870
2	VAN DER WESTHUYZEN, JACO, 1741, 2008/09/21	LIMA 21.91	835
3	MHLONGO, PRINCE, 319, 14/02/2007	AFS 22.13	815
4	MARKS, MJ, 1592, 2007/04/19	EPA 22.23	806
5	SCHOEMAN, XANDER, 763, 2007/08/06	AGN 22.84	756
6	WELGEMOED, AJ, 160, 2008/07/25	ACNW 22.85	755
7	NEMAKONDE, MULWENI, 960, 2007/05/09	ANWN 23.31	720

Item 180 10:20 Semi Final 1 of 3 Men U18 200m 0.5

1	MANAVHELA, MUKONA, 1459, 2008/09/19	CGA 21.16	911
2	PHAMOTSE, KEFILWE, 910, 2007/05/25	AMPU 21.35	890
3	DAMON, BRENTLEE, 1226, 2007/07/15	BOL 21.58	867
4	MWAMBA, MANDLA, 1483, 2007/08/17	CGA 21.81	845
5	TSHELANE, TSHELANE, 969, 2007/09/28	ANWN 22.13	815
6	MHLONGO, PRINCE, 319, 14/02/2007	AFS 22.47	786
7	SCHOEMAN, XANDER, 763, 2007/08/06	AGN 22.50	784
8	REDDY, TEEVIR, 1672, 2007/10/09	KZNA 22.69	768

Item 180 10:20 Semi Final 2 of 3 Men U18 200m 0.6

1	OLIVIER, ANDRE, 742, 2007/01/12	AGN 21.21	905
2	FERREIRA, MARKO, 1578, 2007/01/11	EPA 21.22	904
3	HLONGWANE, ZATHU, 642, 2007/01/28	AGN 21.43	882
4	MOTLOUNG, ADAM, 716, 2008/05/19	AGN 21.47	878
5	COETZEE, JAEGER, 1224, 2008/07/12	BOL 22.06	821



6	MADLALA, ESETHU, 673, 2008/03/16	AGN 22.25	805
7	MALINGA, NIYANDA, 890, 2008/01/12	AMPU 23.10	736

Item 180 10:20 Semi Final 3 of 3 Men U18 200m 1.8

1	OOSTHUIZEN, JOSHUA, 346, 04/02/2007	AFS 21.27	898
2	VAN DER WESTHUYZEN, JACO, 1741, 2008/09/21	LIMA 21.33 (.329)	892
3	ELAND, ROBYN-LEE, 813, 2007/04/26	AGW 21.33 (.330)	892
4	SCHEEPERS, DYLAN, 1506, 2007/04/10	CGA 21.79	847
5	MARKS, MJ, 1592, 2007/04/19	EPA 21.95	831
6	DANHAUSER, DANIEL, 1643, 2007/06/20	KZNA 22.43	790
7	LAUSBERG, DIVAN, 1588, 2007/06/20	EPA 22.50	784

Item 229 16:20 Final Women U20 200m 1.2

1	JINGQI, VIWE, 22, 2005/02/17	ACNW 22.96	1000	8	G
2	VERMEULEN, CHANE, 1395, 2006/05/19	CGA 23.29	1000	7	S
3	BOTJE, KAILI, 1290, 2006/08/30	CGA 23.42	1000	6	B
4	COETZEE, TIMEKE JADE, 403, 2006/05/26	AGN 24.08	948	5	
5	WANSBURY, CHARNÉ, 260, 11/03/2005	AFS 24.19	940	4	
6	MOLEPO, PRECIOUS, 1343, 2005/02/15	CGA 24.22	937	3	
7	SCHEEPERS, COLENE, 526, 2006/07/12	AGN 24.43	921	2	

Item 121 13:45 Heat 1 of 3 Women U20 200m -1.4

1	JINGQI, VIWE, 22, 2005/02/17	ACNW 23.60	988
2	MOLEPO, PRECIOUS, 1343, 2005/02/15	CGA 24.21	938
3	SCHEEPERS, COLENE, 526, 2006/07/12	AGN 24.90	887
4	PRETORIUS, EMKE, 850, 2006/04/24	AMPU 25.42	852
5	THALE, AMOGELANG, 939, 2005/08/15	ANWN 26.10	810
6	LUBOWA, PRECIOUS SANELISIWE, 1034, 2006/03/15	ATRA 27.44	737

Item 121 13:45 Heat 2 of 3 Women U20 200m 0.0

1	WANSBURY, CHARNÉ, 260, 11/03/2005	AFS 23.91	962
2	VERMEULEN, CHANE, 1395, 2006/05/19	CGA 24.06	950
3	PETERSEN, ANGIE (IND), 1195, 2005/10/21	BOL 24.95	883
4	KIRSTEN, BRENDA, 837, 2006/12/27	AMPU 25.67	836
5	SEMONO, THATO, 530, 2006/08/04	AGN 26.43	791
6	CLOETE, RIONA, 1816, 2005/05/21	NWC 27.45	737

Item 121 13:45 Heat 3 of 3 Women U20 200m -0.4

1	BOTJE, KAILI, 1290, 2006/08/30	CGA 23.77	974
2	COETZEE, TIMEKE JADE, 403, 2006/05/26	AGN 24.41	923
3	VILANKULU, ALUWANI, 258, 10/02/2006	AFS 25.38	854
4	VAN HEERDEN, JESSICA, 69, 2005/10/06	ACNW 25.47	848
5	KARRIEM, NABOEWEYAH, 1760, 2006/05/19	WPA 25.69	835
6	THALE, KAMOGELO, 1847, / /	ANWN 26.20	804

Item 230 16:30 Final Men U20 200m 0.1

1	WALAZA, BAYANDA, 803, 2006/02/09	AGN 20.34	980	8	G
2	OKON, UDEME, 1495, / /	CGA 20.54	949	7	S
3	CRUYWAGEN, BERTIE, 274, 13/01/2006	AFS 20.79	916	6	B
4	NKOANA, BRADLEY, 128, 2005/01/27	ACNW 20.97	896	5	
5	ANDREWS, ROMEO, 1774, 2005/02/03	WPA 21.19	874	4	
6	GROSSKOPF, ROLANDT, 638, 2006/02/08	AGN 21.21	872	3	
7	MAKHAZA, SIBONGAKONKE, 1651, 2006/11/16	KZNA 21.23	870	2	
8	MODIBE, NEO, 1472, 2005/09/07	CGA 99.99	0	1	

Item 122 14:00 Heat 1 of 6 Men U20 200m 0.5



1	OKON, UDEME, 1495, / /	CGA 20.92	902
2	MODIBE, NEO, 1472, 2005/09/07	CGA 21.40	853
3	MALULEKE, GORDON, 682, 2005/04/27	AGN 21.54	839
4	IGWEBUIKE, BLESSING, 1854, 2005/03/13	AGN 22.16	784
5	JADA, NIC, 1051, 2006/03/27	ATRA 23.73	666

Item 122 14:00 Heat 2 of 6 Men U20 200m -1.2

1	CRUYWAGEN, BERTIE, 274, 13/01/2006	AFS 21.42	851
2	SMITH, RYAN, 1511, 2006/03/10	CGA 21.76	819
3	PIENAAR, FRANCO, 963, 2006/02/28	ANWN 22.09	790
4	VISAGIE, RUBIN, 371, 18/02/2005	AFS 22.11	788
5	DU PLESSIS, ETHAN, 1048, 2005/01/04	ATRA 22.60	748

Item 122 14:00 Heat 3 of 6 Men U20 200m -2.6

1	ADAMS, KEENAN, 1567, 2005/04/28	EPA 21.97	800
2	NDLOVU, DENZEL, 726, 2004/12/08	AGN 22.05	793
3	MAKHAZA, SIBONGAKONKE, 1651, 2006/11/16	KZNA 22.24	777
4	DE VILLERS, LIAM, 614, 2005/09/12	AGN 22.27	775
5	KLAASTE, ANWHA, 1825, 2006/02/07	NWC 23.65	672
6	BOTHMA, BRANDON-LEIGH, 1777, 2006/01/20	WPA 24.38	625

Item 122 14:00 Heat 4 of 6 Men U20 200m -0.5

1	ANDREWS, ROMEO, 1774, 2005/02/03	WPA 21.42	851
2	NKOANA, BRADLEY, 128, 2005/01/27	ACNW 21.60	833
3	LETEBELE, KARABO, 303, 09/12/2006	AFS 21.97	800
4	DLADLA, BONGILE, 941, 2005/11/19	ANWN 22.04	794
5	MOSTERD, GHAYSTEN, 1828, 2005/03/20	NWC 22.37	766
6	DE NEIJS, RYLY, 1711, 2006/07/12	LIMA 22.76	736
7	DAMMAN, SHUADE, 1046, 2005/08/08	ATRA 24.45	620

Item 122 14:00 Heat 5 of 6 Men U20 200m -0.9

1	WALAZA, BAYANDA, 803, 2006/02/09	AGN 21.13	880
2	BINDA, NEO, 266, 04/04/2006	AFS 21.61	832
3	DYASI, LEHLOHONOLO, 1427, 2005/09/29	CGA 21.85	810
4	WILLIAMS, COHEN, 1812, 2006/03/01	WPA 21.86	810
5	SITHOLE, ALVAH, 967, 2005/06/27	ANWN 22.34	769

Item 122 14:00 Heat 6 of 6 Men U20 200m 0.3

1	GROSSKOPF, ROLANDT, 638, 2006/02/08	AGN 21.47	846
2	LUCAS, SHELDON, 1449, 2005/07/25	CGA 21.59	834
3	KAZADI, DAVID, 1440, 2006/03/22	CGA 22.24	777

Item 182 10:40 Semi Final 1 of 3 Men U20 200m -0.5

1	OKON, UDEME, 1495, / /	CGA 21.13	880
2	GROSSKOPF, ROLANDT, 638, 2006/02/08	AGN 21.27	866
3	MALULEKE, GORDON, 682, 2005/04/27	AGN 21.50	843
4	DYASI, LEHLOHONOLO, 1427, 2005/09/29	CGA 21.75	820
5	WILLIAMS, COHEN, 1812, 2006/03/01	WPA 21.82	813
6	SITHOLE, ALVAH, 967, 2005/06/27	ANWN 22.00	797
7	KAZADI, DAVID, 1440, 2006/03/22	CGA 22.22	779

Item 182 10:40 Semi Final 2 of 3 Men U20 200m 2.2

1	WALAZA, BAYANDA, 803, 2006/02/09	AGN 20.92	902
2	ANDREWS, ROMEO, 1774, 2005/02/03	WPA 21.05	888
3	MAKHAZA, SIBONGAKONKE, 1651, 2006/11/16	KZNA 21.26	867
4	ADAMS, KEENAN, 1567, 2005/04/28	EPA 21.47	846



5	LUCAS, SHELDON, 1449, 2005/07/25	CGA 21.55	838
6	SMITH, RYAN, 1511, 2006/03/10	CGA 21.60	833
7	DLADLA, BONGILE, 941, 2005/11/19	ANWN 21.97	800
8	DE VILLERS, LIAM, 614, 2005/09/12	AGN 22.24	777

Item 182 10:40 Semi Final 3 of 3 Men U20 200m 0.3

1	CRUYWAGEN, BERTIE, 274, 13/01/2006	AFS 21.15	878
2	MODIBE, NEO, 1472, 2005/09/07	CGA 21.18	875
3	NKOANA, BRADLEY, 128, 2005/01/27	ACNW 21.22	871
4	BINDA, NEO, 266, 04/04/2006	AFS 21.54	839
5	VISAGIE, RUBIN, 371, 18/02/2005	AFS 22.12	787
6	PIENAAR, FRANCO, 963, 2006/02/28	ANWN 22.13	786
7	IGWEBUIKE, BLESSING, 1854, 2005/03/13	AGN 22.36	767

Item 231 16:40 Final Women U23 200m 1.2

1	LA GRANGE, KAYLA, 1320, 2004/07/27	CGA 23.65	0	8	G
2	GEORGE, ANNESTAYSHA, 430, 2004/01/14	AGN 24.06	0	7	S
3	MARIAS, GABRIELLA, 213, 18/11/2003	AFS 24.13	0	6	B
4	OOSTHUIZEN, SYDNEY, 45, 2004/12/31	ACNW 24.30	0	5	
5	LE ROUX, KAYLEE, 1323, 2004/07/12	CGA 24.54	0	4	
6	COMPAAN, MILA, 406, 2003/01/16	AGN 24.75	0	3	
7	ROTHMAN, AMIEL, 52, 2002/05/25	ACNW 24.87	0	2	
8	SCHOONBEE, BIANCA, 1552, 2003/10/06	EPA 25.02	0	1	

Item 123 14:15 Heat 1 of 2 Women U23 200m -0.5

1	GEORGE, ANNESTAYSHA, 430, 2004/01/14	AGN 24.40	0
2	LE ROUX, KAYLEE, 1323, 2004/07/12	CGA 24.47	0
3	SCHOONBEE, BIANCA, 1552, 2003/10/06	EPA 25.22	0
4	ROTHMAN, AMIEL, 52, 2002/05/25	ACNW 25.28	0
5	NDLELA, MELODY, 1630, 2003/02/10	KZNA 25.29	0
6	MBOMBO, ALIYAH, 1757, 2004/10/01	WPA 25.52	0
7	BANUTELO, SOPHIE, 382, 2003/04/18	AGN 26.38	0

Item 123 14:15 Heat 2 of 2 Women U23 200m 0.0

1	LA GRANGE, KAYLA, 1320, 2004/07/27	CGA 24.30	0
2	MARIAS, GABRIELLA, 213, 18/11/2003	AFS 24.63	0
3	COMPAAN, MILA, 406, 2003/01/16	AGN 24.89	0
4	OOSTHUIZEN, SYDNEY, 45, 2004/12/31	ACNW 25.14	0
5	STOLZ, JENNA, 1383, 2002/01/02	CGA 25.55	0
6	KEYS, ALECIA, 1754, 2002/06/10	WPA 25.77	0

Item 232 16:50 Final Men U23 200m 1.4

1	RICHARDSON, BENJAMIN, 137, 2003/12/19	ACNW 20.29	0	8	G
2	POTGIETER, ECKHART, 746, 1900/01/03	AGN 20.58	0	7	S
3	KARRIEM, ABDURAGHMAAN, 1794, 2004/09/25	WPA 20.66	0	6	B
4	SWART, ADRIAN, 145, 2002/05/28	ACNW 20.76	0	5	
5	MARTIN, WIAAN (IND), 1243, 2004/09/25	BOL 20.81	0	4	
6	XOTYENI, MIHLALI, 163, 2003/04/14	ACNW 20.86	0	3	
7	SAMUELS, UBAYD, 1805, 2002/07/28	WPA 21.00	0	2	
8	GABIER, LUQMAAN, 1786, 2004/11/10	WPA 21.18	0	1	

Item 124 14:25 Heat 1 of 3 Men U23 200m 0.7

1	KARRIEM, ABDURAGHMAAN, 1794, 2004/09/25	WPA 20.60	0
2	POTGIETER, ECKHART, 746, 1900/01/03	AGN 20.69	0
3	MOSS, MVUYO, 1478, 2002/03/12	CGA 21.13	0
4	MTHIMKULU, MTHI, 335, 30/04/2003	AFS 21.17	0

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

5	CROSSMAN, JARRYD, 273, 05/06/2004	AFS 21.35	0
6	CHWANE, KAGISHO, 272, 13/02/2002	AFS 21.74	0
7	SAMUELS (WPIND), AADAM, 1806, 2004/06/02	WPA 21.92	0
8	NORMAN, CONNOR, 341, 07/05/2004	AFS 22.29	0

Item 124 14:25 Heat 2 of 3 Men U23 200m 0.2

1	RICHARDSON, BENJAMIN, 137, 2003/12/19	ACNW 20.73	0
2	MARTIN, WIAAN (IND), 1243, 2004/09/25	BOL 20.88	0
3	XOTYENI, MIHLALI, 163, 2003/04/14	ACNW 20.91	0
4	SAMUELS, UBAYD, 1805, 2002/07/28	WPA 21.02	0
5	OOSTHUIZEN, RUAN, 743, 2004/03/25	AGN 21.84	0
6	MBATHA, XOLANI, 1653, 2002/11/21	KZNA 22.05	0
7	NGOBENI, CHARLIE, 1488, 2004/01/21	CGA 47.64	0

Item 124 14:25 Heat 3 of 3 Men U23 200m 0.5

1	SWART, ADRIAN, 145, 2002/05/28	ACNW 20.75	0
2	GABIER, LUQMAAN, 1786, 2004/11/10	WPA 21.17	0
3	MOLEYANE, LUCKY, 121, 2003/02/07	ACNW 21.30	0
4	SMITH, DWAYNE, 772, 2003/03/26	AGN 21.62	0
5	TSHIYOMBO, JAMES, 1520, 2004/12/25	CGA 21.64	0
6	UZOHO, SIYABONGA, 1522, 2003/05/07	CGA 21.72	0
7	DICHAKANE, CHOARO, 275, 21/06/2004	AFS 22.32	0

Item 151 17:55 Final Girls U16 400m

1	LOGGENBERG, CHRISTI, 462, 2009/01/09	AGN 0:54.40	1000	8	G
2	JORDAAN, DENIKE, 24, 2010/10/08	ACNW 0:55.14	988	7	S
3	DE VILLIERS, LENE, 413, 2009/08/04	AGN 0:55.27	984	6	B
4	KETWANA, HLUMISA, 1032, 2009/08/22	ATRA 0:57.55	914	5	
5	HOMANN, CELIA, 438, 2010/05/12	AGN 0:58.01	901	4	
6	VAN DER ENDE, RUVè, 553, 2009/01/23	AGN 0:58.38	891	3	
7	KAMELE, MBALI, 1313, 2009/06/18	CGA 0:58.73	882	2	
8	HEYNEKE, ANNERIKE, 436, 2009/02/03	AGN 0:59.13	871	1	

Item 20 10:40 Heat 1 of 4 Girls U16 400m

1	LOGGENBERG, CHRISTI, 462, 2009/01/09	AGN 0:58.22	895
2	VAN DER ENDE, RUVè, 553, 2009/01/23	AGN 1:00.44	839
3	ARONSON, TEEGAN, 1282, 2009/03/08	CGA 1:01.17	822
4	HEYMANS, LYNNè, 1095, 2010/01/22	AVT 1:01.93	805
5	SWIEGERS, ANIKA, 1115, 2010/03/04	AVT 1:02.07	802
6	LIYATI, MICHELLE, 1033, 2009/08/08	ATRA 1:03.89	764
7	VILJOEN, LALU-JE, 75, 2010/03/23	ACNW 1:04.12	759

Item 20 10:40 Heat 2 of 4 Girls U16 400m

1	DE VILLIERS, LENE, 413, 2009/08/04	AGN 0:59.49	862
2	VAN DER WALT, DEONNE, 248, 24/02/2009	AFS 1:00.34	841
3	TALJAARD, NICKA, 1116, 2009/09/02	AVT 1:00.47	838
4	VAN DER MERWE, MARELIE, 1704, 2009/03/28	LIMA 1:01.31	819
5	TANNOUS, AVA, 61, 2009/08/06	ACNW 1:02.62	790
6	ROOME, MICHELA, 1377, 2010/09/06	CGA 1:02.97	782

Item 20 10:40 Heat 3 of 4 Girls U16 400m

1	JORDAAN, DENIKE, 24, 2010/10/08	ACNW 0:57.96	903
2	KETWANA, HLUMISA, 1032, 2009/08/22	ATRA 0:59.00	875
3	MASUKU, BOITUMELO, 1333, 2009/12/30	CGA 0:59.71	857
4	BOTHA, MIENKE, 171, 14/06/2010	AFS 0:59.77	855
5	SWANEPOEL, LEE-ANNE, 938, 2010/02/09	ANWN 1:01.48	815



6	KEKANA, MICHELLE, 448, 2009/10/06	AGN	1:02.67	789
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Item 20 10:40 Heat 4 of 4 Girls U16 400m

1	HOMANN, CELIA, 438, 2010/05/12	AGN	0:59.13	871
2	KAMELE, MBALI, 1313, 2009/06/18	CGA	0:59.29	867
3	HEYNEKE, ANNERIKE, 436, 2009/02/03	AGN	0:59.96	850
4	BOTHA, CATHRINA MARIA, 390, 2010/03/11	AGN	1:00.84	830
5	NEETHLING, DANÉ, 216, 20/04/2010	AFS	1:01.34 (.338)	818
6	KLEINSMITH, AMERIZE, 1315, 2010/01/20	CGA	1:01.34 (.339)	818

Item 58 15:20 Semi Final 1 of 2 Girls U16 400m

1	JORDAAN, DENIKE, 24, 2010/10/08	ACNW	0:56.87	934
2	HOMANN, CELIA, 438, 2010/05/12	AGN	0:58.72	882
3	HEYNEKE, ANNERIKE, 436, 2009/02/03	AGN	0:58.96	876
4	KAMELE, MBALI, 1313, 2009/06/18	CGA	0:59.08	873
5	BOTHA, MIENKE, 171, 14/06/2010	AFS	1:00.91	828
6	ARONSON, TEEGAN, 1282, 2009/03/08	CGA	1:01.08	824
7	VAN DER WALT, DEONNE, 248, 24/02/2009	AFS	1:01.52	814
8	NEETHLING, DANÉ, 216, 20/04/2010	AFS	1:02.63	790

Item 58 15:20 Semi Final 2 of 2 Girls U16 400m

1	LOGGENBERG, CHRISTI, 462, 2009/01/09	AGN	0:56.08	958
2	DE VILLIERS, LENE, 413, 2009/08/04	AGN	0:57.09	927
3	KETWANA, HLUMISA, 1032, 2009/08/22	ATRA	0:58.46	889
4	VAN DER ENDE, RUVÈ, 553, 2009/01/23	AGN	0:58.60	885
5	MASUKU, BOITUMELO, 1333, 2009/12/30	CGA	0:59.47	863
6	TALJAARD, NICKA, 1116, 2009/09/02	AVT	0:59.76	855
7	BOTHA, CATHRINA MARIA, 390, 2010/03/11	AGN	1:00.68	833
8	VAN DER MERWE, MARELIE, 1704, 2009/03/28	LIMA	1:01.89	806

Item 152 18:00 Final Boys U16 400m

1	BRINK, DANDRE, 594, 2009/03/11	AGN	0:48.75	916	8	G
2	MOLEFE, MOLEFE, 1476, 2009/03/14	CGA	0:49.25	895	7	S
3	VAN HEERDEN, LLEWELLYN, 794, 2009/05/22	AGN	0:49.99	865	6	B
4	BLIGNAUT, JEAN PIERRE, 940, 2009/03/09	ANWN	0:50.56	844	5	
5	MEYER, LEZARIO, 1246, 2009/04/03	BOL	0:50.68	840	4	
5	KOLOBE, LWANDELE, 878, 2009/10/28	AMPU	0:50.68	840	4	
7	BUTLER, MOHAMMED FUZAYL, 1410, 2009/05/24	CGA	0:51.22	820	2	
8	MCASLIN, DEAN, 117, 2009/05/04	ACNW	0:51.46	812	1	

Item 21 10:55 Heat 1 of 4 Boys U16 400m

1	MOLEFE, MOLEFE, 1476, 2009/03/14	CGA	0:51.34	816
2	TIETUS, KEELAN, 148, 2009/03/13	ACNW	0:51.93	796
3	MEYER, LEZARIO, 1246, 2009/04/03	BOL	0:52.13	790
4	NYONI, ONEIL, 741, 2009/04/26	AGN	0:52.93	764
5	NAIDOO, NOAH, 723, 2010/01/14	AGN	0:53.31	753
6	BALOYI, MATIMBA, 583, 2010/04/08	AGN	0:53.68	741
7	NAGEL, NASHWIN, 1731, 2009/04/05	LIMA	0:53.91	735
8	TANSI, KGOTSO, 358,	AFS	0:55.02	703

Item 21 10:55 Heat 2 of 4 Boys U16 400m

1	BLIGNAUT, JEAN PIERRE, 940, 2009/03/09	ANWN	0:51.25	819
2	KOLOBE, LWANDELE, 878, 2009/10/28	AMPU	0:51.32	817
3	NDHLOVU, JOHN, 1486, 2009/02/04	CGA	0:52.73	770



4	DE KOKER, JERNEILIO, 612, 2009/02/03	AGN 0:53.19	756
5	KHEPHEYI, ANOBOM, 1052, 2009/08/22	ATRA 0:53.90	735
6	NEL, SIMEON, 731, 2009/01/16	AGN 0:57.57	638

Item 21 10:55 Heat 3 of 4 Boys U16 400m

1	MCASLIN, DEAN, 117, 2009/05/04	ACNW 0:52.29	784
2	SCHOEMAN, JOHAN, 1014, 2009-11-23	ASWD 0:53.65	742
3	NXUMALO, UNATHI, 1669, 2009/03/10	KZNA 0:54.02	732
4	NLHAPO, SIYA, 1147, 2009/10/21	AVT 0:54.25	725
5	MAHLANGU, NTANDO, 887, 2010/03/05	AMPU 0:54.29	724
6	MOENG, AMOGELANG, 953, 2010/01/10	ANWN 0:54.29	724

Item 21 10:55 Heat 4 of 4 Boys U16 400m

1	BRINK, DANDRE, 594, 2009/03/11	AGN 0:51.58	808
2	VAN HEERDEN, LLEWELLYN, 794, 2009/05/22	AGN 0:51.88	798
3	BUTLER, MOHAMMED FUZAYL, 1410, 2009/05/24	CGA 0:52.09	791
4	MOHAPI, KATLEHO, 321, 29/03/2009	AFS 0:52.38	781
5	KELBRICK, DANIEL PIETER, 1441, 2009/05/14	CGA 0:54.15	728
6	SWANEPOEL, DIVAN, 1155, 2009/11/09	AVT 0:55.31	696

Item 59 15:30 Semi Final 1 of 2 Boys U16 400m

1	BRINK, DANDRE, 594, 2009/03/11	AGN 0:49.83	872
2	VAN HEERDEN, LLEWELLYN, 794, 2009/05/22	AGN 0:50.71	838
3	MEYER, LEZARIO, 1246, 2009/04/03	BOL 0:50.87	833
4	BLIGNAUT, JEAN PIERRE, 940, 2009/03/09	ANWN 0:51.07	826
5	MCASLIN, DEAN, 117, 2009/05/04	ACNW 0:51.12	824
6	NYONI, ONEIL, 741, 2009/04/26	AGN 0:53.49	747

Item 59 15:30 Semi Final 2 of 2 Boys U16 400m

1	MOLEFE, MOLEFE, 1476, 2009/03/14	CGA 0:50.18	858
2	KOLOBE, LWANDELE, 878, 2009/10/28	AMPU 0:50.38	851
3	BUTLER, MOHAMMED FUZAYL, 1410, 2009/05/24	CGA 0:51.80	801
4	TIETUS, KEELAN, 148, 2009/03/13	ACNW 0:52.01	794
5	DE KOKER, JERNEILIO, 612, 2009/02/03	AGN 0:53.68	741
6	SCHOEMAN, JOHAN, 1014, 2009-11-23	ASWD 0:54.22	726

Item 153 18:05 Final Women U18 400m

1	VAN DER MERWE, ZANTE, 558, 2007/01/24	AGN 0:54.35	987	8	G
2	STRONG, DAVIDA, 1384, 2008/06/02	CGA 0:55.11	962	7	S
3	BURGER, ARETTE, 398, 2007/10/26	AGN 0:55.19	960	6	B
4	DAVEL, MIENKE, 409, 2007/01/18	AGN 0:55.60	947	5	
5	ESTERHUYSE, VENé, 1301, 2007/10/02	CGA 0:56.44	922	4	
6	ACHURCH, KAYLIN, 377, 2008/04/01	AGN 0:56.88	909	3	
7	FOURIE, ASTRID, 1091, 2008/04/02	AVT 0:57.22	899	2	
8	VISSER, CARLI, 76, 2008/02/22	ACNW 0:58.00	878	1	

Item 22 11:10 Heat 1 of 3 Women U18 400m

1	VAN DER MERWE, ZANTE, 558, 2007/01/24	AGN 0:56.15	930
2	STRONG, DAVIDA, 1384, 2008/06/02	CGA 0:56.97	906
3	VESTER, NECKE, 257, 26/07/2207	AFS 0:57.48	892
4	DE VILLIERS, JOHANKA, 1085, 2008/08/11	AVT 1:00.13	825
5	DE WET, CHARNE, 1688, 2007/11/13	LIMA 1:00.61	814
6	BLIGNAUT, MIENKE, 2, 2007/10/01	ACNW 1:01.86	786
7	DU PLESSIS, MAKAYLA, 1690, 2008/08/28	LIMA 1:03.27	757



8 MTSHIYO, ASEKHONA, 1040, 2008/05/08 ATRA 1:04.96 **724**

Item 22 11:10 Heat 2 of 3 Women U18 400m

1 BURGER, ARETTE, 398, 2007/10/26 AGN 0:56.75 **913**
2 DAVEL, MIENKE, 409, 2007/01/18 AGN 0:56.80 **911**
3 FOURIE, ASTRID, 1091, 2008/04/02 AVT 0:57.36 **895**
4 REINSTEIN, NOA, 1637, 2007/08/16 KZNA 0:57.79 **884**
5 SWIEGERS, ELRISA, 1114, 2007/10/30 AVT 0:59.48 **840**
6 CROUSE, ANE, 180, 15/02/2007 AFS 1:00.37 **819**
7 MADLAKUVANA, SISPHO, 468, 2007/07/19 AGN 1:01.42 **796**
8 FELDMAN, TEHILAH, 1691, 2008/12/22 LIMA 1:05.14 **721**

Item 22 11:10 Heat 3 of 3 Women U18 400m

1 ACHURCH, KAYLIN, 377, 2008/04/01 AGN 0:57.22 **899**
2 ESTERHUYSE, VENé, 1301, 2007/10/02 CGA 0:57.37 **895**
3 VISSER, CARLI, 76, 2008/02/22 ACNW 0:57.42 **894**
4 NEL, EULA (IND), 1194, 2008/06/18 BOL 0:58.32 **870**
5 PRETORIUS, LISA, 517, 2008/05/19 AGN 0:58.89 **855**
6 PHALANE, ROSINA, 1698, 2007/11/08 LIMA 1:00.25 **822**
7 EKSTEEN, SUMARI, 188, 12/01/2008 AFS 1:02.28 **777**
8 MOTSHWANE, MOHAU, 40, 2007/04/25 ACNW 1:02.30 **777**

Item 154 18:10 Final Men U18 400m

1 ROMIJN, KRYN, 913, 2007/02/16 AMPU 0:46.45 **982** 8 G
2 COETZEE, JAEGER, 1224, 2008/07/12 BOL 0:47.36 **938** 7 S
3 MOTLOUNG, ADAM, 716, 2008/05/19 AGN 0:47.53 **930** 6 B
4 PRINS, JADREAN, 1012, 2008-02-29 ASWD 0:48.26 **898** 5
5 MARUMA, LEEMA, 686, 2007/06/21 AGN 0:48.44 **891** 4
6 PIENAAR, ALEX, 1500, 2007/01/19 CGA 0:48.54 **887** 3
7 MHLONGO, PRINCE, 319, 14/02/2007 AFS 0:48.68 **881** 2
8 DIKGALE, LESIBE, 618, 2007/04/03 AGN 0:49.00 **868** 1

Item 23 11:25 Heat 1 of 5 Men U18 400m

1 MARUMA, LEEMA, 686, 2007/06/21 AGN 0:49.58 **846**
2 MYBURGH, STIAAN, 1484, 2008/01/08 CGA 0:49.97 **831**
3 KADMIEL, LOTIKA, 1722, 2007/10/19 LIMA 0:50.23 **822**
4 MYBURG, BEN, 721, 2007/02/06 AGN 0:50.30 **819**
5 MKHWANAZI, TSHIDISO, 694, 2007/02/24 AGN 0:50.74 **804**
6 LABUSCHAGNE, GERHARD, 1135, 2007/03/01 AVT 0:51.24 **787**
7 HUMAN, HERNU, 99, 2008/01/23 ACNW 0:51.55 **777**
8 MODISANA, TSHEPISO, 1064, 2007/01/02 ATRA 0:54.82 **681**

Item 23 11:25 Heat 2 of 5 Men U18 400m

1 JORDAAN, JOSHUA, 1275, 2007/01/13 BORA 0:49.15 **862**
2 PRINS, JADREAN, 1012, 2008-02-29 ASWD 0:49.64 **843**
3 NDLOVU, MTHOKOZISI, 904, 2007/04/05 AMPU 0:49.80 **837**
4 VAN ZYL, KEVIN, 1525, 2008/08/13 CGA 0:50.40 **816**
5 MASANGU, TYRAN, 114, 2007/04/30 ACNW 0:51.06 **793**
6 MOTLOUNG, ADAM, 716, 2008/05/19 AGN 0:52.63 **743**
7 NOBANGELA, WANDISILE, 1071, 2007/04/03 ATRA 0:52.84 **737**
8 NIEUWOUDT, EVAN, 338, 10/03/2008 AFS 0:53.38 **721**

Item 23 11:25 Heat 3 of 5 Men U18 400m

1 ROMIJN, KRYN, 913, 2007/02/16 AMPU 0:47.42 **935**
2 PIENAAR, ALEX, 1500, 2007/01/19 CGA 0:49.65 **843**
3 MDAKA, TINTSWALO, 315, 02/12/2007 AFS 0:49.96 **832**



4	KOENA, OARABILE, 108, 2007/06/03	ACNW 0:50.46	814
5	MAUNGO, KGOSIETSILE, 951, 2007/08/07	ANWN 0:51.39	782
6	LUNAM, KWEZI, 1059, 2007/07/28	ATRA 0:53.80	709

Item 23 11:25 Heat 4 of 5 Men U18 400m

1	DIKGALE, LESIBE, 618, 2007/04/03	AGN 0:49.51	848
2	COETZEE, JAEGER, 1224, 2008/07/12	BOL 0:49.55	847
3	MHLONGO, PRINCE, 319, 14/02/2007	AFS 0:49.91	833
4	CHAMBERS, JOHAN, 1414, 2008/07/05	CGA 0:49.99	830
5	NDLOVU, SIMPHIWE, 727, 2008/08/15	AGN 0:50.69	806
6	CLOETE, LOYISO, 1817, 2007/04/01	NWC 0:51.80	769

Item 23 11:25 Heat 5 of 5 Men U18 400m

1	CHACHA, RONNIE, 600, 2008/10/01	AGN 0:51.38	783
2	ENSLIN(WPIND), JOHAN, 1782, 2007/06/07	WPA 0:51.63	774
3	DEMOSER, TRISTAN, 93, 2007/03/11	ACNW 0:51.64	774
4	ELLIS, MJ, 1715, 2007/08/13	LIMA 0:52.05	761

Item 61 15:50 Semi Final 1 of 4 Men U18 400m

1	ROMIJN, KRYN, 913, 2007/02/16	AMPU 0:48.08	906
2	MHLONGO, PRINCE, 319, 14/02/2007	AFS 0:49.19	861
3	NDLOVU, MTHOKOZISI, 904, 2007/04/05	AMPU 0:49.83	836
4	CHACHA, RONNIE, 600, 2008/10/01	AGN 0:50.59	809
5	KOENA, OARABILE, 108, 2007/06/03	ACNW 0:50.79	802

Item 61 15:50 Semi Final 2 of 4 Men U18 400m

1	MOTLOUNG, ADAM, 716, 2008/05/19	AGN 0:48.39	893
2	PIENAAR, ALEX, 1500, 2007/01/19	CGA 0:48.66	882
3	JORDAAN, JOSHUA, 1275, 2007/01/13	BORA 0:49.28	857
4	ENSLIN(WPIND), JOHAN, 1782, 2007/06/07	WPA 0:49.64	843
5	MDAKA, TINTSWALO, 315, 02/12/2007	AFS 0:49.86	835
6	VAN ZYL, KEVIN, 1525, 2008/08/13	CGA 0:50.02	829
7	MASANGU, TYRAN, 114, 2007/04/30	ACNW 0:51.60	775

Item 61 15:50 Semi Final 3 of 4 Men U18 400m

1	DIKGALE, LESIBE, 618, 2007/04/03	AGN 0:47.92	913
2	PRINS, JADREAN, 1012, 2008-02-29	ASWD 0:48.77	877
3	MYBURGH, STIAAN, 1484, 2008/01/08	CGA 0:49.33	855
4	MYBURG, BEN, 721, 2007/02/06	AGN 0:50.76	803
5	DEMOSER, TRISTAN, 93, 2007/03/11	ACNW 0:52.15	758
6	MKHWANAZI, TSHIDISO, 694, 2007/02/24	AGN 0:54.22	697

Item 61 15:50 Semi Final 4 of 4 Men U18 400m

1	COETZEE, JAEGER, 1224, 2008/07/12	BOL 0:48.76	878
2	MARUMA, LEEMA, 686, 2007/06/21	AGN 0:49.04	867
3	KADMIEL, LOTIKA, 1722, 2007/10/19	LIMA 0:49.78	838
4	CHAMBERS, JOHAN, 1414, 2008/07/05	CGA 0:49.80	837
5	NDLOVU, SIMPHIWE, 727, 2008/08/15	AGN 0:50.07	828
6	ELLIS, MJ, 1715, 2007/08/13	LIMA 0:53.46	719

Item 155 18:15 Final Women U20 400m

1	VERMEULEN, CHANE, 1395, 2006/05/19	CGA 0:52.71	1000	8	G
2	VAN NIEKERK, HANNAH, 564, 2005/01/28	AGN 0:54.00	974	7	S
3	SCHEEPERS, COLENE, 526, 2006/07/12	AGN 0:54.10	971	6	B
4	MOLEPO, PRECIOUS, 1343, 2005/02/15	CGA 0:55.00	942	5	
5	BOOYSEN, JENNA, 1286, 2006/04/24	CGA 0:55.47	928	4	
6	SCHEEPERS, NINA, 1203, 2006/11/24	BOL 0:56.58	895	3	
7	THOMSEN, MICHAELA, 62, 2005/06/07	ACNW 0:56.88	887	2	



8 VAN HEERDEN, JESSICA, 69, 2005/10/06 ACNW 0:57.17 **879** 1

Item 31 11:40 Heat 1 of 2 Women U20 400m

1 SCHEEPERS, COLENE, 526, 2006/07/12 AGN 0:55.80 **918**
2 VERMEULEN, CHANE, 1395, 2006/05/19 CGA 0:56.91 **886**
3 THOMSEN, MICHAELA, 62, 2005/06/07 ACNW 0:57.14 **880**
4 SCHEEPERS, NINA, 1203, 2006/11/24 BOL 0:57.20 **878**
5 VAN HEERDEN, JESSICA, 69, 2005/10/06 ACNW 0:57.48 **871**
6 VAN DER LINDE, MARLENE, 554, 2005/01/19 AGN 0:58.86 **836**
7 THALE, KAMOGELO, 1847, / / ANWN 0:59.41 **823**

Item 31 11:40 Heat 2 of 2 Women U20 400m

1 VAN NIEKERK, HANNAH, 564, 2005/01/28 AGN 0:56.05 **910**
2 MOLEPO, PRECIOUS, 1343, 2005/02/15 CGA 0:56.28 **904**
3 BOOYSEN, JENNA, 1286, 2006/04/24 CGA 0:56.31 **903**
4 ACKERMAN, LIZE, 164, 23/03/2005 AFS 0:58.90 **835**
5 LOMBARD, JUNé, 210, 22/11/2006 AFS 1:00.31 **802**
6 THOMBELA, NTOMBIZINE, 1041, 2006/03/15 ATRA 1:03.61 **733**
7 MASHUMI, MILISA, 1036, 2005/06/01 ATRA 1:12.94 **582**

Item 156 18:20 Final Men U20 400m

1 KATOO, BRYAN, 1584, 2006/03/22 EPA 0:46.52 **944** 8 G
2 LABUSCHAGNE, JANES, 109, 2005/02/22 ACNW 0:47.13 **916** 7 S
3 SWARTS, RENALDINHO, 1258, 2006/06/29 BOL 0:47.51 **899** 6 B
4 MAWELA, SOLETHU, 952, 2005/10/11 ANWN 0:47.54 **898** 5
5 THOMAS, HILTON, 783, 2005/12/04 AGN 0:48.00 **878** 4
6 PIENAAR, JACQUES, 133, 2005/04/07 ACNW 0:48.23 **869** 3
7 FRASER, WJ, 873, 2006/01/03 AMPU 0:48.66 **852** 2
8 VISSER, ANDRÉ, 157, 2006/02/24 ACNW 0:49.30 **828** 1

Item 32 11:55 Heat 1 of 4 Men U20 400m

1 SWARTS, RENALDINHO, 1258, 2006/06/29 BOL 0:48.60 **855**
2 THOMAS, HILTON, 783, 2005/12/04 AGN 0:49.21 **831**
3 NGESI, AKHO, 1278, 2005/09/18 BORA 0:49.46 **822**
4 VISAGIE, RUBIN, 371, 18/02/2005 AFS 0:49.52 **820**
5 VAN DER WALT, MARCUS, 1740, 2006/08/11 LIMA 0:49.97 **804**

Item 32 11:55 Heat 2 of 4 Men U20 400m

1 BOIKHUTSO, TSHIAMO, 1642, 2006/07/27 KZNA 0:49.47 **822**
2 BRIEL, DANIEL, 87, 2005/01/17 ACNW 0:49.59 **817**
3 SWANEPOEL, NIEL, 780, 2006/05/11 AGN 0:50.05 **801**
4 PRINS, MARCO, 747, 2005/04/18 AGN 0:50.48 **787**
5 NOMANDLA, ZWELAKHE, 340, 04/04/2006 AFS 0:50.75 **778**
6 LUBALA, CHUMANI, 1057, 2005/12/04 ATRA 0:53.92 **683**

Item 32 11:55 Heat 3 of 4 Men U20 400m

1 KATOO, BRYAN, 1584, 2006/03/22 EPA 0:48.71 **850**
2 DU PLESSIS, JUAN, 1274, 2006/01/19 BORA 0:49.19 **832**
3 VAN ZYL, ROUX, 1526, 2006/04/04 CGA 0:49.25 **830**
4 GROBLER, HENDRIK, 636, 2005/04/05 AGN 0:49.34 **827**
5 MEHLO, LIOR, 1062, 2005/04/24 ATRA 0:52.42 **725**
6 SEILANE, TSATSI DANIEL, 139, 2006/11/19 ACNW 1:07.20 **410**

Item 32 11:55 Heat 4 of 4 Men U20 400m

1 LABUSCHAGNE, JANES, 109, 2005/02/22 ACNW 0:48.39 **863**
2 MAWELA, SOLETHU, 952, 2005/10/11 ANWN 0:48.54 **857**



3	FRASER, WJ, 873, 2006/01/03	AMPU 0:48.68	851
4	VISSER, ANDRÉ, 157, 2006/02/24	ACNW 0:48.81	846
5	PIENAAR, JACQUES, 133, 2005/04/07	ACNW 0:48.98	840
6	MAAMOGAWA, THUTO, 1451, 2006/06/26	CGA 0:50.84	775
7	MACHETE, KGOTSO, 885, 2005/11/26	AMPU 0:51.03	769
8	MIENIES, STUART, 816, 2006/07/09	AGW 0:52.08	736

Item 63 16:10 Semi Final 1 of 2 Men U20 400m

1	KATOO, BRYAN, 1584, 2006/03/22	EPA 0:47.93	881
2	FRASER, WJ, 873, 2006/01/03	AMPU 0:48.21	870
3	LABUSCHAGNE, JANES, 109, 2005/02/22	ACNW 0:48.26	868
4	VISSER, ANDRÉ, 157, 2006/02/24	ACNW 0:48.44	861
5	VAN ZYL, ROUX, 1526, 2006/04/04	CGA 0:48.61	854
6	SWANEPOEL, NIEL, 780, 2006/05/11	AGN 0:48.84	845
7	NGESI, AKHO, 1278, 2005/09/18	BORA 0:49.42	824
8	VISAGIE, RUBIN, 371, 18/02/2005	AFS 0:49.95	805

Item 63 16:10 Semi Final 2 of 2 Men U20 400m

1	SWARTS, RENALDINHO, 1258, 2006/06/29	BOL 0:47.92	882
2	THOMAS, HILTON, 783, 2005/12/04	AGN 0:48.01	878
3	MAWELA, SOLETHU, 952, 2005/10/11	ANWN 0:48.40	862
4	PIENAAR, JACQUES, 133, 2005/04/07	ACNW 0:48.55	856
5	DU PLESSIS, JUAN, 1274, 2006/01/19	BORA 0:48.78	848
6	BOIKHUTSO, TSHIAMO, 1642, 2006/07/27	KZNA 0:48.81	846
7	BRIEL, DANIEL, 87, 2005/01/17	ACNW 0:48.85	845
8	GROBLER, HENDRIK, 636, 2005/04/05	AGN 0:49.52	820

Item 157 18:25 Final Women U23 400m

1	NAUDE, AMY, 1628, 2002/01/07	KZNA 0:52.73	0	8	G
2	VAN STADEN, JADA, 571, 2003/04/20	AGN 0:53.24	0	7	S
3	VAN HEERDEN, LENE, 563, 2002/02/04	AGN 0:55.39	0	6	B
4	FOURIE, ANNIEME, 191, 11/04/2002	AFS 0:55.66	0	5	
5	KOEKEMOER, DAYLE, 1621, 2003/05/10	KZNA 0:55.97	0	4	
6	COMPAAAN, MILA, 406, 2003/01/16	AGN 0:56.76	0	3	
7	DANSIKPE, LAURETTE, 1294, 2004/07/26	CGA 1:05.25	0	2	

Item 34 12:20 Heat 1 of 2 Women U23 400m

1	VAN HEERDEN, LENE, 563, 2002/02/04	AGN	0
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Item 34 12:20 Heat 2 of 2 Women U23 400m**Item 158 18:30 Final Men U23 400m**

1	PILLAY, LYTHER, 1502, 2003/02/25	CGA 0:45.13	0	8	G
2	MTHIMKULU, MTHI, 335, 30/04/2003	AFS 0:46.00	0	7	S
3	MARTIN, WIAAN (IND), 1243, 2004/09/25	BOL 0:46.32	0	6	B
4	OOSTHUIZEN, RUAN, 743, 2004/03/25	AGN 0:46.44	0	5	
5	VAN DERWALT, TJAART, 1608, 2004/04/05	EPA 0:47.07	0	4	
6	MATLALA, THATO, 1835, / /	AGN 0:47.90	0	3	
7	MOSIKILI, MOFANA, 1143, 2002/08/13	AVT 0:49.10	0	2	
8	SNYDERS, JJ, 357, 04/02/2002	AFS 0:49.23	0	1	

Item 33 12:10 Heat 1 of 2 Men U23 400m

1	PILLAY, LYTHER, 1502, 2003/02/25	CGA 0:45.38	0
2	MTHIMKULU, MTHI, 335, 30/04/2003	AFS 0:46.74	0
3	MATLALA, THATO, 1835, / /	AGN 0:47.99	0
4	MOSIKILI, MOFANA, 1143, 2002/08/13	AVT 0:48.83	0
5	GARDEE, RASHEED, 1431, 2004/04/20	CGA 0:48.91	0
6	MBATHA, XOLANI, 1653, 2002/11/21	KZNA 0:49.15	0



7 MOTLOBA, KAMOGELO, 958, 2002/04/01 ANWN 0:50.04 **0**

Item 33 12:10 Heat 2 of 2 Men U23 400m

1 MARTIN, WIAAN (IND), 1243, 2004/09/25 BOL 0:46.50 **0**
2 VAN DERWALT, TJAART, 1608, 2004/04/05 EPA 0:46.78 **0**
3 OOSTHUIZEN, RUAN, 743, 2004/03/25 AGN 0:47.06 **0**
4 SNYDERS, JJ, 357, 04/02/2002 AFS 0:48.56 **0**
5 RAMATHE, KGOTSO, 1504, 2003/01/18 CGA 0:50.63 **0**

Item 210 14:20 Final Girls U16 800m

1 DE VILLIERS, LENE, 413, 2009/08/04 AGN 2:12.62 **953** 8 G
2 STANDER, LARA, 1205, 2010/06/06 BOL 2:14.97 **921** 7 S
3 BRITZ, CARLA, 173, 17/08/2009 AFS 2:15.55 **914** 6 B
4 FOURIE, TIYANI, 1306, 2009/06/01 CGA 2:15.99 **908** 5
5 KRUGER, LIESA, 205, 26/03/2010 AFS 2:18.50 **878** 4
6 LAYBOURN, TATUM, 1321, 2009/05/07 CGA 2:18.92 **873** 3
7 DUKOFF-GORDON, CAITLYN, 1299, 2009/10/01 CGA 2:18.95 **873** 2
8 HOMANN, CELIA, 438, 2010/05/12 AGN 2:19.07 **871** 1
9 KETWANA, HLUMISA, 1032, 2009/08/22 ATRA 2:19.16 **870** 0
10 GROENEWALD, MARLIEN, 433, 2009/01/08 AGN 2:19.33 **868** 0

Item 100 11:10 Heat 1 of 2 Girls U16 800m

1 DE VILLIERS, LENE, 413, 2009/08/04 AGN 2:18.45 **878**
2 STANDER, LARA, 1205, 2010/06/06 BOL 2:18.65 **876**
3 LAYBOURN, TATUM, 1321, 2009/05/07 CGA 2:18.72 **875**
4 MADUMO, AZARIA, 469, 2010/02/26 AGN 2:19.36 **868**
5 KRIEL, LIANDRI, 1316, 2009/01/16 CGA 2:19.92 **861**
6 STANDER, ANKE, 1206, 2010/06/06 BOL 2:19.98 **861**
7 DE BRUYN, KAYLIE, 181, 05/01/2009 AFS 2:20.07 **860**
8 PAINTER, JULIA, 988, 2009-09-14 ASWD 2:23.56 **822**
9 STRYDOM, MIKA-LEIGH, 239, 17/07/2009 AFS 2:25.49 **803**
10 LIYATI, MICHELLE, 1033, 2009/08/08 ATRA 2:33.04 **734**

Item 100 11:10 Heat 2 of 2 Girls U16 800m

1 BRITZ, CARLA, 173, 17/08/2009 AFS 2:17.40 **891**
2 FOURIE, TIYANI, 1306, 2009/06/01 CGA 2:17.45 **890**
3 DUKOFF-GORDON, CAITLYN, 1299, 2009/10/01 CGA 2:17.50 **890**
4 KRUGER, LIESA, 205, 26/03/2010 AFS 2:17.86 **886**
5 HOMANN, CELIA, 438, 2010/05/12 AGN 2:18.45 **878**
6 KETWANA, HLUMISA, 1032, 2009/08/22 ATRA 2:18.99 **872**
7 GROENEWALD, MARLIEN, 433, 2009/01/08 AGN 2:19.31 **869**
8 VAN SCHALKWYK, JANA, 570, 2009/05/29 AGN 2:19.88 **862**
9 SWANEPOEL, LEE-ANNE, 938, 2010/02/09 ANWN 2:20.35 **857**
10 ROOME, MICHELA, 1377, 2010/09/06 CGA 2:23.25 **826**
11 MTHETHWA, AMAHLE, 1626, 2010/03/01 KZNA 2:30.78 **753**

Item 211 14:30 Final Boys U16 800m

1 NORTJE, JURGEN, 342, 14/01/2009 AFS 1:54.25 **937** 8 G
2 ELS, EMILE, 624, 2009/01/08 AGN 1:54.59 **926** 7 S
3 MASILOANE, OLERATO, 687, 2009/04/01 AGN 1:55.02 **913** 6 B
4 MOTLHABA, ITUMERLENG, 715, 2009/03/27 AGN 1:55.69 **893** 5
5 LEPHUTHING, PERONI, 1136, 2009/10/03 AVT 1:59.78 **786** 4
6 BEKKER, MICHAEL, 1402, 2009/01/18 CGA 1:59.92 **783** 3
7 DE BRUIN, BREYTON, 1228, 2009/03/21 BOL 2:02.75 **720** 2
8 WARD, ROGENE, 159, 2009/05/20 ACNW 2:04.97 **675** 1
9 ISMAIL, SHAAHAN, 1646, 2009/01/30 KZNA 2:05.12 **673** 0



10 DLAMINI, NKOSINATHI, 1423, 2009/06/22 CGA 2:05.41 **667** 0

Item 101 11:25 Heat 1 of 3 Boys U16 800m

1	ELS, EMILE, 624, 2009/01/08	AGN 1:59.81	785
2	NORTJE, JURGEN, 342, 14/01/2009	AFS 2:00.23	776
3	WARD, ROGENE, 159, 2009/05/20	ACNW 2:00.40	772
4	MOENG, AMOGELANG, 953, 2010/01/10	ANWN 2:01.83	740
5	VAN WYK, ANDREW, 820, 2009/01/18	AGW 2:01.96	737
6	MVAVEKI, ASEMAHLE, 1066, 2009/01/13	ATRA 2:07.37	631
7	DU PLESSIS, WILHELM, 279, 04/02/2010	AFS 2:08.13	617
8	DLAMINI, LWANDILE, 1644, 2009/01/13	KZNA 2:08.19	616
9	MBANGULA, SANELE, 313, 24/02/2009	AFS 2:12.41	547

Item 101 11:25 Heat 2 of 3 Boys U16 800m

1	MASILOANE, OLERATO, 687, 2009/04/01	AGN 2:01.05	757
2	BEKKER, MICHAEL, 1402, 2009/01/18	CGA 2:01.15	755
3	LEPHUTHING, PERONI, 1136, 2009/10/03	AVT 2:01.67	743
4	BUTLER, MOHAMMED FUZAYL, 1410, 2009/05/24	CGA 2:05.28	670
5	SAMBO, DAWSON, 758, 2010/02/11	AGN 2:07.58	627
6	ENSLIN, MARINUS, 870, 2009/02/02	AMPU 2:07.78	623
7	LOSE, SIVENKOSI, 1056, 2008/12/17	ATRA 2:10.59	576

Item 101 11:25 Heat 3 of 3 Boys U16 800m

1	DE BRUIN, BREYTON, 1228, 2009/03/21	BOL 1:58.39	820
2	MOTLHABA, ITUMERLENG, 715, 2009/03/27	AGN 1:59.07	803
3	DLAMINI, NKOSINATHI, 1423, 2009/06/22	CGA 2:01.26	752
4	ISMAIL, SHAAHAN, 1646, 2009/01/30	KZNA 2:01.80	740
5	KHEPHEYI, ANOBOM, 1052, 2009/08/22	ATRA 2:03.24	710
6	MASHIGO, ZIYANDA, 893, 2009/01/06	AMPU 2:05.23	670
7	MATSOTSO, AYANDA, 310, 20/07/2009	AFS 2:09.64	591
8	VAN ZYL, HANNU, 799, 2009/04/25	AGN 2:10.97	570
9	HLATSHWAYO, BUSA, 1438, 2009/10/24	CGA 2:22.79	402

Item 212 14:40 Final Women U18 800m

1	SCHWULST, RACHEL, 528, 2008/08/29	AGN 2:07.47	1000	8	G
2	VAN ROOYEN, CARISE, 250, 19/06/2007	AFS 2:08.81	990	7	S
3	PRETORIUS, HANRI, 1369, 2007/04/16	CGA 2:10.42	966	6	B
4	MENTZ, CHEMENÉ, 1337, 2008/08/08	CGA 2:11.44	952	5	
5	BRITZ, MIEKE-LOUISE, 174, 19/01/2007	AFS 2:13.88	919	4	
6	VAN DER MERWE, SIMONE (IND), 1211, 2008/06/04	BOL 2:14.25	914	3	
7	NEL, EULA (IND), 1194, 2008/06/18	BOL 2:14.40	912	2	
8	NIEMANN, KAYLEN, 506, 2008/07/15	AGN 2:14.61	909	1	
9	DU PLESSIS, KAITLYN, 1297, 2007/01/16	CGA 2:14.96	905	0	
10	BALOYI, ANGEL, 381, 2008/09/15	AGN 2:18.75	859	0	

Item 108 11:40 Heat 1 of 2 Women U18 800m

1	VAN ROOYEN, CARISE, 250, 19/06/2007	AFS 2:11.62	949
2	SCHWULST, RACHEL, 528, 2008/08/29	AGN 2:11.69	948
3	BRITZ, MIEKE-LOUISE, 174, 19/01/2007	AFS 2:11.78	947
4	NEL, EULA (IND), 1194, 2008/06/18	BOL 2:13.39	925
5	NIEMANN, KAYLEN, 506, 2008/07/15	AGN 2:14.83	906
6	GROENEWALD, LENTE, 434, 2007/05/22	AGN 2:16.73	883
7	ESTERHUIZEN, EZETH, 190, 10/04/2007	AFS 2:20.88	836
8	CLOTZ, CARLA, 1537, 2007/01/02	EPA 2:27.09	774

Item 108 11:40 Heat 2 of 2 Women U18 800m

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

1	PRETORIUS, HANRI, 1369, 2007/04/16	CGA 2:14.41	912
2	MENTZ, CHEMENÉ, 1337, 2008/08/08	CGA 2:15.19	902
3	DU PLESSIS, KAITLYN, 1297, 2007/01/16	CGA 2:15.57	897
4	VAN DER MERWE, SIMONE (IND), 1211, 2008/06/04	BOL 2:15.58	897
5	BALOYI, ANGEL, 381, 2008/09/15	AGN 2:16.48	886
6	SWIEGERS, ELRISA, 1114, 2007/10/30	AVT 2:17.61	873
7	BLIGNAUT, ANNARI, 169, 04/06/2008	AFS 2:17.68	872
8	DOMINGO, KERA, 423, 2007/10/01	AGN 2:22.67	817
9	SCHUTTE, ANCHEN, 54, 2007/06/19	ACNW 2:25.93	785
10	KOEN, MARNE, 1547, 2007/04/30	EPA 2:27.34	772
11	MTSHIYO, ASEKHONA, 1040, 2008/05/08	ATRA 2:38.84	676

Item 213 14:50 Final Men U18 800m

1	GOUWS, WERNER, 633, 2007/07/14	AGN 1:51.27	955	8	G
2	MALEHO, KEOTSHEPILE, 680, 2007/06/11	AGN 1:53.09	897	7	S
3	VILJOEN, WEGE, 922, 2007/11/20	AMPU 1:53.68	880	6	B
4	VIVIERS, RUANDRÈ, 1158, 2008/03/13	AVT 1:54.56	855	5	
5	MPHELA, JUNIOR, 1481, 2007/01/05	CGA 1:54.86	847	4	
6	BENADE VAN NIEKERK, LIAM, 1403, 2008/05/15	CGA 1:55.29	835	3	
7	MKHONTO, ANELE, 897, 2007/09/04	AMPU 1:55.62	827	2	
8	YOUNG, JOSHUA, 808, 2007/02/27	AGN 1:56.45	805	1	
9	DEMOSER, TRISTAN, 93, 2007/03/11	ACNW 1:57.95	769	0	
10	NOBANGELA, WANDISILE, 1071, 2007/04/03	ATRA 2:06.59	597	0	

Item 109 11:55 Heat 1 of 3 Men U18 800m

1	GOUWS, WERNER, 633, 2007/07/14	AGN 1:56.97	793
2	YOUNG, JOSHUA, 808, 2007/02/27	AGN 1:57.24	786
3	VILJOEN, WEGE, 922, 2007/11/20	AMPU 1:57.28	785
4	BENADE VAN NIEKERK, LIAM, 1403, 2008/05/15	CGA 1:57.44	781
5	MPHELA, JUNIOR, 1481, 2007/01/05	CGA 1:57.56	778
6	NIENABER, SETH, 1146, 2007/02/02	AVT 1:58.05	767
7	THAPO, TUMISO, 359, 07/08/2008	AFS 1:58.06	767
8	NOLTE, WIAN, 738, 2007/11/02	AGN 1:58.82	749

Item 109 11:55 Heat 2 of 3 Men U18 800m

1	DEMOSER, TRISTAN, 93, 2007/03/11	ACNW 1:57.55	779
2	MALEHO, KEOTSHEPILE, 680, 2007/06/11	AGN 1:57.78	773
3	MOIMANE, MAHLATSE, 1474, 2008/01/28	CGA 1:57.91	770
4	GREYLING, LUAN, 874, 2008/04/07	AMPU 1:57.94	769
5	HARMSE, RUAN, 1433, 2007/03/10	CGA 1:58.55	755
6	SCHEIN, SHONDRE, 762, 2008/07/10	AGN 1:58.77	750
7	STRYDOM, TIHARD, 143, 2007/03/01	ACNW 2:01.98	682
8	MAMPURU, BOKGONI, 684, 2007/12/11	AGN 2:02.99	662
9	MODISE, LEMOGANG, 119, 2007/11/21	ACNW 2:13.44	488

Item 109 11:55 Heat 3 of 3 Men U18 800m

1	NOBANGELA, WANDISILE, 1071, 2007/04/03	ATRA 1:56.93	793
2	MKHONTO, ANELE, 897, 2007/09/04	AMPU 1:57.04	791
3	VIVIERS, RUANDRÈ, 1158, 2008/03/13	AVT 1:57.24	786
4	RICHTER, DANIEL, 1602, 2007/08/08	EPA 1:58.08	766
5	TITUS, CIANO, 786, 2007/10/05	AGN 2:00.37	715
6	MOKHALI, TSHEPANG, 706, 2008/06/10	AGN 2:00.64	710
7	LOUW, JOHANNES, 1447, 2008/04/08	CGA 2:02.40	674



8	THABISO, VURVULU, 1079, 2007/04/25	ATRA 2:04.80	628		
9	MOTHIBEDI, MAINE, 956, 2007/01/10	ANWN 2:06.72	594		
10	ERASMUS, THINUS, 999, 2007-06-20	ASWD 2:31.16	271		

Item 216 15:00 Final Women U20 800m

1	JACOBS, IZANDRI, 441, 2006/12/12	AGN 2:05.71	1000	8	G
2	RADEBE, PABALLO, 519, 2005/04/18	AGN 2:06.46	1000	7	S
3	KRUSE, EMMA, 1317, 2005/05/31	CGA 2:07.88	1000	6	B
4	DIMOND, MARLI, 1086, 2006/04/22	AVT 2:10.42	962	5	
5	OLIVIER, LIKA, 848, 2006/02/02	AMPU 2:12.24	936	4	
6	BOTHA, CHARISSA, 388, 2005/03/15	AGN 2:13.28	923	3	
7	MAKGATA, NALEDI, 32, 2005/08/14	ACNW 2:14.46	907	2	
8	VAN NIEKERK, MELISSA, 566, 2005/08/01	AGN 2:19.07	852	1	
9	NDALA, TINYIKO, 498, 2005/07/27	AGN 2:19.24	850	0	

Item 110 12:10 Heat 1 of 2 Women U20 800m

1	KRUSE, EMMA, 1317, 2005/05/31	CGA 2:12.20	937		
2	JACOBS, IZANDRI, 441, 2006/12/12	AGN 2:12.90	928		
3	RADEBE, PABALLO, 519, 2005/04/18	AGN 2:13.24	923		
4	OLIVIER, LIKA, 848, 2006/02/02	AMPU 2:13.92	914		
5	MAWELA, KENILWE, 482, 2006/01/24	AGN 2:17.46	871		
6	ROBBERTSE, ARNE, 523, 2006/02/10	AGN 2:18.08	863		
7	ACKERMAN, LIZE, 164, 23/03/2005	AFS 2:19.48	848		
8	THOMBELA, NTOMBIZINE, 1041, 2006/03/15	ATRA 2:23.71	803		

Item 110 12:10 Heat 2 of 2 Women U20 800m

1	DIMOND, MARLI, 1086, 2006/04/22	AVT 2:14.52	906		
2	MAKGATA, NALEDI, 32, 2005/08/14	ACNW 2:14.62	905		
3	BEJIA, SALMA, 1615, 2006/11/09	KZNA 2:14.68	904		
4	BOTHA, CHARISSA, 388, 2005/03/15	AGN 2:14.81	903		
5	NDALA, TINYIKO, 498, 2005/07/27	AGN 2:15.13	899		
6	VAN NIEKERK, MELISSA, 566, 2005/08/01	AGN 2:16.77	879		
7	SOLE, COURTNEY, 1381, 2006/12/05	CGA 2:16.95	877		
8	STOCKENSTROM, CARLÉ, 237, 23/04/2006	AFS 2:20.64	835		

Item 222 15:10 Final Men U20 800m

1	BURNETT, MATTHEW, 599, 2005/07/10	AGN 1:51.84	865	8	G
2	MOTLOUNG, DUMISANI, 332, 07/03/2005	AFS 1:51.92	863	7	S
3	VAN DER LEEK, XAVIER, 789, 2006/07/21	AGN 1:52.32	852	6	B
4	MTOLO, SPHIWE, 1664, 2005/08/14	KZNA 1:52.55	845	5	
5	SYFERS, LEE-TIN, 1259, 2006/05/03	BOL 1:52.64	843	4	
6	MOTLHABEDI, KARABELO, 1660, 2005/05/17	KZNA 1:52.68	842	3	
7	PRINS, BEYON, 1251, 2006/04/12	BOL 1:53.69	815	2	
8	BRONKHORST, LUANDRE, 598, 2006/04/10	AGN 1:53.86	810	1	
9	JOUBERT, BRANDON, 876, 2006/12/14	AMPU 1:54.17	802	0	
10	DE FREITAS, CARLOS, 608, 2006/12/04	AGN 1:54.77	787	0	

Item 111 12:20 Heat 1 of 3 Men U20 800m

1	BURNETT, MATTHEW, 599, 2005/07/10	AGN 1:54.08	805		
2	BRONKHORST, LUANDRE, 598, 2006/04/10	AGN 1:54.27	800		
3	MOTLHABEDI, KARABELO, 1660, 2005/05/17	KZNA 1:54.36	798		
4	MTOLO, SPHIWE, 1664, 2005/08/14	KZNA 1:54.70	789		
5	MAREE, WIEHAN, 1591, 2006/07/12	EPA 1:55.44	771		
6	VREY, NICOLAS, 1024, 2006-09-04	ASWD 1:55.72	764		
7	MESSINA, JOHAN, 1851, / /	BOL 1:56.33	750		
8	KRUGER, ALEXANDER, 947, 2006/02/24	ANWN 1:57.88	715		



9	SEATE, NEO, 355, 19/06/2005	AFS 1:57.99	713
10	LUBALA, CHUMANI, 1057, 2005/12/04	ATRA 2:09.32	509

Item 111 12:20 Heat 2 of 3 Men U20 800m

1	MOTLOUNG, DUMISANI, 332, 07/03/2005	AFS 1:51.53	874
2	JOUBERT, BRANDON, 876, 2006/12/14	AMPU 1:52.01	860
3	SYFERS, LEE-TIN, 1259, 2006/05/03	BOL 1:52.43	848
4	MBESA, SAMKELO, 690, 2006/03/15	AGN 1:55.62	767
5	NAPOLEON, JOSHUA, 1596, 2006/01/16	EPA 1:57.28	729
6	THOMAS, TEEJAY, 1518, 2006/08/06	CGA 1:58.01	713
7	FERREIRA, RYAN, 1429, 2006/03/30	CGA 1:59.57	680
8	BOYCE, LINDOKUHLE, 1045, 2006/09/19	ATRA 2:00.61	659
9	BRONKHORST, HANLU, 597, 2006/04/10	AGN 2:02.13	630
10	NETSHEHENI, REARABILE, 961, 2006/01/25	ANWN 2:02.63	621

Item 111 12:20 Heat 3 of 3 Men U20 800m

1	VAN DER LEEK, XAVIER, 789, 2006/07/21	AGN 1:55.01	781
2	PRINS, BEYON, 1251, 2006/04/12	BOL 1:55.17	777
3	DE FREITAS, CARLOS, 608, 2006/12/04	AGN 1:55.28	775
4	SYLVIA, ISRAEL, 1515, 2006/10/06	CGA 1:56.14	754
5	MACHETE, KGOTSO, 885, 2005/11/26	AMPU 1:56.42	748
6	VAN JAARVELD, MARKO, 365, 23/10/2005	AFS 1:57.93	714
7	NTULI, SISANDA, 739, 2006/03/14	AGN 1:58.67	698
8	MARAIS, LUAN, 948, 2006/04/08	ANWN 2:01.61	640

Item 223 15:20 Final Women U23 800m

1	HOBOSLOSHE, AVIWE, 1618, 2002/03/07	KZNA 2:07.67	0	8	G
2	WIJTENBURG, SANDRA, 1399, 2002/01/04	CGA 2:15.73	0	7	S
3	ANNANDALE, ANUSHKA, 1, 2023/06/04	ACNW 2:18.08	0	6	B
4	MABENA, FAITH, 1324, 2004/08/15	CGA 2:20.78	0	5	
5	STEYNBERG, NADIA, 236, 03/01/2002	AFS 2:26.29	0	4	

Item 224 15:30 Final Men U23 800m

1	DE VILLIERS, RENIER, 91, 2002/04/01	ACNW 1:47.47	0	8	G
2	MOHLOMI, MOLIFI, 322, 19/01/2004	AFS 1:47.72	0	7	S
3	CHOBAN, ABEDNEGO, 603, 2002/07/02	AGN 1:48.00	0	6	B
4	REES, GARRICK, 753, / /	AGN 1:49.19	0	5	
5	KHOZA, SISPHEHLE, 656, 2003/04/25	AGN 1:49.70	0	4	
6	BELL, JANSEN, 83, 2002/08/21	ACNW 1:50.01	0	3	
7	LOUBSER, MIGAEL, 1857, 2002/04/12	AGN 1:50.36	0	2	
8	NCUBE, JAMES, 725, 2004/07/07	AGN 1:50.41	0	1	
9	JOHNSON, KIAN, 101, 2003/06/27	ACNW 1:51.50	0	0	
10	KHOMO, SMISO, 1650, 2003/01/17	KZNA 1:52.36	0	0	

Item 113 12:40 Heat 1 of 2 Men U23 800m

1	DE VILLIERS, RENIER, 91, 2002/04/01	ACNW 1:49.45	0
2	KHOZA, SISPHEHLE, 656, 2003/04/25	AGN 1:50.60	0
3	MOHLOMI, MOLIFI, 322, 19/01/2004	AFS 1:50.71	0
4	LOUBSER, MIGAEL, 1857, 2002/04/12	AGN 1:51.42	0
5	POSILE, MIHLALI, 745, 2004/03/30	AGN 1:51.91	0
6	VERMEULEN, JASON, 1528, 2003/03/22	CGA 1:54.59	0
7	MBOXWANA, GIFT, 314, 16/02/2002	AFS 1:54.67	0
8	MPHERWANE, MMACHUENE RONNY, 718, 2002/08/07	AGN 1:57.15	0

Item 113 12:40 Heat 2 of 2 Men U23 800m

1	CHOBAN, ABEDNEGO, 603, 2002/07/02	AGN 1:49.80	0
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2	REES, GARRICK, 753, / /	AGN 1:50.24	0
3	BELL, JANSEN, 83, 2002/08/21	ACNW 1:50.35	0
4	NCUBE, JAMES, 725, 2004/07/07	AGN 1:50.61	0
5	KHOMO, SMISO, 1650, 2003/01/17	KZNA 1:51.28	0
6	JOHNSON, KIAN, 101, 2003/06/27	ACNW 1:51.62	0
7	MSIBI, SIBUSISO, 1482, 2004/05/16	CGA 1:54.76	0
8	MGCINA, BONGANI, 1468, 2002/09/02	CGA 1:57.72	0
9	NGEJANE, MZUZILE, 1068, 2001/11/08	ATRA 2:03.45	0

Item 143 16:35 Final Girls U16 1500m

1	DEKKER, MINKE, 416, 2009/02/09	AGN 04:28.76	954	8	G
2	KRUGER, LIESA, 205, 26/03/2010	AFS 04:39.24	887	7	S
3	BRITZ, CARLA, 173, 17/08/2009	AFS 04:39.89	883	6	B
4	STANDER, LARA, 1205, 2010/06/06	BOL 04:40.08	882	5	
5	SEMENYA, DIPHETOGO, 529, 2009/01/02	AGN 04:44.47	857	4	
6	STANDER, ANKE, 1206, 2010/06/06	BOL 04:50.93	823	3	
7	PRINSLOO, SUNé-LOUISE, 1370, 2010/04/07	CGA 04:51.75	819	2	
8	FOUCHE, MIA, 427, 2010/11/18	AGN 04:53.16	812	1	
9	MAYEZA, INAM, 1037, 2009/09/23	ATRA 04:53.22	812	0	
10	YONELISA, SIWA, 1773, 2010/08/31	WPA 04:56.62	795	0	
11	VAN WYK, JUNé, 858, 2010/03/04	AMPU 05:01.61	772	0	
12	JANSE VAN RENSBURG, ROUVé, 202, 28/05/2010	AFS 05:04.17	760	0	
13	NGUBO, INGANATHI, 1862, / /	KZNA 05:07.94	744	0	

Item 43 13:30 Heat 1 of 2 Girls U16 1500m

1	STANDER, LARA, 1205, 2010/06/06	BOL 04:53.71	809
2	STANDER, ANKE, 1206, 2010/06/06	BOL 04:53.85	808
3	YONELISA, SIWA, 1773, 2010/08/31	WPA 04:54.02	808
4	DEKKER, MINKE, 416, 2009/02/09	AGN 04:54.34	806
5	SESOKO, THATO ATLEHANG, 1379, 2010/05/18	CGA 04:57.18	792
6	MAYEZA, INAM, 1037, 2009/09/23	ATRA 04:59.38	782
7	NGUBO, INGANATHI, 1862, / /	KZNA 04:59.73	780
8	JANSE VAN RENSBURG, ROUVé, 202, 28/05/2010	AFS 05:01.86	771
9	GILIVITHI, ASONELE, 1031, 2010/03/23	ATRA 05:31.90	652

Item 43 13:30 Heat 2 of 2 Girls U16 1500m

1	SEMENYA, DIPHETOGO, 529, 2009/01/02	AGN 04:56.15	797
2	KRUGER, LIESA, 205, 26/03/2010	AFS 04:56.92	794
3	VAN WYK, JUNé, 858, 2010/03/04	AMPU 04:57.46	791
4	BRITZ, CARLA, 173, 17/08/2009	AFS 04:58.64	785
5	FOUCHE, MIA, 427, 2010/11/18	AGN 04:59.38	782
6	MOEKETSI, MARRIAM, 1340, 2009/11/14	CGA 04:59.75	780
7	PRINSLOO, SUNé-LOUISE, 1370, 2010/04/07	CGA 05:00.73	776
8	NYILONGO, ZANELE, 511, 2009/12/02	AGN 05:05.08	756
9	RADEMAN, LIANDRI, 937, 2010/09/22	ANWN 05:05.43	755
10	MGEXO, SIZIPHIWE, 1038, 2009/07/15	ATRA 05:16.44	709

Item 144 16:45 Final Boys U16 1500m

1	ELS, EMILE, 624, 2009/01/08	AGN 04:07.54	909	8	G
2	MALUNGANE, TISETO, 683, 2010/01/15	AGN 04:07.85	906	7	S
3	BESTER, HANNO, 585, 2009/01/01	AGN 04:08.59	900	6	B
4	BEKKER, MICHAEL, 1402, 2009/01/18	CGA 04:10.47	885	5	
5	KIELBLOCK, EWAN, 659, 2009/01/14	AGN 04:14.32	856	4	

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

6	DU PLESSIS, JACOBUS, 996, 2009-11-16	ASWD 04:14.71	853	3
7	MALONE, SIYANDA, 1457, 2009/03/15	CGA 04:15.16	850	2
8	MONTSHOE, NEO, 710, 2009/03/25	AGN 04:18.29	828	1
9	MABUZA, MNQOBI, 883, 2009/06/24	AMPU 04:20.27	815	0
10	MVAVEKI, ASEMAHLE, 1066, 2009/01/13	ATRA 04:21.14	809	0
11	KONYANA, TUMELO, 1443, 2009/10/12	CGA 04:21.36	808	0
12	THWALA, PHILANI, 1679, 2009/06/19	KZNA 04:22.17	803	0
13	V/D BERG, MARIUS, 970, 2009/10/14	ANWN 04:23.95	791	0
14	GOUWS, CHRISNER, 634, 2009/08/18	AGN 04:30.13	754	0
15	HAVENGA, NATHAN, 942, 2009/03/24	ANWN 04:33.62	734	0

Item 44 13:45 Heat 1 of 2 Boys U16 1500m

1	MALUNGANE, TISETO, 683, 2010/01/15	AGN 04:17.73	832	
2	KONYANA, TUMELO, 1443, 2009/10/12	CGA 04:19.88	818	
3	MALONE, SIYANDA, 1457, 2009/03/15	CGA 04:19.89	817	
4	MVAVEKI, ASEMAHLE, 1066, 2009/01/13	ATRA 04:21.13	809	
5	MABUZA, MNQOBI, 883, 2009/06/24	AMPU 04:21.33	808	
6	DU PLESSIS, JACOBUS, 996, 2009-11-16	ASWD 04:21.91	804	
7	V/D BERG, MARIUS, 970, 2009/10/14	ANWN 04:27.94	767	
8	GOUWS, CHRISNER, 634, 2009/08/18	AGN 04:28.26	765	
9	JANSEN VAN VUUREN, ROAL J MULLER, 646, 2009/02/12	AGN 04:34.54	729	
10	DU PLOOY, WILLEM FREDERIK, 1425, 2009/09/07	CGA 04:36.05	720	
11	SECLAVE, JAYLYNN, 356,	AFS 04:39.97	700	
12	BRITS, CHRISTIAAN, 595, 2010/06/30	AGN 04:50.21	649	

Item 44 13:45 Heat 2 of 2 Boys U16 1500m

1	ELS, EMILE, 624, 2009/01/08	AGN 04:13.27	864	
2	BEKKER, MICHAEL, 1402, 2009/01/18	CGA 04:13.67	861	
3	MONTSHOE, NEO, 710, 2009/03/25	AGN 04:16.24	842	
4	HAVENGA, NATHAN, 942, 2009/03/24	ANWN 04:18.42	827	
5	THWALA, PHILANI, 1679, 2009/06/19	KZNA 04:19.25	822	
6	BESTER, HANNO, 585, 2009/01/01	AGN 04:19.99	817	
7	KIELBLOCK, EWAN, 659, 2009/01/14	AGN 04:20.78	812	
8	RAINHO, DANIEL, 1803, 2009/07/06	WPA 04:30.56	751	
9	TSHEZI, LIZWI, 1080, 2010/01/26	ATRA 04:32.25	742	
10	MAKHOA, KAMOHELO, 1137, 2009/03/03	AVT 04:36.51	718	
11	KGOSI, PHEKO, 945, 2009/02/22	ANWN 04:38.20	709	
12	ZULU, SICELIMPILO, 1682, 2009/12/26	KZNA 04:39.49	702	
13	MANCI, PHILASANDE, 1060, 2009/01/21	ATRA 04:39.51	702	
14	RUITERS, TUMELO, 352, 07/07/2010	AFS 04:46.64	666	

Item 145 16:55 Final Women U18 1500m

1	ROBINSON, KIONA, 1375, 2007/03/06	CGA 04:32.18	904	8	G
2	LE ROUX, ELIZMA, 458, 2007/11/19	AGN 04:32.72	900	7	S
3	DU PLESSIS, LU-MARIE, 834, 2008/08/18	AMPU 04:32.85	900	6	B
4	ROOME, MEGAN, 1378, 2008/04/16	CGA 04:33.63	895	5	
5	BOSMAN, CASSIDY, 1289, 2007/12/24	CGA 04:36.02	880	4	
6	STEYNBERG, ANDREA, 57, 2007/01/15	ACNW 04:36.31	879	3	
7	VAN ROOYEN, KAITLYN, 567, 2008/08/18	AGN 04:36.77	876	2	
8	CONRADIE, ERNA-MARI, 1170, 2007/07/07	BOL 04:37.68	871	1	
9	DE WAAL, LUCA, 414, 2007/08/19	AGN 04:37.73	870	0	
10	VAN AS, SELNA, 1118, 2008/05/13	AVT 04:42.22	845	0	
11	BLIGNAUT, ANNARI, 169, 04/06/2008	AFS 04:51.34	798	0	
12	LIEBENBERG, MATHILDA, 30, 2008/01/11	ACNW 04:51.67	797	0	
13	FOURIE, KARA, 1541, 2007/06/27	EPA 04:52.77	791	0	
14	GUNTHER, ANKE, 200, 21/07/2008	AFS 04:54.39	784	0	

Item 45 14:00 Heat 1 of 2 Women U18 1500m

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

1	DU PLESSIS, LU-MARIE, 834, 2008/08/18	AMPU 04:51.67	797
2	ROOME, MEGAN, 1378, 2008/04/16	CGA 04:51.81	796
3	VAN ROOYEN, KAITLYN, 567, 2008/08/18	AGN 04:51.99	795
4	BLIGNAUT, ANNARI, 169, 04/06/2008	AFS 04:52.13	794
5	GUNTHER, ANKE, 200, 21/07/2008	AFS 04:52.23	794
6	LIEBENBERG, MATHILDA, 30, 2008/01/11	ACNW 04:52.47	793
7	FOURIE, KARA, 1541, 2007/06/27	EPA 04:54.03	785
8	SITHOLE, SHEBA, 854, 2007/11/25	AMPU 05:00.20	757
9	SCHENK, LEILA, 1272, 2008/07/08	BORA 05:06.44	730

Item 45 14:00 Heat 2 of 2 Women U18 1500m

1	STEYNBERG, ANDREA, 57, 2007/01/15	ACNW 04:48.25	814
2	ROBINSON, KIONA, 1375, 2007/03/06	CGA 04:48.46	813
3	BOSMAN, CASSIDY, 1289, 2007/12/24	CGA 04:49.32	808
4	CONRADIE, ERNA-MARI, 1170, 2007/07/07	BOL 04:49.53	807
5	DE WAAL, LUCA, 414, 2007/08/19	AGN 04:49.58	807
6	VAN AS, SELNA, 1118, 2008/05/13	AVT 04:49.71	806
7	LE ROUX, ELIZMA, 458, 2007/11/19	AGN 04:50.08	804
8	ESTERHUIZEN, EZETH, 190, 10/04/2007	AFS 04:52.47	793
9	VISMER-BARTMAN, LISA, 1397, 2008/04/01	CGA 04:56.97	772

Item 146 17:05 Final Men U18 1500m

1	BRITS, MARCEL, 596, 2007/12/04	AGN 03:55.23	971	8	G
2	MALAHLELA, JACK, 1728, 2007/02/25	LIMA 03:57.56	950	7	S
3	ERASMUS, THINUS, 999, 2007-06-20	ASWD 03:57.70	948	6	B
4	LAMPRECHT, DE VILLIERS, 301,	AFS 03:57.85	947	5	
5	COETZER, RICO, 606, 2007/06/04	AGN 04:01.52	915	4	
6	TSHIVULA, TSHEPANG, 787, 2007/02/19	AGN 04:02.57	906	3	
7	VAN DER LINDE, BERTUS, 153, 2007/03/20	ACNW 04:03.85	896	2	
8	SCHEEPERS, FRANCOIS, 761, 2007/08/20	AGN 04:03.88	895	1	
9	RUITERS, TUMELO, 966, 2007/02/17	ANWN 04:06.31	876	0	
10	MOTHAE, NEO, 1479, 2007/05/07	CGA 04:06.84	872	0	
11	OPPERMAN, JAIDEN, 1801, 2008/02/15	WPA 04:07.25	869	0	
12	WAKEFIELD, MARCEGHILLE, 1531, 2007/01/08	CGA 04:10.37	846	0	
13	SIBIYA, ALWANDE, 1676, 2008/07/09	KZNA 04:11.00	841	0	
14	RAATH, DANTE, 748, 2007/01/10	AGN 04:11.96	834	0	
15	KRUGER, WJ, 299, 22/06/2007	AFS 04:14.74	815	0	

Item 46 14:15 Heat 1 of 2 Men U18 1500m

1	VAN DER LINDE, BERTUS, 153, 2007/03/20	ACNW 04:05.26	884
2	MALAHLELA, JACK, 1728, 2007/02/25	LIMA 04:05.29	884
3	BRITS, MARCEL, 596, 2007/12/04	AGN 04:05.37	883
4	LAMPRECHT, DE VILLIERS, 301,	AFS 04:05.61	881
5	COETZER, RICO, 606, 2007/06/04	AGN 04:06.20	877
6	MOTHAE, NEO, 1479, 2007/05/07	CGA 04:06.62	874
7	TSHIVULA, TSHEPANG, 787, 2007/02/19	AGN 04:07.03	870
8	SIBIYA, ALWANDE, 1676, 2008/07/09	KZNA 04:08.11	862
9	LUBUZO, SIGCOBILE, 1058, 2008/08/12	ATRA 04:08.85	857
10	WILLIAMSON, SCOTT, 972, 2008/07/28	ANWN 04:09.66	851
11	BEKKER, ADRIAAN, 1125, 2007/10/24	AVT 04:11.57	837
12	DANIELS, DEVANTE, 1781, 2008/02/02	WPA 04:15.09	813
13	MAMPURU, BOKGONI, 684, 2007/12/11	AGN 04:17.55	796
14	BROWN, CHRISTIANO, 1572, 2008/01/03	EPA 04:32.43	708

Item 46 14:15 Heat 2 of 2 Men U18 1500m

1	WAKEFIELD, MARCEGHILLE, 1531, 2007/01/08	CGA 04:06.82	872
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2	RAATH, DANTE, 748, 2007/01/10	AGN 04:07.26	869
3	KRUGER, WJ, 299, 22/06/2007	AFS 04:07.76	865
4	SCHEEPERS, FRANCOIS, 761, 2007/08/20	AGN 04:08.81	857
5	ERASMUS, THINUS, 999, 2007-06-20	ASWD 04:08.87	856
6	RUITERS, TUMELO, 966, 2007/02/17	ANWN 04:08.91	856
7	OPPERMAN, JAIDEN, 1801, 2008/02/15	WPA 04:09.22	854
8	MPHELA, JUNIOR, 1481, 2007/01/05	CGA 04:09.23	854
9	MBUWENI, BONGILE, 1061, 2007/04/23	ATRA 04:09.95	849
10	TAOANA, KATHLEHO, 1078, 2007/02/17	ATRA 04:11.93	834
11	BOUWER, MARTHINUS, 1407, 2008/04/13	CGA 04:12.35	831
12	JOLA, ENDINAKO, 1582, 2008/09/13	EPA 04:21.17	773
13	OERSON, DALLIAN, 1599, 2007/01/02	EPA 04:22.76	764
14	NJOKWENI, ALIKHO, 1070, 2008/02/17	ATRA 04:29.23	726

Item 147 17:15 Final Women U20 1500m

1	DEKKER, LI-MARI, 417, 2005/12/17	AGN 04:22.65	956	8	G
2	JACOBS, IZANDRI, 441, 2006/12/12	AGN 04:30.07	907	7	S
3	MAKGATA, NALEDI, 32, 2005/08/14	ACNW 04:30.64	903	6	B
4	JORDAAN, SHANIKE, 446, 2005/11/30	AGN 04:39.67	850	5	
5	STRYDOM, LIKA, 1386, 2006/08/11	CGA 04:42.47	835	4	
6	VERSTER, ALRI, 72, 2006/02/13	ACNW 04:46.94	811	3	
7	BESTER, KIARA, 1747,	WPA 04:52.15	786	2	
8	COETZEE, KAYLA, 829, 2005/12/09	AMPU 04:52.74	783	1	
9	NDALA, TINYIKO, 498, 2005/07/27	AGN 04:55.64	770	0	
10	DWATSHELA, ABULELE, 1030, 2006/08/20	ATRA 05:12.64	697	0	

Item 148 17:25 Final Men U20 1500m

1	MOREPE, JOHANNES, 1659, 2005/02/26	KZNA 03:44.43	1000	8	G
2	MOTLOUNG, DUMISANI, 332, 07/03/2005	AFS 03:45.39	1000	7	S
3	ARENDSE, LEEHANRO (IND), 1219, 2006/07/16	BOL 03:46.51	1000	6	B
4	ENDRODY, MATTHEW, 625, 2005/04/11	AGN 03:47.34	1000	5	
5	TATAI, AMOGELANG, 147, 2006/05/10	ACNW 03:50.58	969	4	
6	VAN DER LEEK, XAVIER, 789, 2006/07/21	AGN 03:51.90	957	3	
7	JANSE VAN RENSBURG, XANDER, 1792, 2005/11/13	WPA 03:55.76	922	2	
8	MTOLO, SPHIWE, 1664, 2005/08/14	KZNA 03:58.19	901	1	
9	VISAGIE, REUBEN, 1680, 2006/11/20	KZNA 03:59.42	891	0	
10	SHEZI, SIPHAMANDLA, 1675, 2005/03/31	KZNA 04:01.02	878	0	
11	SIMANGO, LETHABO, 1738, 2005/03/07	LIMA 04:01.27	876	0	
12	HICKLEY, KEVIN, 1437, 2005/12/15	CGA 04:01.30	876	0	
13	VISAGIE, FRANCOIS, 802, 2006/10/06	AGN 04:01.54	874	0	
14	STRYDOM, ZANE, 1513, 2006/04/18	CGA 04:09.29	816	0	

Item 48 14:45 Heat 1 of 2 Men U20 1500m

1	MOTLOUNG, DUMISANI, 332, 07/03/2005	AFS 04:00.89	879
2	MTOLO, SPHIWE, 1664, 2005/08/14	KZNA 04:01.79	872
3	MABE, SAM, 670, 2006/06/07	AGN 04:03.31	860
4	JANSE VAN RENSBURG, XANDER, 1792, 2005/11/13	WPA 04:03.45	859
5	SHEZI, SIPHAMANDLA, 1675, 2005/03/31	KZNA 04:03.58	858
6	HICKLEY, KEVIN, 1437, 2005/12/15	CGA 04:03.70	857
7	STRYDOM, ZANE, 1513, 2006/04/18	CGA 04:03.79	856
8	VAN JAARVELD, MARKO, 365, 23/10/2005	AFS 04:07.30	830
9	NOGQALA, THABO, 1072, 2006/01/22	ATRA 04:08.78	820
10	BOYCE, LINDOKUHLE, 1045, 2006/09/19	ATRA 04:13.67	787
11	SEATE, NEO, 355, 19/06/2005	AFS 04:20.95	742

12 ESAU, NAPHTALI, 1783, 2006/01/19 WPA 04:33.20 **674****Item 48 14:45 Heat 2 of 2 Men U20 1500m**

1	ARENDSE, LEEHANRO (IND), 1219, 2006/07/16	BOL 03:54.53	933
2	MOREPE, JOHANNES, 1659, 2005/02/26	KZNA 03:55.22	927
3	TATAI, AMOGELANG, 147, 2006/05/10	ACNW 03:55.94	920
4	VAN DER LEEK, XAVIER, 789, 2006/07/21	AGN 03:56.56	915
5	VISAGIE, REUBEN, 1680, 2006/11/20	KZNA 03:56.79	913
6	VISAGIE, FRANCOIS, 802, 2006/10/06	AGN 03:58.65	897
7	ENDRODY, MATTHEW, 625, 2005/04/11	AGN 03:58.77	896
8	SIMANGO, LETHABO, 1738, 2005/03/07	LIMA 04:00.58	881
9	DU PLESSIS, IVAN, 621, 2005/03/10	AGN 04:00.79	880
10	MACUACUA, MATTHEWS, 672, 2006/02/16	AGN 04:03.07	862
11	OKUHLE, NYHUDE, 1073, 2005/09/12	ATRA 04:03.80	856
12	TITUS, CHARLTON, 1780, 2005/05/29	WPA 04:06.27	838

Item 149 17:35 Final Women U23 1500m

1	VERSTER, DANIELLE, 73, 2003/08/21	ACNW 04:22.84	0	8	G
2	PRINSLOO, CARMIE, 518, 2002/01/13	AGN 04:27.50	0	7	S
3	BOTHA, CYLA, 392, 2003/04/24	AGN 04:38.58	0	6	B
4	WIJTENBURG, SANDRA, 1399, 2002/01/04	CGA 04:38.78	0	5	
5	SCHMIDT, ELANDRI, 53, 2004/11/16	ACNW 04:42.79	0	4	
6	AUCAMP, JOHNE, 379, 2002/10/25	AGN 04:45.39	0	3	
7	MABENA, FAITH, 1324, 2004/08/15	CGA 04:55.87	0	2	

Item 150 17:45 Final Men U23 1500m

1	VAN DER MERWE, NEIL, 790, 2003/12/04	AGN 03:45.98	0	8	G
2	RAMAKHOASE, THAPELO, 1671, 2003/07/15	KZNA 03:46.71	0	7	S
3	MOHLOMI, MOLIFI, 322, 19/01/2004	AFS 03:46.96	0	6	B
4	DOMINGO, KEANU, 94, 2002/04/17	ACNW 03:47.27	0	5	
5	KHOZA, SISPHEHLE, 656, 2003/04/25	AGN 03:47.85	0	4	
6	MSIBI, SIBUSISO, 1482, 2004/05/16	CGA 03:48.82	0	3	
7	PIENAAR, DYLAN, 744, 2004/07/09	AGN 03:51.66	0	2	
8	LOUBSER, MIGAEL, 1857, 2002/04/12	AGN 03:53.36	0	1	
9	MGCINA, BONGANI, 1468, 2002/09/02	CGA 03:55.36	0	0	
10	ZIXUNGE, SANELE, 809, 2004/06/24	AGN 03:55.98	0	0	
11	NGXABAZI, ITUMELENG, 1668, 2002/01/04	KZNA 03:57.22	0	0	
12	CHOBAB, ABEDNEGO, 603, 2002/07/02	AGN 03:58.60	0	0	
13	NGEJANE, MZUZILE, 1068, 2001/11/08	ATRA 04:01.29	0	0	
14	BELL, JANSEN, 83, 2002/08/21	ACNW 04:02.85	0	0	
15	NGEJANE, ZIZILE, 1069, 2001/11/10	ATRA 04:09.15	0	0	
16	TEMA, TITUS, 1703, / /	LIMA 04:10.03	0	0	
17	MOSHASHA, KHUTSO, 1730, 2003/07/25	LIMA 04:10.91	0	0	

Item 173 08:50 Final Girls U16 3000m

1	DEKKER, MINKE, 416, 2009/02/09	AGN 09:40.04	992	8	G
2	SMITH, NICOLA, 1380, 2009/10/22	CGA 10:05.84	943	7	S
3	COETZEE, ELANDRI, 402, 2009/03/18	AGN 10:16.49	924	6	B
4	YONELISA, SIWA, 1773, 2010/08/31	WPA 10:21.72	915	5	
5	MORE, TSHOGANYETSO, 1346, 2010/06/01	CGA 10:25.32	909	4	
6	MAYEZA, INAM, 1037, 2009/09/23	ATRA 10:29.62	902	3	
7	HEYMANS, KATELIN, 1311, 2009/05/29	CGA 10:30.67	900	2	
8	GROENEWALD, CHANEL, 432, 2009/11/04	AGN 10:40.34	885	1	
9	MAREE, LENEY, 844, 2010/02/26	AMPU 10:43.52	880	0	
10	FOUCHE, MIA, 427, 2010/11/18	AGN 10:45.52	877	0	
11	NGUBO, INGANATHI, 1862, / /	KZNA 10:50.37	870	0	

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12	MONGATANE, MAPASEKA, 1344, 2009/04/07	CGA	10:51.74	868	0
13	RADEMAN, LIANDRI, 937, 2010/09/22	ANWN	10:51.86	868	0
14	SLABBERT, VEANIE, 536, 2009/03/09	AGN	10:53.50	865	0
15	GILIVITHI, ASONELE, 1031, 2010/03/23	ATRA	10:55.40	862	0
16	POTGIETER, GERNE, 222, 15/03/2010	AFS	11:03.02	851	0
17	KLOPPERS, ALETHA, 838, 2009/09/03	AMPU	11:06.97	846	0
18	JANSEN, MARZAAN, 1182, 2024/02/28	BOL	11:30.18	815	0
19	MODISE, MATHAPELO, 38, 2009/05/10	ACNW	11:44.15	798	0
20	MEYER, LEEANN, 485, 2010/07/02	AGN	11:47.23	794	0
21	PHOLMAN, ASHALI, 1197, 2009/12/08	BOL	12:00.27	778	0
22	MARX, MICHEALA, 478, 2009/12/09	AGN	12:15.06	762	0

Item 174 09:05 Final Boys U16 3000m

1	BROOKS, TYRAN, 1409, 2009/02/27	CGA	08:50.22	952	8	G
2	KIELBLOCK, EWAN, 659, 2009/01/14	AGN	08:58.56	927	7	S
3	DE BRUIN, BREYTON, 1228, 2009/03/21	BOL	08:59.63	924	6	B
4	NOAH, JUNIOR, 1492, 2009/04/13	CGA	09:01.51	918	5	
5	MOKHOTHU, KATLEHO, 324, 28/02/2009	AFS	09:10.25	894	4	
6	MALONE, SIYANDA, 1457, 2009/03/15	CGA	09:11.79	890	3	
7	THWALA, PHILANI, 1679, 2009/06/19	KZNA	09:13.28	886	2	
8	YEDWA, VUSIMUSI, 807, 2009/03/31	AGN	09:17.23	875	1	
9	TAOLE, KANETSO, 1808, 2009/01/08	WPA	09:23.03	860	0	
10	RALEKHETLA, KATLEHO, 350, 20/07/2009	AFS	09:30.32	842	0	
11	HAVENGA, NATHAN, 942, 2009/03/24	ANWN	09:31.30	840	0	
12	MONTSHOE, NEO, 710, 2009/03/25	AGN	09:31.37	840	0	
13	SCHEEPERS, CONRAD, 760, 2009/09/16	AGN	09:44.04	811	0	
14	MANCI, PHILASANDE, 1060, 2009/01/21	ATRA	09:54.12	789	0	
15	RUITERS, TUMELO, 352, 07/07/2010	AFS	10:05.55	765	0	
16	TSHEZI, LIZWI, 1080, 2010/01/26	ATRA	10:34.57	710	0	

Item 175 09:20 Final Women U18 3000m

1	DIKAO, OMAATLA, 419, 2007/12/14	AGN	09:58.45	939	8	G
2	ROOME, MEGAN, 1378, 2008/04/16	CGA	09:59.81	937	7	S
3	VAN DER MERWE, LARA, 556, 2007/11/14	AGN	10:02.93	931	6	B
4	ROBINSON, KIONA, 1375, 2007/03/06	CGA	10:07.72	923	5	
5	DE WAAL, LUCA, 414, 2007/08/19	AGN	10:09.74	919	4	
6	MHALE, AMKELE, 1759, / /	WPA	10:18.73	904	3	
7	CONRADIE, ERNA-MARI, 1170, 2007/07/07	BOL	10:19.97	902	2	
8	VILJOEN, ABIGAIL, 74, 2007/08/27	ACNW	10:29.41	887	1	
9	VAN ROOYEN, KAITLYN, 567, 2008/08/18	AGN	10:32.18	882	0	
10	DLOTHI, PABALLO, 422, 2008/10/15	AGN	10:32.46	882	0	
11	HAMMAN, KATHERINE, 1308, 2008/01/21	CGA	10:38.57	872	0	
12	SITHOLE, SHEBA, 854, 2007/11/25	AMPU	10:39.73	871	0	
13	HEYDENRYCH, SASKIA, 1310, 2007/10/23	CGA	10:40.05	870	0	
14	VAN DER BERG, LUCHÉ, 65, 2008/01/27	ACNW	10:50.21	855	0	
15	MCETYWA, ANOXOLO, 483, 2008/07/03	AGN	10:53.25	851	0	
16	NDAWONDE, ANELE, 1629, 2007/11/07	KZNA	10:58.47	843	0	
17	SCHENK, LEILA, 1272, 2008/07/08	BORA	11:00.86	840	0	
18	SMIT, MINJUNET, 1112, 2008/11/11	AVT	11:04.23	835	0	
19	WESTERMAYER, JENNA, 1398, 2008/11/05	CGA	11:05.66	833	0	
20	SCHUTTE, LOHANDI, 1701, 2007/01/03	LIMA	11:10.44	827	0	
21	MJWARA, THEMBEKILE, 1625, 2008/08/22	KZNA	11:22.55	811	0	

Item 176 09:35 Final Men U18 3000m

1	HATTINGH, REGARDT, 639, 2007/09/05	AGN	08:36.22	961	8	G
2	BRITS, MARCEL, 596, 2007/12/04	AGN	08:37.24	958	7	S

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3	COETZER, RICO, 606, 2007/06/04	AGN 08:38.78	953	6	B
4	VAN DER WESTHUIZEN, BEUTIN, 1811, 2007/11/06	WPA 08:46.38	929	5	
5	SIBIYA, ALWANDE, 1676, 2008/07/09	KZNA 08:50.27	918	4	
6	MOGAPE, OLEBOGENG, 703, 2008/06/05	AGN 08:55.41	903	3	
7	MBELEKI, SIYABONGA, 689, 2007/09/20	AGN 08:56.55	899	2	
8	BEKKER, ADRIAN, 1125, 2007/10/24	AVT 08:56.62	899	1	
9	MBUWENI, BONGILE, 1061, 2007/04/23	ATRA 09:00.05	890	0	
10	MOLOI, LERATO, 327, 10/02/2008	AFS 09:00.75	888	0	
11	MOROU, TUMANE, 330, 02/02/2008	AFS 09:01.18	887	0	
12	MATSOSO, ANELE, 1139, 2007/12/31	AVT 09:01.49	886	0	
13	WILLIAMSON, SCOTT, 972, 2008/07/28	ANWN 09:02.19	884	0	
14	LUBUZO, SIGCOBILE, 1058, 2008/08/12	ATRA 09:03.33	881	0	
15	DAYI, HLELA, 1047, 2008/10/12	ATRA 09:03.64	880	0	
16	VAN DER LINDE, BERTUS, 153, 2007/03/20	ACNW 09:04.27	878	0	
17	JOOSTE, JADE-LEE, 1233, 2007/06/01	BOL 09:04.40	878	0	
18	MOTETE, THABANG, 331, 11/10/2007	AFS 09:06.88	871	0	
19	OPPERMAN, JAIDEN, 1801, 2008/02/15	WPA 09:06.93	871	0	
20	MOKOTO, KOKETSO, 954, 2007/01/11	ANWN 09:08.59	867	0	
21	HLATSHWAYO, NJABULO, 641, 2007/02/09	AGN 09:10.53	862	0	
22	RAATH, DANTE, 748, 2007/01/10	AGN 09:16.37	847	0	
23	MKHIZE, SAMUKELO, 1471, 2008/02/06	CGA 09:16.42	847	0	
24	PHILLIPSON, JOSEPH, 1802, 2007/12/20	WPA 09:17.19	845	0	
25	WAKEFIELD, MARCEGHILLE, 1531, 2007/01/08	CGA 09:18.45	842	0	
26	DANIELS, DEVANTE, 1781, 2008/02/02	WPA 09:26.43	823	0	
27	MKANSI, LWAZI RULANI, 1469, 2007/10/04	CGA 09:34.69	804	0	
28	BROWN, CHRISTIANO, 1572, 2008/01/03	EPA 09:38.00	796	0	

Item 160 07:50 Final Women U20 3000m

1	SCHOEMAN, WIEPKE, 527, 2006/06/29	AGN 10:04.79	921	8	G
2	JORDAAN, SHANIKE, 446, 2005/11/30	AGN 10:06.43	918	7	S
3	STRYDOM, LIKA, 1386, 2006/08/11	CGA 10:12.86	907	6	B
4	VERSTER, ALRI, 72, 2006/02/13	ACNW 10:23.41	890	5	
5	NKOSI, GIFT, 1359, 2006/03/08	CGA 10:39.83	865	4	
6	DA SILVA, VANESSA, 1687, 2006/05/23	LIMA 10:43.90	859	3	
7	COETZEE, KAYLA, 829, 2005/12/09	AMPU 10:53.79	844	2	
8	STEENKAMP, KATELYNN, 1382, 2008/12/04	CGA 11:27.89	799	1	
9	ENGELBRECHT, DESIRE, 10, 2006/09/23	ACNW 12:03.76	757	0	
10	NDUDULA, LILITHA, 1761, 2006/04/10	WPA 12:14.09	745	0	

Item 171 08:20 Final Men U20 3000m

1	MOREPE, JOHANNES, 1659, 2005/02/26	KZNA 08:22.54	971	8	G
2	TATAI, AMOGELANG, 147, 2006/05/10	ACNW 08:29.06	950	7	S
3	MOKOENA, LESLIE, 1658, 2005/06/21	KZNA 08:29.99	947	6	B
4	SHEZI, SIPHAMANDLA, 1675, 2005/03/31	KZNA 08:36.39	927	5	
5	MABE, SAM, 670, 2006/06/07	AGN 08:36.45	926	4	
6	ROELOFSE, JOHAN, 756, 2006/03/20	AGN 08:38.06	921	3	
7	SEDISE, TSEPO, 765, 2005/09/04	AGN 08:44.20	903	2	
8	JANSE VAN RENSBURG, XANDER, 1792, 2005/11/13	WPA 08:45.42	900	1	
9	TITUS, CHARLTON, 1780, 2005/05/29	WPA 08:45.74	899	0	
10	DE VRIES, DIVAN, 615, 2006/04/17	AGN 08:47.56	894	0	
11	KARSTEN, LUCA, 104, 2005/08/30	ACNW 08:48.15	892	0	
12	VISAGIE, FRANCOIS, 802, 2006/10/06	AGN 08:48.63	891	0	
13	BREYTENBACH, JUAN, 593, 2006/09/08	AGN 08:59.11	862	0	
14	TIMATI, LUTHO, 785, 2006/01/30	AGN 09:03.14	851	0	

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15	HAJANE, THABANG, 1432, 2005/09/09	CGA 09:05.63	845	0	
16	MODISELLE, OFENTSE JOY, 1473, 2006/08/26	CGA 09:11.31	831	0	
17	PHEZA, AVUMA, 1499, 2006/05/02	CGA 09:12.06	829	0	
18	MAKHABO, SPHIWE, 1456, 2006/08/26	CGA 09:13.70	825	0	
19	GABARONE, KOKETSO, 630, 2006/01/28	AGN 09:27.44	793	0	

Item 170 08:05 Final Women U23 3000m

1	PRINSLOO, CARMIE, 518, 2002/01/13	AGN 09:47.53	0	8	G
2	MIENIE, ELMÉ, 37, 2004/03/05	ACNW 11:16.67	0	7	S

Item 172 08:35 Final Men U23 3000m

1	RAMAKHOASE, THAPELO, 1671, 2003/07/15	KZNA 08:14.37	0	8	G
2	DOMINGO, KEANU, 94, 2002/04/17	ACNW 08:20.81	0	7	S

Item 126 14:35 Final Women U20 5000m

1	FERREIRA, DANTE, 426, 2006/06/23	AGN 17:54.06	875	8	G
2	MOROMODI, LERATO, 1347, 2005/11/15	CGA 18:18.08	854	7	S
3	NKOSI, GIFT, 1359, 2006/03/08	CGA 18:32.58	842	6	B
4	VAN NIEKERK, CHANTELE, 565, 2006/03/28	AGN 18:40.93	835	5	
5	BESTER, ABIGAIL, 1746, 2006/01/11	WPA 18:49.10	829	4	
6	JORDAAN, MART-MARIE, 445, 2006/03/16	AGN 18:59.84	820	3	
7	COERTZE, JACKIE, 400, 2006/01/03	AGN 19:06.58	815	2	
8	DA SILVA, VANESSA, 1687, 2006/05/23	LIMA 19:06.68	815	1	
9	HAVENGA, ABBYGALÉ, 931, 2006/08/09	ANWN 19:13.34	810	0	
10	VON WESTERNHAGEN, ZABINE, 577, 2006/05/08	AGN 19:16.01	808	0	
11	MAVIMBELA, LONDEKA, 1334, 2005/09/18	CGA 19:17.74	806	0	
12	NEL, BROWYN, 1352, 2006/02/24	CGA 19:55.00	779	0	
13	DWATSHELA, ABULELE, 1030, 2006/08/20	ATRA 21:07.01	732	0	
14	DINTWE, KAGISHO, 8, 2005/03/23	ACNW 21:07.05	732	0	
15	VAN DER BERG, ABIGAIL, 1557, 2005/05/09	EPA 21:40.77	712	0	
16	DE BRUYN, JOANE, 182, 10/03/2005	AFS 22:01.79	700	0	
17	MOTAUNG, GLADNESS, 39, 2006/10/25	ACNW 24:04.97	637	0	

Item 128 14:55 Final Men U20 5000m

1	DE FOUW, CORNÉ, 1419, 2005/05/05	CGA 14:28.08	999	8	G
2	LEIJENAAR, RICO, 111, 2005/05/25	ACNW 14:32.12	991	7	S
3	PHEKO, ZENZILE, 1498, 2005/04/11	CGA 14:38.87	979	6	B
4	XALABILE, MZWANDILE, 375, 16/08/2006	AFS 14:42.88	971	5	
5	MOKOENA, LESLIE, 1658, 2005/06/21	KZNA 15:07.01	930	4	
6	SEDISE, TSEPO, 765, 2005/09/04	AGN 15:14.08	918	3	
7	OKUHLE, NYHUDE, 1073, 2005/09/12	ATRA 15:18.05	912	2	
8	STRYDOM, ZANE, 1513, 2006/04/18	CGA 15:24.66	902	1	
9	ROELOFSE, JOHAN, 756, 2006/03/20	AGN 15:27.87	897	0	
10	HICKLEY, KEVIN, 1437, 2005/12/15	CGA 15:44.45	872	0	
11	MABOTE, BOKANG, 1452, 2005/02/12	CGA 15:44.83	872	0	
12	SMITH, REALEBOGA, 770, 2006/11/10	AGN 15:47.06	869	0	
13	KARSTEN, LUCA, 104, 2005/08/30	ACNW 15:50.78	863	0	
14	MAKOLOMAKWA, SIFISO, 679, 2005/10/02	AGN 16:01.57	848	0	
15	DHLAMINI, TEBHOHO, 1422, 2005/06/24	CGA 16:14.17	832	0	
16	LETSHABO, OMPHILE, 304, 13/05/2005	AFS 16:16.31	829	0	
17	MAKHINDU, BOIKETLO, 677, 2006/08/15	AGN 16:17.10	828	0	
18	NOGQALA, THABO, 1072, 2006/01/22	ATRA 16:21.70	822	0	
19	MAKHABO, SPHIWE, 1456, 2006/08/26	CGA 16:31.51	810	0	



20	HAJANE, THABANG, 1432, 2005/09/09	CGA	16:35.65	805	0
21	FRIESLAAR, RADEAM, 1005,	ASWD	18:21.20	693	0
22	BEUKES, JIRANO, 1221,	BOL	18:37.59	678	0

Item 125 14:35 Final Women U23 5000m

1	MOTSOENENG, KARABO, 492, 2003/01/21	AGN	17:31.83	0	8	G
2	TALJAARD, ZANTHÉ, 1117, 2003/10/20	AVT	17:46.59	0	7	S
3	TSHABALALA, AMAGELANG, 544, / /	AGN	18:51.26	0	6	B
4	MAMPANE, NOLUTHANDO, 1327, 2003/04/23	CGA	19:17.11	0	5	
5	DETSHE, AMANDA, 1843, / /	ATRA	19:56.80	0	4	
6	SIKISI, NATASHA, 534, 2002/09/19	AGN	21:43.68	0	3	
7	LEKGELEBANE, MOHANUOA, 207, 24/11/2004	AFS	22:47.58	0	2	

Item 127 14:55 Final Men U23 5000m

1	VAN DER MERWE, NEIL, 790, 2003/12/04	AGN	14:17.65	0	8	G
2	MNISI, MUZAWENKOSI, 898, 2005/09/27	AMPU	14:39.79	0	7	S
3	BOKABA, ENOCH OFENTSE, 1404, 2003/06/26	CGA	15:00.80	0	6	B
4	LEKAKA, KOKETSO, 665, 2003/03/13	AGN	15:13.55	0	5	
5	NGXABAZI, ITUMLENG, 1668, 2002/01/04	KZNA	15:28.85	0	4	
6	THINGANE, THEMBA, 1855, 2002/08/30	CGA	15:31.55	0	3	
7	MNOTHOZA, NHLANHLA, 1140, 2004/06/13	AVT	16:07.88	0	2	
8	HAYES, COHEN, 1787, 2003/01/02	WPA	16:12.88	0	1	
9	ZIQUBU, NKANEYZI, 1858, 2003/03/14	CGA	16:18.52	0	0	
10	SEPTEMBER, APHELELE, 1604, 2004/07/31	EPA	16:25.09	0	0	
11	COLEPI, SIBUSISO, 1573, 2004/12/25	EPA	16:25.18	0	0	
12	NYAKALLO, MATABANE, 343, 24/09/2004	AFS	16:47.54	0	0	

Item 209 14:00 Final Girls U16 1500m SteepleChase

1	VAN DEN BERG, CARMIA, 545, 2009/09/02	AGN	05:12.26	0	8	G
2	LOURENS, ZANTA, 464, 2010/05/02	AGN	05:14.35	0	7	S
3	DORAN, JADE, 1296, / /	CGA	05:16.01	0	6	B
4	DE BRUYN, KAYLIE, 181, 05/01/2009	AFS	05:22.80	0	5	
5	ERASMUS, SELMARIE, 1753, 2009/06/02	WPA	05:26.11	0	4	
6	NELSON, HEYLINN, 1353, 2010/09/12	CGA	05:27.58	0	3	
7	STEYNBERG, ANNEKE, 539, 2010/04/26	AGN	05:28.21	0	2	
8	MADIKANE, LEBOHANG, 467, 2001/06/06	AGN	05:29.87	0	1	
9	PIENAAR, CELESTE, 219, 24/05/2010	AFS	05:36.95	0	0	
10	JANSEN, MARZAAN, 1182, 2024/02/28	BOL	05:42.88	0	0	
11	SWARTS, SHANON (IND), 1209, 2010/02/10	BOL	05:46.35	0	0	
12	SLABBERT, VEANIE, 536, 2009/03/09	AGN	05:50.06	0	0	
13	MTHETHWA, AMAHLE, 1626, 2010/03/01	KZNA	05:50.43	0	0	
14	HADEBE, NOMPUMELELO, 1617, 2010/08/16	KZNA	05:51.62	0	0	
15	NYAPOTSE, NTHABISENG, 510, 2009/03/22	AGN	05:52.65	0	0	
16	BOER, MEHANDRÉ (IND), 1165, 2009/11/27	BOL	06:09.53	0	0	
17	KUBJANE, REABETSWE, 1318, 2009/03/25	CGA	06:10.07	0	0	
18	POTGIETER, GERNE, 222, 15/03/2010	AFS	06:12.52	0	0	
19	LIEBENBERG, INNEKE, 29, 2010/02/12	ACNW	06:14.40	0	0	
20	VAN DER LINDE, SIMONÉ, 66, 2009/01/21	ACNW	06:35.50	0	0	
21	VERMAAK, ELME, 1564, 2009/09/23	EPA	06:42.07	0	0	

Item 208 13:50 Final Boys U16 1500m SteepleChase

76.2cm

1	KONYANA, TUMELO, 1443, 2009/10/12	CGA	04:27.88	1000	8	G	ASA1624
2	RALEKHETLA, KATLEHO, 350, 20/07/2009	AFS	04:35.35	988	7	S	
3	MOKHOTHU, KATLEHO, 324, 28/02/2009	AFS	04:36.54	981	6	B	



4	MATSOTSO, AYANDA, 310, 20/07/2009	AFS 04:44.46	938	5
5	MLAMBO, SIHAWU, 697, 2009/09/19	AGN 04:45.43	933	4
6	LEKGADIMANE, TSHEETSO, 666, 2009/06/19	AGN 04:46.18	929	3
7	CHIKANE, BRADLEY, 602, 2009/10/15	AGN 04:47.54	922	2
8	DLAMINI, LWANDILE, 1644, 2009/01/13	KZNA 04:49.22	914	1
9	GROENEWALD, RUPERT, 637, 2009/02/10	AGN 04:49.48	913	0
10	NGWENYA, AKHONA, 1667, 2009/04/10	KZNA 04:53.02	896	0
11	NOAH, JUNIOR, 1492, 2009/04/13	CGA 04:53.70	893	0
12	MOREMI, CYRIL, 1477, 2009/01/21	CGA 04:56.06	882	0
13	VAN TONDER, PHILIP, 1269, 2009/08/03	BOL 04:56.21	881	0
14	SCHEEPERS, CONRAD, 760, 2009/09/16	AGN 04:56.47	880	0
15	MASOWA, PRINCE, 309, 08/02/2009	AFS 04:57.74	874	0
16	JOUBERT, HENCO, 650, 2009/06/12	AGN 04:59.66	866	0
17	MVUNDLELA, KHUTSO, 720, 2009/06/08	AGN 05:02.44	854	0
18	ZULU, SICELIMPILO, 1682, 2009/12/26	KZNA 05:02.68	853	0
19	MOKGEA, RATLOU, 705, 2010/01/21	AGN 05:04.75	844	0
20	MOJAPELA, THABANG, 1859, 2009/07/25	CGA 05:04.86	844	0
21	BEECLAER, JAN-DANIEL, 584, 2009/01/15	AGN 05:06.84	836	0
22	VAN DER WESTHUIZEN, GEORGE, 792, 2009/06/26	AGN 05:07.35	834	0
23	WARD, ROGENE, 159, 2009/05/20	ACNW 05:13.53	810	0
24	BOSHOF, STEFAN, 1571, 2009/06/08	EPA 05:13.63	810	0
25	STRYDOM, WHIAN, 142, 2010/01/31	ACNW 05:14.06	808	0
26	JANSEN VAN VUUREN, ETIENNE, 1132, 2009/05/29	AVT 05:14.92	805	0
27	MASINGA, RIAN, 1465, 2009/01/27	CGA 05:15.92	801	0
28	SISWANA, LIBONE, 1807, 2009/03/05	WPA 05:17.76	794	0
29	ZULU, CEBOLENKOSI, 1683, 2010/09/21	KZNA 05:40.29	719	0

Item 207 13:40 Final Women U18 2000m SteepleChase

1	BOSMAN, CASSIDY, 1289, 2007/12/24	CGA 06:57.96	0	8	G
2	LE ROUX, ELIZMA, 458, 2007/11/19	AGN 07:02.53	0	7	S
3	OELOFSE, DANELL, 217, 03/04/2008	AFS 07:17.49	0	6	B
4	VAN DER MERWE, SCARLETT, 1771, 2007/11/03	WPA 07:26.47	0	5	
5	FOURIE, KARA, 1541, 2007/06/27	EPA 07:29.79	0	4	
6	KATISO, MPHO, 447, 2007/03/11	AGN 07:30.80	0	3	
7	VAN DER BERG, LUCHé, 65, 2008/01/27	ACNW 07:32.67	0	2	
8	VILJOEN, ABIGAIL, 74, 2007/08/27	ACNW 07:36.77	0	1	
9	WESTERMEYER, JENNA, 1398, 2008/11/05	CGA 07:38.55	0	0	
10	LIEBENBERG, MATHILDA, 30, 2008/01/11	ACNW 07:38.76	0	0	
11	ARANGIES, MAGDALENA, 166, 28/11/2008	AFS 07:39.45	0	0	
12	MORELAND, NATALIE, 488, 2008/12/16	AGN 07:45.07	0	0	
13	GUNTHER, ANKE, 200, 21/07/2008	AFS 07:47.50	0	0	
14	BESTER, CHANNELL, 974, 2007-01-12	ASWD 07:59.97	0	0	
15	MALE, JANE, 473, 2007/04/20	AGN 08:02.79	0	0	
16	LE ROUX, TIHANNA, 1756, 2007/05/23	WPA 08:09.80	0	0	
17	BOARDMAN, ABIGAIL, 3, 2008/12/08	ACNW 08:15.46	0	0	
18	NDLOVU, YAMKELA, 1631, 2008/10/29	KZNA 08:28.82	0	0	
19	SELEPE, MOLEBOHENG, 230, 14/02/2008	AFS 08:31.32	0	0	
20	MASHILO, LERATO, 1331, 2008/07/22	CGA 08:39.89	0	0	
21	MYBURGH, ILLNE, 215, 04/06/2007	AFS 08:41.78	0	0	

Item 206 13:30 Final Men U18 2000m SteepleChase

83.8cm

1	BOSSERT, GERHARD, 269, 12/07/2007	AFS 05:58.77	963	8	G
2	MBELEKI, SIYABONGA, 689, 2007/09/20	AGN 06:01.09	953	7	S
3	MOTHAIE, NEO, 1479, 2007/05/07	CGA 06:04.59	939	6	B

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
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4	MASEMOLA, KEABETSWE, 1461, 2008/10/16	CGA 06:10.47	916	5
5	MOROU, TUMANE, 330, 02/02/2008	AFS 06:11.54	912	4
6	RUITERS, TUMELO, 966, 2007/02/17	ANWN 06:12.79	907	3
7	FOURIE, DEAN, 628, 2007/10/04	AGN 06:16.78	892	2
8	MOLOI, LERATO, 327, 10/02/2008	AFS 06:18.09	888	1
9	LOURENS, EWAN, 669, 2007/01/30	AGN 06:18.19	887	0
10	STOLTZ, LEON, 777, 2008/04/15	AGN 06:22.40	873	0
11	BROWN, RUWANDRE, 1778, 2007/01/13	WPA 06:23.65	868	0
12	HLAKANE, LEHLOHONOLO, 1131, 2008/05/09	AVT 06:23.87	868	0
13	TIBANE, ZECA, 784, 2008/01/28	AGN 06:24.91	864	0
14	MKIWANE, ABULELE, 696, 2008/08/08	AGN 06:33.85	835	0
15	TABUDI, MOSELANE, 1516, 2007/09/27	CGA 06:35.08	831	0
16	SWANEPOEL, RYAN, 1257, 2007/12/12	BOL 06:35.41	830	0
17	TAOANA, KATHLEHO, 1078, 2007/02/17	ATRA 06:35.79	829	0
18	BHEBA, SIVE, 1776, 2007/05/28	WPA 06:38.24	821	0
19	MOTETE, THABANG, 331, 11/10/2007	AFS 06:40.00	816	0
20	BOCHEDI, SEMANGA, 267, 28/06/2007	AFS 06:43.60	805	0
21	VISSER, LIAM, 1529, 2008/02/15	CGA 06:43.99	804	0
22	MBATSA, ASAKHE, 1799, 2008/10/31	WPA 06:44.34	803	0
23	NJOKWENI, ALIKHO, 1070, 2008/02/17	ATRA 06:44.79	802	0
24	KRUGER, HENRICO, 946, 2008/01/11	ANWN 06:47.71	794	0
25	MAKHAOTSE, BOITUMELO, 306, 19/01/2008	AFS 06:50.02	787	0
26	MORCOUS, INNOCENT, 122, 2008/12/28	ACNW 06:51.91	782	0
27	ERASMUS, MARCO, 1000, 2007-12-18	ASWD 06:56.56	769	0
28	HERSELMAN, JAN-PAUL, 1788, 2008/09/15	WPA 07:02.63	753	0

Item 205 13:15 Final Women U20 3000m SteepleChase

76.2cm

1	MATSHABA, PHEMELO, 480, 2005/04/12	AGN 11:19.18	869	8	G
2	MASHISHI, KHUNEDI, 1332, 2005/01/03	CGA 11:27.85	857	7	S
3	MOROMODI, LERATO, 1347, 2005/11/15	CGA 11:44.55	836	6	B
4	NKANYANE, LEBOGANG, 1357, 2006/06/26	CGA 11:49.86	830	5	
5	SNYMAN, SUNé, 1113, 2005/09/22	AVT 12:06.57	810	4	
6	VON WESTERNHAGEN, ZABINE, 577, 2006/05/08	AGN 12:28.77	786	3	
7	MASONDO, BONGIWE, 1624, 2006/05/15	KZNA 12:57.98	756	2	

Item 199 12:45 Final Men U20 3000m SteepleChase

91.4cm

1	RAMATSEBE, KAMOHELO, 749, 2005/07/18	AGN 09:24.24	919	8	G
2	MORE, TUMISANG, 329, 14/06/2005	AFS 09:26.68	917	7	S
3	CHAMUNORWA, SIMBARASHE, 601, 2006/10/07	AGN 09:29.62	913	6	B
4	MOHAPI, LEBOHANG, 1141, 2005/08/11	AVT 09:35.82	906	5	
5	MARAI, KEVIN, 1460, 2006/03/27	CGA 09:43.98	898	4	
6	VAN DER BERG, JAUN-PIERRE KOEKEMOER, 1523, 2006/11/04	CGA 09:53.77	887	3	
7	JORDAAN, ALFONZO, 1234, 2006/02/09	BOL 09:54.97	886	2	
8	THAPANE, LESEGO, 782, 2006/05/05	AGN 10:02.12	879	1	
9	ADAMS, JOSHUA, 1214, 2005/04/25	BOL 10:04.35	877	0	
10	XALABILE, MZWANDILE, 375, 16/08/2006	AFS 10:07.81	873	0	
11	MPONGWANA, LUTHABO, 1800, 2006/03/19	WPA 10:08.37	873	0	
12	MPEKANA, LITHEMBA, 1065, 2006/06/11	ATRA 10:09.84	871	0	
13	MTAMBO, NHLAKANIPHO, 1661, 2005/03/23	KZNA 10:09.95	871	0	
14	WELCH, KEANU, 1613, 2005/04/27	EPA 10:16.22	865	0	
15	PHEZA, AVUMA, 1499, 2006/05/02	CGA 10:18.10	863	0	



16	MKHWANAZI, NTANDO, 695, 2005/09/13	AGN 10:31.27	851	0
17	LEYAME, NOBATHANA, 1054, 2006/08/24	ATRA 10:37.70	845	0
18	NOVEMBER, JUEYREN, 1249, 2006/03/17	BOL 10:41.30	842	0
19	KHATE, KHULANI, 296, 14/01/2006	AFS 10:49.01	835	0
20	MOGAPI, OMPHEMETSE, 120, 2006/11/24	ACNW 10:50.24	834	0
21	MOSETE, PABALELO, 936, / /	ANWN 10:54.85	830	0
22	VAN TONDER, WILLIAM, 1022, 2005-08-18	ASWD 11:05.80	821	0
23	TLHONE, KABELO, 361, 25/09/2006	AFS 11:12.71	816	0

Item 200 13:00 Final Women U23 3000m SteepleChase

1	BELL, KIRSTI, 167, 08/05/2002	AFS 11:21.70	0	8	G
2	KRUGER, MARICELLE, 456, 2004/02/06	AGN 11:47.82	0	7	S
3	ERASMUS, CARRISSA, 189, 27/08/2004	AFS 12:08.97	0	6	B
4	DETSHE, AMANDA, 1843, / /	ATRA 12:42.33	0	5	

Item 198 12:30 Final Men U23 3000m SteepleChase

1	BOKABA, ENOCH OFENTSE, 1404, 2003/06/26	CGA 09:06.76	0	8	G
2	MOUTON, JEAN, 1480, 2002/07/25	CGA 09:17.53	0	7	S
3	MNOTHOZA, NHLANHLA, 1140, 2004/06/13	AVT 09:22.14	0	6	B
4	MADUME, LETSEPA PRINCE, 1453, 2003/07/24	CGA 09:26.05	0	5	
5	LEBELO, KEATLEGILE, 663, 2004/04/15	AGN 09:40.59	0	4	
6	FARMER, JAY-COBUS, 95, 2003/05/15	ACNW 09:41.53	0	3	
7	MAJA, THAROLLO, 1455, 2004/07/31	CGA 09:44.54	0	2	
8	ORROCK, ROBERT, 1853, / /	BOL 09:45.94	0	1	
9	NKOSINDINA, NTSOKOLO, 737, 2003/06/17	AGN 09:49.39	0	0	
10	NGEJANE, ZIZILE, 1069, 2001/11/10	ATRA 10:14.66	0	0	
11	MAHOTE, SAKHE, 1590, 2004/07/24	EPA 10:42.77	0	0	

Item 142 16:25 Final Girls U16 90m Hurdles**0.4 76.2cm**

1	NIEMAN, MEGAN, 505, 2009/01/12	AGN 12.45	1000	8	G	ASA1624
2	KRIEL, EDUNETTE, 1694, 2009/10/15	LIMA 12.77	986	7	S	
3	KIRKPATRICK, JANELLE, 452, 2010/07/23	AGN 12.78	985	6	B	
4	FOURIE, KATE-LYNN, 13, 2009/08/25	ACNW 12.81	982	5		
5	VAN ZYL, LIZé, 71, 2009/10/13	ACNW 13.04	957	4		
6	HAMILTON, MEAGAN, 1307, 2009/02/03	CGA 13.13	948	3		
7	STOFFELS, CHLOE, 1208, 2009/08/25	BOL 13.41	920	2		
8	DELL, KIARAH, 418, 2010/03/17	AGN 13.75	889	1		

Item 71 17:35 Heat 1 of 4 Girls U16 90m Hurdles**0.1 76.2cm**

1	VAN ZYL, LIZé, 71, 2009/10/13	ACNW 13.25	936		
2	CORNELIUS, ASHLEY, 1171, 2009/02/24	BOL 13.34	927		
3	RAATH, CHELSEY, 1371, 2010/07/27	CGA 13.52	910		
4	DEYSEL, JUANE, 1539, 2009/07/01	EPA 14.26	846		
5	VAN MOLENDORFF, MIA, 1562, 2009/02/17	EPA 14.37	837		

Item 71 17:35 Heat 2 of 4 Girls U16 90m Hurdles**0.2 76.2cm**

1	KIRKPATRICK, JANELLE, 452, 2010/07/23	AGN 13.08	953		
2	TANNOUS, AVA, 61, 2009/08/06	ACNW 13.40	921		
3	DE KOCK, MIENKA, 183, 13/04/2009	AFS 13.50	912		
4	SCHUIN, JUANE, 1553, 2009/06/11	EPA 13.67	896		
5	GOOSEN, HUIBRÉ, 196, 2010/06/17	AFS 14.12	857		

Item 71 17:35 Heat 3 of 4 Girls U16 90m Hurdles**0.0 76.2cm**

1	KRIEL, EDUNETTE, 1694, 2009/10/15	LIMA 12.82	981		
2	HAMILTON, MEAGAN, 1307, 2009/02/03	CGA 13.21	940		
3	RETIEF, MINETTE, 1199, 2009/04/28	BOL 13.67	896		



4	COETZEE, LIA, 1686, 2010/01/22	LIMA 14.16	854
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Item 71 17:35 Heat 4 of 4 Girls U16 90m Hurdles

0.5 76.2cm

1	NIEMAN, MEGAN, 505, 2009/01/12	AGN 12.44	1000	ASA1624
2	FOURIE, KATE-LYNN, 13, 2009/08/25	ACNW 12.95	966	
3	DELL, KIARAH, 418, 2010/03/17	AGN 13.04	957	
4	STOFFELS, CHLOE, 1208, 2009/08/25	BOL 13.19	942	
5	GREYLING, LENE, 431, 2010/05/05	AGN 13.40	921	
6	CASANOVES, MATHEIA, 1291, 2009/03/27	CGA 14.03	865	

Item 140 16:05 Final Boys U16 100m Hurdles

-1.0 84cm

1	MANALENG, KGOPUTSO, 1860, / /	CGA 12.75	967	8	G
2	BOSCH, ENRIQUE, 1405, 2009/06/04	CGA 12.84	956	7	S
3	GRIESEL, ALEXANDER, 635, 2009/02/12	AGN 13.02	932	6	B
4	LESCH, MARCO, 1010, 2009-04-21	ASWD 13.05	928	5	
5	MCASLIN, DEAN, 117, 2009/05/04	ACNW 13.30	898	4	
6	MATHULO, KATLEGO, 950, 2009/05/11	ANWN 13.31	897	3	
7	SCHOEMAN, RAY-JORDAN, 1015, 2009-11-24	ASWD 13.32	896	2	
8	MOTLAISANE, LERATO, 957, 2009/02/26	ANWN 13.47	880	1	

Item 69 17:15 Heat 1 of 3 Boys U16 100m Hurdles

0.7 84cm

1	LESCH, MARCO, 1010, 2009-04-21	ASWD 13.25	904
2	MOTLAISANE, LERATO, 957, 2009/02/26	ANWN 13.59	866
3	HEDIN, SVEN, 1720, 2009/07/21	LIMA 13.74	851
4	MANZINI, HUMBLE, 685, 2010/07/26	AGN 13.77	848
5	KGOSIENG, LEHLOHONOLO, 105, 2001/01/31	ACNW 13.83	842
6	LE ROUX, MALAN, 1826, 2009/01/06	NWC 14.82	751

Item 69 17:15 Heat 2 of 3 Boys U16 100m Hurdles

-0.4 84cm

1	MANALENG, KGOPUTSO, 1860, / /	CGA 13.06	927
2	GRIESEL, ALEXANDER, 635, 2009/02/12	AGN 13.08	925
3	MATHULO, KATLEGO, 950, 2009/05/11	ANWN 13.35	893
4	MCASLIN, DEAN, 117, 2009/05/04	ACNW 13.49	877
5	BURGER, JANDRE, 865, 2009/03/10	AMPU 13.80	845
6	TSESEBE, KAGISHO, 919, 2009/08/20	AMPU 14.02	823

Item 69 17:15 Heat 3 of 3 Boys U16 100m Hurdles

0.1 84cm

1	BOSCH, ENRIQUE, 1405, 2009/06/04	CGA 12.69	975
2	SCHOEMAN, RAY-JORDAN, 1015, 2009-11-24	ASWD 13.17	913
3	VOSLOO, TIAAN, 1612, 2010/04/01	EPA 13.73	852
4	MOLETSANE, BOKANG, 326, 06/01/2009	AFS 13.79	846
5	HOLLENBACH, CONNER, 97, 2009/02/19	ACNW 13.89	836
6	ALFRED, ZACHARY, 1216, 2009/06/08	BOL 14.34	793
7	DIGOAMAJE, KGOTOS, 1842, / /	CGA 14.70	761

Item 141 16:15 Final Women U18 100m Hurdles

0.9 76.2cm

1	RAMOKGOPA, TUMI, 520, 2007/08/27	AGN 13.26	983	8	G
2	MTHETHWA, NOKUTHULA, 493, 2008/07/18	AGN 13.75	933	7	S
3	LE ROUX, DINE, 206, 05/09/2007	AFS 13.78	930	6	B
4	SMOOK, ZELMARIE, 235, 14/11/2007	AFS 13.83	926	5	
5	MAKGATO, MATSIDISO, 843, 2007/01/03	AMPU 13.89	920	4	
6	TEN CATE, AMY, 1769, 2007/12/01	WPA 14.08	903	3	
7	MARX, MIELET (IND), 1191, 2007/08/27	BOL 14.13	899	2	
8	JENKINS, CAYLEN, 1312, 2008/09/06	CGA 14.42	874	1	

Item 70 17:25 Heat 1 of 3 Women U18 100m Hurdles

0.4 76.2cm



1	LE ROUX, DINE, 206, 05/09/2007	AFS 13.77	931
2	SMOOK, ZELMARIE, 235, 14/11/2007	AFS 13.99	911
3	MARX, MIELET (IND), 1191, 2007/08/27	BOL 14.29	885
4	VOSLOO, ANRIA, 1566, 2007/05/28	EPA 14.47	870
5	HANCKE, KYRA, 1692, 2007/06/27	LIMA 14.58	861
6	OPPERMAN, KEIRA-LEE, 1367, 2007/09/17	CGA 14.70	852
7	RAATH, CESSANDRA, 1372, 2007/05/19	CGA 14.79	845
8	GROBLER, MIEKE, 1094, 2007/10/11	AVT 15.27	810

Item 70 17:25 Heat 2 of 3 Women U18 100m Hurdles **0.6 76.2cm**

1	JENKINS, CAYLEN, 1312, 2008/09/06	CGA 14.22 (.217)	891
2	TEN CATE, AMY, 1769, 2007/12/01	WPA 14.22 (.220)	891
3	VAN DYK, JENNA, 68, 2007/09/21	ACNW 14.33	881
4	VAN BREDA, TAYLON, 1119, 2008/01/04	AVT 14.40	876
5	DU PLOOY, LUANNE, 1298, 2008/09/04	CGA 14.66	855
6	TRUTER, MARI, 242, 25/01/2008	AFS 14.84	841
7	BESTER, MIKAYLA, 1684, 2008/10/02	LIMA 14.85	840
8	VISSER, ALETHEA, 1122, 2007/07/05	AVT 14.97	831

Item 70 17:25 Heat 3 of 3 Women U18 100m Hurdles **0.8 76.2cm**

1	RAMOKGOPA, TUMI, 520, 2007/08/27	AGN 13.33	975
2	MTHETHWA, NOKUTHULA, 493, 2008/07/18	AGN 14.03	908
3	MAKGATO, MATSIDISO, 843, 2007/01/03	AMPU 14.33	881
4	RODENBURG, MILA, 525, 2008/02/04	AGN 14.75	848
5	JANSE VAN RENSBURG, MILLA, 443, 2008/12/10	AGN 14.88	838
6	PIENAAR, DANYELLE, 220, 20/06/2008	AFS 14.96	832
7	MOTLATLE, AMOGELANG, 491, 2008/12/01	AGN 20.27	559

Item 139 15:55 Final Women U20 100m Hurdles **0.5 84cm**

1	OBERHOLZER, LANA, 1762, 2006/12/06	WPA 13.65	963	8	G
2	LOUW, ROLINE, 465, 2005/04/14	AGN 14.07	922	7	S
3	VAN ROOYEN, SANDRI, 70, 2006/01/02	ACNW 14.11	919	6	B
4	GERTENBACH, NATASHA, 194, 10/06/2005	AFS 14.15	915	5	
5	DE JAGER, ANGELIQUE, 1846, / /	AGN 14.44	890	4	
6	VAN DEN BERG, RIANE, 550, 2006/02/17	AGN 14.73	867	3	
7	BEKKER, JESSY, 1283, 2006/02/04	CGA 14.82	860	2	
8	PRETORIUS, KLARA, 1699, 2006/06/28	LIMA 14.94	850	1	

Item 68 17:05 Heat 1 of 2 Women U20 100m Hurdles **1.1 84cm**

1	OBERHOLZER, LANA, 1762, 2006/12/06	WPA 13.59	969
2	LOUW, ROLINE, 465, 2005/04/14	AGN 13.95	934
3	VAN ROOYEN, SANDRI, 70, 2006/01/02	ACNW 14.11	919
4	GERTENBACH, NATASHA, 194, 10/06/2005	AFS 14.12	918
5	VAN DEN BERG, RIANE, 550, 2006/02/17	AGN 14.18	913
6	DU PLESSIS, CHARNE, 424, 2006/05/02	AGN 14.54	882
7	LE ROUX, ANIKA, 459, 2006/09/18	AGN 14.79	862

Item 68 17:05 Heat 2 of 2 Women U20 100m Hurdles **0.1 84cm**

1	DE JAGER, ANGELIQUE, 1846, / /	AGN 14.17	914
2	BEKKER, JESSY, 1283, 2006/02/04	CGA 14.67	872
3	PRETORIUS, KLARA, 1699, 2006/06/28	LIMA 14.82	860
4	VAN DEVENTER, KAYLEY, 561, 2006/01/03	AGN 14.84	858
5	VAN NIEKERK, TENINKE, 857, 2006/07/04	AMPU 15.09	839
6	NAGEL, LIANCA, 1105, 2005/02/13	AVT 16.06	773

Item 138 15:45 Final Women U23 100m Hurdles **0.7**

1	VAN DEN BERG, KAYLA, 551, 2002/01/10	AGN 13.53	0	8	G
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2	KOK, CHANE, 455, 2004/08/16	AGN 14.03	0	7	S
3	NEWTON, MEGAN, 43, 2004/03/10	ACNW 14.55	0	6	B
4	BRONKHORST, CARA, 397, 2004/12/26	AGN 14.82	0	5	

Item 137 15:35 Final Men U18 110m Hurdles**-0.5 91.4cm**

1	JACK, NAEEM, 1789, 2007/07/31	WPA 13.10	1000	8	G	ASAU1824
2	NDOU, MATODZ, 728, 2007/03/19	AGN 13.28	996	7	S	
3	RIKHOTSO, ZANDER, 754, 2007/04/07	AGN 13.86	923	6	B	
4	WILLIAMS, LUAN, 804, 2007/06/04	AGN 14.04	903	5		
5	VENTER, VAN ZYL, 800, 2008/03/12	AGN 14.13	893	4		
6	MSIBI, OLWETHU, 902, 2007/01/09	AMPU 14.63	842	3		
7	MOTAUNG, TSHIAMO, 714, 2008/04/28	AGN 14.66	840	2		

Item 66 16:45 Heat 1 of 4 Men U18 110m Hurdles**0.5 91.4cm**

1	NDOU, MATODZ, 728, 2007/03/19	AGN 13.19	1000		
2	NONDABULA, OFENTSE, 1493, 2007/02/07	CGA 14.25	881		
3	BUTHELEZI, ADIEL, 1128, 2007/02/19	AVT 14.45	860		
4	SMIT, PIETER JACOBUS, 1832, 2007/03/14	NWC 14.80	826		
5	BASILA, GIBBOR, 1401, 2007/12/14	CGA 14.86	820		
6	HAASBROEK, JOHAN, 1717, 2008/11/11	LIMA 14.98	810		
7	KOEN, FRANCIOS, 1723, 2007/10/30	LIMA 16.03	726		

Item 66 16:45 Heat 2 of 4 Men U18 110m Hurdles**-0.1 91.4cm**

1	JACK, NAEEM, 1789, 2007/07/31	WPA 13.82	928		
2	RIKHOTSO, ZANDER, 754, 2007/04/07	AGN 14.03	904		
3	MSIBI, OLWETHU, 902, 2007/01/09	AMPU 14.04	903		
4	MOTAUNG, TSHIAMO, 714, 2008/04/28	AGN 14.07	900		
5	NIEMAN, NICOLAS, 735, 2007/03/06	AGN 14.10	896		
6	NEL, RYAN, 906, 2008/12/02	AMPU 14.63	842		
7	SIKHOSANA, SOKWAZI, 915, 2007/10/19	AMPU 14.79	827		

Item 66 16:45 Heat 3 of 4 Men U18 110m Hurdles**0.8 91.4cm**

1	VENTER, VAN ZYL, 800, 2008/03/12	AGN 14.09	897		
2	LETSOALO, TUMISO, 882, 2007/09/03	AMPU 14.10	896		
3	VAN GRAAN, GERHARD, 1609, 2007/03/07	EPA 14.21	885		
4	KYEI, KOFI, 880, 2007/05/04	AMPU 14.38	867		
5	SCHALKWYK, ELZENO, 138, 2008/05/05	ACNW 14.94	813		
6	OPPERMAN-JAMNECK, JEANDRY, 1496, 2008/10/17	CGA 15.06	803		

Item 66 16:45 Heat 4 of 4 Men U18 110m Hurdles**1.3 91.4cm**

1	WILLIAMS, LUAN, 804, 2007/06/04	AGN 13.90	918		
2	FRONEMAN, CA, 629, 2007/03/08	AGN 14.20	886		
3	MATEYA, BOITUMELO, 1466, 2007/07/06	CGA 14.23	883		
4	MASEJANE, MORAPEDI, 308, 10/01/2008	AFS 14.58	847		
5	BONTHUYS, ADRIAN, 268, 09/02/2007	AFS 14.75	831		
6	MATHE, PHILASANDE, 894, 2008/04/04	AMPU 15.26	786		

Item 136 15:25 Final Men U20 110m Hurdles**0.1 99.5cm**

1	BEZUIDENHOUDT, WERNER, 589, 2006/11/15	AGN 13.46	992	8	G
2	LE ROUX, FRANCO, 110, 2005/12/01	ACNW 13.54	981	7	S
3	KEMP, VIHAN, 655, 2005/05/17	AGN 13.61	972	6	B
4	FRITZ, JAYDIN, 1785, 2006/02/12	WPA 13.78	951	5	
5	MULLER, DEAN, 123, 2005/12/20	ACNW 14.22	901	4	
6	RAMAGE, CAYDEN, 1503, 2006/04/10	CGA 14.31	891	3	
7	JANSE VAN RENSBURG, LÉAN, 1439, 2006/05/09	CGA 14.49	873	2	



8 VAN VUUREN, JUSTIN, 797, 2006/02/17 AGN 14.57 **865** 1

Item 65 16:35 Heat 1 of 3 Men U20 110m Hurdles 0.7 99.5cm

1 FRITZ, JAYDIN, 1785, 2006/02/12 WPA 14.01 (.001) **924**
2 BEZUIDENHOUDT, WERNER, 589, 2006/11/15 AGN 14.01 (.007) **924**
3 MULLER, DEAN, 123, 2005/12/20 ACNW 14.17 **906**
4 VAN VUUREN, JUSTIN, 797, 2006/02/17 AGN 14.38 **884**
5 BODLA, ESONA, 1044, 2006/09/21 ATRA 14.68 **854**
6 MOKWENA, LUNGELO, 899, 2006/02/08 AMPU 16.49 **706**

Item 65 16:35 Heat 2 of 3 Men U20 110m Hurdles 0.2 99.5cm

1 KEMP, VIHAN, 655, 2005/05/17 AGN 13.67 **965**
2 RAMAGE, CAYDEN, 1503, 2006/04/10 CGA 14.21 **902**
3 MWA, PAUL (GUMA), 125, 2005/07/20 ACNW 14.40 **882**
4 HATTINGH, JUSTIN, 640, 2005/03/07 AGN 14.80 **842**

Item 65 16:35 Heat 3 of 3 Men U20 110m Hurdles -0.9 99.5cm

1 LE ROUX, FRANCO, 110, 2005/12/01 ACNW 13.70 **961**
2 JANSE VAN RENSBURG, LÉAN, 1439, 2006/05/09 CGA 14.43 **879**
3 BEYERS, REINHARDT, 587, 2006/01/10 AGN 14.44 **878**
4 HOWARD, NEVIN, 98, 2006/03/10 ACNW 14.63 **859**
5 BASSON, TUNESIAN, 1569, 2006/08/28 EPA 15.36 **792**
6 MAAKE, THETO, 1727, 2006/05/28 LIMA 15.45 **785**
7 MOKOENA, MUSTHAFA, 1729, 2006/09/17 LIMA 15.88 **750**

Item 135 15:15 Final Men U23 110m Hurdles +0.1

1 JACOBS, DENMAR, 1791, 2003/06/25 WPA 13.56 **0** 8 G
2 BARNARD, MONDRAY, 1568, 2002/05/08 EPA 13.58 **0** 7 S
3 NEL, SW, 730, 2002/09/11 AGN 13.91 **0** 6 B
4 STRAUSS, REYNARD, 778, 2002/01/03 AGN 14.21 **0** 5
5 IDOWU, SAM, 643, 2004/05/31 AGN 14.69 **0** 4

Item 197 12:10 Final Girls U16 300m Hurdles 76.2cm

1 GUNTER, ISABELLA, 435, 2009/02/06 AGN 42.10 **964** 8 G
2 MARTHINUSSEN, CUBIN, 1190, 2009/05/24 BOL 42.94 **940** 7 S
3 BOUWER, KARLA, 393, 2009/03/11 AGN 43.12 **935** 6 B
4 NIEMAN, MEGAN, 505, 2009/01/12 AGN 43.31 **929** 5
5 KIRKPATRICK, JANELLE, 452, 2010/07/23 AGN 43.31 **929** 4
6 LOGGENBERG, CHRISTI, 462, 2009/01/09 AGN 43.45 **925** 3
7 BOTES, ANIKA, 6, 2009/02/10 ACNW 44.67 **893** 2
8 BOTHA, MIENKE, 171, 14/06/2010 AFS 46.32 **853** 1

Item 99 10:55 Heat 1 of 3 Girls U16 300m Hurdles 76.2cm

1 LOGGENBERG, CHRISTI, 462, 2009/01/09 AGN 42.61 **949**
2 BOTHA, MIENKE, 171, 14/06/2010 AFS 44.27 **903**
3 BOTES, ANIKA, 6, 2009/02/10 ACNW 44.41 **900**
4 CASANOVES, MATHEIA, 1291, 2009/03/27 CGA 46.33 **853**
5 FOURIE, ZIONE, 1305, 2010/02/05 CGA 46.56 **847**
6 VAN DEN BERG, JANÉ, 64, 2009/06/17 ACNW 46.81 **842**

Item 99 10:55 Heat 2 of 3 Girls U16 300m Hurdles 76.2cm

1 GUNTER, ISABELLA, 435, 2009/02/06 AGN 42.69 **947**
2 BOUWER, KARLA, 393, 2009/03/11 AGN 43.31 **929**
3 VAN DER ENDE, RUVÈ, 553, 2009/01/23 AGN 44.73 **891**
4 STOFFELS, CHLOE, 1208, 2009/08/25 BOL 45.80 **865**
5 COETZEE, LIA, 1686, 2010/01/22 LIMA 48.18 **812**



6 SMITH, MEGAN, 55, 2010/03/24 ACNW 49.01 796

Item 99 10:55 Heat 3 of 3 Girls U16 300m Hurdles

76.2cm

1	MARTHINUSSEN, CUBIN, 1190, 2009/05/24	BOL 42.87	942
2	NIEMAN, MEGAN, 505, 2009/01/12	AGN 43.37	928
3	KIRKPATRICK, JANELLE, 452, 2010/07/23	AGN 43.55	923
4	DE KOCK, MIENKA, 183, 13/04/2009	AFS 44.73	891
5	JULIAS, ABBIE, 1619, 2009/01/18	KZNA 45.79	865
6	RAUTENBACH, CARA, 226, 22/10/2010	AFS 47.51	827
7	XABA, SIYANDA, 860, 2009/02/26	AMPU 47.93	818

Item 196 12:00 Final Boys U16 300m Hurdles

84cm

1	AFRICA, MICAH, 1215, 2009/06/24	BOL 36.76	981	8	G	ASA1624
2	BRINK, DANDRE, 594, 2009/03/11	AGN 36.86	973	7	S	
3	SCHOEMAN, RAY-JORDAN, 1015, 2009-11-24	ASWD 37.76	908	6	B	
4	LESCH, MARCO, 1010, 2009-04-21	ASWD 38.13	884	5		
5	JANSE VAN RENSBURG, DIHANN, 645, 2009/09/22	AGN 38.49	861	4		
6	HEDIN, SVEN, 1720, 2009/07/21	LIMA 39.32	812	3		
7	TIETUS, KEELAN, 148, 2009/03/13	ACNW 39.35	811	2		
8	BALOYI, MATIMBA, 583, 2010/04/08	AGN 40.72	740	1		

Item 98 10:40 Heat 1 of 4 Boys U16 300m Hurdles

84cm

1	BRINK, DANDRE, 594, 2009/03/11	AGN 37.86	902
2	LESCH, MARCO, 1010, 2009-04-21	ASWD 38.63	852
3	HEDIN, SVEN, 1720, 2009/07/21	LIMA 39.58	798
4	KGAMANYANE, KARABELO, 944, 2009/03/20	ANWN 40.15	768
5	DE BRUIN, HENDRIK (HENRÉ), 1418, 2010/01/05	CGA 41.35	711
6	DE WET, DIVAN, 92, 2009/05/26	ACNW 41.53	703

Item 98 10:40 Heat 2 of 4 Boys U16 300m Hurdles

84cm

1	TIETUS, KEELAN, 148, 2009/03/13	ACNW 39.47	804
2	BALOYI, MATIMBA, 583, 2010/04/08	AGN 39.61	797
3	KGOSIENG, LEHLOHONOLO, 105, 2001/01/31	ACNW 40.66	743
4	HOLLENBACH, CONNER, 97, 2009/02/19	ACNW 41.53	703
5	MODISA, HLONI, 320, 29/01/2009	AFS 43.22	632

Item 98 10:40 Heat 3 of 4 Boys U16 300m Hurdles

84cm

1	SCHOEMAN, RAY-JORDAN, 1015, 2009-11-24	ASWD 38.58	855
2	JANSE VAN RENSBURG, DIHANN, 645, 2009/09/22	AGN 38.61	854
3	TSESEBE, KAGISHO, 919, 2009/08/20	AMPU 39.99	776
4	VOSLOO, TIAAN, 1612, 2010/04/01	EPA 40.23	764
5	MOTLAISANE, LERATO, 957, 2009/02/26	ANWN 40.36	758
6	MKHABELA, TRUST, 896, 2009/03/18	AMPU 42.42	664

Item 98 10:40 Heat 4 of 4 Boys U16 300m Hurdles

84cm

1	AFRICA, MICAH, 1215, 2009/06/24	BOL 39.04	828
2	MATHULOE, KATLEGO, 950, 2009/05/11	ANWN 40.33	759
3	MASHIZHA, TAFADZWA, 1244, 2009/04/28	BOL 40.40	756
4	MOLETSANE, BOKANG, 326, 06/01/2009	AFS 40.68	742
5	NLHAPO, SIYA, 1147, 2009/10/21	AVT 41.52	703
6	VORSTER, HAYDEN, 1530, 2009/02/19	CGA 42.32	668
7	BURGER, JANDRE, 865, 2009/03/10	AMPU 42.43	664

Item 186 11:30 Final Women U18 400m Hurdles

76.2cm



1	RAMOKGOPA, TUMI, 520, 2007/08/27	AGN 0:57.78	1000	8	G
2	DAVEL, MIENKE, 409, 2007/01/18	AGN 0:59.83	971	7	S
3	TEN CATE, AMY, 1769, 2007/12/01	WPA 1:00.01	968	6	B
4	WILSON, MIA, 1213, 2007/01/16	BOL 1:00.10	966	5	
5	VISSER, CARLI, 76, 2008/02/22	ACNW 1:00.73	952	4	
6	BURGER, ARETTE, 398, 2007/10/26	AGN 1:01.39	939	3	
7	ACHURCH, KAYLIN, 377, 2008/04/01	AGN 1:02.08	926	2	
8	BASSON, KYLIE, 1163, 2008/02/01	BOL 1:02.19	923	1	

Item 95 09:55 Heat 1 of 3 Women U18 400m Hurdles 76.2cm

1	RAMOKGOPA, TUMI, 520, 2007/08/27	AGN 1:00.94	948		
2	VISSER, CARLI, 76, 2008/02/22	ACNW 1:02.28	922		
3	TRUTER, MARI, 242, 25/01/2008	AFS 1:02.68	914		
4	LOURENS, SIMONè, 842, 2008/07/08	AMPU 1:04.15	887		
5	OPPERMAN, KEIRA-LEE, 1367, 2007/09/17	CGA 1:05.05	872		

Item 95 09:55 Heat 2 of 3 Women U18 400m Hurdles 76.2cm

1	WILSON, MIA, 1213, 2007/01/16	BOL 1:00.10	966		
2	TEN CATE, AMY, 1769, 2007/12/01	WPA 1:00.98	947		
3	BURGER, ARETTE, 398, 2007/10/26	AGN 1:01.35	940		
4	ACHURCH, KAYLIN, 377, 2008/04/01	AGN 1:02.20	923		
5	NAUDé, ANJA, 1349, 2008/04/23	CGA 1:07.39	834		
6	EKSTEEN, SUMARI, 188, 12/01/2008	AFS 1:13.02	756		

Item 95 09:55 Heat 3 of 3 Women U18 400m Hurdles 76.2cm

1	DAVEL, MIENKE, 409, 2007/01/18	AGN 1:01.83	930		
2	BASSON, KYLIE, 1163, 2008/02/01	BOL 1:02.14	924		
3	JENKINS, CAYLEN, 1312, 2008/09/06	CGA 1:03.92	891		
4	COLLETT, JASMINE, 405, 2008/11/05	AGN 1:04.72	877		
5	PIENAAR, DANYELLE, 220, 20/06/2008	AFS 1:06.88	842		
6	BOTHA, CAYLIN, 924, 2008/01/19	ANWN 1:11.42	777		

Item 185 11:20 Final Men U18 400m Hurdles 84cm

1	MBATHA, NJABULO, 688, 2007/04/24	AGN 0:49.10	1000	8	G
2	HATTINGH, JUAN - FRANCO, 1435, 2007/05/15	CGA 0:52.14	945	7	S
3	NDLOVU, MTHOKOZISI, 904, 2007/04/05	AMPU 0:53.07	899	6	B
4	PIENAAR, ALEX, 1500, 2007/01/19	CGA 0:53.22	892	5	
5	BONTHUYS, ADRIAAN, 268, 09/02/2007	AFS 0:53.91	860	4	
6	BUSCH, JOWAINE, 1222, 2007/12/16	BOL 0:54.94	817	3	
7	DIKGALE, LESIBE, 618, 2007/04/03	AGN 0:56.83	746	2	
8	NDOU, MATODZ, 728, 2007/03/19	AGN 1:02.61	576	1	

Item 94 09:40 Heat 1 of 3 Men U18 400m Hurdles 84cm

1	MBATHA, NJABULO, 688, 2007/04/24	AGN 0:51.41	985		
2	NDLOVU, MTHOKOZISI, 904, 2007/04/05	AMPU 0:53.05	900		
3	PIENAAR, ALEX, 1500, 2007/01/19	CGA 0:53.10	897		
4	BONTHUYS, ADRIAAN, 268, 09/02/2007	AFS 0:54.38	840		
5	HAASBROEK, JOHAN, 1717, 2008/11/11	LIMA 0:56.25	767		
6	SCHOEMAN, ABELINES, 1852, / /	BOL 1:01.86	595		

Item 94 09:40 Heat 2 of 3 Men U18 400m Hurdles 84cm

1	NDOU, MATODZ, 728, 2007/03/19	AGN 0:53.89	861		
2	BUSCH, JOWAINE, 1222, 2007/12/16	BOL 0:53.94	859		
3	ESTERHUYSEN, BERNARD, 627, 2007/04/26	AGN 0:56.64	753		
4	KYEI, KOFI, 880, 2007/05/04	AMPU 0:57.15	735		
5	HUMAN, HERNU, 99, 2008/01/23	ACNW 0:57.88	711		



6	MOTSOANE, KEABETSOE, 333, 2007/03/07	AFS 1:01.62	601
7	MVALO, LUKHANYO, 124, 2007/02/20	ACNW 1:02.28	584

Item 94 09:40 Heat 3 of 3 Men U18 400m Hurdles 84cm

1	DIKGALE, LESIBE, 618, 2007/04/03	AGN 0:52.02	952
2	HATTINGH, JUAN - FRANCO, 1435, 2007/05/15	CGA 0:52.09	948
3	FRONEMAN, CA, 629, 2007/03/08	AGN 0:55.11	810
4	VAN DE GIESEN, ANTON, 788, 2007/04/07	AGN 0:55.45	797
5	NIEUWOUDT, EVAN, 338, 10/03/2008	AFS 0:57.60	720
6	NONG, KOKETSO, 962, 2007/07/20	ANWN 1:00.63	628

Item 195 11:50 Final Women U20 400m Hurdles 76.2cm

1	VAN NIEKERK, HANNAH, 564, 2005/01/28	AGN 0:59.15	971	8	G
2	BLACK, ZANRI, 1535, 2005/09/16	EPA 0:59.76	958	7	S
3	DE KOCK, BARBARA, 1175, 2006/07/31	BOL 1:00.05	952	6	B
4	WILLIAMS, ANIKA, 580, 2005/02/20	AGN 1:01.27	927	5	
5	OBERHOLZER, LANA, 1762, 2006/12/06	WPA 1:01.46	923	4	
6	SHIPALANA, PENELOPE, 532, 2006/03/22	AGN 1:01.68	919	3	
7	BLOM, MARILET, 170, 13/07/2006	AFS 1:01.86	915	2	

Item 97 10:25 Heat 1 of 2 Women U20 400m Hurdles 76.2cm

1	VAN NIEKERK, HANNAH, 564, 2005/01/28	AGN 0:59.16	971
2	BLACK, ZANRI, 1535, 2005/09/16	EPA 1:00.21	948
3	DE KOCK, BARBARA, 1175, 2006/07/31	BOL 1:01.06	931
4	SHIPALANA, PENELOPE, 532, 2006/03/22	AGN 1:02.07	911
5	BEKKER, JESSY, 1283, 2006/02/04	CGA 1:04.68	865

Item 97 10:25 Heat 2 of 2 Women U20 400m Hurdles 76.2cm

1	BLOM, MARILET, 170, 13/07/2006	AFS 1:01.22	928
2	OBERHOLZER, LANA, 1762, 2006/12/06	WPA 1:01.37	925
3	WILLIAMS, ANIKA, 580, 2005/02/20	AGN 1:01.60	920
4	BREEDT, LU CHELLE, 394, 2006/04/07	AGN 1:01.90	915
5	VAN DER MERWE, ANNEMIE, 1388, 2006/12/24	CGA 1:04.85	862
6	LE ROUX, ANIKA, 459, 2006/09/18	AGN 1:06.29	839

Item 184 11:10 Final Men U20 400m Hurdles 91.4cm

1	NKANYANI, NTIYISO, 1598, 2005/01/04	EPA 0:50.87	1000	8	G
2	VAN DER WATH, HEINRICH, 363, 17/05/2005	AFS 0:50.89	1000	7	S
3	HARMSE, LEWELLYN, 1434, 2006/12/10	CGA 0:51.22	1000	6	B
4	SHALE, ORATILWE, 1507, 2005/07/12	CGA 0:52.20	974	5	
5	BOTHMA, BRANDON-LEIGH, 1777, 2006/01/20	WPA 0:52.82	942	4	
6	NHLAPO, SIBONGAKONKE, 734, 2006/07/06	AGN 0:53.26	920	3	
7	MWA, PAUL (GUMA), 125, 2005/07/20	ACNW 0:54.07	881	2	
8	FRASER, WJ, 873, 2006/01/03	AMPU 1:01.14	634	1	

Item 93 09:25 Heat 1 of 3 Men U20 400m Hurdles 91.4cm

1	NKANYANI, NTIYISO, 1598, 2005/01/04	EPA 0:51.92	990
2	MWA, PAUL (GUMA), 125, 2005/07/20	ACNW 0:53.80	893
3	WOOD, DAVID, 1813, 2006/06/18	WPA 0:55.03	839
4	DU PLESSIS, JUAN, 1274, 2006/01/19	BORA 0:55.71	812
5	DE KLERK, HEINRICH, 610, 2006/06/09	AGN 0:56.62	777

Item 93 09:25 Heat 2 of 3 Men U20 400m Hurdles 91.4cm

1	VAN DER WATH, HEINRICH, 363, 17/05/2005	AFS 0:52.31	968
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2	SHALE, ORATILWE, 1507, 2005/07/12	CGA 0:53.13	926
3	BOTHMA, BRANDON-LEIGH, 1777, 2006/01/20	WPA 0:53.34	916
4	BERNING, TYRONE, 862, 2006/01/17	AMPU 0:54.27	872
5	HATTINGH, JUSTIN, 640, 2005/03/07	AGN 0:56.42	785

Item 93 09:25 Heat 3 of 3 Men U20 400m Hurdles

91.4cm

1	HARMSE, LEWELLYN, 1434, 2006/12/10	CGA 0:52.38	965
2	FRASER, WJ, 873, 2006/01/03	AMPU 0:53.35	915
3	NHLAPO, SIBONGAKONKE, 734, 2006/07/06	AGN 0:53.75	896
4	VAN VUUREN, JUSTIN, 797, 2006/02/17	AGN 0:54.68	854
5	MAAKE, THETO, 1727, 2006/05/28	LIMA 0:56.44	784
6	VAN ASWEGEN, WIKUS, 151, 2006/06/02	ACNW 0:58.75	705

Item 194 11:40 Final Women U23 400m Hurdles

1	VAN STADEN, JADA, 571, 2003/04/20	AGN 0:58.59	0	8	G
2	DE WET, SIMONE, 415, 2003/04/10	AGN 1:01.15	0	7	S
3	KOTZÉ, JUANNÉ, 25, 2004/07/12	ACNW 1:01.34	0	6	B
4	VAN GREUNEN, EL MARIE, 562, 2003/03/07	AGN 1:02.46	0	5	
5	KOEKEMOER, DAYLE, 1621, 2003/05/10	KZNA 1:02.89	0	4	

Item 183 11:00 Final Men U23 400m Hurdles

1	VAN RENSBURG, WERNICH, 367, 28/07/2004	AFS 0:51.26	0	8	G
2	KRUGER, VAN REENEN, 660, 2003/03/20	AGN 0:52.11	0	7	S
3	RAMATHE, KGOTSO, 1504, 2003/01/18	CGA 0:52.64	0	6	B
4	GARDEE, RASHEED, 1431, 2004/04/20	CGA 0:52.66	0	5	
5	BWALYA, FORTUNE, 1129, 2003/08/25	AVT 0:56.27	0	4	

Item 82 08:00 Final Girls U16 HighJump

1	MULLER, MIA, 495, 2009/04/23	AGN 1.73	950	8	G
2	LE ROUX, KAYLA, 1189, 2009/03/20	BOL 1.67	870	7	S
3	BLIGNAUT, MILAN, 1284, 2009/01/06	CGA 1.64	840	6	B
4	BURGER, ANNALENE, 1749, 2009/02/09	WPA 1.61	800	5	
5	RAUTENBACH, CARA, 226, 22/10/2010	AFS 1.61	800	4	
6	RAUTENBACH, ANRI, 522, 2009/03/10	AGN 1.58	760	3	
7	SCHOLTZ, MIKE, 990, 2009-01-07	ASWD 1.55	720	2	
8	BOSHOFF, ANNIEKA, 824, 2009/11/05	AMPU 1.50	660	1	
9	LE ROUX, CHANÉL, 1322, 2010/02/02	CGA 1.50	660	0	
10	CLARKE, MISCHKE, 828, 2010/04/21	AMPU 1.50	660	0	
11	ENSLIN, TEEGAN, 1089, 2009/04/06	AVT 1.45	600	0	
12	VAN DER MERWE, MINKE, 1558, 2009/02/08	EPA 1.45	600	0	

Item 40 13:00 Round 1 of 1 Girls U16 HighJump

1	LE ROUX, KAYLA, 1189, 2009/03/20	BOL 1.55	720
1	RAUTENBACH, ANRI, 522, 2009/03/10	AGN 1.55	720
1	MULLER, MIA, 495, 2009/04/23	AGN 1.55	720
1	LE ROUX, CHANÉL, 1322, 2010/02/02	CGA 1.55	720
5	BURGER, ANNALENE, 1749, 2009/02/09	WPA 1.55	720
6	CLARKE, MISCHKE, 828, 2010/04/21	AMPU 1.55	720
7	BOSHOFF, ANNIEKA, 824, 2009/11/05	AMPU 1.55	720
7	SCHOLTZ, MIKE, 990, 2009-01-07	ASWD 1.55	720
9	BLIGNAUT, MILAN, 1284, 2009/01/06	CGA 1.55	720
10	RAUTENBACH, CARA, 226, 22/10/2010	AFS 1.55	720
11	VAN DER MERWE, MINKE, 1558, 2009/02/08	EPA 1.50	660
12	ENSLIN, TEEGAN, 1089, 2009/04/06	AVT 1.50	660
13	BOOM, LIENKA, 385, 2009/07/20	AGN 1.50	660



14	ROSSOUW, MIKYLI, 852, 2010/03/26	AMPU 1.50	660		
14	JANSE VAN RENSBURG, MIA, 836, 2010/05/26	AMPU 1.50	660		
16	SCHUIN, JUANE, 1553, 2009/06/11	EPA 1.50	660		
17	SMOOK, LIANIE, 234, 01/07/2009	AFS 1.50	660		
18	COLLEN, LACHE, 1083, 2010/04/15	AVT 1.45	600		

Item 117 13:00 Final Boys U16 HighJump

1	LE ROUX, MATAO, 1237, 2009/09/13	BOL 1.96	930	8	G
2	BRAUN, GEORG, 1408, 2009/04/10	CGA 1.90	870	7	S
3	KEKANA, KHUTSO, 654, 2009/04/15	AGN 1.80	760	6	B
4	REDELINGHUYS, MICHAEL, 1151, 2009/09/06	AVT 1.75	700	5	
5	NAGEL, NASHWIN, 1731, 2009/04/05	LIMA 1.75	700	4	

Item 115 13:00 Final Women U18 HighJump

1	SPOCTER, MICHAELA, 1767, 2008/09/09	WPA 1.75	910	8	G
2	SMIT, ANJA, 1204, 2008/06/07	BOL 1.72	880	7	S
3	STRYDOM, CINDY, 1556, 2007/08/13	EPA 1.69	840	6	B
4	SPOLANDER, JORDAN, 1768, 2008/04/05	WPA 1.66	800	5	
5	VAN DER WESTHUIZEN, LEANDRI, 560, 2007/06/26	AGN 1.63	770	4	
6	STRYDOM, EMMA, 542, 2007/04/02	AGN 1.60	730	3	
7	BOSHOFF, MIA, 1287, 2008/03/21	CGA 1.60	730	2	
8	VAN DER MERWE, ANNELIZE, 245, 25/07/2008	AFS 1.60	730	1	
9	DE VILLIERS, ELIZMA, 831, 2007/09/27	AMPU 1.60	730	0	
10	BOTHA, CELRI, 172, 26/11/2007	AFS 1.55	670	0	
11	MARITZ, MORGAN, 1328, 2008/03/10	CGA 1.55	670	0	
12	MALHERBE, GENEVIEVE, 474, 2007/02/24	AGN 1.50	610	0	

Item 5 08:00 Round 1 of 1 Women U18 HighJump

1	SMIT, ANJA, 1204, 2008/06/07	BOL 1.61	740		
1	BOSHOFF, MIA, 1287, 2008/03/21	CGA 1.61	740		
1	STRYDOM, CINDY, 1556, 2007/08/13	EPA 1.61	740		
1	SPOCTER, MICHAELA, 1767, 2008/09/09	WPA 1.61	740		
5	BOTHA, CELRI, 172, 26/11/2007	AFS 1.61	740		
5	VAN DER WESTHUIZEN, LEANDRI, 560, 2007/06/26	AGN 1.61	740		
5	SPOLANDER, JORDAN, 1768, 2008/04/05	WPA 1.61	740		
8	DE VILLIERS, ELIZMA, 831, 2007/09/27	AMPU 1.61	740		
9	STRYDOM, EMMA, 542, 2007/04/02	AGN 1.61	740		
9	MARITZ, MORGAN, 1328, 2008/03/10	CGA 1.61	740		
11	MALHERBE, GENEVIEVE, 474, 2007/02/24	AGN 1.61	740		
12	VAN DER MERWE, ANNELIZE, 245, 25/07/2008	AFS 1.61	740		
13	VISSER, SHANE, 1707, 2008/02/25	LIMA 1.58	710		
14	VAN NIEKERK, SANDRI, 249, 31/10/2007	AFS 1.50	610		
15	POTGIETER, MIEKE, 223, 17/02/2008	AFS 1.50	610		
15	WHITE, JELANI, 80, 2007/06/04	ACNW 1.50	610		
17	DE VENTER, LARISSA, 927, 2008/10/31	ANWN 1.50	610		
18	MARITZ, JESSICA, 477, 2008/12/06	AGN 1.50	610		
19	PIETERSE, ANJE, 1108, 2007/03/19	AVT 1.50	610		
20	SAILA, REIKANYA, 228, 20/05/2007	AFS 1.50	610		

Item 84 08:00 Final Men U18 HighJump

1	STOLTZ, LUCAS PETRUS, 1512, 2007/03/26	CGA 2.06	940	8	G
2	SMITH, TAYLAN, 771, 2008/01/23	AGN 2.03	910	7	S

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3	KHUMALO, ZIZWE, 657, 2007/08/24	AGN 2.00	880	6	B
4	DONOVAN, JOHN-ROSS, 1712, 2007/01/18	LIMA 1.95	830	5	
4	SAMUELS, LESKEN, 759, 2007/03/29	AGN 1.95	830	5	
6	VAN WYK, WILLIE, 798, 2008/03/20	AGN 1.90	780	3	
7	HAASBROEK, ARNO, 1718, 2007/08/06	LIMA 1.90	780	2	
8	BOTHA, HENNING, 1406, 2008/08/13	CGA 1.80	670	1	
9	HIGGO, DAVIN, 875, 2008/03/05	AMPU 1.80	670	0	
9	MANIA, SHAUN, 307, 24/12/2007	AFS 1.80	670	0	
11	GAGIANO, JANCO, 1818, 2007/01/23	NWC 1.80	670	0	

Item 165 08:00 Final Women U20 HighJump

1	AHRENS, LISA, 1161, 2006/06/26	BOL 1.73	840	8	G
2	DAVEL, MIA, 830, 2006/11/13	AMPU 1.73	840	7	S
3	NKOSI, MARTHA, 1358, 2006/04/07	CGA 1.70	800	6	B
4	DEHRMANN, CAITLIN-ANN, 7, 2005/08/15	ACNW 1.65	750	5	
5	JANSE VAN RENSBURG, MIA, 444, 2006/12/17	AGN 1.65	750	4	
6	BOSHOFF, ANDREA (IND), 1166, 2005/03/03	BOL 1.60	690	3	
7	DE BRUYN, SCHARNé, 1084, 2005/09/19	AVT 1.60	690	2	
8	PIENAAR, DIANA, 221, 31/03/2006	AFS 1.55	630	1	
9	CALITZ, TAENIQUE, 399, 2006/01/23	AGN 1.55	630	0	
10	WEHMEYER, JESSICA, 1123, 2006/01/05	AVT 1.55	630	0	
10	VORSTER, NADIA, 78, 2005/08/01	ACNW 1.55	630	0	
12	ROESCH, MCKAYLA, 1376, 2006/06/21	CGA 1.50	570	0	
13	MOSHOKOA, CHICHI, 489, 2006/11/17	AGN 1.50	570	0	
13	LESCH, NEKITA, 1101, 2006/08/15	AVT 1.50	570	0	
13	MARX, LEE-ANN, 35, 2005/03/01	ACNW 1.50	570	0	

Item 203 13:00 Final Men U20 HighJump

1	DANKURU, TSHEPANG, 607, 2005/03/02	AGN 2.13	940	8	G
2	VAN DER MERWE, LUKE, 1264, 2006/06/02	BOL 2.13	940	7	S
3	VAN DEVENTER, JOSHUA, 154, 2005/01/21	ACNW 2.08	890	6	B
4	MOTHIBI, GONTSE, 1144, 2006/02/06	AVT 2.08	890	5	
5	MARCUS, JAMIEL, 1798, 2006/03/19	WPA 2.05	860	4	
6	COETZEE, LUAN, 605, 2005/04/28	AGN 2.00	810	3	
7	TAYLOR, MARK, 1517, 2006/05/03	CGA 2.00	810	2	
8	BRINK, HERMAN, 88, 2006/02/06	ACNW 2.00	810	1	
9	BERNING, TYRONE, 862, 2006/01/17	AMPU 2.00	810	0	
10	STEYN, TIAAN, 1677, 2005/01/13	KZNA 2.00	810	0	
11	EASTON, JOSCA, 869, 2006/01/05	AMPU 1.95	760	0	
11	MOLAOA, OMPHEMETSÁ, 709, 2006/01/25	AGN 1.95	760	0	
13	DU TOIT, RUBIN, 281, 17/10/2005	AFS 1.95	760	0	
14	KORFF, TIAAN, 879, 2006/08/15	AMPU 1.90	710	0	
15	HERMANUS, ELFREYDEN, 1008, 2005-11-29	ASWD 1.90	710	0	
16	FLEISCHMAN, ELFRED, 286, 12/09/2005	AFS 1.90	710	0	
17	MEW, ARMAND, 318, 25/08/2005	AFS 1.85	660	0	
18	VAN HEERDEN, PIETER, 1743, 2006/03/13	LIMA 1.85	660	0	
18	MOKOENA, MUSTHAFA, 1729, 2006/09/17	LIMA 1.85	660	0	

Item 204 13:00 Final Women U23 HighJump**Item 166 08:00 Final Men U23 HighJump**

1	RAATS, BRIAN, 136, 2004/01/17	ACNW 2.24	0	8	G
2	STOCKILL, RYAN, 776, 2004/11/13	AGN 2.05	0	7	S
3	DE WET, DEVAN, 616, 2004/01/06	AGN 2.05	0	6	B
4	JAXA, MUSA, 647, 2003/07/26	AGN 1.95	0	5	



4	TARENDAAL, MYLES, 1809, 2003/10/31	WPA 1.95	0	5
6	LOUWRENS, JUSTIN, 1448, 2003/08/01	CGA 1.95	0	3

Item 4 08:00 Final Girls U16 Polevault

1	LOTTER, ANIKA, 211, 09/02/2009	AFS 3.40	813	8	G
2	BARNARD, LIRA, 1162, 2009/11/02	BOL 3.20	693	7	S
3	VILJOEN, TATYANA, 994, 2010-03-25	ASWD 3.10	635	6	B
4	SCHEEPERS, MIA, 1202, 2009/01/12	BOL 2.90	513	5	
5	SLABBERT, TIANE, 1554, 2009/06/28	EPA 2.90	513	4	
6	PAULSEN, ELNé, 989, 2009-09-29	ASWD 2.80	453	3	
7	CRAVEN, TENEAL, 408, 2009/07/17	AGN 2.70	393	2	
8	KREMS, MIENKE, 1188, 2009/05/23	BOL 2.70	393	1	
9	DE BEER, ISABELLA, 1172, 2009/05/30	BOL 2.70	393	0	
10	VAN MOLENDORFF, MIA, 1562, 2009/02/17	EPA 2.40	200	0	
11	POTGIETER, MICAELA, 1551, 2010/07/07	EPA 2.30	133	0	

Item 39 13:00 Final Boys U16 Polevault

1	THORESSON, KAYDEN ARTHUR, 1606, 2009/01/21	EPA 4.10	710	8	G
2	VAN HEERDEN, REINHARDT, 1266, 2009/01/13	BOL 3.80	570	7	S
3	KELEPU, UHLANGA, 1276, 2009/07/11	BORA 3.40	375	6	B

Item 116 13:00 Final Women U18 Polevault

1	ROTHMAN, SYDNEY, 1200, 2007/02/14	BOL 4.00	1000	8	G
2	DE BEER, ANSUME, 1173, 2007/08/07	BOL 3.80	945	7	S
3	BRAND, LIZAAAN, 977, 2007-04-24	ASWD 3.10	560	6	B
4	PEENS, SICHEL, 46, 2008/09/10	ACNW 3.10	560	5	
5	LOUW, CHRISTI, 1102, 2007/05/25	AVT 3.10	560	4	
6	HALL, ANé, 18, 2007/05/23	ACNW 2.80	385	3	
7	SMIT, RENSKÉ, 537, 2008/02/01	AGN 2.60	260	2	
8	DE JAGER, JADE, 981, 2007-07-19	ASWD 2.60	260	1	
9	VAN DEN BERG, LEANE, 244, 15/07/2007	AFS 2.50	200	0	
10	YSSEL, CILIA, 82, 2007/05/06	ACNW 2.40	133	0	

Item 83 08:00 Final Men U18 Polevault

1	VAN DER LINDE, JADEN, 1262, 2007/04/20	BOL 4.30	710	8	G
2	DE LANGE, JJ, 1575, 2007/08/04	EPA 4.00	576	7	S
3	DU TOIT, KéAN, 1230, 2007/01/02	BOL 3.90	530	6	B
4	CELLIERS, JEANDRE, 1223, 2008/06/24	BOL 3.70	440	5	
5	PURCHASE, JONATHAN, 349, 30/05/2007	AFS 3.70	440	4	
6	WILLE, EDRé, 374, 23/08/2008	AFS 3.60	392	3	

Item 163 08:00 Final Women U20 Polevault

1	PEENS, TIZEL, 47, 2006/07/25	ACNW 3.40	665	8	G
2	PURCHASE, SHANNON, 50, 2005/08/24	ACNW 3.30	610	7	S
3	HECTOR, GILLIAN, 983, 2006-01-09	ASWD 3.10	500	6	B
4	CILLIERS, IXORE, 178, 03/06/2006	AFS 3.00	440	5	
5	VAN EYK, INGE, 1561, 2006/04/25	EPA 2.80	326	4	
6	FLORES, ELRY (RYKIE), 11, 2005/09/12	ACNW 2.60	206	3	

Item 201 13:00 Final Men U20 Polevault

1	NEL, HANDRE, 1247, 2005/03/11	BOL 4.60	772	8	G
2	ROTHMAN, LEE, 1254, 2006/01/27	BOL 4.50	730	7	S
3	MANTHE, TYLER, 1277, 2005/09/11	BORA 4.30	645	6	B
4	ROODE, SG, 757, 2005/11/03	AGN 4.20	600	5	
5	ERASMUS, NEIL, 1001, 2005-02-18	ASWD 4.20	600	4	

Item 164 08:00 Final Women U23 Polevault

1	REINSTORF, MIRE, 1198, 2002/06/05	BOL 4.00	0	8	G
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Item 202 13:00 Final Men U23 Polevault

1	VAN EYK, ZANDER, 1265, 2004/06/24	BOL 4.80	0	8	G
2	PUTZIER, BRYCE, 1252, 2004/04/02	BOL 4.80	0	7	S
3	PRETORIUS, AREND, 134, 2002/08/06	ACNW 4.80	0	6	B
4	VAN HUYSTEEEN, MIGAIL, 1267, 2004/08/19	BOL 4.40	0	5	
5	KUMM, JASON, 661, 2002/11/01	AGN 4.00	0	4	

Item 107 11:30 Final Girls U16 LongJump

1	RETIEF, MINETTE, 1199, 2009/04/28	BOL 5.55	866	8	G	-0.8
2	KOTZE, KATELYN, 839, 2009/12/24	AMPU 5.50	850	7	S	-0.9
3	STRYDOM, RENETTE, 1385, 2009/01/19	CGA 5.47	836	6	B	+0.5
4	VENTER, MEGAN, 575, 2009/07/13	AGN 5.37	800	5		-1.7
5	BOTHA, ANGELIQUE, 923, 2009/01/20	ANWN 5.30	776	4		-0.5
6	VAN DER MERWE, MINKE, 1558, 2009/02/08	EPA 5.25	756	3		-0.1
7	BREWIS, BIANCA, 395, 2009/01/26	AGN 5.10	700	2		+0.8
8	MATTHEWS, JUMARIE, 214, 10/03/2010	AFS 5.05	683	1		+0.2
9	FERREIRA, MEGAN, 425, 2009/01/12	AGN 5.03	676	0		-0.1
10	DU PLESSIS, LYSENCKE, 833, 2010/01/29	AMPU 5.02	672	0		+0.1
11	LE ROUX, KAYLA, 1189, 2009/03/20	BOL 4.93	636	0		+0.0
12	VILJOEN, TATYANA, 994, 2010-03-25	ASWD 4.87	616	0		+0.6
13	NEL, CARA-MIA, 1192, 2010/03/31	BOL 4.86	612	0		-0.3
14	SMITH, MEGAN, 55, 2010/03/24	ACNW 4.86	612	0		+0.2
15	GORDON, ZHEETE, 1092, 2010/03/02	AVT 4.85	608	0		+0.4
16	DEYSEL, JUANE, 1539, 2009/07/01	EPA 4.84	604	0		-0.1
17	SAMPSON, RUKAIYA, 229, 25/09/2010	AFS 4.63	523	0		+0.8
18	JESILE, ASIPHESONA, 1545, 2010/04/20	EPA 4.59	508	0		+0.2

Item 56 15:00 Final Boys U16 LongJump

1	FOURIE, JAYDEN, 1003, 2009-01-06	ASWD 6.92	1000	8	G	+0.0
2	DREYER, ULRICH, 868, 2009/01/02	AMPU 6.55	893	7	S	-0.2
3	MATJAN, QUADE, 1245, 2009/07/17	BOL 6.54	890	6	B	-0.2
4	ELLIS, JEAN-JACQUES, 623, 2010/03/13	AGN 6.52	883	5		+1.5
5	WILLIAMS, CAYDEN, 1025, 2009-09-18	ASWD 6.49	874	4		+1.0
6	DLADLA, SIYANDA, 619, 2009/01/06	AGN 6.27	805	3		+0.2
7	NANDI, OLWETHU, 724, 2009/05/18	AGN 6.26	802	2		+0.2
8	LEWIES, FABIAN, 1011, 2009/04/03	ASWD 6.12	756	1		+0.5
9	KURTZ, LIAM, 1236, 2009/05/04	BOL 6.06	740	0		-0.2
10	SMITH, CALEB, 1280, 2009/04/04	BORA 6.01	723	0		+0.7
11	JANSE VAN VUUREN, JANO, 1581, 2009/08/18	EPA 5.90	686	0		+0.9
12	PHYFER, LEON, 1149, 2009/09/21	AVT 5.89	683	0		+0.8
13	SEKHWELA, JUNIOR, 767, 2009/01/17	AGN 5.82	662	0		+0.8
14	POTGIETER, JP, 911, 2009/01/29	AMPU 5.69	620	0		+0.4
15	DIGOAMAJE, KGOTOS, 1842, / /	CGA 5.66	610	0		+0.5
16	FICK, THOMAS, 285, 17/03/2009	AFS 5.60	590	0		+1.0

Item 130 15:00 Final Women U18 LongJump

1	CROUS, QAADIRAH, 1751, 2007/03/17	WPA 6.03	933	8	G	+1.3
2	MAKGATO, MATSIDISO, 843, 2007/01/03	AMPU 6.01	926	7	S	-0.2
3	NORMAN, ASHLYNN, 1361, 2008/12/28	CGA 5.68	813	6	B	-1.6
4	THEUNISSEN, MIGNON, 1387, 2008/12/02	CGA 5.59	780	5		-0.8
5	RODENBURG, MILA, 525, 2008/02/04	AGN 5.55	766	4		+0.5
6	SWANEPOEL, MIKAYLA, 59, 2007/06/15	ACNW 5.53	760	3		+0.5
7	VERMAAK, MIA, 1565, 2007/01/26	EPA 5.49	746	2		-0.3
8	VAN DEN BERG, ALTEA, 546, 2007/09/29	AGN 5.41	716	1		-1.1



9	KRUGER, TWANè, 841, 2008/04/28	AMPU 5.24	656	0	-0.1
10	DE KLERK, HEIKE, 412, 2007/02/16	AGN 5.20	643	0	-0.6
11	DE KLERK, AMAE, 1295, 2008/04/04	CGA 5.02	580	0	+0.1
12	VISSER, ALETHEA, 1122, 2007/07/05	AVT 4.98	564	0	-1.3

Item 9 08:00 Round 1 of 1 Women U18 LongJump

1	MAKGATO, MATSIDISO, 843, 2007/01/03	AMPU 5.56	770		+1.1
1	RODENBURG, MILA, 525, 2008/02/04	AGN 5.56	770		+1.3
3	THEUNISSEN, MIGNON, 1387, 2008/12/02	CGA 5.55	766		+0.0
4	CROUS, QAADIRAH, 1751, 2007/03/17	WPA 5.54	763		+1.5
5	VISSER, ALETHEA, 1122, 2007/07/05	AVT 5.44	728		+0.4
6	SWANEPOEL, MIKAYLA, 59, 2007/06/15	ACNW 5.41	716		-0.3
7	DE KLERK, HEIKE, 412, 2007/02/16	AGN 5.40	713		+0.4
8	VAN DEN BERG, ALTEA, 546, 2007/09/29	AGN 5.38	706		-0.6
9	VERMAAK, MIA, 1565, 2007/01/26	EPA 5.28	672		+0.6
10	NORMAN, ASHLYNN, 1361, 2008/12/28	CGA 5.26	664		+0.1
11	KRUGER, TWANè, 841, 2008/04/28	AMPU 5.24	656		+0.0
12	DE KLERK, AMAE, 1295, 2008/04/04	CGA 5.19	640		+0.1
13	VERWEY, AMONé, 256, 07/03/2007	AFS 5.03	583		+0.5
14	BOSHOFF, TELANI, 5, 2007/08/16	ACNW 5.02	580		-0.8
15	BROWNE, HANEL, 175, 17/07/2008	AFS 4.94	550		-0.4
16	FOURIE, MICAELA, 15, 2008/09/26	ACNW 4.72	470		+1.0
17	PETERS, TATUM, 1635, 2008/07/13	KZNA 4.66	448		-1.0
18	MOGAJANE, CARMENITTAH, 1341, 2008/01/07	CGA 4.65	444		+0.4
19	VAN WYK (INDIVIDUAL), DANIEL, 1815, 2007/01/19	ASWD 4.49	384		+0.5

Item 102 11:30 Final Men U18 LongJump

1	NIEMAN, NICOLAS, 735, 2007/03/06	AGN 7.10	931	8	G	+1.2
2	CORNELSON, MUSAHQDIQ, 1225, 2007/04/04	BOL 7.05	916	7	S	+1.9
2	LUBACO, MARCOS, 1797, 2007/09/15	WPA 7.05	916	7	S	+1.2
4	SEETA, KATLEHO, 1153, 2007/05/11	AVT 6.85	860	5		+1.7
5	MOLOI, THAPELO, 900, 2007/01/10	AMPU 6.82	850	4		+0.2
5	LESO, LEHUMO, 668, 2007/08/28	AGN 6.82	850	4		+0.1
7	ENGELBRECHT, BLAINE, 1645, 2007/02/05	KZNA 6.78	837	2		+1.7
8	MHLANA, SIYANDA, 895, 2008/01/10	AMPU 6.73	822	1		+2.2
9	NTEEO, TUMISO, 818, 2008/02/01	AGW 6.63	793	0		+0.0
10	JASSON, ROSS, 1648, 2007/01/15	KZNA 6.58	777	0		+3.1
11	MAKOBÉ, MODISANE, 678, 2008/02/03	AGN 6.45	740	0		+1.1
12	JOUBERT, RIGHARDT, 651, 2008/01/23	AGN 6.44	737	0		+0.8
13	SIMELANE, SIYABONGA, 916, 2007/08/28	AMPU 6.29	691	0		+0.8
14	MTHETHWA, LINDOKUHLE, 1663, 2007/08/08	KZNA 6.28	688	0		-0.1
15	MONYEKI, KEAMOGETSWE, 713, 2007/12/02	AGN 5.89	570	0		-0.5

Item 134 15:00 Final Women U20 LongJump

1	COETZEE, TIMEKE JADE, 403, 2006/05/26	AGN 6.36	963	8	G	+1.4
2	NAANE, ATANG, 496, 2006/03/30	AGN 5.99	843	7	S	+1.1
3	ABRAHAMS, KIERA-LEE, 1160, 2006/08/20	BOL 5.88	806	6	B	+1.0
3	DE BEER, MIGNONNE, 1174, 2006/01/26	BOL 5.88	806	6	B	+0.4
5	MASILO, PHELETSO, 479, 2005/02/21	AGN 5.61	713	4		+2.4
6	RAMPALENG, JUSTINE, 225, 14/04/2006	AFS 5.56	696	3		+0.3
7	BOTHA, MICYLA, 387, 2005/10/06	AGN 5.43	653	2		+0.7
8	LE ROUX, AMONé, 28, 2006/03/03	ACNW 5.38	636	1		-0.3
9	OOSTHUIZEN, MARY-AMY, 44, 2005/03/23	ACNW 5.34	623	0		-1.1



10	WILLIAMS, MADELEIN, 1640, 2005/07/05	KZNA 5.27	596	0		-0.1
10	MAKWETLA, ONTHATILE, 1326, 2006/05/26	CGA 5.27	596	0		-0.5
12	VAN DEN BERG, MARISA, 549, 2006/02/27	AGN 5.13	550	0		-0.1
13	NAGEL, LIANCA, 1105, 2005/02/13	AVT 5.02	510	0		-0.3
14	MERENSKY, ERIN JADE, 484, 2005/03/24	AGN 4.91	473	0		+0.4
14	RAMOHLOLA, KOKETSO, 1374, 2006/02/10	CGA 4.91	473	0		+1.0
16	VAN DER SCHYFF, MISCHA, 559, 2006/06/19	AGN 4.86	453	0		+0.7
17	NEL, LIANÉ, 41, 2006/07/22	ACNW 4.80	433	0		+1.6

Item 29 11:30 Final Men U20 LongJump

1	MASIKANE, TEMOSO, 949, 2006/04/26	ANWN 7.71	1000	8	G	+0.6
2	MC CLOEN, DWIGHT, 116, 2005/04/05	ACNW 7.58	976	7	S	+0.3
3	FRANCOIS, VENTER, 1430, 2006/02/15	CGA 7.25	882	6	B	-0.7
4	HERMANUS, ELFREYDEN, 1008, 2005-11-29	ASWD 7.17	860	5		+2.2
5	CHAUKE, AFRIKA, 1415, 2006/07/06	CGA 7.12	846	4		+0.6
6	MOTHIBI, GONTSE, 1144, 2006/02/06	AVT 7.03	820	3		+0.8
7	TSHIBUMBU, REINALD, 1519, 2005/03/14	CGA 6.97	802	2		+1.1
8	STOLTZ, ROLAND, 918, 2006/06/06	AMPU 6.92	788	1		+0.8
9	MONYAKU, OBAKENG, 712, 2005/07/26	AGN 6.78	750	0		+0.7
10	SAMSON, RAYMONDRE, 1013, 2005-09-21	ASWD 6.77	746	0		+0.0
11	EKSTEEN, JERALLE, 283,	AFS 6.64	708	0		+1.5
12	WALSH, JAYDEN, 158, 2006/01/27	ACNW 6.63	705	0		+0.7
13	RAMMABI, THABANG, 750, 2006/02/02	AGN 6.62	702	0		-0.1
14	MARCUS, JAMIEL, 1798, 2006/03/19	WPA 6.59	694	0		+1.0
15	BASSON, TUNESIAN, 1569, 2006/08/28	EPA 6.57	688	0		+0.1
16	SEEKOEI, MARZANNO, 1603, 2006/09/05	EPA 6.55	682	0		+0.9
17	MNGUNI, NTANDO, 699, 2005/07/14	AGN 6.35	625	0		+0.7
18	MEHLO, LIOR, 1062, 2005/04/24	ATRA 6.33	620	0		+1.0
19	OLIVER, HENDRIK ERASMUS, 1830, 2006/01/27	NWC 6.24	593	0		-0.7
20	MOTUBATSE, KARABO, 717, 2006/03/31	AGN 6.23	590	0		+1.9
21	MBANJWA, ANDISWA, 1652, 2006/03/23	KZNA 6.00	523	0		+1.5
22	JADA, NIC, 1051, 2006/03/27	ATRA 5.24	293	0		-0.5

Item 10 08:00 Final Women U23 LongJump

1	NOLTE, DANIELLE, 508, 2002/01/11	AGN 6.42	0	8	G	+1.5
2	FOUCHÉ, KARMEN, 12, 2003/01/02	ACNW 6.13	0	7	S	-0.3
3	GERBER, JOANE, 193, 10/06/2003	AFS 5.97	0	6	B	+1.1
4	MASHABA, NOLWAZI, 1329, 2002/01/10	CGA 5.77	0	5		-0.2
5	BRONKHORST, CARA, 397, 2004/12/26	AGN 5.68	0	4		+0.4
6	MOLOTO, KWENA, 1104, 2002/11/23	AVT 5.50	0	3		-0.1
7	BOTHA, MIKA, 389, 2004/04/20	AGN 5.44	0	2		+0.4

Item 30 11:30 Final Men U23 LongJump

1	WYNGAARD, ABDUD-DAIYAAN, 1814, 2002/06/04	WPA 7.69	0	8	G	+0.6
2	DLAMINI, SAMKELO, 276, 05/03/2004	AFS 7.62	0	7	S	+0.5
3	MONDLANE, JUNIOR, 328, 03/06/2003	AFS 7.53	0	6	B	+0.2
4	XULU, SIYABULELA, 806, 2002/02/15	AGN 7.45	0	5		+0.5
5	MEMARUDE, FULUFHELO, 118, 2002/11/08	ACNW 7.25	0	4		-3.9
6	NKUNA, THAPELO, 339, 02/04/2002	AFS 7.00	0	3		+0.2
7	MOSIANE, OBAKENG, 955, 2004/11/26	ANWN 6.97	0	2		-1.0
8	KANDORO, ELSHAMMAH, 653, 2002/06/07	AGN 6.82	0	1		+0.2
9	MOLOTO, LESEDI, 1142, 2003/02/27	AVT 6.78	0	0		+0.0
10	MOKOENA, LERUO, 707, 2004/01/13	AGN 6.54	0	0		+0.2
11	TSILO, SIMON, 1157, 2003/07/14	AVT 6.34	0	0		+0.3

12	NGOBENI, CHARLIE , 1488, 2004/01/21	CGA 5.97	0	0		-1.3
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Item 193 11:30 Final Girls U16 TripleJump

7m

1	VILJOEN, ANNA-MART, 1396, 2009/02/27	CGA 11.09	844	8	G	-0.4
2	NEL, CARA-MIA, 1192, 2010/03/31	BOL 10.89	807	7	S	+1.1
3	GORDON, ZHEETE, 1092, 2010/03/02	AVT 10.43	723	6	B	-0.6
4	IVANOV, OLGA, 439, 2009/09/07	AGN 10.33	705	5		+0.4
5	MATTHEWS, JUMARIE, 214, 10/03/2010	AFS 10.28	696	4		+2.9
6	NIEUWENHUIZEN, LEANÉ, 1106, 2009/11/12	AVT 10.14	669	3		-0.2
7	KLUE, LISA, 454, 2009/03/25	AGN 10.04	651	2		-1.3
8	LANGA, SNETHEMBA, 1622, 2009/03/11	KZNA 09.83	612	1		-0.6
9	STRYDOM, CAYLEE, 238, 16/02/2010	AFS 09.81	608	0		-1.4
10	JANSE VAN VUUREN, DENIKE, 1821, 2009/06/04	NWC 09.11	476	0		-1.3

Item 90 08:00 Final Boys U16 TripleJump

9m

1	THORESSON, KAYDEN ARTHUR, 1606, 2009/01/21	EPA 13.12	748	8	G	+0.5
2	ELLIS, JEAN-JACQUES, 623, 2010/03/13	AGN 12.48	654	7	S	-0.1
3	VAN HEERDEN, REINHARDT, 1266, 2009/01/13	BOL 12.42	645	6	B	+0.4
4	PHYFER, LEON, 1149, 2009/09/21	AVT 12.08	594	5		+0.4
5	APOLLIS, LIAM, 1217, 2009/11/18	BOL 11.96	575	4		+0.2

Item 162 08:00 Final Women U18 TripleJump

9m

1	CROUS, QAADIRAH, 1751, 2007/03/17	WPA 12.01	898	8	G	-1.5
2	DE KLERK, HEIKE, 412, 2007/02/16	AGN 11.73	850	7	S	+0.2
3	KOTZE, AMY, 204, 20/01/2007	AFS 11.45	801	6	B	+0.7
4	DE VRIES, GRACE, 1176, 2008/05/27	BOL 11.41	795	5		-0.9
4	THEUNISSEN, MIGNON, 1387, 2008/12/02	CGA 11.41	795	5		-0.1
6	VAN BRED A, TAYLON , 1119, 2008/01/04	AVT 11.28	772	3		+2.2
7	DAVIS, CHRYSTABEL, 410, 2008/12/05	AGN 11.18	755	2		+1.3
8	NSOVO, NTLEMO, 509, 2007/09/02	AGN 11.01	725	1		+0.6
9	VAN DEN BERG, ALTEA, 546, 2007/09/29	AGN 10.93	711	0		+0.2
10	BADENHORST, AMORE, 380, 2007/05/25	AGN 10.65	661	0		-0.7
11	VERMAAK, MIA, 1565, 2007/01/26	EPA 10.61	655	0		+0.0
12	KROMHOUT, MIEKE, 26, 2007/02/03	ACNW 10.54	643	0		-1.6

Item 89 08:00 Round 1 of 1 Women U18 TripleJump

9m

1	CROUS, QAADIRAH, 1751, 2007/03/17	WPA 11.74	851			-0.7
2	KOTZE, AMY, 204, 20/01/2007	AFS 11.71	846			+0.3
3	DAVIS, CHRYSTABEL, 410, 2008/12/05	AGN 11.21	760			+0.4
4	THEUNISSEN, MIGNON, 1387, 2008/12/02	CGA 11.20	758			+0.0
5	DE KLERK, HEIKE, 412, 2007/02/16	AGN 11.15	750			-1.1
6	VAN BRED A, TAYLON , 1119, 2008/01/04	AVT 11.14	748			-0.2
7	VAN DEN BERG, ALTEA, 546, 2007/09/29	AGN 11.05	732			+0.0
8	DE VRIES, GRACE, 1176, 2008/05/27	BOL 11.04	730			-0.5
9	VERMAAK, MIA, 1565, 2007/01/26	EPA 10.74	678			+0.1
10	NSOVO, NTLEMO, 509, 2007/09/02	AGN 10.61	655			+0.1
10	BADENHORST, AMORE, 380, 2007/05/25	AGN 10.61	655			+0.2
10	KROMHOUT, MIEKE, 26, 2007/02/03	ACNW 10.61	655			+0.0
13	BAYISA, OLWETHU, 822, 2007/08/09	AMPU 10.53	641			-0.2
14	BROWNE, HANEL, 175, 17/07/2008	AFS 10.51	638			-0.3
15	VAN ZYL, LIANE, 859, 2008/06/03	AMPU 10.50	636			+0.9
16	MOKWENA, TSHEPI, 845, 2008/05/13	AMPU 10.32	603			+0.5
17	COETZER, TERA-LEIGH, 1293, 2007/04/12	CGA 10.26	593			+0.4
18	HILL, SUNE, 201, 26/02/2008	AFS 10.21	585			+0.1
18	BOSHOF F, INGE, 1288, 2007/06/01	CGA 10.21	585			+0.0



20	MOGAJANE, CARMENITTAH, 1341, 2008/01/07	CGA 10.14	572			+0.1
21	KLAASEN, KYLIE, 1546, 2008/07/22	EPA 09.70	492			+0.1

Item 220 15:00 Final Men U18 TripleJump

11m

1	MELAAT, DANNY, 316, 14/02/2007	AFS 14.54	871	8	G	+1.4
2	DE KLERK, HANNO, 609, 2008/04/11	AGN 14.49	864	7	S	+0.3
3	SIMELANE, SIYABONGA, 916, 2007/08/28	AMPU 13.76	761	6	B	-0.5
4	PRETORIUS, LUKA, 1150, 2007/02/22	AVT 13.73	757	5		+0.3
5	BASILA, GIBBOR, 1401, 2007/12/14	CGA 13.69	751	4		+1.4
6	MONYEKI, KEAMOGETSWE, 713, 2007/12/02	AGN 13.60	740	3		+0.9
7	STANDER, HANNES, 773, 2008/03/05	AGN 13.45	718	2		+1.0
8	MHLANA, SIYANDA, 895, 2008/01/10	AMPU 13.16	677	1		-0.4
9	SEETA, KATLEHO, 1153, 2007/05/11	AVT 13.04	660	0		+0.2
10	XOKIYANA, LUVU, 1281, 2007/03/20	BORA 12.89	638	0		+0.1
11	MOFOLO, TSHEPO, 702, 2008/03/19	AGN 12.56	590	0		-0.1

Item 221 15:00 Final Women U20 TripleJump

11m

1	LE ROUX, AMONé, 28, 2006/03/03	ACNW 11.80	783	8	G	+0.8
2	MASILO, PHELETSO, 479, 2005/02/21	AGN 11.73	771	7	S	-0.9
3	HELBERG, LU-RIKA, 1309, 2005/05/10	CGA 11.60	750	6	B	-0.6
4	LAUBSCHER, ANDREA, 27, 2005/10/10	ACNW 11.46	726	5		-1.5
5	MANIKAS, LEA, 476, 2006/08/14	AGN 11.25	691	4		-0.3
6	VAN DER SCHYFF, MISCHA, 559, 2006/06/19	AGN 10.94	640	3		+1.9
7	MERENSKY, ERIN JADE, 484, 2005/03/24	AGN 10.90	632	2		-0.1
8	MONYKGOPE, ANGELA, 1345, 2006/11/07	CGA 10.40	547	1		+0.1
9	LESCH, NEKITA, 1101, 2006/08/15	AVT 09.99	476	0		-1.7

Item 191 11:30 Final Men U20 TripleJump

13m

1	OLIVIER, ETHAN, 130, 2005/08/07	ACNW 16.54	1000	8	G	+1.0
2	JEKEM, SANDISO, 648, 2006/04/10	AGN 15.04	877	7	S	+0.8
3	MUSARURWA, DYLAN, 903, 2005/02/15	AMPU 14.95	864	6	B	+1.3
4	EKSTEEN, JERALLE, 283,	AFS 14.17	758	5		+1.7
5	MNGUNI, NTANDO, 699, 2005/07/14	AGN 13.81	708	4		-0.6
6	SEEKOEI, MARZANNO, 1603, 2006/09/05	EPA 13.77	702	3		+2.6
7	BESTER, LIEBEN, 1570, 2006/10/23	EPA 13.45	658	2		+0.6
8	FAKUDE, SIYA, 872, 2005/01/04	AMPU 13.17	620	1		+0.2

Item 169 08:00 Final Women U23 TripleJump

1	VAN TONDER, JOHANI, 252, 19/02/2004	AFS 12.39	0	8	G	+1.2
2	DIKIO, GRACE, 420, 2002/03/25	AGN 12.01	0	7	S	+1.7
3	SIBIYA, AKANI, 533, 2004/01/12	AGN 11.28	0	6	B	+0.8

Item 192 11:30 Final Men U23 TripleJump

1	OLIVIER, WELRE, 131, 2002/11/04	ACNW 16.28	0	8	G	+0.0
2	KGALA, THATO TERRANCE, 1442, 2002/01/14	CGA 15.50	0	7	S	-1.0
3	ADEDOKUN, PEACE, 581, 2003/11/18	AGN 15.45	0	6	B	-0.4
4	MERILE, SAMBESO, 1595, 2002/05/22	EPA 14.97	0	5		+0.9
5	MEMARUDE, FULUFHELO, 118, 2002/11/08	ACNW 14.90	0	4		+0.1
6	LUPHUZI, SISANDA, 1450, 2004/02/05	CGA 14.36	0	3		+0.6
7	MOSIANE, OBAKENG, 955, 2004/11/26	ANWN 14.00	0	2		+0.9

Item 188 11:30 Final Girls U16 Shotput

3kg

1	VILJOEN, LENKA, 993, 2009-07-27	ASWD 15.19	967	8	G	
2	LAMPBRECHT, JOHANNE, 457, 2009/03/05	AGN 14.70	948	7	S	
3	JUBILEUS, KYRA, 932, 2010/01/23	ANWN 14.01	921	6	B	

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

4	BORNMAN, IMKE, 4, 2010/02/11	ACNW 13.35	896	5
5	KOCK, KARLA, 810, 2010/04/12	AGW 12.99	883	4
6	LE GRANGE, ELIZKA, 985, 2009-09-10	ASWD 12.88	878	3
7	VAN VUUREN, CARLIA, 572, 2009/07/20	AGN 12.82	876	2
8	SMITH, GIZELLE, 538, 2009/02/27	AGN 12.59	867	1
9	VENTER, KAYLIN, 1392, 2009/07/03	CGA 11.78	835	0
10	VAN EEDEN, KARA, 1389, 2010/06/17	CGA 11.73	832	0
11	STRYDOM, LUNE, 541, 2009/07/12	AGN 11.52	824	0
12	PARROTT, NICOLE, 849, 2009/07/24	AMPU 11.44	820	0
13	WELMAN, MEGAN, 1124, 2009/05/14	AVT 11.38	818	0
14	NEL, DOMUNIQUE, 1351, 2010/07/30	CGA 11.14	808	0
15	VAN ASWEGEN, MARTINÉ, 63, 2009/08/29	ACNW 09.69	743	0

Item 214 15:00 Final Boys U16 Shotput

4kg

1	BEZUIDENHOUDT, DEWALD, 588, 2009/06/03	AGN 18.64	1000	8	G
2	VAN DYK, JACO, 793, 2010/05/18	AGN 17.85	964	7	S
3	HANCKE, MARNU, 1719, 2009/01/12	LIMA 17.67	956	6	B
4	FOURIE, LOUIS, 1004, 2009-01-01	ASWD 16.55	906	5	
5	GERBER, JOSHUA, 632, 2009/09/08	AGN 16.50	904	4	
6	BOTHA, DARIUS, 1126, 2010/03/01	AVT 16.15	889	3	
7	SWART, ARNO, 1514, 2009/06/09	CGA 15.79	873	2	
8	OPPERMAN, ARMIN, 132, 2009/09/01	ACNW 15.70	870	1	
9	VAN TONDER, HENGERT, 795, 2009/04/06	AGN 15.49	860	0	
10	BOTES, LOGAN, 85, 2009/02/03	ACNW 14.96	837	0	
11	ERASMUS, AIDAN, 998, 2009-08-03	ASWD 14.81	830	0	
12	BENSON, JONATHAN, 84, 2009/01/06	ACNW 14.79	829	0	
13	DU PLESSIS, DANTE, 1576, 2009/03/11	EPA 14.62	821	0	
14	VOLCHENK, NATHAN, 971, 2009/01/05	ANWN 14.07	796	0	
15	VAN WYK, JOHANNES, 1023, 2009-01-07	ASWD 13.59	773	0	
16	SPAMERS, VINALDO, 1154, 2009/04/21	AVT 13.29	759	0	

Item 161 08:00 Final Women U18 Shotput

3kg

1	BOOYSEN, HEIDI, 1285, 2008/02/13	CGA 17.37	1000	8	G
2	OLIVIER, JAMORÉ, 1366, 2007/03/02	CGA 16.99	1000	7	S
3	BEZUIDENHOUT, CHRIS-MARI, 823, 2008/04/29	AMPU 16.82	998	6	B
4	NEL, CHRIS-MARI, 1193, 2007/08/06	BOL 16.68	992	5	
5	NEL, ASHLYNN, 502, 2007/01/19	AGN 15.31	941	4	
6	JACOBS, JEANDRE, 440, 2007/08/27	AGN 15.22	938	3	
7	BRINK, MINKI, 1748, 2008/10/08	WPA 14.64	917	2	
8	ODENDAAL, NICOLA, 512, 2007/06/14	AGN 14.42	909	1	
9	LEMMER, ANE, 208, 10/08/2007	AFS 13.29	868	0	
10	MAMPE, REATLEGILE, 33, 2007/04/29	ACNW 12.91	854	0	
11	STEYNBERG, DONELI, 58, 2008/02/13	ACNW 12.54	840	0	
12	JANSE VAN RENSBURG, MERLE, 442, 2008/05/11	AGN 11.98	818	0	

Item 6 08:00 Round 1 of 1 Women U18 Shotput

3kg

1	BOOYSEN, HEIDI, 1285, 2008/02/13	CGA 16.04	968	
2	BEZUIDENHOUT, CHRIS-MARI, 823, 2008/04/29	AMPU 15.82	960	
3	NEL, CHRIS-MARI, 1193, 2007/08/06	BOL 15.69	955	
4	OLIVIER, JAMORÉ, 1366, 2007/03/02	CGA 15.17	936	
5	NEL, ASHLYNN, 502, 2007/01/19	AGN 15.12	934	
6	JACOBS, JEANDRE, 440, 2007/08/27	AGN 14.70	919	
7	ODENDAAL, NICOLA, 512, 2007/06/14	AGN 14.15	900	
8	LEMMER, ANE, 208, 10/08/2007	AFS 13.47	875	

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

9	BRINK, MINKI, 1748, 2008/10/08	WPA 13.41	872
10	MAMPE, REATLEGILE, 33, 2007/04/29	ACNW 12.99	857
11	STEYNBERG, DONELI, 58, 2008/02/13	ACNW 12.91	854
12	JANSE VAN RENSBURG, MERLE, 442, 2008/05/11	AGN 12.72	846
13	NEL, ZANè, 846, 2008/08/25	AMPU 12.65	844
14	RAUTENBACH, LISA, 227, 14/04/2008	AFS 12.49	838
15	PIENAAR, KEIRA, 1368, 2007/01/20	CGA 12.43	835
16	SWART, ELIZMA, 855, 2007/08/16	AMPU 12.25	828
17	ODENDAAL, IZA-MARIZE, 1364, 2008/05/14	CGA 12.15	824
18	ROTHMANN, MARIKE, 1638, 2007/01/25	KZNA 12.06	821
19	GROBLER, CHRISTEL, 1093, 2007/02/03	AVT 11.90	814
20	WATSON, JUDY, 263, 05/11/2007	AFS 11.78	810
21	LE ROUX, BEANDRI, 933, 2007/03/25	ANWN 11.77	809
22	PRETORIUS, ROZèL, 49, 2008/01/08	ACNW 11.55	800
23	UECKERMANN, MILA, 1770, 2008/06/30	WPA 11.09	781
24	VAN HEERDEN, TANYA, 1121, 2007/03/02	AVT 10.92	774

Item 85 08:00 Final Men U18 Shotput

5kg

1	DU PLESSIS, ZIAN, 997, 2007-05-21	ASWD 19.09	991	8	G
2	MEYER, JORDAN, 693, 2007/01/25	AGN 18.56	967	7	S
3	ERASMUS, AIDAN, 626, 2007/03/08	AGN 17.78	933	6	B
4	STEVENS, TIAAN, 774, 2007/03/08	AGN 16.84	894	5	
5	NEL, HANRO, 126, 2007/02/18	ACNW 16.81	892	4	
6	MARITZ, NICKUS, 1138, 2008/11/04	AVT 16.66	886	3	
7	PIETERSE, LOURENS, 1735, 2007/10/11	LIMA 16.38	874	2	
8	PRINSLOO, WILLEM, 135, 2008/05/28	ACNW 15.92	855	1	
9	NEL, KEANU, 1487, 2008/01/11	CGA 15.41	833	0	
10	MONYAKE, SHAUN, 711, 2007/01/03	AGN 15.03	816	0	
11	SENEKAL, ERIK, 768, 2008/08/19	AGN 14.97	813	0	
12	VAN RENSBURG, WALTER, 1020, 2008-02-10	ASWD 14.57	795	0	
13	VAN DER BANK, XANDRE, 920, 2007/01/23	AMPU 14.09	773	0	
14	THYSSE, NICOLIS, 1607, 2007/02/20	EPA 12.30	688	0	

Item 24 11:30 Final Women U20 Shotput

4kg

1	KHUNOU, ALICIA, 451, 2006/04/18	AGN 15.11	988	8	G
2	SEROTTI, CHLOE, 1764, 2006/01/03	WPA 13.79	934	7	S
3	LA GRANGE, MIGNON, 1319, 2006/01/16	CGA 13.70	931	6	B
4	VAN NIEKERK, AMARI, 1390, 2005/05/25	CGA 13.51	923	5	
5	VAN DEN BERG, CELLONIKA, 1863, / /	AGN 12.59	887	4	
6	WASMUTH, TYLA AANN, 262, 26/04/2006	AFS 12.10	867	3	
7	VAN ROOYEN, MISCHA, 568, 2006/11/29	AGN 11.37	837	2	
8	JACOBS, MARINè, 21, 2006/02/22	ACNW 11.34	835	1	
9	HOLTZHAUSEN, MEGAN, 1097, 2006/10/31	AVT 11.17	828	0	
10	MULDER, CHANTE, 1549, 2006/11/14	EPA 10.30	789	0	

Item 103 11:30 Final Men U20 Shotput

6kg

1	VAN RENSBURG, JACOBUS LODEWIKUS, 1021, 2005-08-05	ASWD 19.50	1000	8	G
2	LAMBERTS, HENCO, 662, 2006/09/19	AGN 18.52	963	7	S
3	DE MEYER, PC, 90, 2005/06/13	ACNW 16.78	890	6	B
4	NEL, KEEGAN, 729, 2005/08/02	AGN 16.55	880	5	
5	BADENHORST, WESLEY, 582, 2006/05/05	AGN 16.49	877	4	
6	LEMMER, RYAN, 302, 04/02/2006	AFS 16.28	868	3	
7	SWEETNAM, JOSHUA, 1678, 2005/04/07	KZNA 16.18	864	2	
8	SANDER, NATHAN, 1255, 2006/03/31	BOL 15.80	848	1	
9	JONKER, SEAN, 102, 2006/08/11	ACNW 15.63	841	0	



10	MALAN, JAQUES, 889, 2006/01/05	AMPU 15.56	838	0
11	BURGESS, JORDAN, 1779, 2005/03/07	WPA 14.45	788	0
12	WILLEMSE, NELIUS, 161, 2006/08/09	ACNW 13.99	767	0
13	LINDEQUE, WILLEM, 1446, 2006/05/22	CGA 13.50	745	0

Item 25 11:30 Final Women U23 Shotput

1	GRUNDLING, ALANA, 1542, 2003/04/16	EPA 12.37	0	8	G
2	GELDENHUYS, RUZEL, 429, 2003/11/24	AGN 11.91	0	7	S

Item 132 15:00 Final Men U23 Shotput

1	LIEBENBERG, DJ, 112, 2003/02/18	ACNW 16.52	0	8	G
2	DE VILLIERS, CIAN, 1421, 2004/01/15	CGA 16.37	0	7	S
3	JOUBERT, NANTUS, 652, 2004/02/06	AGN 14.56	0	6	B
4	VAN ZYL, ANROUX, 156, 2004/11/29	ACNW 13.77	0	5	

Item 86 08:00 Final Girls U16 Discus

1kg

1	LAMPBRECHT, JOHANNE, 457, 2009/03/05	AGN 39.73	924	8	G
2	JUBIILEUS, KYRA, 932, 2010/01/23	ANWN 39.61	922	7	S
3	BORNMAN, IMKE, 4, 2010/02/11	ACNW 38.84	910	6	B
4	DE WET, MARLI, 928, 2010/03/26	ANWN 36.91	881	5	
5	PARROTT, NICOLE, 849, 2009/07/24	AMPU 35.91	866	4	
6	VAN ASWEGEN, MARTINÉ, 63, 2009/08/29	ACNW 35.55	860	3	
7	NEL, AMY-ISABELLA, 501, 2009/06/11	AGN 35.19	854	2	
8	VAN EEDEN, KARA, 1389, 2010/06/17	CGA 34.88	849	1	
9	VERMAAS, MARNI, 1394, 2009/06/06	CGA 33.61	829	0	
10	FOURIE, DANIELLA, 428, 2010/08/16	AGN 33.54	828	0	
11	BEUKES, JANETTE, 168, 25/06/2010	AFS 32.99	819	0	
12	SCHOLTZ, MIIKE, 990, 2009-01-07	ASWD 31.04	786	0	
13	HEYMAN, TAMLYN, 1543, 2010/07/14	EPA 27.40	720	0	
14	VENTER, KAYLIN, 1392, 2009/07/03	CGA 26.74	708	0	

Item 129 15:00 Final Boys U16 Discus

1kg

1	MARTHINUS, ZAUN, 1242, 2009/03/20	BOL 69.91	1000	8	G	ASA1624
2	GERBER, JOSHUA, 632, 2009/09/08	AGN 69.40	1000	7	S	ASA1624
3	HANCKE, MARNU, 1719, 2009/01/12	LIMA 59.92	957	6	B	
4	BOTES, LOGAN, 85, 2009/02/03	ACNW 58.47	940	5		
5	POTGIETER, LIAN, 964, 2009/01/05	ANWN 56.54	917	4		
6	BOTHA, DARIUS, 1126, 2010/03/01	AVT 56.07	911	3		
7	VAN TONDER, HENGERT, 795, 2009/04/06	AGN 54.45	893	2		
8	VAN DYK, JACO, 793, 2010/05/18	AGN 51.09	853	1		
9	WHITE, MARNO, 1532, 2009/05/19	CGA 50.16	842	0		
10	STEWART, JAYDEN, 779, 2009/05/25	AGN 48.63	823	0		
11	ERASMUS, AIDAN, 998, 2009-08-03	ASWD 47.74	812	0		
12	DA SILVA, TRISTAN, 1417, 2009/10/06	CGA 38.56	689	0		

Item 7 08:00 Round 1 of 1 Boys U16 Discus

1kg

1	MARTHINUS, ZAUN, 1242, 2009/03/20	BOL 64.80	1000			ASA1624
2	GERBER, JOSHUA, 632, 2009/09/08	AGN 63.24	998			
3	VAN TONDER, HENGERT, 795, 2009/04/06	AGN 53.30	879			
4	BOTES, LOGAN, 85, 2009/02/03	ACNW 52.43	869			
5	POTGIETER, LIAN, 964, 2009/01/05	ANWN 52.41	869			
6	BOTHA, DARIUS, 1126, 2010/03/01	AVT 51.75	861			
7	HANCKE, MARNU, 1719, 2009/01/12	LIMA 51.30	856			
8	VAN DYK, JACO, 793, 2010/05/18	AGN 49.51	834			
9	STEWART, JAYDEN, 779, 2009/05/25	AGN 48.98	827			
10	ERASMUS, AIDAN, 998, 2009-08-03	ASWD 48.94	827			
11	WHITE, MARNO, 1532, 2009/05/19	CGA 48.25	818			
12	DA SILVA, TRISTAN, 1417, 2009/10/06	CGA 47.03	803			



13	VOLCHENK, NATHAN, 971, 2009/01/05	ANWN 46.58	797
14	SPAMERS, VINALDO, 1154, 2009/04/21	AVT 45.02	777
15	BENSON, JONATHAN, 84, 2009/01/06	ACNW 44.89	776
16	LESSING, CRISTIAN, 1589, 2009/02/27	EPA 44.04	764
17	VAN WYK, JOHANNES, 1023, 2009-01-07	ASWD 43.49	757
18	MABIDSELA, ORATILE, 671, 2009/03/20	AGN 43.41	756
19	KUNNEKE, LINCOLN, 1585, 2009/01/08	EPA 43.37	756
20	OPPERMAN, ARMIN, 132, 2009/09/01	ACNW 43.01	751
21	THERON, JOHN-PIERRE, 1156, 2009/01/16	AVT 40.17	712
22	DU PLESSIS, DANTE, 1576, 2009/03/11	EPA 36.66	661
23	REYNDERS, BRITS, 351, 26/08/2009	AFS 34.05	621
24	MBAMBO, UNATHI, 312, 17/08/2009	AFS 28.97	537

Item 215 15:00 Final Women U18 Discus

1kg

1	LOEDOLFF, CHIRSTE, 461, 2007/08/24	AGN 47.39	1000	8	G
2	NEL, CHRIS-MARI, 1193, 2007/08/06	BOL 45.79	980	7	S
3	BREYTENBACH, CARA, 396, 2007/01/29	AGN 43.91	952	6	B
4	OLIVIER, JAMORé, 1366, 2007/03/02	CGA 42.75	935	5	
5	BRINK, DANIEL, 1082, 2007/05/15	AVT 42.31	928	4	
6	ODENDAAL, NICOLA, 512, 2007/06/14	AGN 42.11	925	3	
7	JANSE VAN RENSBURG, MERLE, 442, 2008/05/11	AGN 41.69	919	2	
8	COETZEE, MIEKE, 980, 2007-05-14	ASWD 39.44	887	1	
9	ENGELBRECHT, ELZE, 930, 2008/04/14	ANWN 39.28	885	0	
10	STEYNBERG, DONELI, 58, 2008/02/13	ACNW 38.90	879	0	
11	ODENDAAL, IZA-MARIZE, 1364, 2008/05/14	CGA 37.91	865	0	

Item 51 15:00 Round 1 of 1 Women U18 Discus

1kg

1	LOEDOLFF, CHIRSTE, 461, 2007/08/24	AGN 45.75	979
2	NEL, CHRIS-MARI, 1193, 2007/08/06	BOL 45.04	968
3	WATSON, JUDY, 263, 05/11/2007	AFS 44.84	965
4	OLIVIER, JAMORé, 1366, 2007/03/02	CGA 43.49	945
5	ENGELBRECHT, ELZE, 930, 2008/04/14	ANWN 43.08	939
6	ODENDAAL, IZA-MARIZE, 1364, 2008/05/14	CGA 41.83	921
7	BRINK, DANIEL, 1082, 2007/05/15	AVT 41.24	913
8	BREYTENBACH, CARA, 396, 2007/01/29	AGN 40.98	909
9	COETZEE, MIEKE, 980, 2007-05-14	ASWD 40.55	903
10	ODENDAAL, NICOLA, 512, 2007/06/14	AGN 39.53	888
11	JANSE VAN RENSBURG, MERLE, 442, 2008/05/11	AGN 38.64	875
12	STEYNBERG, DONELI, 58, 2008/02/13	ACNW 38.15	868
13	RAUTENBACH, LISA, 227, 14/04/2008	AFS 37.77	862
14	UECKERMANN, MILA, 1770, 2008/06/30	WPA 37.62	860
15	NEL, ASHLYNN, 502, 2007/01/19	AGN 36.77	847
16	MAMPE, REATLEGILE, 33, 2007/04/29	ACNW 36.24	839
17	TALJAARD, CARLI, 241, 24/04/2008	AFS 35.13	822
18	NEL, ZANè, 846, 2008/08/25	AMPU 35.09	822
19	PIENAAR, KEIRA, 1368, 2007/01/20	CGA 34.59	814
20	LOUW, LYNN-MARI, 212, 28/03/2008	AFS 34.18	807
21	PRETORIUS, ROZèL, 49, 2008/01/08	ACNW 33.78	801
22	CHALMERS, ALISON, 1750, 2008/01/14	WPA 31.89	770
23	LEMMER, ANE, 208, 10/08/2007	AFS 30.39	745
24	ROTHMANN, MARIKE, 1638, 2007/01/25	KZNA 28.37	710

Item 131 15:00 Final Men U18 Discus

1.5kg

1	STEVENS, TIAAN, 774, 2007/03/08	AGN 60.19	981	8	G
2	ERASMUS, AIDAN, 626, 2007/03/08	AGN 59.12	968	7	S
3	HELBERG, JOHANNES, 1721, 2008/02/26	LIMA 53.98	905	6	B

**Meeting :ASA U16, U18, U20, U23 T&F CHAMPIONSHIP(F)
2024/03/21 to 2024/03/23 at PILDITCH STADIUM PRETORIA**

4	PRINSLOO, WILLEM, 135, 2008/05/28	ACNW 53.30	897	5
5	SENEKAL, ERIK, 768, 2008/08/19	AGN 51.48	875	4
6	NEL, JOHACHIM, 959, 2007/02/07	ANWN 50.72	866	3
7	MONYAKE, SHAUN, 711, 2007/01/03	AGN 49.30	848	2
8	VAN RENSBURG, WALTER, 1020, 2008-02-10	ASWD 48.39	837	1
9	NEL, HANRO, 126, 2007/02/18	ACNW 47.41	824	0
10	DU TOIT, JADE, 1714, 2007/04/13	LIMA 47.01	819	0
11	MARITZ, NICKUS, 1138, 2008/11/04	AVT 46.60	814	0
12	MULLER, JUHIN, 336, 03/03/2007	AFS 46.39	811	0

Item 26 11:30 Round 1 of 1 Men U18 Discus

1.5kg

1	ERASMUS, AIDAN, 626, 2007/03/08	AGN 55.40	922	
2	STEVENS, TIAAN, 774, 2007/03/08	AGN 55.29	920	
3	VAN RENSBURG, WALTER, 1020, 2008-02-10	ASWD 49.75	854	
4	SENEKAL, ERIK, 768, 2008/08/19	AGN 48.76	842	
5	DU TOIT, JADE, 1714, 2007/04/13	LIMA 48.51	838	
6	HELBERG, JOHANNES, 1721, 2008/02/26	LIMA 48.01	832	
7	NEL, JOHACHIM, 959, 2007/02/07	ANWN 47.80	829	
8	NEL, HANRO, 126, 2007/02/18	ACNW 47.00	819	
9	MONYAKE, SHAUN, 711, 2007/01/03	AGN 46.51	813	
10	MULLER, JUHIN, 336, 03/03/2007	AFS 46.26	810	
11	PRINSLOO, WILLEM, 135, 2008/05/28	ACNW 46.21	809	
12	MARITZ, NICKUS, 1138, 2008/11/04	AVT 46.07	807	
13	SWANEPOEL, CHRIS, 781, 2008/02/19	AGN 44.66	789	
14	GOEDHALS, HEINRICH, 1006, 2007/02/28	ASWD 44.41	785	
15	BRITZ, TIAAN, 1127, 2007/04/10	AVT 43.19	769	
16	REYNEKE, REAGAN, 1673, 2007/09/13	KZNA 42.85	765	
17	NEL, KEANU, 1487, 2008/01/11	CGA 42.46	759	
18	DROTSKIE, LUHAN, 1713, 2008/04/15	LIMA 41.81	750	
19	VAN DER LINDE, JC, 362, 08/03/2007	AFS 41.65	748	
20	VAN DER ZWAARD, CONRAD, 364, 24/10/2007	AFS 39.20	714	

Item 189 11:30 Final Women U20 Discus

1kg

1	KHUNOU, ALICIA, 451, 2006/04/18	AGN 49.60	1000	8	G
2	WASMUTH, TYLA AANN, 262, 26/04/2006	AFS 49.23	994	7	S
3	VAN NIEKERK, AMARI, 1390, 2005/05/25	CGA 47.57	970	6	B
4	DE WET, LIANDRI, 929, 2006/03/04	ANWN 47.19	965	5	
5	LA GRANGE, MIGNON, 1319, 2006/01/16	CGA 46.99	962	4	
6	NIENABER, LOGAN, 847, 2006/01/03	AMPU 46.73	958	3	
7	VAN DEN BERG, CELLONIKA, 1863, / /	AGN 40.03	866	2	
8	SEROTTI, CHLOE, 1764, 2006/01/03	WPA 36.64	817	1	
9	HOLTZHAUSEN, MEGAN, 1097, 2006/10/31	AVT 33.37	767	0	

Item 8 08:00 Final Men U20 Discus

1.75kg

1	MARAIS, JOHANNES JACOBUS, 1241, 2005/06/24	BOL 62.01	1000	8	G
2	BADENHORST, WESLEY, 582, 2006/05/05	AGN 58.33	1000	7	S
3	NAUDE, ZAK, 337, 29/05/2006	AFS 54.23	964	6	B
4	VAN RENSBURG, JACOBUS LODEWIKUS, 1021, 2005-08-05	ASWD 52.51	941	5	
5	LAMBERTS, HENCO, 662, 2006/09/19	AGN 52.18	936	4	
6	SWEETNAM, JOSHUA, 1678, 2005/04/07	KZNA 51.38	926	3	
7	LEMMER, RYAN, 302, 04/02/2006	AFS 48.44	888	2	
8	NEL, KEEGAN, 729, 2005/08/02	AGN 47.82	880	1	
9	LINDEQUE, WILLEM, 1446, 2006/05/22	CGA 46.94	868	0	



10	ERASMUS, LOURENS, 1716, 2006/01/23	LIMA 46.63	864	0
11	KHUNOU, RONALD, 658, 2006/04/18	AGN 46.45	862	0
12	MALAN, JAQUES, 889, 2006/01/05	AMPU 46.42	861	0
13	WILLEMSE, NELIUS, 161, 2006/08/09	ACNW 44.90	841	0
14	BURGESS, JORDAN, 1779, 2005/03/07	WPA 44.33	833	0

Item 167 08:00 Final Women U23 Discus

1	RAATHS, MARGUERITE, 51, 2002/01/18	ACNW 48.86	0	8	G
2	JORDAAN, CARMEN, 1184, 2003/07/21	BOL 46.40	0	7	S
3	BOTHA, RIANDRE, 391, 2004/05/07	AGN 41.98	0	6	B

Item 52 15:00 Final Men U23 Discus

1	STROOH, DANIE, 1739, 2004/01/08	LIMA 53.93	0	8	G
2	STANDER, RIGHARDT, 140, 2004/05/21	ACNW 51.50	0	7	S
3	BOTHA, JEAN, 591, 2003/04/18	AGN 48.81	0	6	B
4	SWANEPOEL, WYNAND, 144, 2002/06/18	ACNW 48.35	0	5	
5	VAN ZYL, ANROUX, 156, 2004/11/29	ACNW 45.89	0	4	
6	JOUBERT, NANTUS, 652, 2004/02/06	AGN 41.43	0	3	

Item 27 11:30 Final Girls U16 Hammer

3kg

1	JANSEN VAN RENSBURG, LIJANE, 1098, 2010/03/17	AVT 47.74	898	8	G
2	CRONJE, LEANEL, 179, 2009/08/26	AFS 45.72	879	7	S
3	DOWNING, KEIRA, 1752, 2009/05/30	WPA 44.42	867	6	B
4	SCHEUER, TIMONÈ, 1110, 2009/03/26	AVT 44.30	866	5	
5	DU TOIT, NELDRI, 186, 18/05/2009	AFS 42.23	845	4	
6	VAN ZYL, SU-HESRI, 255, 02/10/2009	AFS 42.20	845	3	
7	DU PLESSIS, ANIKA, 982, 2009-01-19	ASWD 38.68	809	2	
8	LEPPAN, CHRISANDI, 209, 08/03/2009	AFS 38.52	807	1	
9	LOMBARD, RIANI, 1548, 2009/12/15	EPA 35.34	772	0	
10	LE GRANGE, ELIZKA, 985, 2009-09-10	ASWD 35.13	770	0	
11	BARNARD, CHLOE, 1614, 2009/01/01	KZNA 30.74	717	0	
12	WELMAN, MEGAN, 1124, 2009/05/14	AVT 30.65	716	0	
13	HEYMAN, TAMLYN, 1543, 2010/07/14	EPA 30.26	711	0	
14	COETZEE, JOHANE, 401, 2010/07/28	AGN 20.48	567	0	

Item 168 08:00 Final Boys U16 Hammer

4kg

1	THERON, JOHN-PIERRE, 1156, 2009/01/16	AVT 59.51	998	8	G
2	KUNNEKE, LINCOLN, 1585, 2009/01/08	EPA 53.31	943	7	S
3	JANSE VAN VUUREN, COENTAAD, 295, 18/06/2009	AFS 52.82	938	6	B
4	FICK, THOMAS, 285, 17/03/2009	AFS 50.12	915	5	
5	KRUGER, RUAN, 298, 02/02/2009	AFS 49.27	907	4	
6	FOURIE, LOUIS, 1004, 2009-01-01	ASWD 45.92	878	3	
7	KARP, KALVIN, 1134, 2009/04/28	AVT 44.21	862	2	
8	JANSEN, SEAN, 1647, 2009/02/15	KZNA 41.18	833	1	
9	VISSER, BJORN, 1610, 2009/07/26	EPA 36.20	781	0	

Item 104 11:30 Final Women U18 Hammer

3kg

1	BOOYSEN, HEIDI, 1285, 2008/02/13	CGA 57.89	980	8	G
2	COETZEE, MIEKE, 980, 2007-05-14	ASWD 54.32	948	7	S
3	VAN DYK, JAYLIN, 1120, 2007/06/01	AVT 53.89	944	6	B
4	COETZEE, ANJA, 1168, 2007/04/01	BOL 50.92	918	5	
5	ROETS, DANIKA, 812, 2008/04/02	AGW 50.46	914	4	
6	FOURIE, MIA, 1090, 2007/02/01	AVT 49.66	907	3	
7	DU TOIT, JOHANEY, 187, 29/06/2007	AFS 49.31	903	2	
8	LOUW, LYNN-MARI, 212, 28/03/2008	AFS 47.25	885	1	
9	GEYSER, MARIZELL, 195, 04/06/2008	AFS 46.23	875	0	

10	VAN DER MERWE, MIEKE, 246, 12/03/2007	AFS 45.74	871	0
11	ELS, TERRA-LEE, 1088, 2008/08/11	AVT 44.21	857	0
12	OCONNEL, MADISON, 987, 2008/01/06	ASWD 43.90	854	0
13	JACOBS, JEANDRE, 440, 2007/08/27	AGN 42.25	837	0
14	VAN SCHALKWYK, ANKA, 1563, 2007/01/10	EPA 37.72	791	0
15	KILLIAN, PORSHE, 1620, 2007/11/10	KZNA 31.67	721	0

Item 190 11:30 Final Men U18 Hammer

5kg

1	DUROW, MATTHEW, 282, 15/03/2007	AFS 63.50	946	8	G
2	PIETERSEN, FRANCOIS (IND), 1250, 2008/02/09	BOL 57.54	902	7	S
3	ROBERTS, ZACHARY, 1804, 2007/01/18	WPA 56.84	896	6	B
4	COETZEE, HANDRE, 604, 2007/07/21	AGN 56.23	892	5	
5	VIVIERS, DYLAN, 1611, 2008/06/25	EPA 47.82	825	4	
6	GOEDHALS, HEINRICH, 1006, 2007/02/28	ASWD 47.63	824	3	
7	VAN RENSBURG, MALAN, 366, 11/04/2007	AFS 47.47	822	2	
8	SWANEPOEL, HENCO, 1016, 2008-09-08	ASWD 46.12	811	1	
9	REYNEKE, REAGAN, 1673, 2007/09/13	KZNA 37.17	727	0	

Item 87 08:00 Final Women U20 Hammer

4kg

1	HOLTZHAUSEN, ANJE, 1096, 2006/04/26	AVT 49.72	958	8	G
2	JULIES, CILETHE, 203, 20/10/2005	AFS 46.84	929	7	S
3	GERBER, LIANE, 192, 01/09/2005	AFS 43.25	893	6	B
4	SMIT, CARLI, 1766, 2005/05/12	WPA 42.73	888	5	
5	BRITZ, CHANELLE, 978, 2006-05-06	ASWD 42.08	882	4	
6	VAN DER WALT, DANIKA, 1560, 2006/07/17	EPA 40.27	863	3	
7	VAN ZYL, EDIE, 573, 2006/07/03	AGN 32.00	768	2	

Item 217 15:00 Final Men U20 Hammer

6kg

1	PRETORIUS, TIAAN, 348, 07/06/2005	AFS 66.23	1000	8	G
2	GREYLING, CHARL, 96, 2005/04/21	ACNW 63.34	1000	7	S
3	VORSTER, RODGER, 1159, 2006/01/04	AVT 58.72	965	6	B
4	NEL, LUKAS (LUKI), 1145, 2006/06/08	AVT 53.80	924	5	
5	LOUW, CHARL, 1796, 2005/10/19	WPA 53.68	923	4	
6	SCHOEMAN, ZANDRÉ, 1152, 2006/09/11	AVT 51.50	905	3	

Item 88 08:00 Final Women U23 Hammer

1	COETZER, DANE, 404, 2002/08/28	AGN 51.91	0	8	G
2	PRETORIUS, ELAINE, 224, 26/11/2003	AFS 50.90	0	7	S
3	GREYLING, CHANELLE, 197, 15/01/2002	AFS 42.71	0	6	B
4	BOTHA, JONNELL, 1536, 2003/03/18	EPA 42.00	0	5	

Item 218 15:00 Final Men U23 Hammer

1	SMIT, CHRISTOPHER, 1256, 2004/12/13	BOL 59.90	0	8	G
2	FABE, GRAYDON, 1784, 2002/01/01	WPA 56.45	0	7	S
3	ERSKINE, TIAAN, 1577, 2002/01/31	EPA 55.07	0	6	B
4	OLIVIER, THOMAS, 345, 21/09/2004	AFS 51.94	0	5	
5	JACOBS, JOHAN, 644, 2002/07/13	AGN 47.54	0	4	

Item 219 15:00 Final Girls U16 Javelin

500g

1	DE WITT, JESSICA, 832, 2010/09/01	AMPU 44.33	897	8	G
2	VILJOEN, LENKA, 993, 2009-07-27	ASWD 40.53	838	7	S
3	PLEWS, HANNAH, 515, 2009/12/14	AGN 39.68	824	6	B
4	MEIRING, JUANE, 1758, 2009/05/05	WPA 38.28	801	5	
5	WAGNER, ZANI, 1639, 2009/05/19	KZNA 37.13	782	4	
6	BEUKES, ADDISON, 384, 2010/06/15	AGN 36.94	779	3	



7	VAN DER MERWE, NICOLA, 1210, 2009/02/11	BOL 36.83	777	2
8	BOSHOFF, ANKE, 976, 2009-11-02	ASWD 36.57	772	1
9	OOSTHUYSEN, JENEVIEVE, 513, 2010/01/23	AGN 33.66	722	0
10	GELDENHUYS, IMKE, 1178, 2010/01/05	BOL 32.32	697	0
11	BARNARD, ASHLEY, 821, 2009/02/07	AMPU 31.49	682	0

Item 28 11:30 Final Boys U16 Javelin

600g

1	MARTHINUS, ZAUN, 1242, 2009/03/20	BOL 63.43	841	8	G
2	VAN DER MERWE, JACOBUS, 1263, 2009/05/26	BOL 62.08	821	7	S
3	KOEN, GERRIT, 106, 2009/06/16	ACNW 62.05	820	6	B
4	SCHUTTE, JUANDRE, 764, 2009/11/28	AGN 56.05	729	5	
5	DE KLERK, DAVID, 1229, 2009/01/02	BOL 55.32	718	4	
6	DREYER, RUHAN, 278, 2010/03/09	AFS 54.79	710	3	
7	SCHOLTZ, JAYDEN, 914, 2009/03/12	AMPU 50.09	634	2	
8	VAN STADEN, PEDRI, 921, 2009/02/11	AMPU 49.52	625	1	
9	DE KLERK, ZAK, 1420, 2009/10/12	CGA 46.04	566	0	
10	REYNDERS, BRITS, 351, 26/08/2009	AFS 44.67	542	0	

Item 133 15:00 Final Women U18 Javelin

500g

1	GROBLER, MARINE, 1179, 2007/08/14	BOL 56.84	1000	8	G
2	BARNARD, MARTELIZE, 383, 2007/09/26	AGN 54.10	1000	7	S
3	WILSON, LIEZE, 1400, 2007/12/19	CGA 50.11	961	6	B
4	BARNARD, NICOLE, 973, 2007-04-22	ASWD 47.18	916	5	
5	MEIRING, MARTONE, 935, 2007/03/19	ANWN 39.68	802	4	
6	WILKENS, JULINDIE, 81, 2007/05/25	ACNW 38.81	788	3	
7	QUINN, AMÈ, 851, 2007/09/13	AMPU 36.52	750	2	
8	KLOPPERS, JEMMA, 453, 2007/10/20	AGN 34.74	720	1	

Item 187 11:30 Final Men U18 Javelin

700g

1	HEYMANS, JAN-HENDRIK, 1436, 2007/08/02	CGA 73.26	1000	8	G
2	SYMINTON, MARCO, 146, 2008/11/06	ACNW 60.69	811	7	S
3	OLIVIER, MARQUES, 129, 2007/12/06	ACNW 60.25	805	6	B
4	LOUW, JIAN, 1795, 2007/06/01	WPA 57.96	770	5	
5	ZOPICK, STIAN, 1534, 2008/08/11	CGA 55.90	738	4	
6	ZWAHLEN, DAMIAN, 376, 10/12/2008	AFS 54.87	721	3	
7	NIKLAUS, ESA (IND), 1248, 2007/01/17	BOL 54.10	709	2	
8	VAN DER LINDE, JC, 362, 08/03/2007	AFS 52.58	685	1	
9	COETZEE, JAHNDRÉ, 89, 2008/02/17	ACNW 49.54	635	0	
10	DE WIT, MARC, 617, 2007/01/23	AGN 48.39	616	0	
11	BRITZ, TIAAN, 1127, 2007/04/10	AVT 45.12	560	0	
12	HARRIS, ROBERT, 1580, 2007/04/05	EPA 43.02	522	0	

Item 53 15:00 Final Women U20 Javelin

600g

1	HOOK, STEPHANÉ, 20, 2008/02/05	ACNW 46.43	905	8	G
2	BOTHA, MARNE, 925, 2006/08/07	ANWN 45.92	897	7	S
3	CONRADIE, MICHAELA, 407, 2006/01/12	AGN 42.75	850	6	B
4	WELGEMOED, CHALIZ, 578, 2005/02/07	AGN 41.24	826	5	
5	LOUW, CARA, 1696, 2006/05/27	LIMA 41.16	825	4	
6	KENT, CHRISTY, 1186, 2006/01/19	BOL 38.72	786	3	
7	VAN DER WESTHUIZEN, ROUXLE, 992, 2006-04-21	ASWD 38.63	785	2	
8	MULDER, CHANTE, 1549, 2006/11/14	EPA 34.99	723	1	

Item 105 11:30 Final Men U20 Javelin

800g

1	JANSEN, EWALD (WILLEM), 100, 2006/04/15	ACNW 69.80	946	8	G
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2	IONS, HARRY, 814, 2006/03/24	AGW 65.41	881	7	S
3	JORDAAN, JOHAN, 103, 2005/05/30	ACNW 61.52	823	6	B
4	BOTHA, DAVID, 864, 2006/08/16	AMPU 59.92	799	5	
5	VAN DEN BERG, JACQUES, 152, 2005/01/03	ACNW 57.22	758	4	
6	JORDAAN, RUBEN (IND), 1235, 2005/05/05	BOL 55.86	736	3	
7	DE KLERK, FABIO, 611, 2005/07/19	AGN 55.62	733	2	
8	BEZUIDENHOUT, TERCIUS, 863, 2006/02/26	AMPU 54.61	717	1	
9	MACK, LIAM (IND), 1238, 2006/06/19	BOL 49.41	632	0	

Item 54 15:00 Final Women U23 Javelin

1	VAN ZYL, CHANE, 574, 2002/08/08	AGN 47.20	0	8	G
2	MULDER, CHANDI, 494, 2002/04/19	AGN 46.80	0	7	S
3	LINDEQUE, NICOLE, 31, 2003/05/12	ACNW 41.46	0	6	B

Item 106 11:30 Final Men U23 Javelin

1	ROBERTSON, DUNCAN, 755, 2003/06/06	AGN 65.64	0	8	G
2	STANDER, RIGHARDT, 140, 2004/05/21	ACNW 62.04	0	7	S
3	WILLEMSE, ARMAND, 162, 2004/03/18	ACNW 58.23	0	6	B
4	VAN STADEN, HJ, 1744, 2003/05/11	LIMA 56.19	0	5	

Item 91 08:30 Final Girls U16 5000m Walk

1	VAN DER MERWE, RENATE, 67, 2010/07/26	ACNW 27:24.60	912	8	G
2	RAMMALO, THATO, 1373, 2009/06/07	CGA 27:41.02	907	7	S
3	MHLARE, KENEILWE, 1338, 2009/03/28	CGA 27:55.55	903	6	B
4	NELSON, HEYLINN, 1353, 2010/09/12	CGA 28:07.45	900	5	
5	WARREN, ANDELIEN, 261, 23/06/2009	AFS 28:17.07	898	4	
6	MANAMELA, BOKANG, 475, 2009/03/25	AGN 28:17.51	897	3	
7	SHEZIL, ELIHLE, 531, 2009/11/13	AGN 28:57.61	887	2	
8	DOMAN, NELISSA-MAY, 185, 20/09/2010	AFS 29:42.41	876	1	
9	SHEPHERD, JEMMA, 232, 15/05/2009	AFS 29:50.81	874	0	
10	HOFFMAN, ZELMA, 1181, 2009/01/07	BOL 29:54.65	873	0	
11	MOSITWANE, OSIAMA, 490, 2009/03/08	AGN 30:47.18	860	0	
12	GROENWALD, ANSERI, 199, 10/05/2010	AFS 31:24.38	852	0	
13	SITHOLE, NOSIPHO, 535, 2010/01/10	AGN 32:01.61	844	0	
14	MAHLANZE, STHANDIWE, 1623, 2010/03/22	KZNA 32:25.58	838	0	
15	NDLOVU, SILINDILE, 500, 2009/05/06	AGN 32:59.94	831	0	
16	HLATSHWAYO, AZILE, 437, 2009/11/10	AGN 33:13.62	829	0	
17	PRETORIUS, TINE, 1109, 2009/07/01	AVT 33:49.66	821	0	

Item 11 08:10 Final Boys U16 5000m Walk

1	NKOSI, KGOTSO, 736, 2009/10/14	AGN 25:32.30	918	8	G
2	RAPHASHE, SELLO, 751, 2009/05/14	AGN 25:54.95	908	7	S
3	LEGOTLO, KELETILWE, 664, 2010/08/10	AGN 26:51.45	883	6	B
4	NGWATLA, KGAOGELO, 733, 2009/04/21	AGN 26:53.78	882	5	
5	DLAVANA, SELLO, 1424, 2009/01/10	CGA 27:00.36	879	4	
6	TSOTETSI, LEHLOHONOLO, 1521, 2010/02/27	CGA 27:33.05	866	3	
7	WEITSZ, ENRIQUE, 372, 04/03/2009	AFS 27:40.29	863	2	
8	MCINJANA, SINETHEMBA, 691, 2009/09/02	AGN 28:19.96	847	1	
9	SEPTEMBER, BONGANI, 1845, / /	BOL 28:54.67	834	0	
10	MASINGA, RIAN, 1465, 2009/01/27	CGA 29:47.65	816	0	
11	MAKHALEMELE, LEHLOHONOLO, 676, 2009/09/02	AGN 30:35.53	799	0	
12	WILSKUT, ELVANO, 1533, 2010/11/09	CGA 31:10.88	788	0	

Item 159 07:00 Final Women U18 5000m Walk



1	DE VILLIERS, JANE, 184, 19/06/2007	AFS 26:06.87	932	8	G
2	PETTIT, NOELLE, 1196, 2007/04/19	BOL 27:26.34	909	7	S
3	JANSEN, RUCHE, 1183, 2007/08/21	BOL 28:05.20	898	6	B
4	DU BRUYN, TALITA, 1177, 2007/05/04	BOL 28:12.67	896	5	
5	RAPHASE, GOITSEMANG, 521, 2007/07/08	AGN 29:13.16	880	4	
6	NDLOVU, NOKWHEMBA, 499, 2008/10/16	AGN 29:43.96	873	3	
7	NZIMANDE, OWAM, 1363, 2008/10/14	CGA 29:48.81	872	2	
8	KGOLE, MAMELLO, 449, 2008/12/17	AGN 30:12.89	866	1	
9	MZIMBA, AMAHLE, 1627, 2007/03/09	KZNA 30:20.86	864	0	
10	NKOSI, PABALLO, 507, 2007/07/07	AGN 31:20.99	850	0	

Item 3 07:00 Final Men U18 10000m Walk

1	SHOSHA, YAMKELA, 1508, 2007/06/16	CGA 0:50:06.88	921	8	G
2	SHABANGU, SIFISO, 1674, 2007/12/13	KZNA 0:50:21.45	918	7	S
3	DOMAN, LIAM-LOYD, 277, 07/06/2007	AFS 0:51:46.78	898	6	B
4	CHABA, OLEBOHENG, 1412, 2007/08/31	CGA 0:52:30.92	888	5	
5	NTSHANGA, ATHENKOSI, 1494, 2007/03/04	CGA 0:53:35.50	874	4	
6	LESEDI, MPHELANE, 1445, 2008/03/18	CGA 0:55:16.66	853	3	
7	WEITZ, CHRIS, 373, 17/03/2008	AFS 0:57:03.86	833	2	
8	NGCOBO, NKOSINATHI, 1666, 2008/07/19	KZNA 0:57:36.46	827	1	
9	THOMPSON, CHARLIE (IND), 1260, 2008/09/02	BOL 0:58:35.99	816	0	

Item 80 07:00 Final Women U20 10000m Walk

1	NYATHI, LEE, 1362, 2007/12/08	CGA 0:53:44.61	947	8	G
2	JOOSTE, KEANDRA, 23, 2007/09/09	ACNW 0:54:39.95	939	7	S
3	MEINTJIES, MARIZEL, 36, 2005/03/02	ACNW 0:55:58.12	928	6	B
4	SAAYMAN, MARI, 1201, 2006/01/05	BOL 0:57:22.05	916	5	
5	HARTLEY, EMMA (IND), 1180, 2006/08/14	BOL 0:57:35.86	914	4	
6	VAN DEVENTER, DANICA, 1212, 2006/01/05	BOL 0:59:49.98	896	3	
7	PARRY, LEAH, 1634, 2006/06/05	KZNA 0:59:55.36	896	2	
8	GERMISHUIZEN, CARLEM, 16, 2005/03/16	ACNW 1:01:12.82	886	1	
9	SHEPHERD, LAURA, 233, 02/01/2006	AFS 1:02:13.43	879	0	
10	MOLALA, ZANELE, 1342, 2005/11/22	CGA 1:06:22.72	851	0	
11	MASHIGO, OFENTSE, 1330, 2005/02/22	CGA 1:06:26.00	851	0	
12	KHUMALO, ANDISWA, 450, 2006/10/08	AGN 1:07:02.40	847	0	
13	KGATLA, MOYAHABO, 1314, 2006/01/04	CGA 1:15:25.07	800	0	

Item 1 07:00 Final Men U20 10000m Walk

1	MOLAPISI, TSHIDISO, 1475, 2005/09/19	CGA 0:48:23.99	907	8	G
2	MASHIGO, THABISO, 1464, 2005/08/18	CGA 0:49:45.23	888	7	S
3	MKHWANAZI, CELUMUSA, 1654, 2006/01/23	KZNA 0:49:55.05	885	6	B
4	KOEN, LOUIS, 107, 2005/01/24	ACNW 0:51:41.34	862	5	
5	MNCIBI, OLWETHU, 698, 2006/07/14	AGN 0:51:46.12	861	4	
6	NYEMBE, MSIZI, 740, 2005/12/21	AGN 0:52:11.12	855	3	
7	GAMEDE, NHLAKANIPHO, 631, 2006/05/14	AGN 0:52:29.74	851	2	
8	RAWU, ONWABILE, 1074, 2006/03/31	ATRA 0:52:55.81	846	1	
9	NGWABANUWA, XOLA, 1490, 2005/10/22	CGA 0:54:17.42	830	0	

Item 81 07:00 Final Women U23 10000m Walk

1	SWANEPOEL, MARISSA, 60, 2002/01/22	ACNW 0:51:05.56	0	8	G
2	NELL, JANISE, 42, 2004/01/27	ACNW 0:54:22.87	0	7	S
3	CEBEKHULU, AMAHLE, 1616, 2004/09/21	KZNA 0:58:52.96	0	6	B
4	CELE, KHENTSANI, 1292, 2004/10/07	CGA 1:02:33.43	0	5	
5	MOTSOENENG, PULENG KENNDY, 1348, 2004/01/03	CGA 1:03:16.97	0	4	



6	TJALE, RETHA BILE, 543, 2004/10/05	AGN	1:08:19.66	0	3
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Item 2 07:00 Final Men U23 10000m Walk

1	WILLIAMS, RIVERS, 805, 2004/10/17	AGN	0:46:13.57	0	8	G
2	MLAMBO, PHILASANDE, 1655, 2002/09/09	KZNA	0:48:13.82	0	7	S
3	MAKGANE, GABRIEL, 675, 2004/02/26	AGN	0:49:40.02	0	6	B