



2025 ASA NATIONAL FIXTURES LIST

Version 2 – As of 09/12/2024

Key: I-International; N National; P- Provincial; A- Associate; OR: Off-Road Running; RR: Road Running; T&F: Track and Field; RW: Race Walking ; CC: Cross Country

ACTIVITY	DATE	DAY	EVENT	VENUE	ORGANISER	CONTACT DETAILS
JANUARY						
National	25 January	SAT	Elite Athletes and Coaches Meeting	OR Tambo Garden Court	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
National	25 January	SAT	ASA AWARDS	Montecasino Blvd, Fourways	ASA Office	011 880 5800
FEBRUARY						
N - RR	16 February	SUN	Peninsula Marathon incorporating ASA Marathon Championships	Cape Town	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P - RR	23 February	SUN	Capital City Marathon	Pietermaritzburg	Buhle Ndwandwe	0716522649 racedirector@capitalcity42.co.za
MARCH						
P - RR	02 March	SUN	Best of the Best Marathon	Durban	Mthokozisi Khuzwayo	082 589 5102 amaravens.athletic@gmail.com
I – T&F	12 March	WED	ASA Athletics Grand Prix 1 / Continental Tour Challenger	Pilditch Stadium, Pretoria	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – T&F	14 – 15 March	FRI - SAT	ASA Provincial Track & Field Championships	Across all 17 Provinces	Provinces	Provinces
I – T&F	19 March	WED	ASA Athletics Grand Prix 2 / Continental Tour Challenger	University of Johannesburg	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – T&F	21 – 23 March	SAT - SUN	World Athletics Indoor Championships	Nanjing, CHINA	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
N – T&F	27 – 29 March	THURS – SAT	ASA Age Groups Championships + U23 and Relays + Multi Events	Cape Town, Green Point Stadium	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
A - T&F	27 – 29 March	THURS - SAT	SASA Primary Schools National Championships	Eastern Cape, QUEENSTOWN	SASA Yvonne Schalk	076 766 7662 Yvonne.Schalk@gauteng.gov.za
I – RR	30 March	SUN	SPAR Women's Grand Prix Series - ASA (1)	Cape Town	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com

Disclaimer

Page 1 of 4

From the ASA Office e-mail: MagogodelT@athleticssa.co.za . For more information: ASA website www.athletics.org.za

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful

APRIL						
I – T&F	02 April	WED	Cape Milers Club/Endurocad Middle distance Invitational Continental Tour Challenger 1	TBC	Francois Van Rensburg	0644931486 Francois.capemilersclub@gmail.com
I – T&F	04 April	FRI	Cape Milers Club/Endurocad Middle distance Invitational Continental Tour Challenger 2 Incorporating ASA 10 000m Championship.	TBC	Francois Van Rensburg	0644931486 Francois.capemilersclub@gmail.com
A - T&F	02 – 05 April	WED - SAT	SASA High Schools National Championships	Free State, BLOEMFONTEIN	SASA Yvonne Schalk	076 766 7662 Yvonne.Schalk@gauteng.gov.za
I – RR	05 – 06 April	SAT - SUN	Two Oceans Ultra Marathon 56km (AIMS)	Cape Town	Lindy-Joy Dennis	021 200 0459 lindy@twooceansmarathon.org.za
A – T&F	10 – 12 April	THURS - SAT	USSA Athletics Track and Field Championships	Msunduzi Stadium Pietermaritzburg	USSA Jazz Mnyengeza	076 262 9752 mnyengezammb@tut.ac.za
P - RR	13 April	SUN	Absa RUN YOUR CITY GQEBERHA 10K - ASA (1)	Gqeberha	Natalie Groeneveldt	074 508 9728 natalie@stillwatersports.com
N – T&F	24 – 26 April	THUR - SAT	ASA Senior Track & Field Championships + Relays and Multi Events	NWU McArthur Stadium, Potchefstroom	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – T&F	30 April	WED	Premier Athletics (Track)	Pilditch Stadium, Pretoria	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
MAY						
P – RR	04 May	SUN	Durban International Marathon	Durban, KwaZulu Natal	Buhle Ndwandwe	manager@durbanmarathon.co.za
I – T&F	10 – 11 May	SAT - SUN	World Athletics Relays	Guangzhou , CHINA	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – RR	11 May	SUN	Absa RUN YOUR CITY CAPE TOWN 10K - ASA (2)	Cape Town	Natalie Groeneveldt	074 508 9728 natalie@stillwatersports.com
JUNE						
I – T&F	06 – 15 June	FRI - SUN	AUSC Region V games	Windhoek, Namibia	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – RR	08 June	SUN	Comrades Marathon (Down Run)	KwaZulu Natal	CMA	0338978650 alain@comrades.com
N - RR	22 June	SUN	SPAR Women's Grand Prix Series (2)	Durban, KwaZulu Natal	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
I - RR	29 June	SUN	Nelson Mandela Bay Half Marathon	Pollock Beach, Summerstrand, Gqeberha	EPA Mike Mbambani	079 149 6796 mbambanim@gmail.com
JULY						
P - RR	13 July	SUN	Absa RUN YOUR CITY DURBAN 10K – ASA (3)	Durban, KwaZulu Natal	Natalie Groeneveldt	074 508 9728 natalie@stillwatersports.com
P - RR	13 July	SUN	SPAR Women's Challenge	Mbombela, Mpumalanga	Dineo Diphoko	083 300 8268

Disclaimer

Page 2 of 4

From the ASA Office e-mail: MagogodeIT@athleticssa.co.za . For more information: ASA website www.athletics.org.za

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful

						Dineo.@thebldroup.com
I – T&F	16 – 27 July	WED - SUN	XXXII Summer World University Games	Rhine-Ruhr Metropolitan Region Germany	USSA Jazz Mnyengeza	076 262 9752 mnyengezammb@tut.ac.za
N - RR	26 July	SAT	F21 Half Marathon incorporating ASA Road Running Championships (21km, 5km and 1 Mile)	Polokwane, Limpopo	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
AUGUST						
P - RR	02 August	SAT	SPAR Women's Grand Prix Series - ASA (3)	Tshwane	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
P - RR	24 August	SUN	Absa RUN YOUR CITY TSHWANE 10K - ASA (4)	Tshwane	Natalie Groeneveldt	074 508 9728 natalie@stillwatersports.com
SEPTEMBER						
N – CC	6 September	SAT	ASA Cross Country Championships	Middleburg, Mpumalanga	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – T&F	13 – 21 September	SAT - SUN	World Athletics Championships	Tokyo, JAPAN	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P - RR	24 September	WED	Absa RUN YOUR CITY JOBURG 10K - ASA (5)	Johannesburg	Natalie Groeneveldt	074 508 9728 natalie@stillwatersports.com
I – RR	26 – 28 September	FRI - SUN	World Athletics Road Running Championships	San Diego, CALIFORNIA	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – RR	27 September	SAT	SPAR Women's Grand Prix Series - ASA (4)	Gqeberha	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
OCTOBER						
N - CC	TBC	TBC	ASA Cross Country Trials	TBC	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P - RR	05 October	SUN	SPAR Women's Grand Prix Series - ASA (5)	Johannesburg	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
A - CC	9 -11 October	THUS - SAT	USSA Athletics Cross Country Championships	University of Fort Hare	USSA Jazz Mnyengeza	076 262 9752 mnyengezammb@tut.ac.za
I - RR	18 - 19 October	SAT - SUN	Sanlam Cape Town City Marathon	Cape Town	Barry van Blerk	082 339 0748 barry@capetownmarathon.com
NOVEMBER						
P - RR	01 November	SAT	Kaapse Hoop 3-in-1 42 , 21 , 10 km	Mbombela, Mpumalanga	Morongwa Dlamini	Info@nelspruitmarathonclub.com
P - RR	02 November	SUN	Soweto Marathon	FNB Stadium Nasrec, Soweto	Soweto Marathon Trust	011 873 2726
N - RR	15 November	SAT	ASA 10km Championships	Free State, BLOEMFONTEIN	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
DECEMBER						

Disclaimer

From the ASA Office e-mail: MagogodelT@athleticssa.co.za . For more information: ASA website www.athletics.org.za

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful

N- T&F	5 – 6 December	FRI – SAT	ASA Primary Sub Youth National Championships	North West North	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – RR	07 December	SUN	IAU 50km World Championships	TBC	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za

Disclaimer

Page 4 of 4

From the ASA Office e-mail: MagogodelT@athleticssa.co.za . For more information: ASA website www.athletics.org.za

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful