



ASWD CC LEAGUE 2 - MOSSEL BAY				Top 3 per age category			
18-May-24				No of Athletes :			418
	ATHLETE	CLUB/ SCHOOL		AGE	DOB	M/F	TIME
Girls 8 yrs (2016..)							1 km
1	Misha Meyer	Glenwood House	6	8	19/1/2016	F	0:04:58:84
2	Leah Wiese	Outeniqua	7	7	12/3/2017	F	0:04:59:35
3	Marie Lourens	Wesbank LS	9	8	4/7/2016	F	0:05:02:61
Boys 8 yrs (2016..)							1 km
1	Jonathan Frances	Voorwaarts	1	8	10/4/2016	M	0:04:35:73
2	Jaydon Lourens	Nedbank/ Heidedal	2	8	16/3/2016	M	0:04:41:00
3	Liam Kiewiet	Grootbrak Prim	3	8	20/10/2016	M	0:04:42:52
Girls 9 yrs (2015)							2 km
1	Talitha Wiese	Outeniqua Harriers	10	9	30/3/2015	F	0:09:01:91
2	Mia Burger	Curio Mosselbay	32	9	28/5/2015	F	0:09:51:82
3	Mapaseka Tumisi	Grootbrak Prim	39	9	17/3/2015	F	0:10:09:55
Boys 9 yrs (2015)							2 km
1	Usain Boesak	Nedbank/Heidedal	2	9	1/9/2015	M	0:08:24:09
2	Lenesteyo de Villiers	Voorwaarts Prim	6	9	10/2/2015	M	0:08:55:43
3	Michael du Plooy	Outeniqua Harriers	14			M	0:09:09:38
Girls 10 yrs (2014)							2 km
1	Achumile Beuzana	Nedbank/Heidedal	9	10	11/5/2014	F	0:09:01:24
2	Everenchia Goliath	Brackenhill Prim	12	10	10/2/2014	F	0:09:04:71
3	Helena Lourens	Wesbank Prim	13	10	26/7/2014	F	0:09:07:37
Boys 10yrs (2014)							2 km
1	Eugene Saayman	Voorwaarts Prim	1	10	12/7/2014	M	0:08:23:36
2	JC Le Clue	Hartenbos Drawwers	3	10	28/07/2014	M	0:08:34:31
3	John-lee Septmber	Nedbank/Heidedal	4	10	1/9/2014	M	0:08:35:88
Girls 11 yrs (2013)							3 km
1	Willene Lingerveld	Nedbank/ Heidedal	7	11	2/7/2013	F	
2	Jonesia Janklaas	Brackenhill	9	11	17/3/2013	F	
3	Jaydene Jacobs	Waboomskraal Prim	12	11	15/7/2013	f	
3							
Boys 11 yrs (2013)							3 km
1	Caleb Matthews	Voorwaarts Prim	1	11	8/1/2013	M	
2	Clayden Frances	Voorwaarts Prim	2	11	13/9/2013	M	
3	Antheo Classen	Grootbrak Prim	3	11	19/1/2013	M	
Girls 12 yrs (2012)							3 km
1	Raven Davids	Plett AC	12	12	7/5/2012	F	0:14:22:45
2	Amber Potgieter	Outeniqua Harriers	15	12	20/2/2012	F	0:14:49:00
3	Eldeen Beel	Plett AC	20	12	23/12/2012	F	0:15:12:94
Boys 12 yrs (2012)							3 km
1	Antonio Afrika	Beaufort Wes Prim	1	12	1/5/2012	M	0:12:46:40
2	Marchihano Jabobs	Voewaarts Prim	2	12	7/12/2012	M	0:12:55:41
3	Tyroyd Arendse	Diaz Prim	3	12	15/8/2012	M	0:12:57:75
Girls 13 yrs (2011)							3 km
1	Hanelee van Staden	Beaufort Wes Prim	13	13	17/06/2011	F	0:14:40:54

2	Illaine Herdien	Voorwaarts Prim	17	13	29/10/2011	F	0:15:00:59
3	Cameron Francies	Voorwaarts Prim	21	13	17/4/2011	F	0:15:14:72
Boys 13 yrs (2011)							4 km
1	Jason Page	Nedbank/Heidedal	3	13	7/2/2011	M	0:16:36:01
2	Tristan Meyer	Nedbank RC	4	13	24/1/2011	M	0:16:36:42
3	Luciano Mongo	Nedbank/Heidedal	7	13	12/5/2011	M	0:17:07:32
Girls 14 yrs (2010)							4 km
1	Hesroline Rossouw	Plett A C	27	14	1/9/2010	F	0:19:24:32
2	Laume Liebenberg	Outeniqua Harriers	29	14	11/5/2011	F	0:19:39:65
3	Faithlin Derrocks	Bayethe Multi Sport	42	14	1/11/2010	F	0:20:55:70
Boys 14 yrs (2010)							4 km
1	Johndre Jordaan	Rainbow AC	1	14	25/3/2010	M	0:16:22:87
2	Leithton Lukas	Rainbow AC	2	14	8/10/2010	M	0:16:31:90
3	Pee Jay Adams	Gerrit du Plessis	5	14	20/2/2010	M	0:16:44:14
Girls 15 yrs (2009)							4 km
1	Julia Painter	Glenwood House	18	15	14/09/2009	F	0:19:43:83
2	Alexa Kohler	Outeniqua Harriers	20	15	14/7/2009	F	0:20:42:44
3	Nina Cloete	Langenhoven Gim	21	15	4/8/2009	F	0:21:10:38
Boys 15 yrs (2009)							4 km
1	Luciano Slawers	Coastline AC	1	15	4/1/2009	M	0:15:40:35
2	Jac Du Plessis	Outeniqua Hs	2	15	6/11/2009	M	0:15:51:54
3	Khanyiso Pietersen	Nedbank RC	3	15	5/6/2009	M	0:16:34:62
Girls 16 yrs (2008)							4 km
1	Ane Bester	Coastline AC	4	16	1/9/2008	F	00:18:17:5
2	Jani Fourie	Nedbank RC	5	16	8/8/2008	F	00:18:55:6
3	Bailee Nell	Glenwood House	10	16	21/8/2008	F	00:20:56:8
Boys 16 yrs (2008)							6 km
1	Wilmark Daniels	Coastline AC	42	16	30/6/2008	M	
2	Cuan Wildeman	Rainbow AC	46	16	3/2/2008	M	
3	Sergo Jacobs	Beaufort wes	49	16	29/5/2008	M	
Girls 17 yrs (2007)							4 km
1	Marilie Duvenhage	Outeniqua Harriers	6	17	30/4/2007	F	00:20:09:8
2	Megan Hyde	Glenwood House	8	17	20/12/2007	F	00:20:24:4
3	Danelle vd Merwe	Outeniqua Harriers	15	17	25/9/2007	F	00:23:19:2
Boys 17 yrs (2007)							6 km
1	Jaco van Wyk	Beaufort wes	40	17	16/8/2007	M	
2	Thatsyone Thlomelo	Coastline AC	44	17	18/7/2007	M	
3	Thinus Erasmus	Boxer AC	47	17	20/6/2007	M	
Junior Women 18 and 19 yrs (2006 & 2005)							6 km
1	Cleresse Moses	Coastline AC	76	19	11/5/2006	F	
2	Mursha Robbenson	Beaufort wes	85	18	19/5/2005	F	
3	Micke JV Rensburg	Boxer AC	89	18	6/12/2005	F	
Junior Men 18 and 19 yrs (2006 & 2005)							8 km
1	Keano Qwili	Nedbank RC	80	19	23/8/2005	M	
2	Radeam Frieslaar	Beaufort wes	81	18	5/1/2006	M	
3	Athenkosi Muggels	Rainbow AC	83	18	13/7/2006	M	
Senior Women 20 - 34yrs (2004 & 1990)							4 km
1	Cherise Cuvresia	Boxer AC	34	30	6/6/1993	F	

2	Jandri Snyders	Hartenbos Drawwers	35	20	2/3/2004	F	
3	Mishka Du Preez	Nedbank RC	39	20	13/08/2004	F	
Senior (Open) Men 20 -34 (2004 - 1990)							4 km
1	Rico van der Horst	Beaufort Wes	1	20	13/5/2004	M	00:14:25:1
2	Godwin Heyns	Nedbank RC	2	26	1/4/1998	M	00:15:37:9
3	Nicolas Very (Program)	Glenwood House	3		4/9/2006	M	00:16:53:4
Senior (Open) Men 20 -34 (2004 - 1990)							10 km
1	Jaybes October	Bayethe Multisport	27	22	1/6/2002	M	00:42:14:2
2	Durando Aweries	Nedbank RC	28	20	30/7/2003	M	00:42:29:8
3	Timothy September	Rainbow AC	29	22	4/4/2002	M	00:43:21:5
Women 35 -49 (1989 - 1975)							4 km
1	Melissa Meyer	Glenwood House	7	37	5/16/1987	F	00:20:11:4
2	Zan Smith	Langenhoven Gim	13	41	22/12/1983	F	00:21:31:7
3	Zoli Volschenk	Privaat	14	36	16/11/1988	F	00:23:16:4
Men 35 -49 (1989 - 1975)							8 km
1	Gershwin Jones	Coastline AC	21	37	5/1/1987	M	00:30:52:5
2	Karel Burger	Nedbank RC	22	43	4/12/1980	M	00:34:12:9
3	Lufec Xinwo	Nedbank RC	23	37	8/1/1987	M	00:36:32:0
Women 50 - 60 + yrs (1974 & 1964 ...)							4 km
1	Carol Groenewal	PETRO SA	38	52	16/12/1971	F	
2	Seanette Botha	Nedbank	41	55	11/21/1969	F	
3	Sharon Losper	Nedbank RC	43	59	30/9/1964	F	
Men 50 - 60 + yrs (1974 & 1964 ...)							6 km
1	Andrew Mc Ewan	Outeniqua Harriers	65	50	13/2/1974	M	
2	Maritz JV Rensburg	Outeniqua Harriers	68	53	7/4/1971	M	
3	Elrick Spiers	Coastline AC	77	61	12/5/1963	M	
Clubs with 3 medals or more							

HS Outeniqua	10
Nedbank	9
Nedbank/Heidedal	7
Voorwaarts Prim	7
Coastline AC	6
Glenwood House	6
Rainbow AC	4
Beaufort Wes S S	4
Boxer AC	3

ASWD CC LEAGUE 2 - Mossel Bay				RESULTS			RACE 1
18-May-24				No of Athletes :			
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 8 yrs (2016..)							1 km
1	Misha Meyer	Glenwood House	6	8	19/1/2016	F	0:04:58:84
2	Leah Wiese	Outeniqua	7	7	12/3/2017	F	0:04:59:35
3	Marie Lourens	Wesbank LS	9	8	4/7/2016	F	0:05:02:61
4	Libby Swanepoel	Wesbank LS	11	8	4/4/2016	F	0:05:04:38
5	Avah Spies	Outeniqua Hariers	15	7	12/6/2017	F	0:05:20:05
6	Elmodene Armoed	Nedbank/Heidedal	17	8	6/5/2016	F	0:05:29:17
7	Ava Jonck	Nedbank/Heidedal	18	8	9/3/2016	F	0:05:29:69
8	Jemica Jacobs	Nedbank/Heidedal	22	8	5/5/2016	f	0:05:37:31
9	Enja Swanepoel	Wesbank LS	25	8	4/4/2016	F	0:05:55:37
10	Samantha Jansen	Nedbank/Heidedal	27	8	3/5/2016	F	0:06:08:09
11	Luzaan Japhta	Nedbank/Heidedal	32	8	7/2/2016	F	0:06:33:60
12	Cherize Volschenk		34	5	29/9/2018	F	0:06:44:01
13	Elzandre Stroebel	Hornlee Prim	36	8	30/3/2016	F	0:06:51:34
14	Nicole Janklaas	Hornlee Prim	37	8	28/5/2016	F	0:06:58:87
Boys 8 yrs (2016..)							1 km
1	Jonathan Frances	Voorwaarts	1	8	10/4/2016	M	0:04:35:73
2	Jaydon Lourens	Nedbank/ Heidedal	2	8	16/3/2016	M	0:04:41:00
3	Liam Kiewiet	Grootbrak Prim	3	8	20/10/2016	M	0:04:42:52
4	Benito Keyser	Grootbrak Prim	4	8	16/3/2016	M	0:04:49:64
5	Daniel Odendal	Wesbank LS	5	8	31/03/2016	M	0:04:51:19
6	Gabriel Jansen	Waboomskraal Prim	8	8	16/10/1016	M	0:05:00:15
7	Raven Prins	Grootbrak Prim	10	8	24/3/2016	M	0:05:03:58
8	Fourie Le Clue	Hartenbos Drawwers	12	7	1/3/2017	M	0:05:05:08
9	Dante Wildeman	Nedbank/ Heidedal	13	8	8/1/2016	M	0:05:05:88
10	Kayden van Rooyen	Nedbank/ Heidedal	14	8	2/2/2016	M	0:05:06:85
11	Pieter Marx	Hartenbos Drawwers	16	8	23/9/2016	M	0:05:26:25
12	Llu -Waygan Lourens	Nedbank/Heidedal	19	8	7/3/2016	M	0:05:32:78
13	Rhuwaldo Solomons	Sunridge Prim	20	8	24/9/2016	M	0:05:34:96
14	Karel Burger	Curio Mosselbay	21	7	24/7/2017	M	0:05:36:71
15	Jayden Witbooi	Nedbank/Heidedal	23	8	10/4/2016	M	0:05:45:42
16	Whaylen Botha	Hornlee Prim	24	8	25/11/2016	M	0:05:48:16
17	Reinhard van Heerden	Hartenbos Drawwers	26	6	19/1/2018	M	0:06:02:31
18	Skyler Hannibol	Hornlee Prim	28	8	23/3/2016	M	0:06:10:02
19	Johlen Leo	Hornlee Prim	29	8	30/12/2016	M	0:06:10:75
20	Logan Meyer	Nedbank	30	8	22/8/2016	M	0:06:23:78
21	Divandre Erasmus	Waboomskraal Prim	31	8	5/4/2016	M	0:06:27:12
22	Elzaino Stroebel	Hornlee Prim	33	8	30/3/2016	M	0:06:34:77
23	Samuel -John Zakay	Nedbank/Heidedal	35	8	14/10/2016	M	0:06:49:29

ASWD CC LEAGUE 2- MOSSEL BAY				RESULTS			RACE 2
18-May-24							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 9 yrs (2015)							2 km
1	Talitha Wiese	Outeniqua Harriers	10	9	30/3/2015	F	0:09:01:91
2	Mia Burger	Curio Mosselbay	32	9	28/5/2015	F	0:09:51:82
3	Mapaseka Tumisi	Grootbrak Prim	39	9	17/3/2015	F	0:10:09:55
4	Susaline Kampher	Nedbank/Heidedal	54	9	18/1/2015	F	0:10:34:42
5	Mine Sims	Hartenbos Drawwers	57	9	3/3/2015	F	0:10:42:72
6	Kaylene Chipps	Nedbank/Heidedal	62	9	2/8/2015	F	0:10:52:77
7	Elbie Tome	Wesbank LS	64	9	21/12/2015	F	0:11:03:49
8	Meagan Amsterdam	Oker Prim	69	9	20/4/2015	F	0:11:35:99
9	Avan van Rooyen	Sunridge Prim	70	9	8/7/2015	F	0:11:43:24
10	Dineo Kamfer	St Luke's Prim	75	9	1/10/2015	F	0:12:07:75
11	Jayzeen Arries	St Luke's Prim	78	9	4/11/2015	F	0:12:19:64
12	Lee -Ann London	St Luke's Prim	81	9	23/11/2015	F	0:12:24:08
13	Linke Diepraam	Wesbank LS	86	9	6/10/2015	F	0:13:18:92
14	Aisha Goliath	Nedbank/Heidedal	87	9	4/9/2015	F	0:14:03:05
Boys 9 yrs (2015)							2 km
1	Usain Boesak	Nedbank/Heidedal	2	9	1/9/2015	M	0:08:24:09
2	Lenesteyo de Villiers	Voorwaarts Prim	6	9	10/2/2015	M	0:08:55:43
3	Michael du Plooy	Outeniqua Harriers	14			M	0:09:09:38
4	Jason Pedro	Hornlee Prim	29	9	23/6/2015	M	0:09:46:66
5	Jaylin Beginsel	Nedbank/Heidedal	30	9	1/12/2015	M	0:09:47:58
6	Rudolf Smith	Wesbank LS	33	9	11/6/2015	M	0:09:54:33
7	Rinaldo Saayman	Panorama Prim	34	9	8/7/2015	8:05	0:09:55:72
8	Marcus Williams	St Luke's Prim	38	9	2/6/2015	M	0:10:09:06
9	Eben Jordaan	Glenwood House	41	9	4/8/2015	M	0:10:13:52
10	Luwaan Swarts	Beaufort Wes Prim	42	9	24/5/2015	M	0:10:14:00
11	Alisaando Ehlas	Grootbrak Prim	46	9	3/1/2015	M	0:10:19:37
12	Aimedo Philander	Hornlee Prim	49	9	24/6/2015	M	0:10:26:28
13	Ulrich van Hirtum	Hartenbos Drawwers	51		31/8/2015	M	0:10:27:18
14	Keano Alcaster	Sunridge Prim	52	9	27/5/2015	M	0:10:28:06
15	Matthew Lawrence	Oker Prim	53	9	25/6/2015	M	0:10:31:25
16	Samuel Kerspuy	Nedbank/Heidedal	56	9	10/3/2015	M	0:10:37:46
17	Luciandre Scholtz	Hornlee Prim	58	9	21/12/2015	M	0:10:44:21
18	Elton Patterson	Nedbank/Heidedal	59	9	10/9/2015	M	0:10:45:27
19	Wian Wewers	Diaz Prim	65	9	12/2/2015	M	0:11:04:2
20	JC Fourie	Wesbank LS	66	9	26/10/2015	M	0:11:14:31
21	Kelvin Mihoko	Plett AC	72	9	5/7/2015	M	0:11:46:19
22	Riahano Stuurman	Diaz Prim	73	9	8/8/2015	M	0:11:53:11
23	Lealifano Diedricks	Waboomkraal Prim	79	9	21/5/2015	M	0:12:20:22
24	Voster PP	Hartenbos Drawwers	82	9	23/1/2014	M	0:12:53:56

Boys 10 yrs (2014)							2 km
1	Eugene Saayman	Voorwaarts Prim	1	10	12/7/2014	M	0:08:23:36
2	JC Le Clue	Hartenbos Drawwers	3	10	28/07/2014	M	0:08:34:31
3	John-lee Septmber	Nedbank/Heidedal	4	10	1/9/2014	M	0:08:35:88
4	Judah Spies	Outeniqua Harriers	5	10	20/03/2014	M	0:08:41:69
5	Christiaan van Rooou	Beaufort Wes Prim	7	10	15/7/2014	M	0:08:56:37
6	Marchihano Barnard	Voorwaarts Prim	8	10	13/5/2014	M	0:08:56:91
7	Nasri Meyer	Dias Prim	11	10	31/1/2014	M	0:09:04:16
8	Merlin Micheals	Oker Prim	15	10	5/3/2014	M	0:09:11:55
9	Jeneequin Leban	St Luke's Prim	16	10	19/12/2014	M	0:09:16:69
10	Olanda van Rooyen	Nedbank/Heidedal	18	10		M	0:09:25:02
11	Dante Jansen	Oker Prim	19	10	24/2/2014	M	0:09:28:79
12	Nayderen Roelse	Grootbrak Prim	20	10	4/3/2014	M	0:09:33:48
13	Joshua van Rooyen	Sunridge Prim	21	10	5/9/2014	M	0:09:38:34
14	Jordan Hartzenberg	Sunridge Prim	22	10	28/6/2014	M	0:09:39:18
15	Gurshun November	Nedbank/Heidedal	23	10	28/2/2014	M	0:09:40:31
16	Shewano August	Wa boomskraal Prim	24	10	2/3/2014	M	0:09:41:65
17	Melito Rhode	Sunridge Prim	25	10	3/12/2014	M	0:09:42:32
18	Baxolisa	KMC	26	10	2/12/2014	M	0:09:42:79
19	Dehano Booyesen	Plett AC	28	10	4/4/2014	M	0:09:46:27
20	Hensliehazo Olieslage	Grootbrak Prim	31	10	8/1/2014	M	0:09:48:13
21	Angelo Mojaki	Grootbrak Prim	37	10	5/6/2014	M	0:09:59:83
22	Reinard van Jaarsveld	Wesbank Prim	40	10	19/12/2014	M	0:10:11:13
23	Tashio Basson	Diaz Prim	44	10	14/5/2014	M	0:10:14:86
24	Rayniquien Remas	Grootbrak Prim	55	10	22/4/2014	M	0:10:36:65
25	Jaquin Adams	Grootbrak Prim	61	10	22/4/2014	M	0:10:51:55
26	Deolin Baker	MosselBay Harriers	68	10	25/3/2014	M	0:11:23:53
27	Gershawn Plaatjies	St Luke's Prim	74	10	14/6/2014	M	0:11:59:86
28	Joshua Keet	Curro	76	10	11/3/2014	M	0:12:12:51
29	Ivano Block	Wa boomskraal Prim	80	10	19/6/2014	M	0:12:21:17
30	Eldrich Kleyn	Erica Prim	84	10	10/7/2014	M	0:13:21:04:
Girls 10 yrs (2014)							2 km
1	Achumile Beuzana	Nedbank/Heidedal	9	10	11/5/2014	F	0:09:01:24
2	Everenchia Goliath	Brackenhill Prim	12	10	10/2/2014	F	0:09:04:71
3	Helena Lourens	Wesbank Prim	13	10	26/7/2014	F	0:09:07:37
4	Chuma Beuzana	Nedbank/Heidedal	17	10	11/5/2014	F	0:09:24:50
5	Kennilene Booyesen	Nedbank/Heidedal	27	10	19/2/2014	F	0:09:45:44
6	Shiera Pietersen	Nedbank/Heidedal	35	10	7/ / 2014	F	0:09:56:38
7	Elmasha Jacobs	Panorama Prim	36	10	26/3/2014	F	0:09:59:38
8	Whitney Jansen	St Luke's Prim	43	10	2/5/2014	F	0:10:14:46
9	Kristin van Heerden	Hartenbos drawwers	45	10	14/4/2014	F	0:10:16:35
10	Lila Olivier	Bertie Barnard LS	47	10	11/2/2014	F	0:10:23:22
11	Zoe Burger	Curio Mosselbay	48	10	28/3/2014	F	0:10:24:70
12	Mieke Burger	Bertie Barnard LS	50	10	31/1/2014	F	0:10:25:77
13	Mila Lategan	Hartenbos drawwers	60	10	31/1/2014	F	0:10:49:20
14	Ella Muller	St Luke's Prim	63	10	10/9/2014	F	0:10:53:44
15	Ronelia Boer	Sunridge Prim	67	10	26/11/2014	F	0:11:18:94

16	Jordain Malgas	Beaufort Wes Prim	71	10	30/12/2014	F	0:11:44:04
17	Aesha Baardman	Waboomskraal Prim	74	10	17/4/2014	F	0:11:59:86
18	Annabel Du Plessis	Hartenbos drawwers	83	10	28/7/2014	F	0:13:02:04
19	Sisipho Jwili	Waboomskraal Prim	85	10	19/12/2014	F	0:13:05:35

ASWD CC LEAGUE 2 - Mossel Bay**RESULTS****RACE 3****NOTICE - Results for Race 3:**

- o We sincerely apologise that due to a power related issue, we could not record the times per athlete for Race 3.
- o The positions were however, recorded correctly.
- o In the ASWD team selection process this will be considered and no athlete will be adversely affected.


18-May-24


	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 11 yrs (2013)							3 km
1	Willene Lingerveld	Nedbank/ Heidedal	7	11	2/7/2013	F	
2	Jonesia Janklaas	Brackenhill	9	11	17/3/2013	F	
3	Jaydene Jacobs	Waboomskraal Prim	12	11	15/7/2013	f	
3	Alri Eloff	Wesbank LS	14	11	28/5/2013	F	
5	Keyla Douglas	Glenwood House	21	11	21/10/2013	F	
6	Cassidy Moses	Voorwaarts Prim	24	11	14/4/2013	f	
7	Mila van der Berg	Glenwood House	26	11	15/2/2013	F	
8	Emlin Demons	Plett AC	31	11	4/12/2013	F	
9	Anje Phangindano	Erika Prim	32	11	9/2/2013	F	
10	Muthlin Dolf	Oker Prim	33	11	23/9/2013	F	
11	Rochelle Gouvea	LS Hartenbos	37	11	4/11/2013	F	
12	Hillcreshia Price	Grootbrak Prim	104	11	28/1/2013	F	DNF
Boys 11 yrs (2013)							3 km
1	Caleb Matthews	Voorwaarts Prim	1	11	8/1/2013	M	
2	Clayden Frances	Voorwaarts Prim	2	11	13/9/2013	M	
3	Antheo Classen	Grootbrak Prim	3	11	19/1/2013	M	
4	Christiaan Johannes	Beaufort Wes Prim	4	11	5/12/2013	M	
5	Chevandre Sampson	Beaufort Wes Prim	5	11	31/12/2013	M	
6	Iasheem Muller	Nedbank/ Heidedal	6	11	23/1/2013	M	
7	Daniello Blaauw	Hornlee Prim	8	11	21/4/2013	M	
8	Amlu Busakawe	KMC	10	11	29/9/2013	M	
10	Liko bonisile	KMC	11	11	5/5/2013	M	
11	Kearen Prins	Oker Prim	13	11	22/10/2013	M	
12	Hosea Snyman	Wesbank LS	15	11	22/8/2013	M	
13	Connor Ogden	Glenwood House	16	11	19/1/2013	M	
14	Okuhle Plaatjie	KMC	17	11	23/7/2013	M	
15	Yibanath Godash	St Blaze Prim	18	11	14/7/2013	M	
16	Joshua Ferrira	Privaat	19	11	00/4/2013	M	
17	Ruben Marx	Hartenbos Drawwers	20	11	14/5/2013	M	
18	Alex van Wyk	Wesbank LS	22	11	27/4/2013	M	
19	Bokamuso Mashigo	Plett AC	23	11	5/1/2013	M	
20	Marlon Nathan	Waboomskraal Prim	25	11	29/4/2013	M	
21	William Steembok	St Blaze Prim	27	11	21/12/2013	M	
22	Elrich Beel	Plett AC	28	11	21/4/2013	M	
23	Chuma Samfaka	Grootbrak Prim	29	11	16/5/2013	M	

24	Dylan Dick	Glenwood House	30	11	6/7/2013	M	
25	Marius Meyer	Glenwood House	36	11	24/10/2013	M	

Boys 16 yrs (2008)							6 km
1	Wilmark Daniels	Coastline AC	42	16	30/6/2008	M	
2	Cuan Wildeman	Rainbow AC	46	16	3/2/2008	M	
3	Sergo Jacobs	Beaufort wes	49	16	29/5/2008	M	
4	Dian Barkhuizen	Nedbank RC	51	16	29/6/2008	M	
5	Luciano Squire	Nedbank RC	52	16	12/5/2008	M	
6	Sonwabise Ndyawe	Bayethe Multi Sport	53	16	23/1/2008	M	
7	Diego Scheepers	Plett AC	57	16	23/10/2008	M	
8	Theo Daniel v Zyl	Nedbank RC	58	16	6/30/1905	M	
9	Khanja Matika	Coastline AC	61	16	15/12/2008	M	
10	Aiden Neethling	HS Albertina	63	16	7/12/2008	M	
11	Elcardo Links	Beaufort wes	64	16	13/9/2008	M	
12	Zaandre Kruger	Beaufort wes	69	16	6/11/2008	M	
13	Someleze Bob	Beaufort wes	73	16	22/1/2008	M	
14	Ahlume Koster	Mandlenkosi B/ Wes	76	16	19/2/2008	M	
15	Curtlin Klein	Plett AC	78	16	25/4/2008	M	
16	Jonah Busch	Mossel Bay Harriers	92	16	19/8/2008	M	
Boys 17 yrs (2007)							6 km
1	Jaco van Wyk	Beaufort wes	40	17	16/8/2007	M	
2	Thatsyone Thlomelo	Coastline AC	44	17	18/7/2007	M	
3	Thinus Erasmus	Boxer AC	47	17	20/6/2007	M	
4	Vaughan Grobbelaar	Rainbow AC	56	17	19/1/2007	M	
5	Jody Maans	HS Swartberg	60	17	25/6/2007	M	
6	Thulani Benjamin	Beaufort wes	62	17	15/5/2007	M	
7	Rainart Behrens	Nedbank RC	67	17	16/5/2007	M	
8	Hayden Makonie	Sunridge (to be 8km)	70	18	11/9/2006	M	
9	Hlumelo Zazini	Bayethe Multi Sport	71	17	21/10/2007	M	
10	Marius de Vlam	Coastline AC	74	17	11/11/2007	M	
11	Jadenique Thyse	Privaat	79	17	1/6/2007	M	
12	Asonge Nkwa	KMC	97	17	26/12/2007	M	
Junior Women 18 and 19 yrs (2006 & 2005)							6 km
1	Cleresse Moses	Coastline AC	76	19	11/5/2006	F	
2	Mursha Robbenson	Beaufort wes	85	18	19/5/2005	F	
3	Micke JV Rensburg	Boxer AC	89	18	6/12/2005	F	
4	Hope Williams	Pacs High	103	19	30/5/2006	F	
5	Catherine JV Vuuren	Glenwood	104	19	29/9/2006	F	
6	Shafieka Du Preez	Nedbank RC	107	19	11/7/2006	F	
7	Sue Astrid Loff	Rainbow AC	109	18	28/3/2005	F	
8	Jadene Nyssen		112	18	2/5/2005	F	
Senior Women 20 - 34yrs (2004 & 1990)							4 km
1	Cherise Cuvresia	Boxer AC	34	30	6/6/1993	F	
2	Jandri Snyders	Hartenbos Drawwers	35	20	2/3/2004	F	
3	Mishka Du Preez	Nedbank RC	39	20	13/08/2004	F	
4	Luouw-Ann Lourens	Nedbank RC	45	21	11/9/2002	F	
2	Annuska Abrahams	Coastline AC	50	30	7/9/1994	F	
3	Allie Burger	Curro Mossel Bay	55	34	22/1/2009	F	

Junior Men 18 and 19 yrs (2006 & 2005)							8 km
1	Keano Qwili	Nedbank RC	80	19	23/8/2005	M	
2	Radeam Frieslaar	Beaufort wes	81	18	5/1/2006	M	
3	Athenkosi Muggels	Rainbow AC	83	18	13/7/2006	M	
4	Adriano Fortuin	HS Swartberg	84	20	25/12/2004	M	
5	Jacques Koopman	Bastiaanse Sek	85		9/8/2005	M	
6	William van Tonder	Langenhoven Gim	86	19	18/8/2005	M	
7	Charlton Brandt	Coastline AC	88	19	17/10/2005	M	
8	Henrico Williams	HS Swartberg	89	18	15/3/2006	M	
9	Jerome Gelant	HS Swartberg	90	19	10/1/2005	M	
10	Joshua Pretorius	Rainbow AC	96	18	31/05/2006	M	
11	Ashwin September	HS Albertina	98	18	2/9/2006	M	
12	Louanne Majola	Plett AC	99	18	6/2/2006	M	
13	Dewaal Marx	Hartenbos Drawwers	101	18	13/6/2006	M	
14	Ismael Miggels	Rainbow AC	102	19	25/4/2005	M	
Men 50 - 60 + yrs (1974 & 1964 ...)							6 km
1	Andrew Mc Ewan	Outeniqua Harriers	65	50	13/2/1974	M	
2	Maritz JV Rensburg	Outeniqua Harriers	68	53	7/4/1971	M	
3	Elrick Spiers	Coastline AC	77	61	12/5/1963	M	
	Hendrik Prins	Boxer AC	91	50	22/3/1974		
5	Louis Botha	Nedbank RC	94	62	26/11/1961	M	
6	Gert Brits	Privaat	95	61	20/10/1962	M	
7	Eugene Nel	Nedbank RC	100	68	3/12/1955	M	
4	Les Stuart	Hartenbos Drawwers	103	81	28/6/1942	M	
Women 50 - 60 + yrs (1974 & 1964 ...)							4 km
1	Carol Groenewal	PETRO SA	38	52	16/12/1971	F	
2	Seanette Botha	Nedbank	41	55	11/21/1969	F	
3	Sharon Losper	Nedbank RC	43	59	30/9/1964	F	
4	Candace Dick	Nedbank RC	48	51	11/9/1972	F	
5	Talitha Behrens	Nedbank RC	66	53	11/5/1971	f	
6	Magda Opperman	Cape Multi sport	68	66	7/7/1958	F	
4	Rika Spang	Nedbank RC	75	63	4/10/1960	F	

ASWD CC LEAGUE 2 - MOSSEL BAY				RESULTS			RACE 4
18-May-24							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 16yrs (2008)							4 km
1	Ane Bester	Coastline AC	4	16	1/9/2008	F	00:18:17:5
2	Jani Fourie	Nedbank RC	5	16	8/8/2008	F	00:18:55:6
3	Bailee Nell	Glenwood House	10	16	21/8/2008	F	00:20:56:8
4	Elisha Jacobs	Pacs High	11	16	21/8/2008	F	00:21:15:7
5	Addison Gillespe	Outeniqua Harriers	12	16	30/4/2008	F	00:21:27:4
6	Marli Hunlun	Gim	18	16	5/11/2008	F	00:25:09:9
7	Chloe Cameron	Hartenbos Drawwers	20	16	5/9/2008	F	00:28:04:1
Girls 17 yrs (2007)							4 km
1	Marilie Duvenhage	Outeniqua Harriers	6	17	30/4/2007	F	00:20:09:8
2	Megan Hyde	Glenwood House	8	17	20/12/2007	F	00:20:24:4
3	Danelle vd Merwe	Outeniqua Harriers	15	17	25/9/2007	F	00:23:19:2
4	Edwardene v Ranse	Pacs High	16	17	11/7/2007	F	00:23:32:9
5	Roselin Titus	Rainbow AC	17	17	27/4/2007	F	0:23:35:70
Senior (Open) Men 20 -34 (2004 - 1990)							4 km
1	Rico van der Horst	Beaufort Wes	1	20	13/5/2004	M	00:14:25:1
2	Godwin Heyns	Nedbank RC	2	26	1/4/1998	M	00:15:37:9
3	Nicolas Vrey	Glenwood House	3		4/9/2006	M	00:16:53:4
4	Adrio DeWaal	Plett AC	9	28	1/5/1996	M	00:20:26:2
Senior (Open) Men 20 -34 (2004 - 1990)							10 km
1	Jaybes October	Bayethe Multisport	27	22	1/6/2002	M	00:42:14:2
2	Durando Aweries	Nedbank RC	28	20	30/7/2003	M	00:42:29:8
3	Timothy September	Rainbow AC	29	22	4/4/2002	M	00:43:21:5
Women 35 -49 (1989 - 1975)							4 km
1	Melissa Meyer	Glenwood House	7	37	5/16/1987	F	00:20:11:4
2	Zan Smith	Langenhoven Gim	13	41	22/12/1983	F	00:21:31:7
3	Zoli Volschenk	Privaat	14	36	16/11/1988	F	00:23:16:4
4	Marieta Marx	Hartenbos Drawwers	19	39	4/12/1984	F	00:25:47:9
Men 35 -49 (1989 - 1975)							8 KM
1	Gershwin Jones	COastline AC	21	37	5/1/1987	M	00:30:52:5
2	Karel Burger	Nedbank RC	22	43	4/12/1980	M	00:34:12:9
3	Lufec Xinwo	Nedbank RC	23	37	8/1/1987	M	00:36:32:0
4	Taswill Mitchell	Plett AC	24	40	27/1/1984	M	00:36:28:8
5	Wouter Frazenburg	Rainbow AC	25	46	27/8/1977	M	00:38:58:2
6	Andre Jacobus	SWD Masters	26	44	27/6/1980	M	00:39:02:1
7	Johannes Jordaan		30	48	9/7/1976	M	00:45:14:6

ASWD CC LEAGUE 1 - OLYMPIA				RESULTS			RACE 5
4-May-24							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 12 yrs (2012)							3 km
1	Raven Davids	Plett AC	12	12	7/5/2012	F	0:14:22:45
2	Amber Potgieter	Outeniqua Harriers	15	12	20/2/2012	F	0:14:49:00
3	Eldeen Beel	Plett AC	20	12	23/12/2012	F	0:15:12:94
4	Iza Lourens	Wesbank LS	25	12	27/9/2012	F	0:15:28:11
5	Lelethu Tyholweni	St Blaze Prim	26	12	25/6/2012	F	0:15:34:62
6	Leandre Geldebloem	St Blaze Prim	28	12	14/11/2012	F	0:15:36:01
7	Junita Booysen	Plett AC	35	12	10/7/2012	F	0:16:13:38
8	Ashleen Rossouw	Plett AC	39	12	10/11/2012	F	0:16:33:26
9	Luyanda Nkomo	Erika Prim	41	12	3/5/2012	F	0:17:20:65
10	Veruscka Chipps	Nedbank/Heidedal	42	12	27/6/2012	F	0:17:21:92
11	Nadine Booysen	Hornlee Prim	44	12	4/1/2012	F	0:17:39:77
12	Yonwabisa Matwa	Diaz Prim	48	12	21/1/2012		0:18:29:25
13	Refilale Mashigo	Plett AC	59	12	12/5/2012	F	0:22:51:89
Boys 12 yrs (2012)							3 km
1	Antonio Afrika	Beaufort Wes Prim	1	12	1/5/2012	M	0:12:46:40
2	Marchihano Jabobs	Voewoarts Prim	2	12	7/12/2012	M	0:12:55:41
3	Tyroyd Arendse	Diaz Prim	3	12	15/8/2012	M	0:12:57:75
4	Moderick Arries	Voorwaarts Prim	4	12	12/5/2013	M	0:13:05:80
5	Christiano Michaels	Voewoarts Prim	5	12	18/6//2012		0:13:35:81
6	Velentino Nuwegeld	Beaufort Wes Prim	6	12	14/2/2012	M	0:13:43:97
7	Johmickhael Saayman	Diaz Prim	7	12	17/1/2012	M	0:13:52:29
8	Pierre Spies	Outeniqua Prim	8	12	8/1/2012	M	0:14:02:88
9	Maclin Bruiners	Voorwaarts Prim	9	12	28/5/2012	M	0:14:11:13
10	Pedro Blignaut	Hornlee Prim	10	12	16/1/2012	M	0:14:19:06
11	Emmanuel Muhoko	Plett AC	11	12	30/6/2012	M	0:14:21:17
12	Taswell Booysen	Beaufort Wes Prim	14	12	5/8/2012	M	0:14:46:33
13	Othandwoso Timbelo	St Blaze Prim	16	12	17/1/2012	M	0:14:52:85
14	Lihan van Jaarsveld	Wesbank LS	18	12	9/10/2012	M	0:15:04:23
15	Olizandro Willemse	Concordia Prim	19	12	9/3/2012	M	0:15:05:68
16	Ruan Share	32 GI	22	12	12/4/2012	M	0:15:24:81
17	Arno Piet	Mossel Bay	24	12		M	0:15:27:54
18	Lee-Ethon De Wee	Beaufort Wes Prim	27	12	12/5/2012	M	0:15:35:66
19	Hakeem Windvogel	Plett AC	32	12	24/1/2012	M	0:16:07:44
20	Tristan Brown	Erika Prim	33	12	5/10/2012	M	0:16:07:71
21	Cameron McEvan	Outeniqua Harriers	34	12	19/7/2012	M	0:16:11:52
22	Jacobus Smith	Wesbank LS	37	12	13/2/2012	M	0:16:27:97
23	Leveno Frans	St Luke's Prim	40	12	26/9/2012	M	0:17:18:73
24	Charlton Plaatjies	Waboomskraal Prim	49	12	12/5/2012	M	0:18:36:20
25	Chentiano Swartz	Waboomskraal Prim	51	12	20/5/2012	M	0:19:02:32
26	Ashwin Flores	Mossel Bay Harriers	54	12	16/6/2012	M	0:19:23:22
27	Martin Gericke	Curio Mossel bay	55	12	19/4/2012	M	0:19:23:61

28	Ameer Zaal	Erika Prim	56	12	2/10/2012	M	0:19:40:10
29	Leighton Booyesen	Mossel Bay Harriers	57	12	8/11/2012	M	0:19:50:58
30	Emanuel Jacobs	Nedbank/Heidedal	58	12	2/1/2012	M	0:21:09:95
31	Willem Meyer	Glenwood House	60	12	15/3/2012	M	0:22:54:82
Girls 13 yrs (2011)							3 km
1	Hanelee van Staden	Beaufort Wes Prim	13	13	17/06/2011	F	0:14:40:54
2	Illaine Herdien	Voorwaarts Prim	17	13	29/10/2011	F	0:15:00:59
3	Cameron Francies	Voorwaarts Prim	21	13	17/4/2011	F	0:15:14:72
4	Jesniqqe Du Plessis	Nedbank/Heidedal	23	13	6/12/2011	F	0:15:26:55
5	Lee-ann van Rooyen	Bayethe Multi sport	29	13	11/11/2011	F	0:15:52:19
6	Azelia Volschenk	Bertie Barnard LS	30	13	15/5/2011	F	0:15:56:07
7	Ovuyonke Ngemnu	Nedbank/Heidedal	31	13	11/5/2011	F	0:16:00:78
8	Tamzyn Saayman	Diaz Prim	36	13	29/1/2011	F	0:16:15:98
9	Claudine Booisen	Hornlee Prim	38	13	24/6/2011	F	0:16:32:59
10	Fredelene Witbooi	Concordia Prim	43	13	15/3/2011	F	0:17:39:34
11	Ave Pieterse	St Luke's Prim	45	13	12/4/2011	F	0:17:41:92
12	Akia-lee Booyesen	Plett AC	46	13	10/5/2011	F	0:18:00:94
13	Christen Coetzee	Plett AC	47	13	7/7/2011	F	0:18:02:08
14	Davidene Pienaar	Hornlee Prim	50	13	13/1/2011	F	0:19:01:51
15	Venicia Pedro	Hornlee Prim	52	13	10/9/2011	F	0:19:03:80
16	Caitlin Douglas	Glenwood House	53	13	8/2/2011	F	0:19:06:10

ASWD CC LEAGUE 2 - Mossel Bay				RESULTS			RACE 6
18-May-24							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 14 yrs (2010)							4 km
1	Hesroline Rossouw	Plett A C	27	14	1/9/2010	F	0:19:24:32
2	Laume Liebenberg	Outeniqua Harriers	29	14	11/5/2011	F	0:19:39:65
3	Faithlin Derrocks	Bayethe Multi Sport	42	14	1/11/2010	F	0:20:55:70
4	Lameesh Visser	Nedbank /Heidedal	44	14	11/5/2010	F	0:20:59:94
5	Nadine Malambo	Hornlee Prim	46	14	5/10/2010	F	0:21:10:41
6	Corley-Ann Pietersen	Gerrit du Plessis	49	14	9/1/2010	F	0:21:30:47
7	Deoleen Scholts	Oker Prim	53	14	30/8/2010	F	0:22:00:56
8	Megan Stahmer	Nedbank RC	56	14	27/7/2010	F	0:22:06:75
9	Devonichia Louw	Rainbow AC	57	14	12/10/2010	F	0:22:11:09
10	Kotja Nothnagel	Privaat	62	14	21/10/2010	F	0:23:13:41
11	Rihana Chipps	Rainbow AC	65	14	3/1/2010	F	0:23:58:18
12	Jo-Marie Barends	St Luke's Prim	68	14	28/6/2010	F	0:26:24:65
13	Asure Jansen	Hornlee Prim	69	14	18/9/2010	F	0:27:40:34
14	Edwina Saayman	Mossel Bay Harriers	71	14	23/5/2010	F	0:28:12:02
15	Ruwene Kamtoetoe	Hornlee Prim	72	14	27/6/2010	F	0:29:32:51
Boys 13 yrs (2011)							4 km
1	Jason Page	Nedbank/Heidedal	3	13	7/2/2011	M	0:16:36:01
2	Tristan Meyer	Nedbank RC	4	13	24/1/2011	M	0:16:36:42
3	Luciano Mongo	Nedbank/Heidedal	7	13	12/5/2011	M	0:17:07:32
4	Bryan Fallein	Concordia Prim	9	13	26/2/2011	M	0:17:31:73
5	Jaydin Damons	Hornlee Prim	10	13	6/8/2011	M	0:17:33:03
6	Heinwill Paulsen	Voorwaarts Prim	12	13	11/9/2011	M	0:17:46:43
7	Ronaldo Joseph	Grootbrak Prim	13	13	5/6/2011	M	0:17:50:17
8	Lihan Lategan	Hartenbos Drawwers	19	13	18/7/2011	M	0:18:24:83
9	Stiaan van Wyk	Wesbank LS	20	13	29/5/2011	M	0:18:36:13
10	Lee-Roy Jakobus	Panorama Prim	23	13	3/4/2011	M	0:18:48:56
11	Zoedian Kennedy	Grootbrak Prim	24	13	26/8/2011	M	0:19:03:35
12	Gevan Lamini	Hornlee Prim	25	13	1/3/2011	M	0:19:07:65
13	Hanlo Barkhuizen	Nedbank RC	26	13	18/1/2011	M	0:19:21:11
14	Leathan Hector	Beaufort Wes Prim	28	13	2/2/2011	M	0:19:36:18
15	Chadwin Bondt	Hornlee Prim	30	13	26/7/2011	M	0:19:40:88
16	Renaldo James	Mossel Bay Harriers	37	13	19/12/2011	M	0:20:25:89
17	Armando Abrahams	Baythe Multi Sport	38	13	7/4/2011	M	0:20:40:61
18	Luwayne Kamfer	Waboomskraal Prim	39	13	22/6/2011	M	0:20:42:74
19	Willem-Daniel Matthee	Bertie Barnard LS	40	13	26/8/2011	M	0:20:43:72
20	Naido Noordman	Waboomskraal Prim	41	13	31/3/2011	M	0:20:48:87
21	Diago Bewee	Concordia Prim	43	13	6/5/2011	M	0:20:58:25
22	Likin Toll	Plett AC	45	12	27/09/2011	M	0:21:07:82
23	Alex Sebele	Concordia Prim	47	13	11/10/2011	M	0:21:12:68
24	Bevan Spogter	Grootbrak Prim	51	13	5/4/2011	M	0:21:38:78
25	Antonio Sluyt	Concordia Prim	54	13	18/2/2011	M	0:21:49:78
26	Benovian Samuels	Oker Prim	58	13	2/1/2011	M	0:22:36:06

27	Lithaletu Solinjani	Plett AC	59	13	19/5/2011	M	0:22:40:67	
28	Anothando Xhame	Erika Prim	60	13	21/12/2011	M	0:23:07:17	
29	Luthando Nqajavu	Concordia Prim	61	13	15/3/2011	M	0:23:58:18	
30	Wilhelm Janse v Rensburg	Curro Mossel Bay	70	13	25/7/2011	M	0:26:24:65	
Boys 14 yrs (2010)							4 km	
1	Johndre Jordaan	Rainbow AC	1	14	25/3/2010	M	0:16:22:87	
2	Leithton Lukas	Rainbow AC	2	14	8/10/2010	M	0:16:31:90	
3	Pee Jay Adams	Gerrit du Plessis	5	14	20/2/2010	M	0:16:44:14	
4	Luardo Swarts	Beaufort wes	6	14	3/5/2010	M	0:16:48:83	
5	Ashley Damons	MosselBay	8	14	1/3/2010	M	0:17:16:65	
6	Teswil Williams	Plett A C	11	14	19/2/2010	M	0:17:33:74	
7	Andrew Jonker	Hartenbos Drawwers	14	14	8/9/2010	M	0:17:52:58	
8	Neoque -Win Pietersen	Grootbrak Prim	15	14	21/6/2010	M	0:18:10:41	
9	Joshua van Heerden	Nedbank/Heidedal	16	14	5/4/2010	M	0:18:12:21	
10	Dino Korkley	Oker Prim	17	14	14/6/2010	M	0:18:19:38	
11	Morgan Floors	Mossel Bay Harriers	18	14	18/8/2010	M	0:18:24:11	
12	Keanan Snell	Panorama Prim	21	14	27/1/2010	M	0:18:37:94	
13	Lemoghan Anthony	Grootbrak Prim	22	14	2/7/2010	M	0:18:47:87	
14	Jameal Jonkerman	Sunridge Prim	31	14	30/8/2010	M	0:19:43:66	
15	Naytiano Windvogel	Plett A C	32	14	16/6/2010	M	0:20:01:10	
16	Marlin Mowers	Sunridge Prim	33	14	23/12/2010	M	0:20:18:69	
17	Zaide Damons	Sunridge Prim	34	14	20/11/2010	M	0:20:19:02	
13	Rushanwill October	Mossel Bay Harriers	35	14	23/11/2010	M	0:20:19:84	
14	Damian Vaaltyn	Oker Prim	36	14	19/5/2010	M	0:20:22:93	
15	Dylen Diedericks	Beaufort wes	48	14	30/9/2010	M	0:21:13:24	
16	Nazeem Chrstians	Plett A C	50	14	13/5/2010	M	0:21:32:96	
17	Tyrique Moolman	Erika Prim	55	14	21/10/2010	M	0:22:05:52	
18	Maxwell David	Pacs High	63	14	22/11/2010	M	0:63:23:22:13	
19	Mvuyo Selani	Bayethe Multi sport	64	14	30/6/2010	M	0:23:26:95	
20	Antonio Botha	Hornlee Prim	66	14	15/6/2010	M	0:24:00:63	
21	AshwillPieter	Heatherlands High	67	14	25/7/2010	M	0:24:03:45	

ASWD CC LEAGUE 2 - Mossel Bay				RESULTS			RACE 7
18-May-24							
	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 15 yrs (2009)							4 km
1	Julia Painter	Glenwood House	18	15	14/09/2009	F	0:19:43:83
2	Alexa Kohler	Outeniqua Harriers	20	15	14/7/2009	F	0:20:42:44
3	Nina Cloete	Langenhoven Gim	21	15	4/8/2009	F	0:21:10:38
4	Annebelle McEvan	Glenwood House	22	15	5/2/2009	F	0:21:33:56
5	Ronay Michaels	Pacs High	24	15	18/12/2009	F	0:22:32:47
6	Herriet Kok	Pacs High	25	15	29/9/2009	F	0:22:42:44
7	Ellistine Krigga	Plett AC	27	15	20/8/2009	F	0:25:23:99
Boys 15 yrs (2009)							4 km
1	Luciano Slawers	Coastline AC	1	15	4/1/2009	M	0:15:40:35
2	Jac Du Plessis	Outeniqua Hs	2	15	6/11/2009	M	0:15:51:54
3	Khanyiso Pietersen	Nedbank RC	3	15	5/6/2009	M	0:16:34:62
4	Luyanda George	Beaufort wes	4	15	22/6/2009	M	0:16:47:84
5	Vincent Kleinboo	Hornlee Prim	5	15	7/1/2009	M	0:17:07:19
6	Juvani De Laan	Rainbow AC	6	15	17/9/2009	M	0:17:10:88
7	Mac Dillan Damons	Hornlee Prim	7	15	10/6/2009	M	0:17:17:78
8	Martinus Willems	Oker Prim	8	15	11/5/2009	M	0:17:32:51
9	IshmaelStander	Pacs High	9	15	7/12/2009	M	0:17:33:34
10	Themba Motowise	Beaufort wes	10	15	7/10/2009	M	0:17:34:93
11	Asenathi Cloete	KMC	11	15	12/1/2009	M	0:18:02:41
12	Live Nkolo	KMC	12	15	11/5/2009	M	0:18:09:28
13	Olwethu Balana	KMC	13	15	9/12/2009	M	0:18:18:92
14	Tiehago Quine	Sunridge Prim	14	15	31/1/2009	M	0:19:00:30
15	CJ -Lee Jaftha	Langenhoven Gim	15	15	20/6/2009	M	0:19:05:19
16	Liyabona Jacobs	KMC	16	15	20/7/2009	M	0:19:13:25
17	Divan De Vos	Pacs High	17	15	3/10/2009	M	0:19:40:88
18	Chivago Michaels	Heatherlands High	19	15	22/3/2009	M	0:19:44:26
19	Brydon Luiters	Pacs High	23	15	21/2/2009	M	0:22:30:67
20	Deago Pienaar	Hornlee Prim	26	15	28/3/2009	M	0:25:09:26
21	Viandre Kramer	Hornlee Prim	28	15	8/10/2009	M	0:25:45:52
22	Ganiel Scholtz	Bayethe Multi sport	29	15	4/3/2009	M	0:27:12:42